

BRITISH MASTERS OPEN DECATHLON/HEPTATHLON  
CHAMPIONSHIPS  
SATURDAY 14TH JULY 2018

**PROVISIONAL TIMETABLE [SATURDAY]**  
[BASED ON ENTRIES FOR THE EVENT IN 2017]

<b>DECATHLON</b>				<b>10.00 to 18.17 Hours</b>	
<b>Event</b>			<b>Competitors</b>		
T1	10.00	100m	Men M60+		
T2	10.10	100m	Men M55		
T3	10.45	100m	Men M50		
T4	10.55	100m	Men M45		
T5	11.05	100m	Men 40		
T6	11.25	100m	Men M35		
T7	11.35	100m	Senior Men		
F1	10.45	Long Jump	Pool C – Men M55+		
F2	11.30	Long Jump	Pool B – Men M50 / M45 / M40		
F4	12.30	Long Jump	Pool A – Men M35 + Senior Men		
F3	12.00	Shot [I/1]	Pool C - Men M55+		
F6	12.45	Shot [I/1]	Pool B - Men M50 / M45 / M40		
F8	13.45	Shot [I/1]	Pool A – Men M35 + Senior Men		
F9	14.00	High Jump Bed A	Pool C - Men M55+		
F10	14.30	High Jump Bed B	Pool B - Men M50 / M45 / M40		
F12	15.30	High Jump Bed A	Pool A - Men M35 + Senior Men		
T16	16.50	400m	Men M60+		
T17	17.00	400m	Men M55		
T18	17.10	400m	Men M50		
T19	17.20	400m	Men M45		
T20	17.30	400m	Men M40		
T21	18.05	400m	Men M35		
T22	18.15	400m	Senior Men		
<b>HEPTATHLON</b>				<b>11.50 to 16.41 Hours</b>	
<b>Event</b>			<b>Competitors</b>		
T8	11.50	80m Hurdles	Women W60+		
T9	12.00	80m Hurdles	Women W55 W50		
T10	12.20	100m/80m Hurdles	Women W40 W35		
T11	12.30	100m Hurdles	Senior Women		
F5	12.35	High Jump Bed A	Women W50+		
F7	13.35	High Jump Bed B	Women W40 W35 + Senior Women		
F11	15.00	Shot [I/2]	Women W50+		
F13	15.45	Shot [I/2]	Women W40 W35 + Senior Women		
T12	16.10	200m	Women W60+		
T13	16.20	200m	Women W55 W50		
T14	16.30	200m	Women W40 W35		
T15	16.40	200m	Senior Women		