

**SOUTH OF ENGLAND MASTERS TRACK + FIELD CHAMPIONSHIPS 2018
SUNDAY 24TH JUNE -BATTERSEA PARK.**

[It is deemed that you are a South of England Masters Athlete by being a FULLY PAID UP MEMBER of EMAC, SCVAC, SWVAC, VAC or a UKA Club within the SEAA Area [Open]. Other Masters Area Clubs athletes entries will only be accepted as Guest athletes, irrespective of where they live or were born.]

PROVISIONAL TRACK TIMETABLE [basic guide as nothing to base it on]

IN THE RACES IN 100, 200, 400, 800 + 1500m GENDERS WILL BE MIXED WITH TIMES AMALGAMATED FROM ALL RACES FOR EACH AGE GROUP

Sunday 24th June			1000 to	Hours
Track				Comps.
	1000	1500m	Slowest in first race, up to fastest	
		Short Hurdles	Men + Women	
		100m	Slowest in first race, up to fastest	
		400m	Slowest in first race, up to fastest	
		2Km/3Km Steeplech.		
		200m	Slowest in first race, up to fastest	
		Long Hurdles	Men + Women	
		800m	Slowest in first race, up to fastest	

Sunday 24th June			1000 to	Hours
Field				Comps.
	1000	Hammer	Men first then Women	
	1000	Long Jump	Men + Women [mixed]	
		Shot	Men first then Women	
		Pole Vault	Men + Women [mixed]	
		Discus	Men first then Women	
		High Jump	Men + Women [mixed]	
		Javelin	Men first then Women	
		Triple Jump	Men + Women [mixed]	
		Weight	Men first then Women	