

**WELSH MASTERS ATHLETICS ASSOCIATION****TRACK & FIELD CHAMPIONSHIPS**Brecon, 21<sup>st</sup> July 2019Provisional TimetableTrackField

1100	400H	1100	HT
1115	300H		
1130	200H		
1145	800		
		1200	PV
1215	100	1215	SP
1245	3000		
1315	110H	1315	LJ
1330	2000W	1330	DT
1400	100H		
1415	1500		
		1430	HJ
1445	80H	1445	JT
1515	400		
1545	3000SC		
		1600	WT
		1600	TJ
1615	2000SC		
1635	200		
1705	5000		