

WELSH MASTERS ATHLETICS ASSOCIATION

PROVISIONAL TIMETABLES FOR WELSH MASTERS LEAGUE 2019

Subject to change to reflect entries.

WELSH MASTERS LEAGUE 2019-1			
Swansea, 24 th April 2019			
Time	Track	Time	Field
1900	800	1845	Hammer
1920	200	1845	Pole Vault
1940	3000	1945	Discus (W & M60)
2000	400	1945	Shot (M35 & M50)
2030	4x100	1930	Triple Jump

WELSH MASTERS LEAGUE 2019-2			
Cardiff Met, 22nd May 2019			
Time	Track	Time	Field
1900	400	1845	Javelin (W & M60)
1920	1500	1845	Shot (M35 & M50)
1940	100	1845	High Jump
2000	800	1945	Shot (W & M60)
2030	4x200	1945	Javelin (M35 & M50)
		1945	Long Jump

WELSH MASTERS LEAGUE 2019-3			
Wrexham, 5 th June 2019			
Time	Track	Time	Field
1900	3000	1900	Javelin (M35, M60, M70))
1920	1500	1900	Discus (W)
1930	100	1900	High Jump
1945	800	1930	Javelin (M50)
2010	200	1940	Discus (M35 & M60)
2050	4x400	1945	Long Jump
		2000	Shot
		2015	Discus (M50)
		2030	Javelin (W)

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WELSH MASTERS LEAGUE 2019-4			
Newport, 12th June 2019			
Time	Track	Time	Field
1900	400	1845	Hammer
1920	1500	1845	Pole Vault
1940	200	1945	Discus (M35 & M50)
2000	3000	1945	Shot (W & M60)
2030	4x100	1945	Long Jump

WELSH MASTERS LEAGUE 2019-5			
Aberdare, 10th July 2019			
Time	Track	Time	Field
1900	200	1845	Discus (W & M60)
1920	800	1845	Javelin (M35 & M50)
1940	100	1845	High Jump
2000	3000	1930	Triple Jump
2030	4x400	1945	Javelin (W & M60)
		1945	Discus (M35 & M50)