

Age Group Masters 10k Team Competition

England versus a Celtic Composite Team

Taking place within the **Simplyhealth Great Birmingham 10k** on Sunday 6th May, 2018.

England Athletics would like to invite age group runners from any of the home nations countries (Scotland, Wales, Northern Ireland) and also the Isle of Man and Ireland to enter this event and form part of a Celtic composite team to challenge an England team.

The initiative is part of a wider programme of work which England Athletics launched in 2017 which aims to recognise and reward the achievements of age group runners.

At Birmingham, the Great Run Company will provide an elite start for masters behind the senior elites in both the men's and women's races, enabling age group runners to start ahead of the mass participation field as part of the representative opportunity. An event which I gather may be televised and which the Great Run Company and keen to give some coverage to masters' runners in their pre and post event media coverage.



There are two ways in which you can register your interest to compete:

(a) If you have achieved the standard for your age and gender listed below:

Register on a first come, first served basis by emailing agegroupteam@englandathletics.org and providing your name, the nation you are representing, age group, best time/date/location for a 10 km race within last 12 months and email address. No later than midnight Sunday 15th April.

(b) If you have not achieved this standard but would still like to be considered for the team

then also send your email to Charlotte Fisher by 15th April so that she can include the best runners based on their performance if there are still spare places in your age group.

All team members must be registered with their national association.

Please copy your email to Walter Hill at road@bmaf.org.uk

KIT

Where home nations representatives have access to their respective competition vests we would encourage them to do so, but again where this may not be possible then club vests will be acceptable.

TEAMS

Up to 6 places per age band for both men and women will be available.

SCORING SYSTEMS

The match scoring system will be agreed on confirmation of the size of the home nations team to ensure as competitive a match as possible.

MINIMUM STANDARDS

There is no minimum standard for the runners in the Celtic team, but as a guideline all selected England runners have a time set within the last 12 months that is within those listed below.

	Men	Women
V35	33:45	40:30
V40	34:45	41:15
V45	35:45	44:30
V50	37:30	45:30
V55	39:00	48:15
V60	41:30	51:45
V65	45:30	57:30
V70	51:00	64:00
V75	57:00	75:00
V80	61:00	80:00
V85+	80:00	90:00

ENTRIES

Once you are confirmed as a Home Nations team representative then you should enter the Great Birmingham 10k in the usual manner. Entries can be found at the link below.

<http://www.greatrun.org/great-birmingham-10k>

Unfortunately, we are not able to offer free or discounted entries and all England runners pay for their entry in the usual way.

I very much hope you will join us in Birmingham for a friendly England versus Home Nations composite team match.

Charlotte Fisher
Road Running Manager
England Athletics

