veteranATHLETICS

The Newspaper of the British Veteran Athletics Federation Number 61 September 2002

Gates close for Brighton

NATIONAL ROAD RELAYS

RAFFIC free roads, brilliant organisation by the MVAC supported by Birmingham City Council and with 239 clubs entered, the 15th National open road relay championships in Sutton Park. Birmingham, on 18 May were another great success.

Helen Burrell, Redhill RR, led the ladies home on the first leg in 17.10 followed by Ann Nixon, Forest of Dean (17.54) and Ann

> Ford also



Victorious: Stockport Harriers & AC M50 (left to right) John Sweeney, Frank Reilly, Hassain Yousefiah, John Wharf, Len Best and Robert Taylor

Redhill (18.00) setting her W45 team off to a gold medal. Two west-country clubs took top awards. Bristol AC won the W35-44 age group in 53.43 from a very strong Bideford AAC team in 55.21 with Redhill taking the bronze. 28 teams closed in.

The W45-54 medals went to Redhill, City of Bath AC and Wrexham AAC. Five teams contested the W55 race with Wymondham AC coming home three minutes clear Shaftesbury Barnet Harriers and Barnet & Distict. AC. The 6-stage M50-59 went to Stockport Harriers in 1.42.10, 14 seconds to spare over Oxford City AC and RonHill Cambuslang for whom Archie Jenkins ran the fastest stage in 16.13 from John Kerr, Steel City Striders (16.15). 43 teams finished.

Alan Burton, Harry Clayton and Chris Elson gave Bristol their second trophy of the day finishing in 54.14sec

well clear of Bingley Harriers (55.20) in the M60-69 race. Hallamshire Harriers were third in 55.58sec. The Barnet & District thrio were untroubled in the M70 race from Clayton-le-Moors and Wrexham AAC.

The M40-49 race in the afternoon had the road to themselves, but with 68 team starting out on the 8 stages, they needed it.

Familiar faces from the AAA relay held in the same venue weeks earlier is proof, should we need it, of how dependant clubs are on their veteran members.

With the lead chopping and changing right up to the final stage, it was left to Nigel Gates to blaze around in 14.59 to take Brighton & Hove home worthy winners. The fastest legs however went to Alan Jackson gaining 14 seconds for Kidderminster & Stourport in 14.51 and Tom O'Connor of Woodford Green (14.54).

See page 8 for event reports

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Chairman's Report

N behalf of the membership, I would like to thank all the officers the Federation on the executive, council and club committees for their time and hard work over the past year in running the BVAF. I am personally indebted to these people for their wholehearted support.

There is not room to mention all concerned. Bridget is tireless in her position as Secretary. Without her input the BVAF would certainly be in difficulty and a shadow of its current self.

The Federation is indebted to Ron Franklin for the countless meetings he has minuted. He has decided to retire from the post of minute secretary due pressure from his other commitments in athletics competing.

Thanks Ron, meetings will not be the same without you there.

I would like to congratulate the three secretaries, Maurice Doogan, Phil Lee and Ken Rushton on setting up and running the various championships this year. Also, where applicable, for taking Team Management responsibilities, from my personal experience of team management, I know that it is impossible to please all the people all the time. Well done, I am behind you. You do your best with a difficult job, thank you.

The majority of athletes have been entirely satisfied with the events, the minor problems have been picked up and publicised. There has been SO MUCH more POSITIVE about these events Lets hear about it.

I was delighted to receive a letter from a lady member, offering to help with the management team at Potsdam. OK, she was unhappy with Brisbane BUT

she has seen there is a requirement to help out and has come forward. If you want to criticise, fine but why not follow this example. Vote with your feet step in and do it.

We are in need of new blood into the management of the BVAF at all levels. If you feel you can and would like to be involved, please contact a member of the executive or your area club to find out more about that job. We will welcome you. Previous experience is not a requirement.

The executive needs a Chairman, Minutes secretary and Editor for the magazine. There are also many positions available at club level.

Veteran Athletics has a brilliant bright future, lets look to it and go forward.

Mick Statham June 2002

Secretary's Report

LL members are entitled to attend and vote at the AGM, Hendonat 18.30 on 27 July. On the agenda are proposals to change our title to "British Masters Athletics" and that the BVAF should review the distance of the women's and M70+ cross country race.

Many women find 5km too short but 10k over a tough muddy course might also be just too far for the many 800/1500m runners who like some competition during the long winter. You have a vote, use it!

A questionnaire is enclosed with this issue of VA. Please take a few minutes to compete it as the outcome will be crucial in our negotiations with UK Athletics.

Walkers please note that the IAAF panel appointed to review race walking (see issue 58) and the straight knee rule, have found against reverting to the "heel first" rule.

Technical changes to two IAAF Rules made in Edmonton last year and which would have been effective from January 2003, have been revoked

Rule 184.2, take-off in the long and

triple jump be not more than 45m, (top athletes need longer) and Rule 191.7 handle of hammer throw, reverts to old measurement.

The European VAA Council is to table a proposal to WMA General Assembly in 2003 to lower the age of men from 40 to 35 years.

If successful, if could extend the length of World Track and Field Championships from 10 to 13 days. The EVAA Council would also like an upper age limit on competitors.

We are challenging this, referring to Anti Ageism legislation currently being discussed in EU.

Details of an international track & field meeting in Poland on 7/8 September, covering all events up to 5k, including 5k walk M/W, received. I am checking on the permit.

Good luck to the members travelling Potsdam for the European Championships.

Bridget Cushen June 2002

EDITOR

wanted Do you have an eve for layout and design?

Have some time to devote to the sport we know you love; attend 2 meetings per year.

We offer remuneration, an Applemac and a great team to work with.

Contact: Mick Statham, Chairman BVAF. in confidence

Track and Field Secretary's Report for 2002 AGM

HE last year has seen us have outwardly successful Outdoor Championships at Eton and Indoor Championships at Kelvin Hall, Glasgow.

These together with the specialist event championships at Solihull, Burton on Trent, Sheffield, Milton Keynes also meant that all areas of Track and Field were fully catered for. This before we include the World Championships in Brisbane.

However, we were not without our problems – all the championships lost money, which needs to be addressed, but more importantly, a relatively small number of people had to bear the burden of organising and running the championships. This is no longer acceptable.

Moves are being progressed to reduce this burden, which in the main is borne by the Area Clubs, but athletes must also now accept some of this burden, as lip service to the movement is no longer enough. Some area clubs are experiencing difficulty in getting enough volunteers to run events let alone officiate at them. Like the Health Service – a universal lifestyle is borne on the backs of "the few", who then collapse under the strain. More of this will be forthcoming during the motion to change the name to "..... Masters".

What of the forthcoming year.

The Weights Pentathlon this year will begin its journey around the regions, being organised by South East Counties Throwers club at Ashford in September. The Indoors are back in Kelvin Hall in February, organised by SVHC, and the outdoors, after three years in the south and nearly south, should be heading north.

Further good news is that the decathlon/heptathlon is to stay in its 'home' in Sheffield under the direction, as always, of John Charlton (I caught him in a relaxed mode – but does Eileen know).

With the new High Performance Centres now coming on stream, we will hope to make full use of them, to give additional and variety of competition for the athletes. But again, this can only happen if the ordinary members are prepared to contribute.

The future looks bright, the future looks....

Progress into the 21st Century with Masters and beyond...

I will assume that you read my double report in the April edition of VA, the first half should have been, but was not, published in the January edition. It was lengthy, but it outlined the problems within the movement and areas where we can progress.

All of this came from my experience of, up to then, the daily involvement with three national championships, where I could see the problem areas and sought to address those problems.

My findings, for effect, I entitled "I HAVE A DREAM", which was handed to all delegates at the BVAF Executives/Delegates meeting in early March. I also advised all those present that I had been asked to propose a name change to Masters at the forthcoming AGM.

This was also highlighted in my double report mentioned above. My findings were issued for consideration by all divisions of the BVAF. I had little comeback.

As I was in position of formalising the proposed name change, I emailed "THE DREAM" to e-lightened members as well as posting it to all club secretaries on 16th June.

This was to confirm that the proposal had been submitted and to reiterate to the general membership my vision of where we need to be and how to achieve those aims.

The people who run the whole of Masters Athletics in this country are mostly late 60's and 70's and the odd 80 year old, they will be gone before we know it. We therefore need to act quickly, which means now. I have spent two years, which at times feel wasted years, trying to drive things forward, but it is like beating my head against a brick wall.

A copy of 'THE DREAM' is attached, in case you have not had sight of it, and outlines what I want to try and achieve.

I know I cannot sell Veterans to sponsors, so if I cannot get the name changed, then to my mind we cannot progress, well not with me at the helm.

I am prepared to find the time and put the money in to achieve those aims, but I am not into selling refrigerators to Eskimos.

I will hope to put "more flesh on the bones" of my aims during my address at this AGM.

Maurice Doogan

BVAF Track and Field Secretary

Re "BVAF Forward"

EADING Winston Thomas's article
"BVAF Forward" on page 8 of VA
number 60, I should like to clarify
the position of veteran athletics in
Scotland.

We are one of the three countries which together with the English regions comprise UKA. We in this context being Scottish Athletics Ltd. The three athletics disciplines i.e. RR&CC. T&F and HR form Commissions which are represented on the Board of

Scottish Athletics Ltd, as are the Commissions for Coaches and Officials.

The RR & CC, T&F and HR Commissions are responsible for the various Scottish Championships which are organised either as 'stand alone' or incorporated in their senior championships with the appropriate medals awarded to and recognition given to veteran athletes.

Our National, i.e. Scottish championships are open to all veterans whether members

of the SVHC or not. Veterans, as all entrants to Scottish Championships, must be individual members of Scottish Athletics Ltd. In my view this is the format in which championships ought to be held throughout the UK, i.e. open to veterans.

You will appreciate that in addition, the SVHC do hold various competitive events restricted to their own members.

Sandy Robertson

The BVAF Membership Register

Report by Chris Jager

THE April issue of Veteran Athletics was the first one that was distributed using information held on the new BVAF Membership Register. This has been compiled from information provided by membership secretaries from all 11 BVAF affiliated clubs, and I am very grateful for the assistance they have given me.

Basic information held is name, address, sex, date of birth, and which affiliated club or clubs the member belongs to. In addition there is space for telephone number, email address and first claim club.

The original purpose for creating

the register was as a distribution list for this newspaper. However there are other uses that a central repository of member information can be put to, such as verifying the validity of entries to championships, and co-ordinating details of records other achievements members. Nevertheless there is no intention whatsoever to make use of the information for commercial purposes, and member details will only be passed to BVAF officers or third parties designated for specific purposes. If information requested about an individual member, that person's permission will be obtained before passing it

Those who are members of more

that one club should only be receiving one copy of Veteran If I have missed any, Athletics. please let me know. Also, in order to save money, it has been decided that where two members reside at same address, they normally only be sent one copy. However if separate copies are required, that can easily be arranged. Please call me on 01666 823778 email chrisjager@cwcom.net.

If a member does not receive a copy, or any address details are wrong, contact your membership secretary in the first instance.

However you are welcome to contact me if you believe there are any errors on the Register.

Around the regions **SCVAC**

ITHOUT doubt the most prolific performances by a member have been achieved recently by Steve Charlton. On the 6th of May he broke the M75 10km World record at the Club road championships held in conjunction with 'Ted Pepper Memorial 10K' at Beckenham. Although Steve was hoping to be the first M75 to break 40 minutes, he had to be satisfied with 40:36 after a fairly congested start. This was still worth 95.79% on the age-graded tables with M60 winner Mike Conway next with 86.99% for his time of 38:01.

The vastly improving W55 Sue Garner was the leading lady with 82.91%. Other championship gold medals were won by Terry Knightley (M40), Pete Barlow (M45), Trevor Edgley (M50), Owen Phipps (M55), Len Parrott (M65), Derek Thomas (M70), Zoe Gaffen (W45), Bridget Cushen (W60) and Betty Norrish (W70).

Steve was at it again in the Track & Field Championships at Battersea Park on June 9th when he became the first M75 to break 20 minutes for 5000 metres with a world record of 19:45.5.

There was also a British record at this meeting with Phil McEvoy throwing the M70 hammer 43.03 metres. Good sprinting times were also achieved, luckily earlier in the day before incessant rain ruled out any hopes of this, with Wal Franklin (M45) and Alastair Ross (M50) both clocking 12 dead. Viv Bonner returned after a fallow 2001 for a 13.7/28.0 double at W50 and Val Parsons carrying on where she left off at the indoor championships with a W55 14.1/30.3 double. Edna Roe also impressed with a W45 200 mteres of 27.8 while Emily McMahon also looks like she has a good hurdling season ahead of her with 14.2 in the 80 metres and 52 dead in the 300 metres.

Kermit Bentham was again the most impressive one lapper with 51.2. Derek Thomas continues to hold his 800m form with an M70 2:52.8 while Denise Farnham also still looks good with a W45 4:52.4 1500 metres. Sally Dawson inadvertently did most of the donkey work in the Steve Charlton record run and had a respectable W40 win in 19:13.8 as her reward and that was after competing in the Herne Bay 10K just four hours earlier. Steve Allen, Peter Hannell and Ann Lewis were as usual the pick of the 3000 metre walkers.

Paul Dickenson took a rest from his commentating duties with a guest appearance of 55.11 in the hammer with Chris Melluish reaching 45.28. Janet Smith (W35) 44.48 and evergreen W60 Evaun Williams 40.97

Neil Griffin ruled the M50 roost with a 14.83 shot and 46.57 discus. Chris Ellis also impressed with an M55 37.35 discus throw.

Jenny Brown interview

Report by Alastair Aitken

ENNY BROWN (Born 21.05.59) must be considered one of the most enthusiastic and successful veteran competitors of all time.

Brown now a W40 performer brought her multi-athletic talent to the fore in 1974 when doing her first pentathlon and has gone on to complete no less than 127 multi-events. In 1978 she represented the Southern Counties in Birmingham in the first big 'Trial' Heptathlon.

It is amazing to think she has done all those multi performances, plus crosscountry and individual indoor and outdoor events and yet, she is only in her early

"I enjoy competing and enjoy training. I am still convinced I have not reached my potential"

She said with an engaging smile, at the National Veteran Championships at Eton last year.

Jenny Brown won the W40 World Veteran Heptathlon at Gateshead in 1999 with a World Best of 5747 but her opinion on that was quite self-deprecating: -

"I won it in a World record but I don't think my performances were that special."

She went on to say "Looking back for me the moment that was special was the high jump at the European Vets in Athens in 1994. It was an event that took three and a half hours and the bar was at 1.72m and I was up against a German. We both had two failures. She failed at her third attempt and I popped over on my third. That was only one centimeter below my life time best. She added 'I would rather come second with a good performance than win with a mediocre performance. At the hepthalon you can win six events and lose the seventh!"

Jenny Brown worked for 21 years with Lloyd's Bank but nearly three years ago, after being made redundant, started working for a Danish Company called New Line (Sportswear) and is their representative now in the United Kinadom.

I had wondered, had her high jumping style changed over the years?

"I learn from watching. If you watch what other people do, watch their style and you can take it in, you then say to yourself 'That looks like a good thing I'll

She added with a bit of a warning 'You have got to do what you think is good for you. I think everything is individual, it will either work for you or it won't. You don't have to be conventional and do what everyone else does because it worked for them.'

Just prior to the World Veteran Championships in Brisbane Jenny Brown badly damaged discs in her spine. That happened when lifting her invalid mother. Naturally she was unable to participate in Australia however, her sheer determination to get back overrides everything.

More performances of merit are bound to come for her in the future, of that there is little doubt.

Results Request

DOES anyone have a copy of the results from the 1988 Harrow Marathon?

If so, Tony Cotton would love to hear from you, as it is the only result he is missing from over 100 marathon races. Any expense in getting a copy to him will be gladly reimbursed.

Please call 01480 453927 if you can help.

BOOK REVIEW

ATHLETIC ENIGMAS by ALASTAIR AITKEN

F the three books devoted to athletics written by Alastair (the other two being 'More Than Winning' in 1992 and 'The Winning Edge' in 1998) I found this latest epistle to be far the most interesting. Perhaps it is because he brings more rank and file Club Athletes under the microscope but I feel that many who come

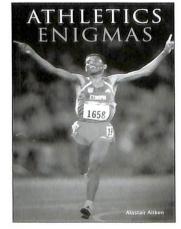
into this category will agree that the modest financial outlay of £9.99 is such outstanding value for such an interesting perusal.

He devotes no less than 30 pages to Veteran Athletics and goes out of his way to ensure that some of the early pioneers in this field, some of who unfortunately are no longer with us, receive their fair share of publicity for their sterling efforts.

I particularly enjoyed the chapter on 'Great Characters', which reminded me of so many who had so much to contribute to the sport.

Altogether an excellent read.

Jack Fitzgerald



300 PLUS CLUB WINNERS

January 2002

£125 to W Marshall (Lanarkshire). £10 each to C Hickey, S Dewar, S Kemp, C Masraff and A Richards

February 2002

£125 to Paul King (Streatham). £10 each to Peter King, S Powell, S Anderson. K Garnett and R Croese

March 2002

£125 to R Gomez (Bucks). £10 each to Y Priestman, A Richards, P Risk, W Kneale, and N Bradshaw.

With Thanks

DONATIONS to the newsletter were gratefully received from Tom Tait and Anon and are very much appreciated. Cheques should be made payable to Veteran Athletics and should be sent to Hon Treasurer Les Brown at 55 Middle Lane, London N8 8PE.

JENNY'S LAST MARATHON - London 14th of April 2002.

Jenny's 2001 run ended in failure. The problem wasn't exhaustion or injury but becoming lost at 9 miles, barriers dismantled, crowds disappeared and no way of knowing which way to go. A bystander said he knew the way but after accompanying Jenny for a mile he too became unsure, said 'sorry' and disappeared. Next on the scene was a lady with a



bottle of gin, her friendly attitude included leaning heavily on Jenny's shoulders. When you're lost and a little dispirited you don't need the added problem of being leaned on. Jenny's companions had arranged to meet her at the ten mile mark but, understandably took ages to find her. Furious at the outcome and upset Jenny allowed herself to be persuaded to discontinue.

Jenny's 2002 run. I offered to organise a support team to accompany her from start to finish and I received acceptances from Ron (exact course knowledge) his wife Belinda (Land Rover support vehicle) Norrie Neilson (bodyguard) Leslie Watson (physio) Budgie (Leslie's boyfriend) Jill Danskin and her daughter.

Some days prior to the race Jenny instructed me to inform the troops, no one was to try to persuade her to give-in irrespective of circumstances. This was to be

Jenny's sole decision and, I was informed, there would be no question of quitting so the course would be completed. I was asked if I understood and I said I did.

Sunday the 14th April 09-25 am and I arrange a TV interview for Jenny with Sue Barker but a few minutes later Prince Andrew and his entourage arrive and cameras are diverted. Outranked!

The race started 9-45 am and we completed eleven hours and thirty four minutes later at 9-19 p.m.. Jenny had become the first ever lady of 90 years plus to complete a marathon; Jill arranged a telephone interview with the news agency Reuters who interviewed Jenny for 10/15 minutes after the event.





Observations. Jenny never rested during 26.2 miles; even in the last few miles she was steady on her feet. At 23 miles she came 'face to face' with 20 steep steps and had no difficulty. Some people think Jenny is a lady of some years who can run and walk a bit; she is more than that; she is an athlete.

Ron was brilliant keeping us on course. He would shoot off ahead and with a dozen balloons tied to himself we could see the way ahead. Remember there was no crowd after 7 miles; without a guide we would not be sure which way to go. His better half, Belinda, with the Land Rover collected excess baggage and carried bananas and drinks.

Leslie Watson with her comprehensive knowledge of nutrients provides ever new energy drinks and persuades us all how effective they are. Budgie, Leslie's boyfriend is a rock providing constant support to Jenny.

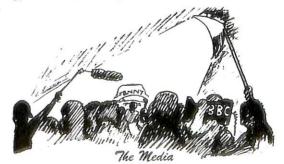
Jill, assisted by her daughter, communicates with the news agencies, takes photographs, kicks empty Lucozade containers out of the way clearing a path for Jenny and constantly encourages Jenny by telling her how well she is doing and how well she looks.

Norrie Neilson, bodyguard. Well meaning people emerge wishing to hug Jenny and tell her how much they love her but they do not understand this interrupts Jenny's rhythm and drains her energy so Norrie's assignment is to keep these people

at bay whilst thanking them for their good wishes. Not easy to stop people and retain their goodwill. Norrie achieved both.

Last and least, myself Jimmy Munn. I'm going to break a habit and indulge in a little self praise; I picked the team and they were brilliant; Jenny had to complete the course but the support team made it easier; it was, as Leslie said a 'fun day'.

(Drawings by Andrew Platt of Bolton)



Event reports

6th Non Stadia World Masters Championships, Riccione, Italy – May 24-26, 2002

Report by Jack Fitzgerald

he opening race was on Friday May 24 and embraced the M55+ and all of the women's sections over 10km. Hermann Schaiter of the host country was at its conclusion an easy winner over Germany's Alfred Hermes by 35 seconds with Harry Matthews who had been prominent throughout, a further 41 seconds back in third place, 11 seconds ahead of Ireland's Frank Reilly.

Clive Rutland was also well up as 11th M55, two places ahead of Fred Gibbs whao had won the M60 bronze behind Peter Lessing (Germany) and Czech Ivo Rezac.

Janette Stevenson had again run out of her socks to finish 18th overall, fourth women and easily the first W50 with a magnificent time of 36:45.

Further back there were some almost equally good performances from Phil Lancaster (8th M60), Karen Marshall (2nd W45), Harry Clayton (4th M65), Val Hancock (2nd W55), Margaret Auerback (4th W55), John Roberts and John Taylor, second and third respectively M70s behind the great Lucianni Acquarroni.

Added to these were Pam Jones (2nd W65), Jeanne Bryan (5th W60), Bob Davidson (5th M70) and Eileen Quinton (2nd W70).

Team golds were won by Roberts, Taylor and Davidson in M70 and also in W35 with June Johnson backing up Hancock and Auerback. Silver team medals were won at M55 with Mike Smith backing Matthews and Rutland while bronzes were won in M60 (Ken Buckle backing up Gibbs and Lancaster), W40 (Kim Davison, Lynne Marr and Sandra Irvine, W50 (Karen Bowler and Sue Barnet backing Stevenson and W60, (Bridget Cushen and Marj Sladden backing Bryan).

The second race was the M40-54 sections, won very conclusively by Stepahne Schweickhardt who was so impressive in Malta last year. Here he was 59 seconds ahead of Dick Mulligan (Ireland) with first M45, Johann Hopfner of Germany third place.

Bill Foster and Julian Critchlow finished 8th and 9th while Nigel Gates was shunted into the unfamiliar (for him) bronze medal position by Marijan Krempl of Slovenia. Arche Jenkins was our first M50 in 6th place, the winner being another home product, Ginni Vello.

Other good British performers included

Steve Murdoch (12th M40) who backed Foster and Critchlow for a bronze team medal.

10km Results

M40: 1 S Schweickhardt SUI 29:47; 2 R Mulligan IRL 30:46; 3 J Prieto ESP 31:09. GBR: 8 W Foster 31:43; 9 J Critchlow 31:50; 12 S Murdoch 32:25; 106 P Gray 40:08; 109 R Sheppard 40:11; 125 N Russell 44:00

M45: 1 J Hopfner GER 31:03; 2 M Krempl SLO 32:03; 3 N Gates GBR 32:14. Other GBR: 32 A Newman 37:08; 33 V Rollason 37:30; 35 J Kerley 37:51; 39 G Shaw 38:16; 44 R Benjamin 38:43; 59 A Rich 39:57; 63 A Richardson 41:51; 71 R Sargent 42:48; 81 M Lippit 46:01; 93 K Dillon 54:30

M50: 1 G Vello ITA 32:43; 2 P Keefl GER 32:20; 3 M Puerta ESP 33:30. GBR: 6 A Jenkins 33:59; 32 B Blackwell 36:27; 37 M Bruce 37:11; 40 P Williams 37:36; 57 P Duhig 39:38; 63 A Stevenson 40:15; 70 J Tussler 41:57; 79 J Marshall 42:14; 84 R Marshall 42:39; 89 A Bradshaw 43:16; 91 R Projetti 43:28

M55: 1 H Thaiter ITA 33:59; 2 A Hermes GER 34:34; 3 H Matthews GBR 35:15. Other GBR: 10 C Rutland 36:15; 23 M Smith 38:00; 27 W Johnson 39:38; 28 A Davidson 39:39; 30 M Welland 39:58; 55 P Howard 46:40; 58 J Butler 48:18; 63 S Molyneau 48:51

M60: 1 P Lessing GER 35:41; 2 I Rezach CZE 35:52; 3 F Gibbs GBR 36:18. Other GBR: 8 P Lancaster 37:31; 21 K Buckle 40:17; 40 B Markham 43:47; 61 K Vojdani 49:47; 66 D Button 51:58

M65: 1 A Prysyahnysk UKR 36:56; 2 B Baggia ITA 38:55; 3 P Valente ITA 39:06. GBR: 6 H Clayton 40:07; 19 R Pitcairn-Knowles 44:53; 30 M Stephenson 48:48; 31 M Caudwell 49:03; 36 S Bourne 52:08; 41 A Plummer 54:38

M70: 1 L Acquarone ITA 40:38; 2 J Roberts GBR 44:54; 3 J Taylor 45:06. Other GBR: 5 R Davidson 48:34; 8 D Howarth 49:34; 10 A Walsham 55:22; 13 R Franklin 55:48; 16 P Sladden 59:47; 17 A Byers 61:52

M75: 1 S Agnoli ITA 44:41; 2 M Vigni ITA 45:51; 3 G Riviello AUT 47:27. GBR: 7 J Caddy 54:42; 8 F Copping 57:34

M80: 1 H Keller SUI 54:16; 2 O Soligo CAN 59:09; 3 D Intelligente ITA 60:55

M85: 1 A Olbrechts GER 70:12; 2 V Bertoldi ITA 72:31; 3 C Green NZL 101:51

W35: 1 K Pieczulis POL 35:41; 2 L D'Errico ITA 37:00; 3 D Catorelli ITA 37:49

W40: 1 M Duentaste GER 36:17; 2 K

Kaufmann GER 36:40; 3 I Paczos POL 37:54. GBR: 16 K Davidson 40:48; 18 L Marr 41:29; 33 G Benjamin 54:34

W45: 1 S Levesque FRA 37:12; 2 K Marshall GBR 37:31; 3 M Marialdi ITA 37:46. Other GBR: 20 S Irving 41:51; 35 J Blackwell 55:36

W50: 1 J Stevenson GBR 36:45; 2 L Soranzo ITA 38:04; 3 S Gajck SUI 38:38. GBR: 10 K Bowler 44:53; 15 S Barnet 46:40; 22 J Markham 57:10

W55: 1 E Luthi SUI 40:21; 2 V Hancock GBR 41:34; 3 R Schaffler ??? 42:06. GBR: 4 M Auerback 42:39; 11 J Johnson 46:02 W60: 1 R Fredericks GER 42:00; 2 M Schroeder GER 42:58; 3 B Wolf GER 43:53. GBR: 5 J Bryan 47:52; 11 B Cushen 54:05; 14 M Sladden 62:48

W65: 1 J Weiss SUI 45:50; 2 E Hodapp GER 45:57; 3 P Jones GBR 46:12. GBR: 7 A Martin 57:15

W70: 1 | Fuhr GER 51:38; 2 E Quinton GBR 53:03

W75: 1 F Gurtner SUI 60:35; 2 M Dahinden

W80: 1 E Falke GER 91:51

10km Walk

The walks took place on the afternoon of the 24th and comprised five laps along the sea front.

The women's race was soon dominated by Niobe Menendez who has an English mother and a Spanish father and undoubtedly one of our fastest walkers at all levels and won in a time that was to prove to be the best overall of 47:18. Second was Canada's W45 Nancy Sweazey, some 8 1/2 minutes behind.

Cath Duhig finished 5th in the tough W45 category with the two Pams, Phillips and Ficken, 4th in W55 and 60 respectively.

Next followed the M55+ race which was won by Italy's Valter Sgardello by over a minute from Ireland's Anthony King, with the first M60, Germany's Dierter Zschiesche in overall 3rd place. The great Gerhard Weidner was beaten into the silver medal position for a change at M65 by yet another good Italian Romola Pellicia.

For once I had some opposition at M75 in the shape of three Italians but managed to win by 3 1/2 minutes, although Carlo Bomba was still three minutes ahead with another M80 just a minute behind. Bill Wright was the only other Briton to finish as 12th M60

Italy's Robert Cervi headed the 40-54 age

group in the final race to take the M45 gold. His compatriot Gabriele Calderelli followed to take M40 honours ahead of Ireland's Pat Murphy while Germany's Udo Schaeffer took the M50 gold in 9th position overall. Laury Dordoy was Britain's only finisher when placing 18th M45.

10km Walk Results

M40: 1 G Calderelli ITA 48:31; 2 P Murphy IRL 48:40; 3 J Gibbons IRL 48:58

M45: 1 R Cervi ITA 47:33; 2 V Melo ESP 49:09; 3 F Ruzzier ITA 49:44. GBR: 18 L Dordoy 58:25

M50: 1 U Schaeffer GER 49:50; 2 L Gianuzzi ITA 51:49; 3 C Ducrot FRA 51:54 M55: 1 V Sgardello ITA 50:37; 2 A King IRL 51:33; 3 A Steaker SUI 53:19

M60: 1 D Zschiesche GER 51:59; 2 U Strieder AUT 53:19; 3 M Synagulov RUS 54:21

M65: 1 R Pelliccia ITA 54:03; 2 G Weidner GER 54:47; 3 A Jordana FRA 56:12

M70: 1 G Desidero ITA 63:42; 2 S Rosetti ITA 65:09; 3 K Teufert GER 68:18

M75: 1 J Fitzgerald GBR 80:20; 2 G Laminafra ITA 84:57; 3 C Mariani ITA 86:02 M80: 1 C Bomba ITA 77:07; 2 A Maccarrone ITA 81:44; 3 G Subernu ITA 85:03

W35: 1 N Menendez GBR 47:18; 2 B Prima GER 57:24; 3 P Wenghoefer GER 62:35

W40: 1 C Frontas ESP 56:19; 2 J Lunieska POL 56:54: 3 P Toru FRA 57:24

W45: 1 N Sweazey CAN 55:44; 2 N Sapounova ITA 56:05; 3 A Minnella ITA 57:00; 4 A McGill IRL 57:44; 5 C Duhig GBR 58:57

W50: 1 H Middelburg GER 64:03; 2 M Luppi ITA 65:41; 3 V Shibata GER 68:44

W55: 1 G Fleetwood SUI 62:20; 2 F De Wolf BEL 62:39; 3 J Bonnett FRA 63:58; 4 P Phillips GBR 66:40

W60: 1 E Muller GER 64:39; 2 J De Petra ITA 65:41; 3 M Vecchi ITA 70:31; 4 P Ficken GBR 71:45

W65: 1 J Sommier FRA 63:43; 2 S Champion ITL 79:40

Half Marathon

The Half Marathon on the 25th (Saturday) embraced all age groups and genders in a single race on a much warmer day. The 10k winner Schweickhardt was again the front runner with Steve Murdoch the most forward Brit. In the end the Swiss running machine won by over three minutes over Italy's Maurizio Vagnoli with Jesus Alonso Prieto of Spain 3rd. Albert Rungger of Italy was impressive in 6th position for first M50. Steve Murdoch finished 9th overall ahead of the first M45 Ermes Bertuzzi, another home product. Austrian Heinz Steiner was first M55 in overall 34th place.

Walter Koch of Germany was 1st M60 not far in front of his compatriot Kerstin Pressier, first woman and W40. Fred Gibbs just missed out on the medals with 4th in M60

and Clive Rutlaand had another good run just behind him as 10th M55. Manuel Rosala of Spain was 1st M65 less than four minutes ahead of the durable Acquarone, still well inside 90 minutes at the age of 70. His compatriot Giovanna Mazzucco was 1st W50 in 91 minutes.

Pam Jones had her usual gutsy run to win the W65 after her disappointing (for her) bronze in the 10k but Eileen Quinton had to settle for another silver behind Germany's Inge Fuhr in the W70.

There were silver team medals for GB in W40, courtesy of Sheila Dodds, Susan Walters and Debbie Pearce while bronze medals went to Gibbs, Buckle and Ken Chapman at M60 and Roberts, Taylor and Alan Byers in M70.

Half Marathon Results

M40: 1 S Schweickhardt SUI 67:32; 2 M Vagnoli SUI 70:38; 3 J Prieto ESP 70:50. GBR: 8 S Murdoch 73:15; 43 R Pearce 79:16

M45: 1 E Bertuzzi ITA 73:19; 2 G Simone ITA 73:51; 3 A Adamo ITA 73:56. GBR: 174 I Richardson 1:40:21; 200 R Sargent 1:43:25; 235 M Lippitt 1:55:30

M50: 1 A Rungger ITA 72:36; 2 M Kotnik SLO 74:53; 3 G Diamanti ITA 75:10. GBR: 71 R O'Brien 92:53; 112 J Tussler 99:15; 185 R Proietti 1:54:12

M55: 1 H Steiner AUT 75:32; 2 A Hermes GER 77:41; 3 A BelotilTA 78:16. GBR: 10 C Rutland 84:39; 21 M Shipway 91:03; 37 W Johnson 95:35; 45 E Thornhill 96:16; 81 M Hobbs 1:45:05; 92 A Davidson 1:47:53; 102 P Howard 1:50:38; 113 S Molyneau 1:56:19; 114 J Butler 1:57:05

M60: 1 W Kock GER 79:20; 2 P Lessing GER 80:24; 3 F Rocca ITA 84:11. GBR: 4 F Gibbs 84:16; 15 K Buckle 90:44; 34 K Chapman 97:30; 51 P Huckley 1:42:12; 80 B Markham 1:52:20; 84 K Vejdani 1:55:50 M65: 1 M Rosala ESP 85:28; 2 D Lacam FRA 87:08; 3 C Sitski RUS 88:24. GBR: 11 M Mahoney 93:59; 145 J Irvine 98:11; 40 R Pitcairn-Knowles 1:54:44; 56 S Bourne 2:25:55

M70: 1 L Acqarone ITA 89:06; 2 W Bittmann GER 95:48; 3 G Willnecker ITA 1:40:32. GBR: 7 J Roberts 1:45:56; 9 J Taylor 1:50:52; 16 A Byers 2:23:59

M75: 1 M Vigni ITA 1:41:56; 2 S Agnoli ITA 1:43:59; 3 A Cristofani ITA 1:49:02. GBR: 10 I McKeag 2:24:40

M80: 1 H Keller SUI 2:07:09; 2 O Soligo CAN 2:19:59; 3 J Rierderer GER 2:24:49 M85: 1 A Obrechts GER 2:49:00

W35: 1 R Boggiatto ITA 83:25; 2 C Clerici ITA 84:52; 3 A Harti GER 86:19

W40: 1 K Pressler GER 79:37; 2 O Brakebusch FRA 81:19; 3 S Altamira ESP 83:53. GBR: 5 S Dodds 86:01; 7 S Walters 89:47; 18 D Pearce 97:54

W45: 1 M Moras ITA 85:25; 2 M Navacchia ITA 87:21; 3 M Ekland FIN 87:26. GBR: 43 A Lippitt 2:10:20

W50: 1 G Mazzucco ITA 91:02; 2 R Zanoner ITA 93:35; 3 B Ziegler GER 94:04. GBR: 18 S Barnett 1:50:38; 31 K Bowler 1:58:53 W55: 1 J Beelen BEL 90:26; 2 K Risch GER 93:30; 3 E Luthi SUI 94:14. GBR: J Johnson 1:48:35

W60: 1 M Schroeder GER 1:40:14; 2 M Waldbrunner AUT 1:42:23; 3 O Mariani ITA 1:47:51. GBR: 6 J Bryan 1:52:40; 12 B Cushen 2:06:30

W65: 1 P Jones GBR 1:45:17; 2 J Weiss SUI 1:49:57; 3 E Keller SUI 1:53:36

W70: 1 | Fuhr GER 2:00:52; 2 | E Quinton GBR 2:07:31

Men's 30k and Women's 20k Walk

Sunday May 26 started warm but not excessively hot when we started the 30k walk at 8am. Unlike the 10k, I had no opposition in M75 so started steady trailing the sole M80 competitor. After passing him on the second of the designated 15x2km laps I noted that my lap times were improving and I was feeling great. However after four laps I was asked to retire by the medical officer. As it was, in my opinion, a public highway I removed my number hoping to be allowed to finish. However after a fifth lap I was aked by our team manager to leave the course. Subsequently after an official protest I was informed that it was the safety officer who had ruled me out. Apparently he had followed me round for the first three laps (presumably on a motor scooter) and reported that my head was not covered and I hadn't taken a drink. The former was untrue as I was wearing a cap throughout whatever the conditions. I still adhere to the original rules of competition where you were not allowed a drink until 10 miles. Perhaps they had my interests at heart, but after 60 years of competition I should know when I am ready for sustanance, there is no such thing as overhydration. We read a lot in the national press these days about a 'Nanny State', but a 'Nanny Association' ?????

However, I digress. Back to the race itself. It was always going to be a win for M50 Graziano Morotti who beat his M45 and M40 team mates Robert Cervi and Gabrielle Caldarelli by 22 and 23 seconds respectively. Dieter Zschiesche was first M60 and inevitably the grate Gerhard Weidner the first M65.

Pete Ryan was the first of the Brits in 11th place overall and third M45, Colin Bradley finishing 5th in the same category. David Kates was the next Brit to finish as 8th M50. Further up the age scales Colin Young was 4th M65 and with Ron Powell 8th and Eric Horwill 11th, this trio took the bronze medals.

Dennis Withers won the bronze medal also in M70 and with Chris Hobbs backing up Ryan and Bradley, this was also the colour of their M45 team medals.

Meanwhile the women's 20k was held in

conjunction over 10 laps of the same course. Niobe Menendez was also not allowed to complete the course although I don't know when she received her red card or for what. This left Cath Duhig and Pam Ficken as our sole representative. Cath finishing 6th in the strong W45 field and Pam taking the bronze in W60. The overall winner was W35, C Scrembe of Germany.

30k Results

M40: G Caldarelli ITA 2:35:09; 2 S Wagerbaver AUT 2:36:02; 3 F Major HUN 2:36:44

M45: 1 R Cervi ITA 2:35:08; 2 P Tamburini ITA 2:42:21; 3 C Ryan GBR 2:43:31. Other GBR: 5 C Bradley 2:49:53; 12 C Hobbs 3:10:39; 14 D Sheppard 3:15:26

M50: 1 G Morotti ITA 2:34:46; 2 S Savotainen FIN 2:45:39; 3 F Werth GER 2:48:33. GBR: 8 D Kates 3:00.12

M55: V Sgarddello ITA 2:42:53; 2 B Binggelli ITA 2:52:50; 3 E Straka SLO 2:55:38

M60: 1 P Zschiesche GER 2:47:59; 2 H Strider AUT 2:49:17; 3 M Synagulov RUS 2:59:11. GBR: 10 W Wright 3:23.50

M65: 1 G Weidner GER 2:55:38; 2 V Manafro ITA 3:03:00; 3 M Delore FRA 3:13:27. GBR: 4 C Young 3:15:27; 8 H Powell 3:19:33; 11 E Horwill 3:39:25

M70: 1 R Scouckers BEL 3:19:30; 2 A Belcarik CZE 2:25:52; 3 D Withers GBR 3:43:42

20k results

W35: 1 C Sarembe GER 1:49:37; 2 B Primas GER 2:04:04

W40: 1 S Codini ITA 2:10:35

W45: 1 A McGill IRL 1:53:53; 2 N Sweazey CAN 1:54:19; 3 N Sapounova ITA 1:55:02.

GBR: 6 C Duhig 2:03:42

W50: 1 M Lupi ITA 2:14:32; 2 W Middelberg GER 2:14:43; 3 F De Wolf BEL 2:48:37

W55: 1 M Heider SUI 1:57:29

W60: 1 W Seiler GER 2:05:35; 2 J De Petra ITA 2:12:18; 3 P Ficken GBR 2:26:35

W65: 1 J Fijalkowski POL 2:06:41; 2 J Sommier FRA 2:09:03

W75: O Chub UKR 2:57:40

Cross Country Relays

The final event was the more light-hearted cross country relays held over a grass track just outside the town. The team competition could include older members, e.g.Jan Stevenson ran for the W45 team and Eileen Quinton for the W65 team.

Ireland seemed to be the most successful and won the W35 race by a street. Great Britain had success in the W55 and W65 category. Italy, by sheer force of numbers, were the most prolific in the male section, but Graet Britain won the M70 division. It was difficult to work out individual laps as the middle lap was always shorter than one and three. Anyway it was very enjoyable and gave a chance for people to pick up medals who had been less successful in earlier races.

MVAC TRACK & FIELD CHAMPIONSHIPS: Solihull: 9 JUNE 2002

ON a miserable wet day for both athletes and officials the competition for medals was still very competitive. Jerry Keily (Derby) M80 took gold in the 100m, 200m, 400m, 800m and 1500m with new championship records in the latter three events. Jill Langford, W60, (Wol & Bil) reduced her own record in the 5K walk by some 4 seconds and Christopher Elson M60, (Bristol) sliced 7 seconds off the 1500m time - this record had stood since 1989. The best performance award for the track goes to Viv Oliver (Notts) M50 for a new record of 24.00 in the 200m and reducing the 400m record by 2.4 secs. With a scintillating run of 53.6.

With numbers reduced and conditions very unpleasant for field events, records were at a premium. However, Pam Garvey, (Chesterfield) W50 leapt to a new record of 1.25m in the High Jump. Jackie Charles (Oxford) jumped 3.49 in the Long Jump to erase one of Mary Wixey's records of 1984. Tony Crocker (Droitwich) M65 took out George Leete's Triple Jump of 1990 with a new record of 10./0m and Brian Sumber (Tamworth) M65 improved his own record of last year in the Hammer to 33.07m. The best performance award for the Field goes to Gary Herrington (Rugby and Northampton) M40 for a fine series of throws in the Discus with three of his four throws beating the old record and finishing with a best of 46.99m he also took gold in the Shot and silver in the Hammer.

M Priestman

RESULTS

100m

W40 1 S McDonald RSC 14.0; 2 S Brown Charnwood 15.2; 3 L Willis Rugby & Nort 14.4; 4 P Garner B&R 14.5 W45 1 A Wainwright Cann&St 14.5; 2 C Lyon Green Tam. 17.0. W50 1 V Kirkland Nun. 15.6; 2 P Garvey Chest. 17.3 W55 1 C Rafferty Birch. 18.2 M40 1 G Sinclair Severn 11.9; 2 J Ubhoo Birch.12.3; 3 S Woolley Mansfield 12.6; 4 J Statham Notts.12.8 M45 S Moven Rugby & Nort. 12.0 2 J Barclay Corby 12.1; 3 P Mould B&R 13.0. M50 1 J Caines RSC 12.2; 2 A Baxter Charnwood 13.1; 3 Dennis Wallington (G) West Suffolk 13.6. M55 1 D Brown WSE&H 13.3; 2 T Cox Nun. 13.3; 3 L Oldfield Worc. 13.4; 4 M Baxter Charn. 13.8; 5 M Robertson Tam. 14.1;M60 1 M Garvey Mansfield 13.3; 2 B Shearsmith (G) Wakefield 13.9; 3 B Ariss Havant 14.1 4 G Hudson Nun. 15.3. M65 D Burton Steyning 14.1; 2 A Mellett Charnwood 14.5; 3 B Griffiths Hales. 15.5; 4 D Brown DASH

15.7; M70 1 G Cheetham Corby 14.7; 2 B Morrow RSC 18.1; 3 N Carter Burton 18.5. M75 1 J Quantrell MVAC 16.5; 2 N Baum MVAC 17.5. M80 1 J Keily Derby 24.0. 200m

W35 1 W Laing (G) NVAC 28.9; W40 1 M Laing (G) NVAC) 27.6; 2 S Brown Charnwood 29..3; 3 P Gerner B&R 29.9; 4 D Farmer (G) MK 32.0; W45 1 C Filer (G) City of Norw 28.0.

M40 1 G Sinclair Severn 23.8; 2 J Ubhoo Birch. 25.1; 3 S Woolley Mansfield 25.3; 4 J Statham Notts 26.4; M45 1 J Barclay Corby 24.6; 2 A Greaves Rugby &N Nort. 24.8. M50 1 V Oliver Notts 24.0; MCR 2 P Anthony MVAC 26.6; 3 A Baxter Charn. 26.9. M55 1 M Baxter Charn 27.9; 2 M Robertson Tam. 28.1; 3 S Jones Charn. 29.7. M60 1 M Garvey Mansfield 27.7; 2 B Shearsmith (G) Wakefield 28.7; 3 B Ariss Havant 29.3; 4 B Charles Wh. Horse 30.9. M65 1 D Burton Steyning 29.0; 2 B Griffiths Hales. 32.4. M70 1 G Cheetham Corby 31.3; M75 1 J Quantrell MVAC 35.7. M80 1 J Keily Derby 50.3.

400m

W40 1 D Farmer (G) mK 73.3.

M40 1 T Noel Chet. 53.8; 2 D Brown Birch. 54.8; 3 K Pye Notts 56.9; M50 1 V Oliver Notts 53.6 MCR 2 P Anthony MVAC 62.1 M55 1 J Barrus MVAC 62.6; 2 M Robertson Tam. 66.4; 3 S Jones Charn. 69.4. M70 1 T Clowry Notts 74.0; M75 1 J QuantrellMVAC 1.22.7; M80 1 J Keily Derby 2.00.3 MCR.

800m

W35 1 J Pidgeon Notts 2.31.6; W50 1 N Hitchmough DASH 2.35.0;

M40 1 K Pye Nottts 2.10.2; 2 M Lewis R & Nort. 2.15.1; 3 M Edwards B Row 2.16.6; 4 R Rawlins B&R 2.20.0. M45 1 A Grant Hales. 2.15.8. M50 S Halion Worcs. 2.12.4; 2 R Elliott Kenil. 2.13.8. M60 M Duggan Alvis 2.37.6; 2 D Carney B&R 2.53.6 M60 1 J Marshall Worc. 3.24.9. M70 1 T Clowry Notts 2.56.7; 2 R Smith Worcester 3.04.3; 3 C Simpson S&SH 3.10.9. M80 1 J Keily Derby 4.38.4.

1500m

W35 1 J Pidgeon Notts 4.57.8; 2 H Wyeth Birch. 5.14.0. W50 1 N Hitchmough DASH 5.16.4;

M40 1 B Jones Wrexham 4.28.4; 2 R Rawlins B&R 4.42.5. M45 A Grant Hales. 4.37.1. M50 1 R Elliott Kenil. 4.32.1; 2 S Halion Worc. 4.37.2; M60 1 C Elson Bristol MCR 2 D Carney B&R 6.14.4. M70 1 R Smith Worc. 6.26.2; 2 C Simpson S&SH 6.44.9

M80 1 J Keily Derby 9.08.9. 5000m

W40 1 S Tawney Learnington 18.50.2; M40 1 T Egan Rugby & N 16.01.8; 2 C Sabin Huncote 16.12.0. M45 1 M Flowers Worcs. 16.27.3; M50 1 G Aston Worc. 16.49.8; 2 M Smedley Derby 18.03.7. M55 1 J Heywood Huncote 18..57.3; 2 J Butler Stratford 23.09.5. M60 1 T Marchi Cov. Sph. 21.51.1; 2 R Suddens Nun. 21.28.6. M65 1 J Powell Sparkh. 23.31.8. 300mH

M60 1 B Ariss Havant 52.7; 2 B Charles Wh H. 55.3; M65 1 C Shafto (G) Nestle 53.7. 400mH

W40 1 S Brown Charn. 1.31.9;

High Jump

W40 1 L Willis Rugby & N 1.25m; W50 1 P Garvey Chesterfield 1.25m MCR; W55 1 E Mee Charn, 1.03m; W60 J Charles Ox.C 1.12m:

M40 1 J Church Woc. 1.60m; 2 H Lowry Stratford 1.55m; 3 G Vorgic Notts 1.50m; 4 P Haydon Nun. 1.45m; M45 1 P Askew Notts 1.45m. M55 1 K Tugwell (G) Skyrac 1.35m; M65 1 T Crocker Droitwich 1.40m. M70 1 N Carter Burton 1.15m.

Long Jump W35 1 W Laing (G) NVAC 4.73m; 2 J Oliver Telford 4.39m; W40 1 L Willis Rugby &N 4.32m; W45 1 P Higgins Shrews. 3.43m 2 C Lyon Green Tam. 3.04m; W50 1 V Neal (G) Wakefield 3.32m; W60 1 J Charles OxC 3.49m MCR; W80 1 M Wixey 1.73m M40 1 P Flannery Worc. 5.47m; 2 D Richards Severn 5.39m; 3 J Church Worc. 5.30m; 4 J Ubhoo Birch. 5.03m. M55 1 M Robertson Tam. 4.26m; 2 K Tugwell (G) Skyrac 3.57m. M60 1 B Charles Wh. H. 4.25m. M65 1 T Crocker Droit. 4.42m; 2 D Burton Steyning 4.35m; 3 J Evans Rugby & N 3.78m; 4 D Brown DASH 3.38m. M70 1 N Carter Burton 2.98m; 2 B Morrow RSC 2.96m. M75 1 J Quantrell MVAC 2.36m.

Triple Jump M40 1 A Earle MVAC 11.97m; M60 1 C Green Tam. 9.78m; 2 B Taylor Birch. 8.53m. M65 1 T Crocker Droit. MCR 10.00, 2 J Evans Rugby & N 8.29m.

Shot Putt

W35 W Laing (G) NVAC 9.34m; W40 W Laing (G) NVAC 9.63m; W50 1 V Neal (G) Wakefield 5.19m.; W55 1 E Mee Charn. 7.49m; 2 C Rafferty Birch. 6.58m; W50 1 J Charles Ox.C 6.88m.; W65 1 A Moore MVAC 5.68m; M80 1 M Wixey MVAC

M40 1 G Herrington Rugby & N 11.80m; 2 P Flannery Worc 9.77m; 3 J Statham Notts 8.32m; 4 G Vorgic Notts 7.34m. M45 1 S Hitchins MasseyF 10.77m; M50 1 R Steventon Telford 11.69m.; 2 M Mayo W&Bath 9.83m; M60 1 M Jones B&R 10.62m; M65 1 B Sumner Tam. 9.34m; M70 1 K Dutton Newark 9.36m; 2 G

Roberts Sparkhill 6.12m; M75 1 J Gercs Rugby & N 7.65m.

Discus

W55 1 E Mee Charn. 16.37m; W65 1 A Moore MVAC 13.18m; W80 1 M Wixey MVAC 8.84mm.

M40 1 G Herrington Rugby & N. 46.99m MCR; M45 1 S Hitchins MasseyF 26.60; 2 G Fullwood DASH 26.27m; M50 1 M Mayo W&Bath 34.89m; 2 R Steventon Telford 30.38m; M55 1 P Owen Tam. 27.78m; 2 K Tuawell (G) Skyrac 20.40m; 1 M Jones B&R 28.74m; M65 1 B Sumner Tam. 28.79m; M70 1 T Wyer RSC 22.66m; 2 K Dutton Newark 19.74m; 3 G Roberts Sparkhill 14 16m

M75 1 J Gerc Rugby & N 23.06m. Hammer Throw

W45 1 P Higgins Shrews, 21,50m; W50 1 V Kirkland Nun. 23.13m: W55 1 E Mee Charn. 21.17m; 2 C Rafferty Birch. 15.69m W65 1 A Moore MVAC 14.16m; M40 1 M Roberts Cann&S 42.61m; 2 G Herrington Rugby &N 39.21m; M45 1 G Fullwood DASH 32.75m; M50 1 R Steventon

Telford 31.13m; 2 M Mayo W&Bath 27.67m; M60 1 D Rafferty Birch. 26.96m; M65 1 B Sumner Tam. 33.07m MCR; 2 E Horwill DASH 10.53m; M70 1 G Roberts Sparkhill 21.69m; M75 1 J Gercs Rugby & N 17.91m.

Javelin

W55 1 C Rafferty Birch. 24.55m; W65 1 A Moore MVAC 11.48m; W80 1 Wixey MVAC

M40 1 G Vorgic Notts 29.01m; 2 G Statham 28.02m; M45 1 S Hitchins MassF 31.75m; 2 A Grant Halesowen 24.42m.

M50 1 P Wainwright Cof Stoke 36.86m; 2 M Mayo W&Bath 31.47m; 3 R Steventon Telford 29.75m.; M55 1 P Owen Tam. 36.59m; 2 M Robertson Tam. 31.45m; 3 K Tugwell (G) Skyrac 18.59m; M60 1 A Price RSC 33.07m; M65 1 B Sumner Tam. 25.63m; M70 1 K Dutton Newark 21.72m; 2 B Morrow RSC 15.56m; M75 1 J Gercs Rugby &N 20.65m.

5000m Race Walk

W45 1 A Wheeler Nun. 28.43.0; 2 S Owen Tam. 29.12.7. W50 1 S Bull MVAC 31.47.6.: W60 1 J Langford W&Bil 31.25.4 MCR M55 1 C Turner Nun. 27.21.4; 2 T Morris Nun. 27.26.9; 3 L Scrivens Worc. 29.19.5; 4 A Gilmour MVAC 30.58.1; M60 1 B Wright Nun. 28.28.3; 2 J Guest MVAC 31.01.2; M65 1 B Nelson Birch. 28.18.4; 2 C Stapleford Leic. WC 30.05.4; 3 E Horwill DASH 32.50.3; M70 1 D Fotheringham Belgrave 30.05.6; 2 D Withers Birch. 32.51.0; M70 1 K Abolins MVAC 32.53.5; 2 T Simons B&R 37.37.6; M85 1 G Mitchell Birch. 38.20.7

3000m Steeplechase

M40 1 B Jones Wrexham 10.32.9; 2 S Bird Derby 11.47.7

Thanks to Irene Nicholls and Margaret Simpson for the results.

Maurice Priestman is sending a personal letter of thanks to all the officials who operated in such adverse conditions

SOLIHULL CLASSIC: 14TH JULY 2002. BRITISH **VETERANS PENTATHLON &** WALKS CHAMPIONSHIP. **AND MIDLAND 10K CHAMPIONSHIPS**

Dave Burton set new British Figures of 3,444 points in winning the B.V.A.F. Pentathlon Championships, writes Brian Owen.

Dave competing in the M65 group was almost 1,000 points better than the second placed athlete in the group. He started with a 4.80 metres in the Long Jump, followed with 28.12 metres in the Javelin. A fast 27.8 seconds in the 200 metres was supported with a 24.30 metre Discus and he finished with 6minutes 28 in the 1,500

Jackie Charles was also in British best form in the Women's 60 event, setting new figures with 3,714 points.

A very hot day prevented record times in the 10,000 metres Walk. Richard Emsley was an outstanding overall winner in 52:57.1, from the younger Colin Bradley who recorded 54:58.8. Peter Hannell was third in 56:31.8.

Craig Sabin, who burnt off Martin Flowers in a fine battle for the title, won the Midland 10,000 metres Track championship. Craig's time was 34:12.1 against Martin's 34:37.8, great in the boiling hot conditions.

One guy who loved the hot conditions was Indoor Champion Darrell Maynard who recorded a sensational 49.0 seconds for 400 metres, the time was half a second faster than Kermit Bentham's British Record. It will not count, however, as times have to be recorded by electronic timing, the cost of which was well outside of the budget available to support this event. M40: 100: 1, G Sinclair (MV) 11.9; 2, J Ubhoo (MV) 12.3; 200: 1, G Sinclair (MV) 24.1; 2, J Ubhoo (MV) 24.8; 400: 1, D Maynard (WV) 49.0 (Fastest ever time by a uk veteran, however not record as hand time); 2, J Ubhoo (MV) 54.2; 3, K Pye (MV) 57.1: 1000: 1. R Rawlins (MV) 2:59.9; 10,000: C Sabin (MV) 34:12.1; Pent: 1, G Powley (EV) 3110; 2, B Slaughter (Eastbourne) 3045; 3, J Mayor (EV) 2878; 4, P Hopes (NV) 2862; 5, W Martin (SCV) 2254; 6, N Cummings (Guest) 2203; M45: 10,000: 1, M Flowers (MV) 34:37.8; 2, C Bradley (Guest) 38:56.0; Pent: 1, J Kennedy (SWV) 2397; 2, J Lawrence 1951; 10,000Walk: 1, C Bradley (WV) 54:58.8; 2, P Stanley-Watts (unatt) 59:12.1; M50: 1000: 1, A Chambers (MV) 2:57.2; 2, J Hill (MV) 3:12.9; 10,000: 1, G Aston (MV) 37:27.5; 2, M Smedley (MV) 38:24.2;

400H: A Wells (MV) 63.8; Pent: 1. D

Cowley (MV) 2624; 2, P Wainwright (MV) 2558; 10,000Walk: R Emsley (VAC) 52:57.1;

M55: 100: 1, J Charlton (NV) 12.6; 2, D Brown (MV) 13.0; 3, L Oldfield (MV) 13.1; 200: L Oldfield (MV) 26.2; 400: J Charlton (NV) 57.9; 10,000: 1, J Heywood (MV) 39:19.5; 2, J Butler (MV) 49:13.8; Pent: 1. B Loten (SWV) 2850; 2, M Robertson (MV) 2752; 3, D Graves (SCV) 2499; 4, D Vaughan (MV) 1302; 10,000Walk: 1, P Hannell (SV) 56:31.88; 2, T Morris (MV) 57:59.1;

M60: 100/200: B Shearsmith (NV) 13.5 / 27.6; 400: G Hudson (MV) 75.7; 10,000: 1, D Bouldstridge (MV) 38:57.5; 2, A Marchi (MV) 44:55.2; Pent: B Charles (MV) 2855: 10,000Walk: 1, R Penfold (VAC) 58:14.9; 2, E Shillaber (SW) 58:39.8; 3, B Nelson (MV) 59:40.0; 4, W Wright (MV) 61:40.2; 5, K Ballam (SWV) 62:39.1; 6, B Leonard (NV) 64:06.5;

M65: 100: A Bowman (MV) 14.1; Pent: 2, C Shafto (NV) 14.6; 200/400: 1, T Bowman (MV) 28.2/65.1; 2, C Field (SCV) 28.2/75.0; 10,000: G Oliver (MV) 42:44.3; Pent: 1, D Burton (MV) 3444 (British Record); 2, J Phillips (SCV) 2498; 3, J Evans (MV) 2310; 10,000Walk: 1, R Powell (SCV) 62:20.5; 2, J Short (SWV) 64:32.8;

M70: Pent: 1, R Johnson (NZ) 3561 (New Zealand Record); 2, C Taylor (VAC) 2489; 3, T Wyer (MV) 2329; 4, N Carter (MV) 2160; 10,000Walk: D Fotheringham (VAC) 68:08.1; M75: Pent : J Quantrell (MV) 2061; 10,000Walk: 1, K Abolins (MV) 68:16.5; 2, H Jaquest (VAC) 72:33.5;

M80: P Malins (MV) 82:54.1;

W35: Pent: 1, S Turley (EV) 2315; 2, J Oliver (MV) 2129;

W40: 100/200: J Ellacott (SWV) 13.8/28.5; 10000: S Tawny (MV) 41:18.4; Pent: D Orr (MV) 2320:

W45: 100/200/400: A Wainwright (MV) 14.3/29.1/67.2; 10.000Walk: A Wheeler (MV) 61:34.0;

W50: 10,000Walk: 1, A Lewis (SCV) 60:17.3; 2, S Bull (MV) 68:17.8;

W55: 200: 1, V Parson (SCV) 29.3; 2, Y Priestman (MV) 29.9; 400: Y Priestman (MV) 69.9; 10,000Walk J York (WV) 69:43.6;

W60: J Charles (MV) 3714 (British Record) W65: 10,000Walk: M Spelman (VAC)

69:06.1

NEW RECORDS SET IN MIDLAND VETERANS TRACK & FIELD LEAGUE

Darrell Maynard's 22.8 for M40 200m breaking the previous record held jointly by Joe Caines and Viv Oliver but at the same meeting Joe Caines set a new M50 league record with 23.7. Other league records

were also broken at this windswept meeting by Bob Care M50 and by George Mitchell M85 both in the 2000 Walk and by Carol Rafferty W50 Javelin and by Anne Wainwright W35/W45 Pole Vault.

WORLD MASTERS 30km WALK: RICCIONE: 25 MAY 2002

3h. 23m. 50s. 11th M60 Bill Wright 3h. 39m. 25s. 11th M65 Eric Horwill Eric formed a part of the Great Britain team to finish 3rd.

M70 Denis Withers 3h. 43m. 42s. 3rd. Thanks to Denis Withers for the above report.

BRUGGE 25km GRAND PRIX ROAD RACE THE LAST BRUGGE

by Jack Fitzgerald

June 23 2002. Almost certainly the last occasion of the 25km Grand Prix Road Race at the historic and lovely city of Brugge. I emphasise almost certainly as there is still a chance that a new sponsor may throw his hat into the ring to rescue this race but that is problematical and as well as a sponsor, new blood will need to volunteer to organise the race. I was instrumental in persuading seven other British enthusiasts to enter the inaugural race, then a half marathon, in 1974. The race director was then, and has been for the past 27 years, Jacques Serruys, who like myself is fast approaching four-score years.

Of the original eight, Alan Byers, John Shave and myself were present on this 28th anniversary. Alan has run all of them; John in most until health reasons forced him to retire from active competition, while I have run in many of them.

In recent years a 10km race has also been included and originally held on the Saturday preceding the 25km so that many could double up, but in latter years both have been held on the Sunday. In fact it has been a case of the tail wagging the dog, as many now prefer to run the shorter distance which in my opinion has had a detrimental effect on the original race.

Over the years British participation has escalated so that now many more home runners compete than all the other nationalities combined, particularly in the shorter race. This was most apparent at the subsequent presentation of awards. However mention must be made of three host athletes who have a terrific record in the past and who were still successful on this occasion. First Omer Van Noten, who at

the age of 55, still managed 6th in the race with a splendid 91:08. Denise Alfvoet, one of the all-time marathon greats, whose many sub 2:45 races are legendary and after a long break from the sport returned at 66 to finish second to Pam Jones in the W65 division. Last but not least local hero Emil Pauwels, who at 83 once again won the M80 10km by nearly eight minutes in a magnificent 54:16.

Because of the sheer volume of British runners, apart from those placed in each age group, I have only listed runners that according to current figures are members of clubs affiliated to the BVAF. If I have missed anyone, please accept my apologies, but space in this edition, limits publication of irrelevant names.

10km Results M40: 1 P Carlan (Mans) 33:17; 2 D Kerschieter (BEL) 34:15; 3 P Stafford (Mans) 34:28; 4 N Watson (Mans) 34:40; 5 K Wilson (Mans) 34:56; 13 L Benjamin (TVH) 35:22; 10 M Riley (Hurst PP) 35:41: 20 G Kennedy (Wesh) 38:12; 32 K Sedden (Hill) 42:17; 35 S Millington (Hales) 42:50: 39 S Cleverley (N Elt) 47:51 M45: 1 P Muller (Horw) 32:03; 2 E Williams (Salf) 32:55; 3 M Higginbottom (Salf) 34:22; 5 A Grant (Hales) 36:24; 7 V Rollason (B&R) 37:32; 8 R Derbyshire (Stock) 37:46; 10 D Buckley (Wesh) 38:01; 12 B Ackford (MVAC) 38:21; 20 K Farrell (Ling) 42:41; 22 A

Newman (Med) 43:59; 25 R May (Ling) 45:25; 34 B Stephens (Billingham) 48:09; 37 A Matthews (Tad) 48:53; 39 J Doyle (Crow) 49:26; 44 R Tawn (Forbanks) 50:20 M50: 1 D Michael (Barn) 35:06; 2 B Peatfield (Wesh) 35:39; 3 P White (Salf) 36:45; 7 T Croft (N Fylde) 38:59; 10 J Gillespie (Mil K) 39:55; 13 R Marsh (SLH) 40:45; 14 T Garland (Red) 41:27; 17 P Maddison (Crow) 43:22; 19 H Collins (Norw) 44:11; 21 M Doughty (Enf) 44:26; 27 A Spek (NVAC) 45:58; 30 M Tawn (SCVAC) 48:25; 33 R Davis (IIf) 51:03; 38 R Porteus (Shett) 54:56; 39 R Wisdom (Serp) 55:15 M55: 1 H Matthews (Els) 34:46; 2 A Linturn

(M'head) 35:43; 3 T Jefferies (W'bury) 37:18; 4 J Shirley (Barn) 37:27; 5 M Smith (Bing) 38:29; 6 R Black (Barn) 38:44; 9 A Harvey (Barn) 40:57; 15 J Neville (Barn) 43:48; 21 R Lawrence (InvEK) 46:29; 22 O Howard (EVAC) 46:35; 27 S Harris (Barn) 48:34; 30 B Goodhal (Deal Tri) 50:17; 36 A Simmonds (MVAC) 52:54; 40 J Irwin (St Helens) 53:58; 58 W Bethune (Bed) 54:42; 44 D Gill (Eps O) 55:49; 48 P Powell (Stock) 56:53; 49 JJ Tawn (Forbanks) 58:20; 54 | Wilkey (NVAC) 61:00; 55 P Cassidy (Billingham) 61:06

M60: 1 L Presland (AFD) 36:12; 2 J Bracknell (Brack) 39:36; 3 C Antoniou (Barn) 41:03; 5 M Jarvis (TWH) 41:07; 5 T Hankins (Mans) 42:01; 6 R King (Jers) 42:52; 7 B

B. 6		01				18	James Elrick	Derby & Cty	39.46	M45	5
Midland 10km Championships						19	Ray Clayton	Derby & Cty	40.31	M60	
			1.50	_		20	Wendy Ray	Ilkeston	41.18	W40	1
	Name	Club	Time	Age	Age Posn	21	Gary Fallon	Derby & Cty	41.19	M40	6
1	David Hollins	Trentham	33.41	M45	1	22	Christine Rollason	Lichfield	41.20	W50	1
2	Craig Sabin	Huncote	33.55	M40	1	23	Barrie Cull	Derby & Cty	41.57	M55	3
3	Rob Sheen	Leics Cor	34.28	M40	2	24	Linda White	Cov Godiva	42.51	W40	2
4	Martin Flowers	Worcs	34.51	M45	2	25	Michael Knight	Derby & Cty	44.02	M60	2
5	Kevin Brailsford	Derby & Cty	35.38	M50	1	26	Dot Fellows	Cannock	44.08	W55	1
6	Stephen Johnson	Derby & Cty	35.45	M40	3	27	Michael Butterly	Derby & Cty	45.28	M60	3
7	Clive Toplass	Derby & Cty	35.49	M40	4	28	Mike Harley	S Derby RR	46.17	M55	4
8	Kevin Spare	Derby & Cty	36.07	M45	3	29	Jane Poole	Ilkeston	47.42	W40	3
9	Geoff Farmer	Chase H	36.28	M50	2	30	Ken Wright	MVAC	49.24	M65	1
10	Gordon Summers	Worcs	36.56	M40	5	31	Jeanne Bryan	Cannock	49.41	W60	1
11	Paul Kenny	RSC	37.22	M45	4	32	Mike Stanley	RSC	49.41	M60	4
12	Paul Williams	Staffs M	37.42	M50	3	33	John Butler	Stratford oA	50.52	M55	5
13	Mick Smedley	Derby & Cty	38.02	M50	4	34	Gordon Chapman	RSC	51.26	M70	1
14	John Heywood	Huncote	38.16	M55	1	35	Roger Baraclough	S Derby RR	57.45	M50	7
15	John Fisher	Derby & Cty	39.06	M50	5	Tea	ms: M40 - 49 Derb	y & County AC	1st Roya	Sutton (Coldfield
16	Jonathan Hassall	Telford	39.22	M55	2	2no	2nd M50 - 59 Derby & County AC 1st				
17	Robin Britton	Staffs M	39.38	M50	6	M60 + Derby & County AC 1st					

Markham (Croft A) 43:06; 9 R Bunn (Hales) 44:04: 10 P Brown (Wesh) 44:56; 11 R Dawson (S'end) 45:16; 12 H Henshaw (Wesh) 45:47; 15 R Hill (NVAC) 48:19; 18 K Hales (Goring) 49:49; 21 L Chrystal (IoM) 51:18; 22 B Graves (Mil K) 51:29; 24 J Tipping (Wrex) 51:57; 29 R Speers (Forbanks) 55:24; 30 L Gordon (Billingham) 55:41; 36 D Murray (NVAC) 60:02; 37 T Parr (Bolt) 60:39; 40 D Nutley (VAC) 66:26; 41 J Burgoyne (Plum) 66:54; 42 H Barnfather (Hunt) 69:13; 43 I Magrath (Forbnaks) 69:27; 44 N Drummond (VAC) 74:55 M65: 1 H Ruecker (GER) 39:33; 2 T Everitt (Eton M) 41:20; 3 E Knockaert (BEL) 42:54; 4 R Pitcairn-Knowles (S'oaks) 44:14; 5 J Cleverly (N Elt) 44:43; 6 B Hercock (Enf) 45:36; 7 R Heywood (Dart) 46:34; 8 B Strong (Barn) 46:59; 9 P Kearsey (Eton M) 47:15; 11 S Bourne (MVAC) 49:35; 14 J Rowe (Barn) 50:31; 15 D Anstey (SWVAC) 51:30; 16 B Price (Hurst PP) 52:17; 17 D Plummer (Elm) 53:54; 19 B Gilks (Mil K) 54:58; 21 J George (VAC) 55:20; 25 J Brown (Tad) 57:10; 30 A Risley (Forbanks) 59:53; 31 P Robinson (VAC) 60:46; 33 D Richards (MVAC) 61:41; 34 C Buckley (NVAC) 63:06; 35 W Farrow (NVAC) 58:18; 38 J Atkinson (Barn) 66:27; 41 H Thornton (NVAC) 82:49

M70: 1 J Taylor (Liss) 44:20; 2 J Butcher (Ware) 45:47; 3 L Foster (Barn) 47:53; 5 D Howarth (NVAC) 51:46; 6 A Walsham (Salf) 52:48; 7 P Chaplin (C&C) 52:52; 11 R Franklin (Barn) 57:35; 12 K Blackwell (EVAC) 58:18; 13 P Sladden (Elm) 58:57; 15 W Fisk (Billingham) 62:03; 16 R Giddis (Eps O) 62:17; 17 K Crooke (Croy) 62:55 M75: 1 S Saruchayan (ARM) 54:05; 2 N Jordan (MVAC) 56:39; 3 H Mills (NVAC) 67:39; 5 D Mason (NVAC) 75:10

M80: 1 E Pauwels (BEL) 54:16; 2 B Davidson (N For) 62:02; 3 A Gibrechts (GER) 69:57; 4 B Jenkins (C&C) 72:18; 5 L Heald (NVAC) 79:00; 6 H Bidwell (SCVAC) 99:57 W35: 1 J Postlethwaite (Harb) 38:29; 2 A Kirtley (Hallam) 38:40; 3 A Bell (unatt) 39:25; 4 A Brown (GWR) 40:10; 5 K Warhurst (Linc W) 40:19; 6 J Moore (Kilb) 40:20; 10 S Waters (Strag) 49:09

W40: 1 J Ray (DMV) 38:12; 2 J Armstrong (B&H) 39:24; 3 K Davison (Els) 40:42; 4 E Masson (Kilb) 42:51; 5 S Miller (Hast R) 43:39; 6 K Johnstone (Barn) 43:45; 7 C Sylvester (THH) 44:16; 15 C Walton (Stock) 51:53; 20 E Bradford (Deal Tri) 54:20; 2 C Wisdom (Serp) 57:07

W45: 1 D Marsh (Norw) 41:14; 2 H Imeson (Tad) 42:58; 3 M Ramsden (Wooton) 43:24; 4 J Boulton (Crow) 43:34; 5 C Pardoe (GCJ) 43:50; 6 V Goode (Harb) 44:45; 7 A Titterton (N Fylde) 45:05; 10 J De'ath (IIf) 47:53; 11 M Matthews (Tad) 48:06; 16 M Hansford (EVAC) 52:42; 18 J Portis (Brom) 54:00; 22 B Hearse (Barn) 54:21; 37 K Baxter (IIf) 71:33; 42 T Doyle (NVAC) 87:44 W50: 1 F Garland (Red) 41:45; 2 S James (SCVAC) 43:58; 3 R Muston (Mil K) 44:48; 4 C Fitzsimmons (St Helens) 45:10; 5 K Faloon (Barn) 45:19; 7 S Barnett (EVAC) 46:35; 8 G Speak (NVAC) 49:29; 12 K Lawrence (N Elt) 51:44; 17 P Phillips (SWVAC) 54:25; 20 M Shirley (Barn) 57:41 W55: 1 L Newton (Ports) 42:47; 2 S Garner (Ling) 43:51; 3 M Rocnakov (CZE) 47:34; 5 M Brown (N Fylde) 49:11; 6 V Russell (Mil K) 51:45; 8 B Harvey (Barn) 52:15; 9 S Gibbs (Barn) 52:38; 11 B Weekes (Hales) 53:43; 12 H Radford (NVAC) 54:52; 14 P Antoniou (Barn) 55:44

W60: 1 C Lee (Gosf) 44:08; 2 E Osborne (Wym) 48:39; 3 C Daniels (Mil K) 49:48; 4 H Marchant (Wym) 50:23; 6 M O'Leary (E&E) 50:50; 11 M Sladden (Elm) 61:49; 14 C Collette (IoM) 65:42; 15 AP Parr (NVAC) 66:50; 16 I Waldmeyer (N Elt) 70:43 W65: 1 M Anstey (SWVAC) 47:01; 2 M Moore (Kilb) 56:21; 3 M Danskin (Notfast) 58:44;; 5 B Atkinson (SB) 62:31; 7 B Giddis (Eps O) 67:55; 9 M Hill (NVAC) 76:03; 10 S Smith (NVAC) 76:14

(BEL) 67:46 TEAMS: 1 Mansfield Harriers (Carlan, Staford, Watkins) 1:42:25; 2 Salford Harriers (Williams, Higgingbottom, White) 1:44:02; 3 Barnet & District AC (Desmond, Shirley, Black) 1:51:17

W70: 1 B Forster (SB) 61:24; 2 M De Jong

TEAM RESULT BY COUNTRY: 1 Great Britain (Muller, Williams, Carlan) 1:38:15; 2 Belgium 1:46:13; 3 France 1:47:01; 4 Czech Republic 2:02:43: 5 Germany 2:32:37; 6 United States 2:43:37

25km Results

M40: 1 M Jordan (lps J) 88:55; 2 P Moulebrouck (BEL) 90:18; 3 S Davies (Mans) 90:20; 4 P Glennie (GWR) 91:46; 5 J Watson (THH) 92:09; 8 T Knightley (IIf) 98:50; 13 S Mconnell-Wood (EVAC) 1:43:14; 14 M Wisdom (N Elt) 1:52:58; 29 P Morris (Les C) 1:54:47; 39 D Proud (Ling) 1:58:34; 49 M Hahn (Army) 2:07:30; 56 D Martin (IIf) 2:18:14; 58 D Flemington (Thornbury) 2:24:17 M45: 1 W Snelgrove (THH) 90:08; 2 S Deram (BEL) 90:34; 3 P Degrand (BEL) 93:01; 10 M Jones (Herts P) 1:43:08; 22 P Whitlock (THH) 1:50:55; 25 C Milnes (Ryston) 1:53:42: 42 B Wright (S'end) 2:04:01; 52 C Potter (N For) 2:13:00; 58 M Orrick (Crook) 3:10:15

M50: 1 J Bell (Els) 92:18; 2 K Payne (Stubb

G) 93:15; 3 I Russell (Mil K) 95:57; 4 L O'Hare (Barn) 96:25; 6 M Clarke (Ilf) 1:42:43; 7 M Willcox (GWR) 1:43:18; 8 E Palmer (Mans) 1:44:15; 9 T Brightwell (N Elt) 1:47:05; 21 L Howick (HBS) 1:55:43; 22 J Turner (Dul PR) 1:55:58 M55: 1 O Van Noten (BEL) 91:08; 2 D

M55: 1 O Van Noten (BEL) 91:08; 2 D Waywell (Wesh) 92:41; 3 F Reilly (IRL) 96:06; 4 O Phipps (IIf) 99:04; 5 P Newton (Ports) 1:41:22; 7 M Wothington (THH) 1:45:08; 8 P Wilkinson (Skip) 1:45:14: 9 S Mann (Herts P) 1:46:05; 10 D Poole (Hurst PP) 1:46:59; 11 D Leslie (S'end) 1:47:39; 15 K Bench (TGT) 1:52:24; 19 J Leggett (EVAC) 1:55:51; 21 D Walton (Alt) 1:57:54; 26 J Morrison (Mil K) 2:00:26; 29 R Haddow (NVAC) 2:01:38; 30 M Hobbs (Calne) 2:01:53; 31 T Wootton (N Elt) 2:03:35; 39 R Barley (Kipp) 2:09:41; 49 M Morfey (VAC) 2:29:27; 50 J Bryant (THH) 2:31:56; 51 J Gough (VAC) 2:37:18 M60: 1 E Thelen (NED) 1:45:50; 2 M Conway (InvEK) 1:47:49; 3 J O'Brien (Port T) 1:47:54; 4 J Denny (THH) 1:48:35; 6 K Chapman (Kimerworth) 1:50:42; 7 J Edawrds (Linc W) 1:51:54; 17 F Carpenter (THH) 2:04:49; 21 B Carr (GWR) 2:12:11; 25

S Parsons (GWR) 2:19:23; 26 K Vejdani (Ling) 2:23:35

M65: 1 P Lambert (Valley S) 1:52:50; 2 F Pillu (BEL) 1:56:23; 3 F Makin (Hurst PP) 2:02:48; 14 J Hildreth (THH) 2:32:02 M70: 1 V Vandenplas (BEL) 2:12:12; 2 C Buisson (FRA) 2:23:47; 3 R Englereist (BEL) 2:37:39; 4 M Walsh (N Fylde) 2:47:45; 7 A Byers (Bord) 3:10:32

M75: 1 D Adie (Dulw R) 2:02:07; 2 J Cahill (USA) 2:09:17; 3 J Fitzgerald (Sutton) 3:02:33

W35: 1 J Massey (Mans) 99:48; 2 H Pauwels (BEL) 1:47:13; 3 V Carter (St Helens) 1:47:30; 4 J Barley (Kippax) 1:52:11; 4 M Watson (THH) 2:09:35

W40: 1 A Sweeney (N Fylde) 1:49:34; 2 G Pryke (lps) 1:51:40; 3 M Schoemakers (NED) 2:00:25; 4 D Waugh (Hurst PP) 2:04:10; 14 L Huckle (Read RR) 3:10:27

W45: 1 V Hendrickx (BEL) 1:53:56; 2 D Pinxten (NED) 2:00:33; 3 A Gilroy (Linc W) 2:04:24; 4 K Howard (S'end) 2:05:31; 5 D Knight (Mil K) 2:07:39; 6 V Richardson (THH) 2:09:05; 13 A Neal (Les C) 2:29:21; 19 J Astlwy (Read RR) 3:10:27

W50: 1 M Collinge (Mans) 1:54:44; 2 J Harwick (Hast) 1:55:54; 3 M Swithenby (Mil K) 2:00:28; 4 G Child (Worth) 2:05:49; 5 S Dormer (Brandon) 2:08:31; 6 D Bethune (Bed) 2:08:38; 19 A Doyle (NVAC) 3:05:48 W55: 1 A Bland (NVAC) 2:01:23; 2 S Poole (Hurst PP) 2:03:30; 3 B Law (Gt Bent) 2:07:28; 4 P Lygo (Barn) 2:09:31; 6 K Frank (IIIf) 2:19:16; 12 T Gough (VAC) 2:29:07; 14 J Melton (Mil K) 2:33:44

W60: 1 M Lenaghan (Kippax) 2:12:20; 2 C Proot (BEL) 2:18:58; 3 E Harmanus (NED) 2:29:04

W65: 1 P Jones (IIf) 2:03:57; 2 D Alfvoet (BEL) 2:16:44; 3 J Palmer (Romsey) 2:22:34; 5 M Wood (NVAC) 2:44:28; 7 H James (Brom V) 3:00:42

W75: 1 I Clarke (Eps A) 3:10:48
TEAM: 1 Sodibrug (Belgium) 4:44:03; 2
Thames Hare & Hounds (Snelgrove, Watson, Worthington) 4:47:25; 3 Mansfield Harriers (Davies, Hiscox, Massey) 4:48:54
TEAM RESULTS BY COUNTRY:

1 Great Britain (Jordan, Snelgrove, Davies) 4:28:53; 2 Belgium 4:32:00; 3 Netherlands 5:10:44; 4 Ireland 5:58:01; 5 France 6:02:26

NORTHERN IRELAND VETERAN CROSS COUNTRY CHAMPIONSHIPS

M40

- 1. Dominic Bowner (Finn Valley) 17.03
- 2. Dermot Kerr (Armagh) 17.11
- 3. Mark Connolly (Finn) 17.27
- 4. Damien McGinty (Foye Valley) 17.28 M45 7. Nelson Cahoon (Albertville) 17.52
- 9. Mario Donnelly (Armagh) 17.55
- 11. Paul Murphy (N Belfast) 17.56
- 12. Sammy McAnaney (Foyle) 17.57
- 14. Terry Eakin (Lagan Valley) 18.43
- 35. Cave Clarke (N Belfast) 19.47

M55

23. Desi McHenry (Willowfield) 18.40

M60

66. Drew Crawford 23.32

M65

41. Jim Reid (Springwell) 20.02

1470

76. Sam Ward 39.32

Team Results

- 1 Finn Valley 40
- 2 North Belfast 45
- 3 Albertville 48

W35

2. S Dodds (Sparta) 20.09

W40

5. Mary Mackin (Dromore) 23.37

W45

1 Karen Marshall (St Annes) 19.08

EDITOR

wanted

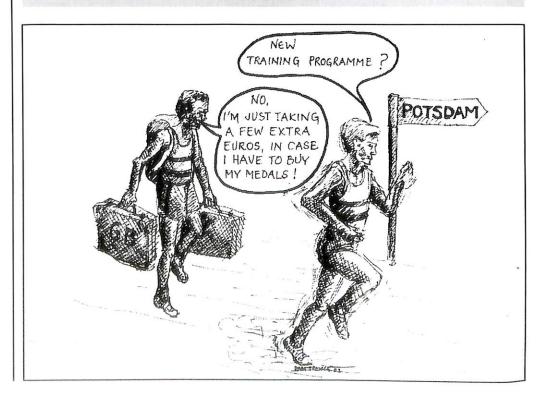
Do you have an eye for layout and design?

Have some time to devote to the sport we know you love;

attend 2 meetings per year.

We offer remuneration, an Applemac and a great team to work with.

Contact: Mick Statham, Chairman BVAF, in confidence



BVAF Championships **Open Cross Country** Relavs

Lloyd Park, South Croydon, Surrey Sunday 10 November 2002

Open to all UK affiliated club teams - permit applied for - organised by Veterans AC

Over 35 Women: 3 x 2.5 miles Over 45 Women: 3 x 2.5 miles Over 55 Women: 3 x 2.5 miles Over 60 Men: 3 x 2.5 miles Over 70 Men: 3 x 2.5 miles Over 50 Men: 4 x 2.5 miles Over 40 Men: 6 x 2.5 miles Forms and details from Race Secretary Brian Ford

98 Roof of the World, Boxhill Road, TADWORTH Sy KT20 7TR Tel 01737 845118

Also email: hemming@dircon.co.uk

SOUTH WEST **FUTURE FIXTURES**

Sept 22 SWVAC Grand Prix 5 mile Bournemouth, Dorset @ 10.30hrs (Littledown)

SWVAC Grand Prix 10km Oct 6 Brixham, South Devon @ 11.00hrs

Oct 20 SWVAC Grand Prix 10km Redruth, Cornwall @ 11.00hrs

SWVAC 13.1 miles Cheddar, Nov 9 Somerset @ 14.00hrs

Dec 8 SWVAC Grand Prix 10km Christmas Cracker Western-Super-Mare @ 11.00hrs

Dec 22 SWVAC Grand Prix 10km Henycock, Devon @ 10.30hrs

FORTHCOMING SOUTHERN FIXUTRES

September 15

SCVAC & Open Pentathlon, Tilsley Sports Centre, Abingdon. Entries £7 for SCVAC Championships £10 for Open to J Day, 22 Langlands Gardens, Shirley, Croydon, CR0 8DW with SAE for directions and confirmation by 5/9/2002. Also SCVAC 5km Walk Championships - Entry £4. J Curtin, 6 Silverdale Drive, Sunbury-on-Thames TW16 6HD

September 21/

Kent Veterans Track & Field Championships, Erith Stadium

September 22

SAE for entry form and details to B Ferguson, 18 Bearstead Rise, London SE4

October 20

Abingdon Marathon Includes SCVAC Marathon Championships. 10.00am. Entries: £8 (£10 on day) to Abingdon Marathon, PO Box 57, Abingdon, OX13 5HZ

October 27

Barns Green Half Marathon. Includes SCVAC Championships. 11.00am. Entries: £7 to Race Secretary, Appledore, Barns Green, Horsham, West Sussex, RH13 7PZ with 9x6 SAE by 27/9/2002

Correction to advertisement in Issue No 60

Please note the telephone number. for the Civil Service Veterans Championships on 9 September is 01494 888444.

4th Annual British Masters' Sports Therapy Conference Wortley Hall, Wortley, Nr Sheffield October 26/27th

Includes: Chiropracter screening Medical Screening (including ECG) Fitness testina Conference booklet Evening trivia guiz in the bar Early morning jog or walk (optional!)

Plus we will endeavour to accommodate other areas according to specific requests

This is a major fund raising event and social 'get together' for the non profit making British Masters' Medical Services. £85* (shared room) or £95* (single occupancy). *Includes a three course evening meal on the Saturday, tea and coffee breaks, full cooked breakfast and three course Sunday lunch. Directions and timetable will be sent out at the beginning of October.

/We would like to attend the Conference to be held 26/27th	October 2002 at Wortley	Hall and enclose my/our	cheque for £50
deposit or £85/95 per person made payable to British Maste	ers' Medical Services.	an annual	20 20

C/o Carole Filer The Street, Hockering Dereham, Norfolk NR20 3AJ Tel 01603 880281

Email: cdss@filerfam.freeserve.co.uk							
Name:							
Address:							
I/We will/will not require a snack on Sat lunchtime (this is the only food item you have to pay for)							
Tel: Email:							

