


# British Masters 5k Championship at Horwich on Sunday 21st June 2009

BMAF 5k - Men aged 35 to 40				BMAF 5k - Men aged 55 to 60							
Pos	Name	Cat/Pos	Club	Time	Pos	Name	Cat/Pos	Club	Time		
1	Andrew Ward		Clowne Rr	15:21	1	David Oxland	V55	1 Notts AC	17:04		
2	Gary Pennington		Preston Harriers	15:52	2	David Wilcock	V55	2 Barnet & District AC	17:20		
3	Steve Hallas		Preston Harriers	16:05	3	Kevin Hesketh	V55	3 Preston Harriers	17:42		
4	Christian Shaw		Askern District RC	16:55	4	Raphael Murray	V55	4 Macclesfield H & AC	17:56		
5	Andrew Goodair		Askern District RC	17:24	5	Desmond Michael	V55	5 Barnet & District AC	17:59		
6	Aden Ball		Askern District RC	18:25	6	Peter Dellar	V55	6 Dunstable Rr	18:02		
7	Paul Colingwood		Askern District RC	18:34	7	Shaun Jordan	V55	7 Bingley Harriers & AC	18:23		
<b>BMAF 5k - Men aged 40 to 45</b>				<b>BMAF 5k - Men aged 60 to 65</b>							
Pos	Name	Cat/Pos	Club	Time	Pos	Name	Cat/Pos	Club	Time		
1	Paul Ward	V40	1 Telford AC	15:25	1	Geoff Cumber	V60	1 Halifax Harriers AC	18:32		
2	Neil Wilkinson	V40	2 Morpeth	15:32	2	David Telford	V60	2 Altrincham AC	18:39		
3	Gary Done	V40	3 Thirsk & Sowerby Harriers	15:37	3	Peter Young	V60	3 Ryde Harriers	18:49		
4	Gary Hope	V40	4 Severn AC	15:39	4	Will Allan	V60	4 Tadcaster Harriers	18:52		
5	David Lockett	V40	5 Salford Harriers	16:14	5	Jim Munro	V60	5 Redhill Rr	19:31		
6	Paul Sankey	V40	6 Liverpool RC	16:15	6	Arnold Bradshaw	V60	6 Manchester H & AC	20:06		
7	Stewart Macdonald	V40	7 Bingley Harriers & AC	16:22	7	Peter Leviston	V60	7 Barrow-In-Furness Striders AC	20:26		
8	Andrew Hussey	V40	8 Cheltenham	16:31	8	Iain Fortune	V60	8 Spectrum Striders	24:47		
9	Dean Furniss	V40	9 Hallamshire Harriers	16:53	<b>BMAF 5k - Men aged 65 to 70</b>						
10	Dave Parker	V40	10 Barrow-In-Furness Striders AC	18:13	<b>Pos</b>	<b>Name</b>	<b>Cat/Pos</b>	<b>Club</b>	<b>Time</b>		
11	Andrew Garside	V40	11 Wold Vets RC	18:43	1	Martin Ford	V65	1 Cheltenham	18:33		
<b>BMAF 5k - Men aged 45 to 50</b>				<b>BMAF 5k - Men aged 70 to 75</b>							
Pos	Name	Cat/Pos	Club	Time	Pos	Name	Cat/Pos	Club	Time		
1	Simon Wright	V45	1 Doncaster AC	16:03	1	David Spencer	V70	1 Barrow-In-Furness Striders AC	21:41		
2	Andy Gibbs	V45	2 Vale Royal AC	16:08	2	Edmond Simpson	V70	2 Overton Harriers	21:44		
3	John Convery	V45	3 Bingley Harriers & AC	16:11	3	George Perkins	V70	3 Bingley Harriers & AC	22:53		
4	Lev Lilley	V45	4 Sheffield RC	16:17	4	Bryan Gane	V70	4 Sale Harriers	23:14		
5	Paul Simons	V45	5 Salford Harriers	16:23	5	Keith Briggs	V70	5 Sale Harriers	23:21		
6	Andrew Magnall	V45	6 Shaftesbury Barnet Harriers	16:42	6	John Smithurst	V70	6 Bingley Harriers & AC	24:17		
7	Gregory Seddon	V45	7 Blackpool Wyre & Fylde AC	16:59	7	Mike Howe	V70	7 Sale Harriers	24:32		
8	Alex Hope	V45	8 Severn AC	17:15	8	Don George	V70	8 Sale Harriers	26:04		
9	Chris Ireland	V45	9 Sheffield RC	17:28	9	John Dawson	V70	9 Salford Harriers	28:39		
10	Russell Parkin	V45	10 Derby AC	17:40	<b>BMAF 5k - Men over 75</b>						
11	Maurice Collins	V45	11 Liverpool RC	17:52	<b>Pos</b>	<b>Name</b>	<b>Cat/Pos</b>	<b>Club</b>	<b>Time</b>		
12	Steven Doxey	V45	12 Swinton Harriers	17:53	1	Brian Cambell	V75	1 Midland Masters	23:35		
13	Stephen Robinson	V45	13 East Cheshire Harriers	17:54	2	Brian Rogers	V75	2 Northern Vets	23:37		
14	Trevor Raynor	V45	14 Wesham Rr	18:14	3	Peter Dibb	V75	3 Longwood Harriers	25:35		
15	Paul Freeman	V45	15 Wold Vets RC	18:23	4	Derek Howarth	V75	4 Leigh Harriers	26:07		
16	Nigel Cook	V45	16 Rotherham H & AC	18:24	5	Arthur Walsham	V75	5 Salford Harriers	33:42		
17	Derek Guess	V45	17 Leicester Corinthians AC	18:45	6	Ron Franklin	V80	1 Barnet & District AC	37:43		
18	David Nuttall	V45	18 Rotherham H & AC	19:20	<b>BMAF 5k - Men aged 35 to 39 — TEAM RESULTS</b>						
19	Paul Butler	V45	19 Astley & Tyldesley Road Runner	20:20	<b>NOTE: Unattached and non-counters are DELETED before teams are calculated</b>						
20	Michael Smithurst	V45	20 Bingley Harriers & AC	23:58	1	Askern District RC	22	4 Christian Shaw	5 Andrew Goodair	6 Aden Ball	7 Paul Colingwood
<b>BMAF 5k - Men aged 50 to 55</b>				<b>BMAF 5k - Men aged 40 to 50 — TEAM RESULTS</b>							
Pos	Name	Cat/Pos	Club	Time	<b>No complete teams</b>						
1	Mike Cadman	V50	1 Bourneville Harriers	16:00	<b>BMAF 5k - Men (Vets) aged 50 to 59 — TEAM RESULTS</b>						
2	Robert Atkinson	V50	2 Barrow-In-Furness Striders AC	16:27	<b>NOTE: Unattached and non-counters are DELETED before teams are calculated</b>						
3	Alex Rowe	V50	3 Wesham Rr	16:33	1	Altrincham AC	60	11 David JamesSouthern	20 Dave Carrington	29 Michael Jones	
4	Malcolm Eustace	V50	4 Tipton Harriers	16:36	2	Wold Vets RC	73	18 Peter Hutchinson	27 Gary Coulam	28 Steven Green	
5	Wilson Gregory Alan	V50	5 Telford AC	16:39	<b>BMAF 5k - Men (Vets) aged 60 to 69 — TEAM RESULTS</b>						
6	Richard Holland	V50	6 Woodford Green AC	16:43	<b>NOTE: Unattached and non-counters are DELETED before teams are calculated</b>						
7	Richard Gray	V50	7 Birmingham Rowheath AC	17:09	<b>No complete teams</b>						
8	Chris Brogan	V50	8 Woodford Green AC	17:18	<b>BMAF 5k - Men (Vets) over 70 — TEAM RESULTS</b>						
9	David JamesSouthern	V50	9 Altrincham AC	17:32	<b>NOTE: Unattached and non-counters are DELETED before teams are calculated</b>						
10	Roy Flanagan	V50	10 Rossendale H	17:38	1	Sale Harriers	18	4 Bryan Gane	5 Keith Briggs	9 Mike Howe	
11	Peter L.neal	V50	11 Rotherham H & AC	18:10	<b>Results Service by G.J. Fecitt (SportSoft) Tel &amp; Fax 01204 884887, Email: graham@race-results.co.uk</b>						
12	Peter Hutchinson	V50	12 Wold Vets RC	18:10	<b>Internet: http://www.race-results.co.uk -- full results will be available for downloading tonight</b>						
13	Colin Feecham	V50	13 Ron Hill Cambuslang	18:11							
14	Dave Carrington	V50	14 Altrincham AC	18:15							
15	Gary Coulam	V50	15 Wold Vets RC	19:04							
16	Michael Jones	V50	16 Altrincham AC	19:45							
17	Brian Slaughter	V50	17 Scvac	21:18							
18	John Spencer	V50	18 Hallamshire Harriers	21:47							

## BMAF 5k - Men aged 35 to 39 — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1 Askern District RC      22 —      4 Christian Shaw      5 Andrew Goodair      6 Aden Ball      7 Paul Colingwood

## BMAF 5k - Men aged 40 to 50 — TEAM RESULTS

**No complete teams**

## BMAF 5k - Men (Vets) aged 50 to 59 — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1 Altrincham AC      60 —      11 David JamesSouthern      20 Dave Carrington      29 Michael Jones  
2 Wold Vets RC      73 —      18 Peter Hutchinson      27 Gary Coulam      28 Steven Green

## BMAF 5k - Men (Vets) aged 60 to 69 — TEAM RESULTS

**No complete teams**

## BMAF 5k - Men (Vets) over 70 — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1 Sale Harriers      18 —      4 Bryan Gane      5 Keith Briggs      9 Mike Howe

# British Masters 5k Championship at Horwich on Sunday 21st June 2009

BMAF 5k - Ladies aged 35 to 40				BMAF 5k - Ladies aged 55 to 60					
Pos	Name	Cat/Pos	Club	Time	Pos	Name	Cat/Pos	Club	Time
1	Clare McKittrick	L35	1 Charmwood AC	17:39	1	Ellmore Daphne M	L55	1 Wold Vets RC	18:58
2	Chaanah Patton	L35	2 Hallamshire Harriers	17:49	2	Susan Cooper	L55	2 Southport Waterloo AC	19:53
3	Sarah Wilkinson	L35	3 Chester-Le-Street	18:04	3	Marian Hesketh	L55	3 Preston Harriers	20:15
4	Sally Morley	L35	4 Ilkley Harriers	18:23	4	Jane Morley	L55	4 Wold Vets RC	21:12
5	Cumber Sarah Louise	L35	5 Halifax Harriers AC	18:35	5	Zina Marchant	L55	5 Teambath AC	21:24
6	Joanna Seymour	L35	6 Hallamshire Harriers	18:37	6	Jacky Smith	L55	6 Sheffield RC	22:16
<b>BMAF 5k - Ladies aged 40 to 45</b>				<b>BMAF 5k - Ladies aged 60 to 65</b>					
Pos	Name	Cat/Pos	Club	Time	Pos	Name	Cat/Pos	Club	Time
1	Kate Ramsey	L40	1 Barrow Runners	18:01	7	Denise Wakefield	L55	7 Northern Vets	22:20
2	Pippa Wilkie	L40	2 Hallamshire Harriers	19:29	8	Pauline Davis	L55	8 Vale Royal AC	22:42
3	Lynn Emmett	L40	3 City Of Norwich AC	19:58	9	Grace Hough	L55	9 Telford Harriers	22:52
4	Jane Bryant	L40	4 Ilkley Harriers	20:58	10	Sue James	L55	10 Paddock Wood AC	23:18
5	Jann Smith	L40	5 Ilkley Harriers	21:56	11	Anne Fortune	L55	11 Spectrum Striders	24:03
6	Paula Parkin	L40	6 Derby AC	22:28	12	Carol Hall	L55	12 Wold Vets RC	24:59
<b>BMAF 5k - Ladies aged 45 to 50</b>				<b>BMAF 5k - Ladies aged 65 to 70</b>					
Pos	Name	Cat/Pos	Club	Time	Pos	Name	Cat/Pos	Club	Time
1	Jane Clarke	L45	1 City Of Norwich AC	17:44	1	Karen Faloon	L60	1 Southport Waterloo AC	21:30
2	Suzanne Budgett	L45	2 Horwich Rmi Harriers	18:36	2	Dot Fellows	L60	2 Cannock & Stafford AC	22:14
3	Jane Pidgeon	L45	3 Notts AC	19:23	3	Pauline Rich	L60	3 Serpentine RC	22:56
4	Andrea Dennison	L45	4 Bingley Harriers & AC	19:27	<b>BMAF 5k - Ladies aged 70 to 75</b>				
5	Susie Tawney	L45	5 Leamington C & AC	20:00	1	June Johnson	L65	1 Leamington C & AC	23:21
6	Tracey Gibson	L45	6 Wold Vets RC	21:16	2	Brenda Robinson	L65	2 Rochdale Harriers	26:35
7	Gillian Neal	L45	7 Rotherham H & AC	25:46	<b>BMAF 5k - Ladies over 70</b>				
<b>BMAF 5k - Ladies aged 50 to 55</b>				<b>BMAF 5k - Ladies over 70</b>					
Pos	Name	Cat/Pos	Club	Time	Pos	Name	Cat/Pos	Club	Time
1	Sue Beconsall	L50	1 Bingley Harriers & AC	18:32	1	Lola Smal	L75	1 Horwich Rmi Harriers	32:52
2	Gail Duckworth	L50	2 Leighton Buzzard AC	18:41	2	Sheila M.symonds	L75	2 Brodysynni AC	39:48
3	Lynne Whitaker	L50	3 Romsey Road Runners	20:07					
4	Paula Fisher	L50	4 Rotherham H & AC	21:13					
5	Diane Farmer	L50	5 Marshall Milton Keynes	21:17					
6	Denise Johnson	L50	6 Baildon Runners	21:50					

## BMAF 5k - Ladies aged 35 to 44 — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1 Hallamshire Harriers	17 —	2 Chaanah Patton	7 Joanna Seymour	8 Pippa Wilkie
2 Ilkley Harriers	26 —	5 Sally Morley	10 Jane Bryant	11 Jann Smith

## BMAF 5k - Ladies aged 45 to 54 — TEAM RESULTS

**NOTE: Unattached and non-counters are DELETED before teams are calculated**

1 Wold Vets RC	21 —	1 Ellmore Daphne M	4 Tracey Gibson	16 Carol Hall
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## BMAF 5k - Ladies over 55 — TEAM RESULTS

No complete teams