

The BMAF 5k Road Race Championships at Horwich on Sunday 17th June 2012

BMAF 5k — FINAL RESULTS

Pos	Name	Cat/Pos	Club	Time
1	Chris Fell		Northern Vac	15:51
2	Lee Jones	V40 1	Unattached	15:59
3	Simon Wright	V45 1	Northern Vac	16:00
4	George Thompson	V55 1	Unattached	16:01
5	Charles Thomson	V45 2	Scottish Vac	16:02
6	Guy Bracken	V50 1	North East Vets	16:06
7	Stuart Doyle	V40 2	Northern Vac	16:07
8	Martin Bell	V40 3	Northern Vac	16:08
9	Darren Rowlands	V40 4	Welsh Master	16:20
10	Roger Alsop	V45 3	Northern Vac	16:22
11	Steve Hallas		Northern Vac	16:35
12	Aaron Keene	V45 4	Midland Mast	16:42
13	Stephen Bailey		Northern Vac	16:45
14	Christopher Smale	V45 5	Unattached	16:47
15	Stewart McDonald	V45 6	Northern Vac	16:49
16	Gary Matthews	V50 2	Unattached	16:50
17	Andy Gibbs	V50 3	Northern Vac	16:55
18	Simon Johnson	V45 7	Northern Vac	16:58
19	Russell Whittington	V40 5	Scottish Vac	17:00
20	Mike Deegan	V55 2	Northern Vac	17:08
21	Sarah Harris	L35 1	Midland Mast	17:15
22	Dean Furniss	V40 6	Northern Vac	17:17
23	Paul Payne	V40 7	Northern Vac	17:18
24	Andy Wilton	V50 4	Midland Mast	17:21
25	Alex Rowe	V55 3	Northern Vac	17:26
26	Peter Mallison	V40 8	Unattached	17:28
27	Russell Parkin	V45 8	Midland Mast	17:30
28	David Oxland	V60 1	Midland Mast	17:33
29	Fiona Matheson	L50 1	Scottish Vac	17:34
30	Andy Townsend	V45 9	Unattached	17:39
31	Martin Farran	V50 5	Northern Vac	17:48
32	James Simpson	V40 9	Northern Vac	17:50
33	Andrew Mayers	V40 10	Unattached	17:51
34	Kevin Newman	V55 4	Northern Vac	17:52
35	Tony Martin	V60 2	Scottish Vac	18:02
36	Graham Marsland	V40 11	Unattached	18:03
37	Phil Bullock		Midland Mast	18:04
38	Robert Fox	V50 6	Midland Mast	18:06
39	Trevor Rayner	V45 10	Northern Vac	18:11
40	Julie Briscoe	L35 2	Unattached	18:11
41	Bev Jenkins	L40 1	Northern Vac	18:13
42	Steven Doxey	V50 7	Northern Vac	18:22
43	John Chaplin	V55 5	Northern Vac	18:24
44	Louise Rudd	L35 3	Northern Vac	18:28
45	Peter Pyrah	V55 6	Northern Vac	18:29
46	Stewart Thorp	V60 3	Southern Counties	18:30
47	Martin Ford	V65 1	Midland Mast	18:35
48	Stephen Robinson	V50 8	Unattached	18:43
49	Shaun Jordan	V55 7	Unattached	18:45
50	Anne Buckley	L40 2	Northern Vac	18:52
51	Mick Page	V55 8	Northern Vac	18:56
52	Sharon Elder	L40 3	Southern Counties	18:56
53	Desmond Michael	V60 4	Southern Counties	18:58
54	Jacqui Thomson	L45 1	Scottish Vac	18:58
55	Gary Blackwell	V45 11	Unattached	19:06
56	Michelle Buckle	L35 4	Midland Mast	19:16
57	Neil Muir	V45 12	Unattached	19:20
58	Jayne Baldwin	L45 2	Northern Vac	19:24
59	Peter Young	V65 2	South West V	19:26
60	Francis Day	V60 5	Unattached	19:29
61	Jane Pidgeon	L45 3	Midland Mast	19:30
62	Barry Peatfield	V60 6	Northern Vac	19:33
63	Alan Newman	V55 9	Southern Counties	19:44
64	Gerry Bell	V60 7	Northern Vac	19:46
65	Ron McCullough	V65 3	Eastern VAC	19:50
66	Beth Massey	L40 4	Northern Vac	19:51
67	Geoff Newton	V65 4	Southern Counties	19:52
68	Paul Ross Davies	V60 8	Welsh Master	19:55
69	Andrew Dippie	V50 9	Midland Mast	19:55
70	Keith Donald	V55 10	Midland Mast	20:00
71	William Allan	V65 5	Northern Vac	20:06
72	Steph Spencer	L35 5	Midland Mast	20:08
73	Julia Armstrong	L50 2	Southern Counties	20:10
74	Peter Hall	V70 1	Northern Vac	20:11
75	Claire O'Connor	L35 6	Northern Vac	20:13
76	Michelle Kruger	L40 5	Midland Mast	20:19
77	Keith Boardman	V50 10	Northern Vac	20:28
78	John Batchelor	V70 2	Southern Counties	20:32
79	David Spencer	V50 11	Midland Mast	20:35
80	David Beattie	V60 9	Southern Counties	20:42
81	Diane Farmer	L50 3	Eastern VAC	20:45
82	Jane Clarke	L40 6	Northern Vac	20:47
83	Janice Needham	L55 1	Northern Vac	20:54
84	Arnold Bradshaw	V60 10	Northern Vac	21:00
85	Ray Tran	V45 13	Unattached	21:02
86	Wendy Swift	L40 7	Midland Mast	21:04
87	Stewart Macdonald	V45 14	Northern Vac	21:08
88	Susan Cooper	L55 2	Northern Vac	21:09
89	Mike Cunningham	V65 6	Northern Vac	21:14
90	Billy Hargreaves	V65 7	Northern Vac	21:16
91	Ann Ford	L60 1	Midland Mast	21:17
92	Neil Robson	V65 8	Northern Vac	21:18
93	Jane Morley	L60 2	Northern Vac	21:19
94	Sue Ogilvie	L55 3	South West V	21:22
95	George Buckley	V70 3	Northern Vac	21:41
96	Jane Waterhouse	L55 4	Scottish Vac	21:45
97	Diane Hooper	L50 4	Unattached	21:45
98	Rachel Tweedie	L40 8	Unattached	21:50
99	James Lambe	V45 15	Unattached	21:54
100	Steve James	V70 4	Northern Vac	22:15
101	Geoffrey Beattie	V55 11	Northern Vac	22:26
102	Les Haynes	V65 9	Unattached	22:38
103	Christine Birch	L65 1	Welsh Master	22:39
104	Sue James	L60 3	Southern Counties	22:52
105	John Parker	V70 5	Unattached	23:05
106	David Spencer	V70 6	Northern Vac	23:08
107	Margaret Martin	L55 5	Unattached	23:11
108	Walter McCaskey	V75 1	Scottish Vac	23:14
109	Marion Smith	L55 6	Northern Vac	23:15
110	Edmond Simpson	V75 2	Veterans AC	23:21
111	Judith Boardman	L45 4	Northern Vac	23:23
112	Sidney Sacks	V70 7	Northern Vac	23:29
113	John Smithurst	V70 8	Northern Vac	23:31
114	Alan Peers	V70 9	Northern Vac	23:43
115	Barrie Roberts	V65 10	Welsh Master	23:50
116	Elaine Roper	L50 5	Unattached	23:50
117	R Harrison Jones	V75 3	Welsh Master	24:03
118	Paula Parkin	L45 5	Midland Mast	24:45
119	Carol Thomson	L40 9	Scottish Vac	25:00
120	Joe Park	V75 4	Northern Vac	25:34
121	Pauline Smith	L60 4	Unattached	26:05
122	Pamela Jones	L75 1	Southern Counties	26:33
123	James Rhodes	V70 10	Northern Vac	27:18
124	Grace Hough	L60 5	Midland Mast	29:06
125	Derek Howarth	V80 1	Northern Vac	31:54
126	Arthur Walsham	V80 2	Northern Vac	37:08

The BMAF 5k Road Race Championships at Horwich on Sunday 17th June 2012

BMAF 5k - Men — FINAL RESULTS

Pos	Name	Cat/Pos	Club	Time
1	Chris Fell		Northern Vac	15:51
2	Lee Jones	V40 1	Unattached	15:59
3	Simon Wright	V45 1	Northern Vac	16:00
4	George Thompson	V55 1	Unattached	16:01
5	Charles Thomson	V45 2	Scottish Vac	16:02
6	Guy Bracken	V50 1	North East Vets	16:06
7	Stuart Doyle	V40 2	Northern Vac	16:07
8	Martin Bell	V40 3	Northern Vac	16:08
9	Darren Rowlands	V40 4	Welsh Master	16:20
10	Roger Alsop	V45 3	Northern Vac	16:22
11	Steve Hallas		Northern Vac	16:35
12	Aaron Keene	V45 4	Midland Mast	16:42
13	Stephen Bailey		Northern Vac	16:45
14	Christopher Smale	V45 5	Unattached	16:47
15	Stewart McDonald	V45 6	Northern Vac	16:49
16	Gary Matthews	V50 2	Unattached	16:50
17	Andy Gibbs	V50 3	Northern Vac	16:55
18	Simon Johnson	V45 7	Northern Vac	16:58
19	Russell Whittington	V40 5	Scottish Vac	17:00
20	Mike Deegan	V55 2	Northern Vac	17:08
21	Dean Furniss	V40 6	Northern Vac	17:17
22	Paul Payne	V40 7	Northern Vac	17:18
23	Andy Wilton	V50 4	Midland Mast	17:21
24	Alex Rowe	V55 3	Northern Vac	17:26
25	Peter Mallison	V40 8	Unattached	17:28
26	Russell Parkin	V45 8	Midland Mast	17:30
27	David Oxland	V60 1	Midland Mast	17:33
28	Andy Townsend	V45 9	Unattached	17:39
29	Martin Farran	V50 5	Northern Vac	17:48
30	James Simpson	V40 9	Northern Vac	17:50
31	Andrew Mayers	V40 10	Unattached	17:51
32	Kevin Newman	V55 4	Northern Vac	17:52
33	Tony Martin	V60 2	Scottish Vac	18:02
34	Graham Marsland	V40 11	Unattached	18:03
35	Phil Bullock		Midland Mast	18:04
36	Robert Fox	V50 6	Midland Mast	18:06
37	Trevor Rayner	V45 10	Northern Vac	18:11
38	Steven Doxey	V50 7	Northern Vac	18:22
39	John Chaplin	V55 5	Northern Vac	18:24
40	Peter Pyrah	V55 6	Northern Vac	18:29
41	Stewart Thorp	V60 3	Southern Counties	18:30
42	Martin Ford	V65 1	Midland Mast	18:35
43	Stephen Robinson	V50 8	Unattached	18:43
44	Shaun Jordan	V55 7	Unattached	18:45
45	Mick Page	V55 8	Northern Vac	18:56
46	Desmond Michael	V60 4	Southern Counties	18:58
47	Gary Blackwell	V45 11	Unattached	19:06
48	Neil Muir	V45 12	Unattached	19:20
49	Peter Young	V65 2	South West V	19:26
50	Francis Day	V60 5	Unattached	19:29
51	Barry Peatfield	V60 6	Northern Vac	19:33
52	Alan Newman	V55 9	Southern Counties	19:44
53	Gerry Bell	V60 7	Northern Vac	19:46
54	Ron McCullough	V65 3	Eastern VAC	19:50
55	Geoff Newton	V65 4	Southern Counties	19:52
56	Paul Ross Davies	V60 8	Welsh Master	19:55
57	Andrew Dippie	V50 9	Midland Mast	19:55
58	Keith Donald	V55 10	Midland Mast	20:00
59	William Allan	V65 5	Northern Vac	20:06
60	Peter Hall	V70 1	Northern Vac	20:11
61	Keith Boardman	V50 10	Northern Vac	20:28
62	John Batchelor	V70 2	Southern Counties	20:32
63	David Spencer	V50 11	Midland Mast	20:35
64	David Beattie	V60 9	Southern Counties	20:42
65	Arnold Bradshaw	V60 10	Northern Vac	21:00
66	Ray Tran	V45 13	Unattached	21:02
67	Stewart Macdonald	V45 14	Northern Vac	21:08
68	Mike Cunningham	V65 6	Northern Vac	21:14
69	Billy Hargreaves	V65 7	Northern Vac	21:16
70	Neil Robson	V65 8	Northern Vac	21:18
71	George Buckley	V70 3	Northern Vac	21:41
72	James Lambe	V45 15	Unattached	21:54
73	Steve James	V70 4	Northern Vac	22:15
74	Geoffrey Beattie	V55 11	Northern Vac	22:26
75	Les Haynes	V65 9	Unattached	22:38
76	John Parker	V70 5	Unattached	23:05
77	David Spencer	V70 6	Northern Vac	23:08
78	Walter McCaskey	V75 1	Scottish Vac	23:14
79	Edmond Simpson	V75 2	Veterans AC	23:21
80	Sidney Sacks	V70 7	Northern Vac	23:29
81	John Smithurst	V70 8	Northern Vac	23:31
82	Alan Peers	V70 9	Northern Vac	23:43
83	Barrie Roberts	V65 10	Welsh Master	23:50
84	R Harrison Jones	V75 3	Welsh Master	24:03
85	Joe Park	V75 4	Northern Vac	25:34
86	James Rhodes	V70 10	Northern Vac	27:18
87	Derek Howarth	V80 1	Northern Vac	31:54
88	Arthur Walsham	V80 2	Northern Vac	37:08

BMAF 5k - Men aged 35 to 39

Pos	Name	Cat/Pos	Club	Time
1	Chris Fell		Northern Vac	15:51
2	Steve Hallas		Northern Vac	16:35
3	Stephen Bailey		Northern Vac	16:45
4	Phil Bullock		Midland Mast	18:04

BMAF 5k - Men aged 40 to 44

Pos	Name	Cat/Pos	Club	Time					
1	Lee Jones	V40 1	Unattached	15:59	7	Paul Payne	V40 7	Northern Vac	17:18
2	Stuart Doyle	V40 2	Northern Vac	16:07	8	Peter Mallison	V40 8	Unattached	17:28
3	Martin Bell	V40 3	Northern Vac	16:08	9	James Simpson	V40 9	Northern Vac	17:50
4	Darren Rowlands	V40 4	Welsh Master	16:20	10	Andrew Mayers	V40 10	Unattached	17:51
5	Russell Whittington	V40 5	Scottish Vac	17:00	11	Graham Marsland	V40 11	Unattached	18:03
6	Dean Furniss	V40 6	Northern Vac	17:17					

BMAF 5k - Men aged 45 to 49

Pos	Name	Cat/Pos	Club	Time					
1	Simon Wright	V45 1	Northern Vac	16:00	9	Andy Townsend	V45 9	Unattached	17:39
2	Charles Thomson	V45 2	Scottish Vac	16:02	10	Trevor Rayner	V45 10	Northern Vac	18:11
3	Roger Alsop	V45 3	Northern Vac	16:22	11	Gary Blackwell	V45 11	Unattached	19:06
4	Aaron Keene	V45 4	Midland Mast	16:42	12	Neil Muir	V45 12	Unattached	19:20
5	Christopher Smale	V45 5	Unattached	16:47	13	Ray Tran	V45 13	Unattached	21:02
6	Stewart McDonald	V45 6	Northern Vac	16:49	14	Stewart Macdonald	V45 14	Northern Vac	21:08
7	Simon Johnson	V45 7	Northern Vac	16:58	15	James Lambe	V45 15	Unattached	21:54
8	Russell Parkin	V45 8	Midland Mast	17:30					

BMAF 5k - Men aged 50 to 54

Pos	Name	Cat/Pos	Club	Time					
1	Guy Bracken	V50 1	North East Vets	16:06	7	Steven Doxey	V50 7	Northern Vac	18:22
2	Gary Matthews	V50 2	Unattached	16:50	8	Stephen Robinson	V50 8	Unattached	18:43
3	Andy Gibbs	V50 3	Northern Vac	16:55	9	Andrew Dippie	V50 9	Midland Mast	19:55
4	Andy Wilton	V50 4	Midland Mast	17:21	10	Keith Boardman	V50 10	Northern Vac	20:28
5	Martin Farran	V50 5	Northern Vac	17:48	11	David Spencer	V50 11	Midland Mast	20:35
6	Robert Fox	V50 6	Midland Mast	18:06					

BMAF 5k - Men aged 55 to 59

Pos	Name	Cat/Pos	Club	Time					
1	George Thompson	V55 1	Unattached	16:01	7	Shaun Jordan	V55 7	Unattached	18:45
2	Mike Deegan	V55 2	Northern Vac	17:08	8	Mick Page	V55 8	Northern Vac	18:56
3	Alex Rowe	V55 3	Northern Vac	17:26	9	Alan Newman	V55 9	Southern Counties	19:44
4	Kevin Newman	V55 4	Northern Vac	17:52	10	Keith Donald	V55 10	Midland Mast	20:00
5	John Chaplin	V55 5	Northern Vac	18:24	11	Geoffrey Beattie	V55 11	Northern Vac	22:26
6	Peter Pyrah	V55 6	Northern Vac	18:29					

BMAF 5k - Men aged 60 to 64

Pos	Name	Cat/Pos	Club	Time					
1	David Oxland	V60 1	Midland Mast	17:33	6	Barry Peatfield	V60 6	Northern Vac	19:33
2	Tony Martin	V60 2	Scottish Vac	18:02	7	Gerry Bell	V60 7	Northern Vac	19:46
3	Stewart Thorp	V60 3	Southern Counties	18:30	8	Paul Ross Davies	V60 8	Welsh Master	19:55
4	Desmond Michael	V60 4	Southern Counties	18:58	9	David Beattie	V60 9	Southern Counties	20:42
5	Francis Day	V60 5	Unattached	19:29	10	Arnold Bradshaw	V60 10	Northern Vac	21:00

BMAF 5k - Men aged 65 to 69

Pos	Name	Cat/Pos	Club	Time					
1	Martin Ford	V65 1	Midland Mast	18:35	6	Mike Cunningham	V65 6	Northern Vac	21:14
2	Peter Young	V65 2	South West V	19:26	7	Billy Hargreaves	V65 7	Northern Vac	21:16
3	Ron McCullough	V65 3	Eastern VAC	19:50	8	Neil Robson	V65 8	Northern Vac	21:18
4	Geoff Newton	V65 4	Southern Counties	19:52	9	Les Haynes	V65 9	Unattached	22:38
5	William Allan	V65 5	Northern Vac	20:06	10	Barrie Roberts	V65 10	Welsh Master	23:50

BMAF 5k - Men aged 70 to 74

Pos	Name	Cat/Pos	Club	Time					
1	Peter Hall	V70 1	Northern Vac	20:11	6	David Spencer	V70 6	Northern Vac	23:08
2	John Batchelor	V70 2	Southern Counties	20:32	7	Sidney Sacks	V70 7	Northern Vac	23:29
3	George Buckley	V70 3	Northern Vac	21:41	8	John Smithurst	V70 8	Northern Vac	23:31
4	Steve James	V70 4	Northern Vac	22:15	9	Alan Peers	V70 9	Northern Vac	23:43
5	John Parker	V70 5	Unattached	23:05	10	James Rhodes	V70 10	Northern Vac	27:18

BMAF 5k - Men over 75

Pos	Name	Cat/Pos	Club	Time					
1	Walter McCaskey	V75 1	Scottish Vac	23:14	4	Joe Park	V75 4	Northern Vac	25:34
2	Edmond Simpson	V75 2	Veterans AC	23:21	5	Derek Howarth	V80 1	Northern Vac	31:54
3	R Harrison Jones	V75 3	Welsh Master	24:03	6	Arthur Walsham	V80 2	Northern Vac	37:08

The BMAF 5k Road Race Championships at Horwich on Sunday 17th June 2012

BMAF 5k - Ladies — FINAL RESULTS

Pos	Name	Cat/Pos	Club	Time
1	Sarah Harris	L35 1	Midland Mast	17:15
2	Fiona Matheson	L50 1	Scottish Vac	17:34
3	Julie Briscoe	L35 2	Unattached	18:11
4	Bev Jenkins	L40 1	Northern Vac	18:13
5	Louise Rudd	L35 3	Northern Vac	18:28
6	Anne Buckley	L40 2	Northern Vac	18:52
7	Sharon Elder	L40 3	Southern Counties	18:56
8	Jacqui Thomson	L45 1	Scottish Vac	18:58
9	Michelle Buckle	L35 4	Midland Mast	19:16
10	Jayne Baldwin	L45 2	Northern Vac	19:24
11	Jane Pidgeon	L45 3	Midland Mast	19:30
12	Beth Massey	L40 4	Northern Vac	19:51
13	Steph Spencer	L35 5	Midland Mast	20:08
14	Julia Armstrong	L50 2	Southern Counties	20:10
15	Claire O'Connor	L35 6	Northern Vac	20:13
16	Michelle Kruger	L40 5	Midland Mast	20:19
17	Diane Farmer	L50 3	Eastern VAC	20:45
18	Jane Clarke	L40 6	Northern Vac	20:47
19	Janice Needham	L55 1	Northern Vac	20:54
20	Wendy Swift	L40 7	Midland Mast	21:04
21	Susan Cooper	L55 2	Northern Vac	21:09
22	Ann Ford	L60 1	Midland Mast	21:17
23	Jane Morley	L60 2	Northern Vac	21:19
24	Sue Ogilvie	L55 3	South West V	21:22
25	Jane Waterhouse	L55 4	Scottish Vac	21:45
26	Diane Hooper	L50 4	Unattached	21:45
27	Rachel Tweedie	L40 8	Unattached	21:50
28	Christine Birch	L65 1	Welsh Master	22:39
29	Sue James	L60 3	Southern Counties	22:52
30	Margaret Martin	L55 5	Unattached	23:11
31	Marion Smith	L55 6	Northern Vac	23:15
32	Judith Boardman	L45 4	Northern Vac	23:23
33	Elaine Roper	L50 5	Unattached	23:50
34	Paula Parkin	L45 5	Midland Mast	24:45
35	Carol Thomson	L40 9	Scottish Vac	25:00
36	Pauline Smith	L60 4	Unattached	26:05
37	Pamela Jones	L75 1	Southern Counties	26:33
38	Grace Hough	L60 5	Midland Mast	29:06

BMAF 5k - Ladies aged 35 to 39

Pos	Name	Cat/Pos	Club	Time
1	Sarah Harris	L35 1	Midland Mast	17:15
2	Julie Briscoe	L35 2	Unattached	18:11
3	Louise Rudd	L35 3	Northern Vac	18:28
4	Michelle Buckle	L35 4	Midland Mast	19:16
5	Steph Spencer	L35 5	Midland Mast	20:08
6	Claire O'Connor	L35 6	Northern Vac	20:13

BMAF 5k - Ladies aged 55 to 59

Pos	Name	Cat/Pos	Club	Time
1	Janice Needham	L55 1	Northern Vac	20:54
2	Susan Cooper	L55 2	Northern Vac	21:09
3	Sue Ogilvie	L55 3	South West V	21:22
4	Jane Waterhouse	L55 4	Scottish Vac	21:45
5	Margaret Martin	L55 5	Unattached	23:11
6	Marion Smith	L55 6	Northern Vac	23:15

BMAF 5k - Ladies aged 40 to 44

Pos	Name	Cat/Pos	Club	Time
1	Bev Jenkins	L40 1	Northern Vac	18:13
2	Anne Buckley	L40 2	Northern Vac	18:52
3	Sharon Elder	L40 3	Southern Counties	18:56
4	Beth Massey	L40 4	Northern Vac	19:51
5	Michelle Kruger	L40 5	Midland Mast	20:19
6	Jane Clarke	L40 6	Northern Vac	20:47
7	Wendy Swift	L40 7	Midland Mast	21:04
8	Rachel Tweedie	L40 8	Unattached	21:50
9	Carol Thomson	L40 9	Scottish Vac	25:00

BMAF 5k - Ladies aged 60 to 64

Pos	Name	Cat/Pos	Club	Time
1	Ann Ford	L60 1	Midland Mast	21:17
2	Jane Morley	L60 2	Northern Vac	21:19
3	Sue James	L60 3	Southern Counties	22:52
4	Pauline Smith	L60 4	Unattached	26:05
5	Grace Hough	L60 5	Midland Mast	29:06

BMAF 5k - Ladies aged 45 to 49

Pos	Name	Cat/Pos	Club	Time
1	Jacqui Thomson	L45 1	Scottish Vac	18:58
2	Jayne Baldwin	L45 2	Northern Vac	19:24
3	Jane Pidgeon	L45 3	Midland Mast	19:30
4	Judith Boardman	L45 4	Northern Vac	23:23
5	Paula Parkin	L45 5	Midland Mast	24:45

BMAF 5k - Ladies aged 65 to 69

Pos	Name	Cat/Pos	Club	Time
1	Christine Birch	L65 1	Welsh Master	22:39

BMAF 5k - Ladies aged 50 to 54

Pos	Name	Cat/Pos	Club	Time
1	Fiona Matheson	L50 1	Scottish Vac	17:34
2	Julia Armstrong	L50 2	Southern Counties	20:10
3	Diane Farmer	L50 3	Eastern VAC	20:45
4	Diane Hooper	L50 4	Unattached	21:45
5	Elaine Roper	L50 5	Unattached	23:50

BMAF 5k - Ladies over 70

Pos	Name	Cat/Pos	Club	Time
1	Pamela Jones	L75 1	Southern Counties	26:33