



Event	Age	EVAC(1)		MMAC(2)		SCVAC(3)		SWVAC(4)		VAC(5)		SVHC(6)		WMAA(7)		NMAC(8)		EVAC	282.0	271.5	553.5
3000m	M35	Simon Fell		James Douglas		Stuart Waterman				Philip Jones		Justin Carter		Lee Aherne		John Lloyd					
		9-38.84	6	9-03.93	8	10-37.53	3			11-03.80	2	10-11.18	4	9-33.91	7	9-40.54	5				
3000m	M50	James McMahan		Russell Parkin		Dean Angell		Mike Baddick		Carey Gray				Rob Sheen		Chris Ireland					
		9-55.57	8	10-11.76	4	10-08.95	5	10-48.61	3	12-26.67	2			10-06.83	6	10-02.86	7				
3000m	M60	John Skelton		David Oxland		Stewart Thorp				Michael Mann				Sandy Johnston		Michael Quinn					
		10-44.31	8	10-53.15	7	11-05.92	5			11-07.05	4			11-43.76	3	11-03.19	6				
Relay	M35	47.27	7	47.92	5	44.47	8			47.66	6			54.87	3	49.65	4				
	M50	1-00.46	5			57.71	7			58.91	6			53.46	8	1-03.91	4				
	M60	1-02.02	5	57.49	7	56.10	8			57.56	6			1-07.44	3	1-06.91	4				
	M70					59.85	8							1-01.94	7						
Discus	M35	Geoff Grinsted		Jason Cashmore		Richard Nash				Peter Wishart		Ian Smith		Peter Roberts		John Twiddle					
		26m31	4	20m55	2	31m18	6			23m58	3	27m19	5	33m63	7	33m98	8				
Discus	M50	David Burrell		John Moreland		Allan Leiper		Nicholas Walker				Ron Todd		David Stokes		Steve Linsell					
		36m20	6	44m77	8	39m04	7			33m51	2			35m42	5	33m77	3				
Long Jump	M35	Andre Sinclair-Linton		Donovan Davenport		Andrew Lewis		0.00		Nick Lauder		Eddie Mckenzie		Ioan Hughes		Stephen Thorpe					
		5m06	5	5m89	7	5m74	6			3m96	2	4m37	3	6m02	8	4m82	4				
Long Jump	M50	Richard Phelan		Albert Earle		Trevor Wade				Michael May		Ken Moncrieff		David Shields		Steve Linsell					
		4m91	8	4m76	6	4m23	3			2m96	2	4m24	4	4m26	5	4m77	7				
Pole Vault	M35	Bob Kingman		Derek Hateley		Richard Nash						Eddie Mckenzie		Alan Jefferies							
		4m20	8	3m20	7	2m00	4					2m50	6	2m20	5						
Pole Vault	M50	Richard Phelan		Terry Selway		Allan Leiper		Nicholas Walker		David Blunt		Ron Todd		David Stokes		Mark Johnson					
		3m10	5	2m70	2	3m30	7	3m00	4	3m00	3	3m20	6	2m30	1	4m40	8				
Shot	M60	Geoff Tyler		Barry Hawksworth		Duncan Talbot				Anthony Richards				Terry Lally		Barry Chapman					
		12m09	8	10m70	6	8m06	4			11m69	7			10m03	5	6m00	3				
Shot	M70	Jack Kee		Richard Jegou		Brian Harlick				Richard Bloom				Ian Bowles							
		9m04	6	9m97	7	8m46	5			6m13	4			10m47	8						
Javelin	M35	Geoff Grinsted		Jason Cashmore		Richard Nash						Justin Carter		Charles Northey		Stephen Thorpe					
		20m52	3	29m23	5	38m80	7					42m69	8	37m73	6	24m74	4				
Javelin	M50	David Burrell		Morris Fox		John Fenton		Nicholas Walker		Michael May		Ron Todd		Jonathan Powell		David Brown					
		41m74	6	40m27	5	42m85	8	36m19	3	8m69	1	26m47	2	42m33	7	36m84	4				
Javelin	M60	Geoff Tyler		Barry Hawksworth		Duncan Talbot		Ian Snow		Anthony Richards				John Davies		Barry Chapman					
		26m28	5	35m34	8	25m97	4	21m05	3	34m61	7			30m02	6	16m43	2				
Triple Jump	M35	Paul Harrison		Donovan Davenport		Keith Newton				Alwyn Lombaard				Ioan Hughes		Leeroy Golding					
		10m88	4	11m79	7	12m10	8			11m11	5			11m36	6	10m31	3				
Triple Jump	M50	Richard Phelan		Albert Earle		Gary Capon						Ron Todd		David Shields		Steve Linsell					
		10m28	7	10m01	4	10m04	5					10m15	6	9m25	3	10m65	8				
Shot	M35	Geoff Grinsted		Jason Cashmore		Richard Nash				Peter Wishart		Graham Porterfield		Peter Roberts		John Twiddle					
		9m27	4	8m69	3	9m29	5			8m15	2	11m43	7	10m55	6	11m96	8				
Shot	M50	David Burrell		Morris Fox		John Fenton		Nicholas Walker				Ken Moncrieff		David Stokes		David Brown					
		11m99	7	14m53	8	10m79	6	9m87	4			9m57	3	9m22	2	10m68	5				
High Jump	M35	Andre Sinclair-Linton		Dean Story		Keith Newton				Alwyn Lombaard		Eddie Mckenzie		Charles Northey		Stephen Thorpe					
		1m45	5	1m94	8	1m50	6			1m75	7	1m35	3	1m40	4	1m30	2				
High Jump	M50	Richard Phelan		Shaun Ainge		Gary Capon				David Blunt				Jonathan Powell		Steve Linsell					
		1m50	6	1m50	5	1m55	7			1m45	4			1m30	3	1m65	8				
High Jump	M60			Paul Askew		Duncan Talbot										Barry Chapman					
				1m40	8	1m40	7									1m00	6				
High Jump	M70			Tony Crocker		Roger Bruck															
				1m20	8	1m15	7														
Hammer	M35	Geoff Grinsted		Robert Careless		Richard Nash				Robert Allen		Graham Porterfield		Peter Roberts		John Twiddle					
		19m93	2	48m07	8	25m70	4			21m93	3	37m41	6	26m10	5	38m44	7				
Hammer	M50	David Burrell		Martin Roberts		Allan Leiper		Nicholas Walker				Ron Todd		David Stokes		Darren Gibson					





Event	Age	EVAC(1)		MMAC(2)		SCVAC(3)		SWVAC(4)		VAC(5)		SVHC(6)		WMAA(7)		NMAA(8)	
	W60	1-12.19	6	1-07.91	7	1-04.61	8							1-12.82	5		
Pole Vault	W35	Jemma Eastwood		Jacqueline Montgomery		Anna Ciolek											
		3m00	8			2m50	7							2m10	6		
Pole Vault	W50	Barbara Haughton		Ruth Bird		Sue Yeomans											
		1m70	6	1m90	7	2m60	8										
Shot	W35	Jemma Eastwood		Carol Parker		Louise Oliver		Sandra Campbell		Ruth Jansen		Fiona Davies					
		8m44	4	12m03	8	10m04	6		8m00	3				9m24	5	11m17	7
Shot	W50	Wendy Dunsford		Lorna Foster		Julie Wilson		Marilyn Blair		Kim Weir		Karen Llewellyn		Wendy Laing			
		7m54	4	9m47	6	9m87	7	5m51	3	5m48	2			9m07	5	10m09	8
Hammer	W35	Judith Jagger		Lynette Mckeown		Jacqueline Breslin		0.00		0.00		Cath Alford		Heidi Bradley			
		19m02	5	30m85	8	15m52	4							29m27	7	23m26	6
Hammer	W50	Wendy Dunsford		Marion Loveridge		Julie Wilson		0.00		Kim Weir		0.00		Karen Llewellyn		Hazel Barker	
		28m27	4	40m58	8	34m38	6			35m45	7			28m89	5	16m64	3
Long Jump	W35	Stacy McGivern		Emma Jayne		Kathryn Miles		0.00		Margaret Pope		0.00		Joanne Frost		Helen Goodwill	
		4m96	7	4m09	6	3m68	5							5m38	8	3m61	4
Long Jump	W50	Carole Filer		Lesley Willis		Teresa Eades		Marilyn Blair		0.00		0.00		Melanie Garland		Averil McClelland	
		4m42	7	4m07	6	4m04	5	3m15	3					3m47	4	4m57	8
Shot	W60	Shirley Quinn		Vivienne Kirkland		Susan Dassie								Renate Prells		Caroline Marler	
		7m89	7	6m13	4	8m18	8							7m25	5	7m73	6
Shot	W70	Trish Hill				Elizabeth Sissons								Iris Holder			
		7m11	7			8m91	8							5m21	6		
High Jump	W35	Stacy McGivern		Emma Jayne		Louise Oliver		Rachel Waters						Amanda Wale		Faye Holden	
		1m45	8	1m30	5	1m35	7			1m10	3			1m35	6	1m15	4
High Jump	W50	Carole Filer		Susan Frisby		Teresa Eades								Melanie Garland		Wendy Laing	
		1m20	4.5	1m25	6	1m30	7							1m20	4.5	1m40	8
High Jump	W60	Yvonne Newton		Sally Hine		Linda Ahmet								Eirian Arwyn			
		1m00	6	1m15	8	1m10	7							.95m	5		
Discus	W35	Judith Jagger		Carol Parker		Jacqueline Breslin								Cath Alford		Fiona Davies	
		25m06	7	36m33	8	19m07	5							18m97	4	23m29	6
Discus	W50	Wendy Dunsford		Ruth Bird		Julie Wilson		Kim Weir						Karen Llewellyn		Hazel Barker	
		20m84	5	24m72	7	27m50	8			13m86	3			21m19	6	19m25	4
Triple Jump	W35	Judith Jagger		Emma Jayne		Jacqueline Breslin								Anna Ciolek		Helen Goodwill	
		7m92	5	8m98	7	8m21	6							9m86	8	7m92	4
Triple Jump	W50	Barbara Haughton		Julie Rogers		Teresa Eades										Susan Richardson	
		6m39	5	8m30	7	8m89	8									8m09	6
Long jump	W60	Yvonne Newton		Sally Hine		Linda Ahmet		Rosamund Aylett						Eirian Arwyn			
		3m42	7	3m32	6	3m42	8			3m02	5			2m46	4		
Long jump	W70	Iris Hornsey				Elizabeth Sissons								Iris Holder			
		2m20	7			1m75	6							3m26	8		
Javelin	W35	Judith Jagger		Karen Addis		Louise Oliver								Cath Alford		Victoria Storey	
		22m26	5	26m98	7	25m96	6							13m02	4	29m66	8
Javelin	W50	Gaye Clarke		Ruth Bird		Julie Wilson		Marilyn Blair		Kim Weir				Karen Llewellyn		Wendy Laing	
		16m07	4	24m66	8	19m46	6	6m13	2	11m50	3			16m97	5	24m31	7
Javelin	W60	Shirley Quinn		Sally Hine		Susan Dassie								Renate Prells		Caroline Marler	
		17m20	8	11m80	5	14m28	6							9m45	4	15m32	7