

Rank	Race	Race Rank	Bib	Time	Name	Area Club	Gender	Age Group	Age	Age Grade	AG Cat Position	Points
	Race1=6km											
	Race2=8km											
1	2	8	40	27:49	Andrew Leach	EMAC	M	M50	54	88.94%	M50 - 1	60
2	2	2	27	27:06	Andrew Grant	NMAC	M	M45	48	86.89%	M45 - 1	59
3	2	35	77	31:24	Austin Soane	SCVAC	M	M60	64	86.05%	M60 - 1	58
4	2	5	25	27:18	Simon Baines	VAC	M	M45	47	85.57%	M45 - 2	57
5	2	24	59	29:22	Scott Smith-Bannister	SCVAC	M	M55	55	84.96%	M55 - 1	56
6	1	10	83	22:36	Dave Cox	VAC	M	M65	65	84.77%	M65 - 1	55
7	2	15	48	28:42	Tony Wright	SWVAC	M	M50	52	84.77%	M50 - 2	54
8	1	22	94	23:40	Mike Sheridan	SCVAC	M	M65	69	84.02%	M65 - 2	53
9	2	28	61	29:58	Stephen Watmough	NMAC	M	M55	56	83.98%	M55 - 2	52
10	2	36	72	31:27	Kevin Newman	NMAC	M	M60	61	83.60%	M60 - 2	51
11	1	14	82	22:56	David Butler	EMAC	M	M65	65	83.54%	M65 - 3	50
12	2	30	51	30:25	Steve Everett	NEMAA	M	M55	57	83.45%	M55 - 3	49
13	1	17	93	23:02	John Shapland	SWVAC	M	M65	65	83.18%	M65 - 4	48
14	2	39	69	32:13	Jonathan Haynes	EMAC	M	M60	63	83.11%	M60 - 3	47
15	1	24	88	23:44	Desmond Michael	SCVAC	M	M65	68	82.94%	M65 - 5	46
16	2	1	13	26:59	Paul Featherstone	MMAC	M	M40	41	82.62%	M40 - 1	45
17	2	23	43	29:14	Colin Palmer	MMAC	M	M50	51	82.54%	M50 - 3	44
18	2	4	12	27:15	Mike Burrett	NMAC	M	M40	42	82.45%	M40 - 2	43
19	2	19	38	29:02	Spencer Goodall	EMAC	M	M50	50	82.43%	M50 - 4	42
20	2	18	31	28:57	Andy Morgan-Lee	SWVAC	M	M45	49	82.00%	M45 - 3	41
21	1	43	103	25:33	Ron McCullough	EMAC	M	M70	73	81.80%	M70 - 1	40
22	2	12	32	28:20	Lance Nortcliff	SCVAC	M	M45	46	81.80%	M45 - 4	39
23	2	10	28	28:08	Steve Hobbs	VAC	M	M45	45	81.73%	M45 - 5	38
24	2	6	22	27:31	Colin Snook	SWVAC	M	M40	42	81.65%	M40 - 3	37
25	1	23	95	23:42	Stewart Thorp	SCVAC	M	M65	66	81.57%	M65 - 6	36
26	1	21	91	23:30	Stanley Owen	NMAC	M	M65	65	81.53%	M65 - 7	35
27	2	38	78	32:02	Peter Thompson	EMAC	M	M60	60	81.35%	M60 - 4	34
28	2	25	47	29:26	Paul Whear	SWVAC	M	M50	50	81.31%	M50 - 5	33
29	2	14	17	28:27	Richard Newsome	VAC	M	M40	44	80.19%	M40 - 4	32
30	2	32	46	30:58	Paul Spowage	EMAC	M	M50	54	79.89%	M50 - 6	31
31	2	3	1	27:10	Mathew Almond	MMAC	M	M35	37	79.82%	M35 - 1	30
32	2	16	20	28:44	Craig Sharp	SCVAC	M	M40	44	79.40%	M40 - 5	29
33	2	20	34	29:02	Paul Thompson	MMAC	M	M45	45	79.20%	M45 - 6	28
34	2	21	26	29:05	Steve Cooper	EMAC	M	M45	45	79.06%	M45 - 7	27
35	1	40	84	25:01	Arthur Daley	MMAC	M	M65	68	78.69%	M65 - 8	26
36	2	11	19	28:12	James Scott-Buccleuch	NMAC	M	M40	40	78.46%	M40 - 6	25
37	1	35	92	24:27	Mick Page	NMAC	M	M65	65	78.36%	M65 - 9	24
38	1	55	104	26:42	Malcolm Renyard	SWVAC	M	M70	73	78.28%	M70 - 2	23
39	1	37	90	24:43	Terry O'Neill	VAC	M	M65	66	78.22%	M65 - 10	22
40	1	44	100	25:43	John Exley	SCVAC	M	M70	70	78.17%	M70 - 3	21
41	2	40	53	32:30	Paul Jeggo	EMAC	M	M55	57	78.10%	M55 - 4	20
42	2	9	2	27:56	Alexander Betts	VAC	M	M35	38	78.09%	M35 - 2	19
43	1	57	99	26:53	Richard Bloom	VAC	M	M70	73	77.75%	M70 - 4	18

Rank	Race	Race Rank	Bib	Time	Name	Area Club	Gender	Age Group	Age	Age Grade	AG Cat Position	Points
.	Race1=6km											
.	Race2=8km											
44	2	22	23	29:09	Lee Taylor	EMAC	M	M40	43	77.67%	M40 - 7	17
45	2	7	7	27:39	Michael Joyeux	NEMAA	M	M35	35	77.65%	M35 - 3	16
46	1	39	87	24:56	John Hill	MMAC	M	M65	66	77.54%	M65 - 11	15
	2	26	18	29:36	Andrew Parmenter	EMAC	M	M40	44	77.08%	M40 - 8	0
	2	42	55	33:01	Stephen Paul	EMAC	M	M55	57	76.88%	M55 - 5	0
	2	45	56	33:39	Christopher Purse	EMAC	M	M55	59	76.76%	M55 - 6	0
47	1	52	97	26:31	Dave Beattie	SCVAC	M	M70	71	76.73%	M70 - 5	14
48	2	29	33	30:08	James Smith	SCVAC	M	M45	45	76.31%	M45 - 8	13
	1	46	86	25:52	Peter Harris	EMAC	M	M65	68	76.10%	M65 - 12	0
49	1	66	106	28:21	Phil Brennan	MMAC	M	M75	75	76.08%	M75 - 1	12
	2	13	9	28:26	Andrew Pickett	SCVAC	M	M35	36	75.86%	M35 - 4	0
50	2	43	54	33:14	Paul Johnson	SWVAC	M	M55	56	75.73%	M55 - 7	11
51	2	49	79	35:44	Des White	SWVAC	M	M60	64	75.62%	M60 - 5	10
52	2	34	29	31:13	Gavin Mackay	VAC	M	M45	48	75.43%	M45 - 9	9
53	1	56	102	26:47	Steve Herington	MMAC	M	M70	70	75.06%	M70 - 6	8
54	2	17	5	28:45	Oz Ellis	MMAC	M	M35	35	74.68%	M35 - 5	7
55	1	69	107	29:33	Michael Johnson	VAC	M	M75	76	74.28%	M75 - 2	6
	2	51	75	36:07	Charlie Ritchie	EMAC	M	M60	63	74.13%	M60 - 6	0
	2	50	67	35:51	William Haining	EMAC	M	M60	62	74.00%	M60 - 7	0
56	2	41	36	32:40	Marc Curtis	MMAC	M	M50	50	73.26%	M50 - 7	5
	2	27	8	29:49	Phil Martin	EMAC	M	M35	38	73.16%	M35 - 6	0
57	2	37	35	31:41	Graeme Thorpe	NEMAA	M	M45	45	72.57%	M45 - 10	4
	1	50	85	26:28	Peter Davis	EMAC	M	M65	65	72.39%	M65 - 13	0
58	2	33	14	31:07	Martin James	NMAC	M	M40	42	72.20%	M40 - 9	3
	1	67	105	28:38	Glyn Smith	EMAC	M	M70	72	71.98%	M70 - 7	0
59	2	47	39	34:27	Don Lawless	VAC	M	M50	54	71.82%	M50 - 8	2
	2	46	37	33:43	Darren Franks	VAC	M	M50	51	71.56%	M50 - 9	0
	2	31	4	30:27	Ian Debnam	EMAC	M	M35	36	70.83%	M35 - 7	0
	1	59	89	27:25	Alan Newman	SCVAC	M	M65	65	69.88%	M65 - 14	0
	2	54	74	37:46	Stephen Pretty	EMAC	M	M60	61	69.62%	M60 - 8	0
	2	55	71	38:46	Gerald Meah	EMAC	M	M60	61	67.82%	M60 - 9	0
	1	80	108	40:48	Richard Pitcairn-Knowles	VAC	M	M85	85	67.36%	M85 - 1	0
	2	52	45	36:54	Nigel Schofield	EMAC	M	M50	53	66.49%	M50 - 10	0
	2	48	11	34:33	Peter Bird	EMAC	M	M40	44	66.04%	M40 - 10	0
	2	44	15	33:35	Ben Jeffery	EMAC	M	M40	40	65.89%	M40 - 11	0
	2	53	41	37:21	Simon Morgan	EMAC	M	M50	50	64.08%	M50 - 11	0
	2	56	73	41:49	Clive Owen	EMAC	M	M60	60	62.32%	M60 - 10	0
	2	57	70	42:23	Robert Lands	EMAC	M	M60	60	61.49%	M60 - 11	0
	2	58	62	43:58	Paul Woodyatt	EMAC	M	M55	56	57.24%	M55 - 8	0
	2	59	68	47:40	Stephen Harvey	EMAC	M	M60	64	56.69%	M60 - 12	0
60	1	81	96	45:34	William Valentine	SWVAC	M	M65	69	43.64%	M65 - 15	1

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	Race1=6km												
1	1	60	172	27:31	Angela	Copson	MMAC	F	W70	71	90.22%	W70 - 1	60
2	1	51	166	26:29	Yuko	Gordon	EMAC	F	W65	67	88.59%	W65 - 1	59
3	1	11	137	22:42	Clare	Elms	VAC	F	W50	54	87.71%	W50 - 1	58
4	1	42	160	25:03	Lynda	Hembury	VAC	F	W60	62	87.64%	W60 - 1	57
5	1	62	165	27:36	Penny	Forse	SCVAC	F	W65	69	87.40%	W65 - 2	56
6	1	47	159	26:00	Anna	Garnier	VAC	F	W60	64	86.66%	W60 - 2	55
7	1	29	155	24:07	Carole	Page	NEMAA	F	W55	58	86.58%	W55 - 1	54
8	1	41	163	25:02	Caroline	Wheelhouse	NMAC	F	W60	60	85.51%	W60 - 3	53
9	1	32	154	24:11	Ange	Norris	VAC	F	W55	57	85.30%	W55 - 2	52
10	1	12	142	22:51	Susan	McDonald	VAC	F	W50	51	84.19%	W50 - 2	51
11	1	13	138	22:53	Sarah	Everitt	MMAC	F	W50	51	84.07%	W50 - 3	50
12	1	15	144	22:58	Karen	Rushton	SWVAC	F	W50	51	83.76%	W50 - 4	49
13	1	16	136	22:58	Katherine	Davis	NEMAA	F	W50	51	83.76%	W50 - 5	48
14	1	9	133	22:23	Jacqueline	Rockliffe	SWVAC	F	W45	48	83.14%	W45 - 1	47
15	1	33	156	24:14	Anne	Stewart-Power	VAC	F	W55	55	83.13%	W55 - 3	46
16	1	58	158	26:59	Sara Anne	Ellen	EMAC	F	W60	63	82.42%	W60 - 4	45
17	1	4	132	22:00	Kate	Rennie	SCVAC	F	W45	45	82.13%	W45 - 2	44
18	1	45	148	25:49	Penny	Barber	MMAC	F	W55	59	81.89%	W55 - 4	43
19	1	5	125	22:04	Jo	Andrews	EMAC	F	W45	45	81.88%	W45 - 3	42
20	1	1	120	21:24	Charlene	Jacobs-Conradie	EMAC	F	W40	40	81.46%	W40 - 1	41
21	1	30	134	24:10	Sara	Avery	NMAC	F	W50	53	81.44%	W50 - 6	40
22	1	38	147	24:55	Christine	Anthony	EMAC	F	W55	55	80.85%	W55 - 5	39
23	1	72	173	30:23	Anne	Dockery	EMAC	F	W70	70	80.54%	W70 - 2	38
24	1	2	111	21:32	Jessica	Franklin	VAC	F	W35	39	80.51%	W35 - 1	37
25	1	26	140	23:57	Jenny	Jeeves	MMAC	F	W50	51	80.32%	W50 - 7	36
26	1	6	121	22:09	Mary	James	SCVAC	F	W40	43	80.26%	W40 - 2	35
27	1	3	118	21:46	Kelly	Edwards	MMAC	F	W40	40	80.08%	W40 - 3	34
28	1	27	141	24:03	Clare	Jolliffe	MMAC	F	W50	51	79.99%	W50 - 8	33
29	1	7	122	22:13	Christine	Lathwell	EMAC	F	W40	42	79.44%	W40 - 4	32
30	1	68	168	28:49	Maggie	Statham	VAC	F	W65	65	79.24%	W65 - 3	31
31	1	19	130	23:12	Wendy	King	EMAC	F	W45	46	78.59%	W45 - 4	30
32	1	18	129	23:06	Veryan	Cranston	SWVAC	F	W45	45	78.22%	W45 - 5	29
33	1	48	153	26:05	Maureen	McCarthy	EMAC	F	W55	56	78.15%	W55 - 6	28
34	1	64	161	28:09	Jenny	Morgan	EMAC	F	W60	62	77.99%	W60 - 5	27
35	1	71	167	30:15	Sue	James	SCVAC	F	W65	67	77.56%	W65 - 4	26
36	1	25	126	23:45	Victoria	Carter	VAC	F	W45	47	77.53%	W45 - 6	25
	1	49	152	26:15	Elke	Hausler	EMAC	F	W55	55	76.74%	W55 - 7	0
37	1	75	174	33:19	Pauline	Rich	VAC	F	W70	73	76.73%	W70 - 3	24
38	1	54	151	26:35	Celia	Findlay	SCVAC	F	W55	56	76.68%	W55 - 8	23
39	1	34	128	24:17	Rachel	Coupe	MMAC	F	W45	48	76.64%	W45 - 7	22
	1	8	115	22:21	Rebecca	Luxton	EMAC	F	W35	36	76.61%	W35 - 2	0
	1	70	169	30:09	Lynn	Tanner	EMAC	F	W65	65	75.74%	W65 - 5	0
	1	20	119	23:29	Martha	Hall	EMAC	F	W40	42	75.16%	W40 - 5	0

Rank	Race	Race Rank	Bib	Time	Name	Area Club	Gender	Age Group	Age	Age Grade	AG Cat Position	Points
.	Race1=6km											
	1	53	143	26:31	Nicola Ranson	EMAC	F	W50	52	73.37%	W50 - 9	0
40	1	36	117	24:29	Carolyn Dooley	NMAC	F	W40	44	73.18%	W40 - 6	21
	1	61	145	27:34	Patricia Thomas	VAC	F	W50	54	72.23%	W50 - 10	0
41	1	73	164	30:58	Alison White	SWVAC	F	W60	63	71.82%	W60 - 6	20
42	1	31	113	24:11	Ruth Jones	SCVAC	F	W35	38	71.36%	W35 - 3	19
43	1	28	114	24:06	Maria Kowal	SCVAC	F	W35	36	71.05%	W35 - 4	18
	1	78	171	36:48	Lesley Bowcott	VAC	F	W70	74	70.52%	W70 - 4	0
	1	63	127	27:51	Samantha Collins-Shirley	EMAC	F	W45	45	64.88%	W45 - 8	0
44	1	65	112	28:19	Rose James	NMAC	F	W35	39	61.23%	W35 - 5	17
	1	79	170	40:03	Ann Bath	VAC	F	W70	70	61.10%	W70 - 5	0
	1	76	149	33:44	Anita Bond	EMAC	F	W55	56	60.43%	W55 - 9	0
	1	74	135	31:40	Eloise Bird	EMAC	F	W50	50	60.07%	W50 - 11	0
	1	77	146	35:45	Angela Underdown	EMAC	F	W50	52	54.42%	W50 - 12	0


TEAM SCORES

Team	Women	Men	Total	Rank
EMAC	381	368	749	1
VAC	436	258	694	2
SCVAC	221	365	586	3
MMAC	278	220	498	4
NMAC	131	292	423	5
SWVAC	145	258	403	6
NEMAA	102	69	171	7