

BMAF Track Field Championships 2019 - Birmingham

Saturday Track 10/08/2019

Position	Bib	Name	Age	Club/Country	Performance	W/S	Heat/Pool
Event 1T M70 1500 Metre Run							
Name							
Age							
Team							
Finals							
1	486	Malcolm Weir	M72	MMAC	5:34.21		
2	457	Mick Casey	M72	NMAC	5:43.87		
3	464	John Exley	M71	SCVAC	5:47.34		
4	456	Kenneth Bowman	M72	EMAC	5:54.68		
5	462	Mick Edwards	M71	MMAC	7:00.24		
Event 1T M75 1500 Metre Run							
Finals							
1	497	Peter Giles	M75	VAC	5:35.38		
2	507	Victor Shirley	M76	NMAC	5:58.09		
3	499	John Horton	M75	SWVAC	6:12.39		
Event 1T M80 1500 Metre Run							
Finals							
1	522	Doug Milsom	M80	VAC	7:09.81		
Event 1T M85 1500 Metre Run							
Finals							
1	525	Richard Pitcairn-Knowles	M86	VAC	9:45.67		
2	527	Brian Shave	M85	VAC	12:34.70		
Event 2T M65 1500 Metre Run							
Finals							
1	410	David Bedwell	M65	MMAC	5:12.70		
2	445	Stewart Thorp	M67	SCVAC	5:26.39		
3	435	David Oxland	M68	MMAC	5:33.00		
4	428	David Jones	M69	MMAC	5:57.84		
5	427	Ian Johnstone	M68	SVHC	6:00.52		
6	433	Alan Newman	M65	SCVAC	6:26.34		
7	418	Kevin Dillon	M65	NMAC	7:56.37		
Event 3T M60 1500 Metre Run							
Finals							
1	393	John Thomson	M61	SVHC	4:58.43		
2	401	Andrew Wetherill	M61	MMAC	4:59.46		
3	391	Steven Taylor	M60	NMAC	5:00.30		
4	333	Martyn Cole	M60	WMAA	5:05.22		
5	382	Peter Mountain	M62	SWVAC	5:08.02		
6	337	David Crossland	M61	SCVAC	5:14.28		
7	328	David Bowker	M60	EMAC	5:33.23		
8	402	Mark Williams	M60	WMAA	5:45.10		
9	403	Rob Wintemute	M62	SCVAC	5:51.92		
10	386	Colin Oxlade	M60	SCVAC	6:06.45		
11	362	Michael Kelly	M61	EMAC	6:30.92		
Event 4T M55 1500 Metre Run							
Finals							
1	278	Jonathan James	M55	SWVAC	4:33.96		
2	248	Rob Andrew	M56	MMAC	4:40.96		
3	271	Jonathan Grainger	M55	WMAA	4:43.05		
4	266	Andy Gannaway	M56	VAC	4:45.33		
5	256	Philip Coleman	M55	SCVAC	4:45.83		
6	292	Russell Parkin	M56	MMAC	4:46.52		
7	277	Chris Ireland	M59	NMAC	4:51.83		
8	299	Anthony Roper	M55	MMAC	4:54.64		
9	312	Jed Turner	M59	NMAC	5:12.77		
10	262	Steven Doxey	M59	NMAC	5:13.93		
11	308	Daniel Thorogood	M57	WMAA	5:15.65		
12	274	John Harris	M57	EMAC	5:17.42		
Event 5T M50 1500 Metre Run							
Finals							
1	236	Mark Symes	M50	SCVAC	4:29.75		
2	206	Alex Haines	M51	MMAC	4:36.85		
3	199	Ed Fazakerley	M50	NMAC	4:38.50		
4	178	David Blackman	M52	SCVAC	4:51.44		

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Position	Bib	Name	Age	Club/Country	Performance	W/S	Heat/Pool
5	189	Mark Champion	M51	SCVAC	4:59.26		
6	194	Malcolm Davies	M52	VAC	5:01.33		
7	240	Paul Watt	M54	SCVAC	5:45.68		
Event 6T M70 80 Short Hurdles							
Finals							
1	487	Tony Wells	M70	EMAC	15.56	-2.3	
2	485	Andrew Webb	M71	NEMAA	16.48	-2.3	
Event 6T M75 80 Short Hurdles							
Finals							
1	492	Barry Ferguson	M77	VAC	20.63	-2.3	
Event 6T M80 80 Short Hurdles							
Finals							
1	513	Tony Bowman	M83	NMAC	18.04	-2.3	
Event 7T W60 80 Short Hurdles							
Finals							
1	732	Jane Horder	W62	MMAC	13.72	-2.6	
2	723	Penny Butcher	W60	EMAC	16.04	-2.6	
Event 7T W65 80 Short Hurdles							
Finals							
1	751	Sally Hine	W69	MMAC	17.27	-2.6	
Event 8T W50 80 Short Hurdles							
Finals							
1	653	Janet Dickinson	W52	SWVAC	14.52	-0.4	
2	676	Jan Timberlake	W53	WMAA	16.68	-0.4	
3	673	Philippa Terry	W54	SCVAC	17.69	-0.4	
4	662	Wendy Lewis	W53	VAC	19.28	-0.4	
Event 8T W55 80 Short Hurdles							
Finals							
1	709	Julie Rogers	W55	MMAC	14.02	-0.4	
2	684	Gaye Clarke	W58	EMAC	15.48	-0.4	
Event 9T W40 80 Short Hurdles							
Finals							
1	598	Julie Tuck	W44	SVHC	13.35	-3.0	
2	569	Amanda Cook	W42	WMAA	13.58	-3.0	
3	578	Cicely Hunt	W40	SWVAC	14.82	-3.0	
Event 9T W45 80 Short Hurdles							
Finals							
1	643	Jo Wilding	W45	SCVAC	15.16	-3.0	
Event 10T M60 100 Short Hurdles							
Finals							
1	371	John Mayor	M61	EMAC	17.19	-1.6	
2	361	Tennyson James	M61	EMAC	17.62	-1.6	
3	374	Peadar McGing	M63	IRL	17.97	-1.6	
Event 11T W35 100 Short Hurdles							
Finals							
1	542	Nene Harrison	W38	SCVAC	17.38	0.3	
2	554	Dasha Newington	W35	NEMAA	21.93	0.3	
Event 11T M50 100 Short Hurdles							
Finals							
1	187	Paul Canning	M53	EMAC	17.67	-1.7	
2	211	Daniel Johnson	M50	SCVAC	21.06	-1.7	
Event 11T M55 100 Short Hurdles							
Finals							
1	287	Barrie Marsden	M55	SCVAC	15.00	-1.7	
2	264	Clarence Firstborn	M55	MMAC	15.09	-1.7	
3	255	Donald Brown	M55	MMAC	15.32	-1.7	

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Position	Bib	Name	Age	Club/Country	Performance	W/S	Heat/Pool
4	310	Neil Tunstall	M57	SWVAC	15.51	-1.7	
5	296	Glen Reddington	M56	SCVAC	16.66	-1.7	
6	306	Pete Stepney	M59	SCVAC	18.46	-1.7	

Event 12T M35 110 Short Hurdles

Finals							
1	29	Peter Irving	M36	OPEN	15.20	-3.1	
2	23	Greg Goodrem	M35	EMAC	16.82	-3.1	

Event 12T M45 110 Short Hurdles

Finals							
1	106	Joe Appiah	M48	SCVAC	15.48	-3.1	
2	163	Gary Smith	M48	EMAC	16.59	-3.1	
3	123	Peter Davey	M45	SCVAC	17.04	-3.1	
4	162	David Shortridge	M49	SCVAC	23.38	-3.1	

Event 13T W60-79 1500 Metre Run

Finals							
1	729	Anna Garnier	W64	VAC	6:02.67		
2	764	Angela Copson	W72	MMAC	6:03.17		
3	760	Avril Riddell	W65	VAC	6:33.01		
4	765	Anne Dockery	W71	SWVAC	6:42.00		
5	752	Sue James	W68	SCVAC	7:36.23		
6	766	Patricia Gallagher	W73	WMAA	7:55.94		
7	778	Betty Stracey	W79	EMAC	9:01.41		

Event 14T W50 1500 Metre Run

Finals							
1	663	Susan McDonald	W52	VAC	5:15.54		
2	654	Sarah Everitt	W52	WMAA	5:16.76		
3	659	Clare Jolliffe	W52	MMAC	5:23.44		

Event 14T W55 1500 Metre Run

Finals							
1	696	Anne Howie	W57	SVHC	5:24.29		
2	707	Jane Pidgeon	W55	MMAC	5:38.38		
3	689	Cathy Flitcroft	W55	NMAC	5:40.58		
4	710	Catkin Shelley	W55	VAC	5:42.27		
5	681	Julie Barclay	W56	SCVAC	5:50.24		

Event 15T W45 1500 Metre Run

Finals							
1	638	Lucie Tait-Harris	W46	MMAC	5:11.77		
2	621	Tracy Hinxman	W46	MMAC	5:17.25		
3	634	Ashling Smith	W47	IRL	5:20.41		
4	614	Susan Francis	W49	SCVAC	5:26.16		

Event 16T W35 1500 Metre Run

Finals							
1	559	Michelle Thompson	W38	NEMAA	5:38.44		
2	551	Rebecca Mills	W38	NMAC	5:53.78		

Event 16T W40 1500 Metre Run

Finals							
1	592	Elizabeth Renondeau	W40	NMAC	4:54.51		
2	580	Sally Judd	W44	SCVAC	4:55.84		
3	597	Helen Southcott	W40	SWVAC	5:07.29		
4	600	Caroline Warrington	W42	MMAC	5:15.60		
5	578	Cicely Hunt	W40	SWVAC	5:24.35		

Event 17T M45 1500 Metre Run

Finals							
1	118	Simon Coombes	M47	EMAC	4:18.83		
2	155	Jeff Prest	M46	NMAC	4:32.59		
3	136	Paul Jegou	M45	SCVAC	4:35.60		
4	108	Paul Barlow	M46	NMAC	4:36.59		
5	168	Jason Tilley	M47	MMAC	4:51.39		
6	164	Robert Stewart	M48	OPEN	4:57.94		

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Position	Bib	Name	Age	Club/Country	Performance	W/S	Heat/Pool
Event 18T M40 1500 Metre Run							
Finals							
1	63	Gary Crush	M41	EMAC	4:23.14		
2	84	Les Newell	M44	OPEN	4:23.16		
3	57	Andrew Cartwright	M43	NMAC	4:24.26		
4	69	Phil Gould	M41	MMAC	4:26.06		
5	68	Lee Garland	M44	WMAA	4:29.05		
6	58	Mike Chambers	M44	OPEN	4:29.33		
7	104	Chris Wood	M40	MMAC	4:30.20		
8	79	Edward Land	M40	WMAA	4:44.84		
---	78	Ronan Kearns	M41	IRL	DNF		
Event 19T M35 1500 Metre Run							
Finals							
1	33	Bruno Lima	M37	POR	4:09.68		
2	47	Colin Welsh	M36	SVHC	4:15.83		
3	19	Paul Coon	M37	NMAC	4:26.75		
4	32	Sion Lewis	M37	WMAA	4:28.48		
5	9	Stephen Brown	M38	SVHC	4:29.48		
---	18	Sam Coombes	M38	SCVAC	DNF		
Event 20T M60 100 Metre							
Preliminaries							
1	405	John Wright	M60	NMAC	12.52	Q	-0.6 2
2	352	Colin Gibbs	M60	MMAC	14.31	Q	0.1 1
3	390	Shane Sheridan	M60	IRL	12.79	Q	-0.6 2
4	367	Clem Leon	M63	SCVAC	14.32	Q	0.1 1
5	389	Kwei Sankofa	M60	SCVAC	12.83	q	-0.6 2
6	368	Martin Leyland	M62	SVHC	13.43	q	-0.6 2
7	396	Ian Turner	M61	VAC	14.12	q	-0.6 2
8	332	Phil Clayton	M61	MMAC	14.23	q	-0.6 2
9	345	Trevor Downward	M64	RSA	14.49		0.1 1
10	341	Adrian Day	M60	VAC	14.72		0.1 1
11	340	Roderick Davies	M62	WMAA	15.01		0.1 1
---	394	Terence Timmis	M60	EMAC	DNF		0.1 1
Event 21T M55 100 Metre							
Finals							
1	255	Donald Brown	M55	MMAC	12.08		2.0 2
2	254	Steve Beak	M55	SCVAC	12.38		2.0 2
3	313	Neil Vondy	M55	IOMVAC	12.56		2.0 2
4	285	Pat Logan	M59	VAC	12.58		2.0 2
5	281	Gary Leek	M58	SVHC	12.82		2.0 2
6	304	John Statham	M58	MMAC	12.84		2.0 2
7	270	Shaun Gittens	M57	OPEN	13.07		2.0 2
8	283	Mark Line	M56	NMAC	13.25		-1.5 1
9	296	Glen Reddington	M56	SCVAC	13.39		-1.5 1
10	317	Paul Williams	M57	WMAA	13.53		2.0 2
10	291	Dion Panambalana	M56	SCVAC	13.53		-1.5 1
12	286	Stuart Lynn	M59	NEMAA	13.67		-1.5 1
13	267	Adam Garel	M57	SCVAC	14.03		-1.5 1
Event 22T M45 100 Metre							
Preliminaries							
1	114	Jason Carty	M49	SCVAC	11.55	Q	2.0 2
2	173	Joshua Wood	M45	SCVAC	11.69	Q	0.5 1
3	106	Joe Appiah	M48	SCVAC	11.95	Q	2.0 2
4	150	Yinka Opaleye	M46	EMAC	12.26	Q	0.5 1
5	116	Mark Collins	M46	EMAC	11.98	q	2.0 2
6	110	Craig Beecham	M47	SCVAC	12.34	q	2.0 2
7	149	David Olusanya	M46	EMAC	12.51	q	2.0 2
8	146	Paul North	M45	MMAC	12.83	q	2.0 2
9	109	Ian Beard	M45	MMAC	12.95		0.5 1
10	144	James Morgan	M48	WMAA	13.27		0.5 1
11	140	Nick Lauder	M49	VAC	13.50		2.0 2
12	154	Steve Pethen	M48	SCVAC	14.01		0.5 1
---	131	Ciaran Harvey	M45	SCVAC	DNF		0.5 1

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Position	Bib	Name	Age	Club/Country	Performance	W/S	Heat/Pool
Event 23T W35 3000 Metre Race Walk							
Finals							
1	554	Dasha Newington	W35	NEMAA	21:45.39		
Event 23T W40 3000 Metre Race Walk							
Finals							
1	572	Carolyn Derbyshire	W41	MMAC	16:12.35		
2	571	Penelope Cummings	W43	VAC	16:33.24		
3	573	Emma Dyos	W44	VAC	16:52.69		
Event 23T W50 3000 Metre Race Walk							
Finals							
1	660	Wendy Kane	W51	MMAC	17:54.99		
2	648	Julie Bellfield	W50	MMAC	17:58.19		
3	649	Lynn Bellfield	W53	MMAC	19:14.26		
Event 23T W55 3000 Metre Race Walk							
Finals							
1	700	Rachel Lawless	W57	EMAC	18:56.94		
2	705	Lesley Morris	W59	VAC	20:46.88		
Event 23T W65 3000 Metre Race Walk							
Finals							
1	762	Karen Williams	W66	MMAC	22:20.08		
Event 23T M70 3000 Metre Race Walk							
Finals							
1	473	Roger Michell	M71	MMAC	18:06.69		
---	476	Ian Richards	M71	VAC	DQ		
Event 23T M75 3000 Metre Race Walk							
Finals							
1	510	Ron Stewart	M77	NEMAA	23:54.44		
Event 23T M80 3000 Metre Race Walk							
Finals							
1	522	Doug Milsom	M80	VAC	22:48.22		
Event 24T M45 3000 Metre Race Walk							
Finals							
1	161	Raymond Robinson	M45	NEMAA	18:56.92		
2	129	Garry Glave	M47	VAC	28:41.80		
Event 24T M50 3000 Metre Race Walk							
Finals							
1	176	David Annetts	M54	VAC	15:09.68		
Event 24T M55 3000 Metre Race Walk							
Finals							
1	280	Simon Le Mare	M57	EMAC	23:11.96		
Event 24T M60 3000 Metre Race Walk							
Finals							
1	322	Steve Allen	M63	EMAC	17:55.50		
2	356	Paul Hawkins	M63	MMAC	18:41.88		
---	377	Hardeep Minhas	M61	MMAC	DQ		
Finals							
1	114	Jason Carty	M49	SCVAC	11.26		-0.6
2	173	Joshua Wood	M45	SCVAC	11.64		-0.6
3	116	Mark Collins	M46	EMAC	11.87		-0.6
4	106	Joe Appiah	M48	SCVAC	12.03		-0.6
5	110	Craig Beecham	M47	SCVAC	12.17		-0.6
6	150	Yinka Opaleye	M46	EMAC	12.18		-0.6
7	149	David Olusanya	M46	EMAC	12.44		-0.6
8	146	Paul North	M45	MMAC	12.74		-0.6

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Position	Bib	Name	Age	Club/Country	Performance	W/S	Heat/Pool
Event 28T M80 200 Long Hurdles Finals							
1	513	Tony Bowman	M83	NMAC	48.63	-0.5	
Event 29T W50 300 Long Hurdles Finals							
1	653	Janet Dickinson	W52	SWVAC	52.01		
2	674	Lisa Thomas	W54	CAN	52.29		
3	675	Jane Thorogood	W53	WMAA	75.90		
Event 29T W55 300 Long Hurdles Finals							
1	709	Julie Rogers	W55	MMAC	53.13		
Event 29T W60 300 Long Hurdles Finals							
1	732	Jane Horder	W62	MMAC	52.41		
Event 30T M65 300 Long Hurdles Finals							
1	415	Ian Broadhurst	M65	WMAA	47.66		
2	452	Ian Willoughby	M65	MMAC	55.56		
3	444	Duncan Talbot	M65	SCVAC	60.55		
Event 30T M70 300 Long Hurdles Finals							
1	487	Tony Wells	M70	EMAC	56.50		
2	485	Andrew Webb	M71	NEMAA	61.53		
Event 31T M60 300 Long Hurdles Finals							
1	379	Anthony Mitchell	M60	SCVAC	49.40		
2	374	Peadar McGing	M63	IRL	50.05		
3	371	John Mayor	M61	EMAC	50.86		
4	361	Tennyson James	M61	EMAC	51.77		
5	359	Graham Howell	M61	SWVAC	52.23		
Event 32T W35 400 Long Hurdles Finals							
1	540	Nisha Desai	W35	NEMAA	63.21		
2	554	Dasha Newington	W35	NEMAA	1:32.13		
Event 32T W40 400 Long Hurdles Finals							
1	578	Cicely Hunt	W40	SWVAC	72.52		
2	582	Bea Lafreniere	W43	SCVAC	77.96		
Event 32T W45 400 Long Hurdles Finals							
1	643	Jo Wilding	W45	SCVAC	79.47		
2	605	Henrietta Anstey	W46	SWVAC	1:32.95		
Event 33T M55 400 Long Hurdles Finals							
1	310	Neil Tunstall	M57	SWVAC	64.32		
2	287	Barrie Marsden	M55	SCVAC	68.29		
3	296	Glen Reddington	M56	SCVAC	68.37		
4	258	Patrick Crossan	M56	NIMAA	69.95		
5	306	Pete Stepney	M59	SCVAC	71.50		
Event 34T M50 400 Long Hurdles Finals							
1	177	Peter Benedickter	M50	EMAC	63.14		
2	187	Paul Canning	M53	EMAC	67.50		
3	210	Adrian James	M54	MMAC	69.24		
4	221	Graham Moffatt	M51	MMAC	73.30		
5	237	Richard Timms	M51	NMAC	1:20.70		

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Position	Bib	Name	Age	Club/Country	Performance	W/S	Heat/Pool
Event 35T M40 400 Long Hurdles							
Finals							
1	101	Robert Tyson	M43	SCVAC	72.31		
Event 35T M45 400 Long Hurdles							
Finals							
1	125	Neal Edwards	M47	SWVAC	62.49		
2	123	Peter Davey	M45	SCVAC	69.76		
3	162	David Shortridge	M49	SCVAC	78.17		
Event 36T M35 400 Long Hurdles							
Finals							
1	29	Peter Irving	M36	OPEN	57.62		
2	21	George Gavriel	M37	EMAC	61.73		
3	23	Greg Goodrem	M35	EMAC	65.25		
Event 37T M75 100 Metre							
Finals							
1	509	James Smith	M75	SVHC	14.91	1.7	
2	501	Mel James	M75	WMAA	16.08	1.7	
3	492	Barry Ferguson	M77	VAC	17.08	1.7	
4	511	David Whittaker	M75	VAC	17.39	1.7	
Event 37T M80 100 Metre							
Finals							
1	513	Tony Bowman	M83	NMAC	16.31	1.7	
2	512	Geoffrey Bobb	M82	NMAC	16.71	1.7	
3	518	Colin Field	M83	SCVAC	21.54	1.7	
4	516	David Carney	M81	MMAC	21.57	1.7	
Event 38T M70 100 Metre							
Finals							
1	474	Victor Novell	M74	SCVAC	14.39	-1.2	
2	459	David Crouch	M70	SCVAC	14.42	-1.2	
3	461	Lawrie Dunn	M72	MMAC	15.08	-1.2	
4	458	Tom Clinton	M70	IRL	15.23	-1.2	
5	454	Jonathan Ashman	M70	VAC	17.82	-1.2	
Event 39T W70 100 Metre							
Finals							
1	770	Gill Millicheap	W70	MMAC	19.69	-1.0	
2	773	Mary Parker	W72	NMAC	25.19	-1.0	
3	769	Daphne Marler	W72	WMAA	25.96	-1.0	
Event 39T W75 100 Metre							
Finals							
1	776	Iris Holder	W78	WMAA	18.59	-1.0	
Event 39T W80 100 Metre							
Finals							
1	779	Dorothy Fraser	W82	WMAA	23.75	-1.0	
Event 40T W65 100 Metre							
Finals							
1	750	Helen Godsell	W65	SCVAC	14.78	-0.4	
2	751	Sally Hine	W69	MMAC	16.78	-0.4	
3	758	Anne Nelson	W67	VAC	17.57	-0.4	
Event 41T M65 100 Metre							
Finals							
1	407	Simon Barrett	M66	SCVAC	13.40	-0.4	
2	415	Ian Broadhurst	M65	WMAA	13.41	-0.4	
3	431	Peter Mould	M66	MMAC	13.81	-0.4	
4	423	Wally Franklyn	M66	SCVAC	13.95	-0.4	
5	419	Bob Douglas	M65	SVHC	14.15	-0.4	
6	450	Paul Wignall	M66	VAC	14.34	-0.4	
7	413	David Blunt	M66	VAC	15.39	-0.4	

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Event 42T W60 100 Metre							
Finals							
1	742	Joan Trimble	W64	SCVAC	15.16	0.2	
2	738	Angela Owen	W63	SCVAC	15.52	0.2	
3	745	Hilary West	W61	NMAC	16.70	0.2	
4	727	Sandra Francis	W62	OPEN	17.26	0.2	
5	728	Christine Fry	W63	SCVAC	17.69	0.2	
Event 43T W55 100 Metre							
Finals							
1	698	Kirstin King	W57	SCVAC	13.79	-1.4	
2	692	Melanie Garland	W56	WMAA	14.69	-1.4	
3	690	Eni Font Freide	W56	SCVAC	14.75	-1.4	
4	683	Angela Bryant	W58	WMAA	15.13	-1.4	
5	717	Elizabeth Welbourn	W59	EMAC	15.29	-1.4	
6	695	Paula Hine	W55	SWVAC	15.33	-1.4	
7	713	Clare St John-Coleman	W58	WMAA	16.08	-1.4	
8	712	Lyn Sole	W58	SCVAC	16.48	-1.4	
Event 44T W50 100 Metre							
Finals							
1	671	Juliet Sidney	W51	WMAA	14.15	-0.2	
2	670	Sharon Samuel	W54	WMAA	14.55	-0.2	
3	669	Deborah Ricci	W50	MMAC	14.78	-0.2	
---	677	Michele Wakefield	W53	SCVAC	DNF	-0.2	
Event 45T M50 100 Metre							
Finals							
1	220	Giuseppe Minetti	M50	SCVAC	11.83	-1.3	
2	243	Russell Whiting	M52	WMAA	12.28	-1.3	
3	247	Boguslaw Zelechowski	M52	POL	12.40	-1.3	
4	191	Kerry Courtenay-Robin	M53	EMAC	12.77	-1.3	
5	226	Wole Odele	M54	SCVAC	12.88	-1.3	
6	214	Conrad Kennedy	M51	NEMAA	12.91	-1.3	
Event 46T W45 100 Metre							
Finals							
1	633	Giare Skervin	W46	MMAC	13.07	2.6	2
2	631	Anita Saunders	W48	NMAC	13.28	2.6	2
3	640	Michelle Thomas	W47	WMAA	13.33	2.6	2
4	642	Leanne Wellings	W45	SCVAC	13.64	2.6	2
5	627	Kathryn Miles	W46	SCVAC	13.93	2.6	2
6	606	Lourdes Bradley	W45	NEMAA	14.29	-2.4	1
7	613	Sharon Dooley	W46	SCVAC	14.61	-2.4	1
8	625	Joanne McCauley	W45	NIMAA	14.69	-2.4	1
9	645	Popsie Wootten	W49	SCVAC	14.69	-2.4	1
10	622	Monika Jablkowska	W49	OPEN	14.84	2.6	2
11	623	Dawn Jones	W49	EMAC	15.07	-2.4	1
Event 47T W40 100 Metre							
Finals							
1	587	Sinead O'Regan	W40	IRL	13.13	-0.7	
2	565	Naana Adusei	W40	NMAC	13.18	-0.7	
3	568	Karen Burles	W42	SCVAC	13.31	-0.7	
4	569	Amanda Cook	W42	WMAA	14.05	-0.7	
5	593	Christine Sciberras	W42	MLT	14.20	-0.7	
6	583	Dawn Leek	W44	EMAC	14.48	-0.7	
7	579	Amy Jackson	W43	SCVAC	14.59	-0.7	
8	577	Carol Holt	W41	NMAC	14.72	-0.7	
Event 48T M40 100 Metre							
Finals							
1	97	Glen Scullion	M40	IRL	11.72	1.5	
2	93	Alan Robertson	M42	SVHC	11.76	1.5	
3	52	Michael Barough	M41	SCVAC	11.79	1.5	
4	76	Tamas Joo	M43	HUN	11.82	1.5	
5	89	Stuart Pearce	M42	WMAA	12.58	1.5	
6	91	Adam Richards-Gray	M42	SCVAC	12.90	1.5	

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Position	Bib	Name	Age	Club/Country	Performance	W/S	Heat/Pool
Event 49T W35 100 Metre							
Finals							
1	562	Michelle Watson	W36	SCVAC	13.10	-0.7	
2	533	Lisa Boland	W37	SCVAC	13.21	-0.7	
3	537	Gillian Cooke	W36	SVHC	13.30	-0.7	
4	541	Emily Fry	W36	SCVAC	13.45	-0.7	
5	550	Ali Mclellan	W36	WMAA	13.96	-0.7	
6	548	Cara Maker	W39	VAC	14.20	-0.7	
7	532	L.J. Beard	W35	MMAC	14.49	-0.7	
8	535	Sarah Cadji Pertsemli	W39	GRE	14.59	-0.7	
Event 50T M35 100 Metre							
Finals							
1	26	Mark Hanson	M38	SCVAC	11.46		0.4
2	45	Andrew Spour	M36	EMAC	11.46		0.4
3	25	Peter Hall	M39	MMAC	11.50		0.4
4	16	Seriashe Childs	M36	WMAA	11.72		0.4
5	36	Anthony Meikle	M36	OPEN	11.95		0.4
6	13	Matt Cave	M37	SWVAC	12.04		0.4
7	28	Panos Ioannou	M38	EMAC	12.08		0.4
8	6	Neil Barton	M39	SCVAC	12.56		0.4
9	2	Berenger Akue Assoumou	M38	VAC	12.61		0.4
Event 51T M50 400 Metre							
Preliminaries							
1	180	Dominic Bokor-Ingram	M51	SCVAC	56.27	Q	1
2	220	Giuseppe Minetti	M50	SCVAC	56.89	Q	2
3	235	Julian Smith	M50	EMAC	56.43	Q	1
4	201	Michael Gardiner	M51	MMAC	58.62	Q	2
5	210	Adrian James	M54	MMAC	56.83	q	1
6	226	Wole Odele	M54	SCVAC	58.23	q	1
7	178	David Blackman	M52	SCVAC	58.86	q	2
8	181	Shaun Bond	M52	MMAC	59.50	q	2
9	204	Leeroy Golding	M52	NMAC	59.89		1
10	205	Adrian Haines	M52	SCVAC	60.62		2
11	237	Richard Timms	M51	NMAC	63.04		2
12	228	Gavin Reeder	M51	NMAC	64.48		1
Event 52T M75 400 Metre							
Finals							
1	501	Mel James	M75	WMAA	1:27.98		
Event 52T M80 400 Metre							
Finals							
1	522	Doug Milsom	M80	VAC	1:29.43		
2	516	David Carney	M81	MMAC	1:42.65		
Event 52T M85 400 Metre							
Finals							
1	525	Richard Pitcairn-Knowles	M86	VAC	2:05.62		
Event 52T M90 400 Metre							
Finals							
1	530	Eric Shirley	M90	VAC	1:54.92		
Event 53T M70 400 Metre							
Finals							
1	480	David Spencer	M70	SCVAC	68.38		
2	469	Bruce Hendrie	M70	MMAC	71.01		
3	461	Lawrie Dunn	M72	MMAC	72.01		
4	467	James Harris	M71	NIMAA	73.29		
5	459	David Crouch	M70	SCVAC	75.32		
6	463	Albert Eland	M73	NMAC	75.36		
7	483	John Trory	M72	SCVAC	1:27.28		
Event 54T W60 400 Metre							
Finals							
1	745	Hilary West	W61	NMAC	75.75		

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Position	Bib	Name	Age	Club/Country	Performance	W/S	Heat/Pool
Event 54T W65 400 Metre Finals							
1	755	Caroline Marler	W68	NMAC	75.05		
Event 54T W80 400 Metre Finals							
1	781	Kathleen Stewart	W80	NEMAA	1:34.55		
Event 55T M65 400 Metre Finals							
1	407	Simon Barrett	M66	SCVAC	65.74		
2	419	Bob Douglas	M65	SVHC	66.07		
3	450	Paul Wignall	M66	VAC	66.66		
Event 56T M60 400 Metre Finals							
1	405	John Wright	M60	NMAC	58.69		2
2	389	Kwei Sankofa	M60	SCVAC	59.29		2
3	335	David Cooke	M64	SWVAC	62.54		2
4	373	Kieran McDonnell	M64	WMAA	63.46		2
5	369	David Marginson	M63	WMAA	64.25		2
6	329	Malcolm Bramhall	M60	EMAC	64.86		1
7	334	Callum Collins	M61	SWVAC	65.47		1
8	367	Clem Leon	M63	SCVAC	66.68		1
9	341	Adrian Day	M60	VAC	70.83		1
Event 57T W55 400 Metre Finals							
1	704	Virginia Mitchell	W56	SCVAC	65.36		
2	682	Tracy Bezance	W55	EMAC	66.26		
3	688	Jan Ellacott	W58	SWVAC	67.75		
4	685	Maggie Collingborn	W55	WMAA	1:21.57		
Event 58T M55 400 Metre Finals							
1	313	Neil Vondy	M55	IOMVAC	58.44		
2	254	Steve Beak	M55	SCVAC	58.51		
3	260	Brett Davis	M55	WMAA	60.94		
4	286	Stuart Lynn	M59	NEMAA	63.48		
Event 59T W50 400 Metre Finals							
1	674	Lisa Thomas	W54	CAN	66.80		
2	666	Jacqueline Musselwhite	W51	SCVAC	73.37		
3	677	Michele Wakefield	W53	SCVAC	79.73		
Event 60T W45 400 Metre Finals							
1	644	Sharon Wilkinson	W47	NMAC	61.86		2
2	611	Rachel Coupe	W48	MMAC	64.85		2
3	609	Yvette Clayton	W46	EMAC	65.34		2
4	643	Jo Wilding	W45	SCVAC	67.14		2
5	612	Helen Davies	W49	VAC	68.18		1
6	606	Lourdes Bradley	W45	NEMAA	68.52		2
7	613	Sharon Dooley	W46	SCVAC	70.17		2
8	622	Monika Jablkowska	W49	OPEN	70.30		1
9	625	Joanne McCauley	W45	NIMAA	70.96		1
10	605	Henrietta Anstey	W46	SWVAC	72.47		1
Event 61T M45 400 Metre Finals							
1	143	David Mendonca	M45	NMAC	52.05		
2	107	Steven Baldock	M49	SCVAC	55.49		
3	133	Richard Houchin	M49	MMAC	55.74		
4	115	Simon Ciaravella	M45	SCVAC	56.65		
5	130	Andrew Halliday	M45	NMAC	57.12		
6	162	David Shortridge	M49	SCVAC	61.31		
7	154	Steve Pethen	M48	SCVAC	65.27		

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Position	Bib	Name	Age	Club/Country	Performance	W/S	Heat/Pool
Event 62T W35 400 Metre Finals							
1	534	Natalie Bratt	W36	MMAC	65.29		
Event 62T W40 400 Metre Finals							
1	591	Annette Quaid	W41	IRL	60.01		
2	596	Claire Smith	W43	EMAC	62.74		
3	585	Stacy McGivern	W42	EMAC	63.96		
4	582	Bea Lafreniere	W43	SCVAC	66.19		
Event 63T M40 400 Metre Finals							
1	53	Adam Bellis	M42	SCVAC	53.23		
2	60	James Colclough	M40	OPEN	54.41		
3	79	Edward Land	M40	WMAA	62.06		
Event 64T M35 400 Metre Finals							
1	17	Andrew Clements	M36	SCVAC	53.08		
2	21	George Gavriel	M37	EMAC	55.07		
3	27	Paul Howard	M39	SCVAC	55.68		
4	13	Matt Cave	M37	SWVAC	56.22		
5	2	Berenger Akue Assoumou	M38	VAC	57.90		
6	19	Paul Coon	M37	NMAC	62.77		
Event 65T M50 400 Metre Finals							
1	180	Dominic Bokor-Ingram	M51	SCVAC	54.02		
2	201	Michael Gardiner	M51	MMAC	54.09		
3	235	Julian Smith	M50	EMAC	55.35		
4	226	Wole Odele	M54	SCVAC	57.42		
5	210	Adrian James	M54	MMAC	58.60		
6	181	Shaun Bond	M52	MMAC	63.12		
7	178	David Blackman	M52	SCVAC	63.17		
---	220	Giuseppe Minetti	M50	SCVAC	DNF		

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Position	Bib	Name	Age	Club/Country	Performance	W/S	Heat/Pool
Event 1F W35 Hammer Throw Finals							
1	549	Lucy Marshall	W37	MMAC	59.27m		
2	545	Bethan Lishman	W35	NMAC	42.68m		
3	553	Heather Nelson	W38	SCVAC	33.43m		
4	544	Melanie Lee	W39	NMAC	31.76m		
5	554	Dasha Newington	W35	NEMAA	19.56m		
Event 1F W40 Hammer Throw Finals							
1	581	Louise Kneen	W44	IOMVAC	29.72m		
Event 1F W45 Hammer Throw Finals							
1	639	Clare Taylor	W46	SWVAC	36.33m		
2	624	Sue Lawrence	W48	SCVAC	34.63m		
3	619	Sarah Hewitt	W45	SCVAC	29.53m		
4	626	Sarah Mcgrath	W46	EMAC	25.59m		
5	615	Hazel Gering	W46	EMAC	20.70m		
6	635	Joanna Sparkes	W47	SCVAC	18.74m		
Event 2F M35 Long Jump Finals							
1	6	Neil Barton	M39	SCVAC	6.31m	NWI	
2	31	Stephen Leek	M39	SVHC	5.39m	NWI	
3	19	Paul Coon	M37	NMAC	4.04m	NWI	
Event 2F M40 Long Jump Finals							
1	85	Robert North	M43	MMAC	5.73m	NWI	
2	101	Robert Tyson	M43	SCVAC	5.34m	NWI	
3	56	Stephen Buttler	M44	WMAA	5.10m	NWI	
Event 2F M45 Long Jump Finals							
1	110	Craig Beecham	M47	SCVAC	5.92m	NWI	
2	122	Donovan Davenport	M47	MMAC	5.77m	NWI	
3	145	Samuel Nash	M47	SCVAC	5.71m	NWI	
4	142	Ian McClung	M49	NIMAA	4.55m	NWI	
Event 3F W35 High Jump Finals							
1	557	Clare Ridd	W37	SCVAC	1.55m		
2	538	Stephanie Court	W35	SWVAC	1.45m		
3	554	Dasha Newington	W35	NEMAA	1.30m		
Event 3F W40 High Jump Finals							
1	584	Linzie Marsh	W43	SVHC	1.40m		
2	594	Rosalind Shuttleworth	W44	MMAC	1.30m		
Event 3F W45 High Jump Finals							
1	643	Jo Wilding	W45	SCVAC	1.35m		
2	625	Joanne McCauley	W45	NIMAA	1.25m		
Event 3F W50 High Jump Finals							
1	676	Jan Timberlake	W53	WMAA	1.21m		
Event 3F W55 High Jump Finals							
1	699	Wendy Laing	W56	NMAC	1.40m		
2	692	Melanie Garland	W56	WMAA	1.30m		
Event 4F M35 Javelin Throw Finals							
1	12	Sam Cater	M36	MMAC	42.10m		
2	31	Stephen Leek	M39	SVHC	36.89m		

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Position	Bib	Name	Age	Club/Country	Performance	W/S	Heat/Pool
Event 4F M40 Javelin Throw							
Finals							
1	90	Hannes Petzer	M41	MMAC	48.87m		
2	49	Simon Achurch	M44	EMAC	42.80m		
3	80	Graham Lay	M43	SCVAC	41.97m		
4	81	Ray Mckenna	M43	SCVAC	33.46m		
5	75	Stephen Hollis	M41	MMAC	26.36m		
Event 4F M45 Javelin Throw							
Finals							
1	111	Simon Bennett	M46	SWVAC	49.66m		
2	138	Christopher Kent	M45	EMAC	41.54m		
3	153	Greg Pell	M46	NMAC	32.46m		
4	142	Ian McClung	M49	NIMAA	31.14m		
Event 5F W50 Hammer Throw							
Finals							
1	672	Janet Smith	W54	SCVAC	38.97m		
2	651	Jacquelyn Brett	W54	SWVAC	35.56m		
3	664	Deborah Montgomery	W53	SCVAC	33.86m		
4	656	Catriona Anne Gentleman	W51	NMAC	30.00m		
5	652	Tracey Brockbank	W54	SCVAC	28.69m		
Event 5F W55 Hammer Throw							
Finals							
1	697	Karen Jones	W58	SWVAC	37.40m		
2	719	Julie Wilson	W56	NMAC	32.45m		
3	691	Lorna Foster	W56	MMAC	30.63m		
4	701	Karen Llewellyn	W55	WMAA	27.58m		
5	687	Wendy Dunsford	W59	EMAC	26.17m		
6	684	Gaye Clarke	W58	EMAC	24.69m		
Event 6F M60 Discus Throw							
Finals							
1	380	John Moreland	M60	MMAC	50.47m		
2	320	David Abernethy	M63	NMAC	47.25m		
3	384	Kevin Murch	M60	MMAC	45.01m		
4	330	Robert Broadbridge	M60	SWVAC	43.62m		
5	325	Nick Barton	M60	SCVAC	43.13m		
6	355	Michael Hausler	M60	EMAC	40.27m		
7	346	Jacek Drzewiecki	M61	SCVAC	37.73m		
8	376	Quentin Mcquillan	M61	MMAC	32.51m		
9	387	Graeme Packman	M64	EMAC	32.35m		
Event 7F M50 Javelin Throw							
Finals							
1	192	Damian Crawford	M50	NIMAA	47.26m		
2	195	Denis Delany	M53	IRL	44.88m		
3	238	Martin Tucker	M52	WMAA	39.82m		
4	209	David Hunt	M51	VAC	30.89m		
5	197	Christopher Duncan	M52	NMAC	21.91m		
Event 7F M55 Javelin Throw							
Finals							
1	283	Mark Line	M56	NMAC	41.66m		
2	301	Stuart Ryan	M56	NEMAA	39.95m		
3	282	Allan Leiper	M59	SCVAC	39.42m		
4	275	Richard Howes	M57	NMAC	38.30m		
Event 8F M50 Long Jump							
Finals							
1	222	John Munroe	M50	SCVAC	5.49m		NWI
2	247	Boguslaw Zelechowski	M52	POL	J5.49m		NWI
3	223	Keith Newton	M50	SCVAC	5.28m		NWI
4	175	Ian Allen	M53	SWVAC	5.03m		-1.3
5	182	Philip Bowers	M51	EMAC	4.94m		NWI
6	242	Richard Weekes	M54	VAC	4.61m		NWI
7	228	Gavin Reeder	M51	NMAC	4.38m		0.9

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Position	Bib	Name	Age	Club/Country	Performance	W/S	Heat/Pool
Event 9F W35 Shot Put							
Finals							
1	542	Nene Harrison	W38	SCVAC	10.37m		
2	549	Lucy Marshall	W37	MMAC	10.25m		
3	560	Maria Townsend	W39	SWVAC	8.27m		
4	553	Heather Nelson	W38	SCVAC	7.60m		
5	545	Bethan Lishman	W35	NMAC	7.51m		
6	554	Dasha Newington	W35	NEMAA	6.14m		
Event 9F W45 Shot Put							
Finals							
1	617	Vanessa Hannam	W49	SCVAC	10.17m		
2	624	Sue Lawrence	W48	SCVAC	9.18m		
3	619	Sarah Hewitt	W45	SCVAC	8.80m		
4	626	Sarah Mcgrath	W46	EMAC	8.57m		
5	607	Amanda Broadhurst	W48	WMAA	7.52m		
6	631	Anita Saunders	W48	NMAC	6.59m		
7	615	Hazel Gering	W46	EMAC	6.31m		
8	635	Joanna Sparkes	W47	SCVAC	5.34m		
Event 10F M65 Discus Throw							
Finals							
1	451	John Wild	M67	NEMAA	35.48m		
2	453	Mark Wyndham-Jones	M68	EMAC	34.65m		
3	449	Geoff Ward	M66	WMAA	34.08m		
4	446	Peter Todd	M68	NMAC	33.78m		
5	440	Bunt Scott	M68	EMAC	33.20m		
6	432	Timothy Needham	M66	EMAC	29.52m		
7	422	Stephen Ford	M66	SCVAC	28.50m		
8	408	Kevin Bates	M67	EMAC	28.21m		
---	430	Derek Martin	M66	NMAC	FOUL		
Event 11F W60 Hammer Throw							
Finals							
1	737	Deborah Murch	W60	MMAC	35.64m		
2	743	Julie Wakelam	W60	MMAC	29.34m		
3	739	Renate Prells	W64	WMAA	27.39m		
4	724	Claire Cameron	W60	SVHC	26.00m		
5	731	Pat Higgins	W63	MMAC	23.17m		
6	741	Deborah Singleton	W60	VAC	22.80m		
7	735	Lucinda Moore-Fox	W62	IRL	22.25m		
8	740	Brenda Russell	W61	EMAC	22.10m		
9	721	Hazel Barker	W60	NMAC	20.65m		
10	726	Christine Elliott	W60	NEMAA	20.10m		
Event 11F W65 Hammer Throw							
Finals							
1	754	Barbara Macanas	W65	SCVAC	22.75m		
Event 11F W70 Hammer Throw							
Finals							
1	768	Rosemary Hutton	W72	SWVAC	22.59m		
Event 11F W75 Hammer Throw							
Finals							
1	777	Liz Sissons	W75	SCVAC	25.28m		
2	775	Patricia Hill	W78	EMAC	19.90m		
Event 11F W80 Hammer Throw							
Finals							
1	782	Evaun Williams	W81	SCVAC	36.53m		
2	780	Anne Martin	W83	EMAC	20.80m		
Event 11F W85 Hammer Throw							
Finals							
1	783	Rosemary Chrimess	W86	MMAC	19.40m		

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Position	Bib	Name	Age	Club/Country	Performance	W/S	Heat/Pool
Event 12F M55 Long Jump							
Finals							
1	272	Paul Guest	M58	SWVAC	5.43m		0.5
2	283	Mark Line	M56	NMAC	4.71m		1.4
3	295	Keith Powell	M58	WMAA	4.70m		0.3
4	315	Clifford Warren	M57	EMAC	4.69m		1.1
5	263	Alan Easey	M56	VAC	4.48m		+0.0
6	282	Allan Leiper	M59	SCVAC	4.40m		0.7
7	300	John Rowe	M58	MMAC	4.33m		+0.0
8	291	Dion Panambalana	M56	SCVAC	4.20m		0.5
Event 12F M65 Long Jump							
Finals							
1	413	David Blunt	M66	VAC	4.25m		1.3
2	441	Rashpal Singh	M67	MMAC	4.19m		0.9
3	443	John Spriggs	M67	EMAC	3.63m		0.7
4	438	Patrick Reynolds	M69	IRL	2.86m		+0.0
5	448	Dennis Wallington	M69	EMAC	2.04m		0.9
Event 13F W40 Shot Put							
Finals							
1	567	Marianne Berndt	W40	SCVAC	10.05m		
2	581	Louise Kneen	W44	IOMVAC	9.36m		
3	598	Julie Tuck	W44	SVHC	8.44m		
4	594	Rosalind Shuttleworth	W44	MMAC	8.27m		
Event 13F W50 Shot Put							
Finals							
1	651	Jacquelyn Brett	W54	SWVAC	9.60m		
2	664	Deborah Montgomery	W53	SCVAC	9.30m		
3	672	Janet Smith	W54	SCVAC	8.15m		
Event 13F W55 Shot Put							
Finals							
1	719	Julie Wilson	W56	NMAC	8.49m		
2	691	Lorna Foster	W56	MMAC	8.42m		
3	701	Karen Llewellyn	W55	WMAA	7.66m		
4	687	Wendy Dunsford	W59	EMAC	7.03m		
Event 14F W35 Pole Vault							
Finals							
1	554	Dasha Newington	W35	NEMAA	2.30m		
Event 14F W40 Pole Vault							
Finals							
1	574	Jemma Eastwood	W40	EMAC	3.15m		
2	586	Carine Muir	W42	SCVAC	2.30m		
Event 14F W45 Pole Vault							
Finals							
1	618	Melanie Hepke	W47	MMAC	2.40m		
Event 14F W50 Pole Vault							
Finals							
1	657	Irie Hill	W50	MMAC	3.30m		
2	668	Sandra Pedley	W54	EMAC	1.80m		
Event 14F W65 Pole Vault							
Finals							
1	763	Sue Yeomans	W66	SCVAC	2.50m		
Event 15F M45 Discus Throw							
Finals							
1	141	Stephen Mccauley	M45	SWVAC	40.15m		
2	165	Andrew Thomas	M47	SWVAC	35.54m		
3	153	Greg Pell	M46	NMAC	35.45m		
4	127	Andrew England	M47	NMAC	29.21m		
5	138	Christopher Kent	M45	EMAC	29.11m		
6	142	Ian McClung	M49	NIMAA	26.73m		

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Position	Bib	Name	Age	Club/Country	Performance	W/S	Heat/Pool
7	171	Gary Walter	M49	SCVAC	25.33m		
Event 16F M35 Discus Throw Finals							
1	46	James Taylor	M37	NMAC	45.14m		
2	12	Sam Cater	M36	MMAC	30.69m		
Event 16F M40 Discus Throw Finals							
1	102	Dan Upton	M43	NEMAA	36.11m		
2	80	Graham Lay	M43	SCVAC	35.18m		
3	100	Stuart Thurgood	M43	EMAC	34.34m		
4	90	Hannes Petzer	M41	MMAC	33.92m		
5	49	Simon Achurch	M44	EMAC	32.52m		
6	81	Ray Mckenna	M43	SCVAC	29.66m		
7	50	Ethar Alali	M42	NMAC	29.58m		
8	75	Stephen Hollis	M41	MMAC	23.19m		
Event 17F M60 Long Jump Finals							
1	372	Andy Mccrum	M60	SCVAC	5.12m	-1.3	
2	381	Barry Morris	M61	SCVAC	4.86m	-0.1	
3	366	Stephen Langford	M60	SCVAC	4.76m	-1.0	
4	398	Trevor Wade	M63	SCVAC	4.56m	0.7	
5	374	Peadar McGing	M63	IRL	4.28m	1.3	
6	367	Clem Leon	M63	SCVAC	4.14m	-1.5	
7	340	Roderick Davies	M62	WMAA	4.12m	-0.9	
Event 17F M70 Long Jump Finals							
1	472	Neal Mason	M72	MMAC	4.19m	+0.0	
Event 17F M75 Long Jump Finals							
1	509	James Smith	M75	SVHC	3.67m	-1.1	
2	505	Phil Rees	M78	WMAA	2.35m	+0.0	
Event 17F M80 Long Jump Finals							
1	514	Roger Bruck	M80	SCVAC	2.71m	-0.4	
2	517	Trevor Driver	M82	NMAC	2.50m	+0.0	
Event 18F W35 Weight Throw Finals							
1	549	Lucy Marshall	W37	MMAC	17.21m		
2	545	Bethan Lishman	W35	NMAC	10.66m		
3	554	Dasha Newington	W35	NEMAA	8.49m		
4	560	Maria Townsend	W39	SWVAC	5.99m		
Event 18F W40 Weight Throw Finals							
1	581	Louise Kneen	W44	IOMVAC	10.30m		
Event 18F W45 Weight Throw Finals							
1	624	Sue Lawrence	W48	SCVAC	10.43m		
2	619	Sarah Hewitt	W45	SCVAC	10.38m		
3	635	Joanna Sparkes	W47	SCVAC	6.14m		
Event 19F M50 Discus Throw Finals							
1	184	Kevin Brown	M54	MMAC	42.85m		
2	190	Gareth Cook	M50	SCVAC	39.51m		
3	192	Damian Crawford	M50	NIMAA	38.19m		
4	244	Perriss Wilkins	M51	MMAC	35.31m		
5	204	Leeroy Golding	M52	NMAC	30.91m		
6	229	Vito Ricci	M51	MMAC	29.78m		
7	195	Denis Delany	M53	IRL	29.60m		
8	246	Simon Wills	M54	MMAC	26.31m		

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Position	Bib	Name	Age	Club/Country	Performance	W/S	Heat/Pool
9	209	David Hunt	M51	VAC	25.04m		
10	197	Christopher Duncan	M52	NMAC	22.96m		
Event 20F M60 Javelin Throw							
Finals							
1	384	Kevin Murch	M60	MMAC	51.37m		
2	350	John Fenton	M62	SCVAC	42.88m		
3	365	Stephen Langdon	M61	SCVAC	41.37m		
4	355	Michael Hausler	M60	EMAC	35.24m		
5	325	Nick Barton	M60	SCVAC	35.22m		
Event 20F M65 Javelin Throw							
Finals							
1	446	Peter Todd	M68	NMAC	33.36m		
2	420	Joe Eastwood	M69	SCVAC	31.47m		
3	430	Derek Martin	M66	NMAC	31.21m		
4	449	Geoff Ward	M66	WMAA	28.07m		
5	440	Bunt Scott	M68	EMAC	26.04m		
6	438	Patrick Reynolds	M69	IRL	16.71m		
Event 21F W60 Shot Put							
Finals							
1	724	Claire Cameron	W60	SVHC	9.36m		
2	737	Deborah Murch	W60	MMAC	8.98m		
3	721	Hazel Barker	W60	NMAC	7.97m		
4	733	Sandra Ingham	W61	EMAC	7.22m		
5	735	Lucinda Moore-Fox	W62	IRL	7.14m		
6	739	Renate Prells	W64	WMAA	6.59m		
7	731	Pat Higgins	W63	MMAC	6.26m		
Event 21F W65 Shot Put							
Finals							
1	754	Barbara Macanas	W65	SCVAC	6.10m		
Event 21F W70 Shot Put							
Finals							
1	773	Mary Parker	W72	NMAC	4.22m		
Event 21F W75 Shot Put							
Finals							
1	777	Liz Sissons	W75	SCVAC	8.33m		
Event 21F W80 Shot Put							
Finals							
1	782	Evaun Williams	W81	SCVAC	9.45m		
2	780	Anne Martin	W83	EMAC	5.65m		
3	779	Dorothy Fraser	W82	WMAA	4.21m		
Event 21F W85 Shot Put							
Finals							
1	783	Rosemary Chrimes	W86	MMAC	7.08m		
Event 22F W35 Long Jump							
Finals							
1	537	Gillian Cooke	W36	SVHC	5.29m		1.6
2	541	Emily Fry	W36	SCVAC	5.11m		-1.9
3	563	Lynsie Whyke	W39	NMAC	4.75m		+0.0
4	548	Cara Maker	W39	VAC	4.50m		+0.0
Event 22F W40 Long Jump							
Finals							
1	585	Stacy McGivern	W42	EMAC	4.96m		1.9
2	598	Julie Tuck	W44	SVHC	4.89m		+0.0
3	593	Christine Sciberras	W42	MLT	4.70m		1.9
3	569	Amanda Cook	W42	WMAA	4.70m		-1.0

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Position	Bib	Name	Age	Club/Country	Performance	W/S	Heat/Pool
Event 23F M55 Discus Throw							
Finals							
1	251	Tim Atkin	M55	NMAC	40.06m		
2	301	Stuart Ryan	M56	NEMAA	37.61m		
3	265	Morris Fox	M56	MMAC	36.41m		
4	283	Mark Line	M56	NMAC	36.36m		
5	282	Allan Leiper	M59	SCVAC	34.92m		
6	250	Stephen Atkin	M57	NMAC	31.24m		
7	318	Peter Wishart	M59	VAC	31.02m		
8	314	Nicholas Walker	M55	SWVAC	31.01m		
9	275	Richard Howes	M57	NMAC	27.70m		
10	307	David Stokes	M57	WMAA	26.62m		
11	272	Paul Guest	M58	SWVAC	25.43m		
12	268	Jim Gillespie	M56	EMAC	24.15m		
Event 24F M70 Javelin Throw							
Finals							
1	477	Tony Richards	M70	VAC	32.93m		
2	468	Barry Hawksworth	M72	MMAC	32.38m		
3	460	Peter Daw	M74	SWVAC	28.03m		
4	455	Brian Bowley	M72	MMAC	22.76m		
Event 24F M75 Javelin Throw							
Finals							
1	502	David Kuester	M75	MMAC	25.58m		
2	500	Ian Humphries	M76	NEMAA	23.76m		
3	504	David Price	M79	MMAC	23.24m		
4	496	John Gilbert	M76	VAC	20.68m		
Event 24F M80 Javelin Throw							
Finals							
1	517	Trevor Driver	M82	NMAC	23.81m		
2	513	Tony Bowman	M83	NMAC	17.97m		
Event 25F W45 Long Jump							
Finals							
1	602	Joanne Abel	W46	EMAC	4.57m	1.7	
2	641	Caroline Warden	W46	NMAC	4.32m	-1.5	
3	631	Anita Saunders	W48	NMAC	4.13m	0.2	
4	625	Joanne McCauley	W45	NIMAA	4.06m	1.0	
Event 25F W50 Long Jump							
Finals							
1	653	Janet Dickinson	W52	SWVAC	4.63m	0.8	
2	679	Louise Wood	W52	SCVAC	4.45m	+0.0	
3	676	Jan Timberlake	W53	WMAA	4.26m	0.2	
Event 25F W55 Long Jump							
Finals							
1	718	Jo Willoughby	W55	MMAC	4.71m	+0.0	
2	692	Melanie Garland	W56	WMAA	4.48m	-1.4	
3	684	Gaye Clarke	W58	EMAC	3.76m	+0.0	
4	695	Paula Hine	W55	SWVAC	3.75m	1.0	
5	713	Clare St John-Coleman	W58	WMAA	3.53m	0.8	
6	712	Lyn Sole	W58	SCVAC	3.47m	1.5	
Event 26F W50 Weight Throw							
Finals							
1	672	Janet Smith	W54	SCVAC	13.42m		
2	651	Jacquelyn Brett	W54	SWVAC	10.93m		
3	656	Catriona Anne Gentleman	W51	NMAC	10.15m		
Event 26F W55 Weight Throw							
Finals							
1	697	Karen Jones	W58	SWVAC	11.33m		
2	719	Julie Wilson	W56	NMAC	10.84m		
3	691	Lorna Foster	W56	MMAC	9.50m		
4	687	Wendy Dunsford	W59	EMAC	7.55m		
5	701	Karen Llewellyn	W55	WMAA	7.43m		

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Position	Bib	Name	Age	Club/Country	Performance	W/S	Heat/Pool
Event 27F M70 Discus Throw							
Finals							
1	484	Geoff Tyler	M70	EMAC	41.39m		
2	465	Michael Ferne	M71	SCVAC	37.03m		
3	477	Tony Richards	M70	VAC	35.55m		
4	468	Barry Hawksworth	M72	MMAC	34.12m		
5	455	Brian Bowley	M72	MMAC	26.38m		
6	482	Peter Summerfield	M71	MMAC	25.49m		
Event 28F W60 Weight Throw							
Finals							
1	737	Deborah Murch	W60	MMAC	12.93m		
2	743	Julie Wakelam	W60	MMAC	11.33m		
3	724	Claire Cameron	W60	SVHC	11.08m		
4	721	Hazel Barker	W60	NMAC	9.94m		
5	739	Renate Prells	W64	WMAA	9.84m		
6	741	Deborah Singleton	W60	VAC	9.48m		
7	731	Pat Higgins	W63	MMAC	9.23m		
8	735	Lucinda Moore-Fox	W62	IRL	8.89m		
9	726	Christine Elliott	W60	NEMAA	8.85m		
10	740	Brenda Russell	W61	EMAC	7.63m		
Event 28F W65 Weight Throw							
Finals							
1	754	Barbara Macanas	W65	SCVAC	8.84m		
Event 28F W70 Weight Throw							
Finals							
1	768	Rosemary Hutton	W72	SWVAC	7.40m		
Event 28F W75 Weight Throw							
Finals							
1	777	Liz Sissons	W75	SCVAC	9.74m		
Event 28F W80 Weight Throw							
Finals							
1	780	Anne Martin	W83	EMAC	7.21m		
Event 29F W60 Long Jump							
Finals							
1	743	Julie Wakelam	W60	MMAC	3.54m	-1.4	
2	728	Christine Fry	W63	SCVAC	3.36m	1.6	
3	727	Sandra Francis	W62	OPEN	2.99m	1.9	
Event 29F W65 Long Jump							
Finals							
1	746	Lyn Ahmet	W67	SCVAC	3.15m	0.8	
2	751	Sally Hine	W69	MMAC	2.97m	+0.0	
Event 29F W70 Long Jump							
Finals							
1	769	Daphne Marler	W72	WMAA	1.81m	-0.7	
Event 29F W75 Long Jump							
Finals							
1	776	Iris Holder	W78	WMAA	2.67m	1.8	
Event 30F M75 Discus Throw							
Finals							
1	489	Ian Bowles	M75	WMAA	30.17m		
2	502	David Kuester	M75	MMAC	25.39m		
3	496	John Gilbert	M76	VAC	24.10m		
4	500	Ian Humphries	M76	NEMAA	23.21m		
5	508	James Sloan	M77	NMAC	22.41m		

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Position	Bib	Name	Age	Club/Country	Performance	W/S	Heat/Pool
Event 30F M80 Discus Throw							
Finals							
1	524	John Watts	M80	NMAC	35.67m		
2	517	Trevor Driver	M82	NMAC	19.37m		
3	513	Tony Bowman	M83	NMAC	18.63m		
Event 30F M90 Discus Throw							
Finals							
1	530	Eric Shirley	M90	VAC	13.87m		
2	529	James Farrar	M91	NMAC	9.83m		

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Position	Bib	Name	Age	Club/Country	Performance	W/S	Heat/Pool
W35 200 Metre							
Finals							
1	562	Michelle Watson	W36	SCVAC	26.73	-1.3	
2	533	Lisa Boland	W37	SCVAC	27.03	-1.3	
3	558	Heather Rose	W35	EMAC	27.05	-1.3	
4	550	Ali Mclellan	W36	WMAA	28.23	-1.3	
5	532	L.J. Beard	W35	MMAC	29.29	-1.3	
6	535	Sarah Cadji Pertsemli	W39	GRE	30.11	-1.3	
W40 200 Metre							
Finals							
1	565	Naana Adusei	W40	NMAC	26.96	0.5	
2	587	Sinead O'Regan	W40	IRL	27.39	0.5	
3	596	Claire Smith	W43	EMAC	27.56	0.5	
4	583	Dawn Leek	W44	EMAC	29.84	0.5	
5	577	Carol Holt	W41	NMAC	30.09	0.5	
W45 200 Metre							
Preliminaries							
1	633	Giare Skervin	W46	MMAC	27.95	Q	-0.8 1
2	640	Michelle Thomas	W47	WMAA	28.03	Q	0.6 2
3	631	Anita Saunders	W48	NMAC	28.12	Q	-0.8 1
4	644	Sharon Wilkinson	W47	NMAC	28.50	Q	0.6 2
5	642	Leanne Wellings	W45	SCVAC	29.01	q	-0.8 1
6	606	Lourdes Bradley	W45	NEMAA	29.21	q	0.6 2
7	643	Jo Wilding	W45	SCVAC	29.46	q	-0.8 1
8	645	Popsie Wootten	W49	SCVAC	29.67	q	-0.8 1
9	625	Joanne McCauley	W45	NIMAA	29.78		0.6 2
10	609	Yvette Clayton	W46	EMAC	29.82		0.6 2
11	627	Kathryn Miles	W46	SCVAC	29.85		0.6 2
12	613	Sharon Dooley	W46	SCVAC	30.44		-0.8 1
13	622	Monika Jablkowska	W49	OPEN	30.89		0.6 2
14	605	Henrietta Anstey	W46	SWVAC	31.27		-0.8 1
15	607	Amanda Broadhurst	W48	WMAA	31.60		-0.8 1
W45 200 Metre							
Finals							
1	631	Anita Saunders	W48	NMAC	27.49	-0.2	
2	640	Michelle Thomas	W47	WMAA	27.51	-0.2	
3	644	Sharon Wilkinson	W47	NMAC	27.67	-0.2	
4	633	Giare Skervin	W46	MMAC	28.21	-0.2	
5	642	Leanne Wellings	W45	SCVAC	28.90	-0.2	
6	606	Lourdes Bradley	W45	NEMAA	28.92	-0.2	
7	645	Popsie Wootten	W49	SCVAC	29.86	-0.2	
W50 200 Metre							
Finals							
1	653	Janet Dickinson	W52	SWVAC	28.37	-0.5	
2	667	Fiona Palmer	W51	MMAC	30.02	-0.5	
3	669	Deborah Ricci	W50	MMAC	30.56	-0.5	
4	670	Sharon Samuel	W54	WMAA	30.64	-0.5	
5	677	Michele Wakefield	W53	SCVAC	31.09	-0.5	
W55 200 Metre							
Finals							
1	698	Kirstin King	W57	SCVAC	28.93	1.2	
2	688	Jan Ellacott	W58	SWVAC	29.56	1.2	
3	692	Melanie Garland	W56	WMAA	30.65	1.2	
4	717	Elizabeth Welbourn	W59	EMAC	31.46	1.2	
5	683	Angela Bryant	W58	WMAA	31.98	1.2	
W60 200 Metre							
Finals							
1	742	Joan Trimble	W64	SCVAC	31.70	1.4	
2	738	Angela Owen	W63	SCVAC	32.44	1.4	
3	745	Hilary West	W61	NMAC	33.80	1.4	
4	727	Sandra Francis	W62	OPEN	37.06	1.4	

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Position	Bib	Name	Age	Club/Country	Performance	W/S	Heat/Pool
W65 200 Metre							
Finals							
1	750	Helen Godsell	W65	SCVAC	31.38	-1.3	
2	761	Joylyn Saunders-Mullins	W66	SCVAC	31.72	-1.3	
3	755	Caroline Marler	W68	NMAC	34.10	-1.3	
4	751	Sally Hine	W69	MMAC	36.40	-1.3	
5	758	Anne Nelson	W67	VAC	37.25	-1.3	
6	753	Judith Kelsall	W67	MMAC	38.04	-1.3	
W70 200 Metre							
Finals							
1	774	Moira West	W70	SCVAC	38.12	0.4	
2	770	Gill Millicheap	W70	MMAC	40.99	0.4	
W80 200 Metre							
Finals							
1	781	Kathleen Stewart	W80	NEMAA	40.77	0.4	
2	779	Dorothy Fraser	W82	WMAA	53.17	0.4	
M35 200 Metre							
Finals							
1	1 D	ebo Ademuyewo	M36	WMAA	22.84	0.1	
2	45	Andrew Spour	M36	EMAC	22.99	0.1	
3	34	Allan Mc Sween	M36	SCVAC	23.87	0.1	
4	22	John Gilding	M36	MMAC	23.91	0.1	
5	3	Aaron Andrew Aplin	M35	MMAC	24.46	0.1	
6	28	Panos Ioannou	M38	EMAC	24.86	0.1	
7	8	Adam Blackburn	M36	NMAC	25.69	0.1	
M40 200 Metre							
Finals							
1	93	Alan Robertson	M42	SVHC	23.75	1.0	
2	53	Adam Bellis	M42	SCVAC	23.97	1.0	
3	52	Michael Barough	M41	SCVAC	24.01	1.0	
4	97	Glen Scullion	M40	IRL	24.06	1.0	
M45 200 Metre							
Finals							
1	114	Jason Carty	M49	SCVAC	23.66	-0.8	
2	173	Joshua Wood	M45	SCVAC	24.53	-0.8	
3	110	Craig Beecham	M47	SCVAC	25.11	-0.8	
4	149	David Olusanya	M46	EMAC	25.22	-0.8	
5	150	Yinka Opaleye	M46	EMAC	25.53	-0.8	
6	140	Nick Lauder	M49	VAC	26.77	-0.8	
7	144	James Morgan	M48	WMAA	27.18	-0.8	
8	129	Garry Glave	M47	VAC	34.16	-0.8	
M50 200 Metre							
Finals							
1	220	Giuseppe Minetti	M50	SCVAC	24.36	1.2	
2	201	Michael Gardiner	M51	MMAC	24.47	1.2	
3	180	Dominic Bokor-Ingram	M51	SCVAC	24.87	1.2	
4	235	Julian Smith	M50	EMAC	25.00	1.2	
5	187	Paul Canning	M53	EMAC	25.26	1.2	
6	204	Leeroy Golding	M52	NMAC	26.96	1.2	
7	196	Douglas Dickson	M53	SVHC	28.43	1.2	
8	228	Gavin Reeder	M51	NMAC	28.59	1.2	
M55 200 Metre							
Finals							
1	255	Donald Brown	M55	MMAC	24.90	-1.8	2
2	254	Steve Beak	M55	SCVAC	25.90	-1.8	2
3	310	Neil Tunstall	M57	SWVAC	26.17	-1.8	2
4	285	Pat Logan	M59	VAC	26.58	-1.8	2
5	304	John Statham	M58	MMAC	26.81	-0.3	1
6	258	Patrick Crossan	M56	NIMAA	26.99	-1.8	2
7	286	Stuart Lynn	M59	NEMAA	27.25	-0.3	1
8	317	Paul Williams	M57	WMAA	27.26	-0.3	1
9	281	Gary Leek	M58	SVHC	27.36	-1.8	2

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Position	Bib	Name	Age	Club/Country	Performance	W/S	Heat/Pool
10	291	Dion Panambalana	M56	SCVAC	27.96	-0.3	1
11	267	Adam Garell	M57	SCVAC	28.85	-0.3	1

M60 200 Metre

8 Advance: Top 2 Each Heat plus Next 4 Best Times

Preliminaries

1	405	John Wright	M60	NMAC	25.40	Q	-1.3	1
2	390	Shane Sheridan	M60	IRL	26.54	Q	-1.3	2
3	372	Andy Mccrum	M60	SCVAC	27.28	Q	-1.3	2
4	368	Martin Leyland	M62	SVHC	27.62	Q	-1.3	1
5	396	Ian Turner	M61	VAC	28.10	q	-1.3	1
6	335	David Cooke	M64	SWVAC	28.33	q	-1.3	1
7	329	Malcolm Bramhall	M60	EMAC	29.20	q	-1.3	1
8	334	Callum Collins	M61	SWVAC	29.51	q	-1.3	2
9	367	Clem Leon	M63	SCVAC	29.74		-1.3	1
10	341	Adrian Day	M60	VAC	30.34		-1.3	2
11	340	Roderick Davies	M62	WMAA	31.10		-1.3	2
12	345	Trevor Downward	M64	RSA	31.29		-1.3	2

M60 200 Metre

Finals

1	405	John Wright	M60	NMAC	25.35		0.4	
2	390	Shane Sheridan	M60	IRL	26.48		0.4	
3	372	Andy Mccrum	M60	SCVAC	26.78		0.4	
4	368	Martin Leyland	M62	SVHC	27.77		0.4	
5	335	David Cooke	M64	SWVAC	28.08		0.4	
6	396	Ian Turner	M61	VAC	28.49		0.4	
7	334	Callum Collins	M61	SWVAC	29.49		0.4	

M65 200 Metre

Finals

1	415	Ian Broadhurst	M65	WMAA	27.13		-0.9	
2	407	Simon Barrett	M66	SCVAC	27.84		-0.9	
3	431	Peter Mould	M66	MMAC	28.93		-0.9	

M70 200 Metre

Finals

1	480	David Spencer	M70	SCVAC	29.58		0.3	
2	474	Victor Novell	M74	SCVAC	29.59		0.3	
3	459	David Crouch	M70	SCVAC	30.32		0.3	
4	458	Tom Clinton	M70	IRL	31.39		0.3	
5	470	Ian Jakeway	M73	NMAC	33.45		0.3	
6	483	John Trory	M72	SCVAC	38.29		0.3	

M75 200 Metre

Finals

1	509	James Smith	M75	SVHC	30.65		-0.4	
2	503	Laurence Oldfield	M75	MMAC	32.23		-0.4	
3	501	Mel James	M75	WMAA	33.79		-0.4	
4	511	David Whittaker	M75	VAC	37.33		-0.4	

M80 200 Metre

Finals

1	513	Tony Bowman	M83	NMAC	36.06		-0.1	
2	514	Roger Bruck	M80	SCVAC	39.76		-0.1	
3	516	David Carney	M81	MMAC	46.03		-0.1	

M85 200 Metre

Finals

1	525	Richard Pitcairn-Knowles	M86	VAC	51.23		-0.1	
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M90 200 Metre

Finals

1	530	Eric Shirley	M90	VAC	48.85		-0.1	
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W35 5000 Metre Run

Finals

1	543	Jenny Knass	W39	NMAC	18:55.09			
2	561	Rachel Vines	W37	MMAC	20:48.00			

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Position	Bib	Name	Age	Club/Country	Performance	W/S	Heat/Pool
3	551	Rebecca Mills	W38	NMAC	21:31.73		
W40 5000 Metre Run Finals							
1	589	Lisa Palmer-Blount	W42	MMAC	17:50.14		
W45 5000 Metre Run Finals							
1	638	Lucie Tait-Harris	W46	MMAC	18:04.96		
2	616	Sally Gray	W45	MMAC	19:56.40		
3	610	Caroline Cotterell	W49	SWVAC	21:05.27		
4	636	Lisa Staley	W48	MMAC	21:57.40		
W50 5000 Metre Run Finals							
1	663	Susan McDonald	W52	VAC	18:22.92		
2	659	Clare Jolliffe	W52	MMAC	19:33.20		
3	654	Sarah Everitt	W52	WMAA	19:38.95		
W55 5000 Metre Run Finals							
1	720	Caroline Wood	W56	SCVAC	20:41.89		
2	685	Maggie Collingborn	W55	WMAA	21:27.70		
3	694	Elke Hausler	W56	EMAC	21:45.23		
W60 5000 Metre Run Finals							
1	736	Kathryn Morton	W61	MMAC	22:40.67		
W70 5000 Metre Run Finals							
1	771	Margaret Moody	W70	VAC	23:38.63		
W35 2000 Metre Steeplechase Finals							
1	554	Dasha Newington	W35	NEMAA	11:57.30		
W40 2000 Metre Steeplechase Finals							
1	575	Jacqueline Etherington	W40	SVHC	7:49.63		
2	595	Elinor Skinner	W43	SCVAC	8:34.35		
W45 2000 Metre Steeplechase Finals							
1	629	Ana Ramos-Villaverde	W46	SCVAC	8:16.32		
W50 2000 Metre Steeplechase Finals							
1	674	Lisa Thomas	W54	CAN	8:08.38		
W55 2000 Metre Steeplechase Finals							
1	707	Jane Pidgeon	W55	MMAC	8:38.29		
2	716	Marise Taylor	W55	MMAC	11:01.86		
M60 2000 Metre Steeplechase Finals							
1	375	Duncan Mcgrory	M61	EMAC	7:45.93		
2	354	Mark Hargreaves	M62	SCVAC	8:02.06		
3	353	David Gill	M61	NMAC	8:22.73		
4	386	Colin Oxlade	M60	SCVAC	9:10.58		
5	374	Peadar McGing	M63	IRL	10:34.12		
M65 2000 Metre Steeplechase Finals							
1	424	Phil Harding	M66	SWVAC	9:30.56		

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Position	Bib	Name	Age	Club/Country	Performance	W/S	Heat/Pool
M75 2000 Metre Steeplechase							
Finals							
1	499	John Horton	M75	SWVAC	9:59.47		
M35 3000 Metre Steeplechase							
Finals							
1	4	Lee Athersmith	M37	NMAC	10:14.31		
2	15	Courtenay Chessell	M39	SWVAC	10:32.28		
3	20	Matthew Evans	M35	WMAA	10:38.90		
M40 3000 Metre Steeplechase							
Finals							
1	83	Steve Millward	M40	MMAC	10:15.26		
2	68	Lee Garland	M44	WMAA	10:56.90		
3	103	Tim White	M42	SWVAC	11:22.31		
M45 3000 Metre Steeplechase							
Finals							
1	113	Mark Bryant	M47	NMAC	10:55.62		
2	156	Grant Ramsay	M47	SVHC	12:25.14		
3	172	Martin Willis	M46	VAC	16:06.71		
M50 3000 Metre Steeplechase							
Finals							
1	221	Graham Moffatt	M51	MMAC	11:11.54		
2	211	Daniel Johnson	M50	SCVAC	11:33.20		
3	185	James Buchanan	M54	SVHC	11:54.10		
M55 3000 Metre Steeplechase							
Finals							
1	279	Tony Killilea	M55	VAC	12:14.37		
2	280	Simon Le Mare	M57	EMAC	12:37.41		
W35 5000 Metre Race Walk							
Finals							
1	554	Dasha Newington	W35	NEMAA	38:07.55		
W40 5000 Metre Race Walk							
Finals							
1	572	Carolyn Derbyshire	W41	MMAC	27:54.07		
W45 5000 Metre Race Walk							
Finals							
1	620	Harriet Hide	W49	SWVAC	28:34.24		
2	604	Silvana Alves	W47	OPEN	29:32.72		
M50 5000 Metre Race Walk							
Finals							
1	176	David Annetts	M54	VAC	24:46.71		
W50 5000 Metre Race Walk							
Finals							
1	648	Julie Bellfield	W50	MMAC	30:55.44		
2	649	Lynn Bellfield	W53	MMAC	33:03.93		
M55 5000 Metre Race Walk							
Finals							
---	280	Simon Le Mare	M57	EMAC	DNF		
W55 5000 Metre Race Walk							
Finals							
1	706	Carrie Oliver	W57	SWVAC	34:50.02		
M60 5000 Metre Race Walk							
Finals							
1	322	Steve Allen	M63	EMAC	30:27.05		
2	356	Paul Hawkins	M63	MMAC	32:00.71		
3	377	Hardeep Minhas	M61	MMAC	33:35.72		

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Position	Bib	Name	Age	Club/Country	Performance	W/S	Heat/Pool
W60 5000 Metre Race Walk							
Finals							
1	730	Lesley Hall	W63	SCVAC	33:02.06		
W65 5000 Metre Race Walk							
Finals							
1	747	Susan Barnett	W69	EMAC	33:24.35		
2	762	Karen Williams	W66	MMAC	38:36.91		
M70 5000 Metre Race Walk							
Finals							
1	476	Ian Richards	M71	VAC	26:13.94		
2	473	Roger Michell	M71	MMAC	30:39.22		
M75 5000 Metre Race Walk							
Finals							
1	510	Ron Stewart	M77	NEMAA	42:49.75		
Results - Track Sunday Afternoon							
W35 800 Metre Run							
Name							
Age Team Finals							
Finals							
1	536	Hayley Cargill	W37	VAC	2:25.07		
2	547	Fiona Maddocks	W38	SCVAC	2:26.29		
3	559	Michelle Thompson	W38	NEMAA	2:41.17		
4	539	Louisa Davidson	W39	MMAC	2:44.74		
W40 800 Metre Run							
Finals							
1	570	Karen Cudby	W43	EMAC	2:26.04		
2	597	Helen Southcott	W40	SWVAC	2:31.32		
3	588	Rebecca Palmer	W41	MMAC	2:38.66		
W45 800 Metre Run							
Finals							
1	638	Lucie Tait-Harris	W46	MMAC	2:22.56		
2	611	Rachel Coupe	W48	MMAC	2:24.09		
3	612	Helen Davies	W49	VAC	2:34.65		
4	618	Melanie Hepke	W47	MMAC	2:46.15		
W50 800 Metre Run							
Finals							
1	663	Susan McDonald	W52	VAC	2:36.56		
2	678	Lisa Webb	W53	VAC	2:36.63		
3	666	Jacqueline Musselwhite	W51	SCVAC	2:43.46		
4	650	Tracey Bosworth	W53	SWVAC	2:46.56		
W55 800 Metre Run							
Finals							
1	696	Anne Howie	W57	SVHC	2:41.08		
2	689	Cathy Flitcroft	W55	NMAC	2:44.61		
3	681	Julie Barclay	W56	SCVAC	2:52.07		
W60 800 Metre Run							
Finals							
1	734	Louise Jeffries	W60	SWVAC	2:48.46		
2	744	Carol Webb	W61	VAC	3:00.63		
W65 800 Metre Run							
Finals							
1	748	Elizabeth Bowers	W66	SVHC	3:14.17		
2	752	Sue James	W68	SCVAC	3:46.53		
W70 800 Metre Run							
Finals							
1	765	Anne Dockery	W71	SWVAC	3:24.16		
2	766	Patricia Gallagher	W73	WMAA	3:51.80		

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Position	Bib	Name	Age	Club/Country	Performance	W/S	Heat/Pool
W75 800 Metre Run							
Finals							
1	778	Betty Stracey	W79	EMAC	4:31.43		
W80 800 Metre Run							
Finals							
1	781	Kathleen Stewart	W80	NEMAA	4:04.16		
M35 800 Metre Run							
Finals							
1	47	Colin Welsh	M36	SVHC	2:04.26		
2	11	Luke Byrne	M36	SWVAC	2:05.74		
3	27	Paul Howard	M39	SCVAC	2:05.92		
4	37	Gabe Morris	M36	MMAC	2:07.89		
5	24	Daniel Halapciuc	M36	ROU	2:09.96		
6	9	Stephen Brown	M38	SVHC	2:10.30		
M40 800 Metre Run							
Finals							
1	72	Paul Harmer	M43	MMAC	2:04.62		
2	69	Phil Gould	M41	MMAC	2:04.71		
3	92	Glen Richardson	M40	EMAC	2:05.86		
4	94	Iain Robertson	M41	SVHC	2:06.47		
5	63	Gary Crush	M41	EMAC	2:07.46		
6	86	Stephen Orr	M44	NIMAA	2:09.51		
7	51	Doug Banks	M40	NMAC	2:13.72		
---	57	Andrew Cartwright	M43	NMAC	DNF		
---	78	Ronan Kearns	M41	IRL	DNF		
M45 800 Metre Run							
Finals							
1	169	Mike Toal	M48	NMAC	2:11.62		
2	147	Simon Oak	M46	NMAC	2:12.46		
3	136	Paul Jegou	M45	SCVAC	2:14.13		
4	134	Owen Hurcombe	M45	MMAC	2:14.95		
5	164	Robert Stewart	M48	OPEN	2:19.94		
M50 800 Metre Run							
Finals							
1	236	Mark Symes	M50	SCVAC	2:08.21		
2	206	Alex Haines	M51	MMAC	2:09.29		
3	178	David Blackman	M52	SCVAC	2:14.66		
4	194	Malcolm Davies	M52	VAC	2:23.74		
5	240	Paul Watt	M54	SCVAC	2:43.00		
6	203	Gareth George	M50	VAC	2:51.21		
---	205	Adrian Haines	M52	SCVAC	DNF		
M55 800 Metre Run							
Finals							
1	260	Brett Davis	M55	WMAA	2:18.78		
2	261	Norman De Bruin	M55	NEMAA	2:19.13		
3	292	Russell Parkin	M56	MMAC	2:19.38		
4	312	Jed Turner	M59	NMAC	2:19.62		
M60 800 Metre Run							
Finals							
1	393	John Thomson	M61	SVHC	2:23.07		
2	337	David Crossland	M61	SCVAC	2:24.43		
3	333	Martyn Cole	M60	WMAA	2:26.38		
4	382	Peter Mountain	M62	SWVAC	2:30.42		
5	364	Graham Lamb	M63	MMAC	2:46.89		
6	342	Alan Dolton	M62	SCVAC	3:04.26		
---	344	John Donaldson	M60	EMAC	DNF		
---	348	Dennis Edghill	M61	EMAC	DNF		
M65 800 Metre Run							
Finals							
1	435	David Oxland	M68	MMAC	2:36.57		
2	445	Stewart Thorp	M67	SCVAC	2:41.59		

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Position	Bib	Name	Age	Club/Country	Performance	W/S	Heat/Pool
3	428	David Jones	M69	MMAC	2:52.31		
4	409	Geoffrey Beattie	M67	NMAC	3:14.66		
5	418	Kevin Dillon	M65	NMAC	3:55.69		

M70 800 Metre Run

Finals

1	486	Malcolm Weir	M72	MMAC	2:47.34		
2	469	Bruce Hendrie	M70	MMAC	2:51.93		
3	457	Mick Casey	M72	NMAC	2:54.24		
4	479	Trevor Solomon	M70	VAC	2:56.53		
5	464	John Exley	M71	SCVAC	2:57.37		
6	478	Rod Scholes	M74	NMAC	2:57.81		
7	463	Albert Eland	M73	NMAC	3:09.99		
8	483	John Trory	M72	SCVAC	3:33.69		

M75 800 Metre Run

Finals

1	497	Peter Giles	M75	VAC	2:59.42		
2	493	Martin Ford	M75	MMAC	3:00.89		
3	491	Phil Brennan	M76	MMAC	3:13.44		
4	506	Barrie Roberts	M76	WMAA	3:33.20		

M80 800 Metre Run

Finals

1	522	Doug Milsom	M80	VAC	3:38.72		
2	516	David Carney	M81	MMAC	4:07.52		

M90 800 Metre Run

Finals

1	530	Eric Shirley	M90	VAC	4:47.98		
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M35 5000 Metre Run

Finals

1	44	Matt Risdien	M35	SCVAC	15:58.51		
2	30	Luc Jolly	M37	SCVAC	15:59.47		
3	19	Paul Coon	M37	NMAC	16:00.46		
4	40	Andrew Peat	M38	MMAC	16:07.55		
5	32	Sion Lewis	M37	WMAA	16:11.73		
6	38	Andrew Norton	M37	NMAC	17:27.27		
7	5	Tony Bacon	M36	EMAC	17:43.16		
---	7	Alexander Betts	M39	VAC	DNF		

M40 5000 Metre Run

Finals

1	96	James Scott-Buccleuch	M41	NMAC	16:23.02		
2	61	Mark Crabtree	M40	NMAC	16:33.23		

M45 5000 Metre Run

Finals

1	155	Jeff Prest	M46	NMAC	16:22.65		
2	158	Justin Reid	M49	NIMAA	16:53.27		
3	136	Paul Jegou	M45	SCVAC	17:28.08		
4	152	Garry Palmer	M48	MMAC	18:18.80		

M50 5000 Metre Run

Finals

1	174	Lee Aherne	M53	WMAA	16:29.65		
2	230	Julian Richardson	M52	OPEN	16:39.66		
3	208	Stephen Herring	M51	EMAC	16:41.91		
4	202	Paul Gaylor	M51	SCVAC	17:00.02		
5	213	Ian Johnston	M51	SVHC	17:09.53		
6	179	Matthew Bland	M52	EMAC	17:31.87		
7	200	Paul Flynn	M51	WMAA	18:08.74		

M55 5000 Metre Run

Finals

1	297	Ben Reynolds	M55	VAC	16:49.87		
2	311	Tony Tuohy	M57	VAC	17:21.53		
3	259	Alex Davidson	M57	OPEN	17:29.46		

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Position	Bib	Name	Age	Club/Country	Performance	W/S	Heat/Pool
4	257	Philip Cross	M56	VAC	19:31.09		
5	303	Steven Stanley	M57	EMAC	19:38.66		
6	290	Steve Oliver	M58	SWVAC	19:44.94		
7	262	Steven Doxey	M59	NMAC	19:53.57		

M60 5000 Metre Run

Finals							
1	399	Alastair Walker	M63	SVHC	16:55.16		
2	401	Andrew Wetherill	M61	MMAC	18:01.87		
3	358	Nick Holliday	M61	SWVAC	19:11.15		
4	392	Peter Thompson	M61	EMAC	20:30.05		
5	386	Colin Oxlade	M60	SCVAC	21:19.26		
6	404	Ian Wright	M63	SWVAC	22:32.81		

M65 5000 Metre Run

Finals							
1	414	Bob Bradbury	M66	SCVAC	18:32.81		
2	426	Derek Jackson	M68	MMAC	19:16.64		
3	445	Stewart Thorp	M67	SCVAC	19:46.81		
4	429	Geoff Kitching	M67	MMAC	22:33.08		

M70 5000 Metre Run

Finals							
1	486	Malcolm Weir	M72	MMAC	20:11.72		
2	457	Mick Casey	M72	NMAC	20:17.81		
3	464	John Exley	M71	SCVAC	21:05.72		

M75 5000 Metre Run

Finals							
1	497	Peter Giles	M75	VAC	20:28.76		
2	507	Victor Shirley	M76	NMAC	21:08.04		
3	493	Martin Ford	M75	MMAC	21:31.66		
4	491	Phil Brennan	M76	MMAC	23:07.77		

M80 5000 Metre Run

Finals							
1	522	Doug Milsom	M80	VAC	26:23.45		
2	519	Fred Gibbs	M81	NMAC	27:20.01		

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Position	Bib	Name	Age	Club/Country	Performance	W/S	Heat/Pool
M35 High Jump							
Finals							
1	23	Greg Goodrem	M35	EMAC	1.83m		
2	14	Owen Cheshier	M36	WMAA	1.80m		
3	42	Andrew Reeves	M37	MMAC	1.60m		
M40 High Jump							
Finals							
1	99	Brian Thompson	M44	SCVAC	1.75m		
M45 High Jump							
Finals							
1	151	Darren Otter	M45	NMAC	1.68m		
2	127	Andrew England	M47	NMAC	1.65m		
3	128	Ian Gidley	M48	MMAC	1.60m		
4	157	Vaughan Ramsay	M46	VAC	1.55m		
M50 High Jump							
Finals							
1	186	Mark Byron	M53	NEMAA	1.70m		
2	217	James Macgregor	M54	SVHC	1.60m		
3	175	Ian Allen	M53	SWVAC	1.50m		
---	197	Christopher Duncan	M52	NMAC	NH		
M55 High Jump							
Finals							
1	284	Steve Linsell	M55	NMAC	1.74m		
2	288	Paul Masterton	M58	SVHC	1.45m		
3	282	Allan Leiper	M59	SCVAC	1.45m		
4	272	Paul Guest	M58	SWVAC	1.40m		
M60 High Jump							
Finals							
1	374	Peadar McGing	M63	IRL	1.40m		
2	376	Quentin Mcquillan	M61	MMAC	1.35m		
3	323	Paul Askew	M64	MMAC	1.35m		
4	398	Trevor Wade	M63	SCVAC	1.25m		
4	367	Clem Leon	M63	SCVAC	1.25m		
M65 High Jump							
Finals							
1	413	David Blunt	M66	VAC	1.35m		
2	444	Duncan Talbot	M65	SCVAC	1.35m		
3	453	Mark Wyndham-Jones	M68	EMAC	1.30m		
4	441	Rashpal Singh	M67	MMAC	1.25m		
M70 High Jump							
Finals							
1	462	Mick Edwards	M71	MMAC	1.20m		
M75 High Jump							
Finals							
1	498	Mike Herring	M78	MMAC	1.05m		
2	505	Phil Rees	M78	WMAA	0.90m		
M80 High Jump							
Finals							
1	514	Roger Bruck	M80	SCVAC	1.20m		
2	517	Trevor Driver	M82	NMAC	1.05m		
M40 Pole Vault							
Finals							
1	71	Douglas Graham	M42	SVHC	4.20m		
2	95	James Robinson	M42	MMAC	4.00m		
3	88	Ian Parkinson	M40	SCVAC	3.80m		
M45 Pole Vault							
Finals							
1	160	Dean Robinson	M49	MMAC	3.50m		

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Position	Bib	Name	Age	Club/Country	Performance	W/S	Heat/Pool
M50 Pole Vault							
Finals							
1	212	Mark Johnson	M54	NMAC	4.00m		
2	207	Derek Hateley	M50	MMAC	3.30m		
M55 Pole Vault							
Finals							
1	309	Ron Todd	M57	SVHC	3.30m		
2	249	John Andrews	M56	SCVAC	3.30m		
3	293	Richard Phelan	M57	EMAC	3.00m		
4	263	Alan Easey	M56	VAC	2.80m		
5	314	Nicholas Walker	M55	SWVAC	2.70m		
6	306	Pete Stepney	M59	SCVAC	2.70m		
---	282	Allan Leiper	M59	SCVAC	NH		
---	283	Mark Line	M56	NMAC	NH		
---	295	Keith Powell	M58	WMAA	NH		
M60 Pole Vault							
Finals							
1	370	Wayne Martin	M60	SCVAC	2.60m		
2	331	Mark Burgman	M63	NED	2.40m		
M65 Pole Vault							
Finals							
1	413	David Blunt	M66	VAC	2.80m		
M70 Pole Vault							
Finals							
1	472	Neal Mason	M72	MMAC	3.00m		
M75 Pole Vault							
Finals							
1	490	John Bradley	M75	MMAC	1.70m		
2	498	Mike Herring	M78	MMAC	1.60m		
W35 Triple Jump							
Finals							
1	563	Lynsie Whyke	W39	NMAC	10.44m	+0.0	
2	552	Anne Moindrot	W36	FRA	9.81m	+0.0	
3	550	Ali Mclellan	W36	WMAA	9.43m	+0.0	
4	548	Cara Maker	W39	VAC	9.22m	+0.0	
5	554	Dasha Newington	W35	NEMAA	8.39m	-0.8	
W40 Triple Jump							
Finals							
1	593	Christine Sciberras	W42	MLT	9.48m	1.7	
2	569	Amanda Cook	W42	WMAA	9.48m	0.3	
W45 Triple Jump							
Finals							
1	602	Joanne Abel	W46	EMAC	9.92m	-0.8	
2	623	Dawn Jones	W49	EMAC	9.55m	+0.0	
3	607	Amanda Broadhurst	W48	WMAA	9.16m	+0.0	
4	641	Caroline Warden	W46	NMAC	8.82m	+0.0	
W50 Triple Jump							
Finals							
1	679	Louise Wood	W52	SCVAC	9.71m	+0.0	
2	673	Philippa Terry	W54	SCVAC	7.51m	+0.0	
W55 Triple Jump							
Finals							
1	718	Jo Willoughby	W55	MMAC	9.81m	+0.0	
2	692	Melanie Garland	W56	WMAA	9.43m	0.5	
3	713	Clare St John-Coleman	W58	WMAA	7.51m	+0.0	

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Position	Bib	Name	Age	Club/Country	Performance	W/S	Heat/Pool
W60 Triple Jump Finals							
1	743	Julie Wakelam	W60	MMAC	7.34m	-0.6	
W65 Triple Jump Finals							
1	746	Lyn Ahmet	W67	SCVAC	6.86m	+0.0	
2	751	Sally Hine	W69	MMAC	6.60m	0.7	
W70 Triple Jump Finals							
1	769	Daphne Marler	W72	WMAA	4.36m	+0.0	
W75 Triple Jump Finals							
1	776	Iris Holder	W78	WMAA	6.28m	+0.0	
M40 Triple Jump Finals							
1	77	Jevgeni Judin	M41	SWVAC	13.07m	NWI	
2	98	Grant Stirling	M44	SCVAC	12.34m	NWI	
M45 Triple Jump Finals							
1	122	Donovan Davenport	M47	MMAC	12.07m	NWI	
2	166	Darren Thomas	M47	SWVAC	11.84m	NWI	
3	110	Craig Beecham	M47	SCVAC	11.18m	NWI	
4	157	Vaughan Ramsay	M46	VAC	10.82m	NWI	
M50 Triple Jump Finals							
1	223	Keith Newton	M50	SCVAC	11.58m	1.6	
2	188	Neil Carrington	M50	EMAC	11.06m	0.7	
3	242	Richard Weekes	M54	VAC	10.35m	1.0	
4	183	Ian Bridgeman	M50	SCVAC	10.32m	-0.5	
5	182	Philip Bowers	M51	EMAC	10.21m	0.8	
6	232	Dave Roberts	M51	SCVAC	9.91m	+0.0	
M55 Triple Jump Finals							
1	252	John Barratt	M58	NMAC	10.58m	NWI	
2	315	Clifford Warren	M57	EMAC	9.88m	NWI	
3	302	David Shields	M58	WMAA	8.67m	NWI	
M60 Triple Jump Finals							
1	366	Stephen Langford	M60	SCVAC	10.22m	0.7	
2	381	Barry Morris	M61	SCVAC	10.05m	+0.0	
3	347	Albert Earle	M61	MMAC	9.80m	-0.1	
4	374	Peadar McGing	M63	IRL	9.39m	+0.0	
5	367	Clem Leon	M63	SCVAC	9.36m	+0.0	
6	385	David Murrie	M61	NMAC	8.84m	+0.0	
M65 Triple Jump Finals							
1	421	David Folgate	M68	EMAC	9.41m	-1.3	
2	413	David Blunt	M66	VAC	9.00m	+0.0	
3	443	John Spriggs	M67	EMAC	7.86m	+0.0	
4	408	Kevin Bates	M67	EMAC	7.62m	-0.8	
5	438	Patrick Reynolds	M69	IRL	6.39m	-0.9	
M70 Triple Jump Finals							
1	471	Per Kristian Lundby	M71	NOR	8.85m	-0.6	
2	454	Jonathan Ashman	M70	VAC	7.58m	-0.1	
M75 Triple Jump Finals							
1	505	Phil Rees	M78	WMAA	5.29m	-1.0	

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Position	Bib	Name	Age	Club/Country	Performance	W/S	Heat/Pool
M80 Triple Jump							
Finals							
1	513	Tony Bowman	M83	NMAC	7.19m	-0.2	
2	517	Trevor Driver	M82	NMAC	6.21m	-1.1	
M35 Shot Put							
Finals							
1	12	Sam Cater	M36	MMAC	10.03m		
M40 Shot Put							
Finals							
1	80	Graham Lay	M43	SCVAC	12.53m		
2	102	Dan Upton	M43	NEMAA	11.95m		
3	81	Ray Mckenna	M43	SCVAC	11.32m		
4	49	Simon Achurch	M44	EMAC	10.97m		
5	50	Ethar Alali	M42	NMAC	9.99m		
M45 Shot Put							
Finals							
1	124	Gintas Degutis	M49	EMAC	13.91m		
2	141	Stephen Mccauley	M45	SWVAC	13.89m		
3	153	Greg Pell	M46	NMAC	11.28m		
4	138	Christopher Kent	M45	EMAC	10.26m		
5	171	Gary Walter	M49	SCVAC	9.02m		
6	172	Martin Willis	M46	VAC	8.06m		
M50 Shot Put							
Finals							
1	224	John Nicholls	M53	NMAC	14.56m		
2	239	John Twiddle	M50	NMAC	13.24m		
3	190	Gareth Cook	M50	SCVAC	11.94m		
4	192	Damian Crawford	M50	NIMAA	11.66m		
5	209	David Hunt	M51	VAC	8.77m		
6	229	Vito Ricci	M51	MMAC	8.32m		
7	246	Simon Wills	M54	MMAC	8.18m		
8	197	Christopher Duncan	M52	NMAC	6.77m		
9	228	Gavin Reeder	M51	NMAC	6.24m		
M55 Shot Put							
Finals							
1	265	Morris Fox	M56	MMAC	14.12m		
2	282	Allan Leiper	M59	SCVAC	12.61m		
3	301	Stuart Ryan	M56	NEMAA	12.33m		
4	294	Steve Pomeroy	M57	MMAC	10.70m		
5	289	Thomas McGrane	M56	IRL	9.38m		
6	318	Peter Wishart	M59	VAC	9.12m		
7	307	David Stokes	M57	WMAA	8.58m		
8	268	Jim Gillespie	M56	EMAC	8.35m		
M60 Shot Put							
Finals							
1	355	Michael Hausler	M60	EMAC	12.58m		
2	384	Kevin Murch	M60	MMAC	12.03m		
3	380	John Moreland	M60	MMAC	11.84m		
4	330	Robert Broadbridge	M60	SWVAC	11.69m		
5	325	Nick Barton	M60	SCVAC	11.47m		
6	360	Peter Jackson	M60	SWVAC	10.28m		
7	326	Anthony Bell	M62	SWVAC	9.53m		
8	324	Mike Bale	M63	SCVAC	8.24m		
M65 Shot Put							
Finals							
1	442	Michael Small	M65	SWVAC	11.26m		
2	453	Mark Wyndham-Jones	M68	EMAC	9.86m		
3	408	Kevin Bates	M67	EMAC	9.21m		
4	422	Stephen Ford	M66	SCVAC	8.59m		
5	430	Derek Martin	M66	NMAC	8.42m		
6	440	Bunt Scott	M68	EMAC	8.35m		

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Position	Bib	Name	Age	Club/Country	Performance	W/S	Heat/Pool
7	438	Patrick Reynolds	M69	IRL	6.86m		
M70 Shot Put							
Finals							
1	484	Geoff Tyler	M70	EMAC	12.85m		
2	477	Tony Richards	M70	VAC	11.49m		
3	468	Barry Hawksworth	M72	MMAC	10.20m		
4	482	Peter Summerfield	M71	MMAC	9.61m		
5	475	Bill Renshaw	M70	MMAC	8.98m		
M75 Shot Put							
Finals							
1	489	Ian Bowles	M75	WMAA	9.14m		
2	502	David Kuester	M75	MMAC	8.82m		
3	496	John Gilbert	M76	VAC	8.00m		
M80 Shot Put							
Finals							
1	524	John Watts	M80	NMAC	11.21m		
2	520	Raymond Hall	M80	SCVAC	10.46m		
3	517	Trevor Driver	M82	NMAC	7.83m		
4	513	Tony Bowman	M83	NMAC	7.44m		
W35 Discus Throw							
Finals							
1	552	Anne Moindrot	W36	FRA	28.48m		
2	554	Dasha Newington	W35	NEMAA	20.37m		
3	545	Bethan Lishman	W35	NMAC	19.50m		
W40 Discus Throw							
Finals							
1	567	Marianne Berndt	W40	SCVAC	33.51m		
2	581	Louise Kneen	W44	IOMVAC	29.47m		
W45 Discus Throw							
Finals							
1	617	Vanessa Hannam	W49	SCVAC	35.04m		
2	619	Sarah Hewitt	W45	SCVAC	34.40m		
3	624	Sue Lawrence	W48	SCVAC	28.38m		
4	608	Jacqueline Cherry	W46	SCVAC	27.92m		
5	615	Hazel Gering	W46	EMAC	14.62m		
W50 Discus Throw							
Finals							
1	664	Deborah Montgomery	W53	SCVAC	22.81m		
W55 Discus Throw							
Finals							
1	686	Jenny Cooper	W56	MMAC	28.00m		
2	719	Julie Wilson	W56	NMAC	27.74m		
3	691	Lorna Foster	W56	MMAC	27.01m		
4	712	Lyn Sole	W58	SCVAC	22.66m		
5	701	Karen Llewellyn	W55	WMAA	21.83m		
W60 Discus Throw							
Finals							
1	724	Claire Cameron	W60	SVHC	26.97m		
2	721	Hazel Barker	W60	NMAC	23.19m		
3	737	Deborah Murch	W60	MMAC	22.95m		
4	739	Renate Prells	W64	WMAA	19.62m		
5	726	Christine Elliott	W60	NEMAA	17.64m		
6	733	Sandra Ingham	W61	EMAC	15.88m		
7	740	Brenda Russell	W61	EMAC	15.68m		
W65 Discus Throw							
Finals							
1	754	Barbara Macanas	W65	SCVAC	17.63m		

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Position	Bib	Name	Age	Club/Country	Performance	W/S	Heat/Pool
W75 Discus Throw							
Finals							
1	777	Liz Sissons	W75	SCVAC	18.01m		
W80 Discus Throw							
Finals							
1	782	Evaun Williams	W81	SCVAC	23.24m		
W85 Discus Throw							
Finals							
1	783	Rosemary Chrimes	W86	MMAC	18.61m		
M35 Hammer Throw							
Finals							
1	41	George Perkins	M35	NMAC	44.26m		
2	12	Sam Cater	M36	MMAC	31.94m		
M40 Hammer Throw							
Finals							
1	66	Mark Elliott	M41	MMAC	43.09m		
2	49	Simon Achurch	M44	EMAC	42.47m		
3	102	Dan Upton	M43	NEMAA	34.62m		
4	80	Graham Lay	M43	SCVAC	28.23m		
M45 Hammer Throw							
Finals							
1	132	Graham Holder	M47	WMAA	51.57m		
2	141	Stephen Mccauley	M45	SWVAC	36.67m		
3	153	Greg Pell	M46	NMAC	32.05m		
4	138	Christopher Kent	M45	EMAC	27.11m		
5	171	Gary Walter	M49	SCVAC	22.90m		
M50 Hammer Throw							
Finals							
1	227	John Pearson	M53	MMAC	59.68m		
2	190	Gareth Cook	M50	SCVAC	56.43m		
3	239	John Twiddle	M50	NMAC	43.78m		
4	198	Robert Ellingham	M54	EMAC	40.16m		
5	229	Vito Ricci	M51	MMAC	31.15m		
6	246	Simon Wills	M54	MMAC	22.21m		
7	197	Christopher Duncan	M52	NMAC	17.36m		
M55 Hammer Throw							
Finals							
1	273	Andrew Hall	M57	SCVAC	42.84m		
2	298	Martin Roberts	M59	MMAC	40.06m		
3	294	Steve Pomeroy	M57	MMAC	37.03m		
4	283	Mark Line	M56	NMAC	34.67m		
5	284	Steve Linsell	M55	NMAC	32.10m		
6	307	David Stokes	M57	WMAA	28.29m		
7	268	Jim Gillespie	M56	EMAC	24.89m		
M60 Hammer Throw							
Finals							
1	397	David Valentine	M62	EMAC	47.47m		
2	330	Robert Broadbridge	M60	SWVAC	43.95m		
3	336	Ian Cooley	M62	NMAC	42.35m		
4	380	John Moreland	M60	MMAC	41.86m		
5	384	Kevin Murch	M60	MMAC	37.31m		
6	325	Nick Barton	M60	SCVAC	36.03m		
7	324	Mike Bale	M63	SCVAC	31.63m		
8	360	Peter Jackson	M60	SWVAC	25.73m		
M65 Hammer Throw							
Finals							
1	451	John Wild	M67	NEMAA	34.19m		
2	440	Bunt Scott	M68	EMAC	34.10m		
3	422	Stephen Ford	M66	SCVAC	32.81m		
4	430	Derek Martin	M66	NMAC	32.30m		

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Position	Bib	Name	Age	Club/Country	Performance	W/S	Heat/Pool
5	439	Tim Saunders-Mullins	M66	SCVAC	30.80m		
6	432	Timothy Needham	M66	EMAC	28.40m		
M70 Hammer Throw							
Finals							
1	468	Barry Hawksworth	M72	MMAC	40.97m		
2	475	Bill Renshaw	M70	MMAC	30.55m		
M75 Hammer Throw							
Finals							
1	495	William Gentleman	M79	NMAC	30.90m		
2	496	John Gilbert	M76	VAC	29.63m		
3	489	Ian Bowles	M75	WMAA	27.97m		
4	502	David Kuester	M75	MMAC	27.62m		
M80 Hammer Throw							
Finals							
1	524	John Watts	M80	NMAC	37.12m		
M85 Hammer Throw							
Finals							
1	526	Graham Roberts	M88	MMAC	17.31m		
W35 Javelin Throw							
Finals							
1	560	Maria Townsend	W39	SWVAC	26.45m		
2	545	Bethan Lishman	W35	NMAC	18.10m		
3	554	Dasha Newington	W35	NEMAA	16.46m		
W40 Javelin Throw							
Finals							
1	581	Louise Kneen	W44	IOMVAC	19.03m		
W45 Javelin Throw							
Finals							
1	617	Vanessa Hannam	W49	SCVAC	28.33m		
2	624	Sue Lawrence	W48	SCVAC	25.95m		
3	603	Karen Addis	W48	MMAC	19.22m		
4	615	Hazel Gering	W46	EMAC	11.34m		
W50 Javelin Throw							
Finals							
1	664	Deborah Montgomery	W53	SCVAC	28.37m		
2	653	Janet Dickinson	W52	SWVAC	26.21m		
3	661	Efthymia Katsogianni	W51	GRE	25.40m		
4	652	Tracey Brockbank	W54	SCVAC	20.83m		
W55 Javelin Throw							
Finals							
1	693	Caroline Garratt	W56	VAC	33.57m		
2	709	Julie Rogers	W55	MMAC	22.79m		
3	719	Julie Wilson	W56	NMAC	18.43m		
W60 Javelin Throw							
Finals							
1	737	Deborah Murch	W60	MMAC	22.37m		
2	743	Julie Wakelam	W60	MMAC	22.33m		
3	733	Sandra Ingham	W61	EMAC	22.12m		
4	721	Hazel Barker	W60	NMAC	16.85m		
5	726	Christine Elliott	W60	NEMAA	16.10m		
6	731	Pat Higgins	W63	MMAC	14.39m		
W65 Javelin Throw							
Finals							
1	761	Joylyn Saunders-Mullins	W66	SCVAC	23.16m		
2	754	Barbara Macanas	W65	SCVAC	12.26m		

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Position	Bib	Name	Age	Club/Country	Performance	W/S	Heat/Pool
W75 Javelin Throw							
Finals							
1	777	Liz Sissons	W75	SCVAC	19.73m		
W80 Javelin Throw							
Finals							
1	782	Evaun Williams	W81	SCVAC	26.79m		
M35 Weight Throw							
Finals							
1	41	George Perkins	M35	NMAC	12.58m		
2	12	Sam Cater	M36	MMAC	10.16m		
M40 Weight Throw							
Finals							
1	100	Stuart Thurgood	M43	EMAC	14.75m		
2	49	Simon Achurch	M44	EMAC	11.91m		
3	80	Graham Lay	M43	SCVAC	10.41m		
4	66	Mark Elliott	M41	MMAC	10.37m		
5	102	Dan Upton	M43	NEMAA	10.10m		
M45 Weight Throw							
Finals							
1	132	Graham Holder	M47	WMAA	13.77m		
2	141	Stephen Mccauley	M45	SWVAC	12.31m		
3	153	Greg Pell	M46	NMAC	11.69m		
4	138	Christopher Kent	M45	EMAC	9.63m		
5	171	Gary Walter	M49	SCVAC	7.35m		
M50 Weight Throw							
Finals							
1	227	John Pearson	M53	MMAC	21.47m		
2	190	Gareth Cook	M50	SCVAC	18.99m		
3	239	John Twiddle	M50	NMAC	14.20m		
4	229	Vito Ricci	M51	MMAC	10.54m		
5	246	Simon Wills	M54	MMAC	8.17m		
M55 Weight Throw							
Finals							
1	282	Allan Leiper	M59	SCVAC	13.87m		
2	294	Steve Pomeroy	M57	MMAC	13.48m		
3	273	Andrew Hall	M57	SCVAC	13.37m		
4	314	Nicholas Walker	M55	SWVAC	11.78m		
5	284	Steve Linsell	M55	NMAC	11.49m		
6	307	David Stokes	M57	WMAA	11.37m		
7	268	Jim Gillespie	M56	EMAC	9.21m		
M60 Weight Throw							
Finals							
1	330	Robert Broadbridge	M60	SWVAC	17.39m		
2	397	David Valentine	M62	EMAC	17.22m		
3	380	John Moreland	M60	MMAC	16.39m		
4	384	Kevin Murch	M60	MMAC	15.01m		
5	336	Ian Cooley	M62	NMAC	14.87m		
6	325	Nick Barton	M60	SCVAC	13.81m		
7	324	Mike Bale	M63	SCVAC	12.97m		
M65 Weight Throw							
Finals							
1	442	Michael Small	M65	SWVAC	14.48m		
2	451	John Wild	M67	NEMAA	13.47m		
3	430	Derek Martin	M66	NMAC	13.07m		
4	440	Bunt Scott	M68	EMAC	12.74m		
5	422	Stephen Ford	M66	SCVAC	11.44m		
6	432	Timothy Needham	M66	EMAC	10.73m		
7	439	Tim Saunders-Mullins	M66	SCVAC	10.64m		

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Position	Bib	Name	Age	Club/Country	Performance	W/S	Heat/Pool
M70 Weight Throw							
Finals							
1	468	Barry Hawksworth	M72	MMAC	17.23m		
2	475	Bill Renshaw	M70	MMAC	12.51m		
M75 Weight Throw							
Finals							
1	502	David Kuester	M75	MMAC	12.39m		
2	495	William Gentleman	M79	NMAC	12.26m		
3	496	John Gilbert	M76	VAC	11.63m		
4	489	Ian Bowles	M75	WMAA	11.22m		
M80 Weight Throw							
Finals							
1	524	John Watts	M80	NMAC	17.91m		
M85 Weight Throw							
Finals							
1	526	Graham Roberts	M88	MMAC	7.33m		