

*British  
Masters Athletics*



## Event Information

*British Masters Open Road  
Relay Championships*

**Saturday 25<sup>th</sup> May 2024**





## Dear Competitor,

Thank you for entering the British Masters Open Road Relay Championship, delivered in partnership between the British Masters Athletics and ATW.

You are advised to read this information document carefully in advance of Saturday, May 25<sup>th</sup> (event day), and share it with your athletes, so that you can enjoy the event to its fullest.

## Summary Event Info

**Address:** Mallory Park Circuit,  
Church Road, Kirkby Mallory,  
Leicestershire, LE9 7QE

**Registration opens at:**  
**9:30am** and will remain open until the race has started. A **BMAF Registration Desk opens at 9:30 am** to help with last-minute team changes and will remain open until the last race has started.

### The schedule of events is as follows:

- 11am – Men's 3-stage M55, M65 & M75+
- 11:05am – Women's 3-stage W55, W65 & W75+
- 13:00pm – Men's 6-stage M35 & Men's 4-stage M45
- 13:05pm – Women 4-stage W35 & Women's 3-stage W45

**All team declarations must be completed in Opentrack 30 mins before the start of the race.**

### SITE RULES

We are privileged to be able to race at this superb venue. Please follow these simple rules:

- 1. No dogs are allowed on site**
- 2. Do not bring dirt or gravel on to the track surface**
- 3. Only 'official' event vehicles are allowed on the race circuit.**
- 4. The gravel traps are specially prepared to absorb energy from crashing cars. Do not disturb or walk on the gravel, as it diminishes its effectiveness and requires re-setting at high cost.**

@eventsatw



## Venue

Mallory Park Circuit, Church Road, Kirkby Mallory, Leicestershire, LE9 7QE.

Follow ATW signage towards the Car Park and Race HQ.



## Parking

Ample Parking is available - please follow the car park marshal instructions in the main carpark. Parking at the venue is charged at £3 per car. We strongly promote car sharing where possible. The parking fee will be collected on exit from the venue to avoid queues on arrival. Please provide cash where possible.

## Changing and Toilets

There are toilets available at HQ in the toilet blocks. Also, in these blocks are a small changing facility, including showers - This is a small white building in the centre of the paddock.

**Getting changed in the café is prohibited.**

## Baggage

A baggage drop area will be available near the handover/waiting area. This will not be supervised, so please do not bring any valuables.

## Photography

We will have an official photographer at the event. The pictures of all the races will be made available for you to download via the ATW photo page. If you wish for any of the published photos to be removed, just let us know at [events@activetrainingworld.co.uk](mailto:events@activetrainingworld.co.uk)

[2024 ATW Event Photos](#)

## Refreshments

There is a café onsite, serving hot drinks, food and light snacks.

## Club tents

You are welcome to bring club tents. If you do, please bring sufficient weights to anchor them down safely.

[@eventsatw](#)





## Registration

The centre of the track is accessed via the bridge from the car park.

**Registration Opens: 9:30am.**

A **BMAF Registration Desk opens at 9:30 am** to help with last-minute team changes and will remain open until the last race has started.

This will be located outside the cafe in the centre of the track. At registration you will be required to give the team name you used to sign up to the event online.

In exchange, you will be given an envelope containing two race numbers per teammate and safety pins.

One of the race numbers will have a timing chip (foam strip) on the back. This **MUST NOT** be removed and to be worn on the front. The other number to be worn on the back. Numbers must be worn visible on the front and back of each runner.

Safety pins will be available at registration if required.

## Team Declaration

Your team declaration (who is running on which leg) must be completed on the Opentrack registration page.

**It is important that the declaration is completed 30 minutes before the start of the race. Any changes after this point must be advised to the BMAF registration desk on the day and it wont be reflected until the final results are published. If the changes affect the prizegivings in any way, it's important this is made clear.**

## Spectators

Spectators are encouraged to attend our events to give that extra support to clubmates, friends and family taking part.

Spectators are allowed on the racing track to get close up to the athletes, but must not walk/stand in the gravel traps.

## Marshals

Did you know marshals at our events get money and free race entries. If you know people who may wish to be involved with ATW events then ask them to email

[eventmakers@activetrainingworld.co.uk](mailto:eventmakers@activetrainingworld.co.uk)

@eventsatw



# 3 mile lap



- M55 - 3x 3 miles
- M65 - 3x3 miles
- M75+ - 3x3 miles
- W55 - 3x3 miles
- W65+ - 3x3 miles
- W75+ - 3x3 miles
- M35 - 6x3 miles
- M45 - 4x3 miles
- W35 - 4 x 3miles
- W45 - 3x3 miles



@eventsatw

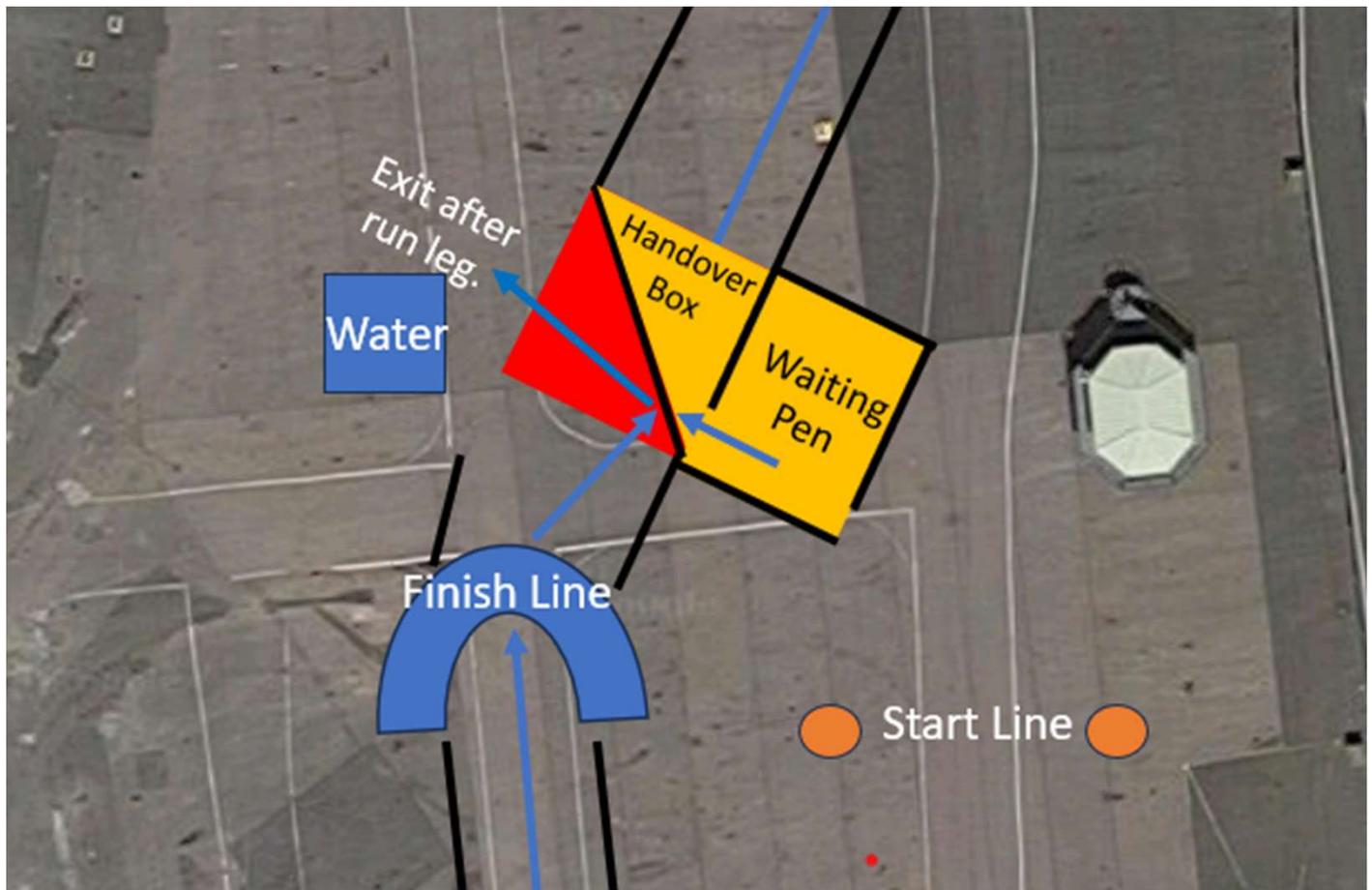




## Race Briefing and Start

A race briefing will take place 10 mins before the start at the start/finish line.

The race will start in-between two Start Flags (orange dots). The handover box will be just after the finish arch (red rectangle) – more information about this will be on the next slide. Once you have handed over to your outgoing runner, please then move out of the handover box as people will still be competing around you.



@eventsatw





## Course

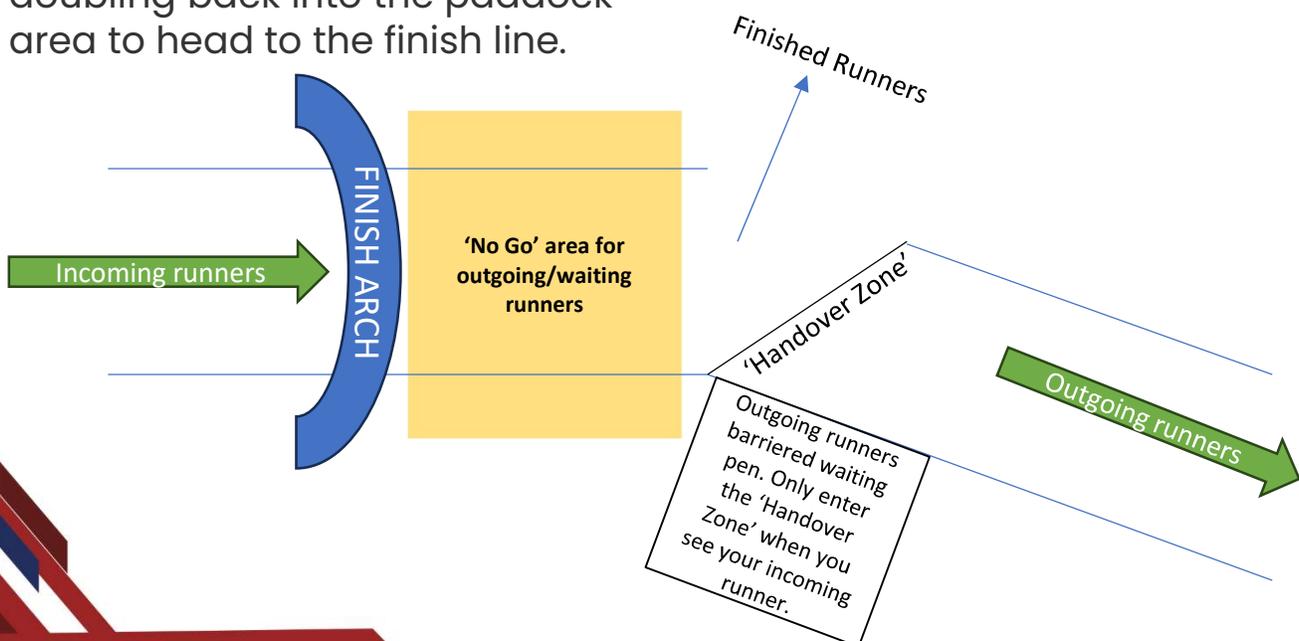
The run course follows a 3 mile lap around Mallory Park Race Circuit. Starting and finishing in the centre of the track under the arch. Here you will head out onto the track turning left, following the race track around the big lake until reaching the turnaround point and heading back the way you came. Instead of returning to the centre of the track, you climb to the highest point, up the hill and around the hairpin. You then follow the track around the devil's elbow and down the home straight, under the bridge before reaching the next turnaround point. Returning back the way you came, head up and down the hill, before turning left into the pit lane, and doubling back into the paddock area to head to the finish line.

## Relay handover

To pass over to your outgoing runner, you will pass under the finish arch and continue into the handover zone where your outgoing runner should be waiting.

You must touch hands with the outgoing runner in the identified 'takeover zone', over a barrier (see diagram below).

Outgoing/waiting runners will wait in the waiting pen. They only enter the handover zone when they can see their incoming runner approaching, or hear their team number called out by the commentator.



@eventsatw





We would like to say a huge THANK YOU to our partners. Check out the websites below and use the discount codes to prepare yourself for the upcoming Nottingham Holme Run and future events :

ATW's RUN Sponsor

ATW's SWIM Sponsor



[Craft - 20% off here!](#)

(Discount will be automatically applied after clicking link.)

[Zone 3 - 20% off here!](#)

(Discount will be automatically applied after clicking link.)

Also, you'll receive samples from a selection of our finish line partners at the finish line gazebo when you finish the event:



@eventsatw





## Timing

The event will be chip-timed. Your registration pack will include your race numbers (one of which will have a chip attached to the back via a foam strip). It's important that the foam strip is not removed.

## Results

Results will be published on the Opentrack website, shortly after crossing the finish line. On the day timing is undertaken by ATW's timing partner, EventChipTiming and passed onto Opentrack on a regular basis. This may take a few minutes to be visible.

Please advise any late (post declaration cut off) team changes to the BMAF registration desk on the day.

## Prizegiving

The prizegiving will take place once the podium results are ratified.

There will be a separate prizegiving after the morning races and the afternoon races.

There are 10 team prizes to be competed for:

- Men's 6-stage M35
- Men's 4-stage M45
- Men's 3-stage M55
- Men's 3-stage M65
- Men's 3-stage M75+
- Women's 4-stage W35
- Women's 3-stage W45
- Women's 3-stage W55
- Women's 3-stage W65
- Women's 3-stage W75+

## Final word

We hope you are excited to be a part of the British Masters Open Road Relays at Mallory Park.

We look forward to welcoming you and your team.

@eventsatw

