

Pos	Perf	Name	AG	Year	Club	
M45						
	1	1:03:29.4	Martin Slevin	V45	5	Coventry/Police
M50						
	1	1:06:48.3	David Bowker	V50	4	Fairlands Valley Spartans/Eastern Masters
	2	1:10:17.5	Stephen Whelan	V50	2	Oxford City/Headington
M55						
	1	0:54:41.4	Steve Allen	V55	2	Barnet/Southern Counties Vets
	2	1:06:00.3	Sean Pender	V55	5	Enfield & Haringey/Veterans/Ireland
M60						
	1	0:50:44.3	Ian Richards	V60	5	Steyning/Veterans
	2	0:55:29.6	John Hall	V60	4	Belgrave/Veterans
M65						
	1	1:01:41.1	Kenneth Bobbett	V65	4	Hillingdon/Welsh Masters
M70						
	1	1:01:50.1	Ed Shilabeer	V70	4	Ilford/South West Vets
	2	1:03:38.4	Jurgen Spencer	V70		OPEN
M75						
	1	0:57:39.3	Arthur Thomson	V75	2	Enfield & Haringey/Veterans
	2	1:09:25.0	Ron Powell	V75	2	Enfield & Haringey/Southern Counties Vets
	3	1:19:33.6	Bernie Haycock	V75	1	Enfield & Haringey/Veterans
W45						
	1	0:59:31.1	Helen Middleton	V45	5	Enfield & Haringey/Eastern Masters
W55						
	1	1:02:07.9	Cath Duhig	V55	3	Ryston/Eastern Masters
	2	1:05:04.7	Judy Howard	V55	1	Abingdon/Southern Counties Vets
W60						
	1	1:03:54.5	Noel Blatchford	V60	5	Abingdon/Southern Counties Vets