

Results for All Competitors in finish order.

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>	<i>Race Age Category</i>	<i>Pace min/Km</i>	<i>Race No</i>	<i>Race Place</i>
1	0:25:40	KEARNS, Ronan	Republic of Ireland	Mens Masters M35-39	03:12.5	113	1
2	0:26:26	BODMAN, Daniel	Aberdare AAC	Senion Men	03:18.2	102	2
3	0:26:51	PYATT, Matt	England	Mens Masters M35-39	03:21.3	112	3
4	0:27:10	GURMIN, Matt	Swansea Harriers	Mens Masters M40-44	03:23.7	71	4
5	0:27:52	SMITH, Stephen	England	Mens Masters M50-54	03:29.0	145	5
6	0:28:01	COX, David	England	Mens Masters M60-64	03:30.1	162	6
7	0:28:08	CRANE, Peter	Neath Harriers	Mens Masters M50-54	03:31.0	142	7
8	0:28:13	NEWMAN, Kevin	England	Mens Masters M55-59	03:31.6	151	8
9	0:28:29	CORBYN, Stephen	Cardiff Harlequins	Senion Men	03:33.6	101	9
10	0:28:40	ROWE, Alex	England	Mens Masters M55-59	03:35.0	152	10
11	0:28:47	PAGE, Mick	England	Mens Masters M60-64	03:35.8	163	11
12	0:29:01	FAHY, Feidhlim	Mansfield Harriers	Mens Masters M40-44	03:37.6	123	12
13	0:29:01	ALLARDYCE, Alex	Scotland	Mens Masters M40-44	03:37.6	125	13
14	0:29:29	PHILIPPART, Kneath	Swansea Harriers	Mens Masters M55-59	03:41.1	150	14
15	0:29:37	CONNOLLY, Dermot	City of Derby	Mens Masters M50-54	03:42.1	147	15
16	0:29:52	THORPE, Stewart	England	Mens Masters M60-64	03:44.0	164	16
17	0:30:00	WILLIAMS, Alex	Port Talbot Harriers	Mens Masters M45-49	03:45.0	130	17
18	0:30:00	SANSOM, Glyn	San Domenico RC	Mens Masters M50-54	03:45.0	143	18
19	0:30:22	MCBRIDE, Oran	City of Derby	Mens Masters M45-49	03:47.7	133	19
20	0:30:49	WEBSTER, Graham	Lytham St. Annes R.C.	Mens Masters M60-64	03:51.1	166	20
21	0:31:08	THAYRE, Gary	Crawley A.C.	Mens Masters M50-54	03:53.5	146	21
22	0:31:12	DIAS, Brian	Les Croupiers RC	Senion Men	03:54.0	109	22
23	0:32:06	KING, Charity	Notts A.C.	Senior Ladies	04:00.7	100	23
24	0:32:12	BRISTER, Simon	Matlock A.C.	Mens Masters M60-64	04:01.5	161	24
25	0:32:43	MASON, Alan	Les Croupiers RC	Mens Masters M50-54	04:05.3	141	25
26	0:32:49	SPENCER, David	Midland Masters	Mens Masters M50-54	04:06.1	140	26
27	0:32:56	WOODCOCK, Jim	Menai	Mens Masters M60-64	04:07.0	165	27
28	0:34:29	WIETZFELD, Peter	Worthing Striders	Mens Masters M55-59	04:18.6	154	28
29	0:34:57	PROFFITT, David	Newport Harriers	Mens Masters M60-64	04:22.1	160	29
30	0:35:24	MELLOR, Martin	Rhondda Valley Runners	Mens Masters M55-59	04:25.5	156	30

There were 30 finishers in the All Competitors category.