



BRITISH MASTERS 10 MILE CHAMPIONSHIPS
Held as part of the SIDCUP 10 Mile Race, Sunday 8th March 2015

RESULTS

Posn	M35	Runner	1st Claim Club	BMAF Club	Team	Time
1	405	John KETTLE	Herne Hill Harriers	VAC		54.56
2	402	Matthew PYATT	Ryston Runners AC	EVAC		55.13
3	450	Jack CHIVERS	Haywards Heath Harriers	SCVAC		65.15
4						

Posn	M40	Runner	1st Claim Club	BMAF Club	Team	Time
1	458	Michael ALDRIDGE	Wootton Road Runners	MMAC		53.49
2	300	Mark VAUGHAN	North Herts Road Runners	EVAC	M35-44	56.11
3	498	Malcolm MUIR	Ilford AC	EVAC	M35-44	56.39
4	456	Stuart BEANEY	Kent AC	VAC		57.46
5	446	Stephen ELSON	Ealing Southall & Middlesex AC	SCVAC		58.36
6	357	Lloyd COLLIER	Dulwich Runners AC	VAC	M35-44	61.23
7						

Posn	M45	Runner	1st Claim Club	BMAF Club	Team	Time
1	406	Graham GODDEN	Brighton & Hove City AC	SCVAC	M45-54	55.54
2	373	Les BALL	Lincoln Wellington	NVAC		56.17
3	455	Matthew BLAND	Havering AC	EVAC		59.20
4	470	Paul HOLLOWAY	Ilford AC	VAC	M35-44	59.26
5	486	Stephen DAVIES	Dulwich Runners AC	VAC	M35-44	60.42
6	435	Nicholas MALPELI	North Herts Road Runners	EVAC	M35-44	60.42
7	419	James WALSH	North Herts Road Runners	EVAC	M35-44	62.24
8	463	Mark PITCAIRN-KNOWLES	Tonbridge AC	SCVAC		67.09
9	449	David COULSON	Hailsham Harriers	VAC		71.14
10						

Posn	M50	Runner	1st Claim Club	BMAF Club	Team	Time
1	399	Simon WRIGHT	Doncaster AC	NVAC	M45-54	55.58
2	440	Simon HART	Havering AC	EVAC		57.32
3	425	Sammy RASHID	Liverpool Pembroke & Sefton Harriers	NVAC		58.49
4	434	Nick MARTIN	Mile High	SWVAC		60.11
5	441	Mark HALLS	Brighton & Hove City AC	SCVAC	M45-54	61.04
6	155	Eberhard PRILL	Dulwich Runners AC	VAC	M35-44	62.06
7	407	Martin CUNNINGHAM	Petts Wood Runners	SCVAC		63.35
8	462	Don LAWLESS	Thurrock Harriers AC	VAC		63.41
9	260	Andrew NOBLE	Folkestone RC	SCVAC		63.58
10	453	Colin BRETT	Ranelagh Harriers	VAC		64.56
11	493	Terry KNIGHTLEY	Ilford AC	SCVAC	M35-44	67.18
12	495	Robert FURSEY	Medway & Maidstone AC	SCVAC		68.08
13	38	Terence BARNES	Crawley AC	SCVAC		68.32
14	482	Gideon FRANKLIN	Dulwich Runners AC	VAC	M35-44	68.53
15	460	Martin HAWKINS	Cambridge Harriers	SCVAC		70.43
16	480	Ameet PATEL	Dulwich Runners AC	VAC	M35-44	82.08
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Posn	M55	Runner	1st Claim Club	BMAF Club	Team	Time
1	430	Kevin NEWMAN	Doncaster AC	NVAC	M45-54	59.24
2	418	Kevin WILLIAMS	Ashford AC	SCVAC		62.39
3	120	Stephen SMYTHE	Dulwich Runners AC	VAC	M55-64	63.38
4	420	Tom ULLIOTT	Brighton & Hove City AC	VAC	M45-54	67.29
5	192	William HAINING	Harwich Runners	EVAC		69.51
6	98	Graham LAYLEE	Dulwich Runners AC	VAC	M55-64	73.25
7	459	Gerald MEAH	Cambridge & Coleridge AC	EVAC		73.41
8	401	Steve SMITH	Striders of Croydon	SCVAC		73.45
9	428	Stephen PARKER	Ilford AC	VAC	M55-64	78.53
10	485	Robert PAGE	Arena 80 AC	SCVAC		81.44
11						

Posn	M60	Runner	1st Claim Club	BMAF Club	Team	Time
1	429	Mick PAGE	Doncaster AC	NVAC	M45-54	63.43
2	409	Douglas BRISCO	Andover Athletics Club	SWVAC		63.55
3	451	Andrew CATTON	Ilford AC	SCVAC	M55-64	68.18
4	431	Alan NEWMAN	Paddock Wood AC	SCVAC		70.02
5	432	Andrew MURRAY	Dulwich Runners AC	VAC	M55-64	71.48
6	424	Rob SARGENT	Ilford AC	VAC	M55-64	80.45
7						

Posn	M65	Runner	1st Claim Club	BMAF Club	Team	Time
1	452	Philip BUSSEY	Doncaster AC	NVAC	M45-54	69.14
2	468	Michael MANN	Dulwich Runners AC	VAC	M55-64	69.46
3						

Posn	M70	Runner	1st Claim Club	BMAF Club	Team	Time
1	415	Peter GILES	Hercules Wimbledon AC	VAC		70.57
2	414	Terry FONE	EVAC	EVAC		77.03
3	410	Philip BRENNAN	Stratford-Upon-Avon AC	MMAC		81.54
4						

Posn	M75	Runner	1st Claim Club	BMAF Club	Team	Time
1	497	John TAYLOR	Heaton Harriers & AC	VAC		87.27
2	417	Patrick DOBBS	Thurrock Harriers AC	SCVAC		95.46
3						

Posn	M80	Runner	1st Claim Club	BMAF Club	Team	Time
1	457	Malcolm BALL	North Norfolk Beach Runners	EVAC		97.09
2	427	Richard PITCAIRN-KNOWLES	Sevenoaks AC	VAC		125.05
3						



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Teams M35-44			Combined Time
1	North Herts Road Runners	Mark Vaughan, Nicholas Malpeli, James Walsh	179.17
2	Ilford AC	Malcolm Muir, Paul Holloway, Terry Knightley	183.23
3	Dulwich Runners AC	Stephen Davies, Lloyd Collier, Eberhard Prill	184.11
4			

Teams M45-54			Combined Time
1	Doncaster AC	Simon Wright, Kevin Newman, Mick Page	179.05
2	Brighton & Hove City AC	Graham Godden, Mark Halls, Tom Ulliott	184.27
3			

Teams M55-64			Combined Time
1	Dulwich Runners AC	Stephen Smythe, Michael Mann, Andrew Murray	205.12
2	Ilford AC	Andrew Catton, Stephen Parker, Rob Sargent	227.56
3			

Teams M65+			Combined Time
1			

Posn	F35	Runner	1st Claim Club	BMAF Club	Team	Time
1	205	Joasia ZAKRZEWSKI	Dumfries RC	SVHC		60.43
2						

Posn	F40	Runner	1st Claim Club	BMAF Club	Team	Time
1	58	Astrid MCKEOWN	North Herts Road Runners	SCVAC		65.57
2	82	Nicola RICHMOND	Dulwich Runners AC	VAC	F35-44	70.52
3						

Posn	F45	Runner	1st Claim Club	BMAF Club	Team	Time
1	216	Tina OLDERSHAW	Paddock Wood AC	SCVAC		63.32
2	21	Andrea PICKUP	Dulwich Runners AC	VAC	F35-44	68.39
3	57	Ola BALME	Dulwich Runners AC	VAC	F35-44	70.17
4	261	Caroline CURTIS	Folkestone RC	SCVAC		72.31
5	404	Camilla MOYLE	Brighton & Hove City AC	SCVAC	F45-54	74.36
6	436	Melinda JONES	Ilford AC	VAC	F45-54	76.19
7						

Posn	F50	Runner	1st Claim Club	BMAF Club	Team	Time
1	464	Clare ELMS	Dulwich Runners AC	VAC	F45-54	62.03
2	421	Catherine ULLIOTT	Brighton & Hove City AC	VAC	F45-54	68.46
3	484	Jenny HUGHES	Arena 80 AC	SCVAC		73.49
4	481	Clare WYNGARD	Dulwich Runners AC	VAC	F45-54	76.03
5	353	Heather MARTINGELL	Ranelagh Harriers	VAC		80.59
6	499	Sarah ALLEN	Herne Hill Harriers	SCVAC		83.37
7	448	Dianne CRISP	Ilford AC	VAC	F45-54	83.48
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Posn	F55	Runner	1st Claim Club	BMAF Club	Team	Time
1	212	Claire DONALD	Purple Patch Runners	VAC		65.23
2	473	Judith CARDER	Brighton & Hove City AC	SCVAC	F45-54	77.36
3	474	Janice MOOREKITE	Larkfield AC	SCVAC		80.23
4	85	Julia GALEA	Ilford AC	VAC	F45-54	96.24
5						

Posn	F60	Runner	1st Claim Club	BMAF Club	Team	Time
1	400	Maggie STATHAM	Holland Sports AC	VAC		72.04
2	467	Yuko GORDON	North Herts Road Runners	EVAC		74.44
3	496	Dorothy KESTERTON	NVAC	NVAC		77.56
4	437	Sue JAMES	Paddock Wood AC	SCVAC		80.07
5	445	Ursula ELWELL	MMAC	MMAC		98.23
6						

Posn	F65	Runner	1st Claim Club	BMAF Club	Team	Time
1	422	Rosalind TABOR	Dulwich Runners AC	VAC	F45-54	75.25
2						

Posn	F75	Runner	1st Claim Club	BMAF Club	Team	Time
1	444	Jeannette GILES	Istead & Ifield Harriers	SCVAC		114.42
2						

Teams	F35-44		Combined Time
1	Dulwich Runners AC	Andrea Pickup, Ola Balme, Nicola Richmond	209.48
2			

Teams	F45-54		Combined Time
1	Dulwich Runners AC	Clare Elms, Rosalind Tabor, Clare Wyngard	213.31
2	Brighton & Hove City AC	Catherine Ulliott, Camilla Moyle, Judith Carder	220.58
3	Ilford AC	Melinda Jones, Dianne Crisp, Julia Galea	256.31
4			

Teams	F55+		Combined Time
1			