

**Results** **BMAF 10,000m Track Championships 2015, Birmingham****Men****10,000m**

<b>M35</b>				
1	Phillip	Gould	MMAC	33:52.79
2	Matt	Hibberd	SCVAC	35:07.00
<b>M40</b>				
1	Michael	Aldridge	MMAC	32:57.99
2	Mark	Couldwell	MMAC	33:05.39
3	Huw	Evans	WMAA	33:43.59
<b>M45</b>				
1	Ian	Johnston	VAC	33:56.19
<b>M50</b>				
1	Sammy	Rashid	WMAA	34:23.88
2	Michael	Kingsbury	MMAC	34:50.48
3	Paul	Rogers	MMAC	35:09.58
<b>M55</b>				
1	Michael	Bridgelend	EVAC	35:23.61
2	Colin	Feechan	SVHC	35:41.32
3	Ian	Wright	WMAA	43:10.44
---	Robert	Fox	MMAC	DNF
<b>M60</b>				
1	David	Oxland	MMAC	37:39.75
2	David	King	SWVAC	44:02.49
3	Kevin	Dillon	NVAC	55:38.52
---	David	Proffitt	WMAA	DNF
---	John	Skelton	EVAC	DNF
<b>M65</b>				
1	Arthur	Daley	MMAC	41:23.74
2	Peter	Hamilton	SCVAC	42:41.62
3	Paul	Wright	SWVAC	44:29.06
4	David	Jones	MMAC	45:55.28
5	Adrian	Lloyd	NEMAA	48:04.81
<b>M70</b>				
1	Peter	Giles	VAC	41:31.79
2	Gordon	Orme	WMAA	43:36.56
3	Roger	Wilson	MMAC	45:19.81
4	Philip	Brennan	MMAC	49:31.95
---	Tony	Brackstone	SCVAC	DNF

**Women****10,000m**

<b>W35</b>				
1	Claire	Thompson	SVHC	39:22.36
2	Christine	Lathwell	EVAC	41:10.40
<b>W40</b>				
1	Steph	Spencer	MMAC	41:28.31
<b>W50</b>				
1	Maureen	Mccarthy	EVAC	41:36.96
2	Helen	Grant	EVAC	46:18.60
<b>W60</b>				
1	Margaret	Statham	VAC	43:57.45
<b>W65</b>				
1	Margaret	Moody	VAC	47:20.03