

# BMAF 10 mile road Championships

## Lytchett Manor - 14 Feb 2016

BMAF					
Women					
1	W35	Kate	Hails	Avon Valley Runners	01:14:43
1	W40	Michelle	Buckle	Newcastle Ac	01:07:30
1	W45	Fiona	Price	Avon Valley Runners	01:08:55
1	W50	Cathy	Newman	Exmouth Harriers	01:06:20
2	W50	Carrie	Oliver	Winchester & District AC	01:25:19
1	W55	Joanna	Curtis	Winchester & District AC	01:15:42
2	W55	Helen	Ambrosen	Bournemouth AC	01:25:52
1	W60	Jane	Georghiou	Farnham Runners	01:18:11
2	W60	Joy	Radford	Winchester & District AC	01:23:54
3	W60	Alison	White	Paddock Wood AC	01:29:00
1	W65	Yvonne	Twelvetree	Totley AC	01:20:22
2	W65	Angela	Handforth	SWVAC	01:23:22
3	W65	Brenda	Topliss	Romsey Road Runners	01:29:16
1	W75	Jeannette	Giles	Istead & Ifield Harriers	02:00:44
Men					
1	M40	Colin	Snook	Cornwall Ac	00:55:59
1	M45	Gary	O'Brien	Swindon Harriers	00:57:45
2	M45	Jason	Bennett	Buxton AC	01:01:12
3	M45	Tony	Letts	Northampton Road Runners	01:01:14
1	M50	Christopher	Hollinshead	Cannock & Stafford AC	01:00:10
2	M50	Alan	Ryder	Plymouth Musketeers RC	01:00:41
3	M50	Martin	Farran	Leeds City AC	01:05:02
4	M50	Don	Lawless	Thurrock Harriers AC	01:10:10
1	M55	Julian	Critchlow	Watford Harriers	00:59:46
2	M55	Steve	Oliver	Winchester & District AC	01:05:53
3	M55	Alex	Rowe	Westham Road Runners & AC	01:06:36
4	M55	David	Gill	Warrington AC	01:08:33
5	M55	Ian	Wright	Isiwyn Running Club	01:13:28
1	M60	Nigel	Gates	Brighton & Hove City AC	01:02:46
2	M60	Hamish	Murray	Purbeck Runners	01:05:12
3	M60	William	Haining	Harwich Runners	01:10:32
4	M60	Walter	Hill	Crawley AC	01:10:35
5	M60	Nigel	Haywood	Purbeck Runners	01:11:13

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6	M60	Phil	Harding	Avon Valley Runners	01:15:01
7	M60	Stephen	Littlecott	Lytchett Manor Striders	01:17:57
8	M60	Kevin	Dillon	Manchester Harriers & AC	01:47:45
1	M65	David	Cartwright	Poole Runners	01:13:46
2	M65	David	Heath	Poole Runners	01:19:10
3	M65	Arthur	Johns	Poole Runners	01:20:17
4	M65	Malcolm	Maxted	Yeovil Town RRC	01:20:59
5	M65	Ian	Graham	Bournemouth AC	01:21:08
6	M65	Mike	Terry	Littledown Harriers	01:31:30
1	M70	Martin	Ford	Cheltenham & County Harriers	01:10:39
2	M70	Peter	Sargent	Newquay Road Runners	01:21:28
3	M70	Phil	Brennan	Stratford-on-Avon AC	01:21:43
4	M70	Lars	Jansson	Poole Runners	01:23:46
5	M70	Geoffrey	Scott	Poole Runners	01:28:02
1	M75	Alan	Lewis	Trentham Running Club	01:22:30
2	M75	Michael	Coupe	Town & Country Harriers	01:25:11
3	M75	John	Taylor	Heaton Harriers & AC	01:36:12
1	M80	Malcolm	Ball	North Norfolk Beach Runners	01:47:23

### **BMAF 1st Mens Team**

David Cartwright	Poole Runners
David Heath	Poole Runners
Arthur Johns	Poole Runners

### **BMAF 1st Womens Team**

Joanna Curtis	Winchester & District Ac
Joy Radford	Winchester & District Ac
Carrie Oliver	Winchester & District Ac