

South of England Masters Indoor Track Field Championships

Lee Valley 14 Feb 2016

W35 60 Metre Finals

1	Nene	Harrison	OPEN	8.75
2	Julia	Jones	MMAC	9.67

W40 60 Metre Finals

1	Kathryn	Miles	SCVAC	8.76
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W45 60 Metre Finals

1	Joanne	Regan	SCVAC	9.80
2	Lesley	Richardson	SCVAC	10.16

W50 60 Metre Finals

1	Sue	Wisdom	VAC	9.28
2	Paula	Hine	SWVAC	9.41

W55 60 Metre Finals

1	Teresa	Eades	SCVAC	9.43
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W60 60 Metre Finals

1	Helen	Godsell	SCVAC	8.87
2	Joan	Trimble	VAC	9.15
3	Carol	Alker	EVAC	10.02
4	Hel	James	VAC	10.73

W65 60 Metre Finals

1	Hendricka	White	SCVAC	9.98
2	Emily	McMahon	EVAC	10.01

W70 60 Metre Finals

1	Iris	Holder	WMAA	10.84
2	Mary	Axtell	VAC	11.06

W35 200 Metre Finals

1	Susan	McLoughlin	VAC	27.03
2	Nicola	Evans	EVAC	30.40

W40 200 Metre Finals

1	Kathryn	Miles	SCVAC	30.94
2	Jo	Paterson	VAC	36.41

W45 200 Metre Finals

1	Rachel	Waters	VAC	29.74
2	Jackie	Breslin	SCVAC	34.19

W50 200 Metre

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Finals

1	Alison	Collins	SCVAC	30.95
2	Catkin	Shelley	VAC	31.68
3	Sue	Wisdom	VAC	31.89
4	Paula	Hine	SWVAC	32.79

W55 200 Metre

Finals

1	Clare	St John-Coleman	EVAC	34.06
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W60 200 Metre

Finals

1	Helen	Godsell	SCVAC	30.01
2	Joan	Trimble	VAC	32.24
3	Carol	Alker	EVAC	33.43
4	Linda	Ahmet	SCVAC	36.87

W65 200 Metre

Finals

1	Hendricka	White	SCVAC	33.58
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W70 200 Metre

Finals

1	Mary	Axtell	VAC	41.61
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W80 200 Metre

Finals

1	Anne	Martin	EVAC	48.75
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W35 400 Metre

Finals

1	Stacy	McGivern	EVAC	62.95
2	Nicola	Evans	EVAC	67.84
3	Wendy	Perkins	EVAC	68.23

W40 400 Metre

Finals

1	Joanna	Winfield	EVAC	66.92
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W45 400 Metre

Finals

1	Joanna	Flowers	VAC	63.27
2	Dawn	Jones	EVAC	68.76

W50 400 Metre

Finals

1	Sally	Read-Cayton	VAC	64.92
2	Catkin	Shelley	VAC	71.27
3	Mary	Brown	SCVAC	73.63

W60 400 Metre

Finals

1	Andrea	Sanders-Reece	VAC	1:22.54
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W65 400 Metre

Finals

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1	Ros	Tabor	VAC	78.94
W70 400 Metre Finals				
1	Iris	Hornsey	EVAC	1:38.59
W40 800 Metre Run Finals				
1	Joanna	Winfield	EVAC	2:34.55
W45 800 Metre Run Finals				
1	Bernadine	Pritchett	VAC	2:27.65
W50 800 Metre Run Finals				
1	Christine	Anthony	EVAC	2:34.64
2	Maureen	McCarthy	EVAC	2:40.45
3	Lindsay	Lister	EVAC	2:41.48
4	Tracey	Bosworth	MMAC	2:51.50
W55 800 Metre Run Finals				
1	Joan	Lasenby	EVAC	2:45.13
W60 800 Metre Run Finals				
1	Andrea	Sanders-Reece	VAC	3:00.04
W65 800 Metre Run Finals				
1	Nancy	Hitchmough	MMAC	2:59.61
W70 800 Metre Run Finals				
1	Patricia	Gallagher	WMAA	3:18.32
2	Iris	Hornsey	EVAC	3:42.71
W75 800 Metre Run Finals				
1	Betty	Stracey	EVAC	4:09.48
W35 1500 Metre Run Finals				
1	Christine	Lathwell	EVAC	5:06.00
W50 1500 Metre Run Finals				
1	Lisa	Webb	VAC	5:07.91
2	Christine	Anthony	EVAC	5:23.25
W60 1500 Metre Run Finals				
1	Andrea	Sanders-Reece	VAC	6:21.78
W65 1500 Metre Run				

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Finals				
1	Ros	Tabor	VAC	6:05.93
W75 1500 Metre Run				
Finals				
---	Betty	Stracey	EVAC	DNF
W35 3000 Metre Run				
Finals				
1	Joanne	Locker	VAC	10:42.14
2	Christine	Lathwell	EVAC	11:08.90
W50 3000 Metre Run				
Finals				
1	Maureen	McCarthy	EVAC	11:31.22
W40 60 Metre Hurdles				
Finals				
1	Sarah	Burke	VAC	9.81
W60 60 Metre Hurdles				
Finals				
1	Fiona	Argent	VAC	13.59
W65 60 Metre Hurdles				
Finals				
1	Emily	McMahon	EVAC	11.76
W40 High Jump				
Finals				
1	Ayamba	Akim	VAC	1.64m
W55 High Jump				
Finals				
1	Teresa	Eades	SCVAC	1.25m
W60 High Jump				
Finals				
1	Sue	Yeomans	VAC	1.19m
2	Hel	James	VAC	1.04m
3	Fiona	Argent	VAC	1.01m
W65 High Jump				
Finals				
1	Patricia	Oakes	SCVAC	1.04m
W35 Pole Vault				
Finals				
1	Jemma	Eastwood	EVAC	2.80m
2	Tina	Quinlivan	EVAC	2.80m
W40 Pole Vault				
Finals				

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1	Claudia	Cubbage	SCVAC	2.60m
W50 Pole Vault Finals				
1	Sandra	Pedley	EVAC	1.90m
W60 Pole Vault Finals				
1	Sue	Yeomans	VAC	2.70m
2	Sue	Dassie	VAC	2.10m
W45 Long Jump Finals				
1	Margaret	Pope	VAC	3.97m
2	Lesley	Richardson	SCVAC	3.05m
W50 Long Jump Finals				
1	Julie	Wilson	SCVAC	3.15m
W55 Long Jump Finals				
1	Teresa	Eades	SCVAC	4.03m
2	Clare	St John-Coleman	EVAC	3.50m
W60 Long Jump Finals				
1	Sue	Yeomans	VAC	3.41m
2	Linda	Ahmet	SCVAC	3.39m
W65 Long Jump Finals				
1	Patricia	Oakes	SCVAC	2.82m
W70 Long Jump Finals				
1	Iris	Holder	WMAA	3.22m
W80 Long Jump Finals				
1	Anne	Martin	EVAC	2.39m
W45 Triple Jump Finals				
1	Joanne	Regan	SCVAC	7.79m
2	Jackie	Breslin	SCVAC	7.77m
W55 Triple Jump Finals				
1	Teresa	Eades	SCVAC	8.45m
2	Clare	St John-Coleman	EVAC	7.79m
W60 Triple Jump Finals				
1	Linda	Ahmet	SCVAC	7.39m

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W65 Triple Jump				
Finals				
1	Patricia	Oakes	SCVAC	6.08m
W70 Triple Jump				
Finals				
1	Iris	Holder	WMAA	6.55m
W80 Triple Jump				
Finals				
1	Anne	Martin	EVAC	5.86m
W35 Shot Put				
Finals				
1	Nene	Harrison	OPEN	9.41m
2	Kathleen	Moeller	VAC	7.05m
W45 Shot Put				
Finals				
1	Sue	Lawrence	EVAC	9.87m
2	Lesley	Richardson	SCVAC	6.93m
W50 Shot Put				
Finals				
1	Julie	Wilson	SCVAC	10.04m
2	Janet	Smith	SCVAC	8.58m
3	Oriana	Johnson	EVAC	7.27m
W55 Shot Put				
Finals				
1	Wendy	Dunsford	EVAC	7.72m
W60 Shot Put				
Finals				
1	Vilma	Thompson	SCVAC	10.10m
2	Sue	Dassie	VAC	7.98m
3	Stephanie	Stamp	EVAC	6.73m
W70 Shot Put				
Finals				
1	Liz	Sissons	VAC	8.44m
W80 Shot Put				
Finals				
1	Anne	Martin	EVAC	6.99m

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M35 60 Metre

1	Ben	Owen	MMAC	7.45
2	Stuart	Channon	VAC	7.47
3	Daniel	Yellop	EVAC	7.53
4	Matthew	Dalton	EVAC	7.60
5	Jan	Barnard	EVAC	7.69
6	Amr	Ziko	EVAC	7.87
7	Peter	Pavlou	VAC	9.10

M40 60 Metre

Finals

1	Ciaran	Harvey	SCVAC	7.51
2	Manny	Ogunniyi	VAC	7.59
3	Atholl	Lawson	EVAC	7.80

M45 60 Metre

Finals

1	Julian	Smith	EVAC	7.71
2	Daniel	Tomlinson	SCVAC	8.12
3	Nick	Lauder	VAC	8.24
4	Steve	Pethen	SCVAC	8.42

M50 60 Metre

Finals

1	Donald	Brown	MMAC	7.76
2	Wole	Odele	SCVAC	7.99
3	Mark	White	VAC	8.03
4	Peter	Ilo	SCVAC	8.20
5	Vincent	Taylor	SWVAC	8.23
6	Glen	Reddington	VAC	8.29
7	Richard	Weekes	VAC	8.68
8	Steve	Snook	OPEN	8.90
9	Derek	Shepherd	VAC	10.23
---	David	Kemp	SCVAC	FS

M55 60 Metre

Finals

1	Mark	Woods	SCVAC	8.28
2	Nick	Woodhead	VAC	8.59
3	Wilson	Paterson	EVAC	8.67
4	Michael	May	VAC	9.62

M60 60 Metre

Finals

1	Tom	Phillips	SCVAC	8.31
2	Christopher	Monk	MMAC	8.44
3	Paul	Oakes	EVAC	9.37
4	Alan	Perry	VAC	9.42
5	Peter	Morgan	VAC	10.17
---	John	Browne	EVAC	DNF

M65 60 Metre

Finals

1	David	Hinds	VAC	8.92
2	Michael	Maisey	SCVAC	9.11
3	Mike	Applegate	SWVAC	9.16

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4	Patrick	Reynolds	VAC	10.16
M70 60 Metre Finals				
1	Victor	Novell	SCVAC	8.86
2	Allan	Long	VAC	8.98
3	Alan	Forse	SCVAC	9.54
M75 60 Metre Finals				
1	Roger	Bruck	SCVAC	11.16
M80 60 Metre Finals				
1	Richard	Pitcairn-Knowles	VAC	12.41
2	Clifford	Taylor	VAC	14.30
M35 200 Metre Finals				
1	Ben	Owen	MMAC	23.72
2	Daniel	Yellop	EVAC	24.33
3	Stuart	Channon	VAC	24.35
4	Amr	Ziko	EVAC	26.57
5	Andy	Cohen-Wray	EVAC	26.73
---	Jan	Barnard	EVAC	DNF
M40 200 Metre Finals				
1	Ciaran	Harvey	SCVAC	24.43
2	Atholl	Lawson	EVAC	24.94
M45 200 Metre Finals				
1	Julian	Smith	EVAC	25.30
2	Chris	Taplin	VAC	25.57
3	Daniel	Tomlinson	SCVAC	26.65
4	Nick	Lauder	VAC	26.86
M50 200 Metre Finals				
1	Mark	White	VAC	25.54
2	Donald	Brown	MMAC	25.62
3	David	Kemp	SCVAC	26.28
4	Neil	Tunstall	SWVAC	26.31
5	Peter	Ilo	SCVAC	27.31
6	Wole	Odele	SCVAC	27.56
7	Ty	Holden	EVAC	28.05
8	Steve	Mayfield	EVAC	28.12
9	Richard	Weekes	VAC	28.66
10	Derek	Shepherd	VAC	29.44
11	Steve	Snook	OPEN	29.77
M55 200 Metre Finals				
1	Wilson	Paterson	EVAC	28.92
2	Nick	Woodhead	VAC	29.34

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3	Andrew	Stewart	VAC	32.38
4	Mark	Woods	SCVAC	33.39

M60 200 Metre Finals

1	Simon	Barrett	SCVAC	27.35
2	Ivars	Licietis	EVAC	28.34
3	Tom	Phillips	SCVAC	28.58
4	Robert	Woolliams	EVAC	30.70
5	Christopher	Monk	MMAC	31.68
6	Alan	Perry	VAC	32.96

M65 200 Metre Finals

1	David	Spencer	SCVAC	28.76
2	David	Hinds	VAC	29.09
3	Derek	Wardle	VAC	29.80
4	Roy	White	SCVAC	30.76
5	Patrick	Reynolds	VAC	36.12

M70 200 Metre Finals

1	Victor	Novell	SCVAC	30.09
2	Terry	Bissett	VAC	30.35
3	Alan	Forse	SCVAC	31.65
4	Barry	Ferguson	VAC	33.45
5	Terry	Casey	VAC	44.69

M80 200 Metre Finals

1	Richard	Pitcairn-Knowles	VAC	45.19
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M35 400 Metre Finals

1	Andy	Cohen-Wray	EVAC	57.50
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M40 400 Metre Finals

1	Atholl	Lawson	EVAC	55.99
2	Jesse	Wilson	EVAC	59.76
3	David	Renton	VAC	65.88

M45 400 Metre Finals

1	Chris	Taplin	VAC	56.08
2	Steve	Pethen	SCVAC	64.92

M50 400 Metre Finals

1	Mark	White	VAC	57.28
2	Neil	Tunstall	SWVAC	59.50

M55 400 Metre Finals

1	Kevin	Pye	MMAC	62.90
2	Wilson	Paterson	EVAC	66.72

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3	Andrew	Stewart	VAC	74.85
M60 400 Metre Finals				
1	Simon	Barrett	SCVAC	62.91
2	Ivars	Licietis	EVAC	63.31
M65 400 Metre Finals				
1	David	Spencer	SCVAC	65.45
2	Bruce	Hendrie	MMAC	71.84
3	Patrick	Reynolds	VAC	1:36.30
M70 400 Metre Finals				
1	Terry	Bissett	VAC	74.36
2	Richard	Somers	VAC	77.14
3	Alan	Forse	SCVAC	1:21.59
4	Terry	Casey	VAC	1:44.53
M35 800 Metre Run Finals				
1	James	Sadlier	EVAC	2:19.97
M40 800 Metre Run Finals				
1	Christopher	Westcott	EVAC	2:07.49
2	Andrew	Stowe	EVAC	2:11.01
M45 800 Metre Run Finals				
1	Scott	Magee	EVAC	2:26.66
M50 800 Metre Run Finals				
1	John	McGrath	EVAC	2:17.72
2	Kevin	McAlinden	EVAC	2:17.93
3	Tony	Tuohy	VAC	2:19.73
4	Tony	Roberts	EVAC	2:20.37
5	Tony	Hyde	EVAC	2:25.64
6	Wole	Odele	SCVAC	2:31.34
M55 800 Metre Run Finals				
1	Kevin	Pye	MMAC	2:23.77
2	John	Donaldson	EVAC	2:28.44
3	Geoffrey	Brewster	EVAC	2:29.20
4	Karl	Hick	MMAC	2:35.84
M60 800 Metre Run Finals				
1	David	Wilcock	SCVAC	2:16.76
2	Kevin	Archer	SWVAC	2:25.16
3	David	Oxland	MMAC	2:25.45
M65 800 Metre Run				

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Finals

1	Michael	Mann	VAC	2:45.96
2	Peter	Hamilton	VAC	2:51.09

M70 800 Metre Run

Finals

1	Richard	Somers	VAC	2:55.75
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M75 800 Metre Run

Finals

1	John	Batchelor	VAC	2:51.57
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M40 1500 Metre Run

Finals

1	Scott	West	MMAC	4:16.25
2	Chris	Symonds	SCVAC	4:21.08
3	David	Renton	VAC	4:57.57

M45 1500 Metre Run

Finals

1	Scott	Magee	EVAC	5:02.23
2	Andy	Del Nevo	VAC	5:05.90

M50 1500 Metre Run

Finals

1	Tony	Tuohy	VAC	4:44.73
2	Steve	Roberts	VAC	4:45.61
3	Gary	Ironmonger	VAC	4:47.64
4	Tony	Roberts	EVAC	4:53.15

M55 1500 Metre Run

Finals

1	David	Bowker	EVAC	5:08.19
2	Keith	McLellan	EVAC	5:38.62
3	Alan	Dolton	VAC	5:43.46

M60 1500 Metre Run

Finals

1	Kevin	Archer	SWVAC	5:08.13
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M65 1500 Metre Run

Finals

1	Alan	Davidson	VAC	6:51.47
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M40 3000 Metre Run

Finals

1	Nick	Jacobs	SCVAC	10:12.19
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M45 3000 Metre Run

Finals

1	Ian	Johnston	VAC	9:39.41
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M50 3000 Metre Run

Finals

1	Tony	Tuohy	VAC	10:06.67
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M55 3000 Metre Run

Finals

1	David	Bowker	EVAC	11:30.27
2	Keith	McLellan	EVAC	11:46.60

M60 3000 Metre Run

Finals

1	David	Oxland	MMAC	10:58.35
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M65 3000 Metre Run

Finals

1	Michael	Mann	VAC	11:39.93
2	Dave	Beattie	SCVAC	12:18.98
3	Peter	Hamilton	VAC	12:33.09
4	Alan	Davidson	VAC	14:26.76

M35 60 Metre Hurdles

Finals

1	Matthew	Dalton	EVAC	9.57
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M50 60 Metre Hurdles

Finals

1	Donald	Brown	MMAC	9.37
2	Neil	Tunstall	SWVAC	9.40
3	Glen	Reddington	VAC	9.50

M70 60 Metre Hurdles

Finals

1	Barry	Ferguson	VAC	12.18
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M40 High Jump

Finals

1	Samuel	Bobb	SCVAC	1.64m
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M50 High Jump

Finals

1	Richard	Phelan	EVAC	1.52m
2	Mark	Roach	SWVAC	1.49m

M55 High Jump

Finals

1	Gary	Capon	SCVAC	1.55m
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M60 High Jump

Finals

1	David	Blunt	VAC	1.43m
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M70 High Jump

Finals

1	Allan	Cheers	VAC	1.19m
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M75 High Jump

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Finals				
1	Roger	Bruck	SCVAC	1.22m
M40 Pole Vault				
Finals				
1	Chris	Mills	SCVAC	4.20m
M45 Pole Vault				
Finals				
1	David	Pearson	SWVAC	3.60m
M50 Pole Vault				
Finals				
1	Richard	Phelan	EVAC	3.10m
M60 Pole Vault				
Finals				
1	Allan	Williams	SCVAC	3.40m
2	Wayne	DuBose	EVAC	2.50m
---	David	Blunt	VAC	NH
M35 Long Jump				
Finals				
1	Jan	Barnard	EVAC	4.08m
M40 Long Jump				
Finals				
1	Samuel	Bobb	SCVAC	6.20m
2	Neil	Lincoln	SCVAC	5.89m
3	Gary	Smith	EVAC	5.10m
M50 Long Jump				
Finals				
1	Keith	Palmer	EVAC	4.69m
2	Steve	Mayfield	EVAC	4.30m
3	Derek	Shepherd	VAC	1.24m
M55 Long Jump				
Finals				
1	David	Shields	VAC	4.26m
M60 Long Jump				
Finals				
1	David	Blunt	VAC	4.52m
2	Paul	Oakes	EVAC	4.43m
3	Peter	Morgan	VAC	3.69m
M65 Long Jump				
Finals				
1	Derek	Wardle	VAC	4.01m
2	Patrick	Reynolds	VAC	3.09m
M70 Long Jump				
Finals				
1	Allan	Long	VAC	4.07m
2	Allan	Cheers	VAC	3.86m

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M75 Long Jump Finals				
1	Roger	Bruck	SCVAC	3.09m
M80 Long Jump Finals				
1	Colin	Sheppard	VAC	2.58m
M40 Triple Jump Finals				
1	Samuel	Bobb	SCVAC	13.41m
2	Neil	Lincoln	SCVAC	11.17m
M55 Triple Jump Finals				
1	Gary	Capon	SCVAC	9.85m
M65 Triple Jump Finals				
1	Patrick	Reynolds	VAC	6.21m
W65 Triple Jump Finals				
1	Patricia	Oakes	SCVAC	6.08m
W70 Triple Jump Finals				
1	Iris	Holder	WMAA	6.55m
M80 Triple Jump Finals				
1	Colin	Sheppard	VAC	5.52m
M45 Shot Put Finals				
1	Gintas	Degutis	EVAC	15.23m
2	Mark	Wiseman	SCVAC	14.12m
M50 Shot Put Finals				
1	Stephen	Whyte	EVAC	14.81m
2	Anthony	Tipping	VAC	12.64m
3	Renzo	Di Libero	VAC	11.48m
M55 Shot Put Finals				
1	Michael	Hausler	EVAC	11.55m
2	Keith	Seldon	VAC	9.12m
3	Peter	Wishart	VAC	9.11m
M60 Shot Put Finals				
1	Wayne	DuBose	EVAC	11.15m
2	Paul	Oakes	EVAC	10.88m
3	Graeme	Packman	EVAC	10.12m

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4	Jim	Burke	EVAC	9.17m
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M65 Shot Put
Finals

1	Geoff	Tyler	EVAC	12.27m
2	Neil	Griffin	SCVAC	12.20m
3	Tony	Richards	VAC	10.88m

M80 Shot Put
Finals

1	Ian	Miller	EVAC	9.37m
2	Clifford	Taylor	VAC	8.09m