

South of England/EMAC/VAC Masters Indoor Championships 2020 - 2020-02-23

Results by Category

This report only shows finishers (excludes DNF, DNS and DQ)

F01 LJ Ind FAIL

W35

Position	Name	Age	Team	Performance
1	Dasha Newington	W35	EMAC	4.01

W40

Position	Name	Age	Team	Performance
1	Christine Sciberras	W40	SCVAC	4.25
2	Dawn Williams	W40	EMAC	3.54

W45

Position	Name	Age	Team	Performance
1	Janelle Quinn	W45	Guest	4.19
2	Joanna Sparkes	W45	SCVAC	2.16

W50

Position	Name	Age	Team	Performance
1	Stefanie Dornbusch	W50	SCVAC	3.78
2	Helen Bond	W50	SCVAC	3.54

W55

Position	Name	Age	Team	Performance
1	Clare St John-Coleman	W55	EMAC	3.59
2	Lyn Sole	W55	SCVAC	3.49
3	Teresa Hinton	W55	SCVAC	3.22
4	Julie Wilson	W55	READ	2.84

W60

Position	Name	Age	Team	Performance
1	Sandra Francis	W60	SOC	3.01

W65

Position	Name	Age	Team	Performance
1	Emily McMahon	W65	VAC	3.12
2	Lyn Ahmet	W65	SCVAC	3.06
3	Hel James	W65	VAC	2.88

W80

Position	Name	Age	Team	Performance
1	Anne Martin	W80	EMAC	1.96

F02 SP Ind MV60up

M60

Position	Name	Age	Team	Performance
1	Michael Hausler	M60	EMAC	13.22
2	John Painter	M60	EMAC	12.17
3	John Fenton	M60	SCVAC	11.56
4	Keith Seldon	M60	VAC	9.69
5	Juan Carlos Fernandez-Arroyabe	M60	EMAC	7.42

M65

Position	Name	Age	Team	Performance
1	Graeme Packman	M65	EMAC	9.60
2	Patrick Reynolds	M65	VAC	6.56

M70

Position	Name	Age	Team	Performance
1	Geoff Tyler	M70	EMAC	12.83
2	Bill O'Connor	M70	VAC	7.32

M75

Position	Name	Age	Team	Performance
1	Ronald Westcott	M75	EMAC	7.78

T01 60m Ind MFV55up

M55

Position	Name	Age	Team	Performance
1	Donald Brown	M55	Guest	7.74
2	Pat Logan	M55	VAC	7.95
3	Wole Odele	M55	SCVAC	8.02
4	Glen Reddington	M55	VAC	8.42
5	Peter Ilo	M55	SCVAC	8.43
6	Adam Garel	M55	SCVAC	8.74
7	Chris Michael	M55	VAC	9.75

M60

Position	Name	Age	Team	Performance
1	Ricardo Huskisson	M60	EMAC	7.88
2	Kwei Sankofa	M60	SCVAC	8.03
3	Wilson Paterson	M60	EMAC	8.74
4	Ian Long	M60	SWVAC	8.96
5	Adrian Day	M60	VAC	8.97
6	Scott Paget	M60	SCVAC	9.34
7	Peter Morgan	M60	VAC	10.49

M65

Position	Name	Age	Team	Performance
1	David Hinds	M65	VAC	9.03
2	John Moore	M65	EMAC	9.49
3	Alan Perry	M65	VAC	9.58

M75

Position	Name	Age	Team	Performance
1	Victor Novell	M75	SCVAC	8.99
2	Allan Long	M75	VAC	9.07
3	Ron Davies	M75	SCVAC	9.70
4	Charles Isetts	M75	VAC	10.33
5	Frank Hayes	M75	EMAC	10.68
6	David Whittaker	M75	VAC	11.36

M80

Position	Name	Age	Team	Performance
1	Roger Bruck	M80	SCVAC	11.35

M85

Position	Name	Age	Team	Performance
1	John Evans	M85	Guest	11.51

W55

Position	Name	Age	Team	Performance
1	Kirstin King	W55	SCVAC	8.53
2	Eni Font Freide	W55	SCVAC	9.04
3	Monica Brown	W55	EMAC	9.06
4	Yolanda Broek	W55	VAC	9.41
5	Mary Brown	W55	SCVAC	9.50
6	Gaye Clarke	W55	EMAC	9.78
7	Clare St John-Coleman	W55	EMAC	9.82
8	Lyn Sole	W55	SCVAC	10.18

W60

Position	Name	Age	Team	Performance
1	Sandra Francis	W60	SOC	10.57

W65

Position	Name	Age	Team	Performance
1	Joan Trimble	W65	VAC	9.30
2	Emily McMahon	W65	VAC	10.40
3	Anne Nelson	W65	VAC	10.43
4	Christine Clements	W65	DARTF	10.63
5	Hel James	W65	VAC	10.87
6	Lyn Ahmet	W65	SCVAC	11.13
7	Stephanie Stamp	W65	EMAC	13.95

W75

Position	Name	Age	Team	Performance
1	Mary Axtell	W75	VAC	12.73

F03 PV Ind All

M35

Position	Name	Age	Team	Performance
1	Jon Ladley	M35	VAC	3.10

M40

Position	Name	Age	Team	Performance
1	Ian Parkinson	M40	SCVAC	3.80

M45

Position	Name	Age	Team	Performance
1	Christopher Kent	M45	EMAC	2.20

M50

Position	Name	Age	Team	Performance
1	Simon Eastwood	M50	EMAC	2.80

M55

Position	Name	Age	Team	Performance
1	Allan Leiper	M55	SCVAC	3.20
2	Richard Phelan	M55	EMAC	2.70

W35

Position	Name	Age	Team	Performance
1	Sarah Semeraro	W35	ENFH	3.40
2	Caroline Parkinson	W35	SCVAC	3.10
3	Dasha Newington	W35	EMAC	2.40

W40

Position	Name	Age	Team	Performance
1	Jemma Eastwood	W40	EMAC	3.10
2	Sarka Hawtin	W40	SCVAC	3.10
3	Kim Saha	W40	VAC	2.70

W50

Position	Name	Age	Team	Performance
1	Sandra Pedley	W50	EMAC	1.90

W65

Position	Name	Age	Team	Performance
1	Sue Dassie	W65	VAC	1.70

T02 60m Ind MFV50dn

M35

Position	Name	Age	Team	Performance
1	Allan Mc Sween	M35	EMAC	7.45
2	Andrew Spour	M35	EMAC	7.49
3	Daniel Yellop	M35	EMAC	7.62
4	Michael Shortall	M35	EMAC	7.71
5	Sam Grealy	M35	VAC	7.77
6	Owen Wells	M35	VAC	7.79
7	Mike Harwood	M35	SCVAC	7.82
8	Panos Ioannou	M35	EMAC	7.82
9	Sean Connerton	M35	SCVAC	7.83
10	Berenger Akue Assoumou	M35	VAC	7.99

M40

Position	Name	Age	Team	Performance
1	Stuart Channon	M40	VAC	7.52
2	Jan Barnard	M40	EMAC	7.61
3	Amr Ziko	M40	EMAC	7.76
4	Justin Hubbard	M40	EMAC	7.80
5	Mark Vallier	M40	SWVAC	7.83
6	Craig Christian	M40	EMAC	7.97
7	Ben Reeves	M40	GLOS	8.03
8	Adie Monk	M40	Guest	8.10
9	Rory Macfarlane	M40	VAC	8.25

M45

Position	Name	Age	Team	Performance
1	Joshua Wood	M45	SCVAC	7.42
2	Joe Appiah	M45	SCVAC	7.47
3	Ciaran Harvey	M45	SCVAC	7.52
4	Mark Mcallister	M45	SCVAC	7.76
5	Craig Beecham	M45	SCVAC	7.93
6	Sean Sutherland	M45	SCVAC	8.06
7	Alex Guest	M45	VAC	8.07
8	Jesse Wilson	M45	EMAC	8.20
9	William Harris	M45	VAC	8.27
10	Stephen Bass	M45	EMAC	8.68

M50

Position	Name	Age	Team	Performance
1	Paul Canning	M50	EMAC	7.96
2	Kerry Courtenay-Robin	M50	EMAC	8.07
3	Neil Middleton	M50	SCVAC	8.37
4	Richard Cooper	M50	SWVAC	8.39

5	David Wilson	M50	Guest	8.50
6	Darren O'Leary	M50	EMAC	8.55
7	Mark Bartholomew	M50	EMAC	8.67
8	Nick Jones	M50	SCVAC	8.78
9	Andrew Weller	M50	EMAC	8.83

W35

Position	Name	Age	Team	Performance
1	Vanessa Grant	W35	SCVAC	7.99
2	Lisa Boland	W35	SCVAC	8.19

W40

Position	Name	Age	Team	Performance
1	Karen Burles	W40	SCVAC	8.34
2	Lucy Bartlett	W40	VAC	8.79
3	Amy Jackson	W40	SCVAC	8.84
4	Christine Sciberras	W40	SCVAC	9.10

W45

Position	Name	Age	Team	Performance
1	Kathryn Miles	W45	SCVAC	8.70
2	Yvette Clayton	W45	EMAC	8.98
3	Janelle Quinn	W45	Guest	9.02
4	Popsie Wootten	W45	SCVAC	9.16

W50

Position	Name	Age	Team	Performance
1	Joanna Flowers	W50	VAC	8.72
2	Rachel Waters	W50	VAC	9.51
3	Helen Bond	W50	SCVAC	9.78
4	Patience Agbabi	W50	SCVAC	10.40
5	Sue Paterson	W50	EMAC	11.01

F04 SP Ind MV50-55

M50

Position	Name	Age	Team	Performance
1	Geoff Grinsted	M50	EMAC	10.32
2	Peter Evans	M50	VAC	10.08
3	Gary Walter	M50	SCVAC	9.82
4	David Hunt	M50	VAC	9.74
5	Harvey Griffiths	M50	EMAC	8.75

M55

Position	Name	Age	Team	Performance
1	Allan Leiper	M55	SCVAC	11.99

2	Peter Buxton	M55	TONB	9.38
3	Jim Gillespie	M55	VAC	9.27
4	Peter Wishart	M55	VAC	9.07
5	Simon Wills	M55	Guest	8.58
6	Chris Michael	M55	VAC	7.00

F05 LJ Ind MV65up

M65

Position	Name	Age	Team	Performance
1	Mario Lapka	M65	SWVAC	4.28
2	David Blunt	M65	VAC	3.98
3	Patrick Reynolds	M65	VAC	2.51

M75

Position	Name	Age	Team	Performance
1	Ron Davies	M75	SCVAC	3.62

M80

Position	Name	Age	Team	Performance
1	Roger Bruck	M80	SCVAC	3.17

M85

Position	Name	Age	Team	Performance
1	John Evans	M85	Guest	2.75

T03 60mH Ind/Pent MFAII

M35

Position	Name	Age	Team	Performance
1	Michael Shortall	M35	EMAC	8.75

M45

Position	Name	Age	Team	Performance
1	Gary Smith	M45	EMAC	8.79
2	David Shortridge	M45	SCVAC	12.87

M50

Position	Name	Age	Team	Performance
1	Paul Canning	M50	EMAC	9.66
2	Peter Benedickter	M50	EMAC	9.74

M55

Position	Name	Age	Team	Performance
1	Donald Brown	M55	Guest	9.08
2	Glen Reddington	M55	VAC	10.15

M60

Position	Name	Age	Team	Performance
1	Tennyson James	M60	EMAC	9.76

M65

Position	Name	Age	Team	Performance
1	Duncan Talbot	M65	SCVAC	12.48

M70

Position	Name	Age	Team	Performance
1	Tony Wells	M70	EMAC	10.83

W35

Position	Name	Age	Team	Performance
1	Nene Harrison	W35	SCVAC	10.22
2	Dasha Newington	W35	EMAC	11.99

W40

Position	Name	Age	Team	Performance
1	Sally Gilding	W40	EMAC	11.30
2	Dawn Williams	W40	EMAC	12.00

W55

Position	Name	Age	Team	Performance
1	Julie Rogers	W55	Guest	10.30
2	Kirstin King	W55	SCVAC	10.96
3	Gaye Clarke	W55	EMAC	11.07
4	Teresa Hinton	W55	SCVAC	12.31

F06 SP Ind FV50up

W50

Position	Name	Age	Team	Performance
1	Nicole Celestine	W50	EMAC	7.91
2	Sue Paterson	W50	EMAC	7.36

W55

Position	Name	Age	Team	Performance
1	Julie Wilson	W55	READ	9.02
2	Teresa Hinton	W55	SCVAC	7.52
3	Wendy Dunsford	W55	EMAC	6.91

W65

Position	Name	Age	Team	Performance
1	Vilma Thompson	W65	SCVAC	9.08
2	Sue Dassie	W65	VAC	7.42

3	Christine Clements	W65	DARTF	6.72
4	Stephanie Stamp	W65	EMAC	6.15
5	Hel James	W65	VAC	5.39

W75

Position	Name	Age	Team	Performance
1	Liz Sissons	W75	VAC	8.70

W80

Position	Name	Age	Team	Performance
1	Anne Martin	W80	EMAC	5.95

T05 200m Ind MFAII

M35

Position	Name	Age	Team	Performance
1	Andrew Spour	M35	EMAC	23.90
2	Allan Mc Sween	M35	EMAC	24.10
3	Michael Shortall	M35	EMAC	24.40
4	Daniel Yellop	M35	EMAC	24.57
5	Adam Bernard	M35	SCVAC	25.18
6	Mike Harwood	M35	SCVAC	25.42
7	Berenger Akue Assoumou	M35	VAC	25.68
8	Owen Wells	M35	VAC	25.70
9	Sam Grealy	M35	VAC	25.87

M40

Position	Name	Age	Team	Performance
1	Justin Hubbard	M40	EMAC	24.93
2	Jan Barnard	M40	EMAC	25.10
3	Stuart Channon	M40	VAC	25.17
4	Amr Ziko	M40	EMAC	25.82
5	Craig Christian	M40	EMAC	25.94
6	David Battersby	M40	Guest	26.52
7	Rory Macfarlane	M40	VAC	27.41

M45

Position	Name	Age	Team	Performance
1	Ciaran Harvey	M45	SCVAC	24.44
2	Mark Mcallister	M45	SCVAC	25.56
3	Craig Beecham	M45	SCVAC	25.63
4	Sean Sutherland	M45	SCVAC	26.09
5	Alex Guest	M45	VAC	26.71
6	David Shortridge	M45	SCVAC	26.82
7	William Harris	M45	VAC	27.04
8	Martin Willis	M45	VAC	28.59

9	Stephen Bass	M45	EMAC	29.07
10	Michael Graz	M45	VAC	31.63

M50

Position	Name	Age	Team	Performance
1	Paul Canning	M50	EMAC	26.18
2	Peter Benedickter	M50	EMAC	26.46
3	Michael Osunsami	M50	SCVAC	26.95
4	David Wilson	M50	Guest	27.67
5	Steve Mayfield	M50	EMAC	28.25
6	Darren O'Leary	M50	EMAC	28.37
7	Andrew Weller	M50	EMAC	31.10

M55

Position	Name	Age	Team	Performance
1	Pat Logan	M55	VAC	25.95
2	David Kemp	M55	SCVAC	26.37
3	Wole Odele	M55	SCVAC	26.51
4	Peter Ilo	M55	SCVAC	27.53
5	Adam Garell	M55	SCVAC	29.40
6	Clifford Warren	M55	EMAC	30.32

M60

Position	Name	Age	Team	Performance
1	Kwei Sankofa	M60	SCVAC	26.11
2	Ricardo Huskisson	M60	EMAC	26.36
3	Tennyson James	M60	EMAC	27.16
4	Ivars Licietis	M60	EMAC	28.52
5	Adrian Day	M60	VAC	28.73
6	Wilson Paterson	M60	EMAC	29.49
7	Clem Leon	M60	SCVAC	29.73
8	Ian Long	M60	SWVAC	30.17
9	Robert Woolliams	M60	EMAC	31.21
10	Richard Jenkin	M60	VAC	31.55
11	Scott Paget	M60	SCVAC	35.03
12	Juan Carlos Fernandez-Arroyabe	M60	EMAC	38.03

M65

Position	Name	Age	Team	Performance
1	Simon Barrett	M65	SCVAC	29.13
2	David Hinds	M65	VAC	29.45
3	Les Percival	M65	EMAC	30.58
4	John Moore	M65	EMAC	31.13

M70

Position	Name	Age	Team	Performance
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1	David Spencer	M70	SCVAC	29.21
2	Bruce Hendrie	M70	BANBH	31.47
3	Tony Wells	M70	EMAC	31.83
4	Bill O'Connor	M70	VAC	43.53

M75

Position	Name	Age	Team	Performance
1	Victor Novell	M75	SCVAC	31.14
2	Ron Davies	M75	SCVAC	32.54
3	Charles Isetts	M75	VAC	37.96
4	David Whittaker	M75	VAC	39.07
5	Frank Hayes	M75	EMAC	39.71

M85

Position	Name	Age	Team	Performance
1	John Evans	M85	Guest	42.74

W35

Position	Name	Age	Team	Performance
1	Lisa Boland	W35	SCVAC	26.74
2	Vanessa Grant	W35	SCVAC	27.12
3	Fiona De Mauny	W35	VAC	27.92
4	Eleri Jones	W35	Guest	28.89

W40

Position	Name	Age	Team	Performance
1	Karen Burles	W40	SCVAC	27.42
2	Amy Jackson	W40	SCVAC	29.89

W45

Position	Name	Age	Team	Performance
1	Yvette Clayton	W45	EMAC	29.29
2	Kathryn Miles	W45	SCVAC	30.22
3	Popsie Wootten	W45	SCVAC	30.25
4	Henrietta Anstey	W45	SWVAC	31.89
5	Kelly Roberts	W45	SCVAC	34.39

W50

Position	Name	Age	Team	Performance
1	Joanna Flowers	W50	VAC	28.66
2	Stefanie Dornbusch	W50	SCVAC	31.41
3	Rachel Waters	W50	VAC	31.75
4	Helen Bond	W50	SCVAC	33.39
5	Sue Paterson	W50	EMAC	38.68

W55

Position	Name	Age	Team	Performance
1	Kirstin King	W55	SCVAC	29.02
2	Tracy Bezance	W55	EMAC	29.97
3	Julie Rogers	W55	Guest	31.04
4	Mary Brown	W55	SCVAC	31.82
5	Gaye Clarke	W55	EMAC	33.70
6	Lyn Sole	W55	SCVAC	40.67

W60

Position	Name	Age	Team	Performance
1	Edith Caux	W60	EMAC	32.33
2	Ed Roe	W60	VAC	32.90
3	Lesley Parsons	W60	VAC	33.77

W65

Position	Name	Age	Team	Performance
1	Joan Trimble	W65	VAC	33.07
2	Anne Nelson	W65	VAC	35.61

W75

Position	Name	Age	Team	Performance
1	Mary Axtell	W75	VAC	48.28

F11 HJ Ind/Pent FALL

W35

Position	Name	Age	Team	Performance
1	Dasha Newington	W35	EMAC	1.44

W65

Position	Name	Age	Team	Performance
1	Christine Clements	W65	DARTF	1.17

F15 LJ Ind MV45-50

M45

Position	Name	Age	Team	Performance
1	Craig Beecham	M45	SCVAC	5.90
2	Joe Appiah	M45	SCVAC	5.83
3	Darren Thomas	M45	SWVAC	5.35
4	Vaughan Ramsay	M45	VAC	5.09
5	Christopher Kent	M45	EMAC	5.05

M50

Position	Name	Age	Team	Performance
1	Philip Bowers	M50	EMAC	4.96

2	Phil Rogers	M50	SCVAC	4.78
3	Ian Hawtin	M50	SCVAC	4.22
4	Harvey Griffiths	M50	EMAC	4.07

F17 HJ Ind/Pent MV55up

M55

Position	Name	Age	Team	Performance
1	Gary Capon	M55	SCVAC	1.47
2	Richard Phelan	M55	EMAC	1.29

M60

Position	Name	Age	Team	Performance
1	Trevor Wade	M60	SCVAC	1.29
2	Clem Leon	M60	SCVAC	1.29

M65

Position	Name	Age	Team	Performance
1	Duncan Talbot	M65	SCVAC	1.38
2	David Blunt	M65	VAC	1.38

M80

Position	Name	Age	Team	Performance
1	Roger Bruck	M80	SCVAC	1.17

T06 800m Ind MFAII

M35

Position	Name	Age	Team	Performance
1	Paul Howard	M35	SCVAC	2:05.82
2	Wayne Lashley	M35	VAC	2:10.73
3	Thomas Procter-Legg	M35	RAD	2:12.69
4	Lee Pretlove	M35	EMAC	2:13.12
5	Michael Tay	M35	VAC	2:16.86
6	Chris de Mauny	M35	VAC	2:22.27

M40

Position	Name	Age	Team	Performance
1	Jon Kennedy	M40	SCVAC	2:12.5
2	Andrew Holme	M40	SWVAC	2:17.8

M45

Position	Name	Age	Team	Performance
1	Geoffrey Hill	M45	SWVAC	2:15.52
2	Scarlett Parker	M45	VAC	2:15.75
3	Matthew Preston	M45	VAC	2:16.5

M50

Position	Name	Age	Team	Performance
1	Steven Baldock	M50	SCVAC	2:05.96
2	Mark Symes	M50	SCVAC	2:08.90
3	Pavel Kudrna	M50	SCVAC	2:13.8

M55

Position	Name	Age	Team	Performance
1	Simon Anderson	M55	SWVAC	2:18.0
2	Gary Ironmonger	M55	VAC	2:19.4
3	Tony Tuohy	M55	VAC	2:22.6
4	Jonathan Burrell	M55	SCVAC	2:23.3
5	Colin Bates	M55	SCVAC	2:25.59
6	John Harris	M55	EMAC	2:34.47
7	Richard Mangham	M55	EMAC	2:46.27

M60

Position	Name	Age	Team	Performance
1	Jonathan Metcalf	M60	EMAC	2:25.44
2	Ray Daniel	M60	EMAC	2:35.57
3	Geoffrey Brewster	M60	EMAC	2:35.74
4	John Barron	M60	VAC	2:38.88
5	Austin Davies	M60	WSUFF	2:42.10

M65

Position	Name	Age	Team	Performance
1	David Wilcock	M65	SCVAC	2:26.91
2	Kevin Archer	M65	SWVAC	2:30.91
3	Paul Gasson	M65	SCVAC	2:35.32
4	Stewart Thorp	M65	SCVAC	2:37.25
5	Richard Brown	M65	EMAC	3:01.80

M70

Position	Name	Age	Team	Performance
1	John Exley	M70	SCVAC	2:55.83
2	Michael Mann	M70	VAC	2:58.29
3	Peter Hamilton	M70	VAC	3:01.18
4	Trevor Solomon	M70	VAC	3:06.85
5	Bill O'Connor	M70	VAC	3:45.96

M75

Position	Name	Age	Team	Performance
1	Peter Giles	M75	VAC	2:52.24
2	Richard Somers	M75	VAC	3:13.00

W35

Position	Name	Age	Team	Performance
1	Hayley Cargill	W35	VAC	2:18.4
2	Hannah Waters	W35	SCVAC	2:44.19

W45

Position	Name	Age	Team	Performance
1	Louise Oldfield Jensen	W45	VAC	2:30.20
2	Nikki Sturzaker	W45	VAC	2:34.32
3	Heather Graz	W45	VAC	2:43.91

W50

Position	Name	Age	Team	Performance
1	Lisa Thomas	W50	VAC	2:34.30
2	Anna Critchlow	W50	VAC	2:36.36
3	Mary Setyabule	W50	VAC	3:00.04

W55

Position	Name	Age	Team	Performance
1	Christine Anthony	W55	EMAC	2:37.26

W60

Position	Name	Age	Team	Performance
1	Karen Brooks	W60	EMAC	2:48.31

F20 LJ Ind MV35-40

M35

Position	Name	Age	Team	Performance
1	Michael Shortall	M35	EMAC	5.67
2	Sean Connerton	M35	SCVAC	5.31
3	Kevin Wheeler	M35	VAC	3.13

M40

Position	Name	Age	Team	Performance
1	Justin Hubbard	M40	EMAC	5.74
2	Aaron Bollu	M40	EMAC	5.44
3	Stuart Channon	M40	VAC	4.85

F21 SP Ind MV40-45

M40

Position	Name	Age	Team	Performance
1	Ray Mckenna	M40	SCVAC	11.24

M45

Position	Name	Age	Team	Performance
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1	Martin Willis	M45	VAC	8.80
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F22A TJ Ind Fall

W35

Position	Name	Age	Team	Performance
1	Dasha Newington	W35	EMAC	9.46

W40

Position	Name	Age	Team	Performance
1	Christine Sciberras	W40	SCVAC	8.93

W55

Position	Name	Age	Team	Performance
1	Mandy Rowley-Jones	W55	SCVAC	7.81

W65

Position	Name	Age	Team	Performance
1	Lyn Ahmet	W65	SCVAC	6.88

F22B TJ Ind MV55up

M55

Position	Name	Age	Team	Performance
1	Gary Capon	M55	SCVAC	9.84
2	Clifford Warren	M55	EMAC	9.01
3	David Shields	M55	VAC	8.53

M65

Position	Name	Age	Team	Performance
1	David Blunt	M65	VAC	8.70
2	Patrick Reynolds	M65	VAC	6.16

M85

Position	Name	Age	Team	Performance
1	John Evans	M85	Guest	5.83

F23 HJ Ind/Pent MV45-50

M45

Position	Name	Age	Team	Performance
1	Andrew England	M45	Guest	1.62
2	Vaughan Ramsay	M45	VAC	1.56

M50

Position	Name	Age	Team	Performance
1	Harvey Griffiths	M50	EMAC	1.59

T07 400m Ind MFAII

M35

Position	Name	Age	Team	Performance
1	Steven Tester	M35	VAC	52.89
2	Michael Shortall	M35	EMAC	54.83
3	Daniel Yellop	M35	EMAC	55.07
4	Adam Bernard	M35	SCVAC	55.67
5	Paul Howard	M35	SCVAC	56.47
6	Kevin Wheeler	M35	VAC	1:10.36

M40

Position	Name	Age	Team	Performance
1	Daniel Scurrrell	M40	EMAC	57.46
2	David Battersby	M40	Guest	58.45
3	Craig Christian	M40	EMAC	59.04

M45

Position	Name	Age	Team	Performance
1	Scarlett Parker	M45	VAC	58.75
2	Sean Sutherland	M45	SCVAC	59.34
3	Lee Bowker	M45	EMAC	59.39
4	Jesse Wilson	M45	EMAC	1:00.16
5	David Shortridge	M45	SCVAC	1:00.96
6	Michael Graz	M45	VAC	1:07.69

M50

Position	Name	Age	Team	Performance
1	Steven Baldock	M50	SCVAC	54.99
2	Peter Benedickter	M50	EMAC	57.89

M55

Position	Name	Age	Team	Performance
1	Wole Odele	M55	SCVAC	58.40
2	Tony Killilea	M55	VAC	1:02.50
3	David Kemp	M55	SCVAC	1:03.05
4	John Harris	M55	EMAC	1:09.50

M60

Position	Name	Age	Team	Performance
1	Kwei Sankofa	M60	SCVAC	58.81
2	Tennyson James	M60	EMAC	1:02.74
3	Jonathan Metcalf	M60	EMAC	1:05.21
4	Ivars Licietis	M60	EMAC	1:06.40
5	Adrian Day	M60	VAC	1:07.30
6	Scott Paget	M60	SCVAC	1:33.50

M65

Position	Name	Age	Team	Performance
1	Timothy Carter	M65	VAC	1:08.02
2	David Hinds	M65	VAC	1:08.82

M70

Position	Name	Age	Team	Performance
1	David Spencer	M70	SCVAC	1:06.69
2	Bill O'Connor	M70	VAC	1:42.84

W35

Position	Name	Age	Team	Performance
1	Fiona De Mauny	W35	VAC	59.48
2	Hayley Cargill	W35	VAC	1:00.97
3	Gemma Knight	W35	Guest	1:04.24

W45

Position	Name	Age	Team	Performance
1	Yvette Clayton	W45	EMAC	1:06.31
2	Lisa Carpenter	W45	SWVAC	1:08.77
3	Sally Parry	W45	SCVAC	1:10.70
4	Henrietta Anstey	W45	SWVAC	1:13.62

W50

Position	Name	Age	Team	Performance
1	Joanna Flowers	W50	VAC	1:04.63
2	Lisa Thomas	W50	VAC	1:06.83

W55

Position	Name	Age	Team	Performance
1	Alison Collins	W55	SCVAC	1:12.66
2	Mary Brown	W55	SCVAC	1:13.74

W60

Position	Name	Age	Team	Performance
1	Edith Caux	W60	EMAC	1:16.78
2	Lesley Parsons	W60	VAC	1:17.74

F25 SP Ind FV35-45

W35

Position	Name	Age	Team	Performance
1	Nene Harrison	W35	SCVAC	10.60
2	Natalie Mann	W35	VAC	8.35

W40

Position	Name	Age	Team	Performance
1	Dawn Williams	W40	EMAC	8.09

W45

Position	Name	Age	Team	Performance
1	Sue Lawrence	W45	EMAC	9.25
2	Sarah Mcgrath	W45	EMAC	9.16
3	Carey Hollick	W45	EMAC	7.29
4	Joanna Sparkes	W45	SCVAC	5.66

F27 HJ Ind/Pent SM-MV40

M35

Position	Name	Age	Team	Performance
1	Kevin Wheeler	M35	VAC	1.02

F28 LJ Ind MV55-60

M55

Position	Name	Age	Team	Performance
1	Clifford Warren	M55	EMAC	4.10
2	David Shields	M55	VAC	3.88

M60

Position	Name	Age	Team	Performance
1	Trevor Wade	M60	SCVAC	4.43
2	Peter Morgan	M60	VAC	3.41

T08 1500m Ind MFAII

M35

Position	Name	Age	Team	Performance
1	Stewart Overton	M35	EMAC	4:43.21
2	Chris de Mauny	M35	VAC	4:45.22

M40

Position	Name	Age	Team	Performance
1	Edward Price	M40	EMAC	4:34.28
2	Jon Kennedy	M40	SCVAC	4:37.46

M45

Position	Name	Age	Team	Performance
1	Anthony O'Brien	M45	Guest	4:21.69
2	Andre Dahlkamp	M45	VAC	4:28.60
3	Matthew Preston	M45	VAC	4:42.70

M50

Position	Name	Age	Team	Performance
1	Justin Reid	M50	HW	4:27.65

M55

Position	Name	Age	Team	Performance
1	Simon Anderson	M55	SWVAC	4:44.20
2	Gary Ironmonger	M55	VAC	4:46.67
3	Tony Tuohy	M55	VAC	4:53.72
4	Jonathan Burrell	M55	SCVAC	5:02.40
5	Robert O'Rourke	M55	VAC	5:21.53
6	Richard Mangham	M55	EMAC	5:41.60

M60

Position	Name	Age	Team	Performance
1	Richard Holland	M60	VAC	5:10.22
2	Richard Jenkin	M60	VAC	5:17.94
3	Alan Dolton	M60	VAC	6:46.08

M65

Position	Name	Age	Team	Performance
1	David Wilcock	M65	SCVAC	5:12.48
2	Kevin Archer	M65	SWVAC	5:16.17
3	Stewart Thorp	M65	SCVAC	5:24.30

M70

Position	Name	Age	Team	Performance
1	John Exley	M70	SCVAC	5:54.18
2	Michael Mann	M70	VAC	5:54.88
3	Alfred Hermes	M70	Guest	6:08.20
4	Bill O'Connor	M70	VAC	7:34.14

M75

Position	Name	Age	Team	Performance
1	Peter Giles	M75	VAC	5:52.46

W35

Position	Name	Age	Team	Performance
1	Fiona De Mauny	W35	VAC	4:45.28

W45

Position	Name	Age	Team	Performance
1	Nikki Sturzaker	W45	VAC	5:16.52
2	Heather Graz	W45	VAC	5:31.34

W50

Position	Name	Age	Team	Performance
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1	Lisa Webb	W50	VAC	5:18.98
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W55

Position	Name	Age	Team	Performance
1	Clare Elms	W55	VAC	4:55.83
2	Christine Anthony	W55	EMAC	5:33.67

W60

Position	Name	Age	Team	Performance
1	Andrea Sanders-Reece	W60	VAC	6:50.99

W65

Position	Name	Age	Team	Performance
1	Anna Garnier	W65	VAC	5:54.04

F29 TJ Ind MV35-50

M35

Position	Name	Age	Team	Performance
1	Michael Shortall	M35	EMAC	11.25
2	Steven Tester	M35	VAC	10.81
3	Tony Bacon	M35	EMAC	8.85

M40

Position	Name	Age	Team	Performance
1	Aaron Bollu	M40	EMAC	10.84

M45

Position	Name	Age	Team	Performance
1	Darren Thomas	M45	SWVAC	11.48
2	Vaughan Ramsay	M45	VAC	10.35

M50

Position	Name	Age	Team	Performance
1	Keith Newton	M50	SCVAC	11.55
2	Neil Carrington	M50	EMAC	10.42
3	Philip Bowers	M50	EMAC	10.27
4	Harvey Griffiths	M50	EMAC	8.55

T09 3000m Ind MFAII

M35

Position	Name	Age	Team	Performance
1	Paul Howard	M35	SCVAC	9:53.22
2	Stewart Overton	M35	EMAC	9:56.99

M40

Position	Name	Age	Team	Performance
1	Edward Price	M40	EMAC	9:47.74

M45

Position	Name	Age	Team	Performance
1	Andre Dahlkamp	M45	VAC	9:55.89
2	Xavier Laurent	M45	OUAC	11:29.20

M50

Position	Name	Age	Team	Performance
1	Justin Reid	M50	HW	9:45.87
2	Ian Johnston	M50	VAC	9:57.36
3	Calvin Scoltock	M50	Guest	10:21.50
4	Bryan Camfield	M50	VAC	10:22.91

M55

Position	Name	Age	Team	Performance
1	Anthony Roper	M55	SWVAC	10:08.52
2	Gary Ironmonger	M55	VAC	10:16.78

M60

Position	Name	Age	Team	Performance
1	Paul Mingay	M60	EMAC	10:11.39
2	Richard Holland	M60	VAC	11:03.99
3	Karl Hick	M60	Guest	11:39.96
4	Nigel Lambert	M60	EMAC	12:08.60

M70

Position	Name	Age	Team	Performance
1	Peter Hamilton	M70	VAC	13:10.02

M75

Position	Name	Age	Team	Performance
1	Peter Giles	M75	VAC	12:51.89

M80

Position	Name	Age	Team	Performance
1	Joe Aspinall	M80	VAC	17:53.86

W45

Position	Name	Age	Team	Performance
1	Nikki Sturzaker	W45	VAC	11:51.17

W55

Position	Name	Age	Team	Performance
1	Lucy Woolhouse	W55	VAC	11:35.48