

British Masters Indoor Track & Field and Winter Throws Championships - 2020-03-07

Results by Category

This report only shows finishers (excludes DNF, DNS and DQ)

T03 60mH FV60,MV80

M80

Position	Name	Age	Team	Performance
1	Tony Bowman	M80	NMAC	12.59

W60

Position	Name	Age	Team	Performance
1	Jane Horder	W60	MMAC	9.96
2	Lucinda Moore-Fox	W60	IRL	14.76

T06 60mH FV50-55-MV70

M70

Position	Name	Age	Team	Performance
1	Tony Wells	M70	EMAC	10.74

W50

Position	Name	Age	Team	Performance
1	Dawn Jones	W50	EMAC	10.88

W55

Position	Name	Age	Team	Performance
1	Gaye Clarke	W55	EMAC	11.05
2	Teresa Hinton	W55	SCVAC	12.26

T07 60mH FV45

W45

Position	Name	Age	Team	Performance
1	Diana Norman	W45	SCVAC	9.52
2	Paula Williams	W45	MMAC	9.82
3	Jo Wilding	W45	SCVAC	10.56

T08 60mH FV40

W40

Position	Name	Age	Team	Performance
1	Leanne Buxton	W40	EMAC	9.50
2	Sally Gilding	W40	EMAC	11.10
3	Dawn Williams	W40	EMAC	11.61

F01 LJ MV65up

M65

Position	Name	Age	Team	Performance
1	Ian Thomson	M65	SCVAC	4.11
2	David Blunt	M65	VAC	4.00
3	Patrick Reynolds	M65	IRL	2.87

M75

Position	Name	Age	Team	Performance
1	Jim O'Shea	M75	IRL	3.80
2	Ron Davies	M75	SCVAC	3.76
3	Phil Rees	M75	WMAL	2.44

M80

Position	Name	Age	Team	Performance
1	Roger Bruck	M80	SCVAC	3.14
2	Tony Bowman	M80	NMAC	2.79

F02 SP FV50-65

W50

Position	Name	Age	Team	Performance
1	Carol Parker	W50	MMAC	12.63
2	Jenny Agyepong	W50	VAC	9.51
3	Dawn Jones	W50	EMAC	7.62

W55

Position	Name	Age	Team	Performance
1	Julie Wilson	W55	NMAC	9.34
2	Lorna Foster	W55	MMAC	8.89
3	Susan Richardson	W55	NMAC	8.75
4	Janet Smith	W55	SCVAC	8.58
5	Susan Frisby	W55	MMAC	7.65
6	Teresa Hinton	W55	SCVAC	7.36
7	Wendy Dunsford	W55	EMAC	6.55

F03 HT FV60up

W60

Position	Name	Age	Team	Performance
1	Julie Wakelam	W60	WMAL	27.77
2	Claire Cameron	W60	SVHC	25.36
3	Lucinda Moore-Fox	W60	IRL	23.57
4	Brenda Russell	W60	EMAC	21.64

W65

Position	Name	Age	Team	Performance
1	Vilma Thompson	W65	SCVAC	25.30

W70

Position	Name	Age	Team	Performance
1	Rosemary Hutton	W70	SWVAC	22.64
2	Liz Brandon	W70	SCVAC	18.69

W75

Position	Name	Age	Team	Performance
1	Liz Sissons	W75	SCVAC	24.76

W80

Position	Name	Age	Team	Performance
1	Evaun Williams	W80	SCVAC	31.97
2	Anne Martin	W80	EMAC	20.82

T02 60mH MV60-65

M60

Position	Name	Age	Team	Performance
1	John Mayor	M60	EMAC	9.86
2	Paul Edwards	M60	MMAC	10.26

M65

Position	Name	Age	Team	Performance
1	Duncan Talbot	M65	SCVAC	12.63

T09 60mH FV35

W35

Position	Name	Age	Team	Performance
1	Nene Harrison	W35	SCVAC	10.14
2	Katy Tuncer	W35	EMAC	11.51
3	Dasha Newington	W35	NEMAA	11.58

T04 60mH MV55

M55

Position	Name	Age	Team	Performance
1	Donald Brown	M55	MMAC	8.91
2	Des Wilkinson	M55	EMAC	9.68
3	Glen Reddington	M55	SCVAC	9.77
4	Iain Moody	M55	MMAC	10.80

T05 60mH MV50

M50

Position	Name	Age	Team	Performance
1	Mark Roberts	M50	SCVAC	9.50
2	Paul Canning	M50	EMAC	10.09

F99 PV MV70up-FVAll

M70

Position	Name	Age	Team	Performance
1	Neal Mason	M70	MMAC	3.00

M75

Position	Name	Age	Team	Performance
1	John Bradley	M75	MMAC	1.70

W35

Position	Name	Age	Team	Performance
1	Mariette Hilborne	W35	FRA	3.55
2	Sarah Semeraro	W35	OPEN	3.50
3	Caroline Parkinson	W35	SCVAC	3.00
4	Helen Leadbetter	W35	SCVAC	2.50
5	Dasha Newington	W35	NEMAA	2.40
6	Gemma Skells	W35	EMAC	2.30

W40

Position	Name	Age	Team	Performance
1	Jemma Eastwood	W40	EMAC	3.10
2	Sarka Hawtin	W40	SCVAC	3.10
3	Kim Saha	W40	VAC	2.60
4	Angie Crush	W40	SCVAC	2.00

W45

Position	Name	Age	Team	Performance
1	Melanie Hepke	W45	MMAC	2.30
2	Helen Watson	W45	MMAC	2.00

W50

Position	Name	Age	Team	Performance
1	Irie Hill	W50	MMAC	3.45
2	Sandra Pedley	W50	EMAC	2.00

W60

Position	Name	Age	Team	Performance
1	Teresa Eades	W60	SCVAC	2.30

W65

Position	Name	Age	Team	Performance
1	Sue Yeomans	W65	SCVAC	2.30
2	Sue Dassie	W65	SCVAC	1.80

T10 60mH MV45

M45

Position	Name	Age	Team	Performance
1	Joe Appiah	M45	SCVAC	8.47
2	Gary Smith	M45	EMAC	8.73
3	Peter Davey	M45	SCVAC	9.72
4	Ian McClung	M45	NIMAA	11.54
5	David Shortridge	M45	SCVAC	14.06

T11 60mH MV35-40

M35

Position	Name	Age	Team	Performance
1	Kaspars Kazemaks	M35	LVA	8.72
2	Michael Shortall	M35	EMAC	8.90

M40

Position	Name	Age	Team	Performance
1	Mensah Elliott	M40	SCVAC	8.21
2	Ger Cremin	M40	IRL	8.84
3	Clint Nicholls	M40	EMAC	9.43
4	Carson Graham	M40	SVHC	9.46

F05 HT MV70up

M70

Position	Name	Age	Team	Performance
1	Barry Hawke	M70	MMAC	41.53
2	Robert Bridges	M70	SCVAC	33.89
3	Bill Renshaw	M70	MMAC	26.88

M75

Position	Name	Age	Team	Performance
1	David Kuester	M75	MMAC	28.29
2	John Gilbert	M75	VAC	28.22
3	Phil Rees	M75	WMAL	16.59

M80

Position	Name	Age	Team	Performance
1	John Watts	M80	NMAC	37.91

T12 60m MV60 (Hts)

M60

Position	Name	Age	Team	Performance
1	John Wright	M60	NMAC	7.93
2	Shane Sheridan	M60	IRL	8.09
3	Kwei Sankofa	M60	SCVAC	8.16
4	David Shaw	M60	WMAL	8.55
5	Phil Clayton	M60	MMAC	8.64
6	Clem Leon	M60	SCVAC	8.77

T13 60m MV55 (Hts)

M55

Position	Name	Age	Team	Performance
1	Donald Brown	M55	MMAC	7.61
2	Pat Logan	M55	VAC	7.86
3	Wole Odele	M55	SCVAC	8.00
4	Roy Nelson	M55	SCVAC	8.16
5	Ronnie Hunter	M55	SVHC	8.24
6	Adam Garel	M55	SCVAC	8.63

F06 SP FV45dn

W35

Position	Name	Age	Team	Performance
1	Nene Harrison	W35	SCVAC	10.19
2	Natalie Mann	W35	VAC	8.06
3	Bethan Lishman	W35	NMAC	7.87
4	Jayne Gray	W35	SCVAC	7.18

W40

Position	Name	Age	Team	Performance
1	Leanne Buxton	W40	EMAC	10.15
2	Dawn Williams	W40	EMAC	8.08
3	Anja Fairbairn	W40	SCVAC	8.06

W45

Position	Name	Age	Team	Performance
1	Diana Norman	W45	SCVAC	11.35
2	Paula Williams	W45	MMAC	10.92
3	Sue Lawrence	W45	SCVAC	9.49
4	Sarah Mcgrath	W45	EMAC	8.81
5	Carey Hollick	W45	USA	6.82
6	Hazel Gering	W45	EMAC	6.49
7	Joanna Sparkes	W45	SCVAC	5.69

F07 LJ MV55-60

M55

Position	Name	Age	Team	Performance
1	Richard Howes	M55	NMAC	4.75
2	Keith Palmer	M55	EMAC	4.50
3	Iain Moody	M55	MMAC	4.44
4	Pete Stepney	M55	SCVAC	4.26

M60

Position	Name	Age	Team	Performance
1	David Shaw	M60	WMAL	4.74
2	John Mayor	M60	EMAC	4.72
3	Trevor Wade	M60	SCVAC	4.35
4	Clem Leon	M60	SCVAC	4.08

T14 60m MV50 (Hts)

M50

Position	Name	Age	Team	Performance
1	Jason Carty	M50	SCVAC	7.22
2	Darren Scott	M50	SCVAC	7.41
3	Giuseppe Minetti	M50	VAC	7.52
4	Kevin Craven	M50	VAC	7.66
5	Paul Canning	M50	EMAC	7.81
6	Boguslaw Zelechowski	M50	POL	7.82
7	Barrington King	M50	SCVAC	8.53

F08 HT M65

M65

Position	Name	Age	Team	Performance
1	John Wild	M65	NEMAA	35.51
2	Tim Saunders-Mullins	M65	SCVAC	33.89
3	Bunt Scott	M65	EMAC	33.53
4	John Blackwell	M65	EMAC	23.29
5	Patrick Reynolds	M65	IRL	21.22
6	Kevin Bates	M65	EMAC	17.13

T15 60m MV45 (Hts)

M45

Position	Name	Age	Team	Performance
1	Ciaran Harvey	M45	SCVAC	7.46
2	Joe Appiah	M45	SCVAC	7.47
3	Mark Collins	M45	EMAC	7.58
4	Yinka Opaleye	M45	EMAC	7.64
5	Gary Smith	M45	EMAC	7.77

6	Craig Beecham	M45	SCVAC	7.83
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T16 60m MV40 (Hts)

M40

Position	Name	Age	Team	Performance
1	Dominic Bradley	M40	MMAC	7.05
2	Mensah Elliott	M40	SCVAC	7.23
3	Stuart Channon	M40	VAC	7.40
4	Marvin Edwards	M40	NMAC	7.44
5	Jan Barnard	M40	EMAC	7.61
6	Amr Ziko	M40	EMAC	7.61

F09 HT FV55

W55

Position	Name	Age	Team	Performance
1	Janet Smith	W55	SCVAC	39.99
2	Karen Jones	W55	SWVAC	33.31
3	Julie Wilson	W55	NMAC	32.56
4	Lorna Foster	W55	MMAC	27.19
5	Wendy Dunsford	W55	EMAC	22.95

T17 60m MV35 (Hts)

M35

Position	Name	Age	Team	Performance
1	Anthony Meikle	M35	OPEN	7.36
2	Allan Mc Sween	M35	SCVAC	7.37
3	Tom Reynolds	M35	OPEN	7.56
4	Neil Barton	M35	SCVAC	7.56
5	Kaspars Kazemaks	M35	LVA	7.57
6	Michael Shortall	M35	EMAC	7.63
7	Mac Tuncer	M35	EMAC	7.83

F10 LJ MV50

M50

Position	Name	Age	Team	Performance
1	John Munroe	M50	SCVAC	5.60
2	Boguslaw Zelechowski	M50	POL	5.49
3	Philip Bowers	M50	EMAC	5.22
4	Phil Rogers	M50	SCVAC	4.60
5	Dave Roberts	M50	SCVAC	4.32

T18 60m MV80up

M80

Position	Name	Age	Team	Performance
1	Tony Bowman	M80	NMAC	10.37
2	Roger Bruck	M80	SCVAC	10.92

T19 60m FV70up

W70

Position	Name	Age	Team	Performance
1	Sally Hine	W70	MMAC	10.20
2	Jean Fail	W70	SWVAC	10.46

W75

Position	Name	Age	Team	Performance
1	Iris Holder	W75	WMAL	11.57

W80

Position	Name	Age	Team	Performance
1	Dorothy Fraser	W80	WMAL	15.07

T20 60m MV75

M75

Position	Name	Age	Team	Performance
1	Victor Novell	M75	SCVAC	8.93
2	Allan Long	M75	VAC	9.06
3	Ron Davies	M75	SCVAC	9.57
4	Charles Isetts	M75	VAC	10.26
5	Frank Hayes	M75	EMAC	10.89

F11 SP FV60up

W60

Position	Name	Age	Team	Performance
1	Claire Cameron	W60	SVHC	9.88
2	Hazel Barker	W60	NMAC	8.53
3	Lucinda Moore-Fox	W60	IRL	7.57
4	Julie Wakelam	W60	WMAL	6.58
5	Brenda Russell	W60	EMAC	5.34

W65

Position	Name	Age	Team	Performance
1	Vilma Thompson	W65	SCVAC	9.04
2	Sue Dassie	W65	SCVAC	7.59
3	Christine Clements	W65	OPEN	6.31

W70

Position	Name	Age	Team	Performance
1	Sally Hine	W70	MMAC	6.13
2	Liz Brandon	W70	SCVAC	5.58

W75

Position	Name	Age	Team	Performance
1	Liz Sissons	W75	SCVAC	8.70

W80

Position	Name	Age	Team	Performance
1	Evaun Williams	W80	SCVAC	9.55
2	Anne Martin	W80	EMAC	5.95

T21 60m MV70

M70

Position	Name	Age	Team	Performance
1	Brendan Lynch	M70	SVHC	8.82
2	Geoffrey Kitchener	M70	VAC	9.31
3	Tony Wells	M70	EMAC	9.32
4	Lawrie Dunn	M70	MMAC	9.56

F12 HT FV50dn

W35

Position	Name	Age	Team	Performance
1	Lucy Marshall	W35	MMAC	53.80
2	Bethan Lishman	W35	NMAC	41.61
3	Natalie Mann	W35	VAC	28.38
4	Dasha Newington	W35	NEMAA	23.25

W40

Position	Name	Age	Team	Performance
1	Andrea Jenkins	W40	EMAC	45.33
2	Anja Fairbairn	W40	SCVAC	20.86

W45

Position	Name	Age	Team	Performance
1	Sue Lawrence	W45	SCVAC	35.33
2	Nicola Long	W45	MMAC	25.01
3	Sarah Mcgrath	W45	EMAC	22.25
4	Hazel Gering	W45	EMAC	20.21
5	Joanna Sparkes	W45	SCVAC	17.54
6	Carey Hollick	W45	USA	17.32

W50

Position	Name	Age	Team	Performance
1	Carol Parker	W50	MMAC	36.33

T22 60m MV65

M65

Position	Name	Age	Team	Performance
1	Wally Franklyn	M65	SCVAC	8.66
2	Christopher Monk	M65	MMAC	8.73
3	Paul Wignall	M65	VAC	8.81
4	David Hinds	M65	VAC	8.93
5	Alan Perry	M65	VAC	9.46
6	David Blunt	M65	VAC	9.47

T23 60m FV65

W65

Position	Name	Age	Team	Performance
1	Joan Trimble	W65	SCVAC	9.28
2	Anne Nelson	W65	VAC	10.30
3	Emily McMahon	W65	EMAC	10.32
4	Christine Clements	W65	OPEN	10.51
5	Lorraine Hunte	W65	VAC	10.77
6	Lyn Ahmet	W65	SCVAC	11.17

T24 60m FV60

W60

Position	Name	Age	Team	Performance
1	Jane Horder	W60	MMAC	9.19
2	Teresa Eades	W60	SCVAC	9.49
3	Sandra Francis	W60	OPEN	10.72

T25 60m FV55

W55

Position	Name	Age	Team	Performance
1	Kirstin King	W55	SCVAC	8.69
2	Melanie Garland	W55	WMAL	9.04
3	Eni Font Freide	W55	SCVAC	9.10
4	Angela Bryant	W55	WMAL	9.25
5	Jan Ellacott	W55	SWVAC	9.26
6	Gaye Clarke	W55	EMAC	9.87
7	Lyn Sole	W55	SCVAC	10.28

T26 60m FV50

W50

Position	Name	Age	Team	Performance
1	Juliet Sidney	W50	WMAL	8.81
2	Diane Wright	W50	SCVAC	9.15
3	Rachel Waters	W50	VAC	9.15
4	Michele Wakefield	W50	SCVAC	9.21
5	Louise Kirby	W50	WMAL	9.33
6	Helen Bond	W50	SCVAC	9.66

F13 LJ MV45

M45

Position	Name	Age	Team	Performance
1	Craig Beecham	M45	SCVAC	6.09
2	Mark Lawrence	M45	MMAC	5.88
3	Neil Lincoln	M45	SCVAC	5.58
4	Ian McClung	M45	NIMAA	4.45

T27 60m FV45

W45

Position	Name	Age	Team	Performance
1	Michelle Thomas	W45	WMAL	8.31
2	Paula Williams	W45	MMAC	8.44
3	Kathryn Miles	W45	SCVAC	8.59
4	Fiona Davidson	W45	SVHC	8.76
5	Lourdes Bradley	W45	NEMAA	9.08
6	Sally Parry	W45	SCVAC	9.39
7	Hazel Gering	W45	EMAC	11.62

T28 60m FV40

W40

Position	Name	Age	Team	Performance
1	Karen Burles	W40	SCVAC	8.20
2	Kim Valente	W40	SCVAC	8.29
3	Avril Dillon	W40	IRL	8.30
4	Sarah Robinson	W40	EMAC	8.80
5	Carol Holt	W40	NMAC	8.86

T29 60m FV35

W35

Position	Name	Age	Team	Performance
1	Vanessa Grant	W35	JAM	7.90
2	Chidinma Agwu	W35	OPEN	7.98

3	Lisa Boland	W35	SCVAC	8.12
4	Eleri Jones	W35	WMAL	8.56
5	Katy Tuncer	W35	EMAC	9.09
6	Cara Marsh	W35	SWVAC	9.12

F14 DT MV50,60

M50

Position	Name	Age	Team	Performance
1	John Twiddle	M50	NMAC	40.74
2	Mark Gibbs	M50	OPEN	27.38
3	Leeroy Golding	M50	NMAC	26.69

M60

Position	Name	Age	Team	Performance
1	John Moreland	M60	MMAC	51.49
2	Robert Broadbridge	M60	SWVAC	42.36
3	Nick Barton	M60	SCVAC	42.11
4	Chris Privett	M60	VAC	39.69
5	Paul Herron	M60	IRL	39.40
6	Paul Paxton	M60	VAC	38.96
7	Michael Hausler	M60	EMAC	33.58

F15 LJ MV35-40

M35

Position	Name	Age	Team	Performance
1	Neil Barton	M35	SCVAC	6.32
2	Kaspars Kazemaks	M35	LVA	6.08
3	Michael Shortall	M35	EMAC	5.65
4	Stephen Leek	M35	SVHC	5.43
5	Brian Dias	M35	WMAL	3.65

M40

Position	Name	Age	Team	Performance
1	Justin Hubbard	M40	EMAC	5.76
2	Carson Graham	M40	SVHC	5.76
3	Clint Nicholls	M40	EMAC	5.44
4	Aaron Bollu	M40	EMAC	5.40

F16 HJ FVAII

W35

Position	Name	Age	Team	Performance
1	Dasha Newington	W35	NEMAA	1.40
2	Clare Ridd	W35	SCVAC	1.35

W40

Position	Name	Age	Team	Performance
1	Linzie Marsh	W40	SVHC	1.40

W45

Position	Name	Age	Team	Performance
1	Diana Norman	W45	SCVAC	1.50
2	Jo Wilding	W45	SCVAC	1.35

W50

Position	Name	Age	Team	Performance
1	Dawn Jones	W50	EMAC	1.35

W55

Position	Name	Age	Team	Performance
1	Melanie Garland	W55	WMAL	1.30
2	Susan Richardson	W55	NMAC	1.25
3	Gaye Clarke	W55	EMAC	1.15

W60

Position	Name	Age	Team	Performance
1	Teresa Eades	W60	SCVAC	1.25

W65

Position	Name	Age	Team	Performance
1	Christine Clements	W65	OPEN	1.15

W70

Position	Name	Age	Team	Performance
1	Sally Hine	W70	MMAC	1.05

W75

Position	Name	Age	Team	Performance
1	Patricia Hill	W75	EMAC	0.95

F17 SP MV70up

M70

Position	Name	Age	Team	Performance
1	Geoff Tyler	M70	EMAC	12.97
2	Tony Richards	M70	VAC	12.58
3	Barry Hawke	M70	MMAC	12.09
4	Bill Renshaw	M70	MMAC	8.96

M75

Position	Name	Age	Team	Performance
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1	James Sloan	M75	NMAC	9.29
2	Ivan Ivanovic	M75	VAC	9.23
3	David Kuester	M75	MMAC	8.55
4	Peter Daw	M75	SWVAC	8.39
5	Tony Bradley	M75	OPEN	8.32
6	Ron Davies	M75	SCVAC	7.83
7	John Gilbert	M75	VAC	7.48

M80

Position	Name	Age	Team	Performance
1	John Watts	M80	NMAC	10.98

F18 DT MV55

M55

Position	Name	Age	Team	Performance
1	Tony Balko	M55	NMAC	37.62
2	Trevor Ratcliffe	M55	SCVAC	35.25
3	Steve Linsell	M55	NMAC	33.65
4	Nicholas Walker	M55	SWVAC	32.02
5	Allan Leiper	M55	SCVAC	31.73
6	David Stokes	M55	WMAL	31.73
7	Glyn Pugh	M55	WMAL	28.21
8	Peter Buxton	M55	OPEN	27.70
9	Jim Gillespie	M55	EMAC	27.68
10	Richard Howes	M55	NMAC	26.84
11	Simon Wills	M55	MMAC	25.36
12	James Herron	M55	IRL	23.64
13	Chris Michael	M55	VAC	21.20
14	Peter Stansbury	M55	EMAC	19.76

T37 400m MV75up

M75

Position	Name	Age	Team	Performance
1	Ron Davies	M75	SCVAC	1:21.39
2	Richard Somers	M75	VAC	1:23.17

M80

Position	Name	Age	Team	Performance
1	Tony Bowman	M80	NMAC	1:55.00

T38 400m MV70 (A+B Final)

M70

Position	Name	Age	Team	Performance
1	David Spencer	M70	SCVAC	1:07.36

2	Bruce Hendrie	M70	MMAC	1:12.51
3	Geoffrey Kitchener	M70	VAC	1:13.44
4	Lawrie Dunn	M70	MMAC	1:15.01
5	Bill O'Connor	M70	VAC	1:42.73

F19 LJ FV55up

W55

Position	Name	Age	Team	Performance
1	Melanie Garland	W55	WMAL	4.81
2	Susan Richardson	W55	NMAC	3.83
3	Clare St John-Coleman	W55	WMAL	3.70
4	Denise Timmis	W55	EMAC	3.63
5	Lyn Sole	W55	SCVAC	3.51

W60

Position	Name	Age	Team	Performance
1	Teresa Eades	W60	SCVAC	3.82
2	Julie Wakelam	W60	WMAL	3.41
3	Sandra Francis	W60	OPEN	2.98

W65

Position	Name	Age	Team	Performance
1	Emily McMahon	W65	EMAC	3.25
2	Lyn Ahmet	W65	SCVAC	2.98

W70

Position	Name	Age	Team	Performance
1	Sally Hine	W70	MMAC	2.94
2	Patricia Oakes	W70	WMAL	2.44

T39 400m MV65 (A+B Final)

M65

Position	Name	Age	Team	Performance
1	David Wilcock	M65	SCVAC	1:02.66
2	Ian Broadhurst	M65	WMAL	1:04.61
3	Timothy Carter	M65	VAC	1:06.33
4	Paul Wignall	M65	VAC	1:06.37
5	David Hinds	M65	VAC	1:08.82
6	Geoffrey Beattie	M65	NMAC	1:21.14

T40 400m FV60up

W60

Position	Name	Age	Team	Performance
1	Hilary West	W60	NMAC	1:16.21

W80

Position	Name	Age	Team	Performance
1	Kathleen Stewart	W80	NEMAA	1:30.37

F20 DT MV45dn

M35

Position	Name	Age	Team	Performance
1	Sam Cater	M35	MMAC	28.43

M40

Position	Name	Age	Team	Performance
1	Graham Lay	M40	SCVAC	39.00
2	Dan Upton	M40	NEMAA	38.85
3	Mathew Paynter	M40	MMAC	36.15
4	Ray Mckenna	M40	SCVAC	32.35

M45

Position	Name	Age	Team	Performance
1	Greg Pell	M45	NMAC	39.59
2	Simon Achurch	M45	EMAC	37.28
3	Ian McClung	M45	NIMAA	25.53
4	Martin Willis	M45	VAC	20.11

T41 400m MV60 (A+B Final)

M60

Position	Name	Age	Team	Performance
1	John Wright	M60	NMAC	56.93
2	Kwei Sankofa	M60	SCVAC	58.33
3	Richard White	M60	MMAC	59.63
4	Martin Telford	M60	NEMAA	1:05.88
5	Adrian Day	M60	VAC	1:06.59
6	David Shaw	M60	WMAL	1:08.23
7	Carl Marchant	M60	NEMAA	1:08.84
8	Wilson Paterson	M60	EMAC	1:11.34

T42 400m FV55

W55

Position	Name	Age	Team	Performance
1	Tracy Bezance	W55	EMAC	1:08.45
2	Sue Wisdom	W55	SCVAC	1:17.35
3	Katherine Winrow	W55	NMAC	1:21.97
4	Angela Bryant	W55	WMAL	1:28.72

T43 400m MV55 (A+B Final)

M55

Position	Name	Age	Team	Performance
1	Wole Odele	M55	SCVAC	58.02
2	Roy Nelson	M55	SCVAC	1:00.05
3	Brett Davis	M55	WMAL	1:00.10
4	Colin Bates	M55	SCVAC	1:00.56
5	Neil Vondy	M55	IOMVA	1:01.44
6	Peter Stansbury	M55	EMAC	1:06.12
7	Mark Davis	M55	EMAC	1:07.42

F21 SP M65

M65

Position	Name	Age	Team	Performance
1	Trevor Straker	M65	NEMAA	10.39
2	Graeme Packman	M65	EMAC	9.44
3	John Wild	M65	NEMAA	9.37
4	Kevin Bates	M65	EMAC	9.28
5	Bunt Scott	M65	EMAC	8.49
6	Patrick Reynolds	M65	IRL	6.77

T44 400m FV50

W50

Position	Name	Age	Team	Performance
1	Lisa Thomas	W50	VAC	1:05.89
2	Angela Bates	W50	VAC	1:08.48
3	Louise Kirby	W50	WMAL	1:15.86

F22 WT FV60up

W60

Position	Name	Age	Team	Performance
1	Hazel Barker	W60	NMAC	11.03
2	Claire Cameron	W60	SVHC	10.66
3	Lucinda Moore-Fox	W60	IRL	9.34
4	Brenda Russell	W60	EMAC	7.59

W65

Position	Name	Age	Team	Performance
1	Vilma Thompson	W65	SCVAC	9.60

W70

Position	Name	Age	Team	Performance
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1	Rosemary Hutton	W70	SWVAC	8.00
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W75

Position	Name	Age	Team	Performance
1	Patricia Hill	W75	EMAC	9.28
2	Liz Sissons	W75	SCVAC	9.08

W80

Position	Name	Age	Team	Performance
1	Evaun Williams	W80	SCVAC	12.75
2	Anne Martin	W80	EMAC	7.95

T45 400m MV50

M50

Position	Name	Age	Team	Performance
1	Michael Gardiner	M50	MMAC	54.45
2	Steven Baldock	M50	SCVAC	54.49
3	Leeroy Golding	M50	NMAC	58.05
4	Adrian James	M50	MMAC	1:02.75

T46 400m FV45 (A+B Final)

W45

Position	Name	Age	Team	Performance
1	Sharon Wilkinson	W45	NMAC	1:00.60
2	Diana Norman	W45	SCVAC	1:02.42
3	Nina Ridge	W45	SCVAC	1:04.95
4	Becky Selvey	W45	WMAL	1:08.65
5	Lourdes Bradley	W45	NEMAA	1:08.71
6	Sally Parry	W45	SCVAC	1:09.74
7	Henrietta Anstey	W45	SWVAC	1:11.59

T47 400m MV45 (A+B Final)

M45

Position	Name	Age	Team	Performance
1	Mike Tarnawsky	M45	OPEN	57.55
2	Geoffrey Hill	M45	SWVAC	57.63
3	Richard Houchin	M45	MMAC	57.70
4	Simon Ciaravella	M45	SCVAC	58.14
5	Sean Sutherland	M45	CAN	58.61
6	Jesse Wilson	M45	EMAC	58.93
7	David Shortridge	M45	SCVAC	1:00.90
8	Martin Willis	M45	VAC	1:05.35

T48 400m FV40

W40

Position	Name	Age	Team	Performance
1	Liz Amos	W40	VAC	1:01.14
2	Victoria Radcliffe	W40	OPEN	1:04.55
3	Sarah Robinson	W40	EMAC	1:06.30
4	Carol Holt	W40	NMAC	1:09.62

T49 400m MV40 (A+B Final)

M40

Position	Name	Age	Team	Performance
1	Keith Hutchinson	M40	NEMAA	52.38
2	Adam Bellis	M40	SCVAC	52.60
3	Tom Bolan-Ashworth	M40	NMAC	53.85
4	Leon Creaney	M40	NMAC	56.26
5	Nathan Moore	M40	MMAC	57.29
6	Rick Cordwell	M40	NMAC	57.44
7	Craig Christian	M40	MMAC	57.86

F23 HJ MV55up

M55

Position	Name	Age	Team	Performance
1	Steve Linsell	M55	NMAC	1.71
2	Paul Masterton	M55	SVHC	1.45
3	Allan Leiper	M55	SCVAC	1.40

M60

Position	Name	Age	Team	Performance
1	John Mayor	M60	EMAC	1.40
2	Clem Leon	M60	SCVAC	1.30
3	Trevor Wade	M60	SCVAC	1.20

M65

Position	Name	Age	Team	Performance
1	Duncan Talbot	M65	SCVAC	1.40
2	David Blunt	M65	VAC	1.35
3	Paul Askew	M65	MMAC	1.30

M70

Position	Name	Age	Team	Performance
1	Geoffrey Kitchener	M70	VAC	1.20

M75

Position	Name	Age	Team	Performance
1	Jim O'Shea	M75	IRL	1.20

2	Phil Rees	M75	WMAL	0.90
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M80

Position	Name	Age	Team	Performance
1	Roger Bruck	M80	SCVAC	1.15

F24 WT FV55dn

W35

Position	Name	Age	Team	Performance
1	Lucy Marshall	W35	MMAC	15.51
2	Bethan Lishman	W35	NMAC	11.71
3	Dasha Newington	W35	NEMAA	7.80

W40

Position	Name	Age	Team	Performance
1	Andrea Jenkins	W40	EMAC	13.66

W45

Position	Name	Age	Team	Performance
1	Sue Lawrence	W45	SCVAC	10.92
2	Sarah Mcgrath	W45	EMAC	7.55
3	Carey Hollick	W45	USA	6.52
4	Joanna Sparkes	W45	SCVAC	5.64
5	Hazel Gering	W45	EMAC	5.51

W55

Position	Name	Age	Team	Performance
1	Janet Smith	W55	SCVAC	12.56
2	Julie Wilson	W55	NMAC	10.93
3	Karen Jones	W55	SWVAC	10.25
4	Lorna Foster	W55	MMAC	8.29
5	Wendy Dunsford	W55	EMAC	7.01

F25 LJ FV50dn

W35

Position	Name	Age	Team	Performance
1	Cara Maker	W35	VAC	5.08
2	Dasha Newington	W35	NEMAA	4.47
3	Helen Leadbetter	W35	SCVAC	4.38

W40

Position	Name	Age	Team	Performance
1	Kim Valente	W40	SCVAC	4.86

W45

Position	Name	Age	Team	Performance
1	Diana Norman	W45	SCVAC	4.95
2	Fiona Davidson	W45	SVHC	4.24
3	Jo Wilding	W45	SCVAC	4.04

W50

Position	Name	Age	Team	Performance
1	Helen Bond	W50	SCVAC	3.76

T50 400m FV35

W35

Position	Name	Age	Team	Performance
1	Fiona De Mauny	W35	VAC	59.22
2	Nicola Brady	W35	MMAC	1:04.77

F26 JT MV50-60

M50

Position	Name	Age	Team	Performance
1	Martin Tucker	M50	WMAL	40.04
2	Mark Gibbs	M50	OPEN	33.53

M55

Position	Name	Age	Team	Performance
1	Trevor Ratcliffe	M55	SCVAC	45.54
2	Allan Leiper	M55	SCVAC	36.36
3	Richard Howes	M55	NMAC	34.77
4	Tony Balko	M55	NMAC	29.74
5	David Stokes	M55	WMAL	24.40

M60

Position	Name	Age	Team	Performance
1	Stephen Langdon	M60	SCVAC	39.14
2	Michael Hausler	M60	EMAC	36.06
3	Nick Barton	M60	SCVAC	32.71

T51 400m MV35 (A+B Final)

M35

Position	Name	Age	Team	Performance
1	Dave Awde	M35	SCVAC	51.32
2	Steven Tester	M35	VAC	52.18
3	Michael Louise	M35	SCVAC	53.97
4	Michael Shortall	M35	EMAC	54.63
5	Adam Bernard	M35	AUS	54.89
6	Neil Barton	M35	SCVAC	59.93

7	Brian Dias	M35	WMAL	1:10.61
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T52 1500m MV65up

M65

Position	Name	Age	Team	Performance
1	David Wilcock	M65	SCVAC	5:03.95
2	Kevin Archer	M65	SWVAC	5:11.73
3	Alan Newman	M65	SCVAC	5:57.06
4	Kevin Dillon	M65	NMAC	8:34.84

M70

Position	Name	Age	Team	Performance
1	David Jones	M70	MMAC	5:50.49
2	Arthur Daley	M70	MMAC	5:52.05
3	Michael Mann	M70	VAC	6:00.48
4	Bill O'Connor	M70	VAC	7:44.12

M75

Position	Name	Age	Team	Performance
1	Peter Giles	M75	VAC	5:36.94
2	Phil Brennan	M75	MMAC	6:34.55

M80

Position	Name	Age	Team	Performance
1	Edmond Simpson	M80	VAC	7:41.80

T53 1500m FV60up

W60

Position	Name	Age	Team	Performance
1	Kathryn Morton	W60	MMAC	6:22.24

W65

Position	Name	Age	Team	Performance
1	Anna Garnier	W65	VAC	5:56.57

W80

Position	Name	Age	Team	Performance
1	Betty Stracey	W80	EMAC	9:31.43

T54 1500m MV60

M60

Position	Name	Age	Team	Performance
1	Steve Smith	M60	NMAC	4:47.30
2	Steven Taylor	M60	NMAC	4:50.55

3	Richard Holland	M60	VAC	4:54.55
4	Jonathan Metcalf	M60	EMAC	4:55.58
5	Martyn Cole	M60	WMAL	5:09.89
6	Richard Jenkin	M60	VAC	5:18.52
7	Karl Hick	M60	MMAC	5:31.83
8	Malcolm Thirlaway	M60	NEMAA	5:40.61
9	Rob Wintemute	M60	SCVAC	5:43.58
10	Colin Oxlade	M60	SCVAC	5:56.44

F27 JT MV45dn

M35

Position	Name	Age	Team	Performance
1	Sam Cater	M35	MMAC	42.13
2	Stephen Leek	M35	SVHC	38.35

M40

Position	Name	Age	Team	Performance
1	Graham Lay	M40	SCVAC	39.84
2	Mathew Paynter	M40	MMAC	34.23
3	Ray Mckenna	M40	SCVAC	32.97
4	Dan Upton	M40	NEMAA	25.62

M45

Position	Name	Age	Team	Performance
1	Simon Achurch	M45	EMAC	44.03
2	Greg Pell	M45	NMAC	32.46
3	Ian McClung	M45	NIMAA	28.05
4	Martin Willis	M45	VAC	26.40

F28 WT MV65up

M65

Position	Name	Age	Team	Performance
1	John Wild	M65	NEMAA	12.91
2	Tim Saunders-Mullins	M65	SCVAC	11.30
3	Bunt Scott	M65	EMAC	11.02
4	Patrick Reynolds	M65	IRL	8.03
5	John Blackwell	M65	EMAC	7.67
6	Kevin Bates	M65	EMAC	6.70

M70

Position	Name	Age	Team	Performance
1	Barry Hawke	M70	MMAC	17.18
2	Robert Bridges	M70	SCVAC	12.08
3	Geoff Tyler	M70	EMAC	11.74

4	Bill Renshaw	M70	MMAC	11.37
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M75

Position	Name	Age	Team	Performance
1	David Kuester	M75	MMAC	11.50
2	John Gilbert	M75	VAC	9.37

M80

Position	Name	Age	Team	Performance
1	John Watts	M80	NMAC	20.06

T55 1500m FV50-55

W50

Position	Name	Age	Team	Performance
1	Lisa Webb	W50	VAC	5:21.65
2	Lynne Champion	W50	SCVAC	5:22.23
3	Julie Wilson	W50	SVHC	5:34.51

W55

Position	Name	Age	Team	Performance
1	Clare Elms	W55	VAC	5:01.34
2	Christine Anthony	W55	EMAC	5:26.34
3	Jane Pidgeon	W55	MMAC	5:31.74
4	Breege Leane	W55	IRL	5:34.74

T56 1500m MV55

M55

Position	Name	Age	Team	Performance
1	Gary Ironmonger	M55	VAC	4:38.41
2	Simon Anderson	M55	SWVAC	4:39.14
3	Tony Tuohy	M55	VAC	4:44.56
4	Russell Parkin	M55	MMAC	4:44.96
5	Anthony Roper	M55	SWVAC	4:50.98
6	Tony Killilea	M55	VAC	4:59.97
7	Conrad Watson	M55	MMAC	5:05.12
8	Steven Doxey	M55	NMAC	5:16.41
9	Philip York	M55	SWVAC	5:24.18

T57 1500m MV50

M50

Position	Name	Age	Team	Performance
1	Mark Symes	M50	SCVAC	4:21.50
2	Stephen Allen	M50	SVHC	4:22.37
3	Justin Reid	M50	NIMAA	4:28.78

4	Paul Mcmonagle	M50	SVHC	4:34.98
5	Calvin Scoltock	M50	MMAC	4:42.78
6	Phil Ryan	M50	NMAC	4:44.62
7	Mark Champion	M50	SCVAC	4:44.96

T58 1500m FV45dn

W35

Position	Name	Age	Team	Performance
1	Laura Street	W35	VAC	5:02.74
2	Rebecca Mills	W35	NMAC	5:43.94

W40

Position	Name	Age	Team	Performance
1	Jacqueline Etherington	W40	SVHC	4:58.70
2	Sally Judd	W40	SCVAC	5:07.20
3	Elinor Skinner	W40	SCVAC	5:17.22

W45

Position	Name	Age	Team	Performance
1	Louise Rudd	W45	NMAC	4:52.10
2	Rachel Berry	W45	VAC	5:09.10
3	Nikki Sturzaker	W45	VAC	5:09.66
4	Rachel Coupe	W45	MMAC	5:14.29
5	Caroline Cotterell	W45	SWVAC	5:44.31

T59 1500m MV45

M45

Position	Name	Age	Team	Performance
1	Dean Richardson	M45	MMAC	4:10.25
2	Simon Coombes	M45	EMAC	4:12.77
3	Anthony O'Brien	M45	NMAC	4:23.90
4	Allan Cameron	M45	SVHC	4:26.21
5	Simon Cooper	M45	SCVAC	4:31.74
6	Matthew Preston	M45	VAC	4:33.32
7	Rich Berry	M45	VAC	4:33.71
8	Paul Jegou	M45	SCVAC	4:45.62

T60 1500m MV40

M40

Position	Name	Age	Team	Performance
1	Andrew Brown	M40	SVHC	4:11.70
2	Mick Hill	M40	NMAC	4:14.06
3	Steven McMahon	M40	NEMAA	4:14.47
4	Nebojsa Jovanovic	M40	SCVAC	4:25.59

5	Chris Wood	M40	MMAC	4:28.76
6	Robert Norville	M40	SCVAC	4:52.55

T61 1500m MV35

M35

Position	Name	Age	Team	Performance
1	Jonathan Stewart	M35	NMAC	4:22.40
2	Mark Gardner	M35	NMAC	4:23.13
3	Gary Crompton	M35	NMAC	4:32.91
4	Chris de Mauny	M35	VAC	4:41.87

T62 200m MV65 (A+B Final)

M65

Position	Name	Age	Team	Performance
1	Ian Broadhurst	M65	WMAL	27.94
2	Wally Franklyn	M65	SCVAC	28.92
3	Adrian Essex	M65	SCVAC	29.26
4	Paul Wignall	M65	VAC	29.78
5	David Hinds	M65	VAC	29.95
6	Trevor Downward	M65	ZAF	30.76
7	Alan Perry	M65	VAC	34.54
8	Les Percival	M65	EMAC	43.24

T63 200m MV60 A + B Final

M60

Position	Name	Age	Team	Performance
1	Ricardo Huskisson	M60	EMAC	25.68
2	John Wright	M60	NMAC	25.71
3	Ivars Licietis	M60	EMAC	28.15
4	Adrian Day	M60	VAC	28.78
5	Clem Leon	M60	SCVAC	29.47
6	Brian Macbride	M60	WMAL	30.91
7	Carl Marchant	M60	NEMAA	31.08
8	Robert Woolliams	M60	EMAC	31.35

T64 200m MV55 (Hts)

M55

Position	Name	Age	Team	Performance
1	Pat Logan	M55	VAC	25.41
2	Donald Brown	M55	MMAC	25.46
3	David Kemp	M55	SCVAC	26.73
4	Ronnie Hunter	M55	SVHC	27.26
5	Peter Ilo	M55	MMAC	27.41

6	Mark Woods	M55	SCVAC	27.92
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F29 HJ MV50dn

M35

Position	Name	Age	Team	Performance
1	Kaspars Kazemaks	M35	LVA	1.78
2	Bilen Ahmet	M35	OPEN	1.65

M40

Position	Name	Age	Team	Performance
1	Clint Nicholls	M40	EMAC	1.70
2	Carson Graham	M40	SVHC	1.65
3	Antony Brown	M40	OPEN	1.55

M45

Position	Name	Age	Team	Performance
1	Darren Otter	M45	NMAC	1.75
2	Chris Winter	M45	SCVAC	1.70
3	Andrew England	M45	NMAC	1.60
4	Vaughan Ramsay	M45	VAC	1.50

M50

Position	Name	Age	Team	Performance
1	Paul Husbands	M50	MMAC	1.60
2	Harvey Griffiths	M50	EMAC	1.55
3	Mark Roach	M50	SWVAC	1.50

F30 HT MV50dn

M35

Position	Name	Age	Team	Performance
1	Richard Martin	M35	EMAC	52.28
2	George Perkins	M35	NMAC	41.40
3	Sam Cater	M35	MMAC	29.79

M40

Position	Name	Age	Team	Performance
1	Dan Upton	M40	NEMAA	32.24
2	Graham Lay	M40	SCVAC	27.16
3	Mathew Paynter	M40	MMAC	26.53

M45

Position	Name	Age	Team	Performance
1	Graham Holder	M45	WMAL	48.68
2	Simon Achurch	M45	EMAC	37.81

3	Greg Pell	M45	NMAC	32.74
4	Martin Willis	M45	VAC	19.55

M50

Position	Name	Age	Team	Performance
1	John Twiddle	M50	NMAC	42.86
2	Paul Kelly	M50	SCVAC	39.13
3	Steve Feely	M50	EMAC	34.18

F31 TJ FV55up

W55

Position	Name	Age	Team	Performance
1	Melanie Garland	W55	WMAL	9.57
2	Susan Richardson	W55	NMAC	8.04
3	Mandy Rowley-Jones	W55	SCVAC	7.74

W60

Position	Name	Age	Team	Performance
1	Teresa Eades	W60	SCVAC	8.47
2	Julie Wakelam	W60	WMAL	7.01

W65

Position	Name	Age	Team	Performance
1	Lyn Ahmet	W65	SCVAC	6.91

W70

Position	Name	Age	Team	Performance
1	Sally Hine	W70	MMAC	6.70
2	Patricia Oakes	W70	WMAL	5.58

W75

Position	Name	Age	Team	Performance
1	Iris Holder	W75	WMAL	6.35

F32 SP MV55-60

M55

Position	Name	Age	Team	Performance
1	Steven Whyte	M55	EMAC	12.97
2	Tony Balko	M55	NMAC	11.79
3	Glyn Pugh	M55	WMAL	9.64
4	Jim Gillespie	M55	EMAC	9.10
5	Peter Wishart	M55	VAC	9.01
6	David Stokes	M55	WMAL	8.69
7	Simon Wills	M55	MMAC	8.46

8	Chris Michael	M55	VAC	6.77
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M60

Position	Name	Age	Team	Performance
1	Michael Hausler	M60	EMAC	12.82
2	Robert Broadbridge	M60	SWVAC	12.31
3	John Moreland	M60	MMAC	12.17
4	John Fenton	M60	SCVAC	11.76
5	Nick Barton	M60	SCVAC	11.52
6	John Birkett	M60	NMAC	8.94

T65 200m FV45 (Hts)

W45

Position	Name	Age	Team	Performance
1	Michelle Thomas	W45	WMAL	27.13
2	Sharon Wilkinson	W45	NMAC	27.35
3	Tracey Milward	W45	NMAC	27.78
4	Giare Skervin	W45	MMAC	28.56
5	Nina Ridge	W45	SCVAC	29.19
6	Lourdes Bradley	W45	NEMAA	29.59

T66 200m MV45 (Hts)

M45

Position	Name	Age	Team	Performance
1	Ciaran Harvey	M45	SCVAC	24.38
2	Mark Collins	M45	EMAC	25.22
3	Craig Beecham	M45	SCVAC	25.36
4	Paul Dodds	M45	NEMAA	25.94
5	Stephen Thorpe	M45	NMAC	26.32
6	Yinka Opaleye	M45	EMAC	33.18

T67 200m MV40 (Hts)

M40

Position	Name	Age	Team	Performance
1	Dominic Bradley	M40	MMAC	23.06
2	Adam Bellis	M40	SCVAC	23.60
3	Justin Hubbard	M40	EMAC	24.79
4	Jan Barnard	M40	EMAC	24.89
5	Amr Ziko	M40	EMAC	25.29
6	Rick Cordwell	M40	NMAC	25.36

T68 200m FV70up

W70

Position	Name	Age	Team	Performance
1	Sally Hine	W70	MMAC	35.67

W75

Position	Name	Age	Team	Performance
1	Mary Axtell	W75	SCVAC	47.84

W80

Position	Name	Age	Team	Performance
1	Kathleen Stewart	W80	NEMAA	39.13
2	Dorothy Fraser	W80	WMAL	55.18

T69 200m MV75up (A+B Final)

M75

Position	Name	Age	Team	Performance
1	Victor Novell	M75	SCVAC	30.25
2	Allan Long	M75	VAC	31.18
3	Ron Davies	M75	SCVAC	32.76
4	Terry Bissett	M75	SCVAC	34.57
5	David Whittaker	M75	VAC	38.36
6	Charles Isetts	M75	VAC	38.66

M80

Position	Name	Age	Team	Performance
1	Tony Bowman	M80	NMAC	43.53

T70 200m MV70

M70

Position	Name	Age	Team	Performance
1	David Spencer	M70	SCVAC	29.13
2	Brendan Lynch	M70	SVHC	30.92
3	David Crouch	M70	SCVAC	31.12
4	Geoffrey Kitchener	M70	VAC	31.58
5	Tony Wells	M70	EMAC	31.61

T71 200m FV60-65

W60

Position	Name	Age	Team	Performance
1	Ed Roe	W60	VAC	32.34

W65

Position	Name	Age	Team	Performance
1	Helen Godsell	W65	SCVAC	31.73
2	Joan Trimble	W65	SCVAC	32.32

3	Anne Nelson	W65	VAC	35.07
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F33 TJ MV65up

M65

Position	Name	Age	Team	Performance
1	David Folgate	M65	EMAC	9.80
2	David Blunt	M65	VAC	8.86
3	Roger Morley	M65	NMAC	8.73
4	Patrick Reynolds	M65	IRL	6.48

M70

Position	Name	Age	Team	Performance
1	John Evans	M70	SCVAC	8.70

M75

Position	Name	Age	Team	Performance
1	Phil Rees	M75	WMAL	5.52

M80

Position	Name	Age	Team	Performance
1	Tony Bowman	M80	NMAC	7.03

T72 200m FV55

W55

Position	Name	Age	Team	Performance
1	Tracy Bezance	W55	EMAC	29.78
2	Melanie Garland	W55	WMAL	31.12
3	Angela Bryant	W55	WMAL	31.75
4	Denise Timmis	W55	EMAC	34.36
5	Katherine Winrow	W55	NMAC	35.81

F34 DT MV70up

M70

Position	Name	Age	Team	Performance
1	Geoff Tyler	M70	EMAC	43.56
2	Tony Richards	M70	VAC	37.45
3	Michael Ferne	M70	SCVAC	35.60

M75

Position	Name	Age	Team	Performance
1	James Sloan	M75	NMAC	28.37
2	David Kuester	M75	MMAC	26.08
3	John Gilbert	M75	VAC	24.71

M80

Position	Name	Age	Team	Performance
1	John Watts	M80	NMAC	36.02

T73 200m FV50

W50

Position	Name	Age	Team	Performance
1	Juliet Sidney	W50	WMAL	29.95
2	Rachel Waters	W50	VAC	30.83
3	Michele Wakefield	W50	SCVAC	31.02
4	Louise Kirby	W50	WMAL	31.25
5	Diane Wright	W50	SCVAC	31.33

T74 200m MV50

M50

Position	Name	Age	Team	Performance
1	Giuseppe Minetti	M50	VAC	24.18
2	Malcolm McPhail	M50	NMAC	25.51
3	Leeroy Golding	M50	NMAC	26.39

T75 200m FV40

W40

Position	Name	Age	Team	Performance
1	Karen Burles	W40	SCVAC	27.21
2	Carol Holt	W40	NMAC	29.25
3	Amy Jackson	W40	SCVAC	29.55

F35 SP MV45-50

M45

Position	Name	Age	Team	Performance
1	Andrew Dawkins	M45	OPEN	13.61
2	Greg Pell	M45	NMAC	11.99
3	Simon Achurch	M45	EMAC	11.95
4	Graham Holder	M45	WMAL	10.56
5	Martin Willis	M45	VAC	8.15

M50

Position	Name	Age	Team	Performance
1	John Twiddle	M50	NMAC	13.55
2	Martin Tucker	M50	WMAL	9.92
3	Mark Gibbs	M50	OPEN	9.56
4	Harvey Griffiths	M50	EMAC	8.13

5	David Glendower	M50	WMAL	7.83
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T76 200m FV35

W35

Position	Name	Age	Team	Performance
1	Lisa Boland	W35	SCVAC	26.60
2	Eleri Jones	W35	WMAL	29.07
3	Cara Marsh	W35	SWVAC	32.07

F36 DT M65

M65

Position	Name	Age	Team	Performance
1	John Wild	M65	NEMAA	42.28
2	Graeme Packman	M65	EMAC	33.99
3	Trevor Straker	M65	NEMAA	33.98
4	Bunt Scott	M65	EMAC	33.61
5	Kevin Bates	M65	EMAC	27.67
6	Peter Coote	M65	MMAC	25.93
7	Patrick Reynolds	M65	IRL	20.29

T77 200m MV35 (A+B Final)

M35

Position	Name	Age	Team	Performance
1	Allan Mc Sween	M35	SCVAC	23.86
2	Kaspars Kazemaks	M35	LVA	24.18
3	Michael Shortall	M35	EMAC	24.33
4	Mike Harwood	M35	SCVAC	25.31
5	Ashley Reid	M35	OPEN	26.06
6	Lewis Purbrick	M35	SCVAC	26.64
7	Bilen Ahmet	M35	OPEN	28.63
8	Brian Dias	M35	WMAL	32.29

F37 PV MV65dn

M35

Position	Name	Age	Team	Performance
1	Bilen Ahmet	M35	OPEN	3.90
2	Kaspars Kazemaks	M35	LVA	3.80

M40

Position	Name	Age	Team	Performance
1	Douglas Graham	M40	SVHC	4.00

M45

Position	Name	Age	Team	Performance
1	Robert Kingman	M45	EMAC	3.00

M50

Position	Name	Age	Team	Performance
1	Simon Eastwood	M50	EMAC	3.00
2	Derek Warn	M50	SCVAC	2.80

M55

Position	Name	Age	Team	Performance
1	Mark Johnson	M55	NMAC	4.30
2	Richard Phelan	M55	EMAC	2.70
3	Keith Powell	M55	WMAL	2.50

M60

Position	Name	Age	Team	Performance
1	Mark Burgman	M60	NLD	2.40

M65

Position	Name	Age	Team	Performance
1	David Blunt	M65	VAC	2.40

F38 TJ MV45dn

M35

Position	Name	Age	Team	Performance
1	Michael Shortall	M35	EMAC	11.32
2	Stephen Leek	M35	SVHC	10.69

M40

Position	Name	Age	Team	Performance
1	Grant Stirling	M40	SCVAC	12.03
2	Aaron Bollu	M40	EMAC	10.77

M45

Position	Name	Age	Team	Performance
1	Darren Thomas	M45	SWVAC	12.06
2	Stephen Lake	M45	SCVAC	11.36
3	Vaughan Ramsay	M45	VAC	11.24
4	Chris Winter	M45	SCVAC	9.26

F39 HT MV55-60

M55

Position	Name	Age	Team	Performance
1	Steven Whyte	M55	EMAC	54.47

2	Wesley Clarke	M55	VAC	41.63
3	Tony Balko	M55	NMAC	37.78
4	Darren Gibson	M55	NMAC	33.04
5	Glyn Pugh	M55	WMAL	32.62
6	David Stokes	M55	WMAL	28.38
7	Jim Gillespie	M55	EMAC	24.50
8	Simon Wills	M55	MMAC	21.89

M60

Position	Name	Age	Team	Performance
1	Chris Privett	M60	VAC	45.75
2	David Valentine	M60	EMAC	44.10
3	Robert Broadbridge	M60	SWVAC	42.11
4	John Moreland	M60	MMAC	41.57
5	Ian Cooley	M60	NMAC	39.89
6	Nick Barton	M60	SCVAC	39.52

T84 3000m MFAII

M45

Position	Name	Age	Team	Performance
1	Raymond Robinson	M45	NEMAA	18:27.61

M60

Position	Name	Age	Team	Performance
1	Ian Torode	M60	SWVAC	18:37.75

M70

Position	Name	Age	Team	Performance
1	Ian Richards	M70	VAC	16:01.29
2	Peter Boszko	M70	MMAC	17:40.74
3	Roger Michell	M70	MMAC	18:06.56

W35

Position	Name	Age	Team	Performance
1	Dasha Newington	W35	NEMAA	20:51.84

W40

Position	Name	Age	Team	Performance
1	Carolyn Derbyshire	W40	MMAC	16:07.57

W50

Position	Name	Age	Team	Performance
1	Wendy Kane	W50	MMAC	18:29.62

W55

Position	Name	Age	Team	Performance
1	Rachel Lawless	W55	EMAC	18:47.70

W70

Position	Name	Age	Team	Performance
1	Noel Blatchford	W70	SCVAC	20:06.78

F40 SP MV35-40

M35

Position	Name	Age	Team	Performance
1	Chris Mee	M35	MMAC	11.40
2	Sam Cater	M35	MMAC	10.07
3	Bilen Ahmet	M35	OPEN	9.52

M40

Position	Name	Age	Team	Performance
1	Graham Lay	M40	SCVAC	12.62
2	Dan Upton	M40	NEMAA	12.41
3	Ray Mckenna	M40	SCVAC	11.48
4	Mathew Paynter	M40	MMAC	11.11

F41 TJ MV50-60

M50

Position	Name	Age	Team	Performance
1	Keith Newton	M50	SCVAC	11.79
2	Paul Ralph	M50	SCVAC	11.47
3	Neil Carrington	M50	EMAC	10.64
4	Harvey Griffiths	M50	EMAC	9.32

M55

Position	Name	Age	Team	Performance
1	Julien Gittens	M55	NMAC	11.41
2	David Shields	M55	WMAL	8.79

M60

Position	Name	Age	Team	Performance
1	Clem Leon	M60	SCVAC	9.62
2	Albert Earle	M60	MMAC	9.52

T85 800m MV60

M60

Position	Name	Age	Team	Performance
1	Paul Forbes	M60	SVHC	2:20.02
2	Jonathan Metcalf	M60	EMAC	2:22.01

3	Steven Taylor	M60	NMAC	2:22.48
4	Martyn Cole	M60	WMAL	2:25.90
5	Kevin Pye	M60	MMAC	2:27.72
6	Rob Fox	M60	MMAC	2:30.90
7	John Barron	M60	VAC	2:31.45
8	Geoffrey Brewster	M60	EMAC	2:34.37
9	Ray Daniel	M60	EMAC	2:35.74
10	Austin Davies	M60	WMAL	2:39.72

T86 800m MV55

M55

Position	Name	Age	Team	Performance
1	Gary Ironmonger	M55	VAC	2:17.63
2	Graeme Gemmell	M55	SVHC	2:18.43
3	Brett Davis	M55	WMAL	2:18.47
4	Wole Odele	M55	SCVAC	2:18.55
5	Patrick O'Connor	M55	NMAC	2:19.69
6	Philip Coleman	M55	SCVAC	2:22.71
7	Jonathan Burrell	M55	SCVAC	2:22.89
8	Colin Bates	M55	SCVAC	2:24.14
9	Geoff Lowry	M55	MMAC	2:24.66
10	Conrad Watson	M55	MMAC	2:30.23
11	Robert O'Rourke	M55	VAC	2:35.06

T87 800m FV60up

W60

Position	Name	Age	Team	Performance
1	Karen Brooks	W60	EMAC	2:39.48

W70

Position	Name	Age	Team	Performance
1	Patricia Gallagher	W70	WMAL	3:55.42

W80

Position	Name	Age	Team	Performance
1	Kathleen Stewart	W80	NEMAA	3:57.33
2	Betty Stracey	W80	EMAC	4:40.80

F42 DT FV55up

W55

Position	Name	Age	Team	Performance
1	Julie Wilson	W55	NMAC	25.06
2	Lorna Foster	W55	MMAC	20.14
3	Melanie Garland	W55	WMAL	19.50

4	Lyn Sole	W55	SCVAC	19.11
5	Wendy Dunsford	W55	EMAC	18.56

W60

Position	Name	Age	Team	Performance
1	Claire Cameron	W60	SVHC	26.28
2	Hazel Barker	W60	NMAC	20.93
3	Julie Wakelam	W60	WMAL	18.78
4	Brenda Russell	W60	EMAC	15.08

W65

Position	Name	Age	Team	Performance
1	Stephanie Stamp	W65	EMAC	11.05

W75

Position	Name	Age	Team	Performance
1	Liz Sissons	W75	SCVAC	19.20

T88 800m MV70up

M70

Position	Name	Age	Team	Performance
1	Bruce Hendrie	M70	MMAC	2:53.41
2	John Exley	M70	SCVAC	2:56.03
3	Trevor Solomon	M70	VAC	3:00.24
4	Michael Mann	M70	VAC	3:00.90
5	Arthur Daley	M70	MMAC	3:02.22
6	Bill O'Connor	M70	VAC	4:02.10

M75

Position	Name	Age	Team	Performance
1	Peter Giles	M75	VAC	3:15.12
2	Richard Somers	M75	VAC	3:15.66

T89 3000m MV35-40-50

M35

Position	Name	Age	Team	Performance
1	Richard Clayton	M35	SCVAC	9:21.23
2	Matthew Evans	M35	WMAL	9:43.74
3	Gary Crompton	M35	NMAC	9:57.31

M40

Position	Name	Age	Team	Performance
1	Mick Hill	M40	NMAC	8:58.82
2	Simon Fell	M40	EMAC	9:50.44

3	Richard Davidson	M40	SWVAC	9:55.55
4	Brian Hawkins	M40	EMAC	10:44.69

M50

Position	Name	Age	Team	Performance
1	Justin Reid	M50	NIMAA	9:21.91
2	Stephen Allen	M50	SVHC	9:23.92
3	Ian Johnston	M50	SVHC	9:45.76
4	Adrian Haines	M50	SCVAC	9:49.74
5	Richard Tomlinson	M50	VAC	10:01.80
6	Mark Champion	M50	SCVAC	10:07.86
7	Bryan Camfield	M50	VAC	10:20.35

T90 800m MV65

M65

Position	Name	Age	Team	Performance
1	David Wilcock	M65	SCVAC	2:24.93
2	Kevin Archer	M65	SWVAC	2:35.07
3	Stewart Thorp	M65	SCVAC	2:35.33
4	Paul Gasson	M65	SCVAC	2:36.23
5	Richard Brown	M65	EMAC	2:59.42
6	Geoffrey Beattie	M65	NMAC	3:16.61
7	Kevin Dillon	M65	NMAC	4:08.81

F44 JT MV65up

M65

Position	Name	Age	Team	Performance
1	Peter Coote	M65	MMAC	29.02
2	Bunt Scott	M65	EMAC	24.87
3	Patrick Reynolds	M65	IRL	12.32

M70

Position	Name	Age	Team	Performance
1	Tony Richards	M70	VAC	29.46
2	Bill O'Connor	M70	VAC	12.46

M75

Position	Name	Age	Team	Performance
1	Peter Daw	M75	SWVAC	29.39
2	David Kuester	M75	MMAC	23.48
3	John Gilbert	M75	VAC	18.87

T93 800m FV35+

W35

Position	Name	Age	Team	Performance
1	Fiona De Mauny	W35	VAC	2:11.88
2	Hayley Cargill	W35	VAC	2:16.00

W40

Position	Name	Age	Team	Performance
1	Jacqueline Etherington	W40	SVHC	2:23.66

W45

Position	Name	Age	Team	Performance
1	Joanna Davey	W45	SCVAC	2:21.86
2	Rachel Coupe	W45	MMAC	2:28.27
3	Nikki Sturzaker	W45	VAC	2:33.79

W50

Position	Name	Age	Team	Performance
1	Tina Wickens	W50	MMAC	2:26.81
2	Lisa Thomas	W50	VAC	2:35.50
3	Lisa Webb	W50	VAC	2:36.43

W55

Position	Name	Age	Team	Performance
1	Christine Anthony	W55	EMAC	2:35.06
2	Christine Feely	W55	EMAC	2:48.54

T95 3000m MV45,55,60

M45

Position	Name	Age	Team	Performance
1	Anthony O'Brien	M45	NMAC	9:10.69
2	John Rouse	M45	MMAC	9:50.41
3	Steve Hallas	M45	NMAC	10:12.17

M55

Position	Name	Age	Team	Performance
1	Simon Anderson	M55	SWVAC	9:52.59
2	Tony Tuohy	M55	VAC	10:11.48
3	Colin Ridley	M55	EMAC	10:13.72
4	Geoff Lowry	M55	MMAC	10:25.38
5	Steven Doxey	M55	NMAC	11:08.89
6	Philip York	M55	SWVAC	11:17.31

M60

Position	Name	Age	Team	Performance
1	Paul Mingay	M60	EMAC	10:00.86
2	Richard Holland	M60	VAC	10:38.61

3	Steven Taylor	M60	NMAC	10:51.76
4	Nigel Lambert	M60	EMAC	12:02.94
5	Colin Oxlade	M60	SCVAC	12:06.27
6	Malcolm Thirlaway	M60	NEMAA	12:13.44

F45 TJ FV50dn

W35

Position	Name	Age	Team	Performance
1	Dasha Newington	W35	NEMAA	9.66

W45

Position	Name	Age	Team	Performance
1	Paula Williams	W45	MMAC	10.24
2	Fiona Davidson	W45	SVHC	9.66

W50

Position	Name	Age	Team	Performance
1	Louise Wood	W50	SCVAC	9.54

F46 DT FV45dn

W35

Position	Name	Age	Team	Performance
1	Bethan Lishman	W35	NMAC	20.39

W40

Position	Name	Age	Team	Performance
1	Andrea Jenkins	W40	EMAC	35.35
2	Anja Fairbairn	W40	SCVAC	26.67

W45

Position	Name	Age	Team	Performance
1	Sue Lawrence	W45	SCVAC	26.11
2	Carey Hollick	W45	USA	24.40
3	Sarah Mcgrath	W45	EMAC	23.19

T96 800m MV35

M35

Position	Name	Age	Team	Performance
1	Paul Howard	M35	SCVAC	2:06.66
2	Richard Clayton	M35	SCVAC	2:06.66
3	Chris Lamb	M35	MMAC	2:07.10
4	Thomas Procter-Legg	M35	MMAC	2:10.91
5	Chris de Mauny	M35	VAC	2:18.28
6	Brian Dias	M35	WMAL	2:43.30

T97 800m MV40

M40

Position	Name	Age	Team	Performance
1	Keith Hutchinson	M40	NEMAA	1:59.81
2	Andrew Brown	M40	SVHC	2:00.42
3	Steven McMahon	M40	NEMAA	2:07.73
4	Nebojsa Jovanovic	M40	SCVAC	2:10.20
5	Tim Shiels	M40	OPEN	2:17.97

T98 800m MV50

M50

Position	Name	Age	Team	Performance
1	Mark Symes	M50	SCVAC	2:08.52
2	Pavel Kudrna	M50	CZE	2:13.44
3	Paul Mcmonagle	M50	SVHC	2:14.37
4	Phil Ryan	M50	NMAC	2:16.39
5	Calvin Scoltock	M50	MMAC	2:17.30
6	Graham Moffatt	M50	MMAC	2:17.93

F47 JT FV50up

W55

Position	Name	Age	Team	Performance
1	Caroline Garratt	W55	VAC	28.36
2	Julie Wilson	W55	NMAC	17.01
3	Lorna Foster	W55	MMAC	15.56

W60

Position	Name	Age	Team	Performance
1	Sandra Ingham	W60	EMAC	20.37
2	Julie Wakelam	W60	WMAL	19.71
3	Hazel Barker	W60	NMAC	16.03

W65

Position	Name	Age	Team	Performance
1	Stephanie Stamp	W65	EMAC	8.58

W75

Position	Name	Age	Team	Performance
1	Liz Sissons	W75	SCVAC	14.98

W80

Position	Name	Age	Team	Performance
1	Evaun Williams	W80	SCVAC	24.98

T99 3000m MV65up

M65

Position	Name	Age	Team	Performance
1	Nigel Gates	M65	SWVAC	10:26.83
2	Stewart Thorp	M65	SCVAC	11:33.38
3	Alan Newman	M65	SCVAC	12:59.27

M70

Position	Name	Age	Team	Performance
1	Michael Mann	M70	VAC	12:31.91
2	John Exley	M70	SCVAC	12:39.11
3	Bill O'Connor	M70	VAC	16:49.05

M75

Position	Name	Age	Team	Performance
1	Peter Giles	M75	VAC	12:07.08

M80

Position	Name	Age	Team	Performance
1	Joe Aspinall	M80	VAC	18:04.01

F48 WT MV50dn

M35

Position	Name	Age	Team	Performance
1	Richard Martin	M35	EMAC	14.04
2	George Perkins	M35	NMAC	11.56
3	Sam Cater	M35	MMAC	8.87
4	Bilen Ahmet	M35	OPEN	7.19

M40

Position	Name	Age	Team	Performance
1	Dan Upton	M40	NEMAA	10.90
2	Graham Lay	M40	SCVAC	9.20
3	Mathew Paynter	M40	MMAC	8.40

M45

Position	Name	Age	Team	Performance
1	Graham Holder	M45	WMAL	13.89
2	Simon Achurch	M45	EMAC	12.16
3	Greg Pell	M45	NMAC	11.32

M50

Position	Name	Age	Team	Performance
1	John Twiddle	M50	NMAC	14.92

2	Paul Kelly	M50	SCVAC	13.64
3	Steve Feely	M50	EMAC	11.71
4	David Glendower	M50	WMAL	9.01

T100 800m MV45

M45

Position	Name	Age	Team	Performance
1	Nick Andrews	M45	SCVAC	2:09.93
2	Robert Datnow	M45	VAC	2:10.64
3	Simon Cooper	M45	SCVAC	2:11.05
4	Andre Dahlkamp	M45	VAC	2:12.33
5	Scarlett Parker	M45	VAC	2:13.13
6	Matthew Preston	M45	VAC	2:13.79
7	Paul Jegou	M45	SCVAC	2:16.82

T103 3000m FVall

W35

Position	Name	Age	Team	Performance
1	Rebecca Mills	W35	NMAC	11:59.59

W45

Position	Name	Age	Team	Performance
1	Louise Rudd	W45	NMAC	10:28.01
2	Nikki Sturzaker	W45	VAC	11:29.14
3	Caroline Cotterell	W45	SWVAC	12:45.95

W50

Position	Name	Age	Team	Performance
1	Lynne Champion	W50	SCVAC	11:31.05

W55

Position	Name	Age	Team	Performance
1	Clare Elms	W55	VAC	10:30.05
2	Jane Pidgeon	W55	MMAC	11:56.83
3	Elke Hausler	W55	EMAC	12:03.38

W60

Position	Name	Age	Team	Performance
1	Kathryn Morton	W60	MMAC	13:02.03

F49 JT FV45dn

W35

Position	Name	Age	Team	Performance
1	Bethan Lishman	W35	NMAC	21.59

2	Natalie Mann	W35	VAC	20.04
3	Dasha Newington	W35	NEMAA	14.94

W40

Position	Name	Age	Team	Performance
1	Joanna Gustak	W40	EMAC	27.75
2	Dawn Williams	W40	EMAC	24.78
3	Tanya Coulson	W40	MMAC	15.98

W45

Position	Name	Age	Team	Performance
1	Paula Williams	W45	MMAC	33.26
2	Sue Lawrence	W45	SCVAC	23.98
3	Sarah Mcgrath	W45	EMAC	20.65
4	Carey Hollick	W45	USA	14.82
5	Joanna Sparkes	W45	SCVAC	10.67

F50 WT MV55-60

M55

Position	Name	Age	Team	Performance
1	Steven Whyte	M55	EMAC	17.00
2	Wesley Clarke	M55	VAC	14.45
3	Glyn Pugh	M55	WMAL	11.51
4	Darren Gibson	M55	NMAC	10.57
5	Jim Gillespie	M55	EMAC	10.05
6	Nicholas Walker	M55	SWVAC	8.99

M60

Position	Name	Age	Team	Performance
1	David Valentine	M60	EMAC	16.85
2	John Moreland	M60	MMAC	16.06
3	Robert Broadbridge	M60	SWVAC	15.33
4	Chris Privett	M60	VAC	15.31
5	Ian Cooley	M60	NMAC	13.74
6	Nick Barton	M60	SCVAC	13.18