

British Masters Athletics Virtual 10K Challenge

Individual Results

27 Dec 2020 - 03 Jan 2021

Place	Name	Club	FCC	NGB	Performance	Cat Rank	AGP	Team Size Rank	Team AGP Rank
1	Andy Norman	Altrincham & District AC	ALTRD	EA	30:59	M40-1	89.5%		
2	Kevin Quinn	South London Harriers	SLH	EA	31:29	M40-2	88.7%		
3	Buzz Shephard	Dulwich Runners AC	DUL	EA	32:46	M40-3	87.3%		
4	Daniel Weston	Welsh Masters Athletics Limited	WREX	WA	33:26	M40-4	83.5%		3:WMAL-P4
5	Simon Fell	Peterborough & Nene Valley AC	PNVAC	EA	33:33	M40-5	85.2%		
6	Sage Pearce-Higgins	Thames Valley Harriers	TVH	EA	33:34	M35-1	80.7%		
7	Andy Bond	Veterans AC	DUL	EA	33:36	M45-1	87.2%	1:VAC	1:VAC-P2
8	Sam Hull	South West Veterans AC	SWVAC	EA	33:46	*M40-6	82.7%		
9	Tom Brian	Metro Aberdeen RC	METAB	SA	33:49	M35-2	79.7%		
10	Sion Lewis	Welsh Masters Athletics Limited	LONH	EA	33:53	M35-3	80.7%		3:WMAL-P8
11	Paul Kieran	PH Racing Club	PHRC	SA	33:58	M45-2	85.6%		
12	Adam Rennie	Reading AC	READ	EA	34:05	M45-3	86.0%		
13	Oliver White	South West Veterans AC	EXMH	EA	34:13	M35-4	78.8%		6:SWVAC-P4
14	Alex Hamilton	Basingstoke & Mid Hants AC	BMH	EA	34:26	M45-4	84.4%		
15	Charlie Palmer	Bedford & County AC	BEDC	EA	34:28	M40-7	81.7%		
16	Tyrone Farrer	Eastern Masters AC	HUNTA	EA	34:42	M45-5	84.5%		7:EMAC-P2
17	Steven Kendall	Dulwich Runners AC	DUL	EA	34:43	M35-5	78.0%		
18	Paul Donohoe	26.2 RRC	262	EA	34:44	M45-6	83.0%		
19	John Kettle	Herne Hill Harriers	HHH	EA	34:45	M40-8	82.3%		
20	Keith McIntyre	Fraserburgh RC	FRAS	SA	34:48	M35-6	78.2%		
21	Adam Tuck	Southern Counties Veterans AC	RYDEH	EA	34:51	M40-9	79.5%		4:SCVAC-P8
22	Joseph Gonzalez	26.2 RRC	262	EA	34:54	M50-1	86.8%		
23	Aaron Burgess	Veterans AC	OXFC	EA	34:56	M35-7	78.8%	1:VAC	
24	James Donald	Team Bath AC	TBATH	EA	35:06	M35-8	77.5%		
25	Brian Corleys	Bushfield Joggers	BUSHF	EA	35:09	M45-7	82.7%		
26	Jim Tole	Metro Aberdeen RC	METAB	SA	35:14	M45-8	81.8%		
27	Richard Heath	Colchester Harriers AC	COLCH	EA	35:16	M45-9	83.1%		
28	Simon Brace	Team Bath AC	TBATH	EA	35:21	M45-10	82.9%		
29	Michael McCartney	Northern Masters AC	BINGH	EA	35:24	M45-11	84.2%		2:NMAC-P5
30	Mike Dooley	Team Bath AC	TBATH	EA	35:30	M50-2	87.6%		
31	Gareth Creagh	Highgate Harriers	HIGH	EA	35:33	M40-10	80.5%		
32	Andrew Edge	Welsh Masters Athletics Limited	THH	EA	35:35	M50-3	85.2%		3:WMAL-P3
33	Matthew Hurford	Les Croupiers	CROUP	WA	35:36	M45-12	83.0%		
34	Jon Belcher	Llisbury Runners	LLIS	WA	35:45	M40-11	80.0%		
35	Andrew Aitken	Southern Counties Veterans AC	SOC	EA	35:55	M40-12	78.4%		
36	Nicholas Brook	Welsh Masters Athletics Limited	ERYRI	WA	35:58	M45-13	81.5%		3:WMAL-P7
37	Gavin Brandie	Clapham Chasers	CC	EA	36:00	M40-13	78.2%		
38	James Mackie	Wirral AC	WIRRL	EA	36:02	M45-14	80.7%		
38	Dino Roussias	Metro Aberdeen RC	METAB	SA	36:02	M45-15	81.3%		
40	Wayne Bevan	Winchester & District AC	WADAC	EA	36:06	M40-14	78.6%		
41	Edward Cullen	Swansea Harriers	SWAN	WA	36:07	M35-9	75.3%		
42	Michael Leong	Clapham Chasers	CC	EA	36:12	M40-15	76.6%		
43	Ifan Lloyd	Welsh Masters Athletics Limited	SWAN	WA	36:16	M60-1	91.3%		3:WMAL-P1
43	Patrick Cobb	Team Bath AC	TBATH	EA	36:16	M35-10	75.4%		
45	Tony Page	Veterans AC	READR	EA	36:20	M45-16	81.3%	1:VAC	
46	Steve Barnes	Southern Counties Veterans AC	NEWB	EA	36:32	M50-4	82.2%		4:SCVAC-P5
47	Michael Bland	Long Eaton RC	LERC	EA	36:38	M35-11	74.7%		
48	Rankin Lascelles	Metro Aberdeen RC	METAB	SA	36:40	M35-12	74.6%		
49	Shaun Mann	City Of Norwich AC	CONAC	EA	36:44	M45-17	80.4%		
50	Richard Houghton	North East Masters AA	ELSWH	EA	36:46	M35-13	74.9%		
51	Phillip Young	Aldershot Farnham & District	AFD	EA	36:47	M45-18	79.0%		
52	Neil Hutchison	Queen's Park Harriers	QPH	EA	36:49	M35-14	73.5%		
52	David Parton	Reading Roadrunners	READR	EA	36:49	M50-5	83.0%		
54	Jim McConnel	Taunton AC	NHERT	EA	36:54	M45-19	79.4%		
55	James Woosnam	Team Bath AC	TBATH	EA	36:56	M50-6	82.0%		
56	James Lally	Unattached			37:02	*M40-16	76.0%		
57	Jonathan Gilling	Taunton AC	TAUNT	EA	37:05	M45-20	79.7%		
57	Jonathan Key	Herne Hill Harriers	HHH	EA	37:05	M45-21	78.4%		
59	Martin Connelly	Elswick Harriers	ELSWH	EA	37:07	M50-7	83.8%		
60	James Pattison	Altrincham & District AC	ALTRD	EA	37:09	M40-17	74.6%		
61	Alex Copping	Team Bath AC	TBATH	EA	37:19	M50-8	83.3%		
61	Simon Fowler	Unattached			37:19	*M35-15	72.3%		
61	Russell Price	Chorlton Runners	CHRLR	EA	37:19	M35-16	72.5%		
64	Peter Deardon	Bedford & County AC	BEDC	EA	37:23	M50-9	81.7%		
65	Cat Cummings	City Of Norwich AC	CONAC	EA	37:26	W40-1	85.2%		
66	April James-Welsh	Veterans AC	SLH	EA	37:32	W40-2	85.0%	1:VAC	1:VAC-P4
67	Gordon Walding	Herne Hill Harriers	HHH	EA	37:41	M40-18	73.6%		
68	Paul Doyle	Veterans AC	RAN	EA	37:48	M50-10	82.2%	1:VAC	1:VAC-P9
69	James Cooper	Clapham Chasers	CC	EA	37:51	M45-22	78.1%		
70	Clare Elms	Veterans AC	DUL	EA	37:52	W55-1	98.7%	1:VAC	1:VAC-P1
71	Colin Williams	Moorfoot Runners	MRFT	SA	37:55	M45-23	76.0%		
72	Mike Russell	Elswick Harriers	ELSWH	EA	37:56	M50-11	79.9%		
73	Sebastian Jones	Clapham Chasers	CC	EA	37:58	M35-17	71.3%		
74	Colin Wylie	Giffnock North AC	GIFFN	SA	38:05	M45-24	77.6%		
75	Brian Kirsopp	Reading Roadrunners	READR	EA	38:06	M55-1	85.3%		

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76	Scott Mcdonald	Moorfoot Runners			38:07	*M50-12	80.9%		
77	Edward Lambert	Veterans AC	SLH	EA	38:11	M40-19	74.3%	1:VAC	
77	Alun Rodgers	Southern Counties Veterans AC	MEDM	EA	38:11	M50-13	81.4%		4:SCVAC-P6
79	Chris Ireland	Northern Masters AC	SHFR	EA	38:13	M60-2	85.8%		2:NMAC-P4
80	Kristin Lownie	PH Racing Club	PHRC	SA	38:16	W35-1	81.2%		
81	Peter Thompson	Eastern Masters AC	CAMCO	EA	38:17	M60-3	87.3%		7:EMAC-P1
82	Mark Turnbull	Elswick Harriers	ELSWH	EA	38:18	M50-14	79.8%		
83	Hugo Dias	Thames Valley Harriers	TVH	EA	38:20	M40-20	73.4%		
83	Sean McCormack	Welsh Masters Athletics Limited	ABRGH	WA	38:20	M55-2	83.3%		3:WMAL-P5
85	Andrew Butler	Halesowen ACC	HALES	EA	38:22	M40-21	74.5%		
86	Paul Sterland	Clapham Chasers	CC	EA	38:24	M45-25	77.6%		
87	Craig Mooney	South Cheshire Harriers	SCHES	EA	38:25	M35-18	71.6%		
88	Tony Patterson	Veterans AC	SERP	EA	38:31	M55-3	81.4%	1:VAC	1:VAC-P10
89	Felix Allen	Veterans AC	HW	EA	38:32	M45-26	76.7%	1:VAC	
89	Simon Riley	Midland Masters AC	LEAM	EA	38:32	M60-4	85.1%		5:MMAC-P3
91	David Hook	City Of Norwich AC	CONAC	EA	38:34	M35-19	71.4%		
92	Chris Phelan	South London Harriers	SLH	EA	38:36	M60-5	85.0%		
92	David Quinn	North East Masters AA	NSHH	EA	38:36	M40-22	72.4%		
94	Gordon Irvine	Eastern Masters AC	CAMCO	EA	38:49	M40-23	72.5%		7:EMAC-P8
95	Glen Richardson	Eastern Masters AC	CONAC	EA	38:50	M40-24	72.5%		7:EMAC-P9
96	Ewan Paton	Scottish Veteran Harriers Club	WESTH	EA	38:53	M50-15	77.3%		
97	Rafael Gonzalez	Victoria Park Harriers & Tower Hamlet	VPTH	EA	38:56	M40-25	71.2%		
98	Charles Wartnaby	Eastern Masters AC	CAMCO	EA	38:57	M50-16	77.1%		7:EMAC-P6
98	Eugene Cross	Dulwich Runners AC	DUL	EA	38:57	M40-26	71.2%		
100	Jon Anderson	Cambridge & Coleridge AC	CAMCO	EA	39:01	M55-4	81.1%		
101	James Black	Bedford & County AC	BEDC	EA	39:02	M50-17	77.6%		
102	David Ogden	Veterans AC	SLH	EA	39:03	M60-6	84.8%	1:VAC	1:VAC-P5
103	Simon Danciger	Veterans AC	BAR	EA	39:04	M55-5	82.4%	1:VAC	1:VAC-P8
104	Steve Ramek	26.2 RRC	262	EA	39:06	M55-6	80.2%		
105	Stuart Henderson	South West Veterans AC	CORSH	EA	39:10	M45-27	74.8%		6:SWVAC-P7
106	David Marshall	Scottish Veteran Harriers Club	CAMBL	SA	39:13	M55-7	82.9%		
106	David Cascarina	Neath Harriers	NEATH	WA	39:13	M55-8	80.0%		
108	Martin Butcher	PH Racing Club	PHRC	SA	39:17	M40-27	71.1%		
109	Micheal Perry	Kimberley & District Striders	KDS	EA	39:36	M35-20	69.5%		
110	Owen Davies	Swansea Harriers	SWAN	WA	39:37	M45-28	73.4%		
111	Julie Menzies	PH Racing Club	PHRC	SA	39:44	W45-1	84.3%		
112	Simon Townsend	Dacorum & Tring AC	DACT	EA	39:45	M55-9	79.6%		
112	Philip Woolfall	Reading Roadrunners			39:45	*M45-29	73.7%		
114	Niall Urquhart	Team Bath AC	TBATH	EA	39:47	M55-10	81.0%		
115	Andrew Taplin	Beeston AC	BEEST	EA	39:52	M50-18	77.3%		
116	Andrew Dunleavy	Burnden Road Runners	BURNR	EA	39:54	M60-7	84.5%		
116	Russell Parkin	Midland Masters AC	DERBY	EA	39:54	M55-11	80.7%		5:MMAC-P5
118	Ruth Wallace	Fleet & Crookham AC	FLEET	EA	39:56	W35-2	77.4%		
118	Rebekah Edgar	Thames Hare & Hounds	THH	EA	39:56	W40-3	78.2%		
120	John Lowden	Southern Counties Veterans AC	BRIHC	EA	39:59	M60-8	85.2%		4:SCVAC-P2
121	Nathaniel Palmer	Les Croupiers	CROUP	WA	40:06	M50-19	74.9%		
122	Luke Dixon	Northern Masters AC	NMAC	EA	40:07	M40-28	71.3%		
123	Katherine Sargeant	Reading Roadrunners	READR	EA	40:10	W50-1	86.4%		
124	Iain Taylor	PH Racing Club	PHRC	SA	40:16	M50-20	75.9%		
125	Bryan Camfield	Veterans AC	HOJ	EA	40:19	M55-12	77.8%	1:VAC	
126	Roger Seed	Vale Of Aylesbury AC	VOA	EA	40:25	M50-21	74.3%		
127	Graeme Drysdale	Veterans AC	SOC	EA	40:26	M50-22	76.2%	1:VAC	
128	Michael King	Tunbridge Wells Harriers	TUNW	EA	40:29	M40-29	69.0%		
129	David Beale	Unattached			40:36	*M50-23	76.6%		
130	Tariq Kurd	Bristol & West AC	BRIW	EA	40:39	M45-30	72.1%		
131	Gemma Moore	Welsh Masters Athletics Limited	ERYRI	WA	40:41	W35-3	75.6%		
132	Derek Darnell	Eastern Masters AC	HUNTA	EA	40:45	M60-9	81.2%		7:EMAC-P3
133	Ian Gawinowski	Westbury Harriers	WESTH	EA	40:46	M40-30	70.2%		
134	Robin Phillips	Westbury Harriers	WESTH	EA	40:50	M45-31	71.8%		
135	Paul Sturch	Clapham Chasers			40:51	*M35-21	66.3%		
135	Stuart Kilmartin	Northern Masters AC	NMAC	EA	40:51	M50-24	74.2%		
135	David Walker	Northern Masters AC	LANCM	EA	40:51	M60-10	81.0%		2:NMAC-P8
138	David Bagwell	Kings Heath RC	KHRC	EA	40:53	M35-22	66.2%		
139	Oliver Kirkland	Bournville Harriers	BORNV	EA	40:55	M50-25	73.4%		
140	Lucie Custance	Clapham Chasers	CC	EA	41:05	W40-4	76.5%		
141	Javan Bramhall	Kings Heath RC	KHRC	EA	41:12	M35-23	66.4%		
142	Paul Mccrone	Veterans AC	KEN	EA	41:13	M50-26	74.8%	1:VAC	
143	Fiona Todd	Border Harriers & AC	BORDH	EA	41:14	W45-2	80.3%		
144	Chris Coppellotti	Walton AC	WALT	EA	41:19	M50-27	74.6%		
145	Stephen Bozier	North Wales Road Runners	NWRRC	WA	41:20	M40-31	68.6%		
146	Max Stevens	Unattached	TRANG	EA	41:23	*M40-32	69.1%		
147	Neil Sutton	Kings Heath RC	KHRC	EA	41:24	M40-33	66.9%		
147	Roger Beardsworth	Veterans AC	KEN	EA	41:24	M60-11	79.2%	1:VAC	
149	Ron Cattle	Midland Masters AC	MMAC	EA	41:30	M70-1	88.1%		5:MMAC-P1
149	Simon Coombes	Swansea Harriers	SWAN	WA	41:30	M40-34	68.9%		

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Place	Name	Club	FCC	NGB	Performance	Cat Rank	AGP	Team Size Rank	Team AGP Rank
151	Mark Samuels	Leigh on Sea Striders	LEISS	EA	41:35	M60-12	80.4%		
151	Rob Crusher	Giffnock North AC	GIFFN	SA	41:35	M55-13	75.4%		
153	Bruce McLaren	Veterans AC	RAN	EA	41:36	M50-28	74.7%	1:VAC	
154	Tim Clayton	Midland Masters AC	NDERB	EA	41:41	M55-14	77.3%		5:MMAC-P7
155	Matt Clements	Tunbridge Wells Harriers	TUNWV	EA	41:42	M45-32	70.9%		
156	Bob Fursey	Southern Counties Veterans AC	MEDM	EA	41:43	M55-15	76.5%		
157	Susan Francis	Southern Counties Veterans AC	READ	EA	41:44	W50-2	83.1%		4:SCVAC-P3
158	Taryne McPherson	Medway & Maidstone AC	MEDM	EA	41:49	W40-5	76.9%		
159	Simon Allen	Kent AC	KEN	EA	41:50	M45-33	70.6%		
160	Rory Webster	Clapham Chasers	CC	EA	41:51	M55-16	74.9%		
161	John Sowden	Stroud & District AC	STROU	EA	41:54	M35-24	65.7%		
162	Jonathan Legon	Steel City Striders RC	STEEL	EA	41:56	M55-17	76.1%		
163	Ian Maxwell	Gala Harriers	GAHA	SA	41:57	M60-13	78.2%		
164	Nick Ktori	Kings Heath RC	KHRC	EA	41:59	M50-29	73.4%		
165	Victoria Buck	Veterans AC	KEN	EA	42:02	W45-3	77.9%	1:VAC	
165	Ross McLeod	Clapham Chasers	CC	EA	42:02	M40-35	67.0%		
167	Richard Coles	Peterborough & Nene Valley AC	PNVAC	EA	42:08	M35-25	64.9%		
167	Richard March	Clapham Chasers	CC	EA	42:08	M35-26	64.6%		
169	Joseph Hill Pemberton	Stroud & District AC	STROU	EA	42:09	M35-27	64.5%		
170	Richard Stansfield	Herne Hill Harriers	HHH	EA	42:12	M55-18	75.7%		
171	Brian Stevendale	Swansea Harriers	SWAN	WA	42:13	M55-19	75.0%		
172	Geoff Pike	Brighton Phoenix	BRIPH	EA	42:20	M55-20	75.4%		
173	Jamie Nicklin	Baildon Runners	BAILR	EA	42:22	M40-36	67.5%		
174	Robert Nagorski	Herne Hill Harriers	HHH	EA	42:24	M55-21	75.3%		
175	Kelley Haniver	Stubbington Green Runners	STUBG	EA	42:28	W40-6	75.1%		
176	Phil Ahier	Veterans AC	VAC	EA	42:32	M55-22	74.4%	1:VAC	
176	Kathy Henry	Ranelagh Harriers	RAN	EA	42:32	W45-4	76.3%		
178	Scarlett Parker	Veterans AC	LONH	EA	42:33	M45-34	68.9%	1:VAC	
179	Helen Pool	Veterans AC	READR	EA	42:36	W45-5	76.9%	1:VAC	
180	Chris Mccann	Midland Masters AC	CENRC	EA	42:37	M50-30	72.3%		
180	Jed Turner	Northern Masters AC	SHFR	EA	42:37	M60-14	77.0%		2:NMAC-P9
182	Harry Taylor	Beeston AC	BEEST	EA	42:44	M35-28	63.4%		
183	Natasha Pitman	North Herts Road Runners	NHERT	EA	42:52	W45-6	76.4%		
184	Stewart Thorp	Southern Counties Veterans AC	OXFC	EA	42:57	M65-1	82.4%		4:SCVAC-P4
185	Russell Pearson	Clapham Chasers	CC	EA	42:59	M40-37	64.5%		
186	Chris Jordan	Midland Masters AC	DERBY	EA	43:02	*M45-35	67.0%		
187	Keith Dunnett	Metro Aberdeen RC	METAB	SA	43:03	M50-31	69.8%		
187	Eleanor Stevens	City Of Norwich AC	CONAC	EA	43:03	W40-7	73.5%		
189	Wayne Muddiman	Centurion RC	CENRC	EA	43:04	M45-36	68.6%		
190	Des White	South West Veterans AC	EXMH	EA	43:05	M65-2	80.6%		6:SWVAC-P3
191	Cathryn Rees	Clapham Chasers	CC	EA	43:07	W35-4	72.0%		
192	Antony Streams	Reading Roadrunners	READR	EA	43:08	M60-15	76.1%		
193	Annemarie Smith	South London Harriers	SLH	EA	43:35	W45-7	76.0%		
194	Paul Smith	Metro Aberdeen RC	METAB	SA	43:36	M45-37	66.7%		
195	Kelly Maddy	Thorney RC	THORN	EA	43:42	W40-8	72.4%		
196	Anthony Lintern	Southern Counties Veterans AC	CRAW	EA	43:43	M65-3	81.0%		4:SCVAC-P7
197	Rob Falconer	Swansea Harriers	SWAN	WA	43:45	M60-16	76.4%		
198	Catherine Ulliott	Veterans AC	BRIHC	EA	43:48	W55-2	85.3%	1:VAC	1:VAC-P3
199	Damian Sidnell	Aberystwyth AC	ABERY	WA	43:51	M60-17	74.8%		
200	Emma Huepfl	Radley AC	RADLE	EA	43:52	W45-8	77.2%		
200	Emma Collins	Welsh Masters Athletics Limited	DENBH	WA	43:52	W55-3	86.3%		3:WMAL-P2
200	James Rogers	Welsh Masters Athletics Limited	PRTYN	WA	43:52	M45-38	66.8%		
203	Mike Mewse	South West Veterans AC	WESTH	EA	43:54	M65-4	78.3%		6:SWVAC-P5
204	David Caswell	Reading Roadrunners	READR	EA	43:57	M55-23	71.4%		
205	Melina Morris	Welsh Masters Athletics Limited	DENBH	WA	43:59	W45-9	76.1%		3:WMAL-P10
206	Rick Watts	Westbury Harriers	WESTH	EA	44:00	*M35-29	62.6%		
207	Sue Haslam	Northern Masters AC	SCARB	EA	44:05	W65-1	96.0%		2:NMAC-P1
208	Richard Marks	Welsh Masters Athletics Limited	SARN	WA	44:06	M70-2	82.9%		3:WMAL-P6
209	Tony Reeve	Dacorum & Tring AC	DACT	EA	44:08	M60-18	74.3%		
209	Tom Ulliott	Veterans AC	BRIHC	EA	44:08	M60-19	77.2%	1:VAC	
211	Heidi Dann	South London Harriers	SLH	EA	44:09	W40-9	72.8%		
212	Bob Frake	Beeston AC	BEEST	EA	44:14	M45-39	66.8%		
213	Adrian Donnelly	Fairlands Valley Spartans	FVS	EA	44:16	M40-38	63.6%		
214	Steve Oliver	South West Veterans AC	WADAC	EA	44:20	M60-20	74.0%		6:SWVAC-P9
215	Richard Jubb	Thurrock Harriers	THURH	EA	44:21	M60-21	74.7%		
216	Pete Goringe	Kettering Town Harriers	KTH	EA	44:22	M55-24	73.3%		
217	Malcolm Hammond	Scottish Veteran Harriers Club	PHRC	SA	44:25	M70-3	81.4%		
218	Heath Brett	Swansea Harriers	SWAN	WA	44:27	M50-32	68.2%		
219	Scott Bemment	Clapham Chasers	CC	EA	44:29	M45-40	65.9%		
220	Chris Stevenson	Colchester Harriers AC	COLCH	EA	44:31	M60-22	75.1%		
221	David Horsburgh	Clapham Chasers			44:34	*M35-30	60.5%		
222	Richard Cutts	Bournville Harriers	BORNV	EA	44:35	M50-33	68.5%		
223	Fiona Bolton	Winchester & District AC	WADAC	EA	44:37	W50-3	76.8%		
224	Jo Wilkie	Cheltenham & County Harriers	CHECH	EA	44:41	W40-10	70.8%		
224	Julie Chamberlain	Welsh Masters Athletics Limited	CARD	WA	44:41	W35-5	68.9%		

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Place	Name	Club	FCC	NGB	Performance	Cat Rank	AGP	Team Size Rank	Team AGP Rank
226	Emma Horn	Kingfisher Harriers	KINGF	EA	44:42	W40-11	71.3%		
227	Claire Curtin	Clapham Chasers	CC	EA	44:43	W40-12	71.3%		
228	Garry Paterson	Low Fell RC	LOWFL	EA	44:48	M50-34	68.2%		
229	David James	Midland Masters AC	CLCST	EA	44:51	M70-4	80.6%		5:MMAC-P6
230	Emanuela Castelnovo	Clapham Chasers	CC	EA	44:53	W50-4	78.2%		
230	Robin Smith	Datchet Dashers	DATCH	EA	44:53	M60-23	74.5%		
232	Catherine Dale	Team Bath AC	TBATH	EA	44:54	W55-4	82.2%		
233	Andy Nicol	Chorlton Runners	CHRLR	EA	44:58	M45-41	65.2%		
234	Nicola Jones	Bingley Harriers & AC	BINGH	EA	45:03	W40-13	69.8%		
235	Tracy Pitcairn	North Herts Road Runners	NHERT	EA	45:04	W35-6	68.6%		
236	Tom Hutchison	South West Veterans AC	TBATH	EA	45:07	M65-5	77.7%		6:SWVAC-P6
237	Dave Ellis	Midland Masters AC	BORNV	EA	45:08	M60-24	73.4%		5:MMAC-P9
238	Sian Davies	Midland Masters AC	BRIW	EA	45:09	W60-1	86.1%		5:MMAC-P2
239	Gwen Kinloch	Northern Masters AC	BURNR	EA	45:20	W60-2	87.0%		2:NMAC-P3
240	Gareth Robbins	RUN4ALL Running Club	R4ALL	WA	45:21	M35-31	60.7%		
241	Lynn Rees	Liverpool Pembroke & Sefton H AC	LIVPS	EA	45:26	W55-5	84.5%		
242	Georgina Angless	Clapham Chasers			45:27	*W35-7	67.2%		
242	Dave Cobb	Veterans AC	W4H	EA	45:27	M50-35	66.7%	1:VAC	
244	Christopher Hawkins	Eastern Masters AC	HAVHL	EA	45:34	M55-25	68.8%		
245	William Haining	Eastern Masters AC	COLCH	EA	45:36	M65-6	75.4%		7:EMAC-P7
246	Debbie Mangan	Fleet & Crookham AC	FLEET	EA	45:37	W45-10	72.6%		
246	Chris Wakeman	Midland Masters AC	SHRSB	EA	45:37	M60-25	73.3%		5:MMAC-P10
248	Simon Tonks	Southern Counties Veterans AC	VEG	EA	45:39	*M50-36	68.1%		
248	Chris James	Reading Roadrunners	READR	EA	45:39	M35-32	60.3%		
250	Julia James	Abingdon AC	ABIAC	EA	45:40	W45-11	73.3%		
251	Lucy Woolhouse	Veterans AC	VAC	EA	45:44	W55-6	83.9%	1:VAC	1:VAC-P6
252	Neil Bradshaw	Veterans AC	SERP	EA	45:45	M60-26	71.7%	1:VAC	
253	Ian Gower	Midland Masters AC	SPHIX	EA	45:47	M55-26	69.1%		
254	Steven Cole	Abingdon AC	ABIAC	EA	45:48	M40-39	61.5%		
254	Anna Smith	Ryston Runners	RYSTR	EA	45:48	W40-14	68.6%		
256	Victoria Brown	Serpentine RC	SERP	EA	45:51	W45-12	70.8%		
257	Sara Burns	Brighton Phoenix	BRIPH	EA	45:55	W45-13	71.4%		
258	Alan Roberts	Veterans AC	VOA	EA	45:56	M55-27	68.9%	1:VAC	
259	Pru Clements	Tunbridge Wells Harriers	TUNW	EA	45:57	W45-14	71.3%		
260	Wiebke Kortum	Ranelagh Harriers	RAN	EA	45:59	W50-5	76.4%		
261	Robert Pearson	Northern Masters AC	SHEFT	EA	46:01	M65-7	75.4%		2:NMAC-P10
262	Andrea Banner	Elswick Harriers	ELSWH	EA	46:02	W50-6	74.5%		
263	Alex Miller	Westbury Harriers	WESTH	EA	46:03	M45-42	64.2%		
263	Ian Thom	Metro Aberdeen RC	METAB	SA	46:03	M60-27	73.9%		
265	Helen Davies	Welsh Masters Athletics Limited	WREXT	WA	46:08	W50-7	78.0%		3:WMAL-P9
265	Sean Lord	Chorlton Runners	CHRLR	EA	46:08	M45-43	64.0%		
267	Peter Kennedy	Veterans AC	LEWES	EA	46:10	M65-8	77.5%	1:VAC	
268	Matthew Trainer	Tunbridge Wells Harriers	TUNW	EA	46:11	M45-44	62.4%		
269	Trevor Rayner	Northern Masters AC	SALFH	EA	46:21	M55-28	69.5%		
270	Sandra Williams	Westbury Harriers	WESTH	EA	46:25	W45-15	72.1%		
271	Geoff Morrison	Metro Aberdeen RC	METAB	SA	46:28	M40-40	59.6%		
272	Julie Hartley-Green	Swansea Harriers	SWAN	WA	46:29	W45-16	71.2%		
272	Geoff Anderson	Southern Counties Veterans AC	NEWB	EA	46:29	M70-5	78.7%		4:SCVAC-P9
274	Nicola Tautscher	Bournville Harriers	BORNV	EA	46:36	W45-17	71.9%		
274	Catherine Stephens	Bridgend AC	BRIDE	WA	46:36	W45-18	71.1%		
274	Brett Davis	Welsh Masters Athletics Limited	NEWPH	WA	46:36	M55-29	68.5%		
277	Jane Davies	Southern Counties Veterans AC	READR	EA	46:45	W60-3	85.5%		4:SCVAC-P1
278	Andrea Greenfield	Reading AC	READ	EA	46:49	W45-19	70.7%		
279	Dave Morton	Fife AC	FIFE	SA	47:05	M40-41	59.3%		
280	Dave Powner	Bournville Harriers	BORNV	EA	47:17	M45-45	61.5%		
281	Steven Hames	Neath Harriers	NEATH	WA	47:23	M55-30	68.0%		
282	Dorothy Kesterton	Northern Masters AC	STEEL	EA	47:24	W65-2	92.0%		2:NMAC-P2
283	Alison Davies	Bournville Harriers	BORNV	EA	47:27	W45-20	70.6%		
284	Lucy Daniells	Reading AC	READ	EA	47:32	W35-8	65.3%		
285	Graham Lamb	Midland Masters AC	BURT	EA	47:37	M60-28	71.5%		
286	Steve Bradley	Cheltenham & County Harriers	CHECH	EA	47:39	M45-46	62.5%		
287	Robert Wilson	Northern Ireland Masters AA	WILLH	ANI	47:41	M60-29	70.1%		
288	Heather Graz	Veterans AC	VAC	EA	47:46	W45-21	70.9%	1:VAC	
289	Seth Atkin	City of Birmingham Striders	COBS	EA	47:50	M50-37	64.4%		
290	Russell Stevenson	Steel City Striders RC	STEEL	EA	47:53	M45-47	61.2%		
291	Sandy Wallace	Haddington RC	HADD	SA	47:55	M70-6	75.4%		
292	Charlie Ritchie	Cambridge & Coleridge AC	CAMCO	EA	47:58	M65-9	71.7%		
293	Ilona Kriauzaite	Metro Aberdeen RC	THH	EA	48:03	W35-9	63.8%		
294	Catherine Olivant	Welsh Masters Athletics Limited	BRECA	WA	48:08	W45-22	68.8%		
295	Nathan Warren	Birmingham Running A&TC	BRAT	EA	48:14	M35-33	56.7%		
296	Celia Findlay	Southern Counties Veterans AC	DACT	EA	48:15	W55-7	78.5%		4:SCVAC-P10
297	Chris Manton	Reading Roadrunners	READR	EA	48:22	M45-48	60.6%		
298	Jenny McAdie	Swansea Harriers	SWAN	WA	48:24	W40-15	66.4%		
299	Dave Beattie	Southern Counties Veterans AC	CRAW	EA	48:27	M70-7	77.5%		
300	Felicity Russell	South West Veterans AC	BRIW	EA	48:30	W60-4	82.4%		6:SWVAC-P2

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Individual Results

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Place	Name	Club	FCC	NGB	Performance	Cat Rank	AGP	Team Size Rank	Team AGP Rank
301	Michael Graz	Veterans AC	VAC	EA	48:36	M50-38	61.8%	1:VAC	
302	Peter Binns	Eastern Masters AC	STHEN	EA	48:42	M70-8	77.1%		7:EMAC-P5
302	Stephen Ingledew	Edinburgh AC	EDIN	SA	48:42	M55-31	66.1%		
304	Annabel Harford	Team Bath AC	TBATH	EA	48:44	W50-8	73.8%		
305	Ashraf Kazee	Preston Harriers	PREST	EA	48:47	M55-32	64.9%		
306	Jan Suddaby	East Hull Harriers & AC	EHHAC	EA	48:52	W55-8	75.5%		
306	Lea Lohk	Eastern Masters AC	LMS	EA	48:52	W55-9	78.5%		7:EMAC-P4
308	Kelly Gipson	Welsh Masters Athletics Limited	SWAN	WA	48:54	W50-9	72.7%		
309	Sara Hewison	Bournville Harriers	BORNV	EA	48:57	W50-10	71.7%		
309	Sara Lopez	Reading Roadrunners	READR	EA	48:57	W40-16	64.2%		
311	Ryan Talley	Steel City Striders RC	STEEL	EA	48:59	M50-39	62.9%		
312	Victoria Thurston	Formula One Circuit Crew	F1CC	EA	49:10	W35-10	62.8%		
313	Madeleine Minson	London Heathside	LONH	EA	49:26	W50-11	71.0%		
314	Tim Carr	Westbury Harriers	WESTH	EA	49:30	M50-40	62.3%		
314	Shirley Oglesby	East Hull Harriers & AC	EHHAC	EA	49:30	W65-3	88.1%		
316	Angelique Bueler	Chorlton Runners	CHRLR	EA	49:33	W45-23	65.5%		
317	Andrew Robinson	Southern Counties Veterans AC	THH	EA	49:36	*M50-41	62.7%		
318	John Wright	Chorlton Runners	CHRLR	EA	49:43	M70-9	74.5%		
319	Peter Reilly	Reading Roadrunners	READR	EA	49:47	M60-30	65.9%		
320	Jeanette Robathan	Midland Masters AC	CENRC	EA	49:57	W55-10	74.8%		5:MMAC-P8
321	Norbert Weber	South West Veterans AC	SWVAC	EA	50:05	M40-42	57.1%		
322	Andrew Woffindin	Hillsborough & Rivelin RC	HILLS		50:09	M55-33	63.1%		
323	Anastasia Chew	Queen's Park Harriers	QPH	EA	50:11	W35-11	61.6%		
324	Judith Oakley	Welsh Masters Athletics Limited	VEG	EA	50:13	W55-11	73.5%		
325	Mikaela Price	Winchester & District AC	WADAC	EA	50:20	W45-24	65.1%		
326	Dudley Garner	City Of Norwich AC	CONAC	EA	50:21	M35-34	54.3%		
327	Helen Sawyer	Westbury Harriers	WESTH	EA	50:29	W55-12	72.2%		
328	Nina Jensen	North East Masters AA	CLMRR	EA	50:33	W45-25	65.5%		
329	Paul Browning	Veterans AC	VAC	EA	50:34	M60-31	64.9%	1:VAC	
329	Patricia Anne Goodall	Northern Masters AC	TOTLY	EA	50:34	W65-4	82.5%		2:NMAC-P6
331	Paul Christie	Burnden Road Runners	BURNR	EA	50:35	M65-10	68.6%		
332	Colin Williams	Watford Joggers	WATFJ	EA	50:37	M55-34	62.5%		
333	Richard Hughes	Westbury Harriers	WESTH	EA	50:43	M55-35	64.1%		
334	Debbie Jacketts	East Hull Harriers & AC	EHHAC	EA	51:04	W45-26	64.2%		
335	Juliann Canty	Clapham Chasers	CC	EA	51:10	W35-12	60.4%		
336	Maggie Statham-Berry	Veterans AC	LNG	EA	51:18	W65-5	83.7%	1:VAC	1:VAC-P7
336	Neil Rees	RUN4ALL Running Club	R4ALL	WA	51:18	M55-36	61.7%		
338	Michael Brentnall	Eastern Masters AC	CAMCO	EA	51:27	M70-10	70.3%		7:EMAC-P10
339	Quintin Chalmers	Metro Aberdeen RC	METAB	SA	51:36	M45-49	55.9%		
340	Andy Matthews	Centurion RC	CENRC	EA	51:45	M50-42	60.1%		
341	Hilda Ann Coulsey	Ilkley Harriers AC	ILKH	EA	51:50	W65-6	82.8%		
342	Donald Hale	North Wales Road Runners	NWRRC	WA	51:51	M65-11	68.3%		
343	Anne Dockery	South West Veterans AC	BRIW	EA	51:54	W70-1	89.4%		6:SWVAC-P1
344	Chris Allison	Centurion RC	CENRC	EA	52:01	M50-43	58.3%		
344	Neil Anderson	Linlithgow AC	LLGAC	SA	52:01	M55-37	61.4%		
346	Jocelyn Richard	Gala Harriers	GAHA	SA	52:02	W60-5	75.8%		
347	Dawn Jones	Eastern Masters AC	HARLO	EA	52:06	W50-12	65.8%		
348	Jacqui Wynds	Midland Masters AC	FODAC	EA	52:23	W65-7	82.0%		5:MMAC-P4
349	Alec MacLean	Beeston AC	BEEST	EA	52:26	M50-44	58.3%		
350	Jo Green	Bournville Harriers	BORNV	EA	52:38	W45-27	61.6%		
351	Paul Wright	Chepstow Harriers	CHEPH	WA	52:49	M45-50	55.0%		
352	Maciej Kolterniak	Queen's Park Harriers	QPH	EA	52:51	M40-43	52.9%		
353	Edward Thorpe	Reading Roadrunners	READR	EA	52:52	M75-1	76.0%		
354	Gayle Eglintine	North East Masters AA	SSHH	EA	52:54	W40-17	60.3%		
355	Tony Rea	Southern Counties Veterans AC	DRAGL	EA	52:58	M75-2	75.9%		
356	Carol Aikin	Ranelagh Harriers	RAN	EA	53:06	W55-13	69.5%		
357	Michael Johnson	Veterans AC	THH	EA	53:10	M75-3	77.2%	1:VAC	
358	Ian Stokes	Kings Heath RC	KHRC	EA	53:12	M55-38	59.5%		
358	Vanessa Stirzaker	Windsor Slough Eton & Hounslow AC	WSEH	EA	53:12	W40-18	58.7%		
360	Eric Robathan	Midland Masters AC	CENRC	EA	53:16	M60-32	62.2%		
361	Charles Tatham	Queen's Park Harriers	QPH	EA	53:28	M55-39	60.2%		
362	Andy Jackson	Beeston AC	BEEST	EA	53:52	M45-51	54.4%		
363	Tamsin Burland	Ranelagh Harriers	RAN	EA	53:56	W50-13	64.3%		
364	Avril Riddell	Veterans AC	SERP	EA	54:01	W65-8	78.3%	1:VAC	
365	Theresa Woolley	Midland Masters AC	CENRC	EA	54:02	W55-14	69.2%		
366	Valerie Hughes	Westbury Harriers	WESTH	EA	54:05	W60-6	71.9%		
367	Alison Fergusson	Centurion RC	CENRC	EA	54:16	W50-14	65.5%		
368	Sian Rilstone	Clapham Chasers	HHH	EA	54:18	*W35-13	56.4%		
369	Penny Shepherd	Datchet Dashers	DATCH	EA	54:20	W45-28	59.7%		
370	Tina Gabb	Swansea Harriers	SWAN	WA	54:23	W45-29	60.2%		
371	Carole Pitts	Dacorum & Tring AC	DACT	EA	54:38	W55-15	69.3%		
372	Kevin Peace	Midland Masters AC	BORNV	EA	54:42	M60-33	61.7%		
373	Yvonne Twelvetree	Northern Masters AC	TOTLY	EA	54:44	W70-2	82.1%		2:NMAC-P7
374	Emma-Jane Orchard	Bristol & West AC	BRIW	EA	54:57	W45-30	60.3%		
375	Jonathan Kane	South West Veterans AC	WADAC	EA	55:04	M75-4	74.5%		6:SWVAC-P8

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Individual Results

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Place	Name	Club	FCC	NGB	Performance	Cat Rank	AGP	Team Size Rank	Team AGP Rank
376	Donald Johnson	Northern Masters AC	BINGH	EA	55:07	M65-12	64.2%		
377	Brian Howie	Scottish Veteran Harriers Club	EDIN	SA	55:21	M70-11	65.3%		
377	Michael Davies	Welsh Masters Athletics Limited	CROUP	WA	55:21	M70-12	65.3%		
379	Lucy Mccann	Centurion RC	CENRC	EA	55:24	W45-31	61.1%		
379	Samantha Egerton	Abingdon AC	ABIAC	EA	55:24	W50-15	65.0%		
381	Lucille Joannes	Tunbridge Wells Harriers	TUNW	EA	55:30	W60-7	73.0%		
382	Julie Jackson	Unattached			55:31	*W45-32	59.6%		
383	Tim Long	Cambridge & Coleridge AC	CAMCO	EA	56:02	M60-34	59.1%		
384	Sarah Russell	Brighton Phoenix	BRIPH	EA	56:09	W50-16	64.1%		
385	Lesley Nesbitt	Yeovil Town RRC	YEOVL	EA	56:11	W70-3	80.0%		
386	Richard Martin	Tunbridge Wells Harriers	TUNW	EA	56:30	M65-13	62.7%		
387	Cal Jones	Clapham Chasers	CC	EA	56:32	W50-17	62.9%		
388	Mick Jefferies	Southern Counties Veterans AC	DRAGL	EA	56:34	M70-13	66.4%		
389	Angela Kikugawa	Veterans AC	HW	EA	56:49	W55-16	66.7%	1:VAC	
390	Simon Donovan	Dewsbury Road Runners	DEWS	EA	56:59	M45-52	51.0%		
391	Leonard Horlock	South West Veterans AC	SWVAC	EA	57:07	M75-5	71.8%		
392	Angharad Price	Les Croupiers	CROUP	WA	57:19	W35-14	54.2%		
392	Tony Clements	Swansea Harriers	SWAN	WA	57:19	M70-14	63.1%		
394	John Grigg	Veterans AC	FRC	EA	57:25	M65-14	60.5%	1:VAC	
395	Penny Wallduck	Dacorum & Tring AC	DACT	EA	57:32	W55-17	64.1%		
396	Anne Docherty	Scottish Veteran Harriers Club	FORRE	SA	57:50	W75-1	84.3%		
397	Deborah Pearce	Vegan Runners UK	HAYLE	EA	57:51	W50-18	60.7%		
398	Bill Doidge	North East Masters AA	LOWFL	EA	58:07	M70-15	63.8%		
399	Jonathan Pitayanukul	Veterans AC	VAC	EA	58:13	M65-15	59.1%	1:VAC	
400	Clare Colquhoun	Centurion RC	CENRC	EA	58:17	W45-33	57.4%		
401	Laura Guga-Voyce	Clapham Chasers	CC	EA	58:39	W40-19	53.6%		
402	Denise Johnson	Northern Masters AC	BAILR	EA	58:49	W60-8	67.0%		
403	Ian Wolstencroft	Dacorum & Tring AC	DACT	EA	59:17	M60-35	56.9%		
404	David Tomlinson	Northern Masters AC	BOLTU	EA	59:21	M80-1	72.3%		
405	Alison Barbuti	Chorlton Runners	CHRLR	EA	1:01:19	W40-20	52.0%		
406	Heather Allen	Veterans AC	HARTR	EA	1:01:25	W70-4	75.5%	1:VAC	
407	Andrew Small	Reading Roadrunners	READR	EA	1:01:36	M70-16	60.2%		
408	Mike Terry	South West Veterans AC	LITDH	EA	1:02:09	M70-17	58.2%		
409	Barrie Roberts	Welsh Masters Athletics Limited	BORNV	EA	1:02:33	M75-6	64.3%		
410	Christina O'Donovan-Rossa	Thames Hare & Hounds	THH	EA	1:02:55	W55-18	59.4%		
411	Geoff Wright	Welsh Masters Athletics Limited	CROUP	WA	1:03:31	M70-18	57.6%		
412	Hilary Prince	Centurion RC	CENRC	EA	1:03:32	W60-9	61.2%		
413	Sarah Knox	Scottish Veteran Harriers Club	VPTH	EA	1:03:39	W50-19	53.9%		
414	Miriam Rosen	Lancaster & Morecambe AC	LANCM	EA	1:04:07	W70-5	71.2%		
415	Stephen Davies	Welsh Masters Athletics Limited	MANSH	EA	1:05:40	M60-36	50.9%		
416	John Gray	Watford Joggers	WATFJ	EA	1:05:57	M70-19	54.8%		
417	Anna Murray	Barnet & District AC	BARN	EA	1:06:04	W55-19	55.2%		
418	Joe Aspinall	Veterans AC	VAC	EA	1:06:17	M80-2	68.1%	1:VAC	
419	Kim Archer-Clarke	Centurion RC	CENRC	EA	1:06:51	W40-21	48.1%		
420	Tony Berry	South West Veterans AC	TRURO	EA	1:07:19	M85-1	73.5%		
421	Martin Garrett	Veterans AC	SUDBC	EA	1:07:52	M65-16	51.7%	1:VAC	
422	Stephen Knight	Herne Hill Harriers	HHH	EA	1:08:21	M70-20	53.5%		
423	Susan Davis	Welsh Masters Athletics Limited	LLIS	WA	1:09:06	W55-20	54.1%		
424	Louise Righini	Burnden Road Runners	BURNR	EA	1:09:14	W35-15	44.9%		
425	Glyn Smith	Cambridge & Coleridge AC	CAMCO	EA	1:09:37	M75-7	55.7%		
426	Paul Carroll	Team Bath AC	TBATH	EA	1:10:00	M60-37	48.2%		
427	Christine Booth	Steel City Striders RC	STEEL	EA	1:10:22	W45-34	46.6%		
428	Paul Holgate	Fairlands Valley Spartans	FVS	EA	1:10:35	M60-38	47.8%		
429	Lesley Pymm	Midland Masters AC	BORNV	EA	1:10:37	W65-9	60.8%		
430	Julian Oxborough	South West Veterans AC	BOURN	EA	1:12:56	M55-40	43.4%		
431	Cheryl Dunleavy	Burnden Road Runners	BURNR	EA	1:13:30	W40-22	43.4%		
432	Joan Barker	Bracknell Forest Runners	BRCKF	EA	1:20:47	W50-20	44.5%		
433	Rebecca Mellor	Reading Roadrunners	READR	EA	1:20:59	W50-21	43.9%		
434	Trevor Eagle	Burnden Road Runners	BURNR	EA	1:21:00	M60-39	41.3%		
435	Gill Manton	Reading Roadrunners	READR	EA	1:23:58	W45-35	40.3%		
436	David Rosen	Lancaster & Morecambe AC	LANCM	EA	1:24:24	M65-17	41.5%		
437	Rhiannon Needham	Veterans AC	SERP	EA	1:31:25	W40-23	34.2%	1:VAC	
438	Phillip Howells	South West Veterans AC	TEWKS	EA	1:50:33	M70-21	34.0%		