

Team	NGB	Overall	WA	SA	ANI	Cum Time	Leg 1	Leg 2	Leg 3
.	.								
<b>M35-44</b>	.								
PONTY-A	WA	4	1			1:36:22	12,Juan,Delgado,(15:10),	30,Simon,Lewis,(15:35),	59,Symon,Murphy,(15:53),
NEATH-A	WA	22	2			1:42:56	122,Geriant,Williams,(16:21),	229,Robert,Prady,(16:53),	319,Andrew,Reynolds,(17:14),
BRIDE-A	WA	31	3			1:45:56	41,Mark,Emery,(15:44),	63,Joe,Thomas,(15:56),	514,Robert,Atkin,(17:51),
ABERY-A	WA	48	4			1:49:41	122,Edward,Land,(16:21),	196,Owain,Schiavone,(16:46),	441,Mark,Whitehead,(17:39),
PENDI-A	WA	51	5			1:50:47	480,Michael,Morgan,(17:45),	514,Ian,Southwell,(17:51),	547,Nathan,Christoforato,(17:56),
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<b>M45-54</b>	.								
CROUP-A	WA	29	1			1:12:51	236,Matthew,Hurford,(16:55),	525,Gareth,Morgan,(17:53),	758,Emyr,Morgan,(18:29),
SWAN-A	WA	45	2			1:14:28	493,Paul,Flynn,(17:47),	770,Matt,Kinane,(18:31),	951,Owen,Davies,(18:56),
ABERY-A	WA	52	3			1:15:17	514,Paul,Williams,(17:51),	565,Shelley,Childs,(17:58),	1001,Patrick,Finney,(19:04),
BRIDE-A	WA	78	4			1:20:43	500,Andrew,Hodgson,(17:48),	1354,Nick,Stocker,(20:07),	1607,Stephen,Summers,(20:48),
CROUP-B	WA	93	5			1:24:37	1425,Marcus,Meyrick,(20:20),	1650,Steve,Chadwell,(20:56),	1712,James,Bruce,(21:10),
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<b>M55-64</b>	.								
CROUP-A	WA	10	1			0:55:46	571,Andrew,Blair,(17:59),	798,David,James,(18:35),	1043,Vincent,Nazareth,(19:12),
SWAN-A	WA	14	2			0:57:01	500,Ifan,Lloyd,(17:48),	821,Thomas,Guest,(18:40),	1507,Rob,Falconer,(20:33),
BRIDE-A	WA	16	3			0:58:13	1017,Robert,Hunt,(19:07),	1035,Simon,Osborne,(19:11),	1289,Greg,Newhams,(19:55),
CROUP-B	WA	25	4			0:59:33	1057,Jeff,Cox,(19:14),	1256,David,Walker,(19:50),	1481,David,Coles,(20:29),
ABERY-A	WA	27	5			1:00:28	1187,Paul,Scullion,(19:37),	1268,Damian,Sidnell,(19:52),	1667,Daniel,Thorogood,(20:59),
BRIDE-B	WA	48	6			1:05:24	1738,Richard,Govier,(21:15),	2011,Jon,Embling,(22:01),	2064,Huw,Roberts,(22:08),
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<b>M65-74</b>	.								
CROUP-A	WA	22	1			1:23:24	2531,Michael,Davies,(24:00),	3113,Geoff,Wright,(28:51),	3196,Roshan,Khan,(30:33),
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<b>M75-84</b>	.								
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<b>W35-44</b>	.								
CROUP-A	WA	29	1			1:24:34	1364,Janneke, Van Beijnum,(20:09),	1542,Claire,Bruce,(20:37),	1897,Aine,Kenny,(21:42),
PONTY-A	WA	61	2			1:32:40	1499,Liz,May,(20:32),	1627,Emily,Brittain Delgado,(20:51),	2711,Bethan,Ford,(24:55),
BRIDE-A	WA	64	3			1:34:17	1453,Georgie,Dando,(20:25),	2099,Katherine,Iles,(22:17),	2799,Wendy,Hurst,(25:32),
CROUP-B	WA	79	4			1:41:56	2570,Jenny,Martin,(24:11),	2575,Claire,Jarrom,(24:13),	2706,Michelle,Amblin,(24:54),
.	.								
<b>W45-54</b>	.								
CROUP-A	WA	27	1			1:04:55	1481,Tammy,Nurse,(20:29),	1994,Libby,Crees,(21:58),	2145,Sarah,Mccarthy,(22:28),
BRIDE-A	WA	34	2			1:05:41	1380,Catherine,Stephens,(20:12),	2129,Gina,Hardman,(22:24),	2327,Helen,Andrews,(23:05),
SWAN-A	WA	50	3			1:07:44	2083,Julie,Hartley-Green,(22:14),	2129,Chris,Webb,(22:24),	2337,Kelly,Gipson,(23:06),
PONTY-A	WA	76	4			1:14:29	2568,Sian,Khalil,(24:10),	2611,Ruth,Sutton,(24:24),	2844,Jennet,Holmes,(25:55),
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Team	Leg 4	Leg 5	Leg 6
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<b>M35-44</b>			
PONTY-A	111, Ben, Butler-Madden, (16:18),	135, Jamie, Vanstone, (16:28),	254, Mark, Horsman, (16:58),
NEATH-A	324, Gareth, Davey, (17:15),	413, Chris, Jenkins, (17:34),	441, Ross, Purchase, (17:39),
BRIDE-A	519, Richard, Dando, (17:52),	752, Philip, Welch, (18:28),	1347, Daniel, Morgan, (20:05),
ABERY-A	830, Richard, Anthony, (18:41),	1157, Ian, Evans, (19:33),	1569, Will, Lerigo, (20:41),
PENDI-A	584, Paul, Morton, (18:00),	798, Andy, Pearce, (18:35),	1559, Kit, Lambert, (20:40),
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<b>M45-54</b>			
CROUP-A	1165, Nathaniel, Palmer, (19:34),		
SWAN-A	1057, Simon, Brewer, (19:14),		
ABERY-A	1447, Paul, Jones, (20:24),		
BRIDE-A	2009, Gareth, Davies, (22:00),		
CROUP-B	2074, David, George, (22:11),		
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<b>M55-64</b>			
CROUP-A			
SWAN-A			
BRIDE-A			
CROUP-B			
ABERY-A			
BRIDE-B			
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<b>M65-74</b>			
CROUP-A			
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<b>M75-84</b>			
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<b>W35-44</b>			
CROUP-A	2050, Susan, Bowes, (22:06),		
PONTY-A	2910, Rhian, Hopkins, (26:22),		
BRIDE-A	2866, Krista, Humphrey, (26:03),		
CROUP-B	3098, Angharad Mary, Price, (28:38),		
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<b>W45-54</b>			
CROUP-A			
BRIDE-A			
SWAN-A			
PONTY-A			
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Team	NGB	Overall	WA	SA	ANI	Cum Time	Leg 1	Leg 2	Leg 3
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<b>W55-64</b>	.								
ABERY-A	WA	17	1			1:11:16	2011,Maggie,Collingborn,(22:01),	2171,Anita,Worthing,(22:34),	2946,Jane,Bailey,(26:41),
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<b>W65-74</b>	.								

Team	Leg 4	Leg 5	Leg 6
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<b>W55-64</b>			
ABERY-A			
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<b>W65-74</b>			