

W35-44

Team Scores

Pos	Team	Time	Athletes (Absolute race place, points in brackets)
1	SOTON	1:20:53	3: Sarah Winstone 11: Lucy Short 16: Philippa Aukett , 0: Hannah Willson
2	TONB	1:21:15	2: Elle Baker 17: Nichola Evans 20: Tina Oldershaw
3	EE	1:28:27	29: Lauren Johnson 36: Sheridan Marshall 49: Diana Norman

M35-44

Team Scores

Pos	Team	Time	Athletes (Absolute race place, points in brackets)
1	TONB	1:30:28	3: Ben Cole 5: Daniel Bradley 24: Jay Smith , 0: Neil McClements , 0: Tom Woolley , 0: Tom Rule , 0: Joseph Watts , 0: Jacek Traczynski , 0: Tom James , 0: Peter Sutton , 0: Charlie Richardson
2	KEN	1:35:10	10: Jim Allchin 29: Sam Evans 39: Neil Phillips , 0: Richard Giles
3	BB	1:39:52	15: Micah Evans 58: Gareth Evans 60: Blair Wilson , 0: Christian Clement , 0: Andy Rayner

W45-54

Team Scores

Pos	Team	Time	Athletes (Absolute race place, points in brackets)
1	BB	1:23:01	8: Carole Coulon 18: Ashley Pearson 22: Jennie Butler
2	TONB	1:28:28	15: Sasha Humphries 42: Lisa Knight 56: Penny Pilbeam , 0: Maria Heslop , 0: Geraldine Lara Jee
3	WADAC	1:29:02	9: Jane Gandee 31: Emma Carter 77: Alison Fenwick

M45-54

Team Scores

Pos	Team	Time	Athletes (Absolute race place, points in brackets)
1	THH	1:34:19	13: Phillip Tedd 25: Simon Baines 28: Simon Wurr , 0: Nik Pugh
2	HHH	1:36:45	20: Andrew Perfect 23: John Kettle 51: Oliver Morrison
3	BB	1:40:58	18: Alex Gibbins 40: Luca Ercolani 95: Steven Hough

W55+

Team Scores

Pos	Team	Time	Athletes (Absolute race place, points in brackets)
1	HHH	2:02:08	104: Gillian Wheeldon 117: Sarah Allen 126: Flora Di Carlo

M55-54

Team Scores

Pos	Team	Time	Athletes (Absolute race place, points in brackets)
1	MEDM	1:44:27	55: Alun Rodgers 64: Noel Lyons 78: Gareth Williams
2	GG	1:44:51	49: Terry Booth 59: Mark Tennyson 94: David Owen Williams , 0: David Renshaw
3	KEN	1:51:31	99: Len Reilly 100: Chris Lydon 101: Roger Beardsworth , 0: Luke Armitage

M65+

Team Scores

Pos	Team	Time	Athletes (Absolute race place, points in brackets)
1	NORFG	1:28:51	21: Stephen Rolfe 25: Tobias Arnup 68: Pete Thompson
2	TBATH	1:37:29	51: Tom Hutchison 76: Paul King 85: Andy Mullett
3	CRAW	1:41:51	43: David Cook 87: Walter Hill 107: Dave Beattie