

British Masters Multi-terrain Championships - Gravesend - 26 Jun 2022

Top 3 in each category

| Event | Age | 1st | 2nd | 3rd |
|-------------|-----|---|--|---|
| 1 30K Trail | M35 | Tom Collins, Medway and Maidstone AC, 1:58:38 | Thomas Millard, Folkestone RC, 2:02:32 | Pete Woodward, Crowborough Runners, 2:10:15 |
| 1 30K Trail | M40 | Fabien Lassonde, Victoria Park Harriers and Tower Hamlets AC, 1:58:45 | Julian Rendall, Southern Counties Veterans AC, 2:03:10 | Stephen Fabes, Victoria Park Harriers and Tower Hamlets AC, 2:04:24 |
| 1 30K Trail | M45 | Paul Fauset, Northern Masters AC, 1:56:43 | Tyrone Farrer, Eastern Masters AC, 2:05:18 | Steven Hough, Blackheath & Bromley Harriers AC, 2:13:22 |
| 1 30K Trail | M50 | Steve Winder, Epsom & Ewell Harriers, 2:01:07 | Andrew Green, Southern Counties Veterans AC, 2:22:10 | Paul Jones, Midland Masters AC, 2:31:18 |
| 1 30K Trail | M55 | Jeremy Mower, Welsh Masters Athletics Limited, 2:11:12 | Christian Poulton, Southern Counties Veterans AC, 2:18:39 | Andrew Noble, Southern Counties Veterans AC, 2:33:05 |
| 1 30K Trail | M60 | Peter Thompson, Eastern Masters AC, 2:23:18 | Clem Dixon, Southern Counties Veterans AC, 2:31:37 | Derek Humphrey, Burnham Joggers, 2:39:06 |
| 1 30K Trail | M65 | Paul McAuliffe, Medway and Maidstone AC, 2:39:44 | Ian Wright, South West Veterans AC, 2:55:55 | Walter Hill, Southern Counties Veterans AC, 3:05:58 |
| 1 30K Trail | M70 | Trevor Edgley, Southern Counties Veterans AC, 2:50:57 | Barry Bell, Southern Counties Veterans AC, 3:34:21 | |
| 1 30K Trail | M75 | John Turner, Eastern Masters AC, 4:08:13 | | |
| 1 30K Trail | W35 | Kay Sheedy, Veterans AC, 2:27:48 | | |
| 1 30K Trail | W40 | Victoria Gill, Winchester & District AC, 2:12:26 | Rhiannon Needham, Veterans AC, 2:57:03 | |
| 1 30K Trail | W45 | Victoria Buck, Veterans AC, 2:25:54 | Susan Bint, Victoria Park Harriers and Tower Hamlets AC, 2:30:32 | Sarah Winter, The Stragglers Running Club, 2:32:35 |
| 1 30K Trail | W50 | Victoria Carter, Veterans AC, 2:33:32 | Emma Carter, South West Veterans AC, 2:38:41 | Fiona Russell, Veterans AC, 2:42:41 |
| 1 30K Trail | W55 | Kate Marchant, Beckenham Running Club, 3:03:38 | Catkin Shelley, Veterans AC, 3:08:57 | Karen Wisby-Thomas, United Kingdom National Team, 3:12:06 |
| 1 30K Trail | W60 | Lynne Whitaker, South West Veterans AC, 2:46:08 | Celia Findlay, Southern Counties Veterans AC, 2:50:18 | Jackie Day, Southern Counties Veterans AC, 3:41:43 |
| 1 30K Trail | W65 | Janice Moorekite, Southern Counties Veterans AC, 3:23:15 | | |
| 1 30K Trail | W70 | Sarah Marzaioli, Southern Counties Veterans AC, 3:50:01 | | |