

# British Masters 10 Mile Road Championships - - Buntingford 30 Dec 2023

Address: Venue Unspecified  
 Date of event: 2023-12-30  
 Organiser: BMAF Services Limited  
 Contact Name: BMAF Competition Secretary  
 Contact Email: compsec@bmaf.org.uk  
 Competition Type: ROAD

## Results by Category

This report only shows finishers (excludes DNF, DNS and DQ)

### 1 Road 10 Mile - 2023-12-30

#### M35

Position	Name	Age	Team	Performance
1	Jack Nixon	M35	Eastern Masters AC	53:02
2	Ben Short	M35	Veterans AC	54:04
3	James Hurrell	M35	London Heathside	54:14
4	Arron Clark	M35	Grange Farm & Dunmow Runners	58:04

#### M40

Position	Name	Age	Team	Performance
1	Duncan Woolmer	M40	Veterans AC	54:52
2	Martin Amos	M40	Huntingdonshire AC	56:52
3	Leigh Marshall	M40	Midland Masters AC	57:13
4	Jani Kraner	M40	Veterans AC	57:17
5	Richard Hynes	M40	Grange Farm & Dunmow Runners	1:02:42
6	Boon Wu	M40	Barnet & District AC	1:03:09
7	Kamil Tyrala	M40	Thurrock Harriers	1:16:20
8	John Auld	M40	Eastern Masters AC	1:16:30

#### M45

Position	Name	Age	Team	Performance
1	David Lipscomb	M45	Veterans AC	56:09
2	Brian Corleys	M45	Eastern Masters AC	56:25
3	Steven Prosser	M45	Eastern Masters AC	57:22
4	Daniel Beazley	M45	Bishops Stortford RC	57:47
5	Bob Glasgow	M45	Orion Harriers	59:00
6	Chris Jones	M45	Garden City Runners	1:02:47
7	Joel Denning	M45	Ilford AC	1:11:29

#### M50

Position	Name	Age	Team	Performance
1	Tyrone Farrer	M50	Eastern Masters AC	58:52
2	Alistair Brown	M50	Grange Farm & Dunmow Runners	59:00
3	Shaun Mann	M50	Eastern Masters AC	1:00:30
4	Robert Thorpe	M50	Bishops Stortford RC	1:01:16

5	Adam Baker	M50	Eastern Masters AC	1:02:11
6	Ian Datlen	M50	North Herts Road Runners	1:05:01

### M55

Position	Name	Age	Team	Performance
1	Simon Mugglestone	M55	South West Veterans AC	59:40
2	Peter Harvey	M55	Veterans AC	1:00:55
3	Craig Dyce	M55	Saffron Striders RC	1:00:59
4	Damien Lane	M55	Welsh Masters Athletics Limited	1:01:27
5	Peter Chubb	M55	Springfield Striders RC	1:04:35
6	Steven Read	M55	Grange Farm & Dunmow Runners	1:04:37
7	Andrew Noble	M55	Southern Counties Veterans AC	1:05:40
8	Simon Hearn	M55	South West Veterans AC	1:07:53
9	Kevin Marshall	M55	Grange Farm & Dunmow Runners	1:09:14
10	Steve Mckeown	M55	North Herts Road Runners	1:11:46
11	Ian Gower	M55	Midland Masters AC	1:15:26

### M60

Position	Name	Age	Team	Performance
1	Donato Esposito	M60	Midland Masters AC	1:05:49
2	Paul Bassa	M60	Barnet & District AC	1:08:16
3	Derek Darnell	M60	Eastern Masters AC	1:09:01
4	John Cooper	M60	Veterans AC	1:09:11
5	Peter Sibbett	M60	North Herts Road Runners	1:09:41
6	John Harris	M60	Eastern Masters AC	1:12:07
7	Bob Fursey	M60	Southern Counties Veterans AC	1:15:18

### M65

Position	Name	Age	Team	Performance
1	Jonathan Haynes	M65	Eastern Masters AC	1:05:16
2	David Gill	M65	Northern Masters AC	1:06:44
3	Brian Jones	M65	Eastern Masters AC	1:11:49
4	Robert Sargent	M65	Veterans AC	1:41:57

### M70

Position	Name	Age	Team	Performance
1	David McLean	M70	Sphinx AC	1:10:06
2	Jerry Lockspeiser	M70	Veterans AC	1:16:37
3	Peter Kennedy	M70	Veterans AC	1:17:01
4	Jim Brown	M70	Eastern Masters AC	1:32:04

### M75

Position	Name	Age	Team	Performance
1	Chas Taylor	M75	Veterans AC	1:20:50
2	Richard Bloom	M75	Veterans AC	1:22:29

### M80

Position	Name	Age	Team	Performance
1	Edward Thorpe	M80	Veterans AC	1:33:14

### W35

Position	Name	Age	Team	Performance
1	Clare Thurgood	W35	Eastern Masters AC	1:01:11

### W40

Position	Name	Age	Team	Performance
1	Jennifer Armson	W40	Veterans AC	1:04:09
2	Bethany Thompson	W40	Midland Masters AC	1:09:07
3	Paula Holm	W40	North Herts Road Runners	1:11:00
4	Katrina Dobson	W40	Ware Joggers	1:11:30
5	Claire Palmer	W40	Eastern Masters AC	1:22:08

### W45

Position	Name	Age	Team	Performance
1	Hannah Turner	W45	Eastern Masters AC	1:05:24
2	Katie Godof	W45	Olney Runners AC	1:05:49
3	Kathryn Spring	W45	Eastern Masters AC	1:06:41
4	Helen Pool	W45	Veterans AC	1:10:04
5	Clare Norris	W45	Veterans AC	1:12:09
6	Taryne McPherson	W45	Medway and Maidstone AC	1:12:22
7	Joanne Reeves	W45	Ilford AC	1:15:28
8	Sophie Wilkinson-Hargate	W45	Midland Masters AC	1:16:22

### W50

Position	Name	Age	Team	Performance
1	Clare Hayes	W50	Grange Farm & Dunmow Runners	1:09:15
2	Victoria Carter	W50	Veterans AC	1:09:25
3	Hannah McIlvenna	W50	Grange Farm & Dunmow Runners	1:09:50
4	Astrid McKeown	W50	North Herts Road Runners	1:10:21
5	Ali Trauttmansdorff	W50	Eastern Masters AC	1:11:44
6	Maree Jesson	W50	Midland Masters AC	1:12:04
7	Sally Carr	W50	Cambridge Harriers	1:18:46

### W55

Position	Name	Age	Team	Performance
1	Susan Dixon	W55	Cambridge Harriers	1:11:25
2	Maggie Cooper	W55	Northern Masters AC	1:18:55
3	Jodie Farrell	W55	Eastern Masters AC	1:19:38

### W60

Position	Name	Age	Team	Performance
1	Catherine Henery	W60	City Of Norwich AC	1:14:20
2	Christina Kluth	W60	Hedge End Running Club	1:18:18
3	Celia Findlay	W60	Southern Counties Veterans AC	1:18:21
4	Barbro Julin	W60	Veterans AC	1:28:57
5	Lucy O'Connor	W60	North Herts Road Runners	1:33:43
6	Diane Godin	W60	Southern Counties Veterans AC	1:40:22

### W65

Position	Name	Age	Team	Performance
1	Lynda Hembury	W65	Veterans AC	1:13:13
2	Jane Kidd	W65	Scottish Veteran Harriers Club	1:13:53
3	Avril Riddell	W65	Veterans AC	1:23:24
4	Jane Freeman	W65	Eastern Masters AC	1:25:03
5	Geraldine Stapleton	W65	Barnet & District AC	1:31:17
6	Linda Aird	W65	North Herts Road Runners	1:37:52
7	Janice Moorekite	W65	Southern Counties Veterans AC	1:39:26
8	Julia Galea	W65	Veterans AC	1:44:06
9	Sharon Crowley	W65	Eastern Masters AC	1:47:09

### W70

Position	Name	Age	Team	Performance
1	Yuko Gordon	W70	Eastern Masters AC	1:18:06
2	Diane Wooller	W70	Eastern Masters AC	1:26:09
3	Barbara Ockendon	W70	Southern Counties Veterans AC	1:32:49
4	Rosamond de la Bertauche	W70	Barnet & District AC	1:45:16