

# British Masters 5 km Road Championships 2023 - 2023-12-03 - London

## Complete Results

Opentrack Url: <https://data.opentrack.run/en-gb/x/2023/GBR/5kbmaf/>

Organiser: BMAF Services Limited

Venue: Venue Unspecified

Type: ROAD

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## RESULTS

### 1 - 5 km Road - 2023-12-03

British Masters 5 km Road Championships 2023 - London - 03 Dec 2023 - START TIME: 11:00

Place	Bib	Name	Club	Club 2	Category	Cat Pos	Lane	Result	Note
1	157	Chris Loudon	Veterans AC	CAMBH	M35	1		15:20	
2	166	Richard McDowell	Veterans AC	HW	M40	1		15:22	
3	132	James Hurrell	London Heathside	LONH	M35	2		15:29	
4	36	Daniel Bradley	Southern Counties Veterans AC	TONB	M35	3		15:33	
5	117	Craig Halsey	Southern Counties Veterans AC	BRIHC	M40	2		15:47	
6	62	Simon Coombes	Eastern Masters AC	HHH	M50	1		15:52	
7	220	Matt Ridsen	Southern Counties Veterans AC	SOTON	M35	4		15:57	
8	276	Alex Winchester	Dulwich Runners AC	DUL	M40	3		15:58	PB!
9	99	John Franklin	Herne Hill Harriers	HHH	M35	5		16:05	
9	202	Jeff Prest	Northern Masters AC	TRAFF	M50	2		16:05	
11	198	Ben Paviour	Veterans AC	HHH	M50	3		16:10	
12	243	Thomas South	Veterans AC	DUL	M45	1		16:12	
13	37	Paul Bradley	Midland Masters AC	HALES	M35	6		16:16	
14	197	Adam Paterson	Kent AC	KEN	M35	7		16:18	
15	150	James Lawler	Eastern Masters AC	EMAC	M45	2		16:19	
16	156	David Lipscomb	Veterans AC	EE	M45	3		16:20	
16	249	Mark Symes	Southern Counties Veterans AC	AFD	M55-->M45	1		16:20	
18	171	Ben Millar	Herne Hill Harriers	HHH	M45	4		16:21	
19	283	Nick Tearle	Veterans AC	GG	M50-->M35	4		16:22	PB!
20	230	Adrian Russell	Veterans AC	DUL	M45	5		16:23	
21	159	Charlie Madelaine	Reading AC	READ	M40	4		16:25	
22	205	Darren Preston	Eastern Masters AC	CAMCO	M45	6		16:35	
23	145	Jani Kraner	Veterans AC	WALT	M40	5		16:36	
24	134	Andrew Inglis	Veterans AC	DUL	M45	7		16:39	
25	260	Marc Turner	Midland Masters AC	HALES	M50	5		16:41	
26	1	Shahab Ahmad	North Herts Road Runners	NHERT	M40	6		16:46	PB!
27	239	Robert Smith	Veterans AC	WALT	M35	8		16:47	
27	164	Shaun Mann	City Of Norwich AC	CONAC	M50	6		16:47	PB!
29	63	Simon Cooper	Southern Counties Veterans AC	AFD	M50	7		16:48	
30	27	James Blogg	Havering AC	HAVE	M40	7		16:51	
31	161	Toby Mann	Guernsey AC	GUERN	M35	9		16:52	
32	91	James Ellis	Holland Sports AC	HOL	M40	8		16:53	
33	138	Sebastian Jones	Clapham Chasers	WW	M35	10		16:57	
34	264	Eddie Ware	Veterans AC	SERP	M45	8		16:58	
34	269	Kieran White	Marshall Milton Keynes AC	MMK	M45	9		16:58	
34	154	Andrew Lewis	Southampton Athletic Club	SOTON	M40	9		16:58	
36	118	Carl Hamill	Clapham Chasers	CC	M35	11		17:02	

Place	Bib	Name	Club	Club 2	Category	Cat Pos	Lane	Result	Note
37	195	Philip Parry	Midland Masters AC	BRIW	M60	1		17:03	
38	277	Sarah Winstone	Southampton Athletic Club	SOTON	W35	1		17:04	
39	261	Paul Unsel	Kingston AC and Poly Harriers	KACPH	M40	10		17:05	
40	28	Andy Bond	Veterans AC	DUL	M50	8		17:06	
41	30	Mark Boulton	Victoria Park Harriers and Tower Hamlets AC	VPTH	M35	12		17:08	
42	34	Darren Bradley	Southern Counties Veterans AC	AFD	M50	9		17:10	
43	109	Christian Gillman	Guernsey AC	GUERN	M35	13		17:12	
44	174	Paul Mitchinson	Southern Counties Veterans AC	HAVAN	M40	11		17:14	
45	2	Andrew Aitken	Southern Counties Veterans AC	SOC	M45	10		17:15	
45	88	Sam Duggan	Victoria Park Harriers and Tower Hamlets AC	VPTH	M35	14		17:15	
47	169	Graham Micallef	Aldershot Farnham & District	AFD	M45	11		17:18	PB!
48	162	Nick Mann	Guernsey AC	GUERN	M40	12		17:22	
49	23	Luke Bishop	Guildford & Godalming AC	GG	M35	15		17:23	PB!
50	107	Helen Gaunt	Tonbridge AC	TONB	W40	1		17:30	
51	180	Mike Nolan	Northern Masters AC	HALLH	M55	2		17:33	
52	12	Darren Atkins	Camberley & District AC	CADAC	M55	3		17:34	PB!
53	16	Jenny Bannerman	Inverness Harriers AAC	INVNH	W35	2		17:35	
54	254	Mark Tennyson	Veterans AC	GG	M60-->M45	2		17:37	
55	229	Matthieu Prevot	Serpentine RC	SERP	M45	12		17:38	
56	149	Chris Lamb	Midland Masters AC	RUNOR	M35	16		17:39	
57	242	Richard Guy Smith	Aldershot Farnham & District	AFD	M45-->W45	13		17:40	PB!
58	48	Jonathan Burrell	Southern Counties Veterans AC	LEWES	M60	3		17:42	
58	126	Emily Hilliar	Poole AC	POOLE	W35	3		17:42	PB!
60	211	Jonathan Ratcliffe	Southern Counties Veterans AC	HHH	M55	4		17:44	
61	26	Danny Blake	Guernsey AC	GUERN	M45-->M35	14		17:45	
62	103	Jeremy Garner	Veterans AC	EPO	M50	10		17:47	
63	185	Tatsuya Okamoto	Striders Of Croydon	SOC	M40	13		17:50	
64	21	Pip Bennett	Herne Hill Harriers	HHH	M40	14		17:52	
64	272	Joseph Wilkes	Veterans AC	KEN	M45-->M35	15		17:52	
66	66	Steve Corfield	Veterans AC	SOC	M60-->M45	4		17:57	
67	79	Niki Densley	Camberley & District AC	CADAC	W40	2		17:59	PB!
68	40	Adam Brooks	Eastern Masters AC	CORBY	M35	17		18:00	
69	247	Nikki Sturzaker	Veterans AC	HHH	W50	1		18:03	
70	187	Zoe Oldfield	Eastern Masters AC	LGHTN	W45	1		18:04	
71	105	Michael Garnett	Guildford & Godalming AC	GG	M40	15		18:05	
72	86	Zoe Doyle	Veterans AC	WPH	W45	2		18:06	
73	137	Michael Jones	Welsh Masters Athletics Limited	OVERH	M55	5		18:07	PB!

Place	Bib	Name	Club	Club 2	Category	Cat Pos	Lane	Result	Note
74	265	Mike Webber	Veterans AC	ANDAC	M55	6		18:11	
75	223	Steve Roberts	Welsh Masters Athletics Limited	HXR	M55	7		18:15	
76	75	Andre Dahlkamp	Veterans AC	VPTH	M50	11		18:18	
77	92	Nichola Evans	Southern Counties Veterans AC	TONB	W40	3		18:20	
78	143	Sarah Kingston	Southampton Athletic Club	SOTON	W35	4		18:26	
78	278	Anthony Withstandley	Victoria Park Harriers and Tower Hamlets AC	VPTH	M50	12		18:26	
80	280	Harriet Woolley	Tonbridge AC	TONB	W35	5		18:27	
81	273	David Willett	Southern Counties Veterans AC	SCVAC	M40	16		18:28	
82	119	Alex Harris	Reading Roadrunners	READR	M55	8		18:31	
83	14	Ginte Bailey	Eastern Masters AC	HAVE	W35	6		18:34	
84	225	Lisa Rooney	Collingwood AC	COL	W40	4		18:35	
85	192	Tony Pamphilon	Veterans AC	WGEL	M65	1		18:37	
86	193	Russell Parkin	Midland Masters AC	DERBY	M60	5		18:43	
86	262	Ruth Wallace	Aldershot Farnham & District	AFD	W40	5		18:43	PB!
88	100	Gina Galbraith	Veterans AC	HW	W45	3		18:45	
88	64	James Cooper	Veterans AC	HHH	M50	13		18:45	
90	6	Dean Angell	Southern Counties Veterans AC	HOJ	M60	6		18:46	
91	189	Michael Over	North Herts Road Runners	NHERT	M55-->M35	9		18:47	
91	204	Matthew Preston	Veterans AC	CAMBH	M50	14		18:47	
93	50	Bryan Camfield	Veterans AC	HOJ	M55	10		18:50	
94	111	Alan Graham	Lordshill Road Runners	LORDS	M60	7		18:51	
94	122	Jonathan Haynes	Eastern Masters AC	BSTOR	M65	2		18:51	
96	121	Duncan Haughey	Veterans AC	ELM	M60	8		18:52	
97	188	Brett Osler	Serpentine RC	SERP	M45	16		18:57	
98	255	Daniel Thornton	Bristol and West AC	BRIW	M55	11		18:58	
99	144	Vladimir Kralik	Oxford City AC	OXFC	M40	17		19:00	
100	165	Robyn Matson	Havering AC	HAVE	W35	7		19:03	
101	274	Monica Williamson	Midland Masters AC	LEAM	W60	1		19:08	PB!
102	148	Jim Laidlaw	Aldershot Farnham & District	AFD	M45	17		19:09	
103	214	Ionut Rece	Serpentine RC	SERP	M40	18		19:11	
104	177	Andy Morgan-Lee	South West Veterans AC	SOTON	M50-->M35	15		19:13	
105	228	David Rowe	Veterans AC	VAC	M60	9		19:18	
106	33	Bob Bradbury	Southern Counties Veterans AC	WOK	M70	1		19:19	
107	56	Sarah Cleland	Hart Road Runners	HARTR	W45-->W35	4		19:20	
108	248	Kerstin Sung	Southern Counties Veterans AC	MEDM	W45	5		19:23	
109	52	Victoria Carter	Veterans AC	TVH	W50	2		19:25	
110	25	Barry Blackwell	Southern Counties Veterans AC	BRIPH	M55	12		19:27	

Place	Bib	Name	Club	Club 2	Category	Cat Pos	Lane	Result	Note
111	236	John Skelton	Eastern Masters AC	MMK	M70	2		19:33	
111	238	Mike Smalley	Croydon Harriers	CRO	M35	18		19:33	
113	224	Clive Rolfe	Veterans AC	FLEET	M45	18		19:36	
114	234	Lucy Short	Southern Counties Veterans AC	SOTON	W35	8		19:39	
115	18	Simon Bean	Southern Counties Veterans AC	EE	M65	3		19:42	
115	201	Helen Pool	Veterans AC	READR	W45	6		19:42	
117	267	Simon Wharton	Victoria Park Harriers and Tower Hamlets AC	VPTH	M55-->M35	13		19:44	
118	69	Peter Costley	South West Veterans AC	SOTON	M55	14		19:45	
119	199	Natasha Pitman	North Herts Road Runners	NHERT	W45-->W35	7		19:48	
119	55	Jane Clarke	North Herts Road Runners	NHERT	W40	6		19:48	PB!
121	200	David Pitt	Veterans AC	SERP	M65-->M45	4		19:49	
122	253	Jo Singer	Victoria Park Harriers and Tower Hamlets AC	VPTH	W50	3		19:51	
122	115	Tim Grose	Veterans AC	WALT	M55-->M35	15		19:51	
124	68	Andrew Cornish	Veterans AC	HOL	M55	16		19:52	
125	113	Jonathan Grainger	Welsh Masters Athletics Limited	SOTON	M55	17		19:54	
126	244	Sarah Stallwood	Camberley & District AC	CADAC	W45	8		19:55	
127	58	Neil Colvin	Veterans AC	VAC	M65	5		19:56	PB!
127	110	Phil Grabsky	Southern Counties Veterans AC	BRIPH	M60	10		19:56	
129	252	Steven Taylor	Northern Masters AC	WIRRL	M65	6		19:57	
130	116	Peter Hall	Veterans AC	W4H	M65	7		19:59	
131	8	Abu Asad	Serpentine RC	SERP	M45	19		20:00	PB!
131	181	Clare Norris	Veterans AC	DUL	W45	9		20:00	PB!
133	183	Pete O'Connell	Veterans AC	HOJ	M60	11		20:02	
134	191	David Oxland	Midland Masters AC	NOTTS	M70	3		20:18	
134	275	Julie Wilson	Edinburgh Athletic Club	EDIN	W55	1		20:18	
136	209	Christopher Purse	Welsh Masters Athletics Limited	SPRNG	M65	8		20:22	
137	22	Susan Bint	Victoria Park Harriers and Tower Hamlets AC	VPTH	W45	10		20:26	
138	74	Claire Curtin	The Stragglers Running Club	STR	W45	11		20:28	
139	182	Kay Noyce	South West Veterans AC	ANDAC	W55	2		20:29	
140	184	Jacqueline O'Reilly	Paddock Wood AC	PADW	W35	9		20:30	
141	67	Adrian Cornford	South West Veterans AC	CREWR	M65	9		20:32	
142	46	Ian Budge	Billericay Striders	BILLS	M60	12		20:34	
143	81	Susan Dixon	Cambridge Harriers	CAMBH	W55	3		20:39	
144	98	Mike Forder	Veterans AC	WW	M70	4		20:41	
145	85	Steven Doxey	Northern Masters AC	SWINT	M60	13		20:42	
146	71	Paul Crompton	Kent AC	KEN	M55-->M35	18		20:46	
147	135	Nadi Jahangiri	Veterans AC	HIGH	M60	14		20:47	
148	13	Scott Augur	Southampton Athletic Club	SOTON	M55	19		20:54	

Place	Bib	Name	Club	Club 2	Category	Cat Pos	Lane	Result	Note
149	279	Lucy Woolhouse	Veterans AC	VAC	W60	2		20:55	
150	54	Tom Cheetham	Veterans AC	HW	M55-->M35	20		20:57	
151	240	Alice Smith	South London Harriers	SLH	W55-->W45	4		21:01	
152	172	Christopher Miller	South West Veterans AC	PURBR	M70	5		21:05	
153	120	Jill Harrison	South West Veterans AC	BRIW	W65	1		21:08	
154	219	Nicola Richmond	Dulwich Runners AC	DUL	W50	4		21:12	
155	203	Nicholas Preston	Veterans AC	TRAWD	M60	15		21:17	
156	7	Christine Anthony	Eastern Masters AC	STEDP	W60	3		21:26	
157	270	Pamela Whitter	Veterans AC	STR	W60	4		21:27	
157	186	Helen Oldfield	Herne Hill Harriers	HHH	W55-->W45	5		21:27	
159	215	Joanne Reeves	Ilford AC	ILFRD	W45	12		21:32	
160	108	Peter Giles	Veterans AC	HW	M75-->M35	1		21:41	
161	140	Peter Kennedy	Veterans AC	LEWES	M70	6		21:46	
162	246	Deborah Steer	St Albans Striders	STALS	W60	5		21:49	
163	17	Colin Bates	Veterans AC	DARTF	M60	16		21:50	
164	51	Sally Carr	Cambridge Harriers	CAMBH	W50	5		22:08	
165	160	Pippa Major	Veterans AC	SLH	W55-->W45	6		22:11	
166	49	Darko Calina	Veterans AC	SUR	M55	21		22:13	
167	221	Lisa Roberjot	Veterans AC	HOR	W55	7		22:14	
168	151	Graham Laylee	Veterans AC	DUL	M65-->M45	10		22:20	
169	222	Sarah Roberts	Southern Counties Veterans AC	DACT	W70	1		22:21	
170	57	Simon Collingridge	Ranelagh Harriers	RAN	M65	11		22:47	
171	43	Jim Brown	Veterans AC	WVR	M70	7		23:01	
172	53	Shun-Lai Chan	Veterans AC	SLH	W50	6		23:02	
173	19	Mark Bebbington	Herne Hill Harriers	HHH	M60	17		23:11	
174	123	Caroline Helder	Veterans AC	WW	W60	6		23:31	
175	245	Mark Standing	Herne Hill Harriers	HHH	M55	22		23:33	
176	65	Angela Copson	Midland Masters AC	RUNOR	W75	1		23:52	
177	251	Chas Taylor	Veterans AC	TRNTP	M75	2		23:55	
177	11	Nicky Atkins	Veterans AC	KACPH	W55	8		23:55	
179	77	Laura Denham-Jones	Veterans AC	UKN	W55	9		23:59	
180	263	Ellen Walsh	Herne Hill Harriers	HHH	W50	7		24:07	
181	127	Alison Hinton	Veterans AC	SERP	W50	8		24:10	
182	241	Mike Smith	Hardley Runners	HARDL	M75	3		24:12	
183	24	Fiona Bishop	Veterans AC	WOK	W60	7		24:27	PB!
184	208	Val Purnell	Veterans AC	HOJ	W60	8		24:39	
185	15	Robert Banham	Southern Counties Veterans AC	SCVAC	M50	16		24:44	PB!
186	152	Charles Leonard	Veterans AC	WW	M50	17		24:58	PB!
187	60	Margaret Connolly	Southern Counties Veterans AC	SKH	W65	2		24:59	
188	176	David Moorekite	Southern Counties Veterans AC	LARKF	M80	1		25:05	

Place	Bib	Name	Club	Club 2	Category	Cat Pos	Lane	Result	Note
189	41	Karen Brooks	Eastern Masters AC	CORBY	W60	9		25:19	
190	42	Richard Brown	Eastern Masters AC	CORBY	M70	8		25:21	
190	45	Mike Bruce	Veterans AC	ELM	M75	4		25:21	
192	114	Roger Green	Veterans AC	WGEL	M75	5		25:26	
193	250	Ros Tabor	Veterans AC	DUL	W70-->W45	2		25:51	
194	231	Karen Samuel	Veterans AC	KEN	W60	10		26:00	PB!
195	104	Susan Garner	Veterans AC	LNG	W75	2		26:06	
196	256	Edward Thorpe	Veterans AC	READR	M75	6		26:29	
197	194	Paula Parkin	Midland Masters AC	DERBY	W55	10		26:44	
198	83	Karen Dodsworth	Eastern Masters AC	NHERT	W60-->W35	11		26:54	
199	61	Michael Conway	Southern Counties Veterans AC	INVIC	M80	2		27:17	
200	35	Cain Bradley	Tonbridge AC	TONB	M60-->M35	18		27:41	
201	44	Keith Brown	Veterans AC	CRO	M65	12		27:49	
202	232	Robert Sargent	Veterans AC	ILFRD	M65-->M35	13		27:55	
203	175	Janice Moorekite	Southern Counties Veterans AC	LARKF	W65	3		28:10	
204	90	Penny Elliott	Veterans AC	WAVEH	W80	1		28:36	
205	84	Wendy Doxey	Northern Masters AC	SWINT	W60	12		30:26	
206	38	Arnold Bradshaw	Northern Masters AC	MANCH	M75	7		30:39	
207	258	Peter Torre	Veterans AC	VAC	M80	3		42:28	

## RESULTS

### 2 - 5km Road (Non-Scoring) - 2023-12-03

British Masters 5 km Road Championships 2023 - London - 03 Dec 2023 - START TIME: 11:00

Place	Bib	Name	Club	Club 2	Category	Cat Pos	Lane	Result	Note
1	282	Avril Riddell	Veterans AC	SERP	W65	1		24:18	