

British Masters 5 km Road Championships 2024 - - London01 Dec 2024

Address: Venue Unspecified

Date of event: 2024-12-01

Organiser: BMAF Services Limited

Contact Name: Benjamin Noad

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Competition Type: ROAD

Results by Category

This report only shows finishers (excludes DNF, DNS and DQ)

T1 5 km Road - 2024-12-01

M35

Position	Name	Age	Team	Performance
1	Adam Baker	M35	Leeds City AC	15:00.00
2	Matthew Revier	M35	Southern Counties Veterans AC	15:05.00
3	Chris Loudon	M35	Veterans AC	15:22.00
4	Christopher Gracie	M35	Scottish Veteran Harriers Club	15:45.00
5	Roman Bantias	M35	Veterans AC	16:05.00
6	Rob Jowett	M35	North Herts Road Runners	16:29.00
7	Robert Smith	M35	Veterans AC	17:01.00
8	Bryn Reynolds	M35	Herne Hill Harriers	17:19.00
9	Richard Crump	M35	Dorking & Mole Valley AC	17:50.00
10	Chris Reid	M35	Central Park Athletics	17:53.00
11	Marc Burrows	M35	Striders Of Croydon	17:54.00
12	Luke Bishop	M35	Guildford & Godalming AC	17:59.00
13	Phil Purves	M35	Guildford & Godalming AC	18:00.00
14	Darren Woods	M35	Veterans AC	21:01.00

M40

Position	Name	Age	Team	Performance
1	Alex Winchester	M40	Dulwich Runners AC	15:47.00
2	Tatsuya Okamoto	M40	Striders Of Croydon	16:20.00
3	Nick Impey	M40	Veterans AC	16:22.00
4	Matt Coffey	M40	Veterans AC	16:27.00
5	Stuart Macdougall	M40	Fulham RC	16:48.00
6	Shahab Ahmad	M40	North Herts Road Runners	16:55.00
7	Jani Kraner	M40	Veterans AC	17:10.00
8	Andrew Lewis	M40	Southern Counties Veterans AC	17:13.00
9	Sam Rahman	M40	Ilford AC	17:33.00
10	David Willett	M40	Southern Counties Veterans AC	17:47.00
11	Michael Garnett	M40	Guildford & Godalming AC	18:16.00

12	James Adams	M40	Veterans AC	18:29.00
13	Tristan Sharp	M40	Arena 80 AC	18:58.00
14	Chris Dyke	M40	Crystal Palace Fun Runners	20:02.00
15	David Clack	M40	Dorking & Mole Valley AC	20:18.00
16	Mark Cobbold	M40	Dorking & Mole Valley AC	20:47.00

M45

Position	Name	Age	Team	Performance
1	Kojo Kyereme	M45	Southern Counties Veterans AC	15:32.00
2	Sebastian Hoenig	M45	Southampton AC	15:55.00
3	Steven Prosser	M45	Herts Phoenix AC	16:08.00
4	David Lipscomb	M45	Epsom & Ewell Harriers	16:10.00
5	Adrian Russell	M45	Veterans AC	16:24.00
6	Craig West	M45	Maidenhead AC	16:34.00
7	James Ellis	M45	Holland Sports AC	16:50.00
8	Ben Hurley	M45	Veterans AC	16:57.00
9	James Blogg	M45	Veterans AC	16:58.00
10	Ben Millar	M45		17:06.00
11	Darren Preston	M45	Eastern Masters AC	17:12.00
12	Lee Savage	M45	Reigate Priory AC	17:28.00
13	Daniel Hunt	M45	Veterans AC	17:32.00
14	Tim Sharp	M45	Veterans AC	17:55.00
15	Mark Wilson	M45	Camberley & District AC	18:20.00
16	Richard Guy Smith	M45	Aldershot Farnham & District	18:27.00
17	Richard Steeples	M45	Collingwood AC	18:51.00
18	Ben Gilmore	M45	Veterans AC	18:52.00
19	Serdar Cetin	M45	Veterans AC	19:11.00
20	Joel Denning	M45		19:22.00
21	Kevin Chinien	M45	Camberley & District AC	19:54.00

M50

Position	Name	Age	Team	Performance
1	Adrian Mussett	M50	Eastern Masters AC	15:42.00
2	Jeff Prest	M50	Northern Masters AC	16:07.00
3	Chris Blackburn	M50	Veterans AC	16:11.00
4	Simon Cooper	M50	Southern Counties Veterans AC	16:26.00
5	Simon Coombes	M50	Eastern Masters AC	16:32.00
6	Ben Paviour	M50	Veterans AC	16:33.00
7	Andrew Parmenter	M50	Eastern Masters AC	16:41.00
8	Craig Jackson	M50	Veterans AC	16:53.00
9	Rich Berry	M50	Veterans AC	17:02.00
10	Shaun Mann	M50	Eastern Masters AC	17:04.00
11	Nick Tearle	M50	Veterans AC	17:13.00

12	Zachary Bredemear	M50	Dulwich Park Runners	17:20.00
13	Matthew Sayers	M50	North Herts Road Runners	17:24.00
14	Andy Bond	M50	Veterans AC	17:28.00
15	Tariq Kurd	M50	Midland Masters AC	17:41.00
16	Robert Datnow	M50	Veterans AC	17:45.00
17	Darren Bradley	M50	Southern Counties Veterans AC	18:10.00
18	Jeremy Garner	M50	Veterans AC	18:20.00
19	Robin Jones	M50	Veterans AC	18:25.00
20	Paul Stack	M50	St Albans Striders	18:27.00
21	Andre Dahlkamp	M50	Veterans AC	18:30.00
22	Paul Woolley	M50	Veterans AC	18:56.00
23	Ian Durrant	M50	Veterans AC	18:58.00
24	James Hamilton	M50	Veterans AC	19:13.00
25	Samuel Bennett	M50	Arena 80 AC	19:23.00
26	Andrew Davies	M50	Veterans AC	19:30.00
27	John Broom	M50	Northern Masters AC	19:37.00
28	Xavier Laurent	M50	Eynsham Road Runners	20:07.00
29	Matthew Sears	M50	Dorking & Mole Valley AC	23:17.00
30	Robert Banham	M50	Southern Counties Veterans AC	24:29.00

M55

Position	Name	Age	Team	Performance
1	Mark Symes	M55	Southern Counties Veterans AC	16:25.00
2	Terry Booth	M55	Veterans AC	16:36.00
3	Joseph Gonzalez-Armas	M55	Veterans AC	17:06.00
4	Richard Tomlinson	M55	Veterans AC	17:28.00
5	Darren Atkins	M55	Aldershot Farnham & District	17:50.00
6	Guy Holcroft	M55	Guildford & Godalming AC	18:06.00
7	Duncan Ward	M55		18:16.00
8	Martin Colwill	M55	South West Veterans AC	18:23.00
9	Steve Wright	M55	Paddock Wood AC	18:24.00
10	Michael Jones	M55	Welsh Masters Athletics Ltd	18:37.00
11	David Peddle	M55	Camberley & District AC	18:39.00
12	Bryan Camfield	M55	Veterans AC	18:53.00
13	Michael Over	M55	North Herts Road Runners	19:36.00
14	Tim Grose	M55	Veterans AC	19:42.00
15	Andrew Cornish	M55	Holland Sports AC	20:15.00
16	Tom Cheetham	M55	Veterans AC	21:09.00
17	Richard Lee	M55	Paddock Wood AC	21:32.00
18	Colin Castle	M55	Paddock Wood AC	21:47.00

19	Bob Shewan	M55	Paddock Wood AC	22:51.00
20	John James	M55	Veterans AC	25:43.00

M60

Position	Name	Age	Team	Performance
1	Andrew Leach	M60	Eastern Masters AC	16:38.00
2	Andrew Ridley	M60	Veterans AC	16:56.00
3	Philip Parry	M60	Midland Masters AC	17:03.00
4	Ben Reynolds	M60	Veterans AC	17:17.00
5	Mark Cursons	M60	Veterans AC	17:22.00
6	Robert Metcalf	M60	Southern Counties Veterans AC	17:41.00
7	Koji Miyazaki	M60	Aldershot Farnham & District	17:46.00
8	David Taylor	M60	Herne Hill Harriers	17:46.00
9	Mark Tennyson	M60	Veterans AC	17:47.00
10	Stephen Watmough	M60	Northern Masters AC	17:48.00
11	Graeme Moyse	M60	Veterans AC	17:55.00
12	Steve Corfield	M60	Veterans AC	17:56.00
13	Stuart Mills	M60	Uckfield Runners	17:56.00
14	Kevin McDonald	M60	Hillingdon AC	18:25.00
15	Andy Jordan	M60	Veterans AC	18:32.00
16	Graham Hansen	M60	Striders Of Croydon	18:47.00
17	Matthew Stone	M60	Striders Of Croydon	19:06.00
18	Nadi Jahangiri	M60	Veterans AC	19:37.00
19	Soren Schultze	M60	Camberley & District AC	19:41.00
20	David Thomas	M60	Ilford AC	19:58.00
21	Peter Costley	M60	South West Veterans AC	20:12.00
22	Peter Sibbett	M60	North Herts Road Runners	20:20.00
23	Russell Parkin	M60	Midland Masters AC	20:25.00
24	Colin Bates	M60	Veterans AC	21:21.00
25	Steven Doxey	M60	Northern Masters AC	21:52.00
26	Alex Morgan	M60	Halesowen ACC	23:01.00
27	Hugh Woolhouse	M60	Veterans AC	23:44.00

M65

Position	Name	Age	Team	Performance
1	David Ogden	M65	Veterans AC	18:45.00
2	Peter Tullett	M65	Eastern Masters AC	19:53.00
3	Brian Green	M65	Midland Masters AC	19:57.00
4	Simon Cox	M65	Veterans AC	20:28.00
5	Stephen Anders	M65	Northern Masters AC	20:37.00
6	Peter Hall	M65	Veterans AC	20:47.00
7	John Straiton	M65	Chippenham Harriers	20:49.00
8	Adrian Cornford	M65	South West Veterans AC	22:03.00

9	Sean McQuillan	M65	Paddock Wood AC	22:07.00
10	Warren Marks	M65	Horsham Joggers	23:02.00
11	Kim Stanley	M65	Paddock Wood AC	23:35.00
12	Christopher Lee	M65	Veterans AC	23:47.00
13	Clive Walker	M65	Veterans AC	23:49.00
14	Graham Laylee	M65	Veterans AC	23:53.00
15	Keith Brown	M65	Veterans AC	27:32.00

M70

Position	Name	Age	Team	Performance
1	David Bedwell	M70	Midland Masters AC	20:12.00
2	David Pitt	M70	Veterans AC	20:15.00
3	Ged Ruffle	M70	Veterans AC	20:32.00
4	John Tolhurst	M70	Southern Counties Veterans AC	22:05.00
5	Peter Kennedy	M70	Veterans AC	22:22.00
6	Andrew Catton	M70	Southern Counties Veterans AC	23:06.00
7	Julian Spencer-Wood	M70	Veterans AC	23:29.00
8	David Jones	M70	Midland Masters AC	26:22.00
9	Robert Sargent	M70	Veterans AC	31:11.00

M75

Position	Name	Age	Team	Performance
1	Kevin Youngs	M75	Norfolk Gazelles AC	23:08.00
2	Chas Taylor	M75	Veterans AC	24:20.00
3	Paul Allen	M75	Welsh Masters Athletics Ltd	28:55.00
4	Alan Rich	M75	Veterans AC	32:55.00

M80

Position	Name	Age	Team	Performance
1	Peter Giles	M80	Veterans AC	22:29.00
2	David Moorekite	M80	Southern Counties Veterans AC	26:01.00
3	Phil Brennan	M80	Midland Masters AC	29:43.00

M85

Position	Name	Age	Team	Performance
1	Joe Aspinall	M85	Veterans AC	39:51.00

W35

Position	Name	Age	Team	Performance
1	Jenny Bannerman	W35	Inverness Harriers AAC	17:25.00
2	Sarah Winstone	W35	Southern Counties Veterans AC	17:31.00
3	Ginte Bailey	W35	Eastern Masters AC	18:25.00
4	Lucy Wright	W35	Aldershot Farnham & District	18:52.00

5	Janine Makaronidis	W35	Highgate Harriers	20:02.00
6	Nicola Cobbold	W35	Dorking & Mole Valley AC	21:48.00
7	Clare Davies	W35	Havering AC	22:34.00
8	Daisy Rae	W35	Aldershot Farnham & District	30:53.00

W40

Position	Name	Age	Team	Performance
1	Gabriel Carnwath	W40	Herne Hill Harriers	17:18.00
2	Ruth Wallace	W40	Aldershot Farnham & District	18:48.00
3	Drilona Madhi	W40	Dorking & Mole Valley AC	19:41.00
4	Helene Regan	W40	Aldershot Farnham & District	20:39.00
5	Anna Cleary	W40	Southern Counties Veterans AC	21:02.00
6	Rachael Roughan	W40	Halstead RRC	21:30.00
7	Susan Grounds	W40	Herne Hill Harriers	22:09.00
8	Karen Andrews	W40	Aldershot Farnham & District	30:49.00

W45

Position	Name	Age	Team	Performance
1	Niki Densley	W45	Camberley & District AC	18:12.00
2	Zoe Oldfield	W45	Eastern Masters AC	18:13.00
3	Rachel Smith	W45	Camberley & District AC	19:28.00
4	Natalie Wilson	W45	Veterans AC	19:44.00
5	Tracy English	W45	Halstead RRC	20:06.00
6	Sarah Stallwood	W45	Camberley & District AC	20:11.00
7	Hazel O'Connell	W45	Aldershot Farnham & District	20:56.00
8	Jenny Sinfield	W45	Collingwood AC	23:10.00

W50

Position	Name	Age	Team	Performance
1	Rachel Cooke	W50	Buckingham & Stowe RC	18:42.00
2	Amy Kerr	W50	Aldershot Farnham & District	19:58.00
3	Penny Pilbeam	W50	Tonbridge AC	20:05.00
4	Rachel Berry	W50	Veterans AC	20:16.00
5	Emma Pearson	W50	Aldershot Farnham & District	20:16.00
6	Nicola Richmond	W50	Dulwich Runners AC	20:33.00
7	Nadia Whittaker	W50	Thames Valley Harriers	20:49.00
8	Sally Carr	W50	Veterans AC	22:11.00

W55

Position	Name	Age	Team	Performance
1	Karima Harris	W55	Veterans AC	18:30.00
2	Harriot Sinclair	W55	Paddock Wood AC	18:54.00
3	Kate Ramsey	W55	Midland Masters AC	18:58.00
4	Susan McDonald	W55	Veterans AC	19:18.00
5	Anna Critchlow	W55	Veterans AC	19:30.00
6	Julie Wilson	W55	Edinburgh AC	20:43.00
7	Susan Dixon	W55	Veterans AC	20:54.00
8	Phyl Weston	W55	Horsham Joggers	23:19.00
9	Paula Parkin	W55	Midland Masters AC	26:40.00
10	Launa Broadley	W55	Veterans AC	30:21.00

W60

Position	Name	Age	Team	Performance
1	Clare Elms	W60	Veterans AC	18:57.00
2	Rose Baker	W60		20:57.00
3	Susanna Harrison	W60	Veterans AC	21:00.00
4	Lucy Woolhouse	W60	Veterans AC	21:05.00
5	Dawn Broom	W60	Northern Masters AC	21:22.00
6	Janet Smith	W60	Eastern Masters AC	21:50.00
7	Margaret Wadman	W60	Veterans AC	23:20.00
8	Kelly Bentley	W60	North East Masters AA	23:23.00
9	Penny Barron	W60	Horsham Joggers	24:22.00
10	Pauline Tester	W60	Ilford AC	24:33.00
11	Elizabeth Aryeetey	W60	Veterans AC	25:25.00
12	Karen Samuel	W60	Veterans AC	25:53.00
13	Karen Dodsworth	W60	Eastern Masters AC	27:59.00
14	Sarah Allen	W60	Veterans AC	28:11.00

W65

Position	Name	Age	Team	Performance
1	Jenny Reay	W65	South West Veterans AC	21:02.00
2	Carol Dutton	W65	Eastern Masters AC	23:32.00
3	Joanna Quantrill	W65	Veterans AC	24:30.00
4	Sara Anne Ellen	W65	Eastern Masters AC	24:33.00
5	Margaret Connolly	W65	Southern Counties Veterans AC	25:19.00
6	Beverley Thomas	W65	Ilford AC	28:25.00
7	Janice Moorekite	W65	Southern Counties Veterans AC	29:05.00

W70

Position	Name	Age	Team	Performance
1	Yuko Gordon	W70	Eastern Masters AC	22:49.00
2	Anna Garnier	W70	Veterans AC	22:49.00

W75

Position	Name	Age	Team	Performance
1	Sarah Roberts	W75	Southern Counties Veterans AC	22:31.00
2	Ros Tabor	W75	Veterans AC	26:23.00
3	Susan Garner	W75	Veterans AC	26:48.00
4	Pauline Rich	W75	Veterans AC	32:55.00

W80

Position	Name	Age	Team	Performance
1	Penny Elliott	W80	Veterans AC	31:43.00