

# British Masters Cross Country Championships - - Corwen 16 Mar 2024

Address: Venue Unspecified  
 Date of event: 2024-03-16  
 Organiser: BMAF Services Limited  
 Contact Name: Competition Secretary  
 Contact Email: [bmaf@opentrack.run](mailto:bmaf@opentrack.run)  
 Competition Type: CROSSCOUNTRY

## Results by Category

This report only shows finishers (excludes DNF, DNS and DQ)

### 1 Distance=6km M65upFALL - 2024-03-16

#### M65

Position	Name	Age	Team	Performance
1	Malcolm Eustace	M65	Midland Masters AC	26:24.00
2	Laurence Johnston	M65	Northern Ireland Masters Athletic Association	26:41.00
3	Colin Feechan	M65	Scottish Veteran Harriers Club	26:42.00
4	Paul Merrison	M65	North East Masters AA	26:44.00
5	Jonathan Haynes	M65	Eastern Masters AC	27:38.00
6	Andy Clarke	M65	Oswestry Olympians Athletics and Triathlon Club	27:51.00
7	Mark Watling	M65	Welsh Masters Athletics Limited	29:21.00
8	Stanley Ogden	M65	Northern Masters AC	29:47.00
9	Colin Oxlade	M65	Southern Counties Veterans AC	31:28.00
10	David Gill	M65	Northern Masters AC	31:52.00
11	Dave Wright	M65	Meirionnydd Running Club	32:07.00
12	Mervyn Ward	M65	Northern Masters AC	32:51.00
13	Dave Whittey	M65	Meirionnydd Running Club	32:55.00
14	Peter Wirtzfeld	M65	Southern Counties Veterans AC	34:28.00
15	Frank Vaughan	M65	Meirionnydd Running Club	37:07.00
16	Mark Dakeyne	M65	Prestatyn RC	39:54.00
17	Shane Lawrence	M65	Eastern Masters AC	42:40.00

#### M70

Position	Name	Age	Team	Performance
1	Neil Owen	M70	Run Free Fell Runners	30:44.00
2	Michael Quinn	M70	Northern Masters AC	33:05.00
3	Andrew Catton	M70	Southern Counties Veterans AC	33:08.00
4	Martin Cortvriend	M70	Welsh Masters Athletics Limited	33:51.00
5	Peter Kennedy	M70	Veterans AC	35:14.00
6	Malcolm Jones	M70	Eryri Harriers	43:03.00

## M75

Position	Name	Age	Team	Performance
1	John Exley	M75	Southern Counties Veterans AC	33:20.00
2	Alex Sutherland	M75	Scottish Veteran Harriers Club	35:42.00
3	Steve Herington	M75	Midland Masters AC	36:50.00
4	Eric Ranicar	M75	Northern Masters AC	37:59.00
5	Paul Allen	M75	Welsh Masters Athletics Limited	42:28.00
6	John D'Albuquerque	M75	GOG Triathlon Club	46:04.00
7	Michael Davis	M75	Prestatyn RC	46:08.00
8	Mike Blake	M75	Eryri Harriers	52:43.00
9	George Routledge	M75	North East Masters AA	55:11.00

## M80

Position	Name	Age	Team	Performance
1	Emyr Davies	M80	Rhedwyr Hebog Runners	34:48.00
2	Don Williams	M80	Eryri Harriers	39:43.00
3	Mike Barnes	M80	Northern Masters AC	43:27.00
4	Guy Ogden	M80	Veterans AC	48:19.00

## W35

Position	Name	Age	Team	Performance
1	Hannah Jarvis	W35	Rosendale Harriers & AC	27:47.00
2	Faye Sharpley	W35	Northern Masters AC	28:48.00
3	Lucy Short	W35	Southampton Athletic Club	29:13.00
4	Sara Ellen	W35	Midland Masters AC	39:11.00

## W40

Position	Name	Age	Team	Performance
1	Juliet Potter	W40	Midland Masters AC	26:14.00
2	Rebecca Luxton	W40	Eastern Masters AC	26:25.00
3	Jessica Franklin	W40	Veterans AC	26:33.00
4	Madeleine Armstrong-Plieth	W40	Veterans AC	29:12.00
5	Kelly Baillie	W40	Scottish Veteran Harriers Club	29:18.00
6	Lisa Kendrick	W40	Midland Masters AC	31:15.00
7	Anest Muller	W40	West Cheshire Athletic Club	31:33.00
8	Rebecca Mills	W40	Northern Masters AC	34:05.00
9	Helen Ashworth	W40	Prestatyn RC	35:31.00

## W45

Position	Name	Age	Team	Performance
1	Jessie Sanzo	W45	Midland Masters AC	26:40.00

2	Joanne Henderson	W45	Denbigh Harriers	27:16.00
3	Claire Martin	W45	Telford AC	28:38.00
4	Nesta McCluskey	W45	Maldwyn Harriers	31:03.00
5	Lee Evans	W45	Denbigh Harriers	32:40.00
6	Sophie Johnson	W45	Prestatyn RC	35:54.00
7	Mandy Cartwright	W45	Prestatyn RC	37:49.00

### W50

Position	Name	Age	Team	Performance
1	Rachel Coupe	W50	Midland Masters AC	29:29.00
2	Samantha Parkinson	W50	South West Veterans AC	29:33.00
3	Nicola Shipp	W50	Oswestry Olympians Athletics and Triathlon Club	29:37.00
4	Victoria Hughes	W50	Midland Masters AC	29:39.00
5	Helen Smith	W50	Northern Masters AC	30:19.00
6	Michelle Clarke	W50	Midland Masters AC	31:09.00
7	Siobhan Evans	W50	Scottish Veteran Harriers Club	31:12.00
8	Sally Walker	W50	Midland Masters AC	31:23.00
9	Melina Morris	W50	Denbigh Harriers	32:33.00
10	Allison Reid	W50	Prestatyn RC	37:20.00

### W55

Position	Name	Age	Team	Performance
1	Lucy Elliott	W55	South West Veterans AC	27:32.00
2	Kate Ramsey	W55	Midland Masters AC	29:11.00
3	Debbie Matchett	W55	Northern Ireland Masters Athletic Association	32:15.00
4	Sue Kneill-Boxley	W55	Midland Masters AC	32:25.00
5	Joanne Hackett	W55	Staffs Moorlands AC	33:16.00
6	Helen Blair	W55	Eryri Harriers	34:11.00
7	Michele O'Neill-Hall	W55	North East Masters AA	40:46.00

### W60

Position	Name	Age	Team	Performance
1	Monica Williamson	W60	Midland Masters AC	29:19.00
2	Caroline Wood	W60	Southern Counties Veterans AC	31:20.00
3	Sarah Gill	W60	Northern Masters AC	32:24.00
4	Anne Mynott	W60	Colwyn Bay AC	32:54.00
5	Sarah Barham	W60	Welsh Masters Athletics Limited	34:36.00
6	Susan Hughes	W60	Prestatyn RC	39:26.00
7	Glenda Roberts	W60	Prestatyn RC	41:05.00
8	Joan Redmond	W60	Meirionnydd Running Club	44:17.00

9	Dawn Cobbett	W60	Southern Counties Veterans AC	46:27.00
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### W65

Position	Name	Age	Team	Performance
1	Dawn Gibbs	W65	Northern Masters AC	33:19.00
2	Mary Derrick	W65	South West Veterans AC	34:22.00
3	Linda New	W65	Midland Masters AC	34:34.00
4	Gwyneth Hueter	W65	Southern Counties Veterans AC	36:34.00

### W70

Position	Name	Age	Team	Performance
1	Sue Haslam	W70	Northern Masters AC	33:36.00
2	Maggie Statham-Berry	W70	Veterans AC	36:02.00
3	Christine Kilkenny	W70	Midland Masters AC	36:52.00
4	Annie Ross	W70	Veterans AC	48:54.00
5	Janette Kilgour	W70	North East Masters AA	55:59.00

### W75

Position	Name	Age	Team	Performance
1	Angela Copson	W75	Midland Masters AC	39:13.00
2	Ann D'Albuquerque	W75	GOG Triathlon Club	44:02.00
3	Anne Hewitt	W75	Northern Masters AC	1:09:54.00

## 2 Distance=8km M60Dn - 2024-03-16

### M35

Position	Name	Age	Team	Performance
1	Lee Gratton	M35	Midland Masters AC	28:04.00
2	Ben Robinson	M35	Bristol and West AC	29:28.00
3	Jonathan Read	M35	Midland Masters AC	31:35.00
4	Scott Hastings-Stuart	M35	Midland Masters AC	33:04.00
5	Lee Dover	M35	North East Masters AA	33:48.00
6	Tony Wood	M35	Denbigh Harriers	33:59.00
7	Joe Bailey	M35	Salford Harriers & AC	34:10.00
8	David Ratcliffe	M35	Dudley and Stourbridge Harriers	36:35.00
9	Dafydd Evans	M35	Denbigh Harriers	37:23.00
10	Glyn Wise	M35	Wrexham Amateur Athletic Club	38:41.00
11	Ben Thomas	M35	Prestatyn RC	40:45.00

### M40

Position	Name	Age	Team	Performance
1	Andrew Grenfell	M40	Northern Masters AC	31:06.00
2	Jeff Cunningham	M40	Herne Hill Harriers	31:14.00

3	Leigh Marshall	M40	Midland Masters AC	31:28.00
4	Owain Schiavone	M40	Cardiff Athletics	32:00.00
5	Rob Hughes	M40	Salford Harriers & AC	33:25.00
6	Thomas Carter	M40	Prestatyn RC	34:45.00
7	Gareth Chaloner	M40	Wrexham Amateur Athletic Club	36:45.00
8	Thomas Mortimer	M40	Northern Masters AC	40:18.00

### M45

Position	Name	Age	Team	Performance
1	Grant Baillie	M45	Scottish Veteran Harriers Club	29:24.00
2	Mike Burrett	M45	Northern Masters AC	30:35.00
3	Dave Norman	M45	Altrincham & District Athletic Club Limited	30:55.00
4	Phillip Tedd	M45	Northern Masters AC	31:20.00
5	William Levett	M45	Tunbridge Wells Harriers	31:58.00
6	Alan Buckley	M45	Leeds City Athletic Club	32:26.00
7	James Mackie	M45	Northern Masters AC	32:46.00
8	Stephen Hall	M45	Blackburn Harriers & AC	32:51.00
9	Derek Lloyd	M45	Welsh Masters Athletics Limited	33:05.00
10	Sebastien Garrigues	M45	Southern Counties Veterans AC	33:53.00
11	Gary Worrall	M45	Midland Masters AC	34:14.00
12	Stephen Skates	M45	Meirionnydd Running Club	34:20.00
13	Anthony Bennett	M45	Southern Counties Veterans AC	34:59.00
14	David Hudson	M45	Northern Masters AC	35:52.00
15	Owen Davies	M45	Welsh Masters Athletics Limited	36:15.00
16	Mark Hulmston	M45	Wirral AC	36:33.00
17	John Lloyd	M45	Salford Harriers & AC	37:29.00
18	Ryan Mccluskey	M45	Maldwyn Harriers	38:09.00
19	Richard Westwood	M45	Wrexham Amateur Athletic Club	43:35.00

### M50

Position	Name	Age	Team	Performance
1	Huw Evans	M50	Welsh Masters Athletics Limited	31:10.00
2	Jeff Prest	M50	Northern Masters AC	32:32.00
3	Justin Carter	M50	Scottish Veteran Harriers Club	32:39.00
4	Mark Holgate	M50	Northern Masters AC	33:34.00
5	David Watson	M50	Northern Masters AC	34:50.00
6	Tim Tansley	M50	Oswestry Olympians Athletics and Triathlon Club	35:12.00

7	James Smith	M50	Southampton Athletic Club	35:20.00
8	Gareth Briggs	M50	Staffs Moorlands AC	36:55.00
9	Steven Gadd	M50	Denbigh Harriers	37:06.00
10	Glen Price	M50	Denbigh Harriers	37:39.00
11	Richard Preston	M50	Southern Counties Veterans AC	38:31.00
12	Jacob Armstrong-Plieth	M50	Veterans AC	40:06.00
13	Richard Champion	M50	Royal Navy Athletics Club	41:29.00
14	Jamie Sircom	M50	Halesowen Athletics & Cycling Club	50:03.00

### M55

Position	Name	Age	Team	Performance
1	Paul Ward	M55	Midland Masters AC	30:52.00
2	Steve Cairns	M55	Northern Ireland Masters Athletic Association	31:22.00
3	Francois Rafferty	M55	Northern Masters AC	31:59.00
4	David Hamilton	M55	Northern Masters AC	33:02.00
5	Kevin Usher	M55	Liverpool Pembroke & Sefton H AC	33:14.00
6	Alun Rodgers	M55	Southern Counties Veterans AC	34:28.00
7	Duncan Harris	M55	West Cheshire Athletic Club	34:42.00
8	Matthew Lynas	M55	Macclesfield Harriers & AC	34:55.00
9	Andy Morgan-Lee	M55	South West Veterans AC	35:11.00
10	Dave Alexander	M55	West Cheshire Athletic Club	35:42.00
11	Allen Smalls	M55	Eastern Masters AC	35:59.00
12	Rob McGrath	M55	Northern Masters AC	36:10.00
13	Gareth Williams	M55	Vale Royal AC	37:46.00
14	Dean Furniss	M55	Northern Masters AC	38:01.00
15	Mark Pitcairn-Knowles	M55	Southern Counties Veterans AC	38:13.00
16	Owen Conry	M55	XXIRL	40:56.00
17	Mark Gregory	M55	Northern Masters AC	42:09.00
18	Michael Gill	M55	Northern Masters AC	47:03.00
19	Garry Flude	M55	Midland Masters AC	51:12.00
20	Mike Teasdale	M55	Veterans AC	56:17.00

### M60

Position	Name	Age	Team	Performance
1	Mike Whyatt	M60	Eryri Harriers	32:43.00
2	Peter Knight	M60	Midland Masters AC	33:41.00
3	Ifan Lloyd	M60	Welsh Masters Athletics Limited	33:46.00
4	Stephen Watson	M60	Buxton AC	34:05.00

5	Anthony Marshall	M60	Midland Masters AC	34:32.00
6	David Warren	M60	Welsh Masters Athletics Limited	34:36.00
7	Mark Cursons	M60	Veterans AC	34:38.00
8	Paul Spowage	M60	Eastern Masters AC	35:16.00
9	Eric Southam	M60	Abingdon Athletics Club	35:28.00
10	Steven Gardner	M60	Welsh Masters Athletics Limited	35:37.00
11	Stephen Watmough	M60	Northern Masters AC	35:47.00
12	David Norman	M60	Northern Masters AC	36:41.00
13	Colin Ridley	M60	Eastern Masters AC	37:54.00
14	Jeff Gifford	M60	West Cheshire Athletic Club	38:46.00
15	Chris Ireland	M60	Northern Masters AC	39:14.00
16	Haydn Jones	M60	Shrewsbury AC	39:29.00
17	Philip Coleman	M60	Southern Counties Veterans AC	40:29.00
18	Martin Farran	M60	Northern Masters AC	40:43.00
19	Stephen Burthem	M60	Northern Masters AC	40:51.00
20	John Hickman	M60	Caerphilly Runners	40:57.00
21	Karl Dines	M60	Northern Ireland Masters Athletic Association	41:44.00
22	Trevor Rayner	M60	Salford Harriers & AC	42:28.00
23	Glyn Griffiths	M60	Eryri Harriers	46:15.00
24	Paramjit Hans	M60	Birchfield Harriers	51:47.00