

EMAA Inter Area Cross Country Challenge

History of Individual and Team results

| Date | Venue | Individual Male | Individual Female | Men's Team | Women's Team | Overall Team |
|-------------|-----------------|--------------------------|----------------------------|--------------------------------|--------------------------------|--------------------------------|
| 16/03/2024 | Corwen | Paul Ward (82.23%) | Monica Williamson (79.84%) | Midland Masters AC (72.89%) | Midland Masters AC (77.4%) | Midland Masters AC (75.15%) |
| 04/03/2023 | Croydon | Mark Tennyson (87.05%) | Joanna Quantrill (87.13%) | Veterans AC (83.20%) | Veterans AC (80.71%) | Veterans AC (81.95%) |
| 05/02/2022 | Wallsend | Stanley Owen (87.49%) | Carole Page (88.66%) | North East Masters AA (81.90%) | North East Masters AA (86.31%) | North East Masters AA (84.12%) |
| 14/03/2020 | Corwen | Alastair Walker (83.63%) | Monica Williamson (77.44%) | Welsh Masters Ltd (77.32%) | Midland Masters AC (73.65%) | Northern Masters AC (74.61%) |
| 28/09/2019 | Bury-St-Edmunds | Andrew Grant (88.10%) | Angela Copson (91.40%) | Northern Masters AC (82.00%) | Eastern Masters AC (78.30%) | Eastern Masters AC (79.60%) |
| 29/09/2018 | Bury-St-Edmunds | Andrew Leach (88.94%) | Angela Copson (90.22%) | Eastern Masters AC (368) | Veterans AC (436) | Eastern Masters AC (749) |
| 25/11/2017 | Bounemouth | Peter Giles (90.48%) | Penny Forse (93.55%) | South West Veterans AC (195) | South West Veterans AC (97) | South West Veterans AC (292) |
| 08/10/2016 | Wimbledon | Lance Nortcliff (24:48) | Clare Elms (27:44) | Veterans AC (67) | Veterans AC (37) | Veterans AC (104) |