

EMAA Inter-Area Cross Country Challenge**Corwen, 16th March 2024****Race 1: 6km Ladies Men Over-65**

Pos	Name	Club	Age Grp	Cat Pos	Time	Age Grade
1	Juliet Potter	Midland Masters AC	W40	1	26:14	70.82%
2	Malcolm Eustace	Midland Masters AC	M65	1	26:24	76.39%
3	Rebecca Luxton	Eastern Masters AC	W40	2	26:25	69.87%
4	Jessica Franklin	Veterans AC	W40	3	26:33	71.03%
5	Jessie Sanzo	Midland Masters AC	W45	1	26:40	71.32%
6	Laurence Johnston	Northern Ireland Masters Athletic Association	M65	2	26:41	75.58%
7	Colin Feechan	Scottish Veteran Harriers Club	M65	3	26:42	75.53%
8	Paul Merrison	North East Masters AA	M65	4	26:44	75.44%
9	Lucy Elliott	South West Veterans AC	W55	1	27:32	79.83%
10	Jonathan Haynes	Eastern Masters AC	M65	5	27:38	75.74%
11	Faye Sharpley	Northern Masters AC	W35	1	28:48	63.37%
12	Kate Ramsey	Midland Masters AC	W55	2	29:11	72.66%
13	Madeleine Armstrong-Plieth	Veterans AC	W40	4	29:12	64.08%
14	Lucy Short	Southampton Athletic Club	W35	2	29:13	62.46%
15	Kelly Baillie	Scottish Veteran Harriers Club	W40	5	29:18	64.37%
16	Monica Williamson	Midland Masters AC	W60	1	29:19	79.85%
17	Mark Watling	Welsh Masters Athletics Limited	M65	6	29:21	68.71%
18	Rachel Coupe	Midland Masters AC	W50	1	29:29	70.27%
19	Samantha Parkinson	South West Veterans AC	W50	2	29:33	69.30%
20	Victoria Hughes	Midland Masters AC	W50	3	29:39	67.54%
21	Stanley Ogden	Northern Masters AC	M65	7	29:47	67.71%
22	Helen Smith	Northern Masters AC	W50	4	30:19	69.13%
23	Michelle Clarke	Midland Masters AC	W50	5	31:09	65.75%
24	Siobhan Evans	Scottish Veteran Harriers Club	W50	6	31:12	64.90%
25	Lisa Kendrick	Midland Masters AC	W40	6	31:15	59.88%
26	Caroline Wood	Southern Counties Veterans AC	W60	2	31:20	71.91%
27	Sally Walker	Midland Masters AC	W50	7	31:23	66.78%
28	Colin Oxlade	Southern Counties Veterans AC	M65	8	31:28	64.09%
29	David Gill	Northern Masters AC	M65	9	31:52	63.86%
30	Debbie Matchett	Northern Ireland Masters Athletic Association	W55	3	32:15	67.33%
31	Sarah Gill	Northern Masters AC	W60	3	32:24	70.42%
32	Sue Kneill-Boxley	Midland Masters AC	W55	4	32:25	67.80%
33	Mervyn Ward	Northern Masters AC	M65	10	32:51	63.72%
34	Michael Quinn	Northern Masters AC	M70	1	33:05	63.97%
35	Andrew Catton	Southern Counties Veterans AC	M70	2	33:08	63.87%
36	Dawn Gibbs	Northern Masters AC	W65	1	33:19	75.15%
37	John Exley	Southern Counties Veterans AC	M75	1	33:20	69.32%
38	Sue Haslam	Northern Masters AC	W70	1	33:36	76.66%
39	Martin Cortvriend	Welsh Masters Athletics Limited	M70	3	33:51	64.09%
40	Rebecca Mills	Northern Masters AC	W40	7	34:05	54.51%
41	Mary Derrick	South West Veterans AC	W65	2	34:22	70.89%
42	Peter Wirtzfeld	Southern Counties Veterans AC	M65	11	34:28	58.51%
43	Linda New	Midland Masters AC	W65	3	34:34	69.54%
44	Sarah Barham	Welsh Masters Athletics Limited	W60	4	34:36	65.12%
45	Peter Kennedy	Veterans AC	M70	4	35:14	61.57%
46	Alex Sutherland	Scottish Veteran Harriers Club	M75	2	35:42	64.72%
47	Maggie Statham-Berry	Veterans AC	W70	2	36:02	71.48%
48	Gwyneth Hueter	Southern Counties Veterans AC	W65	4	36:34	66.62%
49	Steve Herington	Midland Masters AC	M75	3	36:50	61.64%
50	Christine Kilkenny	Midland Masters AC	W70	3	36:52	70.88%
51	Eric Ranicar	Northern Masters AC	M75	4	37:59	60.83%
52	Sara Ellen	Midland Masters AC	W35	3	39:11	46.16%
53	Angela Copson	Midland Masters AC	W75	2	39:13	71.85%
54	Michele O'Neill-Hall	North East Masters AA	W55	5	40:46	53.92%
55	Paul Allen	Welsh Masters Athletics Limited	M75	5	42:28	55.44%
56	Mike Barnes	Northern Masters AC	M80	1	43:27	60.83%
57	Dawn Cobbett	Southern Counties Veterans AC	W60	5	46:27	51.06%
58	Guy Ogden	Veterans AC	M80	2	48:19	51.99%
59	Annie Ross	Veterans AC	W70	4	48:54	54.22%
60	George Routledge	North East Masters AA	M75	6	55:11	41.87%

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Corwen, 16th March 2024

Race 1: 6km Ladies Men Over-65

Pos	Name	Club	Age Grp	Cat Pos	Time	Age Grade
61	Janette Kilgour	North East Masters AA	W70	5	55:59	48.07%
62	Anne Hewitt	Northern Masters AC	W75	1	1:09:54	40.31%

EMAA Inter-Area Cross Country Challenge**Corwen, 16th March 2024****Race 2: 8km Men M35 to M60**

Pos	Name	Club	Age Grp	Cat Pos	Time	Age Grade
1	Lee Gratton	Midland Masters AC	M35	1	28:04	77.72%
2	Mike Burrett	Northern Masters AC	M45	1	30:35	76.38%
3	Paul Ward	Midland Masters AC	M55	1	30:52	82.23%
4	Andrew Grenfell	Northern Masters AC	M40	1	31:06	72.24%
5	Huw Evans	Welsh Masters Athletics Limited	M50	1	31:10	77.42%
6	Phillip Tedd	Northern Masters AC	M45	2	31:20	74.56%
7	Steve Cairns	Northern Ireland Masters Athletic Association	M55	2	31:22	80.23%
8	Leigh Marshall	Midland Masters AC	M40	2	31:28	72.51%
9	Jonathan Read	Midland Masters AC	M35	2	31:35	68.29%
10	Francois Rafferty	Northern Masters AC	M55	3	31:59	78.01%
11	Jeff Prest	Northern Masters AC	M50	2	32:32	74.17%
12	James Mackie	Northern Masters AC	M45	3	32:46	72.45%
13	David Hamilton	Northern Masters AC	M55	4	33:02	76.18%
14	Scott Hastings-Stuart	Midland Masters AC	M35	3	33:04	64.93%
15	Derek Lloyd	Welsh Masters Athletics Limited	M45	4	33:05	71.76%
16	Mark Holgate	Northern Masters AC	M50	3	33:34	71.88%
17	Peter Knight	Midland Masters AC	M60	1	33:41	78.76%
18	Ifan Lloyd	Welsh Masters Athletics Limited	M60	2	33:46	80.02%
19	Lee Dover	North East Masters AA	M35	4	33:48	63.52%
20	Sebastien Garrigues	Southern Counties Veterans AC	M45	5	33:53	68.95%
21	Gary Worrall	Midland Masters AC	M45	6	34:14	67.17%
22	Alun Rodgers	Southern Counties Veterans AC	M55	5	34:28	73.65%
23	Anthony Marshall	Midland Masters AC	M60	3	34:32	76.82%
24	David Warren	Welsh Masters Athletics Limited	M60	4	34:36	77.38%
25	Mark Cursons	Veterans AC	M60	5	34:38	76.60%
26	David Watson	Northern Masters AC	M50	4	34:50	70.43%
27	Anthony Bennett	Southern Counties Veterans AC	M45	7	34:59	67.86%
28	Paul Spowage	Eastern Masters AC	M60	6	35:16	73.89%
29	Steven Gardner	Welsh Masters Athletics Limited	M60	7	35:37	74.49%
30	Stephen Watmough	Northern Masters AC	M60	8	35:47	73.48%
31	David Hudson	Northern Masters AC	M45	8	35:52	66.19%
32	Allen Smalls	Eastern Masters AC	M55	6	35:59	69.34%
33	Rob McGrath	Northern Masters AC	M55	7	36:10	71.42%
34	Owen Davies	Welsh Masters Athletics Limited	M45	9	36:15	65.49%
35	David Norman	Northern Masters AC	M60	9	36:41	72.99%
36	Colin Ridley	Eastern Masters AC	M60	10	37:54	70.00%
37	Dean Furniss	Northern Masters AC	M55	8	38:01	66.20%
38	Mark Pitcairn-Knowles	Southern Counties Veterans AC	M55	9	38:13	67.00%
39	Richard Preston	Southern Counties Veterans AC	M50	5	38:31	64.23%
40	Chris Ireland	Northern Masters AC	M60	11	39:14	68.24%
41	Jacob Armstrong-Plieth	Veterans AC	M50	6	40:06	59.68%
42	Thomas Mortimer	Northern Masters AC	M40	3	40:18	54.91%
43	Philip Coleman	Southern Counties Veterans AC	M60	12	40:29	64.37%
44	Martin Farran	Northern Masters AC	M60	13	40:43	65.16%
45	Stephen Burthem	Northern Masters AC	M60	14	40:51	65.54%
46	Karl Dines	Northern Ireland Masters Athletic Association	M60	15	41:44	64.16%
47	Mark Gregory	Northern Masters AC	M55	10	42:09	59.19%
48	Michael Gill	Northern Masters AC	M55	11	47:03	53.95%
49	Garry Flude	Midland Masters AC	M55	12	51:12	49.15%
50	Mike Teasdale	Veterans AC	M55	13	56:17	44.71%