

British Masters Cross Country Championships - Corwen - 16 Mar 2024

Individual Awards Summary

1 Distance=6km M65upFALL

M65

Place	Name	Team	Performance
2	Malcolm Eustace	Midland Masters AC	26:24.00
6	Laurence Johnston	Northern Ireland Masters Athletic Association	26:41.00
7	Colin Feechan	Scottish Veteran Harriers Club	26:42.00

M70

Place	Name	Team	Performance
28	Neil Owen	Run Free Fell Runners	30:44.00
47	Michael Quinn	Northern Masters AC	33:05.00
48	Andrew Catton	Southern Counties Veterans AC	33:08.00

M75

Place	Name	Team	Performance
51	John Exley	Southern Counties Veterans AC	33:20.00
63	Alex Sutherland	Scottish Veteran Harriers Club	35:42.00
67	Steve Herington	Midland Masters AC	36:50.00

M80

Place	Name	Team	Performance
60	Emyr Davies	Rhedwyr Hebog Runners	34:48.00
76	Don Williams	Eryri Harriers	39:43.00
83	Mike Barnes	Northern Masters AC	43:27.00

W35

Place	Name	Team	Performance
12	Hannah Jarvis	Rosendale Harriers & AC	27:47.00
15	Faye Sharpley	Northern Masters AC	28:48.00
18	Lucy Short	Southampton Athletic Club	29:13.00

W40

Place	Name	Team	Performance
1	Juliet Potter	Midland Masters AC	26:14.00
3	Rebecca Luxton	Eastern Masters AC	26:25.00
4	Jessica Franklin	Veterans AC	26:33.00

W45

Place	Name	Team	Performance
5	Jessie Sanzo	Midland Masters AC	26:40.00
9	Joanne Henderson	Denbigh Harriers	27:16.00
14	Claire Martin	Telford AC	28:38.00

W50

Place	Name	Team	Performance
22	Rachel Coupe	Midland Masters AC	29:29.00
23	Samantha Parkinson	South West Veterans AC	29:33.00
24	Nicola Shipp	Oswestry Olympians Athletics and Triathlon Club	29:57.00

W55

Place	Name	Team	Performance
10	Lucy Elliott	South West Veterans AC	27:32.00
16	Kate Ramsey	Midland Masters AC	29:11.00
39	Debbie Matchett	Northern Ireland Masters Athletic Association	30:15.00

W60

Place	Name	Team	Performance
20	Monica Williamson	Midland Masters AC	29:19.00
33	Caroline Wood	Southern Counties Veterans AC	31:20.00
40	Sarah Gill	Northern Masters AC	32:24.00

W65

Place	Name	Team	Performance
50	Dawn Gibbs	Northern Masters AC	33:19.00

Place	Name	Team	Performance
56	Mary Derrick	South West Veterans AC	34:22.00
58	Linda New	Midland Masters AC	34:34.00

W70

Place	Name	Team	Performance
52	Sue Haslam	Northern Masters AC	33:36.00
65	Maggie Statham-Berry	Veterans AC	36:02.00
68	Christine Kilkenny	Midland Masters AC	36:52.00

W75

Place	Name	Team	Performance
74	Angela Copson	Midland Masters AC	39:13.00
84	Ann D'Albuquerque	GOG Triathlon Club	44:02.00
94	Anne Hewitt	Northern Masters AC	1:09:54.00

2 Distance=8km M60Dn

M35

Place	Name	Team	Performance
1	Lee Gratton	Midland Masters AC	28:04.00
3	Ben Robinson	Bristol and West AC	29:28.00
13	Jonathan Read	Midland Masters AC	31:35.00

M40

Place	Name	Team	Performance
7	Andrew Grenfell	Northern Masters AC	31:06.00
9	Jeff Cunningham	Herne Hill Harriers	31:14.00
12	Leigh Marshall	Midland Masters AC	31:28.00

M45

Place	Name	Team	Performance
2	Grant Baillie	Scottish Veteran Harriers Club	29:24.00
4	Mike Burrett	Northern Masters AC	30:35.00
6	Dave Norman	Altrincham & District Athletic Club Limited	30:51.00

M50

Place	Name	Team	Performance
8	Huw Evans	Welsh Masters Athletics Limited	31:10.00
18	Jeff Prest	Northern Masters AC	32:32.00
19	Justin Carter	Scottish Veteran Harriers Club	32:39.00

M55

Place	Name	Team	Performance
5	Paul Ward	Midland Masters AC	30:52.00
11	Steve Cairns	Northern Ireland Masters Athletic Association	31:21.00
15	Francois Rafferty	Northern Masters AC	31:59.00

M60

Place	Name	Team	Performance
20	Mike Whyatt	Eryri Harriers	32:43.00
29	Peter Knight	Midland Masters AC	33:41.00
30	Ifan Lloyd	Welsh Masters Athletics Limited	33:46.00

Team Awards Summary

W35-44

Team Scores

Pos	Team	Time	Athletes (Absolute race place, points in brackets)
1	PRTYN	1:49:14	62: Helen Ashworth 64: Sophie Johnson 71: Mandy Cartwright

Women (Inter-Area)

Team Scores

Pos	Team	Average	Athletes (Absolute race place, points in brackets)
1	MMAC	72.89%	20: Monica Williamson 16: Kate Ramsey 74: Angela Copson 5: Jessie Sanzo 68: Christine Kilkenny 1: Juliet Potter , 0: Rachel Coupe , 0: Linda New , 0: Sue Kneill-Boxley , 0: Victoria Hughes , 0: Sally Walker , 0: Michelle Clarke , 0: Lisa Kendrick , 0: Sara Ellen
2	NMAC	68.21%	52: Sue Haslam 50: Dawn Gibbs 40: Sarah Gill 27: Helen Smith 15: Faye Sharpley 54: Rebecca Mills , 0: Anne Hewitt

M35-44

Team Scores

Pos	Team	Time	Athletes (Absolute race place, points in brackets)
1	SALFH	1:43:27	27: Rob Hughes 35: Joe Bailey 55: David Hudson , 0: Trevor Rayner
2	WREX	1:59:01	62: Gareth Chaloner 74: Glyn Wise 90: Richard Westwood

Men (Inter-Area Team)

Team Scores

Pos	Team	Average	Athletes (Absolute race place, points in brackets)
1	MMAC	77.40%	5: Paul Ward 29: Peter Knight 1: Lee Gratton 39: Anthony Marshall 2: Malcolm Eustace 12: Leigh Marshall , 0: Jonathan Read , 0: Gary Worrall , 0: Scott Hastings-Stuart , 0: Steve Herington , 0: Garry Flude
2	NMAC	75.46%	15: Francois Rafferty 4: Mike Burrett 23: David Hamilton 10: Phillip Tedd 18: Jeff Prest 54: Stephen Watmough , 0: David Norman , 0: James Mackie , 0: Andrew Grenfell , 0: Mark Holgate , 0: Rob McGrath , 0: David Watson , 0: Chris Ireland , 0: Stanley Ogden , 0: Dean Furniss , 0: David Hudson , 0: Stephen Burthem , 0: Martin Farran , 0: Michael Quinn , 0: David Gill , 0: Mervyn Ward , 0: Mike Barnes , 0: Eric Ranicar , 0: Mark Gregory , 0: Thomas Mortimer , 0: Michael Gill
3	WMAL	74.96%	30: Ifan Lloyd 8: Huw Evans 40: David Warren 52: Steven Gardner 25: Derek Lloyd 21: Mark Watling , 0: Owen Davies , 0: Martin Cortvriend , 0: Paul Allen

W45-54

Team Scores

Pos	Team	Time	Athletes (Absolute race place, points in brackets)
1	TELFA	1:29:16	14: Claire Martin 22: Rachel Coupe 30: Michelle Clarke
2	DENBH	1:32:29	9: Joanne Henderson 42: Melina Morris 43: Lee Evans
3	PRTYN	1:57:51	70: Allison Reid 75: Susan Hughes 79: Glenda Roberts

M45-54

Team Scores

Pos	Team	Time	Athletes (Absolute race place, points in brackets)
1	LEEDS	1:34:21	4: Mike Burrett 10: Phillip Tedd 17: Alan Buckley
2	TONB	1:51:43	46: Anthony Bennett 72: Mark Pitcairn-Knowles 73: Richard Preston
3	DENBH	1:55:41	64: Steven Gadd 67: Glen Price 84: Owen Conry

W55+

Team Scores

Pos	Team	Time	Athletes (Absolute race place, points in brackets)
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M55-54

Team Scores

Pos	Team	Time	Athletes (Absolute race place, points in brackets)
1	SPWAT	1:41:11	15: Francois Rafferty 23: David Hamilton 57: Rob McGrath
2	COLCH	1:49:09	49: Paul Spowage 56: Allen Smalls 69: Colin Ridley
3	WCHES	1:49:10	42: Duncan Harris 53: Dave Alexander 75: Jeff Gifford

M65+

Team Scores

Pos	Team	Time	Athletes (Absolute race place, points in brackets)
1	WARRA	1:34:30	26: Stanley Ogden 37: David Gill 44: Mervyn Ward
2	MEIRI	1:42:09	38: Dave Wright 46: Dave Whittey 69: Frank Vaughan
3	PRTYN	1:59:53	53: Martin Cortvriend 77: Mark Dakeyne 87: Michael Davis

