

British Masters Cross Country Championships - Corwen - 16 Mar 2024

Top 3 in each category

Event	Age	1st	2nd	3rd
1 Distance=6km M65upFALL	M65	Malcolm Eustace, Midland Masters AC, 26:24.00	Laurence Johnston, Northern Ireland Masters Athletic Association, 26:41.00	Colin Feechan, Scottish Veteran Harriers Club, 26:42.00
1 Distance=6km M65upFALL	M70	Neil Owen, Run Free Fell Runners, 30:44.00	Michael Quinn, Northern Masters AC, 33:05.00	Andrew Catton, Southern Counties Veterans AC, 33:08.00
1 Distance=6km M65upFALL	M75	John Exley, Southern Counties Veterans AC, 33:20.00	Alex Sutherland, Scottish Veteran Harriers Club, 35:42.00	Steve Herington, Midland Masters AC, 36:50.00
1 Distance=6km M65upFALL	M80	Emyr Davies, Rhedwyr Hebog Runners, 34:48.00	Don Williams, Eryri Harriers, 39:43.00	Mike Barnes, Northern Masters AC, 43:27.00
1 Distance=6km M65upFALL	W35	Hannah Jarvis, Rossendale Harriers & AC, 27:47.00	Faye Sharpley, Northern Masters AC, 28:48.00	Lucy Short, Southampton Athletic Club, 29:13.00
1 Distance=6km M65upFALL	W40	Juliet Potter, Midland Masters AC, 26:14.00	Rebecca Luxton, Eastern Masters AC, 26:25.00	Jessica Franklin, Veterans AC, 26:33.00
1 Distance=6km M65upFALL	W45	Jessie Sanzo, Midland Masters AC, 26:40.00	Joanne Henderson, Denbigh Harriers, 27:16.00	Claire Martin, Telford AC, 28:38.00
1 Distance=6km M65upFALL	W50	Rachel Coupe, Midland Masters AC, 29:29.00	Samantha Parkinson, South West Veterans AC, 29:33.00	Nicola Shipp, Oswestry Olympians Athletics and Triathlon Club, 29:37.00
1 Distance=6km M65upFALL	W55	Lucy Elliott, South West Veterans AC, 27:32.00	Kate Ramsey, Midland Masters AC, 29:11.00	Debbie Matchett, Northern Ireland Masters Athletic Association, 32:15.00
1 Distance=6km M65upFALL	W60	Monica Williamson, Midland Masters AC, 29:19.00	Caroline Wood, Southern Counties Veterans AC, 31:20.00	Sarah Gill, Northern Masters AC, 32:24.00
1 Distance=6km M65upFALL	W65	Dawn Gibbs, Northern Masters AC, 33:19.00	Mary Derrick, South West Veterans AC, 34:22.00	Linda New, Midland Masters AC, 34:34.00
1 Distance=6km M65upFALL	W70	Sue Haslam, Northern Masters AC, 33:36.00	Maggie Statham-Berry, Veterans AC, 36:02.00	Christine Kilkenny, Midland Masters AC, 36:52.00
1 Distance=6km M65upFALL	W75	Angela Copson, Midland Masters AC, 39:13.00	Ann D'Albuquerque, GOG Triathlon Club, 44:02.00	Anne Hewitt, Northern Masters AC, 1:09:54.00
2 Distance=8km M60Dn	M35	Lee Gratton, Midland Masters AC, 28:04.00	Ben Robinson, Bristol and West AC, 29:28.00	Jonathan Read, Midland Masters AC, 31:35.00
2 Distance=8km M60Dn	M40	Andrew Grenfell, Northern Masters AC, 31:06.00	Jeff Cunningham, Herne Hill Harriers, 31:14.00	Leigh Marshall, Midland Masters AC, 31:28.00
2 Distance=8km M60Dn	M45	Grant Baillie, Scottish Veteran Harriers Club, 29:24.00	Mike Burrett, Northern Masters AC, 30:35.00	Dave Norman, Altrincham & District Athletic Club Limited, 30:55.00
2 Distance=8km M60Dn	M50	Huw Evans, Welsh Masters Athletics Limited, 31:10.00	Jeff Prest, Northern Masters AC, 32:32.00	Justin Carter, Scottish Veteran Harriers Club, 32:39.00
2 Distance=8km M60Dn	M55	Paul Ward, Midland Masters AC, 30:52.00	Steve Cairns, Northern Ireland Masters Athletic Association, 31:22.00	Francois Rafferty, Northern Masters AC, 31:59.00
2 Distance=8km M60Dn	M60	Mike Whyatt, Eryri Harriers, 32:43.00	Peter Knight, Midland Masters AC, 33:41.00	Ifan Lloyd, Welsh Masters Athletics Limited, 33:46.00