

## British Masters Indoor Championships 2024 - 17-18 Feb 2024

Address: Lee Valley Athletics Centre (Indoor)

Date of event: 2024-02-17

Organiser: BMAF Services Limited

Contact Name: Competition Secretary

Contact Email: [bmaf@opentrack.run](mailto:bmaf@opentrack.run)

Competition Type: INDOOR

### Results by Category

This report only shows finishers (excludes DNF, DNS and DQ)

## F01 W55+ Triple Jump - 2024-02-17

### W60

Position	Name	Age	Team	Performance
1	Janice Pryce	W60	Midland Masters AC	9.06
2	Melanie Garland	W60	Welsh Masters Athletics Limited	8.98
3	Rosalind Zeffertt	W60	Veterans AC	7.37

### W65

Position	Name	Age	Team	Performance
1	Teresa Eades	W65	Southern Counties Veterans AC	7.81
2	Lucy Moore-Fox	W65	Ireland	6.51

### W80

Position	Name	Age	Team	Performance
1	Iris Holder	W80	Welsh Masters Athletics Limited	5.56

### W85

Position	Name	Age	Team	Performance
1	Anne Martin	W85	Eastern Masters AC	3.91

## F02 M65+ Triple Jump - 2024-02-17

### M65

Position	Name	Age	Team	Performance
1	Clem Leon	M65	Southern Counties Veterans AC	9.33
2	Albert Earle	M65	Midland Masters AC	9.30
3	Don Cumming	M65	Northern Masters AC	8.20
4	Chris Carden	M65	Midland Masters AC	7.60

### M70

Position	Name	Age	Team	Performance
1	Robert Stevenson	M70	Scottish Veteran Harriers Club	9.28
2	Ian Thomson	M70	Southern Counties Veterans AC	8.48
3	John Spriggs	M70	Eastern Masters AC	7.92

### M80

Position	Name	Age	Team	Performance
1	Allan Long	M80	Veterans AC	7.76
2	David Haines	M80	Southern Counties Veterans AC	6.46
3	Phil Rees	M80	Welsh Masters Athletics Limited	5.12

### M85

Position	Name	Age	Team	Performance
1	Tony Bowman	M85	Northern Masters AC	4.69

## F03 M55-60 Shot Put - 2024-02-17

### M55

Position	Name	Age	Team	Performance
1	John Twiddle	M55	Northern Masters AC	13.16
2	David Bauer	M55	Eastern Masters AC	10.94
3	David Hunt	M55	Veterans AC	9.30

### M60

Position	Name	Age	Team	Performance
1	Michael Hausler	M60	Eastern Masters AC	13.95
2	Allan Leiper	M60	Southern Counties Veterans AC	13.58
3	Neil Grover	M60	Brighton & Hove AC	11.81
4	Bob Broadbridge	M60	South West Veterans AC	11.49
5	Gary Pullen	M60	Southern Counties Veterans AC	11.36
6	Peter Wishart	M60	Eastern Masters AC	10.24
7	Robert Grew	M60	South West Veterans AC	10.03

## T02 W60-65 60H - 2024-02-17

### W60

Position	Name	Age	Team	Performance
1	Gaye Clarke	W60	Eastern Masters AC	13.42

### W65

Position	Name	Age	Team	Performance
1	Jane Horder	W65	Midland Masters AC	10.47
2	Jill Roginski	W65	Midland Masters AC	11.02
3	Nicky Buckwell	W65	Welsh Masters Athletics Limited	12.91
4	Jeanette Ashton	W65	Southern Counties Veterans AC	13.70

## T01 W70,\_M75+ 60H - 2024-02-17

### M75

Position	Name	Age	Team	Performance
1	Tony Wells	M75	Eastern Masters AC	11.71

## T03 W50-55,\_M70 60H - 2024-02-17

### M70

Position	Name	Age	Team	Performance
1	Adrian Essex	M70	Southern Counties Veterans AC	13.00

### W50

Position	Name	Age	Team	Performance
1	Paula Williams	W50	Midland Masters AC	9.59
2	Sarah Loades	W50	Veterans AC	9.94
3	Amanda Broadhurst	W50	Welsh Masters Athletics Limited	10.92
4	Jenny O'Connor	W50	Southern Counties Veterans AC	11.23

### W55

Position	Name	Age	Team	Performance
1	Kay Reynolds	W55	Southern Counties Veterans AC	10.48
2	Janet Dickinson	W55	South West Veterans AC	11.52

## T04 W40-45 60H - 2024-02-17

### W40

Position	Name	Age	Team	Performance
1	Jodie Albrow	W40	Southern Counties Veterans AC	9.40
2	Sally Gilding	W40	Eastern Masters AC	10.96
3	Clare Bryant	W40	Welsh Masters Athletics Limited	11.11
4	Rhiannon Jenkins	W40	Welsh Masters Athletics Limited	12.33

### W45

Position	Name	Age	Team	Performance
1	Amanda Cook	W45	Welsh Masters Athletics Limited	10.56
2	Sarah Westrap	W45	Tonbridge AC	11.15
3	Nina Ridge	W45	Veterans AC	11.40

## T05 M60-65 60H - 2024-02-17

### M60

Position	Name	Age	Team	Performance
1	Neil Tunstall	M60	South West Veterans AC	9.50
2	Francois Bontemps	M60	France	9.61
3	Ian Crawley	M60	Southern Counties Veterans AC	10.54

### M65

Position	Name	Age	Team	Performance
1	Tennyson James	M65	Eastern Masters AC	9.65
2	John Mayor	M65	Eastern Masters AC	15.33

## F04 M35-45 Pole Vault - 2024-02-17

### M35

Position	Name	Age	Team	Performance
1	Bilen Ahmet	M35	Veterans AC	3.80
2	Luke Williams	M35	Southern Counties Veterans AC	3.60
3	Simon Gower	M35	Midland Masters AC	3.20

### M40

Position	Name	Age	Team	Performance
1	George Gavriel	M40	Eastern Masters AC	2.50
2	John Bowden	M40	Midland Masters AC	2.20

### M45

Position	Name	Age	Team	Performance
1	Dougie Graham	M45	Arbroath & District Athletics Club	3.90
2	Gavin Card	M45	Leamington Cycling and Athletic Club	3.90
3	Ian Parkinson	M45	Southern Counties Veterans AC	3.60
4	Grant Stirling	M45	Southern Counties Veterans AC	3.20

## F04A M50-55 Pole Vault - 2024-02-17

### M50

Position	Name	Age	Team	Performance
1	Robert Kingman	M50	Eastern Masters AC	3.70
2	Roger Platt	M50	Blackheath & Bromley Harriers AC	3.40
3	Mark Roberts	M50	Kingston AC and Poly Harriers	3.30
4	Martin Willis	M50	Veterans AC	2.10
5	Chris Ness	M50	Veterans AC	2.00

### M55

Position	Name	Age	Team	Performance
1	Derek Warn	M55	Southampton Athletic Club	2.60
2	Mike Futtit	M55	Veterans AC	2.00

### W45

Position	Name	Age	Team	Performance
1	Jemma Eastwood	W45	Eastern Masters AC	3.30

## T06 W35 60H - 2024-02-17

### W35

Position	Name	Age	Team	Performance
1	Nia Rutter	W35	Northern Masters AC	9.45
2	Hayley Mills	W35	Northern Masters AC	10.70
3	Heather Letley	W35	Hercules Wimbledon AC	12.21
4	Stef Bazykiewicz	W35	Southern Counties Veterans AC	12.53

## T07 M50-55 60H - 2024-02-17

### M50

Position	Name	Age	Team	Performance
1	Joe Appiah	M50	Southern Counties Veterans AC	8.29
2	Gary Smith	M50	Eastern Masters AC	8.57
3	Laurence Ramm	M50	Eastern Masters AC	8.96
4	Stephen Bass	M50	Eastern Masters AC	9.92
5	David Shortridge	M50	Southern Counties Veterans AC	12.34

### M55

Position	Name	Age	Team	Performance
1	Barrie Marsden	M55	Southern Counties Veterans AC	9.28
2	David Stewart	M55	Northern Ireland Masters Athletic Association	11.58

## T08 M45 60H - 2024-02-17

### M45

Position	Name	Age	Team	Performance
1	Mensah Elliott	M45	Southern Counties Veterans AC	8.20
2	Clint Nicholls	M45	Eastern Masters AC	9.20
3	Peter Davey	M45	Southern Counties Veterans AC	9.32
4	Darren Towart	M45	North East Masters AA	9.81

## T09 M40 60H - 2024-02-17

### M40

Position	Name	Age	Team	Performance
1	Mike Harwood	M40	Southern Counties Veterans AC	9.16
2	Richard Baderin	M40	Southern Counties Veterans AC	9.42
3	Jonathan Rutter	M40	Northern Masters AC	10.54
4	Ryan Hill	M40	Southern Counties Veterans AC	11.41

## T09A M35 60H - 2024-02-17

### M35

Position	Name	Age	Team	Performance
1	William Sharman	M35	Midland Masters AC	8.38
2	Kaspars Kazemaks	M35	Woking Athletic Club	8.47
3	Stefan Wilcockson	M35	Midland Masters AC	8.89
4	Israel Nworgu	M35	Veterans AC	8.92
5	Michael Shortall	M35	Eastern Masters AC	9.35
6	Bilen Ahmet	M35	Veterans AC	10.14

## F05 M35-45 Triple Jump - 2024-02-17

### M35

Position	Name	Age	Team	Performance
1	Antony Daffurn	M35	Scottish Veteran Harriers Club	13.15
2	Rich Bond	M35	Veterans AC	11.68
3	Michael Shortall	M35	Eastern Masters AC	11.11
4	Alexander Thomas	M35	Veterans AC	9.67

### M40

Position	Name	Age	Team	Performance
1	Neil Barton	M40	Southern Counties Veterans AC	12.58
2	Jack Poxon	M40	Midland Masters AC	11.62
3	Jonathan Rutter	M40	Northern Masters AC	11.12
4	John Bowden	M40	Midland Masters AC	10.05

### M45

Position	Name	Age	Team	Performance
1	Grant Stirling	M45	Southern Counties Veterans AC	12.09
2	Peter Davey	M45	Southern Counties Veterans AC	10.17

## T10 M65 200m - 2024-02-17

## M65

Position	Name	Age	Team	Performance
1	Shane Sheridan	M65	Ireland	26.92
2	Barry Morris	M65	Veterans AC	28.68
3	Shane Toolan	M65	Ireland	29.60
4	Phil Clayton	M65	Midland Masters AC	29.66
5	Adrian Day	M65	Veterans AC	29.95
6	Clem Leon	M65	Southern Counties Veterans AC	31.17
7	Mark Illingworth	M65	Midland Masters AC	31.32

## T11 M60 200m - 2024-02-17

### M60

Position	Name	Age	Team	Performance
1	Francois Bontemps	M60	France	25.37
2	Michael Vassiliou	M60	Veterans AC	25.98
3	Ronald Hunter	M60	Scottish Veteran Harriers Club	26.87
4	Mark Woods	M60	Southern Counties Veterans AC	27.05
5	John Statham	M60	Midland Masters AC	27.35
6	Neil Tunstall	M60	South West Veterans AC	27.48
7	Andrew Waddington	M60	Southern Counties Veterans AC	27.92
8	Colin Bates	M60	Veterans AC	28.42
9	Mark Ellery	M60	Bristol and West AC	28.54
10	Timothy Beaglehole	M60	Bournemouth AC	29.17
11	Ian Crawley	M60	Southern Counties Veterans AC	29.73
12	Michael Salousti	M60	Veterans AC	29.93

## T12 M55 200m - 2024-02-17

### M55

Position	Name	Age	Team	Performance
1	Boguslaw Zelechowski	M55	Poland	25.23
2	Paul Canning	M55	Eastern Masters AC	25.42
3	Barrie Marsden	M55	Southern Counties Veterans AC	26.52
4	Steve Beak	M55	Southern Counties Veterans AC	26.61
5	Leeroy Golding	M55	Northern Masters AC	27.03
6	Darren O'Leary	M55	Eastern Masters AC	27.05
7	David Stewart	M55	Northern Ireland Masters Athletic Association	27.60
8	Conrad Salthouse	M55	Eastern Masters AC	29.08
9	Michail Pantelidakis	M55	Greece	30.16

10	Mike Futtit	M55	Veterans AC	31.27
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## F06 W35-50 Triple Jump - 2024-02-17

### W35

Position	Name	Age	Team	Performance
1	Nia Rutter	W35	Northern Masters AC	10.72
2	Heather Letley	W35	Hercules Wimbledon AC	7.89
3	Stef Bazylkiewicz	W35	Southern Counties Veterans AC	7.07

### W40

Position	Name	Age	Team	Performance
1	Tina Howell	W40	Veterans AC	9.62

### W45

Position	Name	Age	Team	Performance
1	Amanda Cook	W45	Welsh Masters Athletics Limited	9.17
2	Nina Ridge	W45	Veterans AC	8.52
3	Clare Gratrix	W45	Midland Masters AC	8.21

### W50

Position	Name	Age	Team	Performance
1	Amanda Broadhurst	W50	Welsh Masters Athletics Limited	8.52
2	Joanne Abel	W50		8.26

## T13 W45 200m - 2024-02-17

### W45

Position	Name	Age	Team	Performance
1	Liz Amos	W45	Veterans AC	26.69
2	Liz Duke	W45	Northern Masters AC	27.20
3	Carol Holt	W45	Northern Masters AC	28.28
4	Tracy Duke	W45	Southern Counties Veterans AC	29.71
5	Michelle Dubois	W45	Eastern Masters AC	30.58

## F07 M45-50 Shot Put - 2024-02-17

### M45

Position	Name	Age	Team	Performance
1	Garry Newton	M45	Southern Counties Veterans AC	11.79
2	Clint Nicholls	M45	Eastern Masters AC	9.98
3	Dumitru-Robert Chelaru	M45	Northern Masters AC	8.88
4	Richard Higson-Blythe	M45	Northern Masters AC	7.77



## M50

Position	Name	Age	Team	Performance
1	Stephen Mccauley	M50	South West Veterans AC	15.05
2	Gintas Degutis	M50	Eastern Masters AC	14.03
3	Laurence Ramm	M50	Eastern Masters AC	11.41
4	Martin Willis	M50	Veterans AC	8.82
5	Chris Ness	M50	Veterans AC	7.74

## T14 M45 200m - 2024-02-17

### M45

Position	Name	Age	Team	Performance
1	Adam Bellis	M45	Southern Counties Veterans AC	24.09
2	Brian Boyce	M45	Ireland	24.55
3	Michael Barough	M45	Southern Counties Veterans AC	24.78
4	Craig Christian	M45	Midland Masters AC	25.17
5	Richard Higson-Blythe	M45	Northern Masters AC	25.24
6	Darren Towart	M45	North East Masters AA	25.52
7	Anibal Rodriguez Fuentes	M45	Veterans AC	25.70
8	Ivan Ross	M45	Ireland	29.35

## T15 M40 200m - 2024-02-17

### M40

Position	Name	Age	Team	Performance
1	Daniel Halapciuc	M40	Eastern Masters AC	23.65
2	Marvin Edwards	M40	Northern Masters AC	23.66
3	Martyn Reynolds	M40	Southern Counties Veterans AC	24.03
4	Dave Awde	M40	Southern Counties Veterans AC	24.27
5	Peter Hall	M40	Birchfield Harriers	24.29
6	Akerele Phillips	M40	Thurrock Harriers	24.99
7	Neil Barton	M40	Southern Counties Veterans AC	25.22
8	Michael Omakobia	M40	Southern Counties Veterans AC	25.23
9	Ashley Reid	M40	Veterans AC	25.35
10	George Gavriel	M40	Eastern Masters AC	25.85
11	John Bowden	M40	Midland Masters AC	25.94
12	Nigel Gorvett	M40	North East Masters AA	26.38

## F09 M50 Triple Jump - 2024-02-17

### M50

Position	Name	Age	Team	Performance
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1	Darren Thomas	M50	South West Veterans AC	11.69
2	Samuel Nash	M50	Veterans AC	10.63
3	Gordon Britton	M50	Maidenhead AC	10.57
4	Stephen Thorpe	M50	Northern Masters AC	10.24
5	Stephen Lake	M50	Southern Counties Veterans AC	10.12
6	Vaughan Ramsay	M50	Veterans AC	10.07
7	Greg Asbury	M50	Midland Masters AC	9.67
8	Martin Willis	M50	Veterans AC	8.01

## T16 W70\_+ 200m - 2024-02-17

### W70

Position	Name	Age	Team	Performance
1	Helen Godsell	W70	Southern Counties Veterans AC	31.94
2	Joylyn Saunders-Mullins	W70	Southern Counties Veterans AC	35.71
3	Anne Nelson	W70	Veterans AC	36.87
4	Sue Yeomans	W70	Southern Counties Veterans AC	37.02
5	Caroline Marler	W70	Northern Masters AC	37.54

### W85

Position	Name	Age	Team	Performance
1	Dorothy Fraser	W85	Welsh Masters Athletics Limited	1:08.12

## T17 M75\_+ 200m - 2024-02-17

### M75

Position	Name	Age	Team	Performance
1	Victor Novell	M75	Southern Counties Veterans AC	32.49
2	Bruce Hendrie	M75	Midland Masters AC	33.79
3	Tony Wells	M75	Eastern Masters AC	33.96
4	John Exley	M75	Southern Counties Veterans AC	38.14

### M80

Position	Name	Age	Team	Performance
1	Allan Long	M80	Veterans AC	33.09
2	David Cowgill	M80	Northern Masters AC	46.89

## T18 M70 200m - 2024-02-17

### M70

Position	Name	Age	Team	Performance
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1	Simon Barrett	M70	Southern Counties Veterans AC	28.37
2	Wally Franklyn	M70	Southern Counties Veterans AC	29.60
3	David Hinds	M70	Veterans AC	29.75
4	Adrian Essex	M70	Southern Counties Veterans AC	30.38
5	Paul Wignall	M70	Veterans AC	30.48

## T19 W65 200 - 2024-02-17

### W65

Position	Name	Age	Team	Performance
1	Jill Roginski	W65	Midland Masters AC	33.37
2	Nicky Buckwell	W65	Welsh Masters Athletics Limited	35.35
3	Hilary West	W65	Northern Masters AC	35.73
4	Jeanette Ashton	W65	Southern Counties Veterans AC	37.20
5	Elizabeth Le Rossignol	W65	Poole AC	39.92

## T19A W60 200 - 2024-02-17

### W60

Position	Name	Age	Team	Performance
1	Kirstin King	W60	Southern Counties Veterans AC	30.16
2	Julie Hicken	W60	Northern Masters AC	31.51
3	Melanie Garland	W60	Welsh Masters Athletics Limited	32.59
4	Angela Bryant	W60	Welsh Masters Athletics Limited	32.75
5	Janice Nottingham	W60	Eastern Masters AC	33.55
6	Shannon Evans	W60	South West Veterans AC	34.85
7	Lesley Hopkins	W60	Veterans AC	35.08
8	Katherine Winrow	W60	Northern Masters AC	35.59
9	Rosalind Zeffertt	W60	Veterans AC	35.80

## T20 W55 200m - 2024-02-17

### W55

Position	Name	Age	Team	Performance
1	Juliet Sidney	W55	Welsh Masters Athletics Limited	29.58
2	Fiona Steele	W55	Scottish Veteran Harriers Club	29.95
3	Rachel Waters	W55	Veterans AC	30.84
4	Ann Virgo	W55	Midland Masters AC	31.02
5	Fiona Palmer	W55	Midland Masters AC	31.52
6	Tracy Bezance-Collins	W55	Eastern Masters AC	32.09

7	Joanna Body	W55	Southern Counties Veterans AC	32.58
8	Debra Casson	W55	Northern Masters AC	32.70
9	Tracey Brockbank	W55	Southern Counties Veterans AC	35.98

## F08 M35-40 Shot Put - 2024-02-17

### M35

Position	Name	Age	Team	Performance
1	Mark Andrews	M35	Veterans AC	9.21
2	Steven Callister	M35	Northern Masters AC	9.17
3	Jacob Fletcher	M35	Northern Masters AC	9.09
4	Oscar Morrell	M35	Southern Counties Veterans AC	8.56

### M40

Position	Name	Age	Team	Performance
1	Thomas Norman	M40	Southern Counties Veterans AC	13.97
2	Shaun Wall	M40	Dacorum Athletics Club	10.99
3	Terry Hawkey	M40	Southern Counties Veterans AC	9.78
4	Manikandan Mohanasundaram	M40	xxIND	9.56
5	Ryan Hill	M40	Southern Counties Veterans AC	8.57
6	John Bowden	M40	Midland Masters AC	7.96

## T21 W50 200m - 2024-02-17

### W50

Position	Name	Age	Team	Performance
1	Michelle Thomas	W50	Welsh Masters Athletics Limited	27.69
2	Sarah Loades	W50	Veterans AC	28.06
3	Diane Wright	W50	Southern Counties Veterans AC	30.20
4	Sue Van Vuuren	W50	Veterans AC	31.18
5	Stefanie Dornbusch	W50	Southern Counties Veterans AC	31.30
6	Jenny O'Connor	W50	Southern Counties Veterans AC	31.36
7	Amanda Broadhurst	W50	Welsh Masters Athletics Limited	32.04
8	Bernadette Harrop	W50	Ireland	32.07
9	Sharon Dooley	W50	Southern Counties Veterans AC	32.19

## F10 M55-60 Triple Jump - 2024-02-17

### M55

Position	Name	Age	Team	Performance
1	Neil Carrington	M55	Eastern Masters AC	10.63
2	Paul Canning	M55	Eastern Masters AC	10.15
3	Gary Palmer	M55	Veterans AC	9.05

### M60

Position	Name	Age	Team	Performance
1	Julien Gittens	M60	Northern Masters AC	10.72
2	John Barratt	M60	Northern Masters AC	9.95
3	Andrew Pringle	M60	Scottish Veteran Harriers Club	9.39
4	Richard Phelan	M60	Ireland	9.10
5	Richard Van Baaren	M60	Eastern Masters AC	8.84
6	Richard Emptage	M60	Southern Counties Veterans AC	8.76

## T22 M50 200m - 2024-02-17

### M50

Position	Name	Age	Team	Performance
1	Mike Coogan	M50	Northern Masters AC	23.76
2	Joe Appiah	M50	Southern Counties Veterans AC	25.45
3	Martin White	M50	Midland Masters AC	25.93
4	Kelly Fairclough	M50	Midland Masters AC	26.17
5	Kevin Brooker	M50	Oxford City AC	26.50
6	Ian Firla	M50	Blackheath & Bromley Harriers AC	26.73
7	David Shortridge	M50	Southern Counties Veterans AC	26.76
8	Ty-John Roberts	M50	Eastern Masters AC	30.27

## T23 W40 200m - 2024-02-17

### W40

Position	Name	Age	Team	Performance
1	Samantha Williams	W40	Southern Counties Veterans AC	27.82
2	Jodie Albrow	W40	Southern Counties Veterans AC	28.10
3	Joanne Rowicki	W40	Northern Masters AC	28.45
4	Rhiannon Jenkins	W40	Welsh Masters Athletics Limited	31.98
5	Kristy Howells	W40	Southern Counties Veterans AC	36.74

## T24 W35 200m - 2024-02-17

### W35

Position	Name	Age	Team	Performance
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1	Stacey Downie	W35	Scottish Veteran Harriers Club	26.00
2	Krystle Balogun	W35	Southern Counties Veterans AC	26.48
3	Roisin McBride	W35	Gateshead Harriers & AC	27.42
4	Joanne Ryan	W35	Eastern Masters AC	27.66
5	Ciaran Palfreyman	W35	Herts Phoenix AC	29.08
6	Louise Brydon	W35	Eastern Masters AC	29.40
7	Oi Yee Mok	W35	Midland Masters AC	30.72
8	Rebecca Sommerville	W35	Southern Counties Veterans AC	31.34

## F12 W55, W70+ M80+ Long Jump - 2024-02-17

### M80

Position	Name	Age	Team	Performance
1	David Haines	M80	Southern Counties Veterans AC	2.65
2	Roger Bruck	M80	Southern Counties Veterans AC	2.54
3	Phil Rees	M80	Welsh Masters Athletics Limited	2.21

### M85

Position	Name	Age	Team	Performance
1	Tony Bowman	M85	Northern Masters AC	2.03

### W55

Position	Name	Age	Team	Performance
1	Janet Dickinson	W55	South West Veterans AC	4.21
2	Jane Tench	W55	Midland Masters AC	3.54

### W70

Position	Name	Age	Team	Performance
1	Sue Yeomans	W70	Southern Counties Veterans AC	3.15
2	Emily McMahon	W70	Eastern Masters AC	3.08

### W80

Position	Name	Age	Team	Performance
1	Iris Holder	W80	Welsh Masters Athletics Limited	2.42

### W85

Position	Name	Age	Team	Performance
1	Anne Martin	W85	Eastern Masters AC	1.28

## T25 M35 200m - 2024-02-17

### M35

Position	Name	Age	Team	Performance
1	Byron Robinson	M35	Southern Counties Veterans AC	22.81
2	Dale Willis	M35	South West Veterans AC	22.82
3	Nicholas Atwell	M35	Southern Counties Veterans AC	23.16
4	Kaspars Kazemaks	M35	Woking Athletic Club	23.39
5	Michael Dickens	M35	Welsh Masters Athletics Limited	23.56
6	Ian Horlock	M35	Southern Counties Veterans AC	24.11
7	Michael Shortall	M35	Eastern Masters AC	24.85
8	Alexander Thomas	M35	Veterans AC	25.05
9	William Hill	M35	Dacorum Athletics Club	26.68
10	Andrew Caruana	M35	Eastern Masters AC	26.86

### T26 W35+, M70+ 3000W - 2024-02-17

#### M70

Position	Name	Age	Team	Performance
1	Peter Boszko	M70	Midland Masters AC	17:58.66
2	David Kissane	M70	Ireland	19:59.72

#### W45

Position	Name	Age	Team	Performance
1	Carolyn Derbyshire	W45	Midland Masters AC	17:00.82
2	Penelope Cummings	W45	Veterans AC	18:38.43

#### W50

Position	Name	Age	Team	Performance
1	Grazia Manzotti	W50	Southern Counties Veterans AC	16:22.44

#### W55

Position	Name	Age	Team	Performance
1	Melanie Peddle	W55	Eastern Masters AC	16:08.71

#### W60

Position	Name	Age	Team	Performance
1	Fiona Bishop	W60	Veterans AC	22:17.99

#### W70

Position	Name	Age	Team	Performance
1	Susan Barnett	W70	Eastern Masters AC	22:18.43

### T26A M35-65 3000W - 2024-02-17

### M50

Position	Name	Age	Team	Performance
1	Matthew Henney	M50	Midland Masters AC	16:30.23
2	Matthew Ellerton	M50	Southern Counties Veterans AC	18:31.29

### M60

Position	Name	Age	Team	Performance
1	Mark Ashby	M60	Southern Counties Veterans AC	19:08.73
2	John Laste	M60	Ireland	19:18.57

### M65

Position	Name	Age	Team	Performance
1	Colin Harle	M65	Eastern Masters AC	18:03.76
2	Hardeep Minhas	M65	Midland Masters AC	19:39.59

## F11 M60-65 Pole Vault - 2024-02-17

### M60

Position	Name	Age	Team	Performance
1	Ron Todd	M60	Scottish Veteran Harriers Club	3.30
2	John Andrews	M60	Southern Counties Veterans AC	3.20
3	Allan Leiper	M60	Southern Counties Veterans AC	2.80
4	Richard Phelan	M60	Ireland	2.60

## F14 M65-75 Long Jump - 2024-02-17

### M65

Position	Name	Age	Team	Performance
1	Andy Mccrum	M65	Basingstoke & Mid Hants AC	4.51
2	Trevor Wade	M65	Veterans AC	4.02
3	Clem Leon	M65	Southern Counties Veterans AC	3.98
4	Don Cumming	M65	Northern Masters AC	3.51

### M70

Position	Name	Age	Team	Performance
1	Robert Stevenson	M70	Scottish Veteran Harriers Club	4.14
2	Adrian Essex	M70	Southern Counties Veterans AC	4.05
3	Timothy Carter	M70	Veterans AC	3.77
4	John Spriggs	M70	Eastern Masters AC	3.39

## T27 M60 800m - 2024-02-17



## M60

Position	Name	Age	Team	Performance
1	Robert McHarg	M60	Scottish Veteran Harriers Club	2:12.98
2	David Clarke	M60	Northern Ireland Masters Athletic Association	2:19.02
3	Jonathan Burrell	M60	Southern Counties Veterans AC	2:20.04
4	Sean Price	M60	Welsh Masters Athletics Limited	2:21.03
5	Steve Corfield	M60	Veterans AC	2:21.31
6	Jed Turner	M60	Northern Masters AC	2:21.43
7	Russell Parkin	M60	Midland Masters AC	2:21.70
8	Brett Davis	M60	Welsh Masters Athletics Limited	2:22.63
9	Andrew Waddington	M60	Southern Counties Veterans AC	2:25.42
10	Phil Grabsky	M60	Southern Counties Veterans AC	2:28.35
11	Philip York	M60	South West Veterans AC	2:30.54
12	Mark Wycherley	M60	Northern Masters AC	2:33.16
13	Ian Crawley	M60	Southern Counties Veterans AC	2:34.54
14	Kevin Pye	M60	Midland Masters AC	2:36.38
15	Jonathan Metcalf	M60	Eastern Masters AC	2:41.98
16	Paul Lemmon	M60	Northern Masters AC	2:44.11
17	Philip Hicken	M60	Northern Masters AC	2:46.07

## T28 M55 800m - 2024-02-17

### M55

Position	Name	Age	Team	Performance
1	Mark Symes	M55	Southern Counties Veterans AC	2:11.40
2	Alan MacDonald	M55	Victoria Park Harriers and Tower Hamlets AC	2:14.12
3	Phil Ryan	M55	Northern Masters AC	2:19.25
4	Pavel Kudrna	M55	Southern Counties Veterans AC	2:21.09
5	John Knibb	M55	Leamington Cycling and Athletic Club	2:21.33
6	Kevin McAlinden	M55	Eastern Masters AC	2:25.15
7	Steven Read	M55	Grange Farm & Dunmow Runners	2:25.47
8	Tim Grose	M55	Veterans AC	2:26.29
9	Mark Jessup	M55	Tonbridge AC	2:26.30
10	Nigel Herron	M55	Veterans AC	2:34.04

## F15 M35-40 Long Jump - 2024-02-17

### M35

Position	Name	Age	Team	Performance
1	Antony Daffurn	M35	Scottish Veteran Harriers Club	6.45
2	Israel Nworgu	M35	Veterans AC	5.39
3	Michael Shortall	M35	Eastern Masters AC	5.28
4	Mark Andrews	M35	Veterans AC	4.90
5	Oscar Morrell	M35	Southern Counties Veterans AC	4.65

### M40

Position	Name	Age	Team	Performance
1	Neil Barton	M40	Southern Counties Veterans AC	6.29
2	Luke Sinnott	M40	Bournemouth AC	5.98
3	Jack Poxon	M40	Midland Masters AC	5.66
4	Ashley Reid	M40	Veterans AC	5.36
5	Jonathan Rutter	M40	Northern Masters AC	5.07
6	John Bowden	M40	Midland Masters AC	4.92
7	Ryan Hill	M40	Southern Counties Veterans AC	3.90

## F13 M35-40 High Jump - 2024-02-17

### M35

Position	Name	Age	Team	Performance
1	Tom Nichols	M35	Southern Counties Veterans AC	1.90
2	Lloyd Powell	M35	North East Masters AA	1.80
3	Rich Bond	M35	Veterans AC	1.60
4	Mark Andrews	M35	Veterans AC	1.55

### M40

Position	Name	Age	Team	Performance
1	Nigel Gorvett	M40	North East Masters AA	1.65
2	Andrew Cresswell	M40	Worcester AC	1.60
3	Jonathan Rutter	M40	Northern Masters AC	1.55

## F13A M45-50 High Jump - 2024-02-17

### M45

Position	Name	Age	Team	Performance
1	Clint Nicholls	M45	Eastern Masters AC	1.77
2	Alwyn Lombaard	M45	Veterans AC	1.65
3	Peter Davey	M45	Southern Counties Veterans AC	1.55

### M50

Position	Name	Age	Team	Performance
1	Laurence Ramm	M50	Eastern Masters AC	1.71
2	Vaughan Ramsay	M50	Veterans AC	1.50
3	Andrew England	M50	Northern Masters AC	1.45
4	Chris Ness	M50	Veterans AC	1.40

## T29 W65 + 800 - 2024-02-17

### W65

Position	Name	Age	Team	Performance
1	Hilary West	W65	Northern Masters AC	3:21.17

### W70

Position	Name	Age	Team	Performance
1	Alison Bourgeois	W70	Eastern Masters AC	2:57.74
2	Sarah Roberts	W70	Southern Counties Veterans AC	3:06.10
3	Ros Tabor	W70	Veterans AC	3:32.16

### W80

Position	Name	Age	Team	Performance
1	Iris Hornsey	W80	Eastern Masters AC	4:28.75

## T29A W60 800 - 2024-02-17

### W60

Position	Name	Age	Team	Performance
1	Karen Brooks	W60	Eastern Masters AC	2:49.08
2	Christine Feely	W60	Eastern Masters AC	2:58.02
3	Sharyn Ramage	W60	Scottish Veteran Harriers Club	2:58.43
4	Louise Jeffries	W60	South West Veterans AC	3:00.35

## T29B W50-55 800 - 2024-02-17

### W50

Position	Name	Age	Team	Performance
1	Nikki Sturzaker	W50	Veterans AC	2:27.24
2	Wendy Smith	W50	Eastern Masters AC	2:48.47
3	Stephanie Robson	W50	Northern Masters AC	2:49.65
4	Dawn Jones	W50	Eastern Masters AC	3:07.44

## T30 M75 + 800 - 2024-02-17

### M75

Position	Name	Age	Team	Performance
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1	John Exley	M75	Southern Counties Veterans AC	3:10.02
2	Bruce Hendrie	M75	Midland Masters AC	3:16.50
3	Michael Mann	M75	Veterans AC	3:24.59

### M80

Position	Name	Age	Team	Performance
1	Roger Head	M80	Eastern Masters AC	4:07.58
2	David Cowgill	M80	Northern Masters AC	4:31.44

## T30A M70 800 - 2024-02-17

### M70

Position	Name	Age	Team	Performance
1	David Bedwell	M70	Midland Masters AC	2:40.96
2	Peter Kennedy	M70	Veterans AC	3:06.27
3	David Jones	M70	Midland Masters AC	3:08.27
4	Alan Newman	M70	Southern Counties Veterans AC	3:12.62
5	Geoffrey Pearson	M70	Northern Masters AC	3:19.25

## T31 M65 800m - 2024-02-17

### M65

Position	Name	Age	Team	Performance
1	John Thomson	M65	Scottish Veteran Harriers Club	2:32.10
2	Steven Taylor	M65	Northern Masters AC	2:32.82
3	Dave Watson	M65	Welsh Masters Athletics Limited	2:38.72
4	Kevin Lowe	M65	Brighton Phoenix	2:48.89
5	Ian Wright	M65	South West Veterans AC	3:01.62

## T33 W35-45 800m - 2024-02-17

### W35

Position	Name	Age	Team	Performance
1	Kat Sutton	W35	Veterans AC	2:19.53
2	Laura Haggarty	W35	Scottish Veteran Harriers Club	2:20.41
3	Katherine Spencer	W35	Midland Masters AC	2:26.52
4	Heather Letley	W35	Hercules Wimbledon AC	2:54.58

### W40

Position	Name	Age	Team	Performance
1	Jennifer Beattie	W40	Scottish Veteran Harriers Club	2:33.42
2	Lisa Gawthorne	W40	Northern Masters AC	2:38.73

3	Rebecca Mills	W40	Northern Masters AC	3:00.96
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### W45

Position	Name	Age	Team	Performance
1	Zoe Doyle	W45	Veterans AC	2:21.33
2	Rebecca Pickard	W45	Veterans AC	2:38.37

## T34 M35 800m - 2024-02-17

### M35

Position	Name	Age	Team	Performance
1	Paul Wright	M35	Midland Masters AC	1:56.47
2	David Scott	M35	Scottish Veteran Harriers Club	1:58.33
3	Ed Aston	M35	Birmingham Running Athletics & Triathlon Club	1:58.54
4	Oliver Williams	M35	Welsh Masters Athletics Limited	1:59.58
5	Chris Lamb	M35	Midland Masters AC	2:01.33
6	Paul Bradley	M35	Midland Masters AC	2:02.37
7	John Brierly	M35	Herne Hill Harriers	2:03.14
8	Jonathan Hiorns	M35	Veterans AC	2:03.14
9	Shajahan Janally	M35	Midland Masters AC	2:03.79

## F16 W35, W45 Long Jump - 2024-02-17

### W35

Position	Name	Age	Team	Performance
1	Nia Rutter	W35	Northern Masters AC	5.01
2	Natalie Le Beau	W35	Eastern Masters AC	4.96
3	Hayley Mills	W35	Northern Masters AC	4.71
4	Alexandra Marginean	W35	Veterans AC	4.65
5	Heather Letley	W35	Hercules Wimbledon AC	3.68
6	Stef Bazykiewicz	W35	Southern Counties Veterans AC	3.43

### W45

Position	Name	Age	Team	Performance
1	Amanda Cook	W45	Welsh Masters Athletics Limited	4.25
2	Kim Saha	W45	Veterans AC	3.68

## T35 M40 800m - 2024-02-17

### M40

Position	Name	Age	Team	Performance
1	David Williams	M40	Welsh Masters Athletics Limited	2:01.09

2	Stephen Brown	M40	Scottish Veteran Harriers Club	2:03.75
3	Dan Acheson	M40	Aldershot Farnham & District	2:05.71
4	Terry Hawkey	M40	Southern Counties Veterans AC	2:08.48
5	David Willett	M40	Southern Counties Veterans AC	2:11.14

## T36 M50 800m - 2024-02-17

### M50

Position	Name	Age	Team	Performance
1	Richard Scott	M50	South West Veterans AC	2:06.33
2	Anthony O'Brien	M50	Northern Masters AC	2:06.83
3	Steven Baldock	M50	Southern Counties Veterans AC	2:08.14
4	Robert Datnow	M50	Veterans AC	2:08.38
5	Greg Asbury	M50	Midland Masters AC	2:12.34
6	Marc Turner	M50	Midland Masters AC	2:12.54
7	Simon Oak	M50	Northern Masters AC	2:13.21

## T37 M45 800m - 2024-02-17

### M45

Position	Name	Age	Team	Performance
1	Andy Brown	M45	Scottish Veteran Harriers Club	2:01.20
2	David Locker	M45	Midland Masters AC	2:05.17
3	Steven Prosser	M45	Eastern Masters AC	2:08.22
4	Glen Richardson	M45	Eastern Masters AC	2:09.97
5	Phil Gould	M45	Midland Masters AC	2:10.73
6	Stuart McNally	M45	Veterans AC	2:11.54
7	Andrew Cotterill	M45	Midland Masters AC	2:14.40
8	David Brown	M45	Eastern Masters AC	2:16.26

## F17 W50-55 Shot Put - 2024-02-18

### W50

Position	Name	Age	Team	Performance
1	Paula Williams	W50	Midland Masters AC	13.17
2	Sue Lawrence	W50	Eastern Masters AC	9.67
3	Sharon Hutchings	W50	Welsh Masters Athletics Limited	8.94

### W55

Position	Name	Age	Team	Performance
1	Danièle Denisty	W55	Belgium	10.78
2	Nicole Celestine	W55	France	7.18

3	Jane Tench	W55	Midland Masters AC	6.41
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## F18 M55 Long Jump - 2024-02-18

### M55

Position	Name	Age	Team	Performance
1	John Munroe	M55	Southern Counties Veterans AC	5.25
2	Boguslaw Zelechowski	M55	Poland	5.16
3	David Hartwell	M55	Midland Masters AC	5.14
4	David Stewart	M55	Northern Ireland Masters Athletic Association	4.41
5	Keith Palmer	M55	Eastern Masters AC	4.30

## T38 M60 60m - 2024-02-18

### M60

Position	Name	Age	Team	Performance
1	Francois Bontemps	M60	France	7.73
2	Pat Logan	M60	Veterans AC	8.10
3	Michael Vassiliou	M60	Veterans AC	8.12
4	John Statham	M60	Midland Masters AC	8.17
5	Timothy Beaglehole	M60	Bournemouth AC	8.40
6	Mark Woods	M60	Southern Counties Veterans AC	8.43
7	Mark Ellery	M60	Bristol and West AC	8.62

## T39 M55 60m - 2024-02-18

### M55

Position	Name	Age	Team	Performance
1	Kevin Craven	M55	Veterans AC	7.60
2	Boguslaw Zelechowski	M55	Poland	7.65
3	Paul Canning	M55	Eastern Masters AC	7.76
4	Darren O'Leary	M55	Eastern Masters AC	8.54
5	Barrington King	M55	Southern Counties Veterans AC	8.68
6	Stephen Johansson	M55	Eastern Masters AC	8.71
7	Conrad Salthouse	M55	Eastern Masters AC	8.88

## T40 M50 60m - 2024-02-18

### M50

Position	Name	Age	Team	Performance
1	Trevor Hodgson	M50	North East Masters AA	7.39
2	Richard Brooks	M50	Veterans AC	7.66
3	Yinka Opaleye	M50	Eastern Masters AC	7.86
4	Nick Johnston-Davis	M50	Northern Masters AC	7.97

5	Kevin Brooker	M50	Oxford City AC	8.03
6	Scott Dorset	M50	Southern Counties Veterans AC	8.16
7	Stephen Thorpe	M50	Northern Masters AC	8.21

## F19 W35-50 Pole Vault - 2024-02-18

### W35

Position	Name	Age	Team	Performance
1	Hayley Mills	W35	Northern Masters AC	3.33

### W40

Position	Name	Age	Team	Performance
1	Caroline Parkinson	W40	Southern Counties Veterans AC	3.13

### W45

Position	Name	Age	Team	Performance
1	Kim Saha	W45	Veterans AC	2.13
2	Angie Crush	W45	Southern Counties Veterans AC	2.03

## F19A W55+, M70+ Pole Vault - 2024-02-18

### M70

Position	Name	Age	Team	Performance
1	David Blunt	M70	Veterans AC	2.40

### M80

Position	Name	Age	Team	Performance
1	Mike Herring	M80	Midland Masters AC	1.60

### W50

Position	Name	Age	Team	Performance
1	Stefanie Dornbusch	W50	Southern Counties Veterans AC	2.00

### W55

Position	Name	Age	Team	Performance
1	Irie Hill	W55	Midland Masters AC	3.15
2	Sandra Pedley	W55	Eastern Masters AC	2.00

### W60

Position	Name	Age	Team	Performance
1	Rosalind Zeffertt	W60	Veterans AC	2.30

### W65

Position	Name	Age	Team	Performance
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1	Teresa Eades	W65	Southern Counties Veterans AC	2.20
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### W70

Position	Name	Age	Team	Performance
1	Sue Yeomans	W70	Southern Counties Veterans AC	2.20

## T41 M45 60m - 2024-02-18

### M45

Position	Name	Age	Team	Performance
1	Joshua Wood	M45	Harrow AC	7.47
2	Richard Higson-Blythe	M45	Northern Masters AC	7.64
3	Grant Langdon	M45	Veterans AC	7.66
4	Michael Barough	M45	Southern Counties Veterans AC	7.71
5	Craig Christian	M45	Midland Masters AC	7.75
6	Greg Richards	M45	Midland Masters AC	7.88
7	Adie Monk	M45	Rugby & Northampton AC	7.92

## T42 M40 60m - 2024-02-18

### M40

Position	Name	Age	Team	Performance
1	Marvin Edwards	M40	Northern Masters AC	7.35
2	Anthony Meikle	M40	Herts Phoenix AC	7.36
3	Daniel Halapciuc	M40	Eastern Masters AC	7.57
4	Ashley Reid	M40	Veterans AC	7.79
5	Jan Barnard	M40	Eastern Masters AC	7.81
6	John Bowden	M40	Midland Masters AC	7.91
7	Michael Omakobia	M40	Southern Counties Veterans AC	7.97

## F20 M60 Long Jump - 2024-02-18

### M60

Position	Name	Age	Team	Performance
1	Paul Guest	M60	South West Veterans AC	4.64
2	Andrew Waddington	M60	Southern Counties Veterans AC	4.60
3	Richard Van Baaren	M60	Eastern Masters AC	4.42
4	Ian Crawley	M60	Southern Counties Veterans AC	4.39
5	Andrew Pringle	M60	Scottish Veteran Harriers Club	4.32
6	Pete Stepney	M60	Southern Counties Veterans AC	4.25

7	John Barratt	M60	Northern Masters AC	4.22
8	Allan Leiper	M60	Southern Counties Veterans AC	4.01
9	Richard Emptage	M60	Southern Counties Veterans AC	3.67

## T43 M35 60m - 2024-02-18

### M35

Position	Name	Age	Team	Performance
1	Duayne Bovell	M35	Blackheath & Bromley Harriers AC	7.13
2	Byron Robinson	M35	Southern Counties Veterans AC	7.16
3	Nicholas Atwell	M35	Southern Counties Veterans AC	7.18
4	Isaiah Adekanmbi	M35	Veterans AC	7.24
5	Michael Dickens	M35	Welsh Masters Athletics Limited	7.35
6	Peter Phillips	M35	Herne Hill Harriers	7.46
7	Dale Willis	M35	South West Veterans AC	7.47

## F21 W35-45 Shot Put - 2024-02-18

### W35

Position	Name	Age	Team	Performance
1	Chloe Edwards	W35	South West Veterans AC	11.76
2	Emma Beardmore	W35	Eastern Masters AC	11.76
3	Nia Rutter	W35	Northern Masters AC	11.35
4	Rebecca Hall	W35	Eastern Masters AC	11.18
5	Charlotte Nicholls	W35	Veterans AC	8.73
6	Natalie Mann	W35	Veterans AC	7.69
7	Stef Bazykiewicz	W35	Southern Counties Veterans AC	6.13

### W40

Position	Name	Age	Team	Performance
1	Jodie Albrow	W40	Southern Counties Veterans AC	9.50
2	Lisa Boland	W40	Veterans AC	9.19
3	Clare Bryant	W40	Welsh Masters Athletics Limited	7.63
4	Rhiannon Jenkins	W40	Welsh Masters Athletics Limited	7.49

### W45

Position	Name	Age	Team	Performance
1	Eleanor Gatrell	W45	Southern Counties Veterans AC	11.76

2	Kim Saha	W45	Veterans AC	6.89
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## T44 M80\_ + 60m - 2024-02-18

### M80

Position	Name	Age	Team	Performance
1	Allan Long	M80	Veterans AC	9.58
2	Roger Bruck	M80	Southern Counties Veterans AC	12.10
3	Mike Herring	M80	Midland Masters AC	13.87
4	David Cowgill	M80	Northern Masters AC	14.22

### M85

Position	Name	Age	Team	Performance
1	Tony Bowman	M85	Northern Masters AC	11.88

## T45 W70 60m - 2024-02-18

### W70

Position	Name	Age	Team	Performance
1	Helen Godsell	W70	Southern Counties Veterans AC	9.36
2	Georgina Smith	W70	Midland Masters AC	10.26
3	Joylyn Saunders-Mullins	W70	Southern Counties Veterans AC	10.34
4	Emily McMahon	W70	Eastern Masters AC	10.50
5	Anne Nelson	W70	Veterans AC	10.67
6	Caroline Marler	W70	Northern Masters AC	10.87
7	Jean Fail	W70	South West Veterans AC	11.42

## T46 M75, W80+ 60m - 2024-02-18

### M75

Position	Name	Age	Team	Performance
1	Victor Novell	M75	Southern Counties Veterans AC	9.61
2	Tony Wells	M75	Eastern Masters AC	9.97

### W80

Position	Name	Age	Team	Performance
1	Iris Holder	W80	Welsh Masters Athletics Limited	12.60

### W85

Position	Name	Age	Team	Performance
1	Dorothy Fraser	W85	Welsh Masters Athletics Limited	15.13

## T47 M70 60m - 2024-02-18

### M70

Position	Name	Age	Team	Performance
1	John Browne	M70	Eastern Masters AC	8.36
2	Christopher Monk	M70	Midland Masters AC	8.59
3	Simon Barrett	M70	Southern Counties Veterans AC	8.62
4	Wally Franklyn	M70	Southern Counties Veterans AC	8.93
5	David Hinds	M70	Veterans AC	9.06
6	Paul Wignall	M70	Veterans AC	9.21
7	Timothy Carter	M70	Veterans AC	9.28

## T48 M65 60m - 2024-02-18

### M65

Position	Name	Age	Team	Performance
1	Shane Sheridan	M65	Ireland	8.28
2	Andy Mccrum	M65	Basingstoke & Mid Hants AC	8.60
3	Shane Toolan	M65	Ireland	8.72
4	Phil Clayton	M65	Midland Masters AC	8.83
5	Clem Leon	M65	Southern Counties Veterans AC	8.91
6	Tom Phillips	M65	Southern Counties Veterans AC	9.00
7	Stephen Langford	M65	Southern Counties Veterans AC	9.03

## T49 W65 60m - 2024-02-18

### W65

Position	Name	Age	Team	Performance
1	Teresa Eades	W65	Southern Counties Veterans AC	9.94
2	Jeanette Ashton	W65	Southern Counties Veterans AC	10.69
3	Elizabeth Le Rossignol	W65	Poole AC	11.63

## T50 W60 60m - 2024-02-18

### W60

Position	Name	Age	Team	Performance
1	Kirstin King	W60	Southern Counties Veterans AC	8.75
2	Eni Font Freide	W60	Southern Counties Veterans AC	9.07
3	Susan Frisby	W60	Midland Masters AC	9.08
4	Melanie Garland	W60	Welsh Masters Athletics Limited	9.38

5	Julie Hicken	W60	Northern Masters AC	9.40
6	Angela Bryant	W60	Welsh Masters Athletics Limited	9.53
7	Clare St John-Coleman	W60	Eastern Masters AC	9.70

## F22 M50 Long Jump - 2024-02-18

### M50

Position	Name	Age	Team	Performance
1	Emmanuel Ogunniyi	M50	Veterans AC	5.55
2	Samuel Nash	M50	Veterans AC	5.37
3	Andrew Morey	M50	Newton Abbot AC	5.29
4	Vaughan Ramsay	M50	Veterans AC	4.68

## T51 W55 60m - 2024-02-18

### W55

Position	Name	Age	Team	Performance
1	Juliet Sidney	W55	Welsh Masters Athletics Limited	8.92
2	Ann Virgo	W55	Midland Masters AC	9.03
3	Janet Dickinson	W55	South West Veterans AC	9.65
4	Debra Casson	W55	Northern Masters AC	9.77
5	Tracey Brockbank	W55	Southern Counties Veterans AC	10.77

## T52 W50 60m - 2024-02-18

### W50

Position	Name	Age	Team	Performance
1	Paula Williams	W50	Midland Masters AC	8.24
2	Michelle Thomas	W50	Welsh Masters Athletics Limited	8.39
3	Kathryn Miles	W50	Veterans AC	8.63
4	Diane Wright	W50	Southern Counties Veterans AC	8.99
5	Sue Van Vuuren	W50	Veterans AC	9.00
6	Sharon Dooley	W50	Southern Counties Veterans AC	9.56
7	Kate Maryon	W50	Southern Counties Veterans AC	9.59

## T53 W45 60m - 2024-02-18

### W45

Position	Name	Age	Team	Performance
1	Liz Duke	W45	Northern Masters AC	8.27
2	Daniela Sage	W45	Blackheath & Bromley Harriers AC	8.65

3	Carol Holt	W45	Northern Masters AC	8.67
4	Amy Jackson	W45	Southern Counties Veterans AC	8.91

## T54 W40 60m - 2024-02-18

### W40

Position	Name	Age	Team	Performance
1	Emily Fry	W40	Southampton Athletic Club	8.32
2	Joanne Rowicki	W40	Northern Masters AC	8.63
3	Gemma Knight	W40	Midland Masters AC	8.65
4	Kristy Howells	W40	Southern Counties Veterans AC	10.42

## T55 W35 60m - 2024-02-18

### W35

Position	Name	Age	Team	Performance
1	Stacey Downie	W35	Scottish Veteran Harriers Club	7.92
2	Joanne Ryan	W35	Eastern Masters AC	8.15
3	Roisin McBride	W35	Gateshead Harriers & AC	8.33
4	Krystle Balogun	W35	Southern Counties Veterans AC	8.59
5	Louise Brydon	W35	Eastern Masters AC	8.74
6	Alexandra Marginean	W35	Veterans AC	8.81
7	Oi Yee Mok	W35	Midland Masters AC	9.10

## F23 W60+ Shot Put - 2024-02-18

### W60

Position	Name	Age	Team	Performance
1	Sue Wisdom	W60	Veterans AC	8.11
2	Hazel Barker	W60	Northern Masters AC	7.98
3	Susan Richardson	W60	Northern Masters AC	7.77
4	Oriana Johnson	W60	Eastern Masters AC	6.80
5	Wendy Dunsford	W60	Eastern Masters AC	5.96

### W65

Position	Name	Age	Team	Performance
1	Claire Cameron	W65	Scottish Veteran Harriers Club	9.24
2	Jill Roginski	W65	Midland Masters AC	8.36
3	Lucy Moore-Fox	W65	Ireland	7.40
4	Jeanette Ashton	W65	Southern Counties Veterans AC	6.96
5	Nicky Buckwell	W65	Welsh Masters Athletics Limited	6.55

### W70

Position	Name	Age	Team	Performance
1	Caroline Marler	W70	Northern Masters AC	7.35
2	Vilma Thompson	W70	Southern Counties Veterans AC	6.97
3	Stephanie Stamp	W70	Eastern Masters AC	5.85

### W75

Position	Name	Age	Team	Performance
1	Liz Sissons	W75	Veterans AC	8.05

### W85

Position	Name	Age	Team	Performance
1	Evaun Williams	W85	Southern Counties Veterans AC	8.62

## F24 M45 Long Jump - 2024-02-18

### M45

Position	Name	Age	Team	Performance
1	Grant Stirling	M45	Southern Counties Veterans AC	5.42
2	Clint Nicholls	M45	Eastern Masters AC	5.42
3	Peter Davey	M45	Southern Counties Veterans AC	5.05
4	Robert Tyson	M45	Southern Counties Veterans AC	5.02
5	Daniel Oforu	M45	Southern Counties Veterans AC	4.75

## T56 M70\_ + 1500m - 2024-02-18

### M70

Position	Name	Age	Team	Performance
1	David Bedwell	M70	Midland Masters AC	5:27.05
2	David Oxland	M70	Midland Masters AC	5:28.55
3	David Jones	M70	Midland Masters AC	6:15.75
4	Alan Newman	M70	Southern Counties Veterans AC	6:16.38
5	Alastair Kendrick	M70	Eastern Masters AC	7:11.57

### M75

Position	Name	Age	Team	Performance
1	Peter Giles	M75	Veterans AC	5:54.02
2	John Exley	M75	Southern Counties Veterans AC	6:11.01
3	Michael Mann	M75	Veterans AC	6:48.25

## T57 M65 1500m - 2024-02-18

## M65

Position	Name	Age	Team	Performance
1	John Thomson	M65	Scottish Veteran Harriers Club	5:09.42
2	Steven Taylor	M65	Northern Masters AC	5:13.22
3	Mark Hargreaves	M65	Southern Counties Veterans AC	5:21.30
4	Malcolm Thirlaway	M65	North East Masters AA	6:08.58

## F25 M55-60 High Jump - 2024-02-18

### M55

Position	Name	Age	Team	Performance
1	Adam Young Johnson	M55	Midland Masters AC	1.60
2	David Hartwell	M55	Midland Masters AC	1.60
3	David Stewart	M55	Northern Ireland Masters Athletic Association	1.45
4	Mark Roach	M55	South West Veterans AC	1.40

### M60

Position	Name	Age	Team	Performance
1	Steve Linsell	M60	Northern Masters AC	1.65
2	Andrew Waddington	M60	Southern Counties Veterans AC	1.50
3	Ian Crawley	M60	Southern Counties Veterans AC	1.50
4	Andrew Pringle	M60	Scottish Veteran Harriers Club	1.40

## F28 W35-50 High Jump - 2024-02-18

### W35

Position	Name	Age	Team	Performance
1	Nia Rutter	W35	Northern Masters AC	1.45
2	Stef Bazylikiewicz	W35	Southern Counties Veterans AC	1.15

### W40

Position	Name	Age	Team	Performance
1	Clare Bryant	W40	Welsh Masters Athletics Limited	1.35
2	Rhiannon Jenkins	W40	Welsh Masters Athletics Limited	1.25

### W45

Position	Name	Age	Team	Performance
1	Clare Gratrix	W45	Midland Masters AC	1.35

### W50



Position	Name	Age	Team	Performance
1	Jenny O'Connor	W50	Southern Counties Veterans AC	1.35
2	Ruth Kirk	W50	Scottish Veteran Harriers Club	1.30
3	Nikki Sturzaker	W50	Veterans AC	1.10

## T58 W65+ 1500 - 2024-02-18

### W70

Position	Name	Age	Team	Performance
1	Alison Bourgeois	W70	Eastern Masters AC	6:08.33
2	Sarah Roberts	W70	Southern Counties Veterans AC	6:20.11

### W80

Position	Name	Age	Team	Performance
1	Iris Hornsey	W80	Eastern Masters AC	9:22.38

## F26 W60-65 Long Jump - 2024-02-18

### W60

Position	Name	Age	Team	Performance
1	Melanie Garland	W60	Welsh Masters Athletics Limited	4.16
2	Susan Frisby	W60	Midland Masters AC	3.58
3	Janice Pryce	W60	Midland Masters AC	3.53
4	Rosalind Zeffertt	W60	Veterans AC	3.51
5	Clare St John-Coleman	W60	Eastern Masters AC	3.44
6	Susan Richardson	W60	Northern Masters AC	3.38
7	Gaye Clarke	W60	Eastern Masters AC	3.05

### W65

Position	Name	Age	Team	Performance
1	Carole Filer	W65	Eastern Masters AC	3.74
2	Jill Roginski	W65	Midland Masters AC	3.46
3	Teresa Eades	W65	Southern Counties Veterans AC	3.41
4	Nicky Buckwell	W65	Welsh Masters Athletics Limited	2.95
5	Lucy Moore-Fox	W65	Ireland	2.43

## T58A W50-60 1500 - 2024-02-18

### W50

Position	Name	Age	Team	Performance
1	Nikki Sturzaker	W50	Veterans AC	5:01.84
2	Stephanie Robson	W50	Northern Masters AC	5:38.87
3	Wendy Smith	W50	Eastern Masters AC	5:45.64

4	Clare Hayes	W50	Grange Farm & Dunmow Runners	5:52.95
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### W55

Position	Name	Age	Team	Performance
1	Anna Critchlow	W55	Veterans AC	5:20.57
2	Julie Wilson	W55	Scottish Veteran Harriers Club	5:29.69

### W60

Position	Name	Age	Team	Performance
1	Clare Elms	W60	Veterans AC	5:07.46
2	Lucy Woolhouse	W60	Veterans AC	5:43.29
3	Sharyn Ramage	W60	Scottish Veteran Harriers Club	6:03.24
4	Jane Pidgeon	W60	Midland Masters AC	6:14.49

## F27 M65+ Shot Put - 2024-02-18

### M65

Position	Name	Age	Team	Performance
1	John Fenton	M65	Veterans AC	11.02
2	Andy Mccrum	M65	Basingstoke & Mid Hants AC	10.37
3	Peter Knott	M65	Eastern Masters AC	9.79
4	Graeme Packman	M65	Eastern Masters AC	8.68

### M70

Position	Name	Age	Team	Performance
1	Trevor Straker	M70	North East Masters AA	11.11
2	Adrian Essex	M70	Southern Counties Veterans AC	8.49
3	Patrick Reynolds	M70	Ireland	7.24

### M75

Position	Name	Age	Team	Performance
1	Geoffrey Tyler	M75	Eastern Masters AC	11.23
2	Bill O'Connor	M75	Veterans AC	5.82

### M80

Position	Name	Age	Team	Performance
1	Phil Rees	M80	Welsh Masters Athletics Limited	6.59
2	Mike Herring	M80	Midland Masters AC	6.35

### M85

Position	Name	Age	Team	Performance
1	Tony Bowman	M85	Northern Masters AC	5.19

## T59 M60 1500m - 2024-02-18

### M60

Position	Name	Age	Team	Performance
1	Robert McHarg	M60	Scottish Veteran Harriers Club	4:50.17
2	David Clarke	M60	Northern Ireland Masters Athletic Association	4:50.37
3	Jonathan Burrell	M60	Southern Counties Veterans AC	4:51.88
4	David Williams	M60	Veterans AC	4:51.92
5	Russell Parkin	M60	Midland Masters AC	4:53.91
6	Philip York	M60	South West Veterans AC	5:03.33
7	Phil Grabsky	M60	Southern Counties Veterans AC	5:08.66
8	Philip Coleman	M60	Tonbridge AC	5:10.06
9	Paul Lemmon	M60	Northern Masters AC	5:33.93

## T60 M55 1500m - 2024-02-18

### M55

Position	Name	Age	Team	Performance
1	Mark Symes	M55	Southern Counties Veterans AC	4:30.24
2	Alan MacDonald	M55	Victoria Park Harriers and Tower Hamlets AC	4:39.87
3	John Knibb	M55	Leamington Cycling and Athletic Club	4:50.06
4	Steven Read	M55	Grange Farm & Dunmow Runners	4:54.73
5	Ian Harpur	M55	Ireland	5:02.73
6	Tim Grose	M55	Veterans AC	5:09.92
7	Nigel Herron	M55	Veterans AC	5:13.42
8	Sean Beard	M55	Eastern Masters AC	5:34.74

## T61 M50 1500m - 2024-02-18

### M50

Position	Name	Age	Team	Performance
1	Anthony O'Brien	M50	Northern Masters AC	4:19.29
2	Mark Waller	M50	Eastern Masters AC	4:28.79
3	Marc Turner	M50	Midland Masters AC	4:36.84
4	Nik Pugh	M50	Thames Hare & Hounds	4:42.21
5	Steve Barnes	M50	Newbury AC	4:44.62
6	Garry Palmer	M50	Midland Masters AC	4:55.28

## T62 W35-45 1500m - 2024-02-18

### W35

Position	Name	Age	Team	Performance
1	Laura Haggarty	W35	Scottish Veteran Harriers Club	4:53.80
2	Lucy Hendry	W35	Radley Athletic Club	5:30.90

### W40

Position	Name	Age	Team	Performance
1	Lisa Gawthorne	W40	Northern Masters AC	5:13.39
2	Rebecca Mills	W40	Northern Masters AC	6:01.87

### W45

Position	Name	Age	Team	Performance
1	Zoe Doyle	W45	Veterans AC	4:51.77
2	Clare Norris	W45	Veterans AC	5:33.61

## T63 M35&45 1500m - 2024-02-18

### M35

Position	Name	Age	Team	Performance
1	Mike Cummings	M35	Veterans AC	4:05.74
2	Chris Loudon	M35	Scottish Veteran Harriers Club	4:07.26
3	Oliver Williams	M35	Welsh Masters Athletics Limited	4:08.03
4	Paul Bradley	M35	Midland Masters AC	4:18.55
5	Daniel Ullah	M35	Birchfield Harriers	4:23.03
6	Jonathan Hiorns	M35	Veterans AC	4:24.22
7	Scott Thrush	M35	Eastern Masters AC	4:50.53

### M45

Position	Name	Age	Team	Performance
1	Andy Brown	M45	Scottish Veteran Harriers Club	4:11.62
2	David Locker	M45	Midland Masters AC	4:20.90
3	Steven Prosser	M45	Eastern Masters AC	4:22.31
4	Simon Fell	M45	Eastern Masters AC	4:23.89

## T64 M40 1500m - 2024-02-18

### M40

Position	Name	Age	Team	Performance
1	David Williams	M40	Welsh Masters Athletics Limited	4:14.39
2	Andrew Patterson	M40	Eastern Masters AC	4:17.45
3	Duncan Woolmer	M40	Veterans AC	4:18.24
4	Stephen Brown	M40	Scottish Veteran Harriers Club	4:20.46
5	Dan Acheson	M40	Aldershot Farnham & District	4:23.54

6	Sam Coombes	M40		4:27.18
7	David Willett	M40	Southern Counties Veterans AC	4:28.92
8	Adrian Hemery	M40	Southern Counties Veterans AC	4:30.62

## F28A W55+ High Jump - 2024-02-18

### W55

Position	Name	Age	Team	Performance
1	Danièle Denisty	W55	Belgium	1.29
2	Kay Reynolds	W55	Southern Counties Veterans AC	1.26
3	Janet Dickinson	W55	South West Veterans AC	1.21

### W60

Position	Name	Age	Team	Performance
1	Melanie Garland	W60	Welsh Masters Athletics Limited	1.32
2	Susan Richardson	W60	Northern Masters AC	1.16
3	Gaye Clarke	W60	Eastern Masters AC	1.11

### W65

Position	Name	Age	Team	Performance
1	Carole Filer	W65	Eastern Masters AC	1.21
2	Jeanette Ashton	W65	Southern Counties Veterans AC	1.11

### W70

Position	Name	Age	Team	Performance
1	Sue Yeomans	W70	Southern Counties Veterans AC	1.11

## F30 W40,\_ W50 Long Jump - 2024-02-18

### W40

Position	Name	Age	Team	Performance
1	Emily Fry	W40	Southampton Athletic Club	4.85
2	Jodie Albrow	W40	Southern Counties Veterans AC	4.64
3	Rhiannon Jenkins	W40	Welsh Masters Athletics Limited	3.52

### W50

Position	Name	Age	Team	Performance
1	Alex Coomber	W50	Veterans AC	3.84
2	Ruth Kirk	W50	Scottish Veteran Harriers Club	3.81

3	Sharon Dooley	W50	Southern Counties Veterans AC	3.77
4	Stefanie Dornbusch	W50	Southern Counties Veterans AC	3.67
5	Deborah Ricci	W50	Midland Masters AC	3.16

## F31 M65+ High Jump - 2024-02-18

### M65

Position	Name	Age	Team	Performance
1	John Mayor	M65	Eastern Masters AC	1.41
2	Clem Leon	M65	Southern Counties Veterans AC	1.31
3	Trevor Wade	M65	Veterans AC	1.21

### M70

Position	Name	Age	Team	Performance
1	David Blunt	M70	Veterans AC	1.36
2	Duncan Talbot	M70	Southern Counties Veterans AC	1.26
3	Adrian Essex	M70	Southern Counties Veterans AC	1.21
4	Trevor Straker	M70	North East Masters AA	1.11
5	Patrick Reynolds	M70	Ireland	0.96

### M80

Position	Name	Age	Team	Performance
1	Roger Bruck	M80	Southern Counties Veterans AC	1.11
2	Phil Rees	M80	Welsh Masters Athletics Limited	0.91
3	Mike Herring	M80	Midland Masters AC	0.86

## T80A M75+ 400 - 2024-02-18

### M75

Position	Name	Age	Team	Performance
1	Bruce Hendrie	M75	Midland Masters AC	1:18.70
2	Peter Giles	M75	Veterans AC	1:19.90
3	Bill O'Connor	M75	Veterans AC	2:10.15

### M80

Position	Name	Age	Team	Performance
1	David Cowgill	M80	Northern Masters AC	1:56.03

## T80B M70 400 - 2024-02-18

### M70

Position	Name	Age	Team	Performance
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1	Simon Barrett	M70	Southern Counties Veterans AC	1:07.28
2	Paul Wignall	M70	Veterans AC	1:09.93
3	David Hinds	M70	Veterans AC	1:10.07
4	Timothy Carter	M70	Veterans AC	1:11.37
5	Geoffrey Pearson	M70	Northern Masters AC	1:24.22
6	Alastair Kendrick	M70	Eastern Masters AC	1:38.67

## T82 M65 400m - 2024-02-18

### M65

Position	Name	Age	Team	Performance
1	Shane Sheridan	M65	Ireland	1:05.50
2	Adrian Day	M65	Veterans AC	1:09.97
3	Kevin Lowe	M65	Brighton Phoenix	1:10.78
4	Ian Wright	M65	South West Veterans AC	1:21.34

## T83 W60-65 400m - 2024-02-18

### W60

Position	Name	Age	Team	Performance
1	Sue Wisdom	W60	Veterans AC	1:16.49
2	Janice Nottingham	W60	Eastern Masters AC	1:20.20
3	Katherine Winrow	W60	Northern Masters AC	1:20.44
4	Angela Bryant	W60	Welsh Masters Athletics Limited	1:23.44

### W65

Position	Name	Age	Team	Performance
1	Edith Caux	W65	France	1:16.55
2	Nicky Buckwell	W65	Welsh Masters Athletics Limited	1:22.36

## T83A W70+ 400 - 2024-02-18

### W70

Position	Name	Age	Team	Performance
1	Sarah Roberts	W70	Southern Counties Veterans AC	1:24.66

## T84 M60 400m - 2024-02-18

### M60

Position	Name	Age	Team	Performance
1	Michael Vassiliou	M60	Veterans AC	58.74
2	Richard White	M60	Midland Masters AC	58.93
3	Francois Bontemps	M60	France	1:00.32

4	Brett Davis	M60	Welsh Masters Athletics Limited	1:00.36
5	Roy Nelson	M60	Southern Counties Veterans AC	1:00.92
6	Sean Price	M60	Welsh Masters Athletics Limited	1:00.93
7	Andrew Waddington	M60	Southern Counties Veterans AC	1:02.08
8	Colin Bates	M60	Veterans AC	1:02.26
9	Colin Edwards	M60	Northern Masters AC	1:02.57
10	Jonathan Metcalf	M60	Eastern Masters AC	1:07.16
11	Kevin Pye	M60	Midland Masters AC	1:08.39

## T85 W55 400m - 2024-02-18

### W55

Position	Name	Age	Team	Performance
1	Fiona Steele	W55	Scottish Veteran Harriers Club	1:09.25
2	Fiona Palmer	W55	Midland Masters AC	1:12.74

## T86 M55 400m - 2024-02-18

### M55

Position	Name	Age	Team	Performance
1	Michael Gardiner	M55	Midland Masters AC	57.09
2	David Stewart	M55	Northern Ireland Masters Athletic Association	59.94
3	Mark Jessup	M55	Tonbridge AC	1:00.23
4	Leeroy Golding	M55	Northern Masters AC	1:00.87
5	Neil Davies	M55	Welsh Masters Athletics Limited	1:01.44
6	Darren O'Leary	M55	Eastern Masters AC	1:02.95

## T87 W50 400m - 2024-02-18

### W50

Position	Name	Age	Team	Performance
1	Sarah Loades	W50	Veterans AC	1:04.65
2	Alex Coomber	W50	Veterans AC	1:08.60
3	Popsie Wootten	W50	Southern Counties Veterans AC	1:10.60
4	Lisa Carpenter	W50	South West Veterans AC	1:13.43

## T88 M50 400m - 2024-02-18

### M50

Position	Name	Age	Team	Performance
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1	Richard Scott	M50	South West Veterans AC	55.05
2	Steven Baldock	M50	Southern Counties Veterans AC	56.86
3	Greg Asbury	M50	Midland Masters AC	56.89
4	Peter Benedickter	M50	Eastern Masters AC	58.93
5	Ian Firla	M50	Blackheath & Bromley Harriers AC	59.29
6	Kelly Fairclough	M50	Midland Masters AC	59.72
7	David Shortridge	M50	Southern Counties Veterans AC	59.85
8	Richard Holt	M50	Southern Counties Veterans AC	1:01.94
9	Michael Osunsami	M50	Southern Counties Veterans AC	1:02.65

## T89 W45 400m - 2024-02-18

### W45

Position	Name	Age	Team	Performance
1	Liz Amos	W45	Veterans AC	59.48
2	Susie McLoughlin	W45	Veterans AC	59.58
3	Carol Holt	W45	Northern Masters AC	1:08.52

## T90 M45 400m - 2024-02-18

### M45

Position	Name	Age	Team	Performance
1	Richard Beardsell	M45	Northern Masters AC	51.33
2	Adam Bellis	M45	Southern Counties Veterans AC	53.44
3	Kojo Kyereme	M45	Southern Counties Veterans AC	54.10
4	Brian Boyce	M45	Ireland	54.53
5	Andrew Parker	M45	Northern Masters AC	54.64
6	Phil Gould	M45	Midland Masters AC	55.60
7	Anibal Rodriguez Fuentes	M45	Veterans AC	56.59
8	Stuart McNally	M45	Veterans AC	56.73
9	Nathan Moore	M45	Leamington Cycling and Athletic Club	58.13
10	David Battersby	M45	Midland Masters AC	58.84
11	Ivan Ross	M45	Ireland	1:05.58

## T91 W40 400m - 2024-02-18

### W40

Position	Name	Age	Team	Performance
1	Samantha Williams	W40	Southern Counties Veterans AC	1:04.03
2	Gemma Knight	W40	Midland Masters AC	1:04.40

3	Jennifer Beattie	W40	Scottish Veteran Harriers Club	1:06.87
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## T92 M40 400m - 2024-02-18

### M40

Position	Name	Age	Team	Performance
1	Steven Tester	M40	Veterans AC	52.85
2	Dave Awde	M40	Southern Counties Veterans AC	53.00
3	Sean Reidy	M40	Eastern Masters AC	54.54
4	Michael Omakobia	M40	Southern Counties Veterans AC	56.31
5	Akerele Phillips	M40	Thurrock Harriers	56.73
6	Nigel Gorvett	M40	North East Masters AA	56.78
7	Alan Lee	M40	Veterans AC	59.40
8	Rory Macfarlane	M40	Kingston AC and Poly Harriers	1:00.96
9	John Bowden	M40	Midland Masters AC	1:05.94

## T93 W35 400m - 2024-02-18

### W35

Position	Name	Age	Team	Performance
1	Katie Eckersley	W35	Northern Masters AC	1:00.42
2	Katherine Spencer	W35	Midland Masters AC	1:05.36
3	Lucy Hendry	W35	Radley Athletic Club	1:09.22

## T94 M35 400m - 2024-02-18

### M35

Position	Name	Age	Team	Performance
1	Dale Willis	M35	South West Veterans AC	50.66
2	David Mould	M35	Bromsgrove and Redditch	51.07
3	Kaspars Kazemaks	M35	Woking Athletic Club	51.46
4	Ian Horlock	M35	Southern Counties Veterans AC	51.82
5	Alexander Thomas	M35	Veterans AC	54.34
6	Jonathan Hiorns	M35	Veterans AC	54.68
7	Anthony Liddle	M35	North East Masters AA	56.67
8	Kristian Williams	M35	Alchester Running Club	58.58