

Gender M
Age Group V55
Event Code 3x4828
Place

Team Code	Bib	Team Name	Time	Splits	Runners
1 SPWAT	119	Southport Waterloo	51:16	16:40.00 16:43.00 17:53.00	Francois Rafferty (M55) David Hamilton (M55) Rob McGrath (M60)
2 AFD	101	Aldershot Farnham	52:02	18:04.00 17:45.00 16:13.00	Koji Miyazaki (M60) Darren Atkins (M55) Mark Symes (M55)
3 BRIW	103	Bristol and West A	53:08	18:44.00 17:31.00 16:53.00	Matthew Robinson (M55) Philip Parry (M60)
4 READR	116	Reading Roadrunners	53:18	18:01.00 17:35.00 17:42.00	Alex Harris (M55) Pete Jewell (M60) David Parton (M55)
5 OXFC	113	Oxford City AC A	53:37	18:41.00 18:01.00 16:55.00	Chris Prince (M55) Julian Richardson (M55)
6 HALLH	108	Hallamshire Harriers	54:38	17:29.00 17:44.00 19:25.00	Darren King (M55) Mike Nolan (M55) Dean Furniss (M55)
7 ELSWH	107	Elswick Harriers A	55:28	17:52.00 18:44.00 18:52.00	Mark Turnbull (M55) Simon Allen (M60) Mike Russell (M55)
8 LEEDS	111	Leeds City Athletic	55:37	17:03.00 18:37.00 19:57.00	Martin Roscoe (M55) Greg Hull (M55) Philip Townsend (M60)
9 SOTON	118	Southampton Athletic	55:56	18:54.00 18:13.00 18:49.00	Andy Morgan-Lee (M55) Ian Harpur (M55)
10 VALER	123	Vale Royal AC A	56:07	19:10.00 18:55.00 18:02.00	Colin Price (M55) Richard Murray (M55) Gareth Williams (M55)
11 TONB	121	Tonbridge AC A	56:29	19:01.00 18:34.00 18:54.00	Mark Pitcairn-Knowles (M55) Philip Coleman (M60)
12 MANSH	112	Mansfield Harriers	57:10	20:10.00 19:04.00 17:56.00	Geoff Bottomore (M60) Paul Whittingham (M55)
13 STEEL	120	Steel City Striders	57:33	19:04.00 20:03.00 18:26.00	Jed Turner (M60) Mark Baines (M60) Chris Ireland (M60)
14 CROUP	104	Les Croupiers RC	57:39	18:47.00 20:13.00 18:39.00	Colin Williams (M55) Jeremy Thomas (M60) Phil Hodge (M60)

					18:38.00	Gary Atkins (M55)
					19:46.00	Steve Walker (M55)
					19:19.00	Antonio Pecoraro (M60)
15	HAVE	109	Havering AC A	57:43		
					18:37.00	Simon Nash (M55)
					18:52.00	Paul Newton (M55)
					20:54.00	Clive Greyson (M55)
16	RDHRR	115	Redhill Road Runr	58:23		
					20:03.00	Christopher Mooney (M55)
					19:24.00	Dave Knighton (M60)
					19:31.00	
17	PNVAC	114	Peterborough & N	58:58		
					18:03.00	Shaun Chambers (M55)
					23:09.00	Mark Seed (M55)
					21:12.00	Trevor Rayner (M60)
18	SALFH	117	Salford Harriers &	1:02:24		
					20:12.00	Dale Webb (M55)
					20:26.00	Martin Hamm (M65)
					22:22.00	Graham Bath (M65)
19	YASS	122	Yate & Sodbury St	1:03:00		
					19:49.00	Jeff Cox (M60)
					23:35.00	Mick Tabor (M70)
					23:07.00	Alan Mason (M60)
20	CROUP	105	Les Croupiers RC	1:06:31		
					21:56.00	Ross Starkey (M55)
					25:49.00	Mark Cannon (M60)
					23:46.00	Colin Adams (M55)
21	DATCH	106	Datchet Dashers /	1:11:31		

Gender
Age Group
Event Code
Place

M

V65

3x4828

Team Code	Bib	Team Name	Time
1 SLH	217	South London Har	57:21
2 CAMBL	204	Cambuslang Harri	58:08
3 WARRA	218	Warrington Athleti	1:00:14
4 SHFR	216	Sheffield RC A	1:00:55
5 OXFC	214	Oxford City AC A	1:03:47
6 CROUP	206	Les Croupiers RC	1:03:53
7 CHARN	205	Charnwood Athleti	1:04:42

Splits**Runners**

18:17.00	David Ogden (M65)
19:14.00	Matt Darville (M65)
19:50.00	John Foss (M65)
20:26.00	Frankie Barton (M65)
18:53.00	Paul Thompson (M65)
18:49.00	Colin Feechan (M65)
19:49.00	Dave Watson (M65)
19:56.00	Stanley Ogden (M65)
20:29.00	David Gill (M65)
20:27.00	Robert Pearson (M65)
20:30.00	Gary Podmore (M65)
19:58.00	Chris Smith (M65)
21:09.00	Bryan Vaughan (M70)
19:57.00	Brian Green (M65)
22:41.00	John Exley (M75)
21:29.00	David Walker (M65)
21:49.00	Robert Evans (M70)
20:35.00	David Cundy (M70)
20:20.00	Paul Whelpton (M70)
21:44.00	Mark Whitmore (M65)
22:38.00	Steve Hillman (M65)

				20:41.00	Ron Cattle (M70)
				22:43.00	Martin Ludford (M65)
				21:47.00	Harry Fowler (M65)
8	BRAT	202	Birmingham Runn	1:05:11	
				19:50.00	Robin Smith (M65)
				20:04.00	Chris Higgs (M65)
				26:38.00	Michael Hill (M70)
9	DATCH	208	Datchet Dashers A	1:06:32	
				20:09.00	Malcolm Rose (M70)
				23:22.00	David Hicken (M65)
				24:54.00	Kevin Loftus (M65)
10	NDERB	212	North Derbyshire F	1:08:25	
				24:04.00	Andrew Unitt (M65)
				23:01.00	Paul Leaney (M65)
				21:48.00	Nigel Hillier (M65)
11	BARWR	201	Barrow Runners A	1:08:53	
				23:40.00	Bernie Hutchinson (M65)
				24:37.00	
				23:03.00	John Barron (M65)
12	KEN	211	Kent AC A	1:11:20	
				21:55.00	Noel Henderson (M65)
				23:46.00	Peter Davis (M70)
				26:55.00	Clive Owen (M65)
13	NWRKS	213	Newark Striders R	1:12:36	
				22:36.00	Andrew Sargent (M70)
				24:40.00	David Sansom (M65)
				27:06.00	John Burnham (M70)
14	BRAT	203	Birmingham Runn	1:14:22	
				21:55.00	Ray Poynter (M65)
				26:21.00	Michael Horn (M75)
				26:51.00	Martyn Newton (M65)
15	RDHRR	215	Redhill Road Runr	1:15:07	
				23:46.00	Benjamin Tromans (M70)
				25:22.00	
				28:08.00	Paul Allen (M75)
16	HALES	210	Halesowen Athleti	1:17:16	
				26:05.00	Dennis Bonnie (M70)
				31:03.00	Robert Nutter (M70)
				29:41.00	Mark Olney (M65)
17	DATCH	209	Datchet Dashers E	1:26:49	
					Elio Lepore (M70)
					Mick McGeoch (M65)
					Michael Davies (M70)
	CROUP	207	Les Croupiers RC	DQ	

Gender
Age Group
Event Code
Place

F
V55
3x4828

Team Code	Bib	Team Name	Time	Splits	Runners
				19:29	Clare Jolliffe (W55)
				19:32	Sarah Everitt (W55)
				21:40	Louise Cronin (W55)
1	BRIW	301	Bristol and West A	1:00:42.00	
				21:17	Tracey Horne (W55)
				23:04	Theresa White (W55)
				18:04	Maria Heslop (W55)
2	TONB	304	Tonbridge AC A	1:02:25.00	
				19:56	Debbie Broad (W55)
				25:10	Caroline Buckley (W55)
				20:46	Helen Smith (W55)
3	VALER	306	Vale Royal AC A	1:05:54.00	

					22:35	Mandy Taylor (W60)
					23:34	Karen Clark (W60)
					21:41	Kate Scott (W60)
4	STEEL	303	Steel City Striders	1:07:52.00		
					22:13	Ann Chandler (W55)
					26:53	Bella Shah (W55)
					37:17	Angie Hannigan (W55)
5	DATCH	302	Datchet Dashers	1:26:24.00		
					29:40	Sandra Webb (W55)
	YASS	305	Yate & Sodbury Striders A			

Gender F
Age Group V65
Event Code 3x4828
Place

Team Code	Bib	Team Name	Time	Splits	Runners
				22:54.00	Mary Derrick (W65)
				22:25.00	Marian Grace (W65)
				24:22.00	Caroline Lavis (W75)
1	YASS	406	Yate & Sodbury St	1:09:41	
				23:55.00	Felicity Russell (W65)
				26:41.00	Eithne Noonan (W65)
				23:22.00	Anne Dockery (W75)
2	WESTH	405	Westbury Harriers	1:13:58	
				22:49.00	Yvonne Olney (W65)
				27:43.00	Linda Curbison (W65)
				24:07.00	Janet Binns (W65)
3	DATCH	402	Datchet Dashers	1:14:39	
				25:33.00	Carol Beattie (W70)
				27:08.00	Nicole Nield (W70)
				23:28.00	Louise Rowley (W70)
4	STEEL	404	Steel City Striders	1:16:09	
				26:50.00	Vanessa Israel (W65)
				27:50.00	Lorna Massey (W65)
				27:21.00	Sylvia Crump (W70)
5	YASS	407	Yate & Sodbury St	1:22:01	
				25:55.00	Wendy Sargeant (W65)
				31:47.00	Helen Hirst (W70)
				27:16.00	Anne Kelsall (W65)
6	ALDRC	401	Aldridge Running	1:24:58	

Gender F
Age Group V75
Event Code 3x4828
Place

Team Code	Bib	Team Name	Time	Splits	Runners
				30:17.00	Yock Lin Richardson
				30:12.00	(W75)
				28:06.00	Sarah Marzaioli (W75)
1	HRU	403	Hastings Runners	1:28:35	

Gender M
Age Group V35
Event Code 6x4828
Place

Team Code	Bib	Team Name	Time	Splits	Runners
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			15:00	(M35)
			14:56	Jonathan Thewlis (M35)
			15:41	David Awde (M35)
			15:22	Robert Stewart (M35)
			15:34	Owain Jones (M40)
			14:40	Ben Robinson (M35)
1	BRIW	506 Bristol and West A	1:31:13.00	
			15:35	Nathan Chapman (M35)
			16:02	(M35)
			15:26	Daniel Bradley (M35)
			15:31	Jay Smith (M40)
			14:25	Ben Cole (M35)
			16:23	Neil McClements (M40)
2	TONB	518 Tonbridge AC A	1:33:22.00	
			14:59	Bruno Lima (M40)
			16:08	Paul Bannister (M35)
			15:45	Joe Bailey (M35)
			15:06	Karl Darcy (M40)
			16:14	David Rigby (M35)
			16:17	Matthew Latham (M35)
3	SALFH	514 Salford Harriers &	1:34:29.00	
			15:36	Daniel Robinson (M40)
			15:53	Steven Dunsby (M40)
			16:12	Steve Turner (M35)
			15:26	Jonathan Carter (M40)
			16:10	Mark Ince (M45)
			15:29	Adam Hill (M40)
4	BRAT	504 Birmingham Runn	1:34:46.00	
			16:01	Tom Holden (M40)
			16:30	Gary Whitehouse (M50)
			16:17	Robert Meredith (M35)
			16:14	Darren Perry (M40)
			16:37	Martin Williams (M45)
			15:53	Ben Gamble (M40)
5	TIPTH	517 Tipton Harriers A	1:37:32.00	
			16:14	James Quinlan (M35)
			15:53	Hamish Maclean (M40)
			15:58	Daniel Quinlan (M35)
			17:09	Dan Acheson (M40)
			17:06	Mike Boucher (M40)
			15:38	Richard Lovejoy (M35)
6	AFD	501 Aldershot Farnhan	1:37:58.00	
			15:04	Jon Hart (M40)
			15:43	Phil Nicholls (M40)
			17:07	Gary Worrall (M45)
			16:26	Luke Maskew (M35)
			16:33	Tom Isherwood (M40)
			18:00	James Wright (M40)
7	WOLVB	520 Wolverhampton &	1:38:53.00	
			15:52	Courtenay Chessell (M40)
			17:49	(M40)
			19:13	Tom Hunton (M40)
			17:09	Michael Passmore (M40)
			16:55	(M40)
			16:03	Chris Reade (M35)
8	SWINH	521 Swindon Harriers	1:43:01.00	

				15:42	Tom Marshall (M35)
				16:52	Chris Harrison (M40)
				18:44	Jason Perry (M40)
				18:44	Adrian Dix (M50)
				18:19	Daniel Williams (M40)
				17:00	David Robinson (M40)
9	NWRKA	512	Newark AC A	1:45:21.00	
				16:42	(M40)
				16:47	Chris Jordan (M40)
				17:31	Matthew Kinsella (M40)
				18:30	Paul Smith (M45)
				17:54	Garry Hodgkins (M50)
				18:07	Matt Collins (M35)
10	NUNH	511	Nuneaton Harriers	1:45:31.00	
				16:57	Arwel Evans (M35)
				17:09	Craig Blake (M35)
				20:52	Marcus Meyrick (M50)
				18:40	Gareth Logan (M35)
				18:58	Matt Hopkins (M40)
				15:55	Phil Hambleton (M35)
11	CROUP	507	Les Croupiers RC	1:48:31.00	
				17:33	Leigh Stubbs (M40)
				18:31	Mark Davis (M40)
				18:38	Mark Garratt (M40)
				19:30	Lee Scott (M40)
				18:36	Martin Lee (M35)
				20:07	Simon Holmes (M40)
12	RDHRR	513	Redhill Road Runr	1:52:55.00	
				17:22	Robert Bishop (M35)
				22:53	Mark Cooper (M40)
				18:01	Thomas Topham (M35)
				17:25	James Furniss (M40)
				19:40	Jason Redfern (M35)
				22:08	Derry French (M40)
13	NDERB	509	North Derbyshire F	1:57:29.00	
				20:49	Adam Bailey (M40)
				17:58	Kevin Kenward (M40)
				23:12	Richard Leaper (M40)
				19:58	Simeon Whiting (M45)
				23:13	James Pollard (M45)
				21:47	James Evans (M40)
14	BORNV	503	Bournville Harriers	2:06:57.00	
				20:33	Mark Jennings (M35)
				21:39	Tim Hughes (M45)
				21:26	Robert Richardson
				22:15	(M50)
				20:56	Malc Copeland (M45)
				21:37	Spencer Davies (M50)
15	NOBRK	510	Northbrook Athleti	2:08:26.00	
				18:20	David Hudson (M45)
				18:17	Paul Creighton (M45)
				19:34	Gary Priestley (M35)
				23:51	Jonathan Sacks (M45)
				27:18	Gary Thomason (M65)
				26:42	Thomas Temple (M70)
16	SALFH	515	Salford Harriers &	2:14:02.00	

16:29 (M35)
17:31 Abayomi Adedimeji
16:37 (M40)
20:14 Steven Hill (M45)

BRAT 505 Birmingham Runn DNF

15:37 Jeff Prest (M50)
17:24 Dan Atkinson (M40)
18:35 Jacob Fletcher (M35)
19:50 Alastair Knockton (M55)

TRAFF 519 Trafford Athletic C DNF

Gender M
Age Group V45
Event Code 4x4828
Place

Team Code	Bib	Team Name	Time	Splits	Runners
1 MANSH	617	Mansfield Harriers	1:05:07.00	15:30 17:16 16:38 15:42	Dan Nugent (M45) Dave Savage (M45) David Cass (M50) Jan Bailey (M45)
2 LEEDS	614	Leeds City Athletic	1:05:39.00	15:48 16:22 17:03 16:24	Jonathan Walton (M50) Mike Burrett (M45) Alan Buckley (M45) Simon Deakin (M45)
3 SALFH	621	Salford Harriers &	1:06:12.00	16:05 16:33 16:32 17:00	Anthony Taylor (M45) Billy McCartney (M45) Sean Warburton (M45) Mark Collier (M50)
4 PNVAC	619	Peterborough & N	1:07:02.00	16:02 18:13 16:27 16:19	Simon Fell (M45) James Skinner (M45) Kirk Brawn (M45) Daniel Lewis (M45)
5 AXEVR	602	Axe Valley Runner	1:07:03.00	17:04 17:08 16:50 16:00	Duncan Staddon (M45) Matthew Hewer (M45) Ryan Snell (M45) Matthew Clist (M45)
6 AFD	601	Aldershot Farnhan	1:07:49.00	17:09 16:53 17:23 16:22	Darren Bradley (M50) Richard Guy Smith (M45) Simon Cooper (M50)
7 HALES	611	Halesowen Athleti	1:08:51.00	16:45 17:00 17:07 17:58	Andrew Yapp (M45) Marc Turner (M50) Nick Hazelwood (M45) David Lewis (M55)
8 BRAT	603	Birmingham Runn	1:08:55.00	17:10 18:27 16:52 16:25	Matt Gresty (M50) Athanasios Tsolakis (M45) Alex Parker (M45)

				16:59	Jason Lendon (M45)
				17:15	Will Kirk (M45)
				17:22	Robert Trevor (M45)
				17:52	Ian Anthony (M45)
9	HAVE	612	Havering AC A	1:09:30.00	
				16:33	Rob Foster (M45)
				18:38	Paul Woolley (M50)
				18:19	James Lally (M45)
				17:24	Simon Black (M45)
10	DATCH	607	Datchet Dashers F	1:10:57.00	
				16:37	Matthew Hurford (M50)
				19:11	Lenny Sayers (M45)
				17:27	James Vassallo (M50)
				17:42	Paul Francis (M50)
11	CROUP	605	Les Croupiers RC	1:10:59.00	
				17:02	John Sanderson (M45)
				18:01	Andrew Todd (M45)
				18:15	Shaun Goodwin (M55)
				18:18	Wayne Church (M45)
12	NDERB	618	North Derbyshire F	1:11:39.00	
				17:16	Duncan Burbidge (M50)
				19:08	Barnaby Foot (M50)
				20:06	Mark Watson (M50)
				18:08	Chris Beecham (M55)
13	HIGH	613	Highgate Harriers	1:14:39.00	
				16:43	Emlyn Hughes (M45)
				18:32	Greg Warder (M50)
				20:04	Peter Costley (M55)
				19:24	Matthew Crocker (M50)
14	SOTON	622	Southampton Athl	1:14:44.00	
				18:51	Nathan Smith (M45)
				18:39	Oliver Kirkland (M50)
				19:19	Andy Piddington (M50)
				17:58	Sean Rose (M50)
15	BRAT	604	Birmingham Runn	1:14:48.00	
				18:11	Inaki Castro Amo (M45)
				18:21	Chris Other (M50)
				19:42	Peter Totays (M50)
				18:58	David Jessopp (M50)
16	DATCH	608	Datchet Dashers E	1:15:14.00	
				20:03	Richard Diggins (M45)
				20:07	James Lowrie (M50)
				21:44	Sacha Brech (M50)
				19:41	Andrew Irvin (M55)
17	DATCH	609	Datchet Dashers C	1:21:37.00	
				19:55	(M50)
				22:26	Adam Guy (M45)
				20:36	Dave Norman (M50)
				22:02	Robert Edwards (M55)
18	WOLVB	623	Wolverhampton &	1:25:01.00	
				19:18	Wayne Stott (M50)
				21:50	Phil James (M55)
				22:28	Martin Thornley (M45)
				25:18	Andrew Bee (M60)
19	RDHRR	620	Redhill Road Runr	1:28:56.00	
				22:30	Guy Grewal (M50)
				25:56	Graham Hill (M45)
				24:58	Craig Sherratt (M50)
				22:21	Daniel Crow (M45)
20	DATCH	610	Datchet Dashers I	1:35:47.00	

17:58 Matthew Lynas (M55)
19:51 Gareth Stockdale (M50)
20:16 Ray O'Keefe (M55)
Mark Walker (M45)

MACFH 616 Macclesfield Harriers & AC A

Gender F
Age Group V35
Event Code 4x4828
Place

Place	Team Code	Bib	Team Name	Time	Splits	Runners
					19:23.00	Lisa Faunch (W35)
					18:48.00	Ruth Wallace (W40)
					18:31.00	Lucy Wright (W35)
					17:35.00	Hannah Pullen (W35)
1	AFD	701	Aldershot Farnham	1:14:17		
					18:51.00	Laura Jones (W40)
					19:58.00	Leah Stephens (W40)
					20:46.00	Michelle Taylor (W35)
					17:23.00	Louise Flynn (W40)
2	CROUP	702	Les Croupiers RC	1:16:58		
					18:15.00	Emma Brown (W35)
					19:04.00	Helen Pape (W35)
					21:25.00	Emma McAuley (W35)
					20:41.00	Saya Sheridan (W50)
3	RUTRT	708	Rutland Running &	1:19:25		
					18:08.00	(W40)
					19:56.00	Lisa Kendrick (W40)
					23:40.00	Kate Williams (W40)
					26:01.00	Rachel Lane (W40)
4	TIPTH	709	Tipton Harriers A	1:27:45		
					19:07.00	Emma McKechnie
					21:24.00	(W40)
					20:46.00	Catherine Foster (W40)
					28:59.00	Samantha Meen (W35)
5	DATCH	703	Datchet Dashers	1:30:16		
					21:37.00	Mandy Curtis (W40)
					25:10.00	Allison Preece (W45)
					23:02.00	Cindy Woodhead
					21:11.00	(W55)
6	NDERB	706	North Derbyshire F	1:31:00		
					21:23.00	Cristina Dinescu (W40)
					22:21.00	Sarah Bradbury (W35)
					24:17.00	Natasha Speight (W35)
					26:00.00	Gemma Bacon (W40)
7	MANSH	705	Mansfield Harriers	1:34:01		
					20:51.00	Chloe Baxter (W35)
					22:32.00	Joanne Coleman (W35)
					25:31.00	Debra Mayhew (W55)
					27:34.00	Joanne Stocks (W45)
8	RDHRR	707	Redhill Road Runr	1:36:28		

Gender F
Age Group V45
Event Code 3x4828
Place

Place	Team Code	Bib	Team Name	Time	Splits	Runners
					18:45.00	Hazel Bough (W45)
					19:48.00	Felicity Smith (W45)
					17:32.00	Justina Heslop (W45)
1	ELSWH	806	Elswick Harriers A	56:05		

			20:06.00	Amy Kerr (W50)
			20:54.00	Louise Apsey (W45)
			20:21.00	Hazel O'Connell (W45)
2	AFD	801 Aldershot Farnhan	1:01:21	
			19:36.00	Kristy Gill (W45)
			20:45.00	Sue Stockdale (W50)
			22:44.00	SallyAnn Hales (W60)
3	MACFH	807 Macclesfield Harri	1:03:05	
			21:10.00	Louise Rowley (W45)
			21:17.00	Samantha Brown (W50)
			22:16.00	Nicola Hubbard (W45)
4	MANSH	808 Mansfield Harriers	1:04:43	
			23:26.00	Claire Bruce (W45)
			22:31.00	Paula Allen (W45)
			20:29.00	Susan Bowes (W45)
5	CROUP	803 Les Croupiers RC	1:06:26	
			21:34.00	Nadia Whittaker (W50)
			24:58.00	Georgina Bristow (W45)
			20:05.00	Victoria Carter (W50)
6	TVH	811 Thames Valley Ha	1:06:37	
			22:23.00	Michelle Butler (W50)
			23:01.00	Sarah Simpson (W50)
			22:11.00	Vivienne Craven (W45)
7	RDHRR	810 Redhill Road Runr	1:07:35	
			23:01.00	(W50)
			25:39.00	Claire Croll (W45)
			24:00.00	Sharon Armitage (W50)
8	MANSH	809 Mansfield Harriers	1:12:40	
			21:51.00	Haps Grewal (W45)
			29:04.00	Helen Jones-Totays
			23:02.00	(W50)
9	DATCH	805 Datchet Dashers E	1:13:57	