

British Masters Throws Pentathlon, 10,000m & 1 Mile Champs & Open Events - - Oxford24 May 2025

Address: Horspath Athletics Stadium
Date of event: 2025-05-24
Organiser: BMAF Services Limited
Contact Name: BMAF Support
Contact Email: bmaf@opentrack.run
Competition Type: TRACK

Results by Category

This report only shows finishers (excludes DNF, DNS and DQ)

PEN1 Pentathlon - M35-50 - 2025-05-24

Category: M35

Place	Total	Bib	Name	Category	Team	HT	SP	DT	JT	WT
9	2245	7	Glen Paxman	M35	EMAC	448 34.43	504 9.85	426 28.06	414 36.48	453 10.02
13	1869	1	Mark Andrews	M35	VAC	313 26.11	404 8.26	433 28.42	346 31.92	373 8.58
15	1668	5	Tony Hooker	M35	SCVAC	270 23.41	423 8.56	371 25.22	368 33.38	236 6.08

Category: M40

Place	Total	Bib	Name	Category	Team	HT	SP	DT	JT	WT
4	3015	19	David Mckay	M40	NMAC	609 42.20	654 11.49	471 29.76	636 47.40	645 12.58
5	2850	10	Roger Bate	M40	NMAC	650 44.53	589 10.53	560 34.21	423 34.49	628 12.30
16	1498	11	John Bowden	M40	MMAC	312 24.81	391 7.56	327 22.50	197 20.17	271 6.31
18	1317	14	Kieran Golding	M40	WMAL	164 15.87	303 6.23	303 21.24	351 30.00	196 5.01

Category: M45

Place	Total	Bib	Name	Category	Team	HT	SP	DT	JT	WT
10	1998	29	Ray Mckenna	M45	MMAC	301 22.67	602 10.05	448 26.88	263 22.66	384 7.69
17	1422	34	Kulwinder Singh	M45	HILL	303 22.76	430 7.65	323 20.93	143 15.36	223 5.13
19	1258	27	Philip Hayton	M45	NMAC	189 16.32	367 6.76	236 16.62	252 21.99	214 4.98

Category: M50

Place	Total	Bib	Name	Category	Team	HT	SP	DT	JT	WT
1	3311	41	Graham Holder	M50	WMAL	825 52.50	662 11.19	613 37.16	330 26.16	881 17.58
2	3231	35	Simon Achurch	M50	EMAC	649 42.77	747 12.39	628 37.93	595 41.00	612 12.87
3	3092	39	Paul Derrien	M50	SCVAC	627 41.56	643 10.91	662 39.59	459 33.49	701 14.45
6	2668	38	Damon Cripps	M50	MMAC	584 39.17	611 10.45	576 35.33	244 21.18	653 13.60
7	2588	37	Steve Burke	M50	EMAC	577 38.78	530 9.29	500 31.57	400 30.15	581 12.33

8	2467	44	Christopher Kent	M50	EMAC	393 28.44	648 10.98	422 27.62	469 34.02	535 11.50
11	1989	43	Wayne Jones	M50	MMAC	374 27.36	465 8.37	317 22.20	477 34.52	356 8.29
12	1887	46	Ian McPhail	M50	NMAC	279 21.95	508 8.98	342 23.50	336 26.50	422 9.49
14	1760	51	Ash Spencer	M50	VAC	320 24.28	479 8.57	324 22.58	235 20.65	402 9.14

PEN2 Pentathlon - M65+ - 2025-05-24

Category: M65

Place	Total	Bib	Name	Category	Team	HT	SP	DT	JT	WT
1	3751	118	Kevin Murch	M65	MMAC	686 38.02	782 11.18	643 36.78	861 44.90	779 14.53
2	3291	107	Nick Barton	M65	VAC	639 35.81	730 10.53	665 37.80	531 30.38	726 13.68
4	3071	105	Ray Bacon	M65	MMAC	760 41.49	572 8.59	561 32.94	379 23.46	799 14.85
13	1926	110	Stephen Davis	M65	SWVAC	324 20.79	544 8.24	391 24.78	301 19.85	366 7.79

Category: M70

Place	Total	Bib	Name	Category	Team	HT	SP	DT	JT	WT
6	2893	139	Mark Wyndham-Jones	M70	WMAL	540 31.33	687 10.23	626 32.43	451 26.07	589 12.13
10	2271	135	Bunt Scott	M70	EMAC	391 24.18	555 8.56	473 25.91	396 23.65	456 9.82
12	2129	133	Graeme Packman	M70	EMAC	359 22.66	609 9.24	582 30.57	197 14.54	382 8.52

Category: M75

Place	Total	Bib	Name	Category	Team	HT	SP	DT	JT	WT
3	3092	150	Geoffrey Tyler	M75	CHELM	520 26.97	772 10.23	754 33.61	498 24.71	548 10.43
7	2492	147	Neil Griffin	M75	SCVAC	542 27.93	573 7.96	546 25.83	292 16.62	539 10.29
9	2399	148	Peter Hawney	M75	WMAL	484 25.46	684 9.23	499 24.05	303 17.06	429 8.54
11	2208	143	Brian Bowley	M75	MMAC	374 20.77	552 7.72	386 19.67	515 25.37	381 7.77
14	1899	144	Robert Bridges	M75	SCVAC	531 27.45	466 6.73	307 16.57	139 10.36	456 8.98

Category: M80

Place	Total	Bib	Name	Category	Team	HT	SP	DT	JT	WT
8	2456	151	Ian Bowles	M80	WMAL	500 26.31	604 8.62	538 22.32	235 13.82	579 11.63
15	1537	154	David Kuester	M80	MMAC	508 26.66	495 7.32	325 15.09	209 12.76	NM

Category: M90

Place	Total	Bib	Name	Category	Team	HT	SP	DT	JT	WT
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5	2981	157	Warwick Dixon	M90	DARTF	554 20.14	627 6.87	704 19.66	460 15.28	636 9.32
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PEN3 Pentathlon - W55+ - 2025-05-24

Category: W55

Place	Total	Bib	Name	Category	Team	HT	SP	DT	JT	WT
12	1994	192	Wendy Valentine	W55	NMAC	485 26.35	442 7.02	404 18.80	215 11.36	448 8.37
13	1949	186	Julie Driscoll	W55	WMAL	481 26.18	384 6.29	406 18.87	240 12.33	438 8.22
15	1722	193	Ann Virgo	W55	MMAC	148 11.05	477 7.45	220 11.70	494 21.96	383 7.38
16	1691	187	Jennifer Eglinton	W55	WATFH	364 20.94	377 6.21	232 12.21	341 16.18	377 7.29
20	754	191	Lesley Richardson	W55	WMAL	231 14.90	523 8.02	NM	NM	NM

Category: W60

Place	Total	Bib	Name	Category	Team	HT	SP	DT	JT	WT
1	3401	196	Ruth Bird	W60	MMAC	783 35.40	710 9.42	585 22.95	536 21.07	787 14.52
5	2581	200	Susan Jones	W60	SVHC	660 30.60	555 7.68	396 16.67	370 15.48	600 11.52
6	2526	202	Sally Vine	W60	SCVAC	454 22.40	605 8.24	463 18.92	478 19.12	526 10.31
8	2207	195	Lynn Baker	W60	NMAC	443 21.98	465 6.66	493 19.92	377 15.72	429 8.71
10	2111	198	Gaye Clarke	W60	EMAC	549 26.20	495 7.01	307 13.62	274 12.21	486 9.66
18	1369	201	Janet Smith	W60	SCVAC	753 34.22	616 8.37	NM	NM	NM

Category: W65

Place	Total	Bib	Name	Category	Team	HT	SP	DT	JT	WT
2	3242	211	Deborah Murch	W65	MMAC	705 28.85	726 8.69	591 20.71	531 18.59	689 11.66
3	2718	205	Hazel Barker	W65	NMAC	553 23.49	632 7.74	624 21.69	395 14.54	514 9.11
9	2178	209	Sandra Ingham	W65	EMAC	308 14.72	527 6.67	416 15.52	610 20.93	317 6.18
11	2019	208	Pat Higgins	W65	MMAC	514 22.13	397 5.33	308 12.23	345 13.03	455 8.24
19	1316	207	Lesley Bowley	W65	MMAC	289 14.05	324 4.57	266 10.90	196 8.46	241 5.03

Category: W70

Place	Total	Bib	Name	Category	Team	HT	SP	DT	JT	WT
7	2240	216	Barbara Macanas	W70	HHH	520 19.73	462 5.39	474 15.31	319 10.82	465 7.48
14	1906	214	Sue Dassie	W70	EE	403 16.04	477 5.53	423 13.97	256 9.11	347 5.91
17	1529	217	Catherine Scott	W70	BARN	354 14.48	405 4.87	310 10.89	146 6.10	314 5.48

Category: W80

Place	Total	Bib	Name	Category	Team	HT	SP	DT	JT	WT
4	2667	219	Liz Sissons	W80	VAC	522 19.50	717 7.37	585 16.00	316 9.11	527 7.63

PEN4 Pentathlon - W35-50 - 2025-05-24

Category: W35

Place	Total	Bib	Name	Category	Team	HT	SP	DT	JT	WT
5	2766	159	Catherine Holdsworth	W35	SWVAC	619 41.37	690 11.99	590 36.68	410 25.86	457 10.38
8	2429	163	Suzanna Wise	W35	SCVAC	599 40.25	493 9.11	446 29.12	274 18.77	617 13.34
11	1979	161	Charlotte Nicholls	W35	VAC	426 30.41	494 9.13	380 25.59	366 23.56	313 7.69
14	1561	162	Anneli Sydenham	W35	VAC	376 27.55	310 6.38	280 20.13	175 13.49	420 9.70

Category: W40

Place	Total	Bib	Name	Category	Team	HT	SP	DT	JT	WT
3	2882	164	Jemma Bate	W40	NMAC	687 41.13	618 10.16	584 33.88	355 20.84	638 12.71
4	2772	220	Joanne John	W40	ESM	797 46.72	494 8.48	475 28.58	347 20.47	659 13.06
10	2110	166	Natalie Mann	W40	VAC	509 32.00	474 8.20	384 24.06	346 20.41	397 8.58

Category: W45

Place	Total	Bib	Name	Category	Team	HT	SP	DT	JT	WT
1	3086	172	Eleanor Gatrell	W45	SCVAC	638 35.09	843 12.22	574 30.47	352 18.72	679 12.36
6	2628	169	Kerrie Buckley	W45	NMAC	540 30.50	694 10.37	475 26.04	385 20.11	534 10.09
15	1344	176	Lea Short	W45	SWVAC	358 21.93	329 5.73	190 12.79	193 11.85	274 5.93
16	0	174	Claire Reid	W45	SVHC	NM	NM	NM	NM	NM

Category: W50

Place	Total	Bib	Name	Category	Team	HT	SP	DT	JT	WT
2	3075	185	Paula Williams	W50	MMAC	455 27.73	827 12.79	480 23.89	688 32.46	625 12.09
7	2603	181	Sarah McGrath	W50	EMAC	498 29.85	648 10.42	451 22.72	391 20.14	615 11.93
9	2170	183	Nina Ridge	W50	VAC	425 26.24	571 9.39	466 23.33	318 17.05	390 8.19
12	1801	179	Sharon Hutchings	W50	WMAL	329 21.44	536 8.92	343 18.22	253 14.29	340 7.36
13	1735	180	Nicola Long	W50	MMAC	520 30.94	388 6.91	286 15.82	217 12.73	324 7.08

PEN5 Pentathlon - M55-60 - 2025-05-24

Category: M55

Place	Total	Bib	Name	Category	Team	HT	SP	DT	JT	WT
1	3431	63	Darren Kerr	M55	EMAC	797 47.20	720 11.17	596 33.68	476 31.53	842 15.76
2	3326	71	John Twiddle	M55	NMAC	667 40.53	830 12.61	684 37.69	388 26.98	757 14.37
5	2699	60	Peter Evans	M55	VAC	430 28.32	636 10.06	632 35.30	426 28.96	575 11.38
6	2528	65	Mark Lodge	M55	SWVAC	343 23.73	693 10.81	522 30.25	596 37.62	374 8.03
12	1661	55	Paul Bradley	M55	EMAC	305 21.72	504 8.30	349 22.13	158 14.70	345 7.54
14	0	58	Gareth Cook	M55	EMAC	NM	NM	NM	NM	NM
15	0	56	Steve Broadley	M55	RAD	NM	NM	NM	NM	NM

Category: M60

Place	Total	Bib	Name	Category	Team	HT	SP	DT	JT	WT
3	3163	90	Steve Pomeroy	M60	MMAC	661 40.52	668 10.62	600 38.13	489 31.63	745 15.08
4	2749	73	Kevin Baker	M60	VAC	412 27.52	650 10.39	535 34.77	587 36.47	565 11.93
7	2493	100	Gwynn Wallace	M60	EMAC	397 26.76	612 9.87	512 33.60	574 35.86	398 8.97
8	2446	77	Robert Ellingham	M60	EMAC	636 39.20	496 8.31	454 30.54	238 18.74	622 12.92
9	2364	96	David Stokes	M60	WMAL	519 33.13	497 8.32	489 32.40	274 20.61	585 12.29
10	1885	80	Jim Gillespie	M60	xxIRL	363 24.93	513 8.53	380 26.60	195 16.46	434 9.62
11	1743	99	Nicholas Walker	M60	EMAC	422 28.03	483 8.13	426 29.04	412 27.75	NM
13	1537	92	Robin Shaw	M60	VAC	271 20.04	380 6.72	315 23.06	221 17.84	350 8.11

F01 Hammer - PEN M35-50 - 2025-05-24

M35

Position	Name	Age	Team	Performance
1	Glen Paxman	M35	Eastern Masters AC	34.43
2	Mark Andrews	M35	Veterans AC	26.11
3	Tony Hooker	M35	Southern Counties Veterans AC	23.41

M40

Position	Name	Age	Team	Performance
1	Roger Bate	M40	Northern Masters AC	44.53
2	David Mckay	M40	Northern Masters AC	42.20
3	John Bowden	M40	Midland Masters AC	24.81
4	Kieran Golding	M40	Welsh Masters Athletics Ltd	15.87

M45

Position	Name	Age	Team	Performance
1	Kulwinder Singh	M45	Hillingdon AC	22.76
2	Ray Mckenna	M45	Midland Masters AC	22.67
3	Philip Hayton	M45	Northern Masters AC	16.32

M50

Position	Name	Age	Team	Performance
1	Graham Holder	M50	Welsh Masters Athletics Ltd	52.50
2	Simon Achurch	M50	Eastern Masters AC	42.77
3	Paul Derrien	M50	Southern Counties Veterans AC	41.56
4	Damon Cripps	M50	Midland Masters AC	39.17
5	Steve Burke	M50	Eastern Masters AC	38.78
6	Christopher Kent	M50	Eastern Masters AC	28.44
7	Wayne Jones	M50	Midland Masters AC	27.36
8	Ash Spencer	M50	Veterans AC	24.28
9	Ian McPhail	M50	Northern Masters AC	21.95

F02 Hammer - PEN M65+ - 2025-05-24

M65

Position	Name	Age	Team	Performance
1	Ray Bacon	M65	Midland Masters AC	41.49
2	Kevin Murch	M65	Midland Masters AC	38.02
3	Nick Barton	M65	Veterans AC	35.81
4	Stephen Davis	M65	South West Veterans AC	20.79

M70

Position	Name	Age	Team	Performance
1	Mark Wyndham-Jones	M70	Welsh Masters Athletics Ltd	31.33
2	Bunt Scott	M70	Eastern Masters AC	24.18
3	Graeme Packman	M70	Eastern Masters AC	22.66

M75

Position	Name	Age	Team	Performance
1	Neil Griffin	M75	Southern Counties Veterans AC	27.93
2	Robert Bridges	M75	Southern Counties Veterans AC	27.45
3	Geoffrey Tyler	M75	Chelmsford AC	26.97
4	Peter Hawney	M75	Welsh Masters Athletics Ltd	25.46
5	Brian Bowley	M75	Midland Masters AC	20.77

M80

Position	Name	Age	Team	Performance
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1	David Kuester	M80	Midland Masters AC	26.66
2	Ian Bowles	M80	Welsh Masters Athletics Ltd	26.31

M90

Position	Name	Age	Team	Performance
1	Warwick Dixon	M90	Dartford Harriers AC	20.14

F03 Open Long Jump - 2025-05-24

M60

Position	Name	Age	Team	Performance
1	Richard Van Baaren	M60	Eastern Masters AC	4.50
2	Richard Emptage	M60	Southern Counties Veterans AC	4.23

M70

Position	Name	Age	Team	Performance
1	John Spriggs	M70	Eastern Masters AC	3.47

M75

Position	Name	Age	Team	Performance
1	John Charlton	M75	Northern Masters AC	3.55

W65

Position	Name	Age	Team	Performance
1	Jeanette Ashton	W65	Southern Counties Veterans AC	3.33

W70

Position	Name	Age	Team	Performance
1	Lyn Ahmet	W70	Southern Counties Veterans AC	2.48

T01 Mile - M70+ - 2025-05-24

M70

Position	Name	Age	Team	Performance
1	David Oxland	M70	Midland Masters AC	6:01.15
2	Peter Kennedy	M70	Veterans AC	6:33.68
3	Michael Quinn	M70	Northern Masters AC	6:50.23

M75

Position	Name	Age	Team	Performance
1	John Exley	M75	Southern Counties Veterans AC	6:45.73

M80

Position	Name	Age	Team	Performance
1	Peter Giles	M80	Veterans AC	6:55.22
2	Phil Brennan	M80	Midland Masters AC	8:08.65
3	Barrie Roberts	M80	Welsh Masters Athletics Ltd	9:38.80
4	Bill O'Connor	M80	Veterans AC	9:52.59

T02 Mile - W50+ - 2025-05-24

W50

Position	Name	Age	Team	Performance
1	Sarah Davies	W50	Southern Counties Veterans AC	5:33.48
2	Nikki Sturzaker	W50	Veterans AC	5:35.36
3	Ana Ramos-Villaverde	W50	Southern Counties Veterans AC	6:10.50

W55

Position	Name	Age	Team	Performance
1	Susan Francis	W55	Southern Counties Veterans AC	6:01.39

W70

Position	Name	Age	Team	Performance
1	Anna Garnier	W70	Veterans AC	6:38.98

W75

Position	Name	Age	Team	Performance
1	Sarah Roberts	W75	Southern Counties Veterans AC	6:40.32

T03 Mile - M55-65 - 2025-05-24

M55

Position	Name	Age	Team	Performance
1	Barry Gardner	M55	Halesowen ACC	5:19.77
2	Diego Prina	M55	St Mary's Richmond AC	5:47.20
3	Martin Murray	M55	South West Veterans AC	5:51.25

M60

Position	Name	Age	Team	Performance
1	John Knibb	M60	Midland Masters AC	5:16.97
2	Steve Corfield	M60	Veterans AC	5:20.85
3	David Williams	M60	Welsh Masters Athletics Ltd	5:21.49
4	Simon Leech	M60	White Horse Harriers AC	5:33.30
5	Andy Jordan	M60	Veterans AC	5:36.26
6	Paramjit Hans	M60	Midland Masters AC	6:47.39

M65

Position	Name	Age	Team	Performance
1	Richard Jenkin	M65	Veterans AC	5:55.91
2	Jeremy Musselwhite	M65	South West Veterans AC	5:59.97
3	Peter Baker	M65	Ware Joggers	6:07.47
4	Dave Watson	M65	Welsh Masters Athletics Ltd	6:19.92
5	Ian Wright	M65	South West Veterans AC	7:13.94

T04 Mile - W35-45 - 2025-05-24

W35

Position	Name	Age	Team	Performance
1	Sara Ellen	W35	Midland Masters AC	6:19.45

W40

Position	Name	Age	Team	Performance
1	Emma Raven	W40	Northern Masters AC	5:23.42
2	Rachel Vines	W40	CLC Striders	5:59.31

W45

Position	Name	Age	Team	Performance
1	Clare Norris	W45	Veterans AC	6:01.86
2	Kate Fitton	W45	Oxford City AC	6:11.61

T06 Mile - M45-50 - 2025-05-24

M45

Position	Name	Age	Team	Performance
1	Paul Howard	M45	Veterans AC	4:46.87
2	Les Newell	M45	Abingdon AC	4:50.47
3	Alexander Betts	M45	Veterans AC	4:55.29

M50

Position	Name	Age	Team	Performance
1	Mark Powell	M50	United Kingdom	5:13.92
2	Paul Stack	M50	Southern Counties Veterans AC	5:17.00
3	Chris Hurst	M50	Midland Masters AC	5:27.12

T05 Mile - M35-40 - 2025-05-24

M35

Position	Name	Age	Team	Performance
1	Thomas Doran	M35	Southampton AC	4:43.92
2	Jonathan Hiorns	M35	Veterans AC	4:44.01

M40

Position	Name	Age	Team	Performance
1	Dan Acheson	M40	Southern Counties Veterans AC	4:44.53
2	Jim Davies	M40	Southampton AC	4:45.15
3	Chris Ryans	M40	Epsom & Ewell Harriers	4:55.71
4	Waising Yip	M40	Midland Masters AC	5:27.96

T07 Mile Walk - 2025-05-24

M35

Position	Name	Age	Team	Performance
1	Marcin Wojtowicz	M35	Poland	8:47.30

M55

Position	Name	Age	Team	Performance
1	Martin Murray	M55	South West Veterans AC	13:44.34

M60

Position	Name	Age	Team	Performance
1	Martin Slevin	M60	Headington RR	11:00.03

M65

Position	Name	Age	Team	Performance
1	Ian Torode	M65	South West Veterans AC	11:01.96
2	Trevor Dixon	M65	Southern Counties Veterans AC	12:04.79

W35

Position	Name	Age	Team	Performance
1	Aleksandra Majewska-Ani	W35	Midland Masters AC	9:02.86

W50

Position	Name	Age	Team	Performance
1	Nicola Long	W50	Midland Masters AC	17:02.05

F04 Hammer - PEN W55+ - 2025-05-24

W55

Position	Name	Age	Team	Performance
1	Wendy Valentine	W55	Northern Masters AC	26.35
2	Julie Driscoll	W55	Welsh Masters Athletics Ltd	26.18
3	Jennifer Eglinton	W55	Watford Harriers	20.94
4	Lesley Richardson	W55	Welsh Masters Athletics Ltd	14.90

5	Ann Virgo	W55	Midland Masters AC	11.05
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W60

Position	Name	Age	Team	Performance
1	Ruth Bird	W60	Midland Masters AC	35.40
2	Janet Smith	W60	Southern Counties Veterans AC	34.22
3	Susan Jones	W60	Scottish Veteran Harriers Club	30.60
4	Gaye Clarke	W60	Eastern Masters AC	26.20
5	Sally Vine	W60	Southern Counties Veterans AC	22.40
6	Lynn Baker	W60	Northern Masters AC	21.98

W65

Position	Name	Age	Team	Performance
1	Deborah Murch	W65	Midland Masters AC	28.85
2	Hazel Barker	W65	Northern Masters AC	23.49
3	Pat Higgins	W65	Midland Masters AC	22.13
4	Sandra Ingham	W65	Eastern Masters AC	14.72
5	Lesley Bowley	W65	Midland Masters AC	14.05

W70

Position	Name	Age	Team	Performance
1	Barbara Macanas	W70	Herne Hill Harriers	19.73
2	Sue Dassie	W70	Epsom & Ewell Harriers	16.04
3	Catherine Scott	W70	Barnet & District AC	14.48

W80

Position	Name	Age	Team	Performance
1	Liz Sissons	W80	Veterans AC	19.50

F05 Hammer - PEN W35-50 - 2025-05-24

W35

Position	Name	Age	Team	Performance
1	Catherine Holdsworth	W35	South West Veterans AC	41.37
2	Suzanna Wise	W35	Southern Counties Veterans AC	40.25
3	Charlotte Nicholls	W35	Veterans AC	30.41
4	Anneli Sydenham	W35	Veterans AC	27.55

W40

Position	Name	Age	Team	Performance
1	Joanne John	W40	Ealing Southall & Middlesex AC	46.72
2	Jemma Bate	W40	Northern Masters AC	41.13
3	Natalie Mann	W40	Veterans AC	32.00

W45

Position	Name	Age	Team	Performance
1	Eleanor Gatrell	W45	Southern Counties Veterans AC	35.09
2	Kerrie Buckley	W45	Northern Masters AC	30.50
3	Lea Short	W45	South West Veterans AC	21.93

W50

Position	Name	Age	Team	Performance
1	Nicola Long	W50	Midland Masters AC	30.94
2	Sarah McGrath	W50	Eastern Masters AC	29.85
3	Paula Williams	W50	Midland Masters AC	27.73
4	Nina Ridge	W50	Veterans AC	26.24
5	Sharon Hutchings	W50	Welsh Masters Athletics Ltd	21.44

F06 Shot Put - PEN M65+ - 2025-05-24

M65

Position	Name	Age	Team	Performance
1	Kevin Murch	M65	Midland Masters AC	11.18
2	Nick Barton	M65	Veterans AC	10.53
3	Ray Bacon	M65	Midland Masters AC	8.59
4	Stephen Davis	M65	South West Veterans AC	8.24

M70

Position	Name	Age	Team	Performance
1	Mark Wyndham-Jones	M70	Welsh Masters Athletics Ltd	10.23
2	Graeme Packman	M70	Eastern Masters AC	9.24
3	Bunt Scott	M70	Eastern Masters AC	8.56

M75

Position	Name	Age	Team	Performance
1	Geoffrey Tyler	M75	Chelmsford AC	10.23
2	Peter Hawney	M75	Welsh Masters Athletics Ltd	9.23
3	Neil Griffin	M75	Southern Counties Veterans AC	7.96
4	Brian Bowley	M75	Midland Masters AC	7.72
5	Robert Bridges	M75	Southern Counties Veterans AC	6.73

M80

Position	Name	Age	Team	Performance
1	Ian Bowles	M80	Welsh Masters Athletics Ltd	8.62
2	David Kuester	M80	Midland Masters AC	7.32

M90

Position	Name	Age	Team	Performance
1	Warwick Dixon	M90	Dartford Harriers AC	6.87

F07 Shot Put - PEN M35-50 - 2025-05-24

M35

Position	Name	Age	Team	Performance
1	Glen Paxman	M35	Eastern Masters AC	9.85
2	Tony Hooker	M35	Southern Counties Veterans AC	8.56
3	Mark Andrews	M35	Veterans AC	8.26

M40

Position	Name	Age	Team	Performance
1	David Mckay	M40	Northern Masters AC	11.49
2	Roger Bate	M40	Northern Masters AC	10.53
3	John Bowden	M40	Midland Masters AC	7.56
4	Kieran Golding	M40	Welsh Masters Athletics Ltd	6.23

M45

Position	Name	Age	Team	Performance
1	Ray Mckenna	M45	Midland Masters AC	10.05
2	Kulwinder Singh	M45	Hillingdon AC	7.65
3	Philip Hayton	M45	Northern Masters AC	6.76

M50

Position	Name	Age	Team	Performance
1	Simon Achurch	M50	Eastern Masters AC	12.39
2	Graham Holder	M50	Welsh Masters Athletics Ltd	11.19
3	Christopher Kent	M50	Eastern Masters AC	10.98
4	Paul Derrien	M50	Southern Counties Veterans AC	10.91
5	Damon Cripps	M50	Midland Masters AC	10.45
6	Steve Burke	M50	Eastern Masters AC	9.29
7	Ian McPhail	M50	Northern Masters AC	8.98
8	Ash Spencer	M50	Veterans AC	8.57
9	Wayne Jones	M50	Midland Masters AC	8.37

T08 Open 100m - 2025-05-24

M35

Position	Name	Age	Team	Performance
1	Nicholas Madani	M35	Southern Counties Veterans AC	12.84

M50

Position	Name	Age	Team	Performance
1	Olivier Desbarres	M50	Veterans AC	13.70

M55

Position	Name	Age	Team	Performance
1	Nigel Whiting	M55	Oxford City AC	13.34

M60

Position	Name	Age	Team	Performance
1	Roy Nelson	M60	Southern Counties Veterans AC	13.41
2	Ian Ratcliffe	M60	Northern Masters AC	14.83

M70

Position	Name	Age	Team	Performance
1	John Browne	M70	Eastern Masters AC	13.89
2	James Lindsay	M70	Veterans AC	14.66

M75

Position	Name	Age	Team	Performance
1	John Charlton	M75	Northern Masters AC	17.65

W55

Position	Name	Age	Team	Performance
1	Michele Wakefield	W55	Southern Counties Veterans AC	16.04

W60

Position	Name	Age	Team	Performance
1	Angela Bryant	W60	Welsh Masters Athletics Ltd	16.11
2	Rosalind Zeffertt	W60	Veterans AC	17.09

W65

Position	Name	Age	Team	Performance
1	Elaine Ledden	W65	Midland Masters AC	16.18

T09 10000m - W35+,M70+ - 2025-05-24

M70

Position	Name	Age	Team	Performance
1	Anthony Whitehouse	M70	Northern Masters AC	42:21.71

M75

Position	Name	Age	Team	Performance
1	David Jones	M75	Midland Masters AC	52:01.93

2	Mick Anglim	M75	South West Veterans AC	52:10.49
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M80

Position	Name	Age	Team	Performance
1	Bill O'Connor	M80	Veterans AC	1:11:37.34

W35

Position	Name	Age	Team	Performance
1	Sara Ellen	W35	Midland Masters AC	49:07.78

W45

Position	Name	Age	Team	Performance
1	Clare Norris	W45	Veterans AC	43:50.40

W50

Position	Name	Age	Team	Performance
1	Dawn Haynes-Sewell	W50	United Kingdom	59:16.01

W75

Position	Name	Age	Team	Performance
1	Sarah Roberts	W75	Southern Counties Veterans AC	45:59.81

F08 Shot Put - PEN W35-50 - 2025-05-24

W35

Position	Name	Age	Team	Performance
1	Catherine Holdsworth	W35	South West Veterans AC	11.99
2	Charlotte Nicholls	W35	Veterans AC	9.13
3	Suzanna Wise	W35	Southern Counties Veterans AC	9.11
4	Anneli Sydenham	W35	Veterans AC	6.38

W40

Position	Name	Age	Team	Performance
1	Jemma Bate	W40	Northern Masters AC	10.16
2	Joanne John	W40	Ealing Southall & Middlesex AC	8.48
3	Natalie Mann	W40	Veterans AC	8.20

W45

Position	Name	Age	Team	Performance
1	Eleanor Gatrell	W45	Southern Counties Veterans AC	12.22
2	Kerrie Buckley	W45	Northern Masters AC	10.37
3	Lea Short	W45	South West Veterans AC	5.73

W50

Position	Name	Age	Team	Performance
1	Paula Williams	W50	Midland Masters AC	12.79
2	Sarah McGrath	W50	Eastern Masters AC	10.42
3	Nina Ridge	W50	Veterans AC	9.39
4	Sharon Hutchings	W50	Welsh Masters Athletics Ltd	8.92
5	Nicola Long	W50	Midland Masters AC	6.91

F09 Hammer - PEN M55-60 - 2025-05-24

M55

Position	Name	Age	Team	Performance
1	Darren Kerr	M55	Eastern Masters AC	47.20
2	John Twiddle	M55	Northern Masters AC	40.53
3	Peter Evans	M55	Veterans AC	28.32
4	Mark Lodge	M55	South West Veterans AC	23.73
5	Paul Bradley	M55	Eastern Masters AC	21.72

M60

Position	Name	Age	Team	Performance
1	Steve Pomeroy	M60	Midland Masters AC	40.52
2	Robert Ellingham	M60	Eastern Masters AC	39.20
3	David Stokes	M60	Welsh Masters Athletics Ltd	33.13
4	Nicholas Walker	M60	Eastern Masters AC	28.03
5	Kevin Baker	M60	Veterans AC	27.52
6	Gwynn Wallace	M60	Eastern Masters AC	26.76
7	Jim Gillespie	M60	Ireland	24.93
8	Robin Shaw	M60	Veterans AC	20.04

F10 Open Triple Jump - 2025-05-24

M60

Position	Name	Age	Team	Performance
1	Richard Emptage	M60	Southern Counties Veterans AC	9.36
2	Richard Van Baaren	M60	Eastern Masters AC	9.16

M70

Position	Name	Age	Team	Performance
1	John Spriggs	M70	Eastern Masters AC	7.85

W60

Position	Name	Age	Team	Performance
1	Rosalind Zeffertt	W60	Veterans AC	7.61

W70

Position	Name	Age	Team	Performance
1	Lyn Ahmet	W70	Southern Counties Veterans AC	5.62

F11 Shot Put - PEN W55+ - 2025-05-24

W55

Position	Name	Age	Team	Performance
1	Lesley Richardson	W55	Welsh Masters Athletics Ltd	8.02
2	Ann Virgo	W55	Midland Masters AC	7.45
3	Wendy Valentine	W55	Northern Masters AC	7.02
4	Julie Driscoll	W55	Welsh Masters Athletics Ltd	6.29
5	Jennifer Eglinton	W55	Watford Harriers	6.21

W60

Position	Name	Age	Team	Performance
1	Ruth Bird	W60	Midland Masters AC	9.42
2	Janet Smith	W60	Southern Counties Veterans AC	8.37
3	Sally Vine	W60	Southern Counties Veterans AC	8.24
4	Susan Jones	W60	Scottish Veteran Harriers Club	7.68
5	Gaye Clarke	W60	Eastern Masters AC	7.01
6	Lynn Baker	W60	Northern Masters AC	6.66

W65

Position	Name	Age	Team	Performance
1	Deborah Murch	W65	Midland Masters AC	8.69
2	Hazel Barker	W65	Northern Masters AC	7.74
3	Sandra Ingham	W65	Eastern Masters AC	6.67
4	Pat Higgins	W65	Midland Masters AC	5.33
5	Lesley Bowley	W65	Midland Masters AC	4.57

W70

Position	Name	Age	Team	Performance
1	Sue Dassie	W70	Epsom & Ewell Harriers	5.53
2	Barbara Macanas	W70	Herne Hill Harriers	5.39
3	Catherine Scott	W70	Barnet & District AC	4.87

W80

Position	Name	Age	Team	Performance
1	Liz Sissons	W80	Veterans AC	7.37

T10 10000m - M60-65 - 2025-05-24

M60

Position	Name	Age	Team	Performance
1	John Knibb	M60	Midland Masters AC	38:01.55
2	Stephen Watson	M60	Northern Masters AC	38:22.83
3	Andy Jordan	M60	Veterans AC	40:02.99
4	Bryn Barker	M60	Northern Masters AC	41:24.39
5	Duncan Haughey	M60	Veterans AC	41:59.40
6	Bob Fursey	M60	Medway & Maidstone AC	45:04.79

M65

Position	Name	Age	Team	Performance
1	Brian Green	M65	Oxford City AC	42:29.91
2	Brian Jones	M65	Eastern Masters AC	42:51.82
3	Peter Thompson	M65	Eastern Masters AC	44:06.68
4	Colin Oxlade	M65	Southern Counties Veterans AC	47:22.05
5	Peter Brown	M65	Northern Masters AC	50:56.54
6	Richard Jenkin	M65	Veterans AC	50:59.44

F12 Discus - PEN M35-50 - 2025-05-24

M35

Position	Name	Age	Team	Performance
1	Mark Andrews	M35	Veterans AC	28.42
2	Glen Paxman	M35	Eastern Masters AC	28.06
3	Tony Hooker	M35	Southern Counties Veterans AC	25.22

M40

Position	Name	Age	Team	Performance
1	Roger Bate	M40	Northern Masters AC	34.21
2	David Mckay	M40	Northern Masters AC	29.76
3	John Bowden	M40	Midland Masters AC	22.50
4	Kieran Golding	M40	Welsh Masters Athletics Ltd	21.24

M45

Position	Name	Age	Team	Performance
1	Ray Mckenna	M45	Midland Masters AC	26.88
2	Kulwinder Singh	M45	Hillingdon AC	20.93
3	Philip Hayton	M45	Northern Masters AC	16.62

M50

Position	Name	Age	Team	Performance
1	Paul Derrien	M50	Southern Counties Veterans AC	39.59
2	Simon Achurch	M50	Eastern Masters AC	37.93

3	Graham Holder	M50	Welsh Masters Athletics Ltd	37.16
4	Damon Cripps	M50	Midland Masters AC	35.33
5	Steve Burke	M50	Eastern Masters AC	31.57
6	Christopher Kent	M50	Eastern Masters AC	27.62
7	Ian McPhail	M50	Northern Masters AC	23.50
8	Ash Spencer	M50	Veterans AC	22.58
9	Wayne Jones	M50	Midland Masters AC	22.20

F13 Discus - PEN W35-50 - 2025-05-24

W35

Position	Name	Age	Team	Performance
1	Catherine Holdsworth	W35	South West Veterans AC	36.68
2	Suzanna Wise	W35	Southern Counties Veterans AC	29.12
3	Charlotte Nicholls	W35	Veterans AC	25.59
4	Anneli Sydenham	W35	Veterans AC	20.13

W40

Position	Name	Age	Team	Performance
1	Jemma Bate	W40	Northern Masters AC	33.88
2	Joanne John	W40	Ealing Southall & Middlesex AC	28.58
3	Natalie Mann	W40	Veterans AC	24.06

W45

Position	Name	Age	Team	Performance
1	Eleanor Gatrell	W45	Southern Counties Veterans AC	30.47
2	Kerrie Buckley	W45	Northern Masters AC	26.04
3	Lea Short	W45	South West Veterans AC	12.79

W50

Position	Name	Age	Team	Performance
1	Paula Williams	W50	Midland Masters AC	23.89
2	Nina Ridge	W50	Veterans AC	23.33
3	Sarah McGrath	W50	Eastern Masters AC	22.72
4	Sharon Hutchings	W50	Welsh Masters Athletics Ltd	18.22
5	Nicola Long	W50	Midland Masters AC	15.82

F14 Shot Put - PEN M55-60 - 2025-05-24

M55

Position	Name	Age	Team	Performance
1	John Twiddle	M55	Northern Masters AC	12.61

2	Darren Kerr	M55	Eastern Masters AC	11.17
3	Mark Lodge	M55	South West Veterans AC	10.81
4	Peter Evans	M55	Veterans AC	10.06
5	Paul Bradley	M55	Eastern Masters AC	8.30

M60

Position	Name	Age	Team	Performance
1	Steve Pomeroy	M60	Midland Masters AC	10.62
2	Kevin Baker	M60	Veterans AC	10.39
3	Gwynn Wallace	M60	Eastern Masters AC	9.87
4	Jim Gillespie	M60	Ireland	8.53
5	David Stokes	M60	Welsh Masters Athletics Ltd	8.32
6	Robert Ellingham	M60	Eastern Masters AC	8.31
7	Nicholas Walker	M60	Eastern Masters AC	8.13
8	Robin Shaw	M60	Veterans AC	6.72

T11 10000m - M35-55 - 2025-05-24

M40

Position	Name	Age	Team	Performance
1	Brian Jenkins	M40	Ireland	34:40.91
2	David Willett	M40	Southern Counties Veterans AC	39:05.41
3	Oliver Mason	M40	Eastern Masters AC	39:22.10

M45

Position	Name	Age	Team	Performance
1	David Branfoot	M45	Southern Counties Veterans AC	34:47.89
2	Alexander Betts	M45	Veterans AC	36:00.60
3	James Raven	M45	Welsh Masters Athletics Ltd	36:14.91

M50

Position	Name	Age	Team	Performance
1	Dan Robinson	M50	Midland Masters AC	35:24.22
2	Paul Stack	M50	Southern Counties Veterans AC	38:28.50
3	Jon Whitehouse	M50	Eastern Masters AC	40:34.19
4	Matt Long	M50	Midland Masters AC	50:49.33

M55

Position	Name	Age	Team	Performance
1	Terry Booth	M55	Veterans AC	35:17.19
2	Andrew Taplin	M55	Midland Masters AC	35:59.97
3	Justin Reid	M55	Hercules Wimbledon AC	38:00.45

F15 Discus - PEN M65+ - 2025-05-24

M65

Position	Name	Age	Team	Performance
1	Nick Barton	M65	Veterans AC	37.80
2	Kevin Murch	M65	Midland Masters AC	36.78
3	Ray Bacon	M65	Midland Masters AC	32.94
4	Stephen Davis	M65	South West Veterans AC	24.78

M70

Position	Name	Age	Team	Performance
1	Mark Wyndham-Jones	M70	Welsh Masters Athletics Ltd	32.43
2	Graeme Packman	M70	Eastern Masters AC	30.57
3	Bunt Scott	M70	Eastern Masters AC	25.91

M75

Position	Name	Age	Team	Performance
1	Geoffrey Tyler	M75	Chelmsford AC	33.61
2	Neil Griffin	M75	Southern Counties Veterans AC	25.83
3	Peter Hawney	M75	Welsh Masters Athletics Ltd	24.05
4	Brian Bowley	M75	Midland Masters AC	19.67
5	Robert Bridges	M75	Southern Counties Veterans AC	16.57

M80

Position	Name	Age	Team	Performance
1	Ian Bowles	M80	Welsh Masters Athletics Ltd	22.32
2	David Kuester	M80	Midland Masters AC	15.09

M90

Position	Name	Age	Team	Performance
1	Warwick Dixon	M90	Dartford Harriers AC	19.66

F16 Javelin - PEN M35-50 - 2025-05-24

M35

Position	Name	Age	Team	Performance
1	Glen Paxman	M35	Eastern Masters AC	36.48
2	Tony Hooker	M35	Southern Counties Veterans AC	33.38
3	Mark Andrews	M35	Veterans AC	31.92

M40

Position	Name	Age	Team	Performance
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1	David Mckay	M40	Northern Masters AC	47.40
2	Roger Bate	M40	Northern Masters AC	34.49
3	Kieran Golding	M40	Welsh Masters Athletics Ltd	30.00
4	John Bowden	M40	Midland Masters AC	20.17

M45

Position	Name	Age	Team	Performance
1	Ray Mckenna	M45	Midland Masters AC	22.66
2	Philip Hayton	M45	Northern Masters AC	21.99
3	Kulwinder Singh	M45	Hillingdon AC	15.36

M50

Position	Name	Age	Team	Performance
1	Simon Achurch	M50	Eastern Masters AC	41.00
2	Wayne Jones	M50	Midland Masters AC	34.52
3	Christopher Kent	M50	Eastern Masters AC	34.02
4	Paul Derrien	M50	Southern Counties Veterans AC	33.49
5	Steve Burke	M50	Eastern Masters AC	30.15
6	Ian McPhail	M50	Northern Masters AC	26.50
7	Graham Holder	M50	Welsh Masters Athletics Ltd	26.16
8	Damon Cripps	M50	Midland Masters AC	21.18
9	Ash Spencer	M50	Veterans AC	20.65

T12 10000m Walk - 2025-05-24

M60

Position	Name	Age	Team	Performance
1	Martin Slevin	M60	Headington RR	1:11:16.40

M65

Position	Name	Age	Team	Performance
1	Trevor Jones	M65	Veterans AC	1:02:19.82
2	Colin Harle	M65	Eastern Masters AC	1:04:51.34
3	Steve Uttley	M65	Southern Counties Veterans AC	1:04:58.89
4	Ian Torode	M65	South West Veterans AC	1:15:45.89
5	Trevor Dixon	M65	Southern Counties Veterans AC	1:19:19.54

M70

Position	Name	Age	Team	Performance
1	Graham Chapman	M70	Headington RR	1:08:41.34

M75

Position	Name	Age	Team	Performance
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1	Peter Boszko	M75	Midland Masters AC	1:05:22.89
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W35

Position	Name	Age	Team	Performance
1	Aleksandra Majewska-Ani	W35	Midland Masters AC	1:05:04.34

W45

Position	Name	Age	Team	Performance
1	Carolyn Derbyshire	W45	Midland Masters AC	1:01:54.01

W55

Position	Name	Age	Team	Performance
1	Grazia Manzotti	W55	Southern Counties Veterans AC	57:04.32

F17 Javelin - PEN M65+ - 2025-05-24

M65

Position	Name	Age	Team	Performance
1	Kevin Murch	M65	Midland Masters AC	44.90
2	Nick Barton	M65	Veterans AC	30.38
3	Ray Bacon	M65	Midland Masters AC	23.46
4	Stephen Davis	M65	South West Veterans AC	19.85

M70

Position	Name	Age	Team	Performance
1	Mark Wyndham-Jones	M70	Welsh Masters Athletics Ltd	26.07
2	Bunt Scott	M70	Eastern Masters AC	23.65
3	Graeme Packman	M70	Eastern Masters AC	14.54

M75

Position	Name	Age	Team	Performance
1	Brian Bowley	M75	Midland Masters AC	25.37
2	Geoffrey Tyler	M75	Chelmsford AC	24.71
3	Peter Hawney	M75	Welsh Masters Athletics Ltd	17.06
4	Neil Griffin	M75	Southern Counties Veterans AC	16.62
5	Robert Bridges	M75	Southern Counties Veterans AC	10.36

M80

Position	Name	Age	Team	Performance
1	Ian Bowles	M80	Welsh Masters Athletics Ltd	13.82
2	David Kuester	M80	Midland Masters AC	12.76

M90

Position	Name	Age	Team	Performance
1	Warwick Dixon	M90	Dartford Harriers AC	15.28

F18 Discus - PEN W55+ - 2025-05-24

W55

Position	Name	Age	Team	Performance
1	Julie Driscoll	W55	Welsh Masters Athletics Ltd	18.87
2	Wendy Valentine	W55	Northern Masters AC	18.80
3	Jennifer Eglinton	W55	Watford Harriers	12.21
4	Ann Virgo	W55	Midland Masters AC	11.70

W60

Position	Name	Age	Team	Performance
1	Ruth Bird	W60	Midland Masters AC	22.95
2	Lynn Baker	W60	Northern Masters AC	19.92
3	Sally Vine	W60	Southern Counties Veterans AC	18.92
4	Susan Jones	W60	Scottish Veteran Harriers Club	16.67
5	Gaye Clarke	W60	Eastern Masters AC	13.62

W65

Position	Name	Age	Team	Performance
1	Hazel Barker	W65	Northern Masters AC	21.69
2	Deborah Murch	W65	Midland Masters AC	20.71
3	Sandra Ingham	W65	Eastern Masters AC	15.52
4	Pat Higgins	W65	Midland Masters AC	12.23
5	Lesley Bowley	W65	Midland Masters AC	10.90

W70

Position	Name	Age	Team	Performance
1	Barbara Macanas	W70	Herne Hill Harriers	15.31
2	Sue Dassie	W70	Epsom & Ewell Harriers	13.97
3	Catherine Scott	W70	Barnet & District AC	10.89

W80

Position	Name	Age	Team	Performance
1	Liz Sissons	W80	Veterans AC	16.00

F19 Discus - PEN M55-60 - 2025-05-24

M55

Position	Name	Age	Team	Performance
1	John Twiddle	M55	Northern Masters AC	37.69

2	Peter Evans	M55	Veterans AC	35.30
3	Darren Kerr	M55	Eastern Masters AC	33.68
4	Mark Lodge	M55	South West Veterans AC	30.25
5	Paul Bradley	M55	Eastern Masters AC	22.13

M60

Position	Name	Age	Team	Performance
1	Steve Pomeroy	M60	Midland Masters AC	38.13
2	Kevin Baker	M60	Veterans AC	34.77
3	Gwynn Wallace	M60	Eastern Masters AC	33.60
4	David Stokes	M60	Welsh Masters Athletics Ltd	32.40
5	Robert Ellingham	M60	Eastern Masters AC	30.54
6	Nicholas Walker	M60	Eastern Masters AC	29.04
7	Jim Gillespie	M60	Ireland	26.60
8	Robin Shaw	M60	Veterans AC	23.06

F20 Weight - PEN M35-50 - 2025-05-24

M35

Position	Name	Age	Team	Performance
1	Glen Paxman	M35	Eastern Masters AC	10.02
2	Mark Andrews	M35	Veterans AC	8.58
3	Tony Hooker	M35	Southern Counties Veterans AC	6.08

M40

Position	Name	Age	Team	Performance
1	David Mckay	M40	Northern Masters AC	12.58
2	Roger Bate	M40	Northern Masters AC	12.30
3	John Bowden	M40	Midland Masters AC	6.31
4	Kieran Golding	M40	Welsh Masters Athletics Ltd	5.01

M45

Position	Name	Age	Team	Performance
1	Ray Mckenna	M45	Midland Masters AC	7.69
2	Kulwinder Singh	M45	Hillingdon AC	5.13
3	Philip Hayton	M45	Northern Masters AC	4.98

M50

Position	Name	Age	Team	Performance
1	Graham Holder	M50	Welsh Masters Athletics Ltd	17.58
2	Paul Derrien	M50	Southern Counties Veterans AC	14.45
3	Damon Cripps	M50	Midland Masters AC	13.60
4	Simon Achurch	M50	Eastern Masters AC	12.87

5	Steve Burke	M50	Eastern Masters AC	12.33
6	Christopher Kent	M50	Eastern Masters AC	11.50
7	Ian McPhail	M50	Northern Masters AC	9.49
8	Ash Spencer	M50	Veterans AC	9.14
9	Wayne Jones	M50	Midland Masters AC	8.29

F21 Javelin - PEN W35-50 - 2025-05-24

W35

Position	Name	Age	Team	Performance
1	Catherine Holdsworth	W35	South West Veterans AC	25.86
2	Charlotte Nicholls	W35	Veterans AC	23.56
3	Suzanna Wise	W35	Southern Counties Veterans AC	18.77
4	Anneli Sydenham	W35	Veterans AC	13.49

W40

Position	Name	Age	Team	Performance
1	Jemma Bate	W40	Northern Masters AC	20.84
2	Joanne John	W40	Ealing Southall & Middlesex AC	20.47
3	Natalie Mann	W40	Veterans AC	20.41

W45

Position	Name	Age	Team	Performance
1	Kerrie Buckley	W45	Northern Masters AC	20.11
2	Eleanor Gatrell	W45	Southern Counties Veterans AC	18.72
3	Lea Short	W45	South West Veterans AC	11.85

W50

Position	Name	Age	Team	Performance
1	Paula Williams	W50	Midland Masters AC	32.46
2	Sarah McGrath	W50	Eastern Masters AC	20.14
3	Nina Ridge	W50	Veterans AC	17.05
4	Sharon Hutchings	W50	Welsh Masters Athletics Ltd	14.29
5	Nicola Long	W50	Midland Masters AC	12.73

T13 Open 400m - 2025-05-24

M45

Position	Name	Age	Team	Performance
1	Adam Morton	M45	Southern Counties Veterans AC	1:05.56

M55

Position	Name	Age	Team	Performance
1	John Featherstone	M55	Midland Masters AC	59.76

M60

Position	Name	Age	Team	Performance
1	Roy Nelson	M60	Southern Counties Veterans AC	1:02.50

M65

Position	Name	Age	Team	Performance
1	Noel Murphy	M65	Ireland	1:23.79

T14 Open 200m - 2025-05-24

M35

Position	Name	Age	Team	Performance
1	Andrew Caruana	M35	Eastern Masters AC	27.25

M40

Position	Name	Age	Team	Performance
1	Richard A Franklin	M40	Northern Masters AC	25.68

M45

Position	Name	Age	Team	Performance
1	David Bueno Monge	M45	Veterans AC	24.77

M60

Position	Name	Age	Team	Performance
1	Ian Ratcliffe	M60	Northern Masters AC	31.63

M70

Position	Name	Age	Team	Performance
1	John Browne	M70	Eastern Masters AC	30.55

W60

Position	Name	Age	Team	Performance
1	Angela Bryant	W60	Welsh Masters Athletics Ltd	34.59

W65

Position	Name	Age	Team	Performance
1	Jeanette Ashton	W65	Southern Counties Veterans AC	38.17

F22 Javelin - PEN W55+ - 2025-05-24

W55

Position	Name	Age	Team	Performance
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1	Ann Virgo	W55	Midland Masters AC	21.96
2	Jennifer Eglinton	W55	Watford Harriers	16.18
3	Julie Driscoll	W55	Welsh Masters Athletics Ltd	12.33
4	Wendy Valentine	W55	Northern Masters AC	11.36

W60

Position	Name	Age	Team	Performance
1	Ruth Bird	W60	Midland Masters AC	21.07
2	Sally Vine	W60	Southern Counties Veterans AC	19.12
3	Lynn Baker	W60	Northern Masters AC	15.72
4	Susan Jones	W60	Scottish Veteran Harriers Club	15.48
5	Gaye Clarke	W60	Eastern Masters AC	12.21

W65

Position	Name	Age	Team	Performance
1	Sandra Ingham	W65	Eastern Masters AC	20.93
2	Deborah Murch	W65	Midland Masters AC	18.59
3	Hazel Barker	W65	Northern Masters AC	14.54
4	Pat Higgins	W65	Midland Masters AC	13.03
5	Lesley Bowley	W65	Midland Masters AC	8.46

W70

Position	Name	Age	Team	Performance
1	Barbara Macanas	W70	Herne Hill Harriers	10.82
2	Sue Dassie	W70	Epsom & Ewell Harriers	9.11
3	Catherine Scott	W70	Barnet & District AC	6.10

W80

Position	Name	Age	Team	Performance
1	Liz Sissons	W80	Veterans AC	9.11

F23 Weight - PEN M65+ - 2025-05-24

M65

Position	Name	Age	Team	Performance
1	Ray Bacon	M65	Midland Masters AC	14.85
2	Kevin Murch	M65	Midland Masters AC	14.53
3	Nick Barton	M65	Veterans AC	13.68
4	Stephen Davis	M65	South West Veterans AC	7.79

M70

Position	Name	Age	Team	Performance
1	Mark Wyndham-Jones	M70	Welsh Masters Athletics Ltd	12.13

2	Bunt Scott	M70	Eastern Masters AC	9.82
3	Graeme Packman	M70	Eastern Masters AC	8.52

M75

Position	Name	Age	Team	Performance
1	Geoffrey Tyler	M75	Chelmsford AC	10.43
2	Neil Griffin	M75	Southern Counties Veterans AC	10.29
3	Robert Bridges	M75	Southern Counties Veterans AC	8.98
4	Peter Hawney	M75	Welsh Masters Athletics Ltd	8.54
5	Brian Bowley	M75	Midland Masters AC	7.77

M80

Position	Name	Age	Team	Performance
1	Ian Bowles	M80	Welsh Masters Athletics Ltd	11.63

M90

Position	Name	Age	Team	Performance
1	Warwick Dixon	M90	Dartford Harriers AC	9.32

F24 Javelin - PEN M55-60 - 2025-05-24

M55

Position	Name	Age	Team	Performance
1	Mark Lodge	M55	South West Veterans AC	37.62
2	Darren Kerr	M55	Eastern Masters AC	31.53
3	Peter Evans	M55	Veterans AC	28.96
4	John Twiddle	M55	Northern Masters AC	26.98
5	Paul Bradley	M55	Eastern Masters AC	14.70

M60

Position	Name	Age	Team	Performance
1	Kevin Baker	M60	Veterans AC	36.47
2	Gwynn Wallace	M60	Eastern Masters AC	35.86
3	Steve Pomeroy	M60	Midland Masters AC	31.63
4	Nicholas Walker	M60	Eastern Masters AC	27.75
5	David Stokes	M60	Welsh Masters Athletics Ltd	20.61
6	Robert Ellingham	M60	Eastern Masters AC	18.74
7	Robin Shaw	M60	Veterans AC	17.84
8	Jim Gillespie	M60	Ireland	16.46

F25 Weight - PEN W35-50 - 2025-05-24

W35

Position	Name	Age	Team	Performance
1	Suzanna Wise	W35	Southern Counties Veterans AC	13.34
2	Catherine Holdsworth	W35	South West Veterans AC	10.38
3	Anneli Sydenham	W35	Veterans AC	9.70
4	Charlotte Nicholls	W35	Veterans AC	7.69

W40

Position	Name	Age	Team	Performance
1	Joanne John	W40	Ealing Southall & Middlesex AC	13.06
2	Jemma Bate	W40	Northern Masters AC	12.71
3	Natalie Mann	W40	Veterans AC	8.58

W45

Position	Name	Age	Team	Performance
1	Eleanor Gatrell	W45	Southern Counties Veterans AC	12.36
2	Kerrie Buckley	W45	Northern Masters AC	10.09
3	Lea Short	W45	South West Veterans AC	5.93

W50

Position	Name	Age	Team	Performance
1	Paula Williams	W50	Midland Masters AC	12.09
2	Sarah McGrath	W50	Eastern Masters AC	11.93
3	Nina Ridge	W50	Veterans AC	8.19
4	Sharon Hutchings	W50	Welsh Masters Athletics Ltd	7.36
5	Nicola Long	W50	Midland Masters AC	7.08

F26 Weight - PEN W55+ - 2025-05-24

W55

Position	Name	Age	Team	Performance
1	Wendy Valentine	W55	Northern Masters AC	8.37
2	Julie Driscoll	W55	Welsh Masters Athletics Ltd	8.22
3	Ann Virgo	W55	Midland Masters AC	7.38
4	Jennifer Eglinton	W55	Watford Harriers	7.29

W60

Position	Name	Age	Team	Performance
1	Ruth Bird	W60	Midland Masters AC	14.52
2	Susan Jones	W60	Scottish Veteran Harriers Club	11.52
3	Sally Vine	W60	Southern Counties Veterans AC	10.31
4	Gaye Clarke	W60	Eastern Masters AC	9.66

5	Lynn Baker	W60	Northern Masters AC	8.71
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W65

Position	Name	Age	Team	Performance
1	Deborah Murch	W65	Midland Masters AC	11.66
2	Hazel Barker	W65	Northern Masters AC	9.11
3	Pat Higgins	W65	Midland Masters AC	8.24
4	Sandra Ingham	W65	Eastern Masters AC	6.18
5	Lesley Bowley	W65	Midland Masters AC	5.03

W70

Position	Name	Age	Team	Performance
1	Barbara Macanas	W70	Herne Hill Harriers	7.48
2	Sue Dassie	W70	Epsom & Ewell Harriers	5.91
3	Catherine Scott	W70	Barnet & District AC	5.48

W80

Position	Name	Age	Team	Performance
1	Liz Sissons	W80	Veterans AC	7.63

F27 Weight - PEN M55-60 - 2025-05-24

M55

Position	Name	Age	Team	Performance
1	Darren Kerr	M55	Eastern Masters AC	15.76
2	John Twiddle	M55	Northern Masters AC	14.37
3	Peter Evans	M55	Veterans AC	11.38
4	Mark Lodge	M55	South West Veterans AC	8.03
5	Paul Bradley	M55	Eastern Masters AC	7.54

M60

Position	Name	Age	Team	Performance
1	Steve Pomeroy	M60	Midland Masters AC	15.08
2	Robert Ellingham	M60	Eastern Masters AC	12.92
3	David Stokes	M60	Welsh Masters Athletics Ltd	12.29
4	Kevin Baker	M60	Veterans AC	11.93
5	Jim Gillespie	M60	Ireland	9.62
6	Gwynn Wallace	M60	Eastern Masters AC	8.97
7	Robin Shaw	M60	Veterans AC	8.11