

British Masters 5 km Road Championships 2025 - 2025-11-30 - LONDON Complete Results

Opentrack URL: <https://data.opentrack.run/en-gb/x/2025/GBR/bmaf-5k/>

Organiser: BMAF Services Limited

Venue: Venue Unspecified

Type: ROAD

Contact Name: Benjamin Noad

Contact Email: ben@bennoadcoaching.com

Table of Contents

Event	Page
Masters M35-M60 5K	2
Masters WALL and M65+ 5K	8

Results

R1 - Masters M35-M60 5K - 30 Nov 2025

(10:45)

Place	Bib	Name	Club	Club 2	Category	Cat Pos	Result	Note
327		Mark Opie	Highgate Harriers	HIGH	M40			
189		Steve Hallas	Preston Harriers	PREST	M50			
15		Joe Atkinson	Guildford & Godalming AC	GG	M35			
438		Nick Tearle	Veterans AC	GG	M50			
128		Patrick Dunford	Holland Sports AC	HOL	M35			
284		Michael Mccarthy	Belgrave Harriers	BEL	M40			
439		Mark Tennyson	Veterans AC	GG	M60			
91		Gary Coleman	Epsom & Ewell Harriers	EE	M50			
379		Andrew Ridley	Veterans AC	BRIPH	M60			
450		Gary Tomlinson	Horsham Joggers	HOJ	M45			
44		Andy Bond	Veterans AC	DUL	M50			
514		Sion Parry	Highgate Harriers	HIGH	M55			
336		Simon Perkins	Horsham Joggers	HOJ	M50			
412		Richard Guy Smith	Aldershot Farnham & District	AFD	M45			
168		Joseph Gonzalez-Armas	Veterans AC	262RR	M55			
229		Craig Isaac	Arena 80 AC	ARE80	M50			
366		Paul Ramsier	Holland Sports AC	HOL	M60			
243		Howard Jones	Dorking & Mole Valley AC	DMV	M60			
381		Steve Roberts	Welsh Masters Athletics Limited	HXR	M60			
76		Simon Campbell	Kingston AC and Poly Harriers	KACPH	M45			
35		Jim Bennett	Southern Counties Veterans AC	SOTON	M50			
182		Andrew Grime	Midland Masters AC	SHRSB	M60			
208		Paul Hewitt	Run Academy Worthing	RAW	M50			
430		Philip Swinburn	Holland Sports AC	HOL	M35			
48		Darren Bradley	Aldershot Farnham & District	AFD	M55			
266		Adam Lennox	Highgate Harriers	HIGH	M40			
2		James Adams	Veterans AC	GG	M45			
23		Robert Banham	Southern Counties Veterans AC		M50-->M35			
42		Barry Blackwell	Veterans AC	BRIPH	M55			
114		Richard Davidson	South West Veterans AC	CSALS	M45			
113		Nik Darlington	Aldershot Farnham & District	AFD	M35			
278		Simon Markham	Horsham Joggers	HOJ	M60-->M45			
283		Bruce McLaren	Veterans AC	RAN	M55			
346		Jeff Prest	Northern Masters AC	TRAFF	M50			
81		Tom Cheetham	Veterans AC	HW	M55			
348		Darren Preston	Eastern Masters Athletics Club	CAMCO	M50			
490		David Williams	Welsh Masters Athletics Limited	GG	M60			
256		Aziouz Lammali	Holland Sports AC	HOL	M60			
192		Jon Hamblen	Veterans AC	VAC	M50			
405								
3		Carl Adams	Ashford AC	ASHFA	M50			
6		Tom Aldred	Southern Counties Veterans AC	LONH	M45-->M35			
507		Terry Worton	Camberley & District AC	CADAC	M55-->M45			
176		Jonathan Grainger	Welsh Masters Athletics Limited	SOTON	M60			
101		Peter Costley	South West Veterans AC	SOTON	M60			

Place	Bib	Name	Club	Club 2	Category	Cat Pos	Result	Note
	70	Jonathan Burrell	Southern Counties Veterans AC	LEWES	M60			
	12	Matt Atkins	Southern Counties Veterans AC	KACPH	M50			
	7	James Allan	North East Masters AA	ALNWH	M55			
	385	Anthony Roper	South West Veterans AC	BRIW	M60-->M45			
	349	Richard Preston	Tonbridge Athletic Club	TONB	M55			
	100	Karl Corpes	Veterans AC	WAVAC	M60			
	456	Norman Urquia	Veterans AC	HHH	M55			
	484	David Wilby	Kingston AC and Poly Harriers	KACPH	M35			
	47	Daniel Bradley	Southern Counties Veterans AC	TONB	M35			
	129	Ian Durrant	Veterans AC	GG	M50			
	57	John Broom	Penistone Footpath Runners & Athletic Club	PENFR	M55			
	431	Mark Symes	Southern Counties Veterans AC	AFD	M55			
	332	Andrew Parmenter	Eastern Masters Athletics Club	CAMCO	M50			
	473	Matt Weaver	Highgate Harriers	HIGH	M55			
	97	Steve Corfield	Veterans AC	SOC	M60			
	83	Dean Childs	Wycombe Phoenix Harriers & AC	WPH	M40			
	166	Christian Glencross	Epsom & Ewell Harriers	EE	M50			
	471	Mark Watson	Highgate Harriers	HIGH	M50			
	488	Luke Willett	Ealing Southall & Middlesex AC	ESM	M40			
	138	Simon Evans	Epsom & Ewell Harriers	EE	M55-->M45			
	458	Simon Wade	Hercules Wimbledon AC	HW	M45			
	344	Christopher Potter	Tonbridge Athletic Club	TONB	M55			
	337	Jamie Philip	Scottish Veteran Harriers Club	SEVOK	M45			
	460	Richard Waldron	South West Veterans AC	SOTON	M35			
	386	Alan Rowe	Guernsey Athletics Club	GUERN	M60			
	239	Tim Jenns	Veterans AC	KEN	M50-->M35			
	441	Bruce Thomas	Aldershot Farnham & District	AFD	M40			
	347	Matthew Preston	Southern Counties Veterans AC	CAMBH	M50			
	306	Adrian Mussett	Eastern Masters Athletics Club	COLCH	M50			
	107	Richard Crump	Dorking & Mole Valley AC	DMV	M35			
	200	Mark Havenhand	Northern Masters AC	STEEL	M55			
	407	Lee Simms	South London Harriers	SLH	M45			
	237	Mark Jefford	Veterans AC	LONH	M60			
	13	Darren Atkins	Aldershot Farnham & District	AFD	M55			
	465	Paul Walters	Reigate Priory AC	REI	M60-->M35			
	39	Luke Bishop	Guildford & Godalming AC	GG	M35			
	151	Neil Freeman-Jones	Guildford & Godalming AC	GG	M35			
	262	Andrew Leach	Eastern Masters Athletics Club	NHERT	M60			
	482	Jim Whitworth	Epsom & Ewell Harriers	EE	M50			
	466	Duncan Ward	South West Veterans AC	DORSD	M55			
	487	David Willett	Southern Counties Veterans AC		M40			
	172	Oliver Gosden	Guildford & Godalming AC	GG	M50			
	288	Michael McLaughlin	Veterans AC	VAC	M50			
	294	Derrick Milligan	Midland Masters AC	WOLVB	M45			
	295	Stuart Mills	Uckfield Runners	UCK	M60			

Place	Bib	Name	Club	Club 2	Category	Cat Pos	Result	Note
	434	David Taylor	Herne Hill Harriers	HHH	M60			
	467	Eddie Ware	Veterans AC	SERP	M45			
	255	Jim Laidlaw	Aldershot Farnham & District	AFD	M45			
	165	Ben Gilmore	Veterans AC	GG	M45			
	40	Martin Black	Highgate Harriers	HIGH	M60			
	173	Stephen Goulding	Swindon Striders	SWINS	M60			
	285	Peter McCloskey	Wimbledon Windmilers	WW	M45--->M3 5			
	502	Darren Woods	Veterans AC	SOC	M35			
	375	Ben Reynolds	Veterans AC	THH	M60			
	183	Nicholas Grobler	Walton AC	WALT	M40			
	43	Mark Bolland-Cage	Northern Masters AC	CYORK	M35			
	155	Jeremy Garner	Veterans AC	EE	M50			
	510	Will Ixton-Jones	Metropolitan Police AC	METPA	M40			
	410	Robert Smith	Veterans AC	WALT	M35			
	178	Will Green	Serpentine RC	SERP	M50			
	112	Andre Dahlkamp	Veterans AC	VPTH	M50			
	389	Adrian Russell	Veterans AC	DUL	M45			
	121	Hagop Derian	Kingston AC and Poly Harriers	KACPH	M45			
	286	Harry Mcdermott	Serpentine RC	SERP	M60			
	36	Rich Berry	Veterans AC	W4H	M50			
	276	Shaun Mann	Eastern Masters Athletics Club	CONAC	M50			
	448	Christopher Tizzard	Aldershot Farnham & District	AFD	M40			
	423	Daniel Stevenson	Camberley & District AC	CADAC	M50			
	493	Mark Wilson	Camberley & District AC	CADAC	M45			
	197	Jon Hart	Midland Masters AC	WOLVB	M45			
	370	Justin Reid	London Heathside	LONH	M55			
	86	Richard Clayton	Brighton & Hove AC	BRIHC	M40			
	359	Phil Purves	Guildford & Godalming AC	GG	M40			
	396	Lee Savage	Reigate Priory AC	REI	M45--->M3 5			
	314	Andrew Noble	Southern Counties Veterans AC	FOLKR	M60			
	302	Andy Morgan-Lee	Southampton Athletic Club	SOTON	M55			
	274	Paul Maloney	Mornington Chasers	MORNC	M50			
	146	Malcolm Footer	Horsham Joggers	HOJ	M55--->M4 5			
	210	Nicholas Hickman	Holland Sports AC	HOL	M50			
	380	Gareth Robbins	Welsh Masters Athletics Limited	R4ALL	M40			
	397	Nicholas Scott	Thames Valley Harriers	TVH	M40			
	199	Stephen Haughton	Veterans AC	HW	M60			
	444	Paul Thomson	Elmbridge RRC	ELM	M55			
	174	Phil Grabsky	Southern Counties Veterans AC	BRIPH	M60			
	293	Ben Millar	Veterans AC	HHH	M45			
	115	Steven Davies	Welsh Masters Athletics Limited	PBBR	M50			
	4	Shahab Ahmad	North Herts Road Runners	NHERT	M40			
	179	Andrew Green	Southern Counties Veterans AC	DART	M55			
	190	David Halloway	Tadworth AC	TAD	M40			
	350	Matthieu Prevot	Serpentine RC	SERP	M45			
	29	Colin Bates	Veterans AC	DARTF	M60			
	305	Nick Morrison	Holland Sports AC	HOL	M45			
	5	Steve Aish	Veterans AC	HOL	M45			
	152	Ross Frupp	Southampton Athletic Club	SOTON	M35			
	119	Edward De Los Rios	Trent Park Running Club	TRNTP	M50			

Place	Bib	Name	Club	Club 2	Category	Cat Pos	Result	Note
	134	James Ellis	Holland Sports AC	HOL	M45			
	93	Peter Collins	Hercules Wimbledon AC	HW	M55			
	249	Tim Kerr	Highgate Harriers	HIGH	M35			
	455	Chris Upson	Scottish Veteran Harriers Club	CAMBL	M60			
	226	James Hurrell	London Heathside	LONH	M40			
	30	Dominic Baxter	Victoria Park Harriers and Tower Hamlets AC	VPTH	M35			
	399	David Sharman	Wimbledon Windmilers	WW	M40			
	186	Adrian Haines	Veterans AC	BRIPH	M55			
	352	Ben Price	Western Tempo	WESTT	M40			
	469	Vincent Warne	Aldershot Farnham & District	AFD	M45			
	22	Osama Baldo	Hart Road Runners	HARTR	M50			
	63	Nicholas Browne	Serpentine RC	SERP	M45			
	77	Jim Carrington	Veterans AC	HW	M45			
	289	Jamie McLoughlin	Veterans AC	WALT	M50			
	191	Craig Halsey	Tonbridge Athletic Club	TONB	M45			
	103	Des Crinion	Highgate Harriers	HIGH	M40			
	354	Thomas Procter-Legg	Radley Athletic Club	RAD	M40			
	241	Alastair Johnson	North East Masters AA	GOSFH	M50			
	224	Michael Huntley	Kingston AC and Poly Harriers	KACPH	M35			
	356	Philip Pryke	Guildford & Godalming AC	GG	M55			
	318	Gary O'Brien	Swindon Harriers	SWINH	M50			
	132	Dennis Earl	Dorking & Mole Valley AC	DMV	M55			
	419	Mark Standing	Herne Hill Harriers	HHH	M60			
	225	Ben Hurley	Veterans AC	BEL	M50			
	1	Neil Adams	North Norfolk Beach Runners	NNKBR	M45			
	254	Jani Kraner	Veterans AC	VAC	M40			
	118	Luke Davis	Holland Sports AC	HOL	M40			
	404	Laurent Shen	Wimbledon Windmilers	WW	M40			
	89	Richard Coen	Northern Masters AC	WILMR	M45			
	195	Ian Harpur	Southampton Athletic Club	SOTON	M55			
	127	Jason Drake	Veterans AC	W4H	M60-->M4 5			
	52	Scott Brewer	Veterans AC	TVH	M35			
	96	James Copeland	Southern Counties Veterans AC		M40			
	230	Craig Jackson	Veterans AC	VAC	M50			
	401	Tim Sharp	Veterans AC	KEN	M45-->M3 5			
	268	Steve Linton	Western Tempo	WESTT	M50			
	60	Alistair Brown	Grange Farm & Dunmow Runners	GFDR	M50			
	457	Francisco Urzua	Highgate Harriers	HIGH	M40			
	485	Brian Wilder	Veterans AC	HHH	M50			
	94	Sean Collum	Highgate Harriers	HIGH	M40			
	25	Nick Barker	Eastern Masters Athletics Club	LGHTN	M40			
	105	Matthew Crocker	Southampton Athletic Club	SOTON	M50			
	406	Peter Sibbett	North Herts Road Runners	NHERT	M60			
	500	Piotr Woloszyn	Southwark Athletics Club	SACL	M45			
	257	Kit Lau	Southampton Athletic Club	SOTON	M45			
	424	Mike Stewart	Keith and District AAC	KEITH	M60			
	17	Scott Augur	Southampton Athletic Club	SOTON	M55			
	158	Marco Gazzelloni	Epsom & Ewell Harriers	EE	M45			
	207	Damien Hersey	Epsom & Ewell Harriers	EE	M40			
	329	Mark Parker	Ivanhoe Runners	IVNHR	M35			
	312	Christian Nielsen	Thames Valley Harriers	TVH	M50-->M3 5			
	472	Jack Wearne	Veterans AC	HHH	M45			

Place	Bib	Name	Club	Club 2	Category	Cat Pos	Result	Note
	505	Paul Woolley	Veterans AC	DATCH	M50			
	390	Andrew Russell	Highgate Harriers	HIGH	M60			
	271	Alex Mackula	The Stragglers Running Club	STR	M40			
	478	Simon Wharton	Victoria Park Harriers and Tower Hamlets AC	VPTH	M55-->M4 5			
	290	Graham Micallef	Aldershot Farnham & District	AFD	M45			
	234	Jon James	Wells City Harriers	WELCH	M60			
	126	Adrian Dracup	Kent AC	KEN	M40			
	95	Simon Cooper	Aldershot Farnham & District	AFD	M50			
	275	Toby Mann	Veterans AC	GUERN	M40			
	170	Callum Gordon	Highgate Harriers	HIGH	M35			
	345	Rendy Prakoso	London Heathside	LONH	M35			
	45	Terry Booth	Veterans AC	GG	M55			
	398	Tom Shakhli	Dulwich Runners AC	DUL	M40			
	141	Rob Fawn	Dulwich Runners AC	DUL	M40			
	90	Matt Coffey	Veterans AC	SOTON	M40			
	353	Robert Pritchard	Welsh Masters Athletics Limited	LLIS	M40			
	298	Paul Mitchinson	Havant Athletic Club	HAVAN	M45			
	215	Tom Hollis	Lonely Goat RC	LGOAT	M40			
	198	Duncan Haughey	Veterans AC	VAC	M60-->M4 5			
	150	Ed Fraser	Tonbridge Athletic Club	TONB	M50			
	231	Nadi Jahangiri	Veterans AC	HIGH	M60			
	139	Stephen Fabes	Victoria Park Harriers and Tower Hamlets AC	VPTH	M45			
	41	Chris Blackburn	Veterans AC	HOL	M50			
	374	Matthew Revier	Southampton Athletic Club	SOTON	M35			
	435	Gary Taylor	Veterans AC	HILL	M60			
	74	Mark Callaghan	Dulwich Runners AC	DUL	M50			
	463	Mark Waller	Eastern Masters Athletics Club	STHEN	M55			
	211	James Hodge	Midland Masters AC	BRIW	M50			
	454	Paul Unsel	Kingston AC and Poly Harriers	KACPH	M40			
	162	Paul Gilbert	Veterans AC	WPH	M50			
	447	Adam Tibbals	Southern Counties Veterans AC	TONB	M45			
	99	Andrew Cornish	Holland Sports AC	HOL	M55			
	382	Peter Robertson	Veterans AC	W4H	M45			
	34	Chris Beecham	Highgate Harriers	HIGH	M55			
	193	James Hamilton	Hercules Wimbledon AC	HW	M50			
	411	Jay Smith	Tonbridge Athletic Club	TONB	M40			
	483	Rob Wigley	Reigate Priory AC	REI	M35			
	515	Ben Hepden	Tonbridge Athletic Club	TONB	M45			
	501	Dominic Wood	Epsom Oddballs RC	EPO	M35			
	512	Koji Miyazaki	Aldershot Farnham & District	AFD	M60			
	206	Nigel Herron	Veterans AC	BRIPH	M60			
	408	Andrew Simms	Veterans AC	HHH	M60			
	143	Greg Fitch	Dorking & Mole Valley AC	DMV	M45-->M3 5			
	142	Robert Ferguson	Thames Valley Harriers	TVH	M40			
	213	Sebastian Hoenig	Southampton Athletic Club	SOTON	M45			
	221	Emlyn Hughes	Southampton Athletic Club	SOTON	M45			
	72	Michael Caffyn	Veterans AC	RAW	M35			
	417	Thomas South	Sunderland Strollers	SUNDS	M50			
	260	Simon Lawrence	Veterans AC	RAN	M60			
	333	Philip Parry	Midland Masters AC	BRIW	M60-->M4 5			
	509	Philip York	South West Veterans AC	ESM	M60			

Place	Bib	Name	Club	Club 2	Category	Cat Pos	Result	Note
	506	Duncan Woolmer	Veterans AC	WALT	M45			
	415	Malvin Smith	Midland Masters AC	HPP	M60			
	258	Xavier Laurent	Oxford University Athletic Club	OUAC	M50			
	110	Jeremy Curtis	Southampton Athletic Club	SOTON	M45			
	334	Ben Paviour	Veterans AC	HHH	M50			
	277	Lyndon Marfell	New Zealand	HOL	M35			
	400	Tristan Sharp	Arena 80 AC	ARE80	M40			
	470	Stephen Watmough	Northern Masters AC	WARRA	M60			
	88	Mark Cobbold	Dorking & Mole Valley AC	DMV	M40			
	184	Tim Grose	Veterans AC	WALT	M55-->M45			
	422	Fabrizio Stefanoni	Southern Counties Veterans AC	ILFRD	M50			
	20	Chris Bailey	Highgate Harriers	HIGH	M60			
	9	Thomas Almond	Veterans AC	REI	M35			
	496	Steve Winder	Veterans AC	EE	M50			
	153	Antony Fullbrook	Tonbridge Athletic Club	TONB	M60			
	425	Michael Stone	Newbury AC	NEWB	M40			
	331	Russell Parkin	Midland Masters AC	DERBY	M60			

Results

R2 - Masters WALL and M65+ 5K - 30 Nov 2025 (11:35)

Place	Bib	Name	Club	Club 2	Category	Cat Pos	Result	Note
	433	Heather Tanner Hill	Highgate Harriers	HIGH	W45			
	388	Amanda Ruks	Walton AC	WALT	W45			
	508	Lucy Wright	Aldershot Farnham & District	AFD	W40			
	451	Ali Trauttmansdorff	Eastern Masters Athletics Club	LGHTN	W50			
	194	Anastasia Hancock	Hercules Wimbledon AC	HW	W40			
	325	David Ogden	Veterans AC	SLH	M65			
	51	Phil Brennan	Midland Masters AC	STRAT	M80			
	364	Daisy Rae	Aldershot Farnham & District	AFD	W40			
	228	Gary Hymns	Serpentine RC	SERP	M65			
	376	Alan Rich	Veterans AC	RAW	M75			
	297	Maxine Minchella	North East Masters AA	JARRH	W65			
	322	Sarah O'Neill	Holland Sports AC	HOL	W35			
	462	Ruth Wallace	Aldershot Farnham & District	AFD	W40			
	494							
	351	Sophie Price	Dartford Harriers AC	DARTF	W40			
	85	Miranda Clark	Run Academy Worthing	RAW	W55			
	242	Bernard Johnson	Eastern Masters Athletics Club	THURH	M70			
	24	Peter Banks	Coventry Godiva Harriers	COVG	M75			
	37	Rachel Berry	Veterans AC	W4H	W50			
	427	Nikki Sturzaker	Veterans AC	HHH	W50			
	319	Pete O'Connell	Veterans AC	HOJ	M65			
	402	Maria Shaw	Eastern Masters Athletics Club	CORBY	W45			
	55	Launa Broadley	Veterans AC	ILFRD	W55			
	245	Mike Jurd	Wimborne AC	WIMBO	M65			
	27	John Barron	Veterans AC	KEN	M70			
	330	Paula Parkin	Midland Masters AC	DERBY	W55			
	479	Caroline Whelan	Dorking & Mole Valley AC	DMV	W45			
	259	Caroline Lavis	South West Veterans AC	YASS	W75			
	392	Karen Samuel	Southern Counties Veterans AC	KEN	W65-->W4 5			
	338	Rebecca Pickard	Veterans AC	SEVOK	W45			
	120	Niki Densley	Camberley & District AC	CADAC	W45			
	287	Maxine Mcinulty	Tonbridge Athletic Club	TONB	W45			
	220	Peter Hough	Midland Masters AC	SHSH	M70			
	240	Maree Jesson	Wootton Road Runners	WOOTT	W50			
	261	Graham Laylee	Veterans AC	DUL	M65			
	148	Jocelyn Forster	Edinburgh Athletic Club	EDIN	W35			
	468	Andrzej Warhaftig	Metros RC	METRC	M75			
	164	David Gill	Southern Counties Veterans AC	WARRA	M65			
	252	Mary Knapman	Eastern Masters Athletics Club	LGHTN	W45			
	461	Clive Walker	Veterans AC	HOJ	M65			
	187	Gemma Hall	Holland Sports AC	HOL	W35			
	481	Pamela Whitter	Veterans AC	STR	W65			
	87	Anna Cleary	Dartford Harriers AC	DARTF	W40			
	131	Sarah Eagles	Guernsey Athletics Club	GUERN	W45			
	157	Martin Garrett	Veterans AC	SUDBC	M70			
	377	Pauline Rich	Veterans AC	RAW	W80			
	429	Sarah Swift	South West Veterans AC	POOLR	W50			
	365	Kate Ramsey	Midland Masters AC	CHARN	W55			

Place	Bib	Name	Club	Club 2	Category	Cat Pos	Result	Note
	459	Margaret Wadman	Veterans AC	HOJ	W60			
	10	Elizabeth Aryeetey	Veterans AC	MORNC	W60			
	391	Sabina Russell	Highgate Harriers	HIGH	W60-->W4 5			
	147	Mike Forder	Veterans AC	WW	M70			
	413	Rachel Smith	Camberley & District AC	CADAC	W50			
	269	Ifan Lloyd	Welsh Masters Athletics Limited	SWAN	M65			
	440	Pauline Tester	Ilford Athletic Club	ILFRD	W60			
	244	David Jones	Midland Masters AC	STRAT	M75			
	222	Miranda Huisman	Horsham Joggers	HOJ	W55			
	32	Simon Bean	Southern Counties Veterans AC	EE	M65			
	300	Janice Moorekite	Southern Counties Veterans AC	LARKF	W65			
	117	Sian Davies	Midland Masters AC	BRIW	W65			
	8	Heather Allen	Veterans AC	HARTR	W75			
	270	Alex Longmuir	Camberley & District AC	CADAC	M60			
	303	Annette Morris	Veterans AC	REI	W65			
	373	Elizabeth Renondeau	Northern Masters AC	VALER	W45			
	477	Phyl Weston	Horsham Joggers	HOJ	W60			
	16	Nicola Audhlam Gardiner	Highgate Harriers	HIGH	W55-->W4 5			
	383	Stephanie Robson	Northern Masters AC	BINGH	W50			
	443	Beverley Thomas	Ilford Athletic Club	ILFRD	W65-->W5 5			
	53	Amy Bristow	Elmbridge RRC	ELM	W40			
	452	Peter Tullett	Eastern Masters Athletics Club	CHELM	M65			
	62	Keith Brown	Veterans AC	CRO	M70			
	361	Jo Quantrill	Veterans AC	SLH	W70			
	445	Stewart Thorp	Southern Counties Veterans AC	OXFC	M70			
	38	Lucy Berryman	Holland Sports AC	HOL	W35			
	159	Sarah Gee	Veterans AC	WVR	W60			
	185	Simone Gubbins	Grange Farm & Dunmow Runners	GFDR	W40			
	421	Annabelle Stearns	Gravesend Road Runners	GRARR	W55			
	149	John Franklin	Herne Hill Harriers	HHH	M40			
	233	Mary James	Veterans AC	SLH	W50			
	491	Monica Williamson	Midland Masters AC	LEAM	W65			
	368	Paul Reddaway	South West Veterans AC	WAJOG	M65			
	80	Hayley Chapman	Holland Sports AC	HOL	W40			
	31	Anne-Marie Bayliss	City Of Salisbury AC & RC	CSALS	W50			
	58	Dawn Broom	Northern Masters AC	PENFR	W60			
	513	Stephanie Giles	Southern Counties Veterans AC	ALCH	W35			
	291	Desmond Michael	Southern Counties Veterans AC	BARN	M75			
	67	Alice Burch	Southampton Athletic Club	SOTON	W40			
	418	Sarah Stallwood	Camberley & District AC	CADAC	W45			
	299	Barbara Molony-Oates	Elmbridge RRC	ELM	W55-->W3 5			
	125	Zoe Doyle	Veterans AC	WPH	W45			
	316	David Norman	Northern Masters AC	WARRA	M65			
	474	Lisa Webb	Veterans AC	SBH	W60			
	428	Nicola Sutton	Northern Masters AC	PREST	W40			
	205	Vicky Henderson	South West Veterans AC	CORSH	W50			
	426	John Straiton	Chippenham Harriers	CHIPH	M65			
	437	Chas Taylor	Veterans AC	TRNTP	M75			

Place	Bib	Name	Club	Club 2	Category	Cat Pos	Result	Note
	161	Adrienne Gibbins	Holland Sports AC	HOL	W50			
	201	Clare Hayes	Grange Farm & Dunmow Runners	GFDR	W55			
	223	Sasha Humphries	Southern Counties Veterans AC	TONB	W50			
	272	Pippa Major	Veterans AC	SLH	W60			
	516	Carole Coulon	Southern Counties Veterans AC	BB	W50			
	403	Graham Shaw	Veterans AC	ELM	M70			
	253	Maria Kowal	Welsh Masters Athletics Limited	SCVAC	W40			
	476	Barbara Wenman	Canterbury Harriers	CNTBH	W65			
	342	David Pitt	Veterans AC	SERP	M70			
	26	Penny Barron	Horsham Joggers	HOJ	W65-->W55			
	387	Ged Ruffle	Veterans AC	HARTR	M70			
	504	Harriet Woolley	Veterans AC	TONB	W35			
	480	Nadia Whittaker	Thames Valley Harriers	TVH	W50			
	486	Dorothy Wilkinson	Elmbridge RRC	ELM	W55-->W35			
	73	Leanne Calder	Edinburgh Athletic Club	EDIN	W40			
	212	Danielle Hodgkinson	North East Masters AA	WALLS	W40			
	64	Mike Bruce	Veterans AC	ELM	M75			
	75	Claire Cameron	Highgate Harriers	HIGH	W50			
	137	Nichola Evans	Tonbridge Athletic Club	TONB	W40			
	79	Andrew Catton	Southern Counties Veterans AC	ILFRD	M70			
	59	Lexi Brown	Southwark Athletics Club	SACL	W35			
	292	Amanda Miles	Southampton Athletic Club	SOTON	W40			
	124	Steven Doxey	Northern Masters AC	SWINT	M65			
	492	Erin Willmers	Winchester Running Club	WINRC	W40			
	108	Cat Cummings	City of Norwich AC	CONAC	W45			
	311	Janice Newman	Metros RC	METRC	W80			
	358	Christopher Purse	Welsh Masters Athletics Limited	SPRNG	M65			
	321	Jacqueline O'Reilly	Paddock Wood AC	PADW	W40			
	102	Anna Crawley	Ilford Athletic Club	ILFRD	W35			
	18	Anthony Austin	Veterans AC	HW	M70			
	71	David Butler	Eastern Masters Athletics Club	BILLS	M70			
	280	Lucy Marlow	Cambridge Harriers	CAMBH	W40			
	46	Bob Bradbury	Southern Counties Veterans AC	WOK	M70			
	339	Rebecca Piggott	London Heathside	LONH	W35			
	175	Marian Grace	Midland Masters AC	YASS	W65			
	296	Doug Milsom	Southern Counties Veterans AC	HILL	M85			
	203	Caroline Helder	Veterans AC	WW	W60			
	343	Helen Pool	Veterans AC	READR	W50			
	307	Emma Navesey	Preston Harriers	PREST	W35			
	498	Peter Wirtzfeld	Southern Counties Veterans AC	RAW	M65			
	420	Naomi Stanford	Serpentine RC	SERP	W75			
	135	Clare Elms	Veterans AC	KEN	W60-->W45			
	188	Peter Hall	Veterans AC	W4H	M65			
	227	Nicolette Hutton	Dorking & Mole Valley AC	DMV	W50			
	369	Helene Regan	Aldershot Farnham & District	AFD	W45			
	248	Peter Kennedy	Veterans AC	LEWES	M70			
	341	Natasha Pitman	North Herts Road Runners	NHERT	W50			

Place	Bib	Name	Club	Club 2	Category	Cat Pos	Result	Note
	394	Paul Sanderson	Veterans AC	GG	M70			
	209	Amy Hickman	Holland Sports AC	HOL	W45			
	111	Kirsty Cutting	Holland Sports AC	HOL	W35			
	355	Emma Proto	Holland Sports AC	HOL	W50			
	181	Roger Green	Veterans AC	WGEL	M75			
	33	David Bedwell	Midland Masters AC	BRIW	M70			
	393	Andrea Sanders-Reece	Veterans AC	SERP	W70			
	84	Lynn Chislett	Veterans AC	ARE80	W60			
	357	Val Purnell	Veterans AC	HOJ	W65-->W55			
	214	Lisa Monagle	Oxford City AC	OXFC	W50			
	372	Colleen Renihan	Veterans AC	SERP	W55			
	511	Valerie Woodland	Midland Masters AC		W50			
	196	Jill Harrison	South West Veterans AC	BRIW	W65			
	335	Emma Pearson	Aldershot Farnham & District	AFD	W50			
	317	Michael Nutt	South West Veterans AC	BRIW	M70			
	246	Marie Kane	Scottish Veteran Harriers Club	CAMBL	W35			
	61	Richard Brown	Eastern Masters Athletics Club	CORBY	M70			
	122	Anne Dockery	Welsh Masters Athletics Limited	WESTH	W75			
	109	Abby Curtis	Aldershot Farnham & District	AFD	W35			
	50	Frank Brennan	Veterans AC	TRITE	M75			
	133	Sara Anne Ellen	Eastern Masters Athletics Club	NORFG	W70			
	251	Ian Kitching	South London Harriers	SLH	M70			
	219	Tracey Horne	Veterans AC	TONB	W55-->W45			
	19	Ginte Bailey	Havering AC	HAVE	W40			
	328	Colin Oxlade	Southern Counties Veterans AC	CRO	M65			
	449	Laura Todd	Eastern Masters Athletics Club	ELYR	W35			
	489	Phillip Williams	Lincoln Wellington Athletic Club	LINCW	M40			
	499	Robert Wise	Ranelagh Harriers	RAN	M65-->M55			
	263	Martin Leat	Veterans AC	CAMBH	M65			
	163	Peter Giles	Veterans AC	HW	M80			
	171	Sharon Gordon	Crawley AC	CRAW	W45			
	204	Grace Henderson	Run Academy Worthing	RAW	W45			
	177	Amy Gratton	Aldershot Farnham & District	AFD	W50			
	495	Lynn Wilson	Veterans AC	ESM	W65			
	54	Debbie Broad	Northern Masters AC	VALER	W55			
	323	Christopher O'Neill	Guernsey Athletics Club	GUERN	M70			
	378	Nicola Richmond	Veterans AC	DUL	W55-->W35			
	66	Gloria Bullen	Eastern Masters Athletics Club	THURH	W70			
	282	Kevin McDonald	Hillingdon AC	HILL	M65			
	360	John Quaintance	South London Harriers	SLH	M75			
	265	Paul Lemmon	Northern Masters AC	BINGH	M60			
	326	Zoe Oldfield	Eastern Masters Athletics Club	LGHTN	W45			
	367	Tony Rea	Southern Counties Veterans AC	HEA	M80			
	442	David Thomas	Ilford Athletic Club	ILFRD	M65			
	217	Sarah Holmes	Reading AC	READ	W40			
	140	Jodie Farrell	Eastern Masters Athletics Club	THURH	W55			
	308	Cat Neave	Clapham Chasers	CC	W45			

Place	Bib	Name	Club	Club 2	Category	Cat Pos	Result	Note
	92	Simon Collingridge	Ranelagh Harriers	RAN	M65			
	65	Alan Buckle	Tonbridge Athletic Club	TONB	M65			
	313	Joy Noad	Southern Counties Veterans AC		W65			
	310	Alan Newman	Southern Counties Veterans AC	TONB	M70			
	144	Kate Fitton	Oxford City AC	OXFC	W45			
	281	Robyn Matson	Havering AC	HAVE	W35			
	309	Alan Nesbit	Veterans AC	READR	M65			
	273	Janine Makaronidis	Highgate Harriers	HIGH	W35			
	69	Joanne Burkett	Serpentine RC	SERP	W50			
	409	Elinor Skinner	Veterans AC	KEN	W50			
	160	Jane Georghiou	Veterans AC	FARNR	W70			
	218	Gisela Hoppe	Southampton Athletic Club	SOTON	W50-->W3 5			
	416	Janet Smith	Eastern Masters Athletics Club	ELYR	W60-->W3 5			
	320	Bill O'Connor	Southern Counties Veterans AC	QPH	M80			
	279	Warren Marks	Horsham Joggers	HOJ	M65			
	106	Anushka Cross	Highgate Harriers	HIGH	W45			
	49	Cain Bradley	Tonbridge Athletic Club	TONB	M65			
	446	Edward Thorpe	Veterans AC	READR	M80			
	82	Wenjia Chen	Hercules Wimbledon AC	HW	W35			
	414	Elaine Smith	Ely Runners	ELYR	W55-->W3 5			
	395	Robert Sargent	Veterans AC	ILFRD	M70			
	436	Lesley Taylor	Southern Counties Veterans AC	FOLKR	W60			
	56	Karen Brooks	Eastern Masters Athletics Club	CORBY	W65			
	250	Alexa King	Hart Road Runners	HARTR	W45			
	497	Sarah Winstone	Southampton Athletic Club	SOTON	W35			
	28	Rob Baser	Midland Masters AC	WGSTN	M70			
	202	Jonathan Haynes	Eastern Masters Athletics Club	BSTOR	M70			
	371	Jemima Renfer	Highgate Harriers	HIGH	W35			
	123	Yvette Dore	Dulwich Runners AC	DUL	W50-->W3 5			
	21	Rose Baker	Veterans AC	CAMBH	W60			
	236	Deborah Jeffery	Southern Counties Veterans AC	FOLKR	W55			
	453	Martyn Underdown	Veterans AC	BMH	M65			
	154	Julia Galea	Veterans AC	ILFRD	W70-->W5 5			
	384	Helen Rochester	Veterans AC	EALE	W50			
	130	Carol Dutton	Eastern Masters Athletics Club	ROYST	W65			
	304	Tom Morris	Veterans AC	HARR	M65			
	136	Simon Elsbury	Guildford & Godalming AC	GG	M35			
	216	Robert Holloway	Windle Valley Runners	WVR	M70			
	104	Anna Critchlow	Veterans AC	W4H	W55-->W4 5			
	503	Lucy Woolhouse	Veterans AC	VAC	W60			
	167	Anna Godfrey	Reading AC	READ	W35			
	432	Michelle Tafili	Veterans AC	WALT	W40			
	324	Stanley Ogden	Warrington Athletic Club	WARRA	M65			
	238	Paul Jeggo	Eastern Masters Athletics Club	SPRNG	M65			
	301	David Moorekite	Southern Counties Veterans AC	LARKF	M85			

Place	Bib	Name	Club	Club 2	Category	Cat Pos	Result	Note
	362	Laura Quayle	Guernsey Athletics Club	GUERN	W45			
	169	Philippa Goodhew	Dulwich Runners AC	DUL	W35			
	180	Brian Green	Oxford City AC	OXFC	M65			
	98	Adrian Cornford	South West Veterans AC	CREWR	M65			
	267	Rosemary Lewis	West 4 Harriers	W4H	W55-->W4 5			
	464	Briony Walsh	Ashford AC	ASHFA	W35			
	315	Maureen Noel	Veterans AC	BEL	W60			
	116	Helen Davies	Veterans AC	STR	W55			
	156	Anna Garnier	Veterans AC	THH	W70			
	78	Kate Carter	Veterans AC	WW	W45			
	232	Lara James	Veterans AC	JERSP	W45			
	340	Penny Pilbeam	Southern Counties Veterans AC	TONB	W55-->W4 5			
	14	Nicky Atkins	Veterans AC	EPO	W60			