

# British Masters 5 km Road Championships 2025 - LONDON - 30 Nov 2025

## R1 Masters M35-M60 5K

### Individual Scores - M35

| Place | Name              | Team                      | Performance |
|-------|-------------------|---------------------------|-------------|
| 2     | Thomas Almond     | Veterans AC               | 15:08       |
| 3     | Matthew Revier    | Southampton Athletic Club | 15:13       |
| 6     | Mark Bolland-Cage | Northern Masters AC       | 15:35       |

### Team Scores - M35-44

| Pos | Team    | Time  | Athletes (Absolute race place, points in brackets)         |
|-----|---------|-------|------------------------------------------------------------|
| 1   | SOTON-A | 47:24 | 3: Matthew Revier , 7: Richard Waldron , 37: Matt Coffey   |
| 2   | REI-A   | 49:06 | 2: Thomas Almond , 20: Rob Wigley , 91: Lee Savage         |
| 3   | WW-A    | 50:44 | 25: David Sharman , 54: Laurent Shen , 78: Peter McCloskey |

### Individual Scores - M40

| Place | Name           | Team                          | Performance |
|-------|----------------|-------------------------------|-------------|
| 1     | James Copeland | Southern Counties Veterans AC | 15:04       |
| 4     | James Hurrell  | London Heathside              | 15:31       |
| 5     | Michael Stone  | Newbury AC                    | 15:32       |

### Individual Scores - M45

| Place | Name            | Team                                        | Performance |
|-------|-----------------|---------------------------------------------|-------------|
| 11    | Nicholas Browne | Serpentine RC                               | 15:52       |
| 16    | Stephen Fabes   | Victoria Park Harriers and Tower Hamlets AC | 16:08       |
| 20    | Jamie Philip    | Scottish Veteran Harriers Club              | 16:18       |

### Team Scores - M45-54

| Pos | Team   | Time  | Athletes (Absolute race place, points in brackets)         |
|-----|--------|-------|------------------------------------------------------------|
| 1   | SERP-A | 49:13 | 10: Will Green , 11: Nicholas Browne , 85: Matthieu Prevot |
| 2   | HOL-A  | 50:00 | 12: Chris Blackburn , 56: James Ellis , 64: Steve Aish     |
| 3   | GG-A   | 50:30 | 20: Oliver Gosden , 47: Nick Tearle , 78: James Adams      |

## Individual Scores - M50

| Place | Name            | Team                           | Performance |
|-------|-----------------|--------------------------------|-------------|
| 8     | Adrian Mussett  | Eastern Masters Athletics Club | 15:38       |
| 10    | Will Green      | Serpentine RC                  | 15:50       |
| 12    | Chris Blackburn | Veterans AC                    | 15:56       |

## Individual Scores - M55

| Place | Name        | Team                          | Performance |
|-------|-------------|-------------------------------|-------------|
| 33    | Mark Symes  | Southern Counties Veterans AC | 16:28       |
| 51    | Matt Weaver | Highgate Harriers             | 16:52       |
| 57    | James Allan | North East Masters AA         | 16:58       |

## Team Scores - M55-64

| Pos | Team   | Time  | Athletes (Absolute race place, points in brackets)       |
|-----|--------|-------|----------------------------------------------------------|
| 1   | AFD-A  | 53:14 | 33: Mark Symes , 111: Darren Atkins , 119: Koji Miyazaki |
| 2   | GG-A   | 53:15 | 60: Terry Booth , 69: David Williams , 136: Philip Pryke |
| 3   | HIGH-A | 53:17 | 51: Matt Weaver , 100: Sion Parry , 119: Chris Beecham   |

## Individual Scores - M60

| Place | Name           | Team                            | Performance |
|-------|----------------|---------------------------------|-------------|
| 42    | Andrew Leach   | Eastern Masters Athletics Club  | 16:42       |
| 59    | Chris Upson    | Scottish Veteran Harriers Club  | 17:01       |
| 69    | David Williams | Welsh Masters Athletics Limited | 17:13       |

## R2 Masters WALL and M65+ 5K

## Individual Scores - W35

| Place | Name            | Team                          | Performance |
|-------|-----------------|-------------------------------|-------------|
| 1     | Rebecca Piggott | London Heathside              | 17:24       |
| 2     | Sarah Winstone  | Southampton Athletic Club     | 17:44       |
| 7     | Stephanie Giles | Southern Counties Veterans AC | 18:23       |

## Team Scores - W35-44

| Pos | Team    | Time  | Athletes (Absolute race place, points in brackets)      |
|-----|---------|-------|---------------------------------------------------------|
| 1   | AFD-A   | 57:18 | 17: Abby Curtis , 27: Lucy Wright , 30: Ruth Wallace    |
| 2   | SOTON-A | 57:30 | 2: Sarah Winstone , 33: Amanda Miles , 54: Gisela Hoppe |
| 3   | HOL-A   | 59:39 | 19: Lucy Berryman , 48: Kirsty Cutting , 70: Gemma Hall |

### Individual Scores - W40

| Place | Name          | Team                            | Performance |
|-------|---------------|---------------------------------|-------------|
| 4     | Nicola Sutton | Northern Masters AC             | 17:53       |
| 5     | Nichola Evans | Tonbridge Athletic Club         | 17:56       |
| 12    | Maria Kowal   | Welsh Masters Athletics Limited | 18:32       |

### Individual Scores - W45

| Place | Name         | Team                           | Performance |
|-------|--------------|--------------------------------|-------------|
| 6     | Zoe Oldfield | Eastern Masters Athletics Club | 18:16       |
| 11    | Niki Densley | Camberley & District AC        | 18:31       |
| 23    | Alexa King   | Hart Road Runners              | 19:00       |

### Team Scores - W45-54

| Pos | Team   | Time    | Athletes (Absolute race place, points in brackets)                         |
|-----|--------|---------|----------------------------------------------------------------------------|
| 1   | HIGH-A | 1:00:52 | 37: Heather Tanner Hill , 59: Sabina Russell , 70: Nicola Audhlam Gardiner |
| 2   | KEN-A  | 1:03:30 | 13: Elinor Skinner , 18: Clare Elms , 156: Karen Samuel                    |

### Individual Scores - W50

| Place | Name            | Team                          | Performance |
|-------|-----------------|-------------------------------|-------------|
| 3     | Carole Coulon   | Southern Counties Veterans AC | 17:49       |
| 9     | Nikki Sturzaker | Veterans AC                   | 18:30       |
| 13    | Elinor Skinner  | Veterans AC                   | 18:33       |

### Individual Scores - W55

| Place | Name            | Team                          | Performance |
|-------|-----------------|-------------------------------|-------------|
| 14    | Kate Ramsey     | Midland Masters AC            | 18:34       |
| 28    | Anna Critchlow  | Veterans AC                   | 19:15       |
| 30    | Deborah Jeffery | Southern Counties Veterans AC | 19:28       |

### Team Scores - W55-64

| Pos | Team    | Time    | Athletes (Absolute race place, points in brackets)               |
|-----|---------|---------|------------------------------------------------------------------|
| 1   | HOJ-A   | 1:10:26 | 122: Phyl Weston , 124: Miranda Huisman , 132: Penny Barron      |
| 2   | ILFRD-A | 1:20:01 | 144: Pauline Tester , 155: Beverley Thomas , 168: Launa Broadley |

### Individual Scores - W60

| Place | Name           | Team              | Performance |
|-------|----------------|-------------------|-------------|
| 18    | Clare Elms     | Veterans AC       | 18:39       |
| 59    | Sabina Russell | Highgate Harriers | 20:22       |
| 80    | Lucy Woolhouse | Veterans AC       | 21:00       |

## Individual Scores - M65

| Place | Name           | Team                   | Performance |
|-------|----------------|------------------------|-------------|
| 8     | Paul Reddaway  | South West Veterans AC | 18:27       |
| 9     | David Ogden    | Veterans AC            | 18:30       |
| 20    | Kevin McDonald | Hillingdon AC          | 18:47       |

## Team Scores - M65-74

| Pos | Team    | Time    | Athletes (Absolute race place, points in brackets)         |
|-----|---------|---------|------------------------------------------------------------|
| 1   | WARRA-A | 1:04:29 | 56: Stanley Ogden , 91: David Norman , 113: David Gill     |
| 2   | HOJ-A   | 1:07:26 | 47: Pete O'Connell , 119: Warren Marks , 136: Clive Walker |
| 3   | TONB-A  | 1:11:23 | 73: Alan Buckle , 127: Alan Newman , 161: Cain Bradley     |

## Individual Scores - W65

| Place | Name              | Team               | Performance |
|-------|-------------------|--------------------|-------------|
| 39    | Monica Williamson | Midland Masters AC | 19:53       |
| 89    | Pamela Whitter    | Veterans AC        | 21:26       |
| 92    | Sian Davies       | Midland Masters AC | 21:28       |

## Individual Scores - M70

| Place | Name            | Team                           | Performance |
|-------|-----------------|--------------------------------|-------------|
| 29    | Jonathan Haynes | Eastern Masters Athletics Club | 19:24       |
| 43    | Peter Hough     | Midland Masters AC             | 20:01       |
| 48    | Ged Ruffle      | Veterans AC                    | 20:12       |

## Individual Scores - W70

| Place | Name            | Team                           | Performance |
|-------|-----------------|--------------------------------|-------------|
| 114   | Anna Garnier    | Veterans AC                    | 22:50       |
| 145   | Sara Anne Ellen | Eastern Masters Athletics Club | 25:04       |
| 158   | Gloria Bullen   | Eastern Masters Athletics Club | 26:34       |

## Individual Scores - M75

| Place | Name            | Team                          | Performance |
|-------|-----------------|-------------------------------|-------------|
| 116   | Frank Brennan   | Veterans AC                   | 22:57       |
| 131   | Desmond Michael | Southern Counties Veterans AC | 23:46       |
| 143   | David Jones     | Midland Masters AC            | 24:39       |

## Individual Scores - W75

| Place | Name           | Team                            | Performance |
|-------|----------------|---------------------------------|-------------|
| 140   | Anne Dockery   | Welsh Masters Athletics Limited | 24:23       |
| 162   | Naomi Stanford | Serpentine RC                   | 27:15       |
| 171   | Heather Allen  | Veterans AC                     | 30:51       |

**Individual Scores - M80**

| Place | Name          | Team                          | Performance |
|-------|---------------|-------------------------------|-------------|
| 139   | Peter Giles   | Veterans AC                   | 24:13       |
| 154   | Tony Rea      | Southern Counties Veterans AC | 25:46       |
| 174   | Edward Thorpe | Veterans AC                   | 31:52       |

**Individual Scores - W80**

| Place | Name          | Team        | Performance |
|-------|---------------|-------------|-------------|
| 165   | Janice Newman | Metros RC   | 28:20       |
| 176   | Pauline Rich  | Veterans AC | 33:56       |

**Individual Scores - M85**

| Place | Name            | Team                          | Performance |
|-------|-----------------|-------------------------------|-------------|
| 157   | David Moorekite | Southern Counties Veterans AC | 26:31       |
| 172   | Doug Milsom     | Southern Counties Veterans AC | 31:13       |