

BMAF Indoor Pentathlon & 3K Champs 2025 (+Open Events/Relay) - - Sheffield 26 Jan 2025

Address: English Institute of Sport, Sheffield
 Date of event: 2025-01-26
 Organiser: BMAF Services Limited
 Contact Name: BMAF Competition Secretary
 Contact Email: bmaf@opentrack.run
 Competition Type: INDOOR

Results by Category

This report only shows finishers (excludes DNF, DNS and DQ)

P01 Pentathlon (M35-45) - 2025-01-26

Category: M35

Place	Total	Bib	Name	Category	Team	60H	LJ	SP	HJ	1000
9	1706	1	Mark Andrews	M35	VAC	334 11.22	346 4.64	413 8.41	404 1.50	209 3:58.33

Category: M40

Place	Total	Bib	Name	Category	Team	60H	LJ	SP	HJ	1000
1	2936	11	Mark Beer	M40	NMAC	623 9.87	659 5.77	524 9.56	723 1.80	407 3:37.27
2	2582	10	Bilen Ahmet	M40	VAC	558 10.21	467 4.95	559 10.09	536 1.59	462 3:30.17
3	2508	20	Vincent Hocq	M40	xxFRA	489 10.60	554 5.34	491 9.07	536 1.59	438 3:33.22
5	2246	18	Andrew Harrison	M40	NEMAA	330 11.60	512 5.15	454 8.53	457 1.50	493 3:26.28
6	2140	15	Matthew Dalton	M40	EMAC	581 10.09	443 4.84	386 7.49	457 1.50	273 3:56.55
8	1786	12	John Bowden	M40	MMAC	342 11.51	465 4.94	469 8.74	411 1.44	99 4:30.64
10	1104	28	Matthew Lamb	M40	SAH	192 12.67	326 4.29	258 5.53	121 1.02	207 4:07.79

Category: M45

Place	Total	Bib	Name	Category	Team	60H	LJ	SP	HJ	1000
4	2360	46	Andrew Holme	M45	SWVAC	379 11.66	447 4.60	357 6.62	520 1.50	657 3:15.08
7	2126	37	Rick Cordwell	M45	NMAC	457 11.16	451 4.61	447 7.88	389 1.35	382 3:49.28
		DNS	Clint Nicholls	M45	EMAC	DNS				

P02 Pentathlon (M50) - 2025-01-26

Category: M50

Place	Total	Bib	Name	Category	Team	60H	LJ	SP	HJ	1000
1	3394	77	Craig Pounder	M50	NEMAA	829 9.44	635 5.06	682 11.47	644 1.56	604 3:29.15
2	2611	75	Kieran O'Brien	M50	NMAC	343 12.21	473 4.44	625 10.66	472 1.38	698 3:18.27
3	2497	57	Greg Asbury	M50	MMAC	365 12.06	455 4.37	331 6.42	504 1.41	842 3:02.80

4	2447	81	Phil Robinson	M50	NMAC	442 11.55	463 4.40	562 9.75	504 1.41	476 3:45.29
5	2219	82	Ivan Ross	M50	xxIRL	484 11.28	315 3.78	414 7.63	472 1.38	534 3:37.67
6	1856	63	Lee Coupland	M50	NMAC	250 12.94	390 4.10	393 7.32	449 1.35	374 3:59.59
7	1720	71	Ian McPhail	M50	NMAC	241 13.01	453 4.36	528 9.28	449 1.35	49 5:08.16
8	845	69	Richard Maddock	M50	SWVAC	DNF	281 3.62	334 6.46	225 1.08	5 5:31.89
	DNF	65	Ian Firla	M50	SCVAC	DNF				
	DNF	72	Mark Mcallister	M50	VAC	DNF				
	DNF	80	Scott Roberts	M50	SCVAC	DNF				
	DNF	85	Scott Whittle	M50	NMAC	DNF				

P03 Pentathlon (M55&M65) - 2025-01-26

Category: M55

Place	Total	Bib	Name	Category	Team	60H	LJ	SP	HJ	1000
1	3369	113	Oloff Van Zyl	M55	xxRSA	642 10.80	646 4.81	580 9.32	544 1.38	957 2:58.42
3	3144	99	David Hartwell	M55	MMAC	535 11.42	781 5.26	648 10.21	696 1.53	484 3:53.42
4	3076	116	Adam Leslie Young Johnson	M55	BIRCH	752 10.21	652 4.83	518 8.49	731 1.56	423 4:02.15
5	2862	109	David Stewart	M55	DTC	504 11.61	550 4.47	524 8.56	602 1.44	682 3:28.32
7	2677	102	Ian Martin	M55	NMAC	461 11.88	437 4.05	431 7.32	544 1.38	804 3:14.45
9	1774	89	Jeff Darbyshire	M55	NMAC	392 12.35	429 4.02	391 6.78	345 1.17	217 4:36.81
	DNF	104	Martin Murray	M55	SWVAC	DNF				
	DNF	87	Malcolm Chapman	M55	LINCW	DNF				
	DNF	90	Neil Davies	M55	WMAL	DNF				

Category: M65

Place	Total	Bib	Name	Category	Team	60H	LJ	SP	HJ	1000
2	3343	184	Brian Slaughter	M65	VAC	733 10.84	661 4.29	716 10.37	593 1.29	640 3:52.05
6	2795	170	John Hall	M65	NEMAA	444 12.62	465 3.67	588 8.78	627 1.32	671 3:48.00
8	2540	176	Clem Leon	M65	SCVAC	454 12.54	483 3.73	455 7.13	661 1.35	487 4:13.47
10	1156	181	David Orchard	M65	GBR	DNF	110 2.27	679 9.91	367 1.08	DNF
	DNF	180	Jeremy Musselwhite	M65	SWVAC	DNF				

P04 Pentathlon (M60&M70+) - 2025-01-26

Category: M60

Place	Total	Bib	Name	Category	Team	60H	LJ	SP	HJ	1000
1	3511	157	Andrew Waddington	M60	SCVAC	679 10.66	655 4.55	524 8.69	785 1.53	868 3:15.52
3	3021	160	Ian Wells	M60	EMAC	739 10.34	519 4.10	480 8.09	552 1.32	731 3:31.21
4	2991	143	Andrew Pringle	M60	SVHC	629 10.93	661 4.57	569 9.29	552 1.32	580 3:50.05
5	2856	154	Ron Todd	M60	SVHC	619 10.99	707 4.72	655 10.45	679 1.44	196 4:53.09
6	2756	139	Derek Osborne	M60	WMAL	480 11.82	537 4.16	515 8.56	585 1.35	639 3:42.52
8	2332	132	Tony Killilea	M60	VAC	360 12.65	421 3.75	402 7.02	457 1.23	692 3:35.92
10	1926	164	Paul Yeoman	M60	WMAL	416 12.25	386 3.62	407 7.09	520 1.29	197 4:52.91
11	1774	158	Nicholas Walker	M60	EMAC	306 13.06	431 3.79	577 9.40	457 1.23	3 6:02.68
	DNS	142	Geoff Powley	M60	LINCW	DNF	429 3.78	554 9.10	396 1.17	DNF
	DNS	153	Peter Stansbury	M60	EMAC	DNF				

Category: M70

Place	Total	Bib	Name	Category	Team	60H	LJ	SP	HJ	1000
9	2186	196	Adrian Essex	M70	SCVAC	306 13.95	498 3.54	540 8.37	569 1.20	273 5:02.67
12	1018	198	Geoff Miller	M70	NEWPH	44 17.13	429 3.32	533 8.28	NH	12 6:26.16
	DNS	202	Rashpal Singh	M70	MMAC	DNF				

Category: M75

Place	Total	Bib	Name	Category	Team	60H	LJ	SP	HJ	1000
2	3268	215	Alistair Hill	M75	NEMAA	637 12.24	591 3.56	712 9.55	859 1.35	469 4:40.31
7	2726	213	David Cowley	M75	MMAC	658 12.11	535 3.41	673 9.11	653 1.20	207 5:32.08
	DNS	221	Tony Wells	M75	EMAC	DNF				

P05 Pentathlon (W35-45) - 2025-01-26

Category: W35

Place	Total	Bib	Name	Category	Team	60H	HJ	SP	LJ	800
3	2991	237	Jo Rowland	W35	NMAC	609 10.57	701 1.54	793 13.49	464 4.50	424 2:55.16
8	1777	229	Niketa Akintade	W35	ENFH	418 11.76	399 1.27	333 6.73	279 3.75	348 3:03.21
9	1690	232	Samantha Eve Marsh	W35	GBR	573 10.78	312 1.18	235 5.24	225 3.51	345 3:03.48
10	1644	235	Aleksandra Majewska-Ani	W35	MMAC	261 12.95	523 1.39	394 7.64	227 3.52	239 3:16.35
11	1594	234	Heather Letley	W35	GBR	312 12.53	369 1.24	308 6.35	237 3.57	368 3:00.95
	DNS	230	Stef Bazytkiewicz	W35	EMAC	DNF				

Category: W40

Place	Total	Bib	Name	Category	Team	60H	HJ	SP	LJ	800
2	3174	240	Jodie Albrow	W40	SCVAC	893 9.77	599 1.39	537 9.06	557 4.58	588 2:45.92
5	2385	248	Rose Grace	W40	SCVAC	563 11.67	534 1.33	345 6.42	374 3.93	569 2:47.70
6	2301	249	Nicola Henderson	W40	NMAC	496 12.11	566 1.36	213 4.55	423 4.11	603 2:44.61
7	2154	241	Yvette Alexander	W40	NMAC	453 12.41	429 1.24	458 7.98	406 4.05	408 3:03.52

Category: W45

Place	Total	Bib	Name	Category	Team	60H	HJ	SP	LJ	800
1	3868	262	Leanne Buxton	W45	BEDC	1008 9.51	689 1.39	621 9.45	777 5.00	773 2:36.44
4	2494	264	Sally Gilding	W45	EMAC	701 11.20	534 1.27	469 7.52	384 3.75	406 3:11.16
	DNS	265	Clare Gratrix	W45	MMAC	412 13.13	655 1.36	308 5.46		DNS

P06 Pentathlon (W50+) - 2025-01-26

Category: W50

Place	Total	Bib	Name	Category	Team	60H	HJ	SP	LJ	800
1	4422	279	Diana Norman	W50	EE	959 9.89	941 1.50	797 12.40	822 4.84	903 2:32.31
2	3192	281	Nina Ridge	W50	VAC	779 10.88	644 1.29	598 9.76	421 3.66	750 2:45.07
6	2470	273	Jayne Barlow	W50	NMAC	546 12.34	689 1.32	403 7.12	352 3.43	480 3:11.09
8	2393	288	Sarah Westrap-Boon	W50	VAC	637 11.74	449 1.14	442 7.65	443 3.73	422 3:17.53
11	1553	275	Beverley Horsfield	W50	NMAC	281 14.42	491 1.17	444 7.67	218 2.94	119 4:01.78

Category: W55

Place	Total	Bib	Name	Category	Team	60H	HJ	SP	LJ	800
9	2127	295	Louise Kirby	W55	WMAL	540 12.87	449 1.08	327 5.58	326 3.15	485 3:19.24
10	1679	298	Wendy Valentine	W55	NMAC	359 14.27	481 1.11	430 6.86	283 3.00	126 4:11.30
12	1520	294	Afroditi Kalambouka	W55	NMAC	21.38	449 1.08	370 6.11	306 3.08	395 3:29.74

Category: W60

Place	Total	Bib	Name	Category	Team	60H	HJ	SP	LJ	800
7	2454	307	Christine Pates	W60	SCVAC	498 13.71	783 1.26	492 6.97	448 3.32	233 4:03.24

Category: W65

Place	Total	Bib	Name	Category	Team	60H	HJ	SP	LJ	800
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4	2980	312	Jeanette Ashton	W65	SCVAC	578 13.69	736 1.17	573 7.14	490 3.22	603 3:25.71
5	2528	316	Nicky Buckwell	W65	WMAL	697 12.84	599 1.08	507 6.47	350 2.84	375 3:53.85

Category: W75

Place	Total	Bib	Name	Category	Team	60H	HJ	SP	LJ	800
3	3111	327	Sally Hine	W75	MMAC	904 13.03	783 1.08	478 6.03	487 2.80	459 4:08.93

F01 Triple Jump (Open) - 2025-01-26

M50

Position	Name	Age	Team	Performance
1	Stephen Thorpe	M50	Northern Masters AC	10.80

M60

Position	Name	Age	Team	Performance
1	Julien Gittens	M60	Northern Masters AC	10.43
2	Michael David Smith	M60	Welsh Masters Athletics Ltd	9.05

M65

Position	Name	Age	Team	Performance
1	Ian Torode	M65	South West Veterans AC	8.16

M70

Position	Name	Age	Team	Performance
1	John Spriggs	M70	Eastern Masters AC	7.25

W50

Position	Name	Age	Team	Performance
1	Janelle Quinn	W50	Midland Masters AC	8.80
2	Stephanie Johnston	W50	Eastern Masters AC	8.14

W60

Position	Name	Age	Team	Performance
1	Jo Willoughby	W60	Midland Masters AC	9.77
2	Melanie Garland	W60	Welsh Masters Athletics Ltd	8.82

W65

Position	Name	Age	Team	Performance
1	Julie Wakelam	W65	Midland Masters AC	7.01

F02 Shot Put Women (Open) - 2025-01-26

W35

Position	Name	Age	Team	Performance
1	Caroline Siderius	W35	Northern Masters AC	6.72

W40

Position	Name	Age	Team	Performance
1	Kerrie Buckley	W40	Northern Masters AC	10.33
2	Natalie Mann	W40	Veterans AC	7.30

W45

Position	Name	Age	Team	Performance
1	Claire Reid	W45		9.57

W50

Position	Name	Age	Team	Performance
1	Paula Williams	W50	Midland Masters AC	13.58
2	Amanda Broadhurst	W50	Welsh Masters Athletics Ltd	9.45
3	Sharon Hutchings	W50	Midland Masters AC	8.69

W55

Position	Name	Age	Team	Performance
1	Lesley Richardson	W55	Welsh Masters Athletics Ltd	8.29
2	Irene Wittich-Anderson	W55	Llanelli AAC	6.82

W65

Position	Name	Age	Team	Performance
1	Hazel Barker	W65	Northern Masters AC	7.68

W70

Position	Name	Age	Team	Performance
1	Caroline Marler	W70	Northern Masters AC	7.46

T01 60H (W50+ PEN) - 2025-01-26

W50

Position	Name	Age	Team	Performance
1	Diana Norman	W50	Epsom & Ewell Harriers	9.89
2	Nina Ridge	W50	Veterans AC	10.88
3	Sarah Westrap-Boon	W50	Veterans AC	11.74
4	Jayne Barlow	W50	Northern Masters AC	12.34
5	Beverley Horsfield	W50	Northern Masters AC	14.42

W55

Position	Name	Age	Team	Performance
1	Louise Kirby	W55	Welsh Masters Athletics Ltd	12.87

2	Wendy Valentine	W55	Northern Masters AC	14.27
3	Afroditi Kalambouka	W55	Northern Masters AC	21.38

W60

Position	Name	Age	Team	Performance
1	Christine Pates	W60	Southern Counties Veterans AC	13.71

W65

Position	Name	Age	Team	Performance
1	Nicky Buckwell	W65	Welsh Masters Athletics Ltd	12.84
2	Jeanette Ashton	W65	Southern Counties Veterans AC	13.69

W75

Position	Name	Age	Team	Performance
1	Sally Hine	W75	Midland Masters AC	13.03

T02 60H (M60&70+ PEN) - 2025-01-26

M60

Position	Name	Age	Team	Performance
1	Ian Wells	M60	Eastern Masters AC	10.34
2	Andrew Waddington	M60	Southern Counties Veterans AC	10.66
3	Andrew Pringle	M60	Scottish Veteran Harriers Club	10.93
4	Ron Todd	M60	Scottish Veteran Harriers Club	10.99
5	Derek Osborne	M60	Welsh Masters Athletics Ltd	11.82
6	Paul Yeoman	M60	Welsh Masters Athletics Ltd	12.25
7	Tony Killilea	M60	Veterans AC	12.65
8	Nicholas Walker	M60	Eastern Masters AC	13.06

M70

Position	Name	Age	Team	Performance
1	Adrian Essex	M70	Southern Counties Veterans AC	13.95
2	Geoff Miller	M70	Newport Harriers	17.13

M75

Position	Name	Age	Team	Performance
1	David Cowley	M75	Midland Masters AC	12.11
2	Alistair Hill	M75	North East Masters AA	12.24

T03 60H (W35-45 PEN) - 2025-01-26

W35

Position	Name	Age	Team	Performance
1	Jo Rowland	W35	Northern Masters AC	10.57
2	Samantha Eve Marsh	W35		10.78
3	Niketa Akintade	W35	Enfield & Haringey	11.76
4	Heather Letley	W35		12.53
5	Aleksandra Majewska-Ani	W35	Midland Masters AC	12.95

W40

Position	Name	Age	Team	Performance
1	Jodie Albrow	W40	Southern Counties Veterans AC	9.77
2	Rose Grace	W40	Southern Counties Veterans AC	11.67
3	Nicola Henderson	W40	Northern Masters AC	12.11
4	Yvette Alexander	W40	Northern Masters AC	12.41

W45

Position	Name	Age	Team	Performance
1	Leanne Buxton	W45	Bedford & County AC	9.51
2	Sally Gilding	W45	Eastern Masters AC	11.20
3	Clare Gratrix	W45	Midland Masters AC	13.13

T04 60H (M55&65 PEN) - 2025-01-26

M55

Position	Name	Age	Team	Performance
1	Adam Leslie Young Johnson	M55	Birchfield Harriers	10.21
2	Oloff Van Zyl	M55	South Africa	10.80
3	David Hartwell	M55	Midland Masters AC	11.42
4	David Stewart	M55	Derry Track Club	11.61
5	Ian Martin	M55	Northern Masters AC	11.88
6	Jeff Darbyshire	M55	Northern Masters AC	12.35

M65

Position	Name	Age	Team	Performance
1	Brian Slaughter	M65	Veterans AC	10.84
2	Clem Leon	M65	Southern Counties Veterans AC	12.54
3	John Hall	M65	North East Masters AA	12.62

T05 60H (M50 PEN) - 2025-01-26

M50

Position	Name	Age	Team	Performance
1	Craig Pounder	M50	North East Masters AA	9.44
2	Ivan Ross	M50	Ireland	11.28

3	Phil Robinson	M50	Northern Masters AC	11.55
4	Greg Asbury	M50	Midland Masters AC	12.06
5	Kieran O'Brien	M50	Northern Masters AC	12.21
6	Lee Coupland	M50	Northern Masters AC	12.94
7	Ian McPhail	M50	Northern Masters AC	13.01

F03 Long Jump (M60&70+ PEN) - 2025-01-26

M60

Position	Name	Age	Team	Performance
1	Ron Todd	M60	Scottish Veteran Harriers Club	4.72
2	Andrew Pringle	M60	Scottish Veteran Harriers Club	4.57
3	Andrew Waddington	M60	Southern Counties Veterans AC	4.55
4	Derek Osborne	M60	Welsh Masters Athletics Ltd	4.16
5	Ian Wells	M60	Eastern Masters AC	4.10
6	Nicholas Walker	M60	Eastern Masters AC	3.79
7	Geoff Powley	M60	Lincoln Wellington AC	3.78
8	Tony Killilea	M60	Veterans AC	3.75
9	Paul Yeoman	M60	Welsh Masters Athletics Ltd	3.62

M70

Position	Name	Age	Team	Performance
1	Adrian Essex	M70	Southern Counties Veterans AC	3.54
2	Geoff Miller	M70	Newport Harriers	3.32

M75

Position	Name	Age	Team	Performance
1	Alistair Hill	M75	North East Masters AA	3.56
2	David Cowley	M75	Midland Masters AC	3.41

T06 60H (M35-45 PEN) - 2025-01-26

M35

Position	Name	Age	Team	Performance
1	Mark Andrews	M35	Veterans AC	11.22

M40

Position	Name	Age	Team	Performance
1	Mark Beer	M40	Northern Masters AC	9.87
2	Matthew Dalton	M40	Eastern Masters AC	10.09
3	Bilen Ahmet	M40	Veterans AC	10.21
4	Vincent Hocq	M40	France	10.60
5	John Bowden	M40	Midland Masters AC	11.51

6	Andrew Harrison	M40	North East Masters AA	11.60
7	Matthew Lamb	M40	Sutton in Ashfield Harriers & AC	12.67

M45

Position	Name	Age	Team	Performance
1	Rick Cordwell	M45	Northern Masters AC	11.16
2	Andrew Holme	M45	South West Veterans AC	11.66

F04 Long Jump (M55&65 PEN) - 2025-01-26

M55

Position	Name	Age	Team	Performance
1	David Hartwell	M55	Midland Masters AC	5.26
2	Adam Leslie Young Johnson	M55	Birchfield Harriers	4.83
3	Oloff Van Zyl	M55	South Africa	4.81
4	David Stewart	M55	Derry Track Club	4.47
5	Ian Martin	M55	Northern Masters AC	4.05
6	Jeff Darbyshire	M55	Northern Masters AC	4.02

M65

Position	Name	Age	Team	Performance
1	Brian Slaughter	M65	Veterans AC	4.29
2	Clem Leon	M65	Southern Counties Veterans AC	3.73
3	John Hall	M65	North East Masters AA	3.67
4	David Orchard	M65		2.27

T07 60m (Open) - 2025-01-26

M50

Position	Name	Age	Team	Performance
1	Richard Higson-Blythe	M50	Northern Masters AC	7.77
2	Kelly Fairclough	M50	Midland Masters AC	8.51

M55

Position	Name	Age	Team	Performance
1	Paul Canning	M55	Eastern Masters AC	7.89
2	Malcolm McPhail	M55	Northern Masters AC	8.05
3	David Wilson	M55	Midland Masters AC	8.33

M60

Position	Name	Age	Team	Performance
1	Donald Brown	M60	Midland Masters AC	8.06

M65

Position	Name	Age	Team	Performance
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1	B John Wright	M65	Northern Masters AC	8.02
2	Andy Hunter	M65	Northern Masters AC	8.20
3	Ricardo Huskisson	M65	Eastern Masters AC	8.44
4	Chris Amos	M65	South West Veterans AC	9.34

M70

Position	Name	Age	Team	Performance
1	Ian Broadhurst	M70	Welsh Masters Athletics Ltd	8.79
2	Geoffrey Beattie	M70	Northern Masters AC	11.21

M75

Position	Name	Age	Team	Performance
1	Charles Ryder	M75	Northern Masters AC	9.32

W40

Position	Name	Age	Team	Performance
1	Emma Wiltshire	W40	Rugby & Northampton AC	8.12
2	Amanda Potter	W40	Northern Masters AC	8.51

W45

Position	Name	Age	Team	Performance
1	Laura Purdy	W45	Northern Masters AC	9.51

W50

Position	Name	Age	Team	Performance
1	Tracey Ashworth	W50	Northern Masters AC	8.41
2	Paula Williams	W50	Midland Masters AC	8.57
3	Janelle Quinn	W50	Midland Masters AC	8.71
4	Stephanie Johnston	W50	Eastern Masters AC	9.47
5	Amanda Broadhurst	W50	Welsh Masters Athletics Ltd	10.32

W55

Position	Name	Age	Team	Performance
1	Debra Casson	W55	Northern Masters AC	9.68
2	Sheila Berry	W55	Midland Masters AC	10.03

W60

Position	Name	Age	Team	Performance
1	Jo Willoughby	W60	Midland Masters AC	8.95
2	Susan Frisby	W60	Midland Masters AC	9.10
3	Melanie Garland	W60	Welsh Masters Athletics Ltd	9.31

W70

Position	Name	Age	Team	Performance
1	Georgina Smith	W70	Midland Masters AC	10.64

F05 Long Jump (M50 PEN) - 2025-01-26

M50

Position	Name	Age	Team	Performance
1	Craig Pounder	M50	North East Masters AA	5.06
2	Kieran O'Brien	M50	Northern Masters AC	4.44
3	Phil Robinson	M50	Northern Masters AC	4.40
4	Greg Asbury	M50	Midland Masters AC	4.37
5	Ian McPhail	M50	Northern Masters AC	4.36
6	Lee Coupland	M50	Northern Masters AC	4.10
7	Ivan Ross	M50	Ireland	3.78
8	Richard Maddock	M50	South West Veterans AC	3.62

T08 2000m Race Walk (Open) - 2025-01-26

M50

Position	Name	Age	Team	Performance
1	John Constandinou	M50	Midland Masters AC	12:14.66

M60

Position	Name	Age	Team	Performance
1	Nigel Shaw	M60	Lancashire WC	12:28.88

M65

Position	Name	Age	Team	Performance
1	Ian Torode	M65	South West Veterans AC	13:37.27

W35

Position	Name	Age	Team	Performance
1	Aleksandra Majewska-Ani	W35	Midland Masters AC	11:38.82

W45

Position	Name	Age	Team	Performance
1	Carolyn Derbyshire	W45	Midland Masters AC	10:50.27

W65

Position	Name	Age	Team	Performance
1	Fiona Bishop	W65	Veterans AC	15:33.22

F06 Shot Put (M60&70+ PEN) - 2025-01-26

M60

Position	Name	Age	Team	Performance
1	Ron Todd	M60	Scottish Veteran Harriers Club	10.45
2	Nicholas Walker	M60	Eastern Masters AC	9.40
3	Andrew Pringle	M60	Scottish Veteran Harriers Club	9.29
4	Geoff Powley	M60	Lincoln Wellington AC	9.10
5	Andrew Waddington	M60	Southern Counties Veterans AC	8.69
6	Derek Osborne	M60	Welsh Masters Athletics Ltd	8.56
7	Ian Wells	M60	Eastern Masters AC	8.09
8	Paul Yeoman	M60	Welsh Masters Athletics Ltd	7.09
9	Tony Killilea	M60	Veterans AC	7.02

M70

Position	Name	Age	Team	Performance
1	Adrian Essex	M70	Southern Counties Veterans AC	8.37
2	Geoff Miller	M70	Newport Harriers	8.28

M75

Position	Name	Age	Team	Performance
1	Alistair Hill	M75	North East Masters AA	9.55
2	David Cowley	M75	Midland Masters AC	9.11

F07 High Jump (W50+ PEN) - 2025-01-26

W50

Position	Name	Age	Team	Performance
1	Diana Norman	W50	Epsom & Ewell Harriers	1.50
2	Jayne Barlow	W50	Northern Masters AC	1.32
3	Nina Ridge	W50	Veterans AC	1.29
4	Beverley Horsfield	W50	Northern Masters AC	1.17
5	Sarah Westrap-Boon	W50	Veterans AC	1.14

W55

Position	Name	Age	Team	Performance
1	Afroditi Kalambouka	W55	Northern Masters AC	1.08
2	Louise Kirby	W55	Welsh Masters Athletics Ltd	1.08
3	Wendy Valentine	W55	Northern Masters AC	1.11

W60

Position	Name	Age	Team	Performance
1	Christine Pates	W60	Southern Counties Veterans AC	1.26

W65

Position	Name	Age	Team	Performance
1	Jeanette Ashton	W65	Southern Counties Veterans AC	1.17
2	Nicky Buckwell	W65	Welsh Masters Athletics Ltd	1.08

W75

Position	Name	Age	Team	Performance
1	Sally Hine	W75	Midland Masters AC	1.08

F08 High Jump (W35-45 PEN) - 2025-01-26

W35

Position	Name	Age	Team	Performance
1	Jo Rowland	W35	Northern Masters AC	1.54
2	Aleksandra Majewska-Ani	W35	Midland Masters AC	1.39
3	Niketa Akintade	W35	Enfield & Haringey	1.27
4	Heather Letley	W35		1.24
5	Samantha Eve Marsh	W35		1.18

W40

Position	Name	Age	Team	Performance
1	Jodie Albrow	W40	Southern Counties Veterans AC	1.39
2	Nicola Henderson	W40	Northern Masters AC	1.36
3	Rose Grace	W40	Southern Counties Veterans AC	1.33
4	Yvette Alexander	W40	Northern Masters AC	1.24

W45

Position	Name	Age	Team	Performance
1	Leanne Buxton	W45	Bedford & County AC	1.39
2	Clare Gratrix	W45	Midland Masters AC	1.36
3	Sally Gilding	W45	Eastern Masters AC	1.27

T09 3000m (W35+ Champ) - 2025-01-26

W35

Position	Name	Age	Team	Performance
1	Sara Ellen	W35	Midland Masters AC	12:24.89

W40

Position	Name	Age	Team	Performance
1	Emma Raven	W40	Northern Masters AC	10:32.90
2	Rachel Murphy	W40	Ireland	10:35.60
3	Alexis Dodd	W40	North East Masters AA	10:36.07
4	Lisa Gawthorne	W40	Northern Masters AC	10:56.48
5	Judith Broadbent	W40	Lincoln Wellington AC	11:05.83

6	Rebecca Mills	W40	Northern Masters AC	13:04.52
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W45

Position	Name	Age	Team	Performance
1	Katherine Wellam	W45	Northern Masters AC	11:33.07
2	Katherine Malone-Brumfitt	W45	Midland Masters AC	11:37.66
3	Emma Bexson	W45	Midland Masters AC	12:06.04
4	Juliet Smith	W45	Northern Masters AC	12:14.04

W50

Position	Name	Age	Team	Performance
1	Lucie Tait-Harris	W50	Wolverhampton & Bilston	11:30.71
2	Stephanie Robson	W50	Northern Masters AC	11:52.68
3	Michelle Vaughan	W50	Northern Masters AC	11:55.05
4	Sarah Swift	W50	South West Veterans AC	12:04.40

W55

Position	Name	Age	Team	Performance
1	Jane Halloran	W55	Northern Masters AC	12:22.26

W60

Position	Name	Age	Team	Performance
1	Clare Elms	W60	Veterans AC	11:01.95
2	Roslyn Loutit	W60	Eastern Masters AC	12:04.75
3	Elke Hausler	W60	Eastern Masters AC	12:40.35
4	Dawn Broom	W60	Northern Masters AC	12:55.71

W65

Position	Name	Age	Team	Performance
1	Marian Grace	W65	Midland Masters AC	13:36.59
2	Fiona Bishop	W65	Veterans AC	15:31.17

W75

Position	Name	Age	Team	Performance
1	Sarah Roberts	W75	Southern Counties Veterans AC	12:35.83

F09 Long Jump (M35-45 PEN) - 2025-01-26

M35

Position	Name	Age	Team	Performance
1	Mark Andrews	M35	Veterans AC	4.64

M40

Position	Name	Age	Team	Performance
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1	Mark Beer	M40	Northern Masters AC	5.77
2	Vincent Hocq	M40	France	5.34
3	Andrew Harrison	M40	North East Masters AA	5.15
4	Bilen Ahmet	M40	Veterans AC	4.95
5	John Bowden	M40	Midland Masters AC	4.94
6	Matthew Dalton	M40	Eastern Masters AC	4.84
7	Matthew Lamb	M40	Sutton in Ashfield Harriers & AC	4.29

M45

Position	Name	Age	Team	Performance
1	Rick Cordwell	M45	Northern Masters AC	4.61
2	Andrew Holme	M45	South West Veterans AC	4.60

F10 Shot Put (M55&65 PEN) - 2025-01-26

M55

Position	Name	Age	Team	Performance
1	David Hartwell	M55	Midland Masters AC	10.21
2	Oloff Van Zyl	M55	South Africa	9.32
3	David Stewart	M55	Derry Track Club	8.56
4	Adam Leslie Young Johnson	M55	Birchfield Harriers	8.49
5	Ian Martin	M55	Northern Masters AC	7.32
6	Jeff Darbyshire	M55	Northern Masters AC	6.78

M65

Position	Name	Age	Team	Performance
1	Brian Slaughter	M65	Veterans AC	10.37
2	David Orchard	M65		9.91
3	John Hall	M65	North East Masters AA	8.78
4	Clem Leon	M65	Southern Counties Veterans AC	7.13

T10 3000m (M35+ Champ) - 2025-01-26

M35

Position	Name	Age	Team	Performance
1	Ben Robinson	M35	Midland Masters AC	8:47.61
2	Andrew Mellor	M35	Rosendale Harriers & AC	9:02.10
3	Daniel Ullah	M35	Midland Masters AC	9:37.99
4	Robert Hodges	M35	Beverley AC	9:40.37
5	Will Rial	M35	United States	11:03.37

M40

Position	Name	Age	Team	Performance
1	Kristian Watson	M40	Midland Masters AC	9:10.44

2	Jonathan Stewart	M40	Northern Masters AC	9:17.55
3	Phillip Williams	M40	Lincoln Wellington AC	9:23.67
4	Daniel Wheat	M40	Midland Masters AC	9:28.71
5	Chris Jordan	M40	Midland Masters AC	9:57.37
6	Abayomi Adedimeji	M40	Midland Masters AC	10:04.01

M45

Position	Name	Age	Team	Performance
1	Chris Stanford	M45	Warrington AC	9:17.17
2	David Heslop	M45	North East Project	9:24.45
3	Simon Fell	M45	Eastern Masters AC	9:26.32
4	Stuart Scott	M45	Sheffield RC	9:33.52
5	Daniel Lewis	M45	Eastern Masters AC	9:43.18
6	Alastair Glossop	M45	Hallamshire Harriers Sheffield	9:52.65
7	James Raven	M45	Welsh Masters Athletics Ltd	9:58.36
8	John Burnett	M45	Veterans AC	10:13.13
9	Richard Davidson	M45	South West Veterans AC	10:36.62

M50

Position	Name	Age	Team	Performance
1	Anthony O'Brien	M50	Northern Masters AC	9:18.42
2	Brent Brodie	M50		9:29.71
3	Lea Fulcher	M50	Ireland	9:37.81
4	Jeff Prest	M50	Northern Masters AC	9:51.10
5	Craig Jackson	M50	Veterans AC	9:56.84
6	Matthew Preston	M50	Veterans AC	10:22.81
7	John Broom	M50	Northern Masters AC	11:58.06

M55

Position	Name	Age	Team	Performance
1	Andrew Taplin	M55	Midland Masters AC	9:42.53
2	Chris Nicoll	M55	Midland Masters AC	9:44.99
3	John Knibb	M55	Midland Masters AC	10:17.99
4	Adrian Haines	M55	Veterans AC	10:28.09
5	Christopher John Payne	M55	Northern Masters AC	11:19.69
6	Nick Currie	M55	Western Tempo	11:21.02
7	Michael Gill	M55	Northern Masters AC	12:47.53

M60

Position	Name	Age	Team	Performance
1	Andrew Ridley	M60	Veterans AC	9:41.46
2	Robert McHarg	M60	Scottish Veteran Harriers Club	9:48.34
3	Chris Upson	M60	Scottish Veteran Harriers Club	10:03.09

4	Colin Ridley	M60	Eastern Masters AC	10:14.07
5	Robert Metcalf	M60	Southern Counties Veterans AC	10:18.04
6	Matthew Robinson	M60	South West Veterans AC	10:19.12
7	David Williams	M60	Veterans AC	10:21.24
8	Simon Anderson	M60	South West Veterans AC	10:21.79
9	Stephen Watmough	M60	Northern Masters AC	10:37.81
10	Steven Gardner	M60	Welsh Masters Athletics Ltd	10:43.87
11	Rob Andrew	M60	North East Masters AA	10:46.30
12	Philip York	M60	South West Veterans AC	11:12.14
13	Russell Parkin	M60	Midland Masters AC	11:20.60
14	Chris Ireland	M60	Northern Masters AC	11:24.80
15	Dave Knighton	M60	Eastern Masters AC	11:34.61
16	Jed Turner	M60	Northern Masters AC	11:36.88
17	Steven Doxey	M60	Northern Masters AC	12:33.40
18	Paul Lemmon	M60	Northern Masters AC	12:38.50

M65

Position	Name	Age	Team	Performance
1	David Clarke	M65		10:36.00
2	Brian Green	M65	Oxford City AC	11:30.04
3	Mike Jackson	M65	Northern Masters AC	11:47.36
4	Karl Hick	M65	Midland Masters AC	12:27.39
5	Stephen Skidmore	M65	Northern Masters AC	12:48.25

M70

Position	Name	Age	Team	Performance
1	David Oxland	M70	Midland Masters AC	11:41.12
2	David Bedwell	M70	Midland Masters AC	11:57.06

M75

Position	Name	Age	Team	Performance
1	Ron Cattle	M75	Midland Masters AC	12:59.72
2	Malcolm Weir	M75	Midland Masters AC	13:23.94
3	Dave Beautyman	M75		14:42.56
4	Neil Robson	M75	Northern Masters AC	18:00.41

M80

Position	Name	Age	Team	Performance
1	Rod Scholes	M80	Northern Masters AC	16:36.68
2	Phil Brennan	M80	Midland Masters AC	17:13.06
3	Barrie Roberts	M80	Welsh Masters Athletics Ltd	20:14.54

M90

Position	Name	Age	Team	Performance
1	Colin Spivey	M90	Northern Masters AC	17:48.30

F11 Shot Put (W50+ PEN) - 2025-01-26

W50

Position	Name	Age	Team	Performance
1	Diana Norman	W50	Epsom & Ewell Harriers	12.40
2	Nina Ridge	W50	Veterans AC	9.76
3	Beverley Horsfield	W50	Northern Masters AC	7.67
4	Sarah Westrap-Boon	W50	Veterans AC	7.65
5	Jayne Barlow	W50	Northern Masters AC	7.12

W55

Position	Name	Age	Team	Performance
1	Wendy Valentine	W55	Northern Masters AC	6.86
2	Afroditi Kalambouka	W55	Northern Masters AC	6.11
3	Louise Kirby	W55	Welsh Masters Athletics Ltd	5.58

W60

Position	Name	Age	Team	Performance
1	Christine Pates	W60	Southern Counties Veterans AC	6.97

W65

Position	Name	Age	Team	Performance
1	Jeanette Ashton	W65	Southern Counties Veterans AC	7.14
2	Nicky Buckwell	W65	Welsh Masters Athletics Ltd	6.47

W75

Position	Name	Age	Team	Performance
1	Sally Hine	W75	Midland Masters AC	6.03

F12 High jump (Open) - 2025-01-26

M60

Position	Name	Age	Team	Performance
1	Steve Linsell	M60	Northern Masters AC	1.55

W60

Position	Name	Age	Team	Performance
1	Melanie Garland	W60	Welsh Masters Athletics Ltd	1.30
2	Kate Scott	W60	Northern Masters AC	1.18

F13 Shot Put (W35-45 PEN) - 2025-01-26

W35

Position	Name	Age	Team	Performance
1	Jo Rowland	W35	Northern Masters AC	13.49
2	Aleksandra Majewska-Ani	W35	Midland Masters AC	7.64
3	Niketa Akintade	W35	Enfield & Haringey	6.73
4	Heather Letley	W35		6.35
5	Samantha Eve Marsh	W35		5.24

W40

Position	Name	Age	Team	Performance
1	Jodie Albrow	W40	Southern Counties Veterans AC	9.06
2	Yvette Alexander	W40	Northern Masters AC	7.98
3	Rose Grace	W40	Southern Counties Veterans AC	6.42
4	Nicola Henderson	W40	Northern Masters AC	4.55

W45

Position	Name	Age	Team	Performance
1	Leanne Buxton	W45	Bedford & County AC	9.45
2	Sally Gilding	W45	Eastern Masters AC	7.52
3	Clare Gratrix	W45	Midland Masters AC	5.46

F16 Shot Put (M50 PEN) - 2025-01-26

M50

Position	Name	Age	Team	Performance
1	Craig Pounder	M50	North East Masters AA	11.47
2	Kieran O'Brien	M50	Northern Masters AC	10.66
3	Phil Robinson	M50	Northern Masters AC	9.75
4	Ian McPhail	M50	Northern Masters AC	9.28
5	Ivan Ross	M50	Ireland	7.63
6	Lee Coupland	M50	Northern Masters AC	7.32
7	Richard Maddock	M50	South West Veterans AC	6.46
8	Greg Asbury	M50	Midland Masters AC	6.42

F14 High Jump (M60&70+ PEN) - 2025-01-26

M60

Position	Name	Age	Team	Performance
1	Andrew Waddington	M60	Southern Counties Veterans AC	1.53
2	Ron Todd	M60	Scottish Veteran Harriers Club	1.44
3	Derek Osborne	M60	Welsh Masters Athletics Ltd	1.35

4	Andrew Pringle	M60	Scottish Veteran Harriers Club	1.32
5	Ian Wells	M60	Eastern Masters AC	1.32
6	Paul Yeoman	M60	Welsh Masters Athletics Ltd	1.29
7	Nicholas Walker	M60	Eastern Masters AC	1.23
8	Tony Killilea	M60	Veterans AC	1.23
9	Geoff Powley	M60	Lincoln Wellington AC	1.17

M70

Position	Name	Age	Team	Performance
1	Adrian Essex	M70	Southern Counties Veterans AC	1.20

M75

Position	Name	Age	Team	Performance
1	Alistair Hill	M75	North East Masters AA	1.35
2	David Cowley	M75	Midland Masters AC	1.20

F15 Long Jump (W50+ PEN) - 2025-01-26

W50

Position	Name	Age	Team	Performance
1	Diana Norman	W50	Epsom & Ewell Harriers	4.84
2	Sarah Westrap-Boon	W50	Veterans AC	3.73
3	Nina Ridge	W50	Veterans AC	3.66
4	Jayne Barlow	W50	Northern Masters AC	3.43
5	Beverley Horsfield	W50	Northern Masters AC	2.94

W55

Position	Name	Age	Team	Performance
1	Louise Kirby	W55	Welsh Masters Athletics Ltd	3.15
2	Afroditi Kalambouka	W55	Northern Masters AC	3.08
3	Wendy Valentine	W55	Northern Masters AC	3.00

W60

Position	Name	Age	Team	Performance
1	Christine Pates	W60	Southern Counties Veterans AC	3.32

W65

Position	Name	Age	Team	Performance
1	Jeanette Ashton	W65	Southern Counties Veterans AC	3.22
2	Nicky Buckwell	W65	Welsh Masters Athletics Ltd	2.84

W75

Position	Name	Age	Team	Performance
1	Sally Hine	W75	Midland Masters AC	2.80

F17 Shot Put (M35-45 PEN) - 2025-01-26

M35

Position	Name	Age	Team	Performance
1	Mark Andrews	M35	Veterans AC	8.41

M40

Position	Name	Age	Team	Performance
1	Bilen Ahmet	M40	Veterans AC	10.09
2	Mark Beer	M40	Northern Masters AC	9.56
3	Vincent Hocq	M40	France	9.07
4	John Bowden	M40	Midland Masters AC	8.74
5	Andrew Harrison	M40	North East Masters AA	8.53
6	Matthew Dalton	M40	Eastern Masters AC	7.49
7	Matthew Lamb	M40	Sutton in Ashfield Harriers & AC	5.53

M45

Position	Name	Age	Team	Performance
1	Rick Cordwell	M45	Northern Masters AC	7.88
2	Andrew Holme	M45	South West Veterans AC	6.62

T11 200m (Open) - 2025-01-26

M40

Position	Name	Age	Team	Performance
1	Thomas Grantham	M40	Northern Masters AC	24.82
2	Ben Hooper	M40	Southern Counties Veterans AC	28.23

M50

Position	Name	Age	Team	Performance
1	Richard Higson-Blythe	M50	Northern Masters AC	25.31
2	Craig Beecham	M50	Southern Counties Veterans AC	26.64
3	Kelly Fairclough	M50	Midland Masters AC	27.38

M55

Position	Name	Age	Team	Performance
1	Malcolm McPhail	M55	Northern Masters AC	26.02
2	Paul Canning	M55	Eastern Masters AC	26.07
3	David Wilson	M55	Midland Masters AC	27.38
4	Rob MacDonald	M55	Northern Masters AC	29.30

M60

Position	Name	Age	Team	Performance
1	Graham Donoghue	M60	Midland Masters AC	30.17
2	Michael David Smith	M60	Welsh Masters Athletics Ltd	30.99

M65

Position	Name	Age	Team	Performance
1	B John Wright	M65	Northern Masters AC	25.44
2	Chris Amos	M65	South West Veterans AC	31.87

M70

Position	Name	Age	Team	Performance
1	Ian Broadhurst	M70	Welsh Masters Athletics Ltd	27.46
2	Geoffrey Beattie	M70	Northern Masters AC	38.25

M75

Position	Name	Age	Team	Performance
1	Charles Ryder	M75	Northern Masters AC	32.75
2	John Exley	M75	Southern Counties Veterans AC	39.33
3	David Shelton	M75	Northern Masters AC	41.67

M85

Position	Name	Age	Team	Performance
1	Tony Bowman	M85	Midland Masters AC	45.26

W40

Position	Name	Age	Team	Performance
1	Amanda Potter	W40	Northern Masters AC	27.89

W45

Position	Name	Age	Team	Performance
1	Laura Purdy	W45	Northern Masters AC	33.03

W50

Position	Name	Age	Team	Performance
1	Tracey Ashworth	W50	Northern Masters AC	27.44
2	Popsie Wootten	W50	Southern Counties Veterans AC	30.04

W55

Position	Name	Age	Team	Performance
1	Debra Casson	W55	Northern Masters AC	33.14

W60

Position	Name	Age	Team	Performance
1	Susan Frisby	W60	Midland Masters AC	31.40

W65

Position	Name	Age	Team	Performance
1	Glennis Richardson	W65	Northern Masters AC	35.68

F18 Long Jump (W35-45 PEN) - 2025-01-26

W35

Position	Name	Age	Team	Performance
1	Jo Rowland	W35	Northern Masters AC	4.50
2	Niketa Akintade	W35	Enfield & Haringey	3.75
3	Heather Letley	W35		3.57
4	Aleksandra Majewska-Ani	W35	Midland Masters AC	3.52
5	Samantha Eve Marsh	W35		3.51

W40

Position	Name	Age	Team	Performance
1	Jodie Albrow	W40	Southern Counties Veterans AC	4.58
2	Nicola Henderson	W40	Northern Masters AC	4.11
3	Yvette Alexander	W40	Northern Masters AC	4.05
4	Rose Grace	W40	Southern Counties Veterans AC	3.93

W45

Position	Name	Age	Team	Performance
1	Leanne Buxton	W45	Bedford & County AC	5.00
2	Sally Gilding	W45	Eastern Masters AC	3.75

F19 High Jump (M55&65 PEN) - 2025-01-26

M55

Position	Name	Age	Team	Performance
1	Adam Leslie Young Johnson	M55	Birchfield Harriers	1.56
2	David Hartwell	M55	Midland Masters AC	1.53
3	David Stewart	M55	Derry Track Club	1.44
4	Oloff Van Zyl	M55	South Africa	1.38
5	Ian Martin	M55	Northern Masters AC	1.38
6	Jeff Darbyshire	M55	Northern Masters AC	1.17

M65

Position	Name	Age	Team	Performance
1	Clem Leon	M65	Southern Counties Veterans AC	1.35
2	John Hall	M65	North East Masters AA	1.32
3	Brian Slaughter	M65	Veterans AC	1.29

4	David Orchard	M65		1.08
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F20 Shot Put Men (Open) - 2025-01-26

M40

Position	Name	Age	Team	Performance
1	Darren Knowles	M40	Midland Masters AC	6.35

M45

Position	Name	Age	Team	Performance
1	Wayne Todd	M45	Northern Masters AC	9.76

M50

Position	Name	Age	Team	Performance
1	Greg Pell	M50	Northern Masters AC	12.28
2	Darran Askew	M50	Doncaster AC	11.40

M55

Position	Name	Age	Team	Performance
1	John Twiddle	M55	Northern Masters AC	12.59

M60

Position	Name	Age	Team	Performance
1	Morris Fox	M60	City of Stoke AC	14.51
2	Allan Leiper	M60	Southern Counties Veterans AC	13.89
3	Steve Linsell	M60	Northern Masters AC	9.77
4	Jonathan Sewell	M60	Northern Masters AC	8.51

M65

Position	Name	Age	Team	Performance
1	Michael Hausler	M65	Eastern Masters AC	13.22

M70

Position	Name	Age	Team	Performance
1	Peter Todd	M70	Northern Masters AC	8.80

M85

Position	Name	Age	Team	Performance
1	Geoffrey Bobb	M85	Northern Masters AC	6.74

T12 800m (Women Open) - 2025-01-26

W40

Position	Name	Age	Team	Performance
1	Katherine Spencer	W40	Midland Masters AC	2:30.81

W45

Position	Name	Age	Team	Performance
1	Maria Shaw	W45	Midland Masters AC	2:24.70
2	Emma Bexson	W45	Midland Masters AC	2:56.63

W50

Position	Name	Age	Team	Performance
1	Samantha Lamb	W50	Veterans AC	2:41.83
2	Fiona Walton	W50	Northern Masters AC	2:48.24

W60

Position	Name	Age	Team	Performance
1	Kate Scott	W60	Northern Masters AC	3:02.45

W65

Position	Name	Age	Team	Performance
1	Karen Brooks	W65	Eastern Masters AC	2:42.61

W70

Position	Name	Age	Team	Performance
1	Nancy Hitchmough	W70	Midland Masters AC	3:24.94

W75

Position	Name	Age	Team	Performance
1	Sarah Roberts	W75	Southern Counties Veterans AC	3:01.11

T14 800m (W50+ PEN) - 2025-01-26

W50

Position	Name	Age	Team	Performance
1	Diana Norman	W50	Epsom & Ewell Harriers	2:32.31
2	Nina Ridge	W50	Veterans AC	2:45.07
3	Jayne Barlow	W50	Northern Masters AC	3:11.09
4	Sarah Westrap-Boon	W50	Veterans AC	3:17.53
5	Beverley Horsfield	W50	Northern Masters AC	4:01.78

W55

Position	Name	Age	Team	Performance
1	Louise Kirby	W55	Welsh Masters Athletics Ltd	3:19.24
2	Afroditi Kalambouka	W55	Northern Masters AC	3:29.74
3	Wendy Valentine	W55	Northern Masters AC	4:11.30

W60

Position	Name	Age	Team	Performance
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1	Christine Pates	W60	Southern Counties Veterans AC	4:03.24
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W65

Position	Name	Age	Team	Performance
1	Jeanette Ashton	W65	Southern Counties Veterans AC	3:25.71
2	Nicky Buckwell	W65	Welsh Masters Athletics Ltd	3:53.85

W75

Position	Name	Age	Team	Performance
1	Sally Hine	W75	Midland Masters AC	4:08.93

F21 Long Jump (Open) - 2025-01-26

M50

Position	Name	Age	Team	Performance
1	Craig Beecham	M50	Southern Counties Veterans AC	5.64
2	Stephen Thorpe	M50	Northern Masters AC	4.83

M60

Position	Name	Age	Team	Performance
1	Michael David Smith	M60	Welsh Masters Athletics Ltd	4.19

M65

Position	Name	Age	Team	Performance
1	Ian Torode	M65	South West Veterans AC	3.66

M70

Position	Name	Age	Team	Performance
1	John Spriggs	M70	Eastern Masters AC	3.59

W40

Position	Name	Age	Team	Performance
1	Linsi Scottow	W40	Midland Masters AC	4.68

W50

Position	Name	Age	Team	Performance
1	Janelle Quinn	W50	Midland Masters AC	3.96
2	Stephanie Johnston	W50	Eastern Masters AC	3.60

W60

Position	Name	Age	Team	Performance
1	Jo Willoughby	W60	Midland Masters AC	4.31

2	Melanie Garland	W60	Welsh Masters Athletics Ltd	4.09
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W65

Position	Name	Age	Team	Performance
1	Glennis Richardson	W65	Northern Masters AC	3.39
2	Julie Wakelam	W65	Midland Masters AC	3.31

T13 800m (W35-45 PEN) - 2025-01-26

W35

Position	Name	Age	Team	Performance
1	Jo Rowland	W35	Northern Masters AC	2:55.16
2	Heather Letley	W35		3:00.95
3	Niketa Akintade	W35	Enfield & Haringey	3:03.21
4	Samantha Eve Marsh	W35		3:03.48
5	Aleksandra Majewska-Ani	W35	Midland Masters AC	3:16.35

W40

Position	Name	Age	Team	Performance
1	Nicola Henderson	W40	Northern Masters AC	2:44.61
2	Jodie Albrow	W40	Southern Counties Veterans AC	2:45.92
3	Rose Grace	W40	Southern Counties Veterans AC	2:47.70
4	Yvette Alexander	W40	Northern Masters AC	3:03.52

W45

Position	Name	Age	Team	Performance
1	Leanne Buxton	W45	Bedford & County AC	2:36.44
2	Sally Gilding	W45	Eastern Masters AC	3:11.16

T15 800m (Men Open) - 2025-01-26

M40

Position	Name	Age	Team	Performance
1	Dan Acheson	M40	Southern Counties Veterans AC	2:03.70
2	Chris Lamb	M40	Eastern Masters AC	2:04.42
3	Michael Tomkins	M40	Midland Masters AC	2:27.05
4	Daniel Mortensen	M40	Sheffield RC	2:28.71

M45

Position	Name	Age	Team	Performance
1	Phil Gould	M45	Midland Masters AC	2:10.47
2	Steven O'Neill	M45	Kimberworth Striders	2:18.17
3	Martin Dera	M45	South West Veterans AC	2:44.31

M55

Position	Name	Age	Team	Performance
1	Andrew Taplin	M55	Midland Masters AC	2:19.09
2	John Featherstone	M55	Newent Runners	2:29.56
3	Christopher John Payne	M55	Northern Masters AC	2:37.81

M60

Position	Name	Age	Team	Performance
1	Steve Corfield	M60	Veterans AC	2:23.69
2	Kevin Pye	M60	Midland Masters AC	2:34.64

M65

Position	Name	Age	Team	Performance
1	Mike Jackson	M65	Northern Masters AC	2:38.78
2	Geoffrey Brewster	M65	Eastern Masters AC	2:48.32
3	Stephen Skidmore	M65	Northern Masters AC	3:15.18

M70

Position	Name	Age	Team	Performance
1	Peter Kennedy	M70	Veterans AC	2:52.69
2	Michael Quinn	M70	Northern Masters AC	3:02.53
3	Richard Brown	M70	Eastern Masters AC	3:18.63

M75

Position	Name	Age	Team	Performance
1	John Exley	M75	Southern Counties Veterans AC	3:11.37
2	David Jones	M75	Midland Masters AC	3:15.48

M80

Position	Name	Age	Team	Performance
1	Rod Scholes	M80	Northern Masters AC	3:41.67

F22 High Jump (M50 PEN) - 2025-01-26

M50

Position	Name	Age	Team	Performance
1	Craig Pounder	M50	North East Masters AA	1.56
2	Greg Asbury	M50	Midland Masters AC	1.41
3	Phil Robinson	M50	Northern Masters AC	1.41
4	Ivan Ross	M50	Ireland	1.38
5	Kieran O'Brien	M50	Northern Masters AC	1.38
6	Lee Coupland	M50	Northern Masters AC	1.35
7	Ian McPhail	M50	Northern Masters AC	1.35
8	Richard Maddock	M50	South West Veterans AC	1.08

T16 1000m (M60&70+ PEN) - 2025-01-26

M60

Position	Name	Age	Team	Performance
1	Andrew Waddington	M60	Southern Counties Veterans AC	3:15.52
2	Ian Wells	M60	Eastern Masters AC	3:31.21
3	Tony Killilea	M60	Veterans AC	3:35.92
4	Derek Osborne	M60	Welsh Masters Athletics Ltd	3:42.52
5	Andrew Pringle	M60	Scottish Veteran Harriers Club	3:50.05
6	Paul Yeoman	M60	Welsh Masters Athletics Ltd	4:52.91
7	Ron Todd	M60	Scottish Veteran Harriers Club	4:53.09
8	Nicholas Walker	M60	Eastern Masters AC	6:02.68

M70

Position	Name	Age	Team	Performance
1	Adrian Essex	M70	Southern Counties Veterans AC	5:02.67
2	Geoff Miller	M70	Newport Harriers	6:26.16

M75

Position	Name	Age	Team	Performance
1	Alistair Hill	M75	North East Masters AA	4:40.31
2	David Cowley	M75	Midland Masters AC	5:32.08

R01 4x200m Relay - 2025-01-26

T18 1000m (M55&65 PEN) - 2025-01-26

M55

Position	Name	Age	Team	Performance
1	Oloff Van Zyl	M55	South Africa	2:58.42
2	Ian Martin	M55	Northern Masters AC	3:14.45
3	David Stewart	M55	Derry Track Club	3:28.32
4	David Hartwell	M55	Midland Masters AC	3:53.42
5	Adam Leslie Young Johnson	M55	Birchfield Harriers	4:02.15
6	Jeff Darbyshire	M55	Northern Masters AC	4:36.81

M65

Position	Name	Age	Team	Performance
1	John Hall	M65	North East Masters AA	3:48.00
2	Brian Slaughter	M65	Veterans AC	3:52.05
3	Clem Leon	M65	Southern Counties Veterans AC	4:13.47

F23 High Jump (M35-45 PEN) - 2025-01-26

M35

Position	Name	Age	Team	Performance
1	Mark Andrews	M35	Veterans AC	1.50

M40

Position	Name	Age	Team	Performance
1	Mark Beer	M40	Northern Masters AC	1.80
2	Vincent Hocq	M40	France	1.59
3	Bilen Ahmet	M40	Veterans AC	1.59
4	Matthew Dalton	M40	Eastern Masters AC	1.50
5	Andrew Harrison	M40	North East Masters AA	1.50
6	John Bowden	M40	Midland Masters AC	1.44
7	Matthew Lamb	M40	Sutton in Ashfield Harriers & AC	1.02

M45

Position	Name	Age	Team	Performance
1	Andrew Holme	M45	South West Veterans AC	1.50
2	Rick Cordwell	M45	Northern Masters AC	1.35

T19 1000m (M50 PEN) - 2025-01-26

M50

Position	Name	Age	Team	Performance
1	Greg Asbury	M50	Midland Masters AC	3:02.80
2	Kieran O'Brien	M50	Northern Masters AC	3:18.27
3	Craig Pounder	M50	North East Masters AA	3:29.15
4	Ivan Ross	M50	Ireland	3:37.67
5	Phil Robinson	M50	Northern Masters AC	3:45.29
6	Lee Coupland	M50	Northern Masters AC	3:59.59
7	Ian McPhail	M50	Northern Masters AC	5:08.16
8	Richard Maddock	M50	South West Veterans AC	5:31.89

T17 1000m (M35-45 PEN) - 2025-01-26

M35

Position	Name	Age	Team	Performance
1	Mark Andrews	M35	Veterans AC	3:58.33

M40

Position	Name	Age	Team	Performance
1	Andrew Harrison	M40	North East Masters AA	3:26.28
2	Bilen Ahmet	M40	Veterans AC	3:30.17

3	Vincent Hocq	M40	France	3:33.22
4	Mark Beer	M40	Northern Masters AC	3:37.27
5	Matthew Dalton	M40	Eastern Masters AC	3:56.55
6	Matthew Lamb	M40	Sutton in Ashfield Harriers & AC	4:07.79
7	John Bowden	M40	Midland Masters AC	4:30.64

M45

Position	Name	Age	Team	Performance
1	Andrew Holme	M45	South West Veterans AC	3:15.08
2	Rick Cordwell	M45	Northern Masters AC	3:49.28