

British Masters Indoor Pentathlon Rankings

Readjusted to incorporate WMA 2023 Combined Events Age Factors

Indoor Pentathlon		Age Group Adj									
Age Group	Rank	Name [RDage]	Score	Venue	Date	60mH	LJ	SP	HJ	1000m	HT = Hand Timing
M35	1	Max Hall [35]	3417	Sheffield	23/01/2022	8.55	6.35	12.44	1.73	3:07.01	
M35	2	Gavin Fordham [35]	3340	Budapest, HUN	25/03/2014	8.77	6.12	11.13	1.87	3:07.99	
M35	3	Ben Hazell	3336	Lee Valley	23/02/2020	8.98	5.51	11.70	1.74	2:42.65	
M35	4	Andrew Lewis	3331	BMAF	10/02/2008	8.6	6.42	12.10	1.75	3:10.2	HT
M35	5	Darren Dods	3243	Ghent, BEL	16/03/2011	8.85	6.32	9.92	1.75	3:02.25	
M35	6	Mark Beer	3235	Ancona, ITA	29/03/2016	9.27	6.33	10.47	1.93	3:13.96	
M35	7	Noel Reid	3187	Lee Valley	25/02/2018	9.43	5.96	10.36	1.77	2:51.39	
M35	8	Stephen Chappell	3149	Ghent, BEL	16/03/2011	9.30	5.76	11.28	1.63	2:47.96	
M35	9	Clint Nichols	3117	Madrid	24/03/2018	8.97	5.93	9.59	1.81	3:06.15	
M35	10	Sean Reidy	3081	Lee Valley	17/02/2019	8.95	5.58	8.48	1.74	2:49.53	
M35	11	John Heanley	2921	Lee Valley	23/02/2020	9.13	5.58	9.44	1.68	3:02.54	
M35	12	Stephen Wren	2916	Ghent, BEL	16/03/2011	9.86	6.03	11.07	1.69	3:09.88	
M35	13	Matthew Allison	2913	Lee Valley	22/02/2009	8.98	5.49	11.94	1.66	3:20.68	
M35	14	Carl McMullen	2896	Lee Valley	12/02/2017	9.13	5.79	8.79	1.56	2:56.00	
M35	15	James Danobrega	2806	Budapest, HUN	25/03/2014	9.89	5.73	9.85	1.63	3:00.49	
M35	16	Steven Davey	2726	Lee Valley	05/02/2012	9.95	5.26	11.75	1.59	3:06.08	
M35	17	Ashley Pritchard	2702	Lee Valley	14/02/2016	9.12	5.51	9.93	1.61	3:22.73	
M35	18	Wayne Gadd	2578	Lee Valley	13/02/2011	9.39	5.41	9.47	1.54	3:18.11	
M35	19	Tim Auty	2549	Lee Valley	05/02/2012	9.43	5.34	10.68	1.50	3:24.45	
M35	20	Peter Davey	2532	Ghent, BEL	16/03/2011	9.11	5.66	6.53	1.60	3:20.98	
M35	21	John Dickinson	2488	Lee Valley	25/02/2018	10.11	5.70	10.67	1.56	3:30.69	
M35	22	Mac Tuncer	2488	Lee Valley	23/02/2020	9.73	5.36	8.87	1.47	3:08.42	
M35	23	Richard Buckingham	2398	Lee Valley	18/02/2007	9.5	5.55	10.06	1.58	3:45.2	HT
M35	24	Mark West	2350	Lee Valley	13/02/2011	11.45	5.38	9.36	1.57	3:04.41	
M35	25	Kevin Byrne	2328	Lee Valley	22/02/2009	9.74	5.19	7.73	1.51	3:18.11	
M35	26	Neil Cox	2263	Lee Valley	15/02/2015	9.79	4.89	8.30	1.48	3:19.10	
M35	27	Mark McConnell	2260	Athlone, IRL	19/01/2019	10.50	4.74	8.57	1.55	3:09.05	
M35	28	Julian Langley	2197	Lee Valley	13/02/2011	10.37	5.09	7.85	1.45	3:12.42	
M35	29	Kamal Kheldouni	2187	Lee Valley	05/02/2012	10.98	5.19	8.36	1.50	3:12.80	
M35	30	Ben Anderson	2182	Lee Valley	16/02/2014	10.62	5.10	9.23	1.57	3:31.35	
M35	31	Alex Pope	2172	Sheffield	23/01/2022	11.76	5.18	11.06	1.61	3:31.33	
M35	32	Adam Fidgett	2084	Lee Valley	12/02/2017	11.45	4.92	10.38	1.53	3:27.68	

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Indoor Pentathlon			Age Group Adj								HT=
Age Group	Rank	Name [RDAGE]	Score	Venue	Date	60mH	LJ	SP	HJ	1000m	Hand Timing
M40	1	Andrew Lewis [40]	4009	Clermont-Ferrand, FRA	18/03/2008	8.48	6.76	12.96	1.88	3:11.24	
M40	2	Darren Dods	3642	Madrid	24/03/2018	8.85	6.26	10.70	1.84	3:06.92	
M40	3	Mike James	3478	Cosford	04/03/1990	8.86	6.68	8.84	1.65	3:04.15	
M40	4	Loz Ramm	3465	Torun, POL	23/03/2015	8.77	5.72	11.32	1.66	3:00.49	
M40	5	Dave Cowley	3463	BVAF	04/03/1990	9.06	6.01	8.89	1.68	2:47.11	
M40	6	Alex Kruger	3460	Cardiff	06/03/2006	9.18	6.00	13.14	1.83	3:30.04	
M40	7	Brian Slaughter	3409	Birmingham	26/02/2000	9.75	5.87	11.56	1.63	2:48.48	
M40	9	Clint Nicholls	3387	Torun, POL	28/03/2019	9.08	5.63	9.71	1.81	3:02.20	
M40	10	Mike Corden	3385	BVAF	08/03/1992	9.13	5.68	12.35	1.64	3:05.06	
M40	11	John Charlton	3378	Cosford	04/03/1990	9.32	6.27	10.05	1.53	2:51.08	
M40	11	Tim Wall	3319	BVAF	27/02/1999	9.72	5.68	11.17	1.61	2:48.95	
M40	12	Snowy Brooks	3276	BVAF	28/03/1987	9.2	6.01	11.52	1.65	3:13.2	HT
M40	13	John Mayor	3264	Glasgow	15/02/2003	9.07	5.73	8.94	1.69	3:00.74	
M40	14	Wayne Gadd	3237	San Sebastian, ESP	22/03/2013	8.99	5.87	9.42	1.69	3:12.65	
M40	15	Ian Paget	3216	Budapest, HUN	25/03/2014	9.46	6.24	10.30	1.60	3:12.19	
M40	16	Andrew Waddington	3203	Glasgow	06/03/2003	9.79	5.69	8.06	1.75	2:50.98	
M40	17	Sean Reidy	3154	Sheffield	23/01/2022	9.10	5.38	8.54	1.55	2:48.07	
M40	18	Colin Wright	3154	BVAF	26/03/1994	9.5	6.12	9.82	1.60	3:06.0	HT
M40	19	Robert Stevenson	3150	BVAF	22/02/1997	9.24	5.88	7.90	1.62	2:59.19	
M40	20	Nick Phipps	3135	BVAF	02/03/1996	9.64	5.52	12.95	1.66	3:22.98	
M40	21	Geoff Powley	3080	Glasgow	06/03/2003	9.81	5.54	9.87	1.57	2:54.52	
M40	22	Adam Young	3079	Lee Valley	13/02/2011	9.33	5.93	9.49	1.72	3:27.47	
M40	23	David Wallis	3047	BVAF	02/03/1996	9.64	5.70	8.92	1.66	3:07.23	
M40	24	Trevor McGlynn	3032	Lee Valley	23/02/2020	9.13	5.42	9.96	1.65	3:20.18	
M40	25	Kevin Cranmer	3018	Lee Valley	23/02/2020	9.31	5.32	10.02	1.62	3:12.22	
M40	26	Andrew Kennard	2993	Lee Valley	22/02/2009	8.96	5.59	7.73	1.54	3:06.03	
M40	27	Donald Brown	2961	Lee Valley	10/02/2008	9.0	5.80	10.54	1.60	3:36.8	HT
M40	28	Mark Atkin	2928	Lee Valley	25/02/2018	9.98	5.41	10.44	1.59	3:10.08	
M40	29	Glyn Long	2908	BVAF	15/03/1986	9.5	5.03	8.40	1.66	2:59.5	HT
M40	30	Dave Richards	2871	Birmingham	01/02/2004	9.91	5.32	7.92	1.68	3:05.07	
M40	31	Ian Marriott	2868	BVAF	02/03/1996	10.24	5.33	9.66	1.63	3:06.84	
M40	32	Phil McIlpatrick	2863	BVAF	28/02/1998	9.0	5.46	8.78	1.59	3:23.1	HT
M40	33	Richard Buckingham	2844	Lee Valley	22/02/2009	9.59	5.61	10.63	1.57	3:33.11	
M40	34	Jack Gelder	2797	BVAF	28/03/1987	9.9	5.73	8.89	1.47	3:07.0	HT

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M40	35	Peter Benedickter	2789	Lee Valley	24/01/2010	9.73	5.22	7.46	1.57	3:01.72	
M40	36	Mike Guest	2778	Glasgow	16/03/2002	9.61	5.19	7.92	1.54	3:05.45	
M40	37	James Malcolm	2771	Glasgow	15/02/2003	9.98	5.39	8.61	1.66	3:19.83	
M40	38	Carl McMullen	2735	Sheffield	23/01/2022	10.39	5.58	8.08	1.52	3:03.28	
M40	39	Mark Line	2712	BVAF	15/02/2003	10.40	5.53	11.94	1.51	3:32.93	
M40	40	Ray Ashford	2692	Birmingham	26/02/2000	10.93	5.39	7.98	1.57	2:56.93	
M40	41	Nathan Baker	2681	Sheffield	04/04/2012	10.57	5.21	8.76	1.63	3:11.26	
M40	42	Ivan Ross	2677	Lee Valley	12/02/2017	10.33	5.22	8.42	1.53	3:04.60	
M40	43	Glen Reddington	2651	Cardiff	23/01/2005	9.2	5.30	6.68	1.47	3:10.9	HT
M40	44	Brian Loten	2636	BVAF	15/03/1986	9.9	5.60	10.10	1.27	3:13.4	HT
M40	45	Simon Downs	2635	Lee Valley	17/02/2019	10.07	5.18	7.31	1.59	3:11.55	
M40	46	Kevin Bryne	2611	Lee Valley	14/02/2016	9.87	5.10	7.51	1.61	3:19.63	
M40	47	Merrick Bousfield	2602	Cosford	04/03/1990	10.15	5.31	10.94	1.41	3:27.11	
M40	48	Michael Cannon	2601	Glasgow	06/03/2003	10.23	5.20	7.97	1.63	3:20.94	
M40	49	Adrian Haines	2590	Lee Valley	24/01/2010	11.06	4.99	7.00	1.57	2:49.36	
M40	50	Frank Houston	2569	Cardiff	06/03/2006	10.78	5.36	7.94	1.65	3:19.58	
M40	51	Nick King	2567	BVAF	26/03/1994	10.9	4.64	8.30	1.69	3:02.2	HT
M40	52	Peter Ley	2567	Glasgow	15/02/2003	10.93	5.03	8.36	1.60	3:07.10	
M40	53	Terry Hall	2502	BVAF	26/03/1994	10.3	5.18	7.16	1.54	3:10.3	HT
M40	54	Mark McConnell	2500	Athlone, IRL	22/01/2022	10.54	5.00	8.63	1.50	3:13.25	
M40	55	Chris Ness	2471	BMAFLeeVal	16/02/2014	10.84	4.50	6.99	1.60	2:57.30	
M40	56	Raymond McAvoy	2454	BVAF	27/02/1999	10.85	5.09	9.74	1.37	3:11.32	
M40	57	Neil Davies	2445	Lee Valley	13/02/2011	10.47	4.98	9.08	1.54	3:27.73	
M40	58	Bruce Charles	2442	BVAF	15/03/1986	11.1	5.45	6.81	1.48	3:02.0	HT
M40	59	Gary Palmer	2440	Lee Valley	16/03/2011	11.03	4.91	7.42	1.60	3:09.30	
M40	60	John Ross jr	2395	BVAF	27/02/1999	10.55	5.13	6.72	1.55	3:18.25	
M40	61	Duncan Talbot	2393	BVAF	26/03/1994	10.5	4.67	7.86	1.66	3:23.0	HT
M40	62	Rodney Charnock	2388	BVAF	28/03/1987	10.1	4.92	8.89	1.38	3:19.0	HT
M40	63	Lawrie Dunn	2387	Cosford	04/03/1990	10.68	4.92	6.77	1.50	3:07.66	
M40	64	Alan Easey	2343	BMAF	01/02/2004	10.77	5.05	7.20	1.35	3:04.33	
M40	65	Shaun Ainge	2317	Cardiff	06/03/2006	11.47	5.26	7.70	1.56	3:22.07	
M40	66	Dr Julian Kennedy	2316	BVAF	26/03/1994	10.9	4.88	8.77	1.48	3:19.0	HT
M40	67	Rick Cordwell	2298	Lee Valley	25/02/2018	10.24	4.83	7.65	1.44	03:25.57	
M40	68	Paul Ffrench	2289	Lee Valley	22/02/2009	11.67	4.99	8.36	1.48	3:12.78	
M40	69	Tony Howarth	2273	BVAF	02/03/1996	12.14	4.65	7.76	1.51	2:58.27	
M40	70	Geoff Butler	2226	Sheffield	05/02/2012	11.69	4.96	8.44	1.54	3:24.88	

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M40	71	John Dickinson	2219	Sheffield	06/03/2006	11.65	4.82	7.04	1.44	3:03.96	
M40	72	M Wayne	2213	Glasgow	06/03/2003	10.96	4.50	8.36	1.45	3:19.26	
M40	73	Robert Tyson	2206	Lee Valley	23/02/2020	11.05	5.18	7.83	1.44	3:31.04	
M40	74	Andrew Holme	2204	Lee Valley	23/02/2020	11.90	4.67	6.90	1.53	3:04.65	
M40	75	Eddie McKenzie	2202	Lee Valley	16/03/2011	10.88	4.89	11.49	1.42	3:57.73	
M40	76	David Vaughan	2199	BVAF	15/03/1986	12.4	4.94	9.42	1.51	3:18.4	HT
M40	77	Andy Hunt	2182	Lee Valley	10/02/2008	11.0	4.80	7.03	1.36	3:06.8	HT
M40	78	Darren Askew	2162	Sheffield	05/02/2012	10.54	4.71	11.79	1.42	4:11.30	
M40	79	Ian Gouldthorpe	2162	Sheffield	05/02/2012	11.44	5.14	7.69	1.54	3:36.15	
M40	80	Neil Baker	2152	BVAF	02/03/1996	10.94	4.91	7.30	1.33	3:17.76	
M40	81	Terry Roberts	2139	BVAF	28/03/1987	11.8	4.44	9.28	1.41	3:10.9	HT
M40	82	Andrew Harrison	2129	Sheffield	23/01/2022	12.70	4.87	8.03	1.37	3:01.42	
M40	83	Martin Aspley-Davis	2115	Lee Valley	17/02/2019	11.34	4.50	8.18	1.56	3:32.61	
M40	84	John Bray	2104	Norfolk	06/03/1994	11.8	4.82	7.72	1.44	3:15.3	HT
M40	85	James Callander	2097	BVAF	28/02/1998	11.37	4.52	7.40	1.50	3:22.59	
M40	86	Anon	2080	Lee Valley	18/02/2007	10.9	5.05	7.04	1.25	3:16.9	HT
M40	87	Bob Douglas	2073	BVAF	22/02/1997	11.77	4.81	8.39	1.44	3:28.22	
M40	88	John O'Shea	2065	BVAF	15/03/1986	12.0	4.76	7.71	1.42	3:12.9	HT
M40	89	Les Percival	2034	BVAF	22/02/1997	12.03	4.97	8.16	1.29	3:17.77	
M40	90	Mark Jenkins	1976	Lee Valley	10/02/2008	11.0	4.60	7.30	1.30	3:22.1	HT
M40	91	Steve Oust	1943	Norfolk	06/03/1994	11.5	4.58	7.04	1.44	3:27.8	HT
M40	92	Steve Davis	1918	BVAF	15/03/1986	11.9	4.37	6.91	1.33	3:08.6	HT
M40	93	Graham Feltham	1900	BVAF	14/03/1993	12.03	4.58	8.52	1.38	3:34.22	
M40	94	Stephen Bass	1895	Lee Valley	14/02/2016	10.78	4.35	6.72	1.34	3:33.88	
M40	95	Jason Cashmore	1863	Lee Valley	14/02/2016	11.89	4.36	8.62	1.43	3:42.25	
M40	96	Eric Trigg	1772	Norfolk	06/03/1994	11.4	4.90	8.40	1.41	4:15.6	HT

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Age Group	Rank	Name [RDAge]	Score	Venue	Date	60mH	LJ	SP	HJ	1000m	Hand Timing
M45	1	John Charlton [45]	3849	Cosford	14/03/1993	9.09	6.40	10.11	1.59	2:52.91	
M45	2	Andrew Lewis	3756	Lee Valley	16/02/2014	8.68	5.99	12.52	1.69	3:29.62	
M45	3	Dave Cowley	3733	BVAF	14/03/1993	9.15	5.79	9.10	1.71	2:50.36	
M45	4	Loz Ramm	3730	Torun, POL	28/03/2019	8.84	5.62	11.00	1.66	3:02.23	
M45	5	Ian Allen	3631	Jyvaskyla, FIN	04/04/2012	8.98	6.08	8.63	1.75	3:13.84	
M45	6	Darren Dods	3615	Sheffield	23/01/2022	9.12	5.87	9.91	1.73	3:14.07	
M45	7	Brian Slaughter	3517	San Sebastian, ESP	06/03/2003	9.86	5.65	11.05	1.58	2:55.27	
M45	8	Andrew Waddington	3479	Helsinki, FIN	22/03/2007	9.94	5.54	8.59	1.76	2:54.40	
M45	9	Donald Brown	3453	Ancona,ITA	26/03/2009	9.28	6.01	12.10	1.72	3:52.37	
M45	10	Nick Phipps	3447	BVAF	27/02/1999	9.58	5.44	12.90	1.58	3:16.89	
M45	11	John Mayor	3418	Cardiff	23/01/2005	9.4	5.76	8.92	1.68	3:06.8	HT
M45	12	Snowy Brooks	3385	Cosford	04/03/1990	9.31	5.80	11.00	1.62	3:29.58	
M45	13	Tyrone Lewis	3211	BVAF	02/03/1996	9.74	5.54	7.90	1.57	3:02.10	
M45	14	Mark Roberts	3192	Lee Valley	15/02/2015	9.11	5.37	9.97	1.54	3:26.70	
M45	15	Gary Smith	3167	Lee Valley	12/02/2017	9.03	5.44	8.48	1.65	3:34.12	
M45	16	Andrew Kennard	3153	Lee Valley	13/02/2011	9.25	5.36	7.87	1.54	3:10.27	
M45	17	Bob Rudd	3068	BVAF	05/03/1989	9.88	5.48	7.45	1.59	3:11.06	
M45	18	David Carson Graham	3055	Sheffield	23/01/2022	9.17	6.02	7.71	1.58	3:49.13	
M45	19	Brian Loten	3050	BVAF	28/03/1988	9.8	5.30	10.16	1.44	3:10.4	HT
M45	20	Philip Flannery	3015	Lee Valley	10/02/2008	10.0	5.51	10.15	1.57	3:29.9	HT
M45	21	Wayne DuBose	2980	Birmingham	26/02/2000	10.38	5.13	10.67	1.51	3:17.44	
M45	22	Phil McIlfatrick	2963	Bordeaux, FRA	08/03/2001	9.3	5.25	9.04	1.55	3:32.4	HT
M45	23	Chris Hesketh	2956	Birmingham	01/02/2004	10.11	5.22	8.01	1.74	3:32.24	
M45	24	David Pearson	2953	Lee Valley	12/02/2017	9.96	5.34	8.60	1.62	3:30.22	
M45	25	Peter Ley	2950	Cardiff	06/03/2006	10.66	5.30	8.37	1.59	3:09.87	
M45	26	Geoff Powley	2909	Lee Valley	18/02/2007	10.7	4.86	9.44	1.51	2:57.9	HT
M45	27	Grant Stirling	2897	Sheffield	23/01/2022	9.74	5.77	8.41	1.46	3:36.74	
M45	28	Gary Walker	2825	Birmingham	01/02/2004	9.62	4.84	8.81	1.56	3:34.80	
M45	29	Bruce Charles	2824	BVAF	28/03/1988	11.0	5.54	7.66	1.44	2:59.6	HT
M45	30	Wayne Gadd	2773	Lee Valley	23/02/2020	10.71	5.21	8.11	1.53	3:17.18	
M45	31	Dr Julian Kennedy	2770	BVAF	27/02/1999	10.74	4.86	9.05	1.52	3:14.06	
M45	32	Nash Cummings	2765	Birmingham	01/02/2004	11.18	4.86	9.53	1.62	3:20.38	
M45	33	Peter Duckers	2725	Cosford	04/03/1990	10.99	5.68	9.25	1.44	3:31.83	

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M45	34	Lawrie Dunn	2725	BVAF	08/03/1992	10.93	5.17	6.87	1.49	3:04.40	
M45	35	Paul Ffrench	2702	Lee Valley	13/02/2011	11.45	5.30	9.33	1.45	3:15.85	
M45	36	Derek Glasgow	2652	Sheffield	05/02/2012	10.82	4.99	8.52	1.48	3:21.64	
M45	37	Terry Hall	2642	Bordeaux, FRA	08/03/2001	10.31	5.14	7.25	1.46	3:24.13	
M45	38	Gary Palmer	2632	Lee Valley	24/02/2013	11.36	4.98	7.88	1.54	3:13.82	
M45	39	Derek Osborne	2631	Javaskyla, FIN	04/04/2012	11.01	4.94	7.65	1.48	3:11.86	
M45	40	John Bray	2631	BVAF	26/03/1994	11.4	4.82	8.22	1.48	3:02.6	HT
M45	41	John Martindale	2612	Glasgow	16/03/2002	10.58	5.26	9.56	1.51	3:53.30	
M45	42	Kenneth Pokorniecki	2605	Glasgow	15/02/2003	11.18	4.96	9.38	1.51	3:29.03	
M45	43	John Ratcliff	2595	Birmingham	26/02/2000	11.52	5.15	6.87	1.51	3:09.11	
M45	44	Dennis Wallington	2593	BVAF	28/02/1998	10.96	5.48	8.70	1.44	3:37.49	
M45	45	Chris Ness	2586	Lee Valley	14/02/2016	11.40	4.33	7.08	1.61	3:02.68	
M45	46	Leroy Gould	2585	Lee Valley	13/02/2011	10.36	4.76	5.90	1.42	3:05.38	
M45	47	Richard Buckingham	2576	Lee Valley	24/02/2013	10.51	5.25	9.76	1.51	4:02.96	
M45	48	Raymond McAvoy	2571	Glasgow	15/02/2003	11.00	4.70	8.96	1.42	3:16.64	
M45	49	Rodney Charnock	2549	BVAF	05/03/1989	10.42	4.76	8.06	1.35	3:17.96	
M45	50	John O'Shea	2545	BVAF	28/03/1988	11.3	5.01	7.72	1.44	3:10.0	HT
M45	51	Mike James	2508	BVAF	26/03/1994	9.5	5.74	9.04	1.51	0:00.0	HT
M45	52	James Callander	2503	BVAF	27/02/1999	11.69	4.85	7.30	1.58	3:18.70	
M45	53	? Chague	2503	Birmingham	01/02/2004	11.32	4.68	7.62	1.56	3:21.59	
M45	54	Duncan Talbot	2492	Glasgow	16/03/2002	11.07	4.30	7.68	1.60	3:21.56	
M45	55	John Taylor	2473	Cardiff	06/03/2006	11.42	4.73	7.26	1.35	3:01.23	
M45	56	Alan Easey	2469	Lee Valley	22/02/2009	10.50	4.99	7.11	1.27	3:17.11	
M45	57	Geoff Butler	2455	Torun, POL	23/03/2015	11.75	4.48	8.42	1.57	3:21.60	
M45	58	Tony Tipping	2423	Lee Valley	10/02/2008	11.5	4.89	11.11	1.57	4:05.1	HT
M45	59	Joachim Fricke	2404	Birmingham	26/02/2000	11.94	5.01	7.59	1.48	3:22.75	
M45	60	Trevor Driver	2400	BVAF	28/03/1987	11.20	4.81	8.36	1.41	3:29.80	
M45	61	Pete Stepney	2395	Lee Valley	24/01/2010	11.22	4.65	5.36	1.48	3:08.80	
M45	62	Robin Roach	2390	Sheffield	05/02/2012	10.45	4.90	9.29	1.60	4:32.27	
M45	63	Ian Turner	2384	Glasgow	16/03/2002	11.56	4.93	8.60	1.36	3:24.96	
M45	64	John Dickinson	2383	Lee Valley	18/02/2007	11.6	4.52	7.33	1.45	3:07.9	HT
M45	65	Grey Mark	2378	Sheffield	05/02/2012	11.43	4.71	6.44	1.51	3:19.34	
M45	66	David Vaughan	2364	Cosford	04/03/1990	12.53	4.71	8.56	1.47	3:16.87	
M45	67	Karl Eve	2361	Lee Valley	10/02/2008	11.0	4.73	9.94	1.54	4:02.8	HT
M45	68	Colin Hague	2358	Cardiff	23/01/2005	11.6	4.91	7.59	1.50	3:28.7	HT

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M45	69	Neil Baker	2346	BVAF	27/02/1999	10.85	4.58	7.74	1.37	3:27.06	
M45	70	Charlie Batts	2326	Lee Valley	18/02/2007	11.6	5.21	7.25	1.33	3:21.2	HT
M45	71	Jon Preston	2318	BVAF	28/03/1987	11.2	4.47	8.54	1.26	3:12.5	HT
M45	72	Jason Newell	2284	Lee Valley	25/02/2018	12.70	4.76	8.23	1.47	3:22.14	
M45	73	Rick Cordwell	2282	Sheffield	23/01/2022	11.36	4.78	7.45	1.37	3:27.80	
M45	74	Jason Cashmore	2277	Lee Valley	25/02/2018	11.49	4.29	9.33	1.44	3:35.86	
M45	75	Brian B Barrett	2277	BVAF	26/03/1994	11.5	4.52	8.20	1.36	3:19.6	HT
M45	76	Joe Preston	2275	BVAF	15/03/1986	11.5	4.39	8.48	1.33	3:16.3	HT
M45	77	Dave Robinson	2272	Lee Valley	23/02/2020	12.02	4.27	6.75	1.47	3:09.40	
M45	78	Marc Juffkins	2267	BMAFLeeVal	16/02/2014	12.36	4.57	7.60	1.48	3:19.72	
M45	79	Neal Petley	2262	Lee Valley	12/02/2017	10.39	4.56	6.49	1.41	3:40.94	
M45	80	John Barwick	2235	Glasgow	16/03/2002	10.94	4.57	8.01	1.36	3:40.11	
M45	81	Terry Roberts	2226	BVAF	14/03/1993	12.59	4.67	8.64	1.35	3:19.28	
M45	82	David Ronchetti	2222	Sheffield	05/02/2012	11.85	4.50	6.70	1.48	3:23.97	
M45	83	Matthew Reece	2210	Lee Valley	15/02/2015	11.82	4.14	7.02	1.60	3:31.80	
M45	84	Wayne Martin	2201	Cardiff	06/03/2006	11.27	4.49	7.85	1.41	3:39.29	
M45	85	Richard Christian	2196	Lee Valley	13/02/2011	10.95	4.41	7.38	1.39	3:38.09	
M45	86	Colin Watterson	2175	BVAF	28/03/1987	12.3	4.85	6.74	1.38	3:17.6	HT
M45	87	Mark Thomas	2160	Lee Valley	24/01/2010	11.50	4.82	6.29	1.30	3:24.83	
M45	88	John Freebairn	2135	BVAF	28/03/1987	10.6	4.44	11.65	1.47	0:00.0	HT
M45	89	Derek Warn	2119	Lee Valley	24/02/2013	11.57	4.60	7.98	1.36	3:42.49	
M45	90	Andrew England	2095	Lee Valley	25/02/2018	11.91	4.92	10.04	1.62	0:00.00	
M45	91	Keith Palmer	2074	Lee Valley	13/02/2011	12.59	5.25	6.57	1.45	3:48.09	
M45	92	Andy Smerdon	2068	Lee Valley	24/01/2010	12.72	4.36	7.03	1.45	3:23.92	
M45	93	Barry Gibbs	2067	San Sebastian, ESP	06/03/2003	11.91	4.58	7.45	1.34	3:35.38	
M45	94	John Topliss	2030	BVAF	14/03/1993	12.14	4.97	6.85	1.29	3:36.77	
M45	95	Walter Short	2026	BVAF	28/03/1988	12.1	4.46	7.06	1.38	3:30.1	HT
M45	96	Mike Kent	1706	BVAF	15/03/1986	12.8	3.99	7.15	1.24	3:34.2	HT

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Indoor Pentathlon		Age Group Adj									HT=
Age Group	Rank	Name [RDAGE]	Score	Venue	Date	60mH	LJ	SP	HJ	1000m	Hand Timing
M50	1	Greg Dunson [50]	4160	Lee Valley	16/02/2014	8.48	5.82	11.35	1.75	3:13.62	
M50	2	John Mayor	3748	Lee Valley	22/02/2009	9.17	5.59	10.00	1.60	3:06.02	
M50	3	John Charlton	3704	BVAF	27/02/1999	9.35	5.91	10.54	1.55	3:15.31	
M50	4	Brian Slaughter	3682	Lee Valley	22/02/2009	9.58	5.23	12.08	1.51	2:59.87	
M50	5	Alan Leiper	3515	Ghent, BEL	16/03/2011	9.28	5.17	12.65	1.51	3:27.51	
M50	6	Mike Corden	3479	Glasgow	17/02/2001	9.59	5.14	12.07	1.51	3:18.52	
M50	7	John Freebairn	3460	BVAF	28/03/1988	10.2	5.30	13.18	1.68	3:34.6	HT
M50	8	Phil McIlpatrick	3452	Sindelfingen, DEU	10/03/2004	8.95	5.33	10.25	1.56	3:33.77	
M50	9	Tyrone Lewis	3434	BVAF	27/02/1999	9.60	5.32	8.68	1.58	3:10.04	
M50	10	Snowy Brooks	3367	BVAF	05/03/1995	9.3	5.43	13.12	1.50	3:50.4	HT
M50	11	Colin Shafto	3338	BVAF	05/03/1989	9.57	5.01	9.31	1.56	3:13.77	
M50	12	David Pearson	3259	Lee Valley	25/02/2018	9.82	5.35	9.25	1.62	3:34.19	
M50	13	Peter Duckers	3202	BVAF	14/03/1993	9.80	5.84	10.38	1.47	3:52.48	
M50	14	Nick Phipps	3189	Glasgow	06/03/2003	9.36	5.02	9.67	1.49	3:31.55	
M50	15	Marc Flannery	3149	Sheffield	05/02/2012	10.15	5.14	11.07	1.56	3:41.20	
M50	16	Ian Reeve	3129	Linz, AUT	17/03/2006	10.01	5.06	9.01	1.45	3:14.19	
M50	17	Dave Cowley	3110	BVAF	27/02/1999	9.85	5.07	8.76	1.49	3:22.84	
M50	18	David Burton	3093	BVAF	28/03/1988	10.1	5.57	8.21	1.44	3:19.9	HT
M50	19	Mark Spivey	3069	Lee Valley	16/02/2014	9.69	4.41	11.14	1.39	3:19.60	
M50	20	John Martindale	3045	Glasgow	15/02/2003	10.10	5.22	10.68	1.51	3:49.90	
M50	21	Tony Mackay	3039	BVAF	08/03/1992	10.42	4.75	11.46	1.49	3:30.30	
M50	22	Ray Ashford	3010	Lee Valley	18/02/2007	11.0	4.83	8.37	1.52	3:00.0	HT
M50	23	Bob Rudd	2998	Lee Valley	22/02/2009	10.60	4.96	9.38	1.48	3:20.06	
M50	24	Geoff Powley	2991	Sheffield	05/02/2012	9.98	4.86	9.73	1.41	3:26.35	
M50	25	Bruce Charles	2987	BVAF	08/03/1992	10.69	5.22	7.88	1.43	3:10.24	
M50	26	Bob Hancock	2956	BVAF	05/03/1995	10.0	4.87	10.23	1.53	3:43.2	HT
M50	27	Adrian James	2944	Lee Valley	12/02/2017	10.47	4.70	9.99	1.50	3:27.74	
M50	28	Peter Ley	2940	Sheffield	05/02/2012	10.39	4.63	9.65	1.44	3:18.52	
M50	29	Derek Osborne	2918	Ancona, ITA	29/03/2016	10.69	4.80	8.68	1.48	3:16.64	
M50	30	Tom Hanley	2915	BVAF	08/03/1992	10.96	5.18	9.17	1.37	3:15.43	
M50	31	Terry Hall	2912	Glasgow	06/03/2003	10.32	5.11	8.22	1.43	3:25.43	
M50	32	Alastair Duncan	2874	Lee Valley	24/01/2010	10.62	4.74	9.43	1.45	3:23.49	
M50	33	Paul Cripps	2851	Lee Valley	12/02/2017	10.54	4.69	8.09	1.56	3:28.09	

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M50	34	Dave Hartwell	2849	Lee Valley	23/02/2020	11.28	5.35	9.27	1.62	3:53.07	
M50	35	William Lonsdale	2820	Linz, AUT	17/03/2006	12.02	5.02	8.15	1.57	3:16.47	
M50	36	Gary Palmer	2806	Lee Valley	17/02/2019	11.41	4.72	9.26	1.50	3:19.53	
M50	37	Phil Robinson	2797	Sheffield	23/01/2022	11.18	4.61	9.73	1.52	3:28.26	
M50	38	Dr Julian Kennedy	2796	Cardiff	06/03/2006	10.92	4.52	10.22	1.47	3:29.01	
M50	39	Ken Moncrieff	2792	Sheffield	05/02/2012	11.30	4.69	10.10	1.56	3:36.38	
M50	40	Wole Odele	2761	Lee Valley	12/02/2017	10.86	4.50	6.76	1.59	3:19.74	
M50	41	Clement Leon	2749	Lee Valley	18/02/2007	11.7	4.96	8.35	1.52	3:19.7	HT
M50	42	Duncan Talbot	2744	Sindelfingen, DEU	10/03/2004	11.34	4.41	8.37	1.59	3:22.57	
M50	43	Pete Stepney	2728	Lee Valley	13/02/2011	10.94	4.53	7.04	1.44	3:08.36	
M50	44	Brian Loten	2680	BVAF	26/03/1994	10.3	4.72	10.28	1.27	3:35.7	HT
M50	45	Richard Christian	2630	Lee Valley	14/02/2016	10.66	4.38	8.36	1.43	3:29.89	
M50	46	Chris Ness	2626	Sheffield	23/01/2022	11.68	4.14	7.53	1.46	3:02.37	
M50	47	Keith Powell	2621	Lee Valley	13/02/2011	10.84	4.87	8.52	1.47	3:49.79	
M50	48	Joe Phillips	2612	BVAF	15/03/1986	11.5	4.65	10.52	1.42	3:36.0	HT
M50	49	Geoff Miller	2603	Cardiff	06/03/2006	12.01	5.34	8.68	1.44	3:41.51	
M50	50	John Dickinson	2602	Lee Valley	24/02/2013	11.54	4.78	7.80	1.42	3:22.47	
M50	51	Stephen Nelson	2601	Glasgow	15/02/2003	11.85	4.53	8.05	1.36	3:06.14	
M50	52	Alan Easey	2589	Lee Valley	16/02/2014	10.76	4.80	7.72	1.27	3:23.00	
M50	53	Gordon Hickey	2560	BVAF	15/03/1986	12.3	4.88	13.48	1.51	4:20.3	HT
M50	54	Anthony Chapman	2553	BVAF	10/03/1991	11.62	4.59	10.08	1.50	3:49.75	
M50	55	James Harrison	2529	Lee Valley	16/02/2014	11.06	4.40	8.10	1.30	3:18.83	
M50	56	Leroy Gould	2520	Lee Valley	15/02/2015	10.52	4.47	6.05	1.30	3:16.50	
M50	57	John Ratcliff	2512	Cardiff	23/01/2005	11.8	4.83	6.84	1.44	3:20.0	HT
M50	58	Ian Cowell	2510	Sheffield	05/02/2012	12.50	5.06	7.95	1.41	3:26.15	
M50	59	Neal Petley	2506	Lee Valley	17/02/2019	10.10	4.59	7.42	1.38	3:51.77	
M50	60	Geoff Butler	2450	Lee Valley	23/02/2020	11.96	4.28	8.19	1.50	3:29.63	
M50	61	Andy Smerdon	2444	Lee Valley	24/02/2013	12.38	4.34	7.65	1.48	3:19.07	
M50	62	Marc Juffkins	2442	Torun, POL	28/03/2019	12.03	4.50	8.99	1.45	3:36.70	
M50	63	David Vaughan	2438	BVAF	02/03/1996	12.9	4.63	8.80	1.42	3:19.9	HT
M50	64	Alan Smith	2375	Lee Valley	14/02/2016	11.38	4.67	8.41	1.34	3:46.53	
M50	65	Chris Hopkinson	2348	Birmingham	01/02/2004	11.96	4.73	8.29	1.35	3:40.33	
M50	66	Tony Killilea	2347	Lee Valley	14/02/2016	11.68	4.00	7.39	1.31	3:12.32	
M50	67	Trevor Driver	2337	BVAF	10/03/1991	12.08	4.80	9.23	1.35	3:50.66	
M50	68	John Robertson	2319	Glasgow	16/03/2002	12.46	4.22	9.72	1.45	3:42.72	

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M50	69	Ian Turner	2309	Cardiff	23/01/2005	11.8	4.89	9.96	1.29	3:58.8	HT
M50	70	Derek Warn	2289	Lee Valley	14/02/2016	11.43	4.65	8.30	1.37	3:58.89	
M50	71	Colin Hague	2282	Lee Valley	22/02/2009	12.71	4.17	8.50	1.51	3:39.12	
M50	72	Nigel Gardner	2279	Lee Valley	24/02/2013	12.67	4.29	8.27	1.39	3:26.86	
M50	73	Tony Foster	2249	Lee Valley	10/02/2008	12.2	4.20	7.38	1.24	3:09.8	HT
M50	74	Barry Gibbs	2246	Sindelfingen, DEU	10/03/2004	12.19	4.37	8.21	1.29	3:30.18	
M50	75	Colin Derrett	2241	BVAF	05/03/1989	11.61	4.31	10.14	1.32	4:01.68	
M50	76	Lawrie Dunn	2194	Cardiff	17/02/2001	11.93	4.33	6.77	1.27	3:25.41	
M50	77	David Myers	2177	BVAF	02/03/1996	11.94	4.59	13.12	1.36	5:16.82	
M50	78	Brian Williamson	2128	Birmingham	01/02/2004	11.89	4.53	7.36	1.29	3:48.80	
M50	79	Ian McClung	2124	Athlone	22/01/2022	11.08	4.47	9.12	1.40	4:49.08	
M50	80	Gary Capon	2097	Lee Valley	13/02/2011	12.02	4.85	8.42	1.59	0:00.00	
M50	81	Terry Bilham	2088	BVAF	08/03/1992	13.98	4.75	8.20	1.28	3:35.43	
M50	82	Malcolm Robertson	2053	Birmingham	26/02/2000	13.25	4.57	7.99	1.30	3:43.55	
M50	83	Don Harris	2048	BVAF	28/03/1987	12.7	3.98	7.53	1.23	3:19.7	HT
M50	84	Darren O'Leary	2033	Sheffield	23/01/2022	12.77	4.29	8.50	1.37	3:57.26	
M50	85	Trevor Taylor	2024	BVAF	27/02/1999	13.72	4.24	6.90	1.31	3:22.58	
M50	86	Rodney Charnock	1819	Norfolk	06/03/1994	0.00	4.28	9.42	1.23	3:41.90	

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Indoor Pentathlon		Age Group Adj									HT=
Age Group	Rank	Name [RDAge]	Score	Venue	Date	60mH	LJ	SP	HJ	1000m	Hand Timing
M55	1	John Mayor [55]	3955	Budapest, HUN	25/03/2014	9.30	5.43	9.86	1.60	3:16.40	
M55	2	Brian Slaughter	3704	San Sebastian, ESP	22/03/2013	9.83	5.18	10.47	1.45	3:10.24	
M55	3	John Charlton	3625	Birmingham	01/02/2004	9.83	5.26	10.18	1.47	3:22.05	
M55	4	Ian Crawley	3607	Torun, POL	28/03/2019	10.40	4.92	9.97	1.57	3:10.08	
M55	5	Colin Shafto	3566	Cosford	04/03/1990	9.77	5.08	8.54	1.53	3:16.58	
M55	6	Peter Thompson	3541	Cardiff	06/03/2006	9.76	4.97	9.92	1.56	3:32.13	
M55	7	Mike Corden	3323	Cardiff	23/01/2005	10.0	4.96	11.55	1.41	3:42.2	HT
M55	8	Phillip Harris	3238	Cardiff	17/02/2001	10.30	4.63	7.95	1.45	3:12.73	
M55	9	John Ross	3144	BVAF	22/02/1997	11.08	4.61	8.82	1.41	3:09.31	
M55	10	Tony Mackay	3144	BVAF	14/03/1993	10.89	4.60	11.15	1.47	3:41.07	
M55	11	Ian Reeve	3113	Lee Valley	10/02/2008	10.6	4.60	8.58	1.45	3:19.8	HT
M55	12	Ken Moncrieff	3082	Budapest, HUN	25/03/2014	11.08	4.73	10.07	1.51	3:44.43	
M55	13	Derek Osborne	3077	Lee Valley	17/02/2019	10.97	4.64	8.79	1.47	3:26.98	
M55	14	John Freebairn	2976	BVAF	22/02/1997	11.28	4.51	11.30	1.53	4:00.95	
M55	15	Pete Stepney	2974	Lee Valley	25/02/2018	10.51	4.64	6.61	1.35	3:15.82	
M55	16	Paul Guest	2952	Torun, POL	28/03/2019	10.11	5.24	8.30	1.42	4:18.64	
M55	17	Clement Leon	2946	Lee Valley	15/02/2015	11.78	4.47	7.91	1.51	3:18.70	
M55	18	Don Marshall	2920	BVAF	28/03/1988	10.5	5.13	8.26	1.29	3:42.1	HT
M55	19	Dr Julian Kennedy	2881	Clermont-Ferrand, FRA	18/03/2008	11.50	4.44	9.69	1.42	3:35.28	
M55	20	Maurice Joyce	2848	Birmingham	26/02/2000	11.15	4.44	9.22	1.39	3:37.99	
M55	21	Bruce Charles	2821	BVAF	22/02/1997	11.51	4.67	8.08	1.32	3:22.95	
M55	22	Alan Smith	2809	Lee Valley	25/02/2018	11.25	4.63	8.98	1.38	3:44.48	
M55	23	Hasan Kasap	2737	Sheffield	05/02/2012	11.22	4.11	8.93	1.41	3:38.67	
M55	24	Joe Phillips	2724	Cosford	04/03/1990	11.35	4.49	9.72	1.32	3:46.94	
M55	25	Peter Ley	2708	Lee Valley	25/02/2018	11.33	4.20	9.06	1.41	3:44.32	
M55	26	Anthony Chapman	2709	BVAF	14/03/1993	11.90	4.51	9.88	1.44	3:55.98	
M55	27	William Lonsdale	2688	Helsinki, FIN	22/03/2007	12.27	4.48	7.36	1.46	3:29.45	
M55	28	Richard Christian	2674	Lee Valley	23/02/2020	11.72	4.53	8.44	1.35	3:38.97	
M55	29	Derek Glasgow	2654	Sheffield	23/01/2022	11.48	4.36	7.87	1.38	3:39.09	
M55	30	David Stewart	2645	Athlone, IRL	22/01/2022	12.56	4.38	7.85	1.40	3:22.89	
M55	31	Lawrie Dunn	2613	Birmingham	01/02/2004	11.89	4.45	7.32	1.32	3:26.33	
M55	32	Duncan Talbot	2606	Lee Valley	24/01/2010	11.38	3.97	7.99	1.51	3:52.94	
M55	33	John Dickinson	2596	Lee Valley	25/02/2018	11.67	4.33	7.27	1.29	3:25.61	

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M55	34	Keith Powell	2553	Lee Valley	17/02/2019	11.26	4.58	7.67	1.38	4:03.99	
M55	35	Derek Graves	2535	Birmingham	26/02/2000	11.75	4.38	6.00	1.24	3:15.98	
M55	36	Philip Oakeshott	2525	Cosford	04/03/1990	11.93	4.35	9.63	1.32	3:55.17	
M55	37	Terry Bilham	2523	BVAF	02/03/1996	11.94	4.32	8.88	1.33	3:47.54	
M55	38	Andy Smerdon	2525	Lee Valley	25/02/2018	11.92	4.03	7.70	1.41	3:36.96	
M55	39	Jim Sloan	2508	BVAF	27/02/1999	12.71	3.99	10.57	1.28	3:34.63	
M55	40	Andrew Rushbrook	2449	Lee Valley	17/02/2019	11.75	4.17	8.90	1.29	3:52.37	
M55	41	Malcolm Robertson	2444	Glasgow	16/03/2002	12.21	4.15	9.12	1.30	3:45.74	
M55	42	Frank Blackwell	2378	Lee Valley	16/02/2014	11.20	4.03	7.11	1.36	3:59.78	
M55	43	Brian Harlick	2333	Birmingham	26/02/2000	12.08	4.13	9.68	1.27	4:05.56	
M55	44	Adrian Essex	2292	Lee Valley	24/01/2010	12.42	4.12	7.87	1.33	3:51.89	
M55	45	Mark Woods	2280	Lee Valley	23/02/2020	12.50	4.18	8.91	1.35	4:09.06	
M55	46	Edwin Chambers	2277	BVAF	02/03/1996	12.32	4.55	7.03	1.30	4:00.31	
M55	47	Patrick Moran	2264	Sheffield	05/02/2012	13.47	4.29	8.27	1.38	3:55.49	
M55	48	Derek Warn	2149	Sheffield	23/01/2022	11.75	4.50	8.48	1.29	4:55.57	
M55	49	Geoffrey Edwards	2141	BVAF	28/03/1988	13.2	3.72	8.16	1.26	3:36.1	HT
M55	50	Keith Palmer	2127	Lee Valley	23/02/2020	13.49	4.50	7.66	1.32	4:07.62	
M55	51	Stan Sonerson	2020	BVAF	28/03/1988	14.2	3.73	6.67	1.14	3:13.2	HT
M55	52	Tony Crocker	2039	BVAF	10/03/1991	14.26	5.06	8.16	1.50	0:00.00	
M55	53	David Vaughan	1961	BVAF	27/02/1999	13.84	3.56	8.33	1.34	4:01.17	

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Indoor Pentathlon			Age Group Adj								HT=
Age Group	Rank	Name [RDAge]	Score	Venue	Date	60mH	LJ	SP	HJ	1000m	Hand Timing
M60	1	Brian Slaughter [60]	3777	Madrid, ESP	24/03/2018	9.87	4.81	11.32	1.42	3:20.01	
M60	2	Hasan Kasap	3722	Daegu, KOR	22/03/2017	10.23	4.61	10.02	1.54	3:37.48	
M60	3	Colin Shafto	3609	BVAF	02/03/1996	9.74	4.87	8.53	1.54	3:36.21	
M60	4	Andrew Waddington	3480	Sheffield	23/01/2022	10.77	4.59	8.84	1.56	3:23.42	
M60	5	John Charlton	3426	Lee Valley	24/01/2010	9.94	5.05	10.85	1.30	3:49.92	
M60	6	Ian Reeve	3373	Lee Valley	16/02/2014	10.24	4.46	9.66	1.42	3:30.93	
M60	7	Dave Cowley	3280	Lee Valley	10/02/2008	10.2	4.52	9.29	1.42	3:36.9	HT
M60	8	John Mayor	3277	Lee Valley	23/02/2020	10.05	4.61	9.98	1.50	4:09.79	
M60	9	Phillip Harris	3163	Lee Valley	18/02/2007	10.4	4.62	9.33	1.35	3:41.3	HT
M60	10	Philip Oakeshott	3139	BVAF	10/03/1991	10.89	4.64	11.58	1.32	3:57.03	
M60	11	John Howe	3118	Glasgow	16/03/2002	9.63	4.42	10.64	1.39	4:28.14	
M60	12	Clem Leon	3117	Lee Valley	14/02/2016	10.67	4.28	7.86	1.40	3:26.58	
M60	13	George Leete	3067	BVAF	28/03/1987	10.8	4.52	9.67	1.50	4:06.0	HT
M60	14	Peter Duckers	2986	Birmingham	01/02/2004	10.50	5.00	10.54	1.38	4:52.35	
M60	15	George Jephcott	2897	Birmingham	01/02/2004	11.83	4.78	7.08	1.38	3:39.23	
M60	16	John Freebairn	2883	BVAF	28/02/1998	11.39	4.04	12.42	1.44	4:24.42	
M60	17	Adrian Essex	2796	Lee Valley	15/02/2015	11.41	4.39	8.42	1.39	3:59.40	
M60	18	Bruce Charles	2730	San Sebastian, ESP	06/03/2003	12.16	4.47	8.68	1.25	3:39.10	
M60	19	Ajit Kalarai	2689	Cosford	04/03/1990	11.99	4.80	7.20	1.26	3:48.00	
M60	20	Lawrie Dunn	2653	Lew	13/02/2011	11.95	4.27	7.95	1.30	3:44.28	
M60	21	William Bradley	2641	Lee Valley	24/01/2010	12.42	3.94	9.34	1.27	3:33.99	
M60	22	Cliff Taylor	2560	BVAF	14/03/1993	12.32	3.90	9.87	1.29	3:53.04	
M60	23	Duncan Talbot	2559	Lee Valley	15/02/2015	11.83	3.89	8.42	1.45	4:12.80	
M60	24	Frank Blackwell	2545	Lee Valley	15/02/2015	11.29	3.94	8.68	1.27	4:03.30	
M60	25	Patrick Moran	2499	Lee Valley	15/02/2015	12.55	4.05	8.83	1.33	3:57.30	
M60	26	William Lonsdale	2499	San Sebastian, ESP	22/03/2013	12.57	4.18	7.86	1.33	3:52.57	
M60	27	John Howard	2466	Sheffield	05/02/2012	11.63	3.71	9.36	1.18	3:52.59	
M60	28	Gerry Daniel	2431	Lee Valley	14/02/2016	11.00	3.82	8.95	1.22	4:18.94	
M60	29	Trevor Driver	2416	Glasgow	16/03/2002	11.91	4.15	9.73	1.30	4:35.28	
M60	30	Michael Dixon	2414	Lee Valley	18/02/2007	13.0	3.84	8.08	1.17	3:22.0	HT
M60	31	Jim Sloan	2390	Cardiff	06/03/2006	12.98	3.48	11.11	1.29	4:00.74	
M60	32	Courtney Dunn	2387	Lee Valley	10/02/2008	12.5	3.86	8.51	1.36	4:03.3	HT
M60	33	Rashpal Singh	2381	Lee Valley	14/02/2016	12.12	4.36	7.11	1.34	4:20.09	

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M60	34	Spen Trafford	2337	BVAF	15/03/1986	12.6	3.62	11.07	1.21	4:04.6	HT
M60	35	Rashpal Singh	2321	Lee Valley	24/02/2013	12.42	4.24	6.83	1.33	4:12.78	
M60	36	Jim Day	2316	BVAF	26/03/1994	11.8	4.23	8.38	1.27	4:29.8	HT
M60	37	Steve Waddingtom	2264	Sheffield	05/02/2012	12.11	3.81	7.37	1.24	4:01.23	
M60	38	Edward Wagner	2220	BMAF	18/02/2007	13.5	3.85	9.17	1.26	4:01.6	HT
M60	39	Brian Harlick	2219	Cardiff	06/03/2003	12.41	3.49	9.45	1.34	4:28.27	
M60	40	Geoff Powley	2215	Sheffield	23/01/2022	12.75	3.86	9.23	1.23	4:16.46	
M60	41	Ian Torode	2198	Lee Valley	12/02/2017	12.76	3.91	8.84	1.32	4:32.71	
M60	42	Norman Carter	2157	BVAF	10/03/1991	13.02	3.55	7.38	1.29	3:56.85	
M60	43	Pete Clarke	2048	Cardiff	23/01/2005	13.9	3.58	8.13	1.23	3:54.4	HT
M60	44	Janis Gercs	2014	BVAF	28/03/1987	13.2	3.77	10.58	1.05	4:20.4	HT
M60	45	David Vaughan	1717	Cardiff	23/01/2005	14.5	3.75	8.32	1.26	4:56.5	HT
M60	46	Stan Sonerson	1694	BVAF	08/03/1992	14.06	3.69	5.69	0.00	3:24.32	

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Indoor Pentathlon			Age Group Adj								HT=
Age Group	Rank	Name [RDAGE]	Score	Venue	Date	60mH	LJ	SP	HJ	1000m	Hand Timing
M65	1	Brian Slaughter [65]	3692	Lee Valley	11/03/2023	10.36	4.46	11.16	1.35	3:42.12	
M65	2	Peter Thompson [69]	3659	Winston-Salem, USA	01/03/2019	10.36	4.59	10.24	1.39	3:50.15	
M65	3	John Charlton	3568	San Sebastian, ESP	22/03/2013	10.21	4.86	10.62	1.26	4:02.76	
M65	4	Colin Shafto	3257	Cardiff	17/02/2001	10.40	4.03	8.94	1.42	4:09.16	
M65	5	Adrian Essex	3248	Lee Valley	14/02/2016	11.29	4.27	8.57	1.40	3:51.39	
M65	6	Dave Cowley	3215	Lee Valley	24/02/2013	10.80	4.18	9.98	1.33	4:07.27	
M65	7	Les Williams	3090	Cosford	04/03/1990	10.85	4.28	8.69	1.35	4:17.22	
M65	8=	Lawrie Dunn	2952	Sheffield	05/02/2012	12.20	4.20	7.93	1.33	3:49.26	
M65	8=	Bill Lonsdale	2952	Daegu, KOR	22/03/2017	13.07	4.27	8.15	1.41	3:50.92	
M65	10	Alan Lovett	2859	BVAF	28/03/1987	11.7	4.31	7.48	1.20	3:48.5	HT
M65	11	David Haines	2857	Lee Valley	18/02/2007	12.6	3.95	8.69	1.32	3:45.7	HT
M65	12	Tony Bowman	2825	Birmingham	01/02/2004	10.79	4.09	7.25	1.26	4:16.92	
M65	13	Philip Oakeshott	2802	BVAF	02/03/1996	11.43	3.96	10.79	1.21	4:32.98	
M65	14	Michael Dixon	2801	Lee Valley	24/01/2010	12.68	3.80	8.44	1.27	3:40.17	
M65	15	Barry Gibbs	2752	Lee Valley	23/02/2020	12.51	4.12	8.66	1.29	4:09.22	
M65	16	Andy Galbraith	2725	BVAF	27/02/1999	12.69	3.98	6.82	1.34	3:51.06	
M65	17	Trevor Driver	2649	Glasgow	15/02/2003	12.35	4.05	9.42	1.33	4:42.70	
M65	18	Jim Sloan	2640	Lee Valley	18/02/2007	12.7	3.56	9.85	1.29	4:05.4	HT
M65	19	Duncan Talbot	2538	Lee Valley	17/02/2019	12.40	3.50	7.37	1.38	4:14.88	
M65	20	Allan Long	2484	Lee Valley	24/01/2010	12.75	3.93	8.35	1.15	4:08.50	
M65	21	Bill Stent	2480	Bordeaux, FRA	08/03/2001	12.26	4.23	8.99	1.20	4:56.08	
M65	22	David Williams	2442	BVAF	05/03/1995	11.7	4.06	8.49	1.20	4:54.2	HT
M65	23	John Freebairn	2439	Glasgow	15/02/2003	12.84	3.24	11.16	1.36	4:58.99	
M65	24	Mark Wyndham-Jones	2375	Lee Valley	25/02/2018	12.49	3.75	9.44	1.26	4:59.84	
M65	25	Cliff Taylor	2357	Birmingham	26/02/2000	13.86	3.77	9.25	1.21	4:19.05	
M65	26	Roger Bruck	2206	Lee Valley	18/02/2007	13.9	4.03	7.94	1.29	4:51.0	HT
M65	27	Norman Carter	2164	BVAF	26/03/1994	13.5	3.28	7.37	1.21	4:06.1	HT
M65	28	Bruce Charles	2159	Lee Valley	18/02/2007	13.0	3.60	7.96	1.08	4:16.7	HT
M65	29	Earl Taylor	2074	Lee Valley	16/02/2014	12.85	3.44	8.25	1.12	4:42.71	
M65	30	Brian Williamson	1901	Lee Valley	25/02/2018	13.47	3.82	7.28	1.14	5:12.51	
M65	31	Brian Harlick	1748	Ancona, ITA	26/03/2009	13.39	3.14	8.14	1.15	5:25.95	
M65	32	Dennis Sykes	1701	BVAF	28/03/1987	13.2	3.50	5.95	0.99	4:43.0	HT

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Indoor Pentathlon		Age Group Adj									HT=
Age Group	Rank	Name [RDAge]	Score	Venue	Date	60mH	LJ	SP	HJ	1000m	Hand Timing
M70	1	Colin Shafto [71]	3252	Cardiff	06/03/2006	11.26	4.02	9.16	1.38	4:23.81	
M70	2	Tony Bowman	3105	Lee Valley	18/02/2007	10.1	4.21	8.14	1.26	4:48.1	HT
M70	3	Dave Cowley	3054	Lee Valley	25/02/2018	11.13	3.89	9.14	1.29	4:33.57	
M70	4	Lawrie Dunn	2931	Lee Valley	12/02/2017	12.55	3.89	8.10	1.26	3:58.85	
M70	5	David Burton	2834	Cardiff	06/03/2006	11.91	3.96	8.67	1.17	4:21.28	
M70	6	David Haines	2716	Sheffield	05/02/2012	13.69	3.75	8.55	1.21	3:57.20	
M70	7	Sid McSweeney	2594	BVAF	15/03/1986	12.6	3.81	8.54	1.18	4:29.7	HT
M70	8	Cliff Taylor	2422	Glasgow	06/03/2003	13.96	3.35	11.21	1.17	4:41.55	
M70	9	Roger Bruck	2288	Lee Valley	24/01/2010	13.40	3.44	8.49	1.28	5:10.33	
M70	10	Norman Carter	2152	Birmingham	26/02/2000	13.90	3.03	8.32	1.21	4:41.49	
M70	11	Ajit Kalarai	2140	BVAF	28/02/1998	13.27	4.02	7.03	1.20	5:51.53	
M70	12	Earl Taylor	2083	Madrid	24/03/2018	13.57	3.10	8.61	1.06	4:39.16	

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Indoor Pentathlon			Age Group Adj									HT=
Age Group	Rank	Name [RDAge]	Score	Venue	Date	60mH	LJ	SP	HJ	1000m	Hand Timing	
M75	1	Tony Bowman [76]	3062	Sheffield	05/02/2012	10.74	3.66	7.80	1.21	5:08.13		
M75	2	Colin Shafto [75]	3043	Lee Valley	24/01/2010	11.82	3.77	7.94	1.27	5:00.13		
M75	3	Cliff Taylor	2155	Clermont Ferrand, FRA	18/03/2008	14.73	3.01	9.03	1.11	5:21.81		
M75	4	Norman Carter	1899	Cardiff	23/01/2005	15.2	2.89	5.98	1.11	4:57.1	HT	
M75	5	Tony Rawlinson	1818	BVAF	26/03/1994	16.1	3.10	6.69	1.10	5:20.4	HT	

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Indoor Pentathlon			Age Group Adj								HT=
Age Group	Rank	Name [RD Age]	Score	Venue	Date	60mH	LJ	SP	HJ	1000m	Hand Timing
M80	1	Tony Bowman [81]	2747	Lee Valley	12/02/2017	11.44	3.25	8.12	1.11	6:35.19	
M80	2	Cliff Taylor	1733	Lee Valley	24/02/2013	15.92	2.41	9.44	1.00	7:02.63	
M80	3	Tony Rawlinson	1670	BVAF	28/02/1998	15.70	2.50	5.47	1.02	5:51.53	

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Indoor Pentathlon			Age Group Adj								HT=
Age Group	Rank	Name [RD Age]	Score	Venue	Date	60mH	LJ	SP	HJ	1000m	Hand Timing
M85	1	Tony Bowman [86]	2524	Sheffield	23/01/2022	13.50	3.05	6.72	1.02	0:00.00	
M85	1	Tony Rawlinson	1697	Glasgow	16/03/2002	16.06	2.22	5.19	0.97	7:17.94	